

In A&E: The Roots stray from signature sound on new album

HIGH POINT UNIVERSITY

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Column One News

Spotlight Players present 'Medea'

The Spotlight Players of the theater program will present "Medea" this weekend.

The tragedy will be performed in the Pauline Theatre of the Hayworth Fine Arts Center Oct. 8-9 at 7:30 p.m. and Oct. 10 at 2 p.m. Tickets are \$5 for students, \$7 for senior citizens, faculty and staff and \$10 for all others. Tickets may be purchased by calling 841-4673 or by visiting the Hayworth Fine Arts Center Box Office, which is open from 1 p.m. to 5 p.m. on weekdays and one hour prior to the show.

"Medea" is the work of one of antiquity's great poets, Euripides, who wrote almost 90 plays. The tragedy explores the intricacies of injured love as it tells the story of the jealousy and revenge of a woman betrayed by her husband.

The production stars Pamela Grier as Medea, Mike Tarara as her husband Jason and Joel Hodge as Creon, ruler of Corinth.

Job opportunities available to students

Sam Beck, director of Career Development, encourages students to stop by Slane 200 to inquire about possible employment.

Job postings are available Monday through Friday from 9 a.m. to 5 p.m. and Thursdays until 8 p.m.

Part-time positions include marketing assistants, tutors, sales associates and youth ministers. Full-time postings include jobs in marketing, management and health-related fields.

Cross country feats

Sophomore Jemissa Hess, twice named the Big South Runner of the Week, swept her second consecutive individual title at the Winthrop Invitational. In addition, Hess and senior Melissa Caudill led the women's team to victory at the UNC Wilmington Invitational in September.

The men also won at UNC "by the sea," giving Panther runners complete domination.

For the third consecutive year, the men's team has taken the Winthrop Invitational, defeating such opponents as Clemson University. Freshmen David Freier and Joel Primus, who finished third and fifth, spearheaded the victory. The men are ranked ninth regionally.

compiled by Andrea Griffith

New equipment, committee needed to restore campus radio station

By Justin Spinks Staff Writer

How many students out there remember 90.3 WHPU? Unless you're a junior or senior, it is doubtful that you are even aware that campus radio ever existed.

As of right now HPU does not have a functioning radio station and it has been that way since last October when Hurricane Isabel damaged a vital cable in the antenna on top of the Slane Center. However, there now seems to be hope in the future for campus radio.

Dr. Jane Stephens, chair of the English department, is establishing a committee to determine what to do about the radio station dilemma. "Right now it is nowhere," Stephens says. "We have to figure out if it can go somewhere and where it can go."

The committee will also determine

where the station can function best both electronically and for student access. The empty space for the station is in the Hayworth Fine Arts Center, but Stephens feels that this may cause a problem.

"It should be in the hands of the students, but if it's in a building that's locked up at night, that is just not going to work," she said.

In addition to these problems the radio station is facing, it also lacks the equipment to function. The old equipment, stored on the third floor of the campus library, has not been updated since the '80s and is obsolete. Radio adviser and English instructor Greg Brown has put forth a proposal for the equipment needed to get the station up and running again that estimates a cost of \$80,000. Included in this estimate are editing bays, a reception area, a control room, tape recorders for outside projects, CD players and new computers for automated broadcasting. However, the nonexistent radio

station does not have that kind of a budget.

Also, the antenna still has to be repaired. This is easier said than done, though. Since it was damaged last year, Brown had difficulty getting in touch with the radio station engineer, Charles Layno, and finding someone brave enough to climb the nearly 50-foot tower to retrieve the damaged cable. When that finally happened last semester, it was discovered the damage was greater than first anticipated. Brown did not give a specific cost, but he estimated that the cable would cost several thousand dollars to replace.

Brown is unsure if it is even worth spending that much money on an antenna that was extraordinarily weak in the first place. Most radio stations broadcast at at least 10,000 watts, but WHPU was broadcasting at a mere 10 watts. Brown says that the band the station was using was located between two of these powerful

See WHPU, page 6

Professor reaches goal, runs for 1,000 straight days

By Andrea Griffith Editor in Chief

Through rain, snow and illness, Dr. Martie Bell kept a promise she made to herself nearly three years

Recently, she marked her 1,000th consecutive day of running at least three miles everyday

That's more than 3,000 miles run in the name of physical fitness and personal health.

Bell, an associate professor of physical education, said she hadn't always been conscientious when it came to fitness.

On Sept. 21, Bell ran on the Greensward as the last leg of her 1,000th run

In this issue:

and encouraged 35 elementary school children who are participating in the Go

Out for a Run program, which is sponsored by the university to combat child obesity, to maintain their habits of exercise.

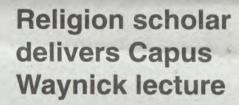
"When I was young... I didn't

know about fitness," she said. "We didn't know how good it was for

As a teenager, Bell said she became "plump" because of her lack of exercise.

Now, as an educator and mother of two, Bell wants to set an example for her children, her students and anyone else who was paying attention.

In the past couple of weeks, more people have paid See *Bell*, page 7



By Rebecca Fleming Staff Writer

Dr. Martin Marty believes religion is a powerful, sometimes apocalyptic force and not an herbal tea to soothe difficulties.

He brought this message to the Capus M. Waynick Public Affairs lecture Sept. 21. Marty is a renowned author, and the annual Waynick lecture is a key event on the HPU calendar. He called the address "Religion: Inducer of Boredom, Horror, Glory and Reconciliation." Wearing a bow-tie and frequently smiling, Marty stressed the glorious power of faith to reconcile the opposites in people's lives, and he rejected the notion that belief is a tedious routine of repeated rituals.

"That's a damn interesting substance" was his opening line. He was referring to an encounter in his college days when a student complimented a salt solution that a friend had concocted but merely responded with an indifferent

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HARRY WARREN AND DR. BELL

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television blurred our sense of reality? Page 7

University mourns the loss of James Millis, devoted friend Page 8

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University should act quickly to remedy problems with WHPU

In today's age of instant and constant communication, the university must take all necessary steps to make the rebirth of the radio station, 90.3 WHPU, a top priority.

High Point's DJ's have been silenced since last October, when damage from Hurricane Isabel took WHPU off the air.

Still, prospective students see the radio station when they tour campus and are promised that it will be up and running very soon. That promise must be kept.

Juniors and seniors remember the old WHPU, but now we have an opportunity to establish a more impressive radio station, a new WHPU.

Why shouldn't why buy the best equipment to accommodate a broader frequency, so that WHPU can be heard beyond the three miles that surround campus? This is an opportunity for us to become competitive with other colleges. The radio station could one day win awards and respect like the station at Guilford College, which has received national attention.

WHPU could be broadcast over the Internet. Imagine if prospective students could tune in and really get a first-hand look at student life at High Point.

The betterment of the radio station could bring an increased awareness on

THE CAMPUS CHRONICLE STAFF

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campus. WHPU's talk radio segments could host educational debates of various kinds, from campus issues and politics to entertainment and sports. Representatives from campus groups could use WHPU to advertise upcoming events. And of course, DJ's could share some of their favorite music from the past and present.

Eventually, a new WHPU could provide work-study jobs and resume boosters and might spawn more broadcasting and communications classes.

This undertaking cannot be the sole responsibility of one department on campus. Before increased funds will be allocated to the radio station, students must make known a desire for WHPU through discussions with peers and faculty and by networking. An appeal to the Student Government Association would be a great place to start.

The radio station served as an outlet for the entire university community. Students and professors of many different fields and backgrounds were DJ's.

A university is only as good as its exchange of ideas. A school's forms of media help the institution find its identity. A great extracurricular activity has been lost. It must be restored.

Most other aspects of the university are growing and improving. The radio station should be among them.

Stop the helpless act and try something new

By Erin Sullivan Staff Writer

What's with all the whiners in the world today? Is being a helpless person a new trend that I was unaware of? Because if it is, I'm aware of it now.

I'm taking this opportunity to tell certain people to shut up, and I mean that in the nicest way possible. These "certain people" are the ones who can't handle the majority of the problems in their lives. They constantly seek counseling from their friends on conflicts with significant others, work, school and themselves. It seems that every other person can't handle anything in their life. I'm sure you know some of these "certain people" or maybe you're one of them. If you are, good lord! Just shut up!

To these whiners, college is a hotbed of people who could potentially listen to their problems. Well, guess what? No one wants to help you. You need to learn to take care of yourself, which is what college is supposed to help you prepare to do. Nobody likes a whiner.

If I hear anymore whiney girls, I'm going to spontaneously combust. I don't care that your daddy took your credit cards away. I don't care that you have a test and two papers due on the same day. I especially don't care that you no longer fit into those expensive pants you bought. In fact, that's just funny. You want to know why that guy dumped you? It's because you won't stop whining! And apparently you got fat...

See Whiners, page 4

Letter Box=

Blood drive a success

To the Editor:

The blood drive, organized by the student-run Volunteer Center, had its largest turnout in campus history. The American Red Cross said that they normally expect about 40 pints to be donated over the five-hour blood drive; instead, the students and staff of HPU donated 101 pints.

Part of the success is due to the Interfraternity Council and Panhellenic Council making donating blood a part of Greek Week. Clifford Smith and Nicole Barnes (Director and Assistant Director of the Volunteer Center) do a great job in organizing these blood drives and the Greek community is happy to team up with them to facilitate such impressive results.

"It's never been this busy in here," said Sarah Seitz, a junior who has been a volunteer at this event almost every time High Point has hosted it in her three years. "Normally we have three or four people waiting, never thirty."

Each person had the opportunity to sign up under a Greek team to help support their own group or to support a group of friends. A total of 118 signed up under a Greek team, with a total of 123 people trying to donate blood. Some people were not able to donate due to the more than two-hour wait.

For those of you who did donate blood and expected a pint of Edy's ice cream, the first 50 people who signed up will be getting a coupon sometime soon from the Office of Student Life.

The members of IFC have set a goal of 500 pints for the entire year. Now that we've got 101 down, we need 399 in the next three blood drives over the rest of the school year. The next day to donate is Nov. 16 from 11:30 a.m. until 4 p.m. We will be looking for some door prizes and perhaps getting coupons from local sponsors.

Thanks again to everyone who donated. Every pint of blood can save the life of up to three people. I was amazed with the number of students that came in. Let's keep up the great work and break 500 pints for the school year

See you all on Nov. 16. Matthew Gillard IFC President

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Letters policy...

The Campus Chronicle urges readers to submit letters to the editor. The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgement of the editors and adviser.

Mail your letter to: The Editor, Campus Chronicle, Box 3111, High Point University, High Point, NC 27262. Email your letter to news@highpoint.edu.

Students hit hardest by 9/11 absent in previous editorial

To the Editor:

On Sept. 10, it was with great dismay that I read, in duplicate, interviews with some of our very own seniors in both the Campus Chronicle and the High Point Enterprise concerning the attacks of Sept. 11, 2001. It was not dismay that these articles have been written. By no means would I be one to not allow the discussion of how our lives changed in a few short days, hours, even minutes. I cannot, however, condone the choice of interviewees.

September 11 hit the hearts of everyone across the nation and further over the seas. It hit the Class of 2005 in our first weeks of coming to High Point University, our new home. But those it hit the hardest, those it had the most direct impact upon, were left out of the interview. We are those from areas where the strikes occurred -- D.C., New York, New Jersey. We were the ones who went home in October and saw a skyline torn to pieces, a

building torn to shreds. We were the ones who had family we could not contact because cell phone service was down. The World Trade towers used to have several antennas for the many cell carriers, and with their falling, so did our communication.

See, it's not the thought of the article that hurts. It is the seemingly apparent disregard for those of us who were hit more directly. How many of us can say we have ashes from Ground Zero as a constant reminder of what occurred? How many of us can say that every year a family member lies awake for days because Sept. 11 causes nightmares every time she closes her eyes? Some of those people should have been interviewed as well.

Balance your sources. Get a more global view. It makes for a better story.

Sincerely,

Chris Konecke

...CBS will undoubtedly

endure some loss of

viewers, and certainly

somewill boycott the

network alltogether."

CBS should have further investigated validity of Bush service documents

On Sept. 8, the CBS show 60 Minutes aired a piece questioning President



≡Stubblefield≡ Staff Writer

era service record in the Texas National Guard. The story accused the president of ignoring a direct order to take a physical

and claimed that his superiors were pressured to sugarcoat his record. Those conclusions were based on four memos purportedly written by Bush's late squadron leader, Lt. Col. Jerry B. Killian.

Almost immediately experts began questioning the validity of the story, claiming the memos were forged. The documents appeared to be manufactured from a word processing program, a great departure from those produced by a '70sera typewriter. Yet the network staunchly stood by its work and that of its lead anchor, Dan Rather. It was not until a week later that the organization finally admitted the documents were questionable after a party close to Killian said she believed them to be fake.

Finally, on Sept. 20, almost two

weeks after the piece aired, CBS issued a statement of apology. Said Dan Rather, "We made a mistake in judgment, and for that I am sorry. It was an error that was made, however, in good faith and in the spirit of trying to carry on a CBS News tradition of investigative reporting with-

out fear or favoritism." Rather added, "It was a mistake CBS News deeply regrets. Also, personally and directly, I am sorry." The net-

work also issued a statement saying an independent investigative panel was being assembled to delve further into the story to determine where things went wrong.

Statements from the Bush campaign echoed CBS' sentiments of disappointment. Said White House Spokesman Scott McClellan, "We appreciate that they deeply regret this, but there are still questions to be answered."

Obviously this is quite a mess. CBS should have been more thorough in this process before airing a story that so pointedly questioned the integrity and past record of a president, especially when it is aired within the last 90 days of a cam-

In the aftermath of this fiasco, many are calling for someone to "pay a price."

Joe Allbaugh, who served as chief of staff for then-Governor George Bush, said, "Where I come from, if you make a mistake or spread lies or allegations, you damn well better apologize to the guy you're offending. In my opinion, they owe the president of the United States an apol-

> ogy directly." Allbaugh later added, "They [CBS] were trying to directly, with false information, affect the outcome of this presidential election. Someone needs to pay the price."

Some feel that price should be a boycott of CBS altogether. BoycottCBS.com presents a petition to the Commission on Presidential Debates, demanding CBS be prohibited from covering any story about the election until the polls close. Additionally, it calls for Dan Rather to be taken off the air. The web site also questions whether or not the American people want their election "hijacked by a media conglomerate."

In all honesty, this is overkill. However, CBS will undoubtedly endure some loss of viewers, and certainly some will boycott the network altogether. There is absolutely no way Dan Rather will lose his job, however. Yet through this mess remains a clear principle: There is a very fine and dangerous line between propaganda and truth. CBS' actions were simply unacceptable.

Is Mary Cheney a pawn?

By Lisa Bouchard Staff Writer

There is definitely something about this Mary. I mean Mary Cheney, not the character played by Cameron Diaz. Ms. Cheney is the lesbian daughter of Vice President Dick Cheney and a significant pawn in the current Republican campaign. I am not composing this to persuade you to take a particular position, but merely to inspire a bit of speculation.

Mary is not only a member of the gay community, but she has worked to facilitate a couple of positive relationships between the community and the rest of America. At the counter end of the spectrum, she has been (and is currently) a key promoter of the Bush-Cheney platform. Without deliberation, one can see that there is a definite conflict of interest, given the extremist, conservative ideologies about gays, which have been born from the Bush Administration in recent years. To name a couple, Bush has pressed for a Federal Marriage Amendment with great fervor and adamantly rejects legislation against hate crimes.

Wait: Do not pass judgment quite yet, for we all possess a number of

See Mary, page 4

'Brave New World' for agnostic turned atheist

By Trevor McDonald Staff Writer

"Make sure to call me 'Huxley' in your article," he said as we parted. This was a reference to Thomas Huxley, the father of religious atheism--"agnosticism." But my story concerns a junior on campus, not Mr. Huxley; a student who, through either fear of intimidation or perhaps simple exhaustion from the constant confrontations, chooses not to make his name public. He is an atheista group that, according to some, doesn't

An agnostic from age 12, this 'Huxley' became a full-fledged atheist on his 19th birthday, after a good friend of his was murdered. High Point University is, after all, a Methodist school, so why did he come here? "I screwed up in high school," he says. "I want to raise my GPA so that I can transfer out."

Huxley spoke of the increase in tolerance that occurred in the '60s and '70s, and how in recent times a resurgence "of hate and [nonacceptance]" has begun. He went on to give an example: "I wrote an article in the High Point Enterprise over the summer [about lack of tolerance]. I received phone calls about it. Some said, 'You should accept Jesus,' but some were much darker." He suggests that the majority of people treat atheists this way because "when someone doesn't understand something, they assume it isn't true." I asked him why he would choose to be an atheist, knowing he would have to put up with prejudice. He answered: "It's not to be different or to stand out. It's [a personal preference], to see things in a different view. When you boil religion down, it's personal opinion. My personal opinion is different from the majority's."

I asked Huxley if he thought of atheism as a faith. He replied, "Every atheist is different... I would call it more an ideal than a religion or faith. [Atheism relies heavily on science to exist.] You always need to question things, no matter what you are. Even the Bible says, 'Test everything, and keep what is good.' That's probably why I'm an atheist. I tested Christianity, and it failed."

What about the validity of other religions? He said: "Personal faith is not a bad thing. I think it's one of the greatest placebo effects created by man. But I just don't have it... Christianity is a good thing. Some people use it as a crutch. I've often thought about how it could be reformed, though."

Why did Huxley respond to my last article? I've often thought that most people feel that their responsibilities do not include activism when it comes to combating stereotypes, that they cannot make a difference or change anyone's mind, so why did he contact me? "I didn't want you to interview someone who was [misinformed] or a jerk. I don't want anyone to get a bad impression of atheism. I want people to know that I'm tolerant of others. There have been times at this school where I almost gave in and just said that I believed in Christianity, but I'd be lying to myself and to others. I still refuse to tell anyone that I'm an

Putin strikes a blow to democracy in Russia

ringue. It does

not matter what

kind it is, as long

as it is pie, and

all pies are good.

However, de-

mocracy, like

pie, comes in

different forms.

There are the de-

mocracies in Eu-

rope that are so-

cialist and there

are some like the

Think of Democracy as a pie. It could be as American as apple pie; it could be chocolate crème, or even lemon me-



Lauren

≡Croughan**≡** Staff Writer

U.S., which is a republic. However, in Russia someone put Putin in the pie.

Can we tell what flavor Russia's pie is after Premier Vladimir Putin is through with it? Can we distinguish Russia as a democracy after all the changes? Vladimir Putin has centralized power in Russia to the extreme in response to the terrorist attacks from Chechnyan rebels, all in the name of the all-powerful Homeland Security. Sound familiar?

According to the Associated Press, Putin himself has said, "We need a single organization capable of not only dealing with terror attacks but also working to avert them, destroy criminals in their hideouts, and if necessary abroad." Also according to the Associated Press, what he has done is strip away local elections of governors in the provinces in favor of Putin-approved candidates confirmed by the local legislatures. Moreover, he has

arrested low-ranking police officers for making small mistakes that could have prevented both the recent terrorist sabotage of planes and the rebels' seizure of an elementary school that led to the deaths of nearly 400 people, mostly children. Since his first term in office, Putin has been slowly centralizing power for his own advantage.

However, is there anything wrong with this? With all of America's centralization, especially with Bush now reconstructing the intelligence agency, it can be said that all that the Russians are doing is instigating a Homeland Security agenda, which Bush has put in place since Sept.11, 2001. These terrorist attacks from Chechnyan rebels were Russia's 9/ 11. America has already been down this road, enacting legislation such as the Patriot Act, which has created more government watchdog programs to scrutinize people for terrorist activity. As long as civil liberties are not infringed upon, Putin can have his pie and eat it too.

Emotions always run high after tragedy strikes, and more people are willing to give up things they previously would not for the sake of safety. This argument has been in place for decades, but now more then ever it has been reiterated through actions. Putin has said he is willing to go to war to uproot terrorists. Has America created an evil twin of its Cold War enemy? It is too early to tell, but this is a subject everyone needs to watch

The similarities between Putin's actions and President Bush's are haunting.

See Putin, page 5

Life of a 'girlie girl' in the age of Feminism

By Rebecca Fleming
Staff Writer

If you open my closet door and riffle through the hangers, you'll see a lot of skirts. Long, floaty skirts that swish and swirl around my ankles; skirts that bell out in airy arcs when I spin or pirouette (not that I ever actually do that, unless I happen to be the only person upstairs in the library) or stand over air vents (that might have been me you saw at the Zoo this summer); skirts that make me feel like a queen even on a really bad hair day. Of course, you can't wear skirts alone, not even very beautiful skirts. So hanging behind the skirts are soft, cozy

sweater-sets and lacy-collared shirts, cheery colored button-downs and trim-fitting sweaters. I love wearing these things, especially paired with whimsical necklaces and jingly bracelets.

I have loved dressing up ever since I was little girl putting on refurbished prom dresses and gaudy costume jewelry. As I grew up – I'm an ancient 19 now – I finetuned my fancies and now my preferred look is more along the lines of classy and undeniably girlie. I traded the floor-length Goodwill finds for tiered skirts, the Mardi Gras-esque beads for silver chains that sport creatively twisted silverware. I traded the very interesting clothing-combinations of childhood for an individual

style that stands out - sometimes uncomfortably - in this modern world.

Our society seems obsessed with enforcing the principles of Feminism. The ideals of once-upon-a-time have passed away, and today's ideal woman is sure of herself and strong, and she refuses to let any man outrank her. In reaching for this, the modern woman has adopted ways that resign femininity to the attic: She dresses and talks like a man,

and she is driven to do anything and everything a man does.

I'm sorry, but what is so wonderful about a man that a girl should change herself to model him? I love my guy friends, but I don't

want to be like them (unless you count wanting their scholarships and GPA.) And personally, a woman who is trying so hard to be strong that she comes across as loud and brash is just scary.

Though society's vacuum attempts to suck me in, I will not comply. I have no desire to be CEO of a Fortune 500 company. I will work when I get out of college, but my long-term plans include hanging out around the house/horse barns while my husband works. I will dance down the sidewalk and wear tiaras in my hair if I feel like it. I refuse to bow before Feminism and become just another slave

to the modern world. Even with all its drive towards equality and limitless opportunity, the modern outlook is far too restrictive for my tastes. I want to choose who I am and what I will be.

I think I should clarify one thing: when I claim to be a girlie girl and defy the chains of Feminism, I am not denying the rights that are mine as a citizen and human being. I exercise my right to

vote and am grateful that I have the opportunity to come to school and earn a college degree. I know that I am just as good as any man and that I am important as a person. However, I do not feel it necessary for

me to reject the legacy of femininity passed down to me through the ages. I am a girl, so why shouldn't I embrace that? Why should I change the way I feel and believe just to satisfy a fickle society that is so afraid of making a politically incorrect statement that it can't have an original thought? If I feel like wearing pink ruffled shirts with my blue jeans or a sweeping-skirted vintage dress, why label me eccentric? I'm comfortable with my girlie-ness, with being quiet and sweet, ladylike and well-mannered. I am a girlie girl, and I am proud of it.

Bush's leadership skill threatens Dems

While at the Republican National Convention, I began pondering why Democrats, liberals and leftists hate

Jonathan

Miller

Staff Writer

President Bush. Witnessing the hatred displayed by protesters really startled me. Curse words were spewed at delegates, and most held signs with offensive language. So, why do we see such hatred toward President Bush?

Hatred of Mr. Bush has three reasons. First, Dems, liberals and leftists believe President Bush was "selected" and not "elected." The bitterness from the 2000 election still remains. For them, the president should be Al Gore because the "conservative" U.S. Supreme Court stole the election. Second, they see President Bush's deep Christian faith as a threat. Their philosophy leads them to believe that religion has no place in politics and our leaders should never publicly profess their faith. Last, the Democrats are losing power and losing power badly. In 1994, Republicans took control of the House. In

2002, Republicans gained the majority in the Senate. Republicans now hold a majority in the House and Senate as well as having control of the presidency for the first time

in over a half a century. Democrats are losing and losing badly, and they have no idea how to stop it.

The Dems fear that if they lose this presidential election and fail to gain significant ground in the House or Senate that a new conservative era has begun; but why are the Dems losing when they have won for so long? They are out of touch with reality. The world has changed drastically since Sept. 11. President Bush and the Republican Party have a plan for leading America, while the Democrats wish they had Bill Clinton back. President Bush along with his fellow Republicans understand how to connect with the average American. The President's common sense attitude,

straightforward nature, honest character, deep religious faith and the sincerity and conviction he displays when discussing issues all resonate well with the American people. Not only does the president have a very likable personality, but ever since Sept. 11, he has an emotional attachment with the American people that few presidents have ever experienced. His leadership after that fateful day rallied most Americans behind him. They admired his strength of character in such turbulent times. His swift prosecution of the War on Terror made people feel safe with a leader who knows how to "cowboy up." They knew that President Bush would stand with firm convictions to protect their security. That fact alone is probably the largest contrast you can draw between President Bush and his opponent John Kerry

Kerry has now become infamous for his flip-flopping, while President Bush is known for his steadfast leader-ship and decisiveness. Most rational Democrats probably wish Howard Dean was the nominee now. Anyone is better than Kerry. I can understand the buyer's remorse that the Democratic Party is having over John Kerry. Who can get excited about a candidate who, with 30 days until the election, still has no idea what position to take on the most crucial issue in the whole campaign—Iraq. Yet, apparently the followers of John

"Dems, liberals and

leftists are suffering

from 'ABB Syndrome'

(Anybody But Bush)."

Kerry seem to have no issue with his lack of conviction on the issues. Dems, liberals and leftists are suffering from "ABB Syndrome" or the Anybody But Bush

Syndrome. For them, supporting one of the worst presidential candidates of all time is really not all that irrational. The motto for them is "Anybody But Bush." So, John Kerry fits the mold perfectly.

The ABB Syndrome goes back to the hatred toward President Bush. I have yet to hear a Kerry supporter clearly articulate why he should be our next president. I tend to hear negative things directed at Mr. Bush, but rarely will I hear how Kerry has a better plan than George W. The reality of the matter remains that President Bush has the right vision for America, not John Kerry. Somewhere in the distance I can hear the chant, "Four more years!"

Cheney's daughter has difficulty with identity

"...the modern outlook

is far too restrictive for

my tastes. I want to

choose who I am and

what i will be."

Mary, continued from page 3 =

masks, one in every venue of our lives.

As a lesbian leader, Mary was an instrumental force in squelching a 20-year boycott against Coors Brewing Company by the gay community. Cheney fought to convince gays and lesbians that Coors was going to alter its "unfriendly" ways by implementing non-discrimination policies as well as domestic partnership benefits. This proved to be the most fruitful of her endeavors to aid the gay community in contrast to her vague attempt at forming a positive relationship between gays and the Republican Party. In 2002, Cheney was a major figure in the Republican Unity Coalition, which was created to increase tolerance within the party for gays and lesbians. Ironically, in 2003, after gaining support from the gay community, Mary Cheney left her rainbow flag behind and quit the coalition, quickly accepting the position as director of Vice Presidential operations for her father. Gays and lesbians have verbally bashed her for switching sides, but her role as director remains elusive. The public is still asking if she is behind the scenes, deviously working to gain gay voters or is she telling her father how to appeal to moderate Republicans who do not agree with the FMA?

This pivotal decision to leap to the other side of the fence seems to have brought her to the point of no return within the gay community. Despite Dick Cheney's stance that the decision of gay marriage should be left up to state discretion, Mary is ultimately supporting a party striving to reelect a president who is bent on codifying discrimination into the U.S. Constitution.

Instead of fighting against policies which will ignore the safety and happiness of gays and lesbians, she is condoning such actions. How can Mary help a campaign which is blatantly against 10 percent of the population, including herself? A conspicuous dilemma remains: Is her only obligation to the gay community or does she still have familial duties?

Perhaps Mary Cheney is a weak individual, who is dodging the limelight for the sake of her father. However, do not forget that after the last speech at the Republican National Convention, the Cheney clan beamed brilliantly on stage, except for Mary and her partner. I wonder how painful it must be to watch your mother and father on stage, embracing your sister, her husband and two children, while you remain hidden in an ocean of people, out of the voters' sight.

Mary could be reaping monetary benefits from her support and work in the Bush-Cheney campaign or she could be just another child, trying to find a middle-ground between individual happiness and family acceptance. These two elements are difficult to separate, but waffling between being yourself and parading around as what your family wishes you to be is inherently unhealthy.

As a member of the gay community, I refuse to live in the shadows of myself to appease anyone. A word of advice to the "family" as a whole: We have come too far to surrender ourselves to any political party, religious sect or family member—who deems us worthy of life, but not liberty and the pursuit of happiness.

Reality television mania has gone too far

With the new fall lineup containing more reality shows than even last season, including such genius plans as



Megan
Powers
Staff Writer

"Wife Swap," it begs the question: Why are we obsessed with so-called reality television? And not only that, but where is this newfound obsession leading?

Ever since the "Survivor" phenomenon

brought reality to networks rather than being exclusive to cable, networks have been racing to find the next reality hit, often simply lowering themselves to contrived reproductions of other networks' hits. And America can't seem to get enough. We are glued to our TV's waiting to see who the Bachelor will choose as his bride or which American Idol deserves to get the boot, or simply which "Real World" cast member will get arrested this week. Rather than actually living reality, we prefer to watch the artificial TV version of someone else's life. So what is so wrong with our lives that someone else's seems so much more entertaining?

Supporters of reality TV argue that it is insightful, leading us to realizations about the human condition and basic human nature. A valid point I suppose...but just walk around and watch real life for 30 minutes and you can learn the same things...commercial free. Some argue that in a nation that prides itself on entertainment, promoting the average Dick or Jane to TV stardom is the ultimate reality. Maybe there is a vast contingent of people whose life goal is to embarrass themselves on national television and I

just haven't met them yet. If you happen to find them, don't feel the need to tell me.

This is not to say that reality TV isn't entertaining or even that it is wrong in some way. It is not the inherent na-

ture of the programming that I have a problem with, merely the mania surrounding it. If you are sitting at your child's

baseball game wondering if it will end in time for you to get home and catch this week's "Apprentice," I'm a little concerned. America has begun substituting what's real for what is marketed as real. Networks are making millions off our need to either fill a void in our own boring lives or our need to feel that our lives aren't so pathetic after all. So what if you decide you are better than Average Joe? If you can't get up off your couch and do

something about it, that sudden realization isn't going to get you anywhere.

Each generation is becoming less active and less family-oriented than the last. And it isn't because family values are on the decline; it's merely because

> sometimes it is a lot easier to turn the TV on than to turn it off and actually do something. The less we let ourselves

fall into the alternate reality of television, the more we have to face the actual reality of life. Television is just another vice which draws us away from that which is real into something that is a bit easier to swallow. No matter how unsatisfying or unappealing reality may seem to be at times, if you spend all of your time within an alternate reality, you risk missing the best moments of this one...and most of the time, that's not really a chance I'm willing to take.

Frank explains how Republicans deceive voters in heartlands

Thomas Frank's "What's the Matter with Kansas?" is a clear break from the



Josh ≡Farrington≡ Staff Writer

recent onslaught of politically charged, but intellectually weak books from authors such as Ann Coulter and Al Franken. Frank, a self-described liberal, exam-Kansas ines politics as a microcosm of Republican politics across the nation

and presents his case in a fairly refreshing way (refreshing in that it is actually intellectually stimulating, as opposed to simply a booklength rant).

Frank, a native Kansan, looks specifically at Kansas because "the Kan a n-

san" is "the most average of all Americans." Kansas was also chosen because it is one of the greatest Republican strongholds in America, having elected no Democrats to the U.S. Senate since 1932. Furthermore, the type of conservatism that exists in Kansas consists mainly of the "farright" evangelical branch of the Republican Party. Although written using examples from Kansas, this book is applicable to the South as well, which also has a

fairly visible and vocal evangelical conservative voting bloc.

Frank's basic argument is that high level Republicans "talk Christ, but walk corporate." They devote most of their rhetoric to the hot-button issues of abortion and gay marriage, yet devote most of their legislative actions to helping big business. The "average Americans" that vote based on the hot-button issues are actually voting against their own economic interests. Under Republican-led government, debate over abortion and gay marriage has thrived, while at the same

time the wealth gap between CEO's and "average Americans" continues to widen. Frank quotes one rank-and-file Republican as saying that he "just doesn't care about economic issues" and only cares about "bringing America back to God." While "average Americans" elect candidates that promise to restore moral values in American society, those same candidates, once elected, do nothing to help "average Americans." They do, however, give tax breaks to the rich and further the gap between the lower and middle classes and CEO's. Rank-and-file Republicans, in essence, "raise their voices in praise of Jesus but cast their votes to exalt Caesar."

Republican leadership, Frank argues, has been masterful in blaming all that is wrong with America on a vaguely defined, but powerful group called "liberals." "Liberal" means "everything from racy TV" to those who have a "taste for Corgi dogs and extra-virgin olive oil." Liberals are "elites," college professors, intellectuals, journalists, lawyers, Volvo

WHAT'S THE

HOW CONSERVATIVES WON THE HEART OF AMERICA

THOMAS FRANK

drivers, and NASCAR-haters. However, the same Republican leadership that derides liberals as millionaires, lawyers and Harvard-grads are themselves millionaires, lawyers and Harvard-grads. President Bush portrays himself as an average American yet comes

England family and is a graduate of Yale.

Overall, Frank's "What's the Matter with Kansas?" is well written and raises important political questions. Conservative Republicans often claim they want to "bring America back to God." Somehow I fail to see how utter silence on issues such as poverty and exploitation of immigrant labor and a focus on giving tax breaks to CEO's, achieves that purpose. Perhaps in their quest to bring God back to America, they are actually driving Him

Biased news a problem

"America has begun substi-

tuting what's real for what's

marketed as real."

Election season highlights slanted media =

By Shane Holman Staff Writer

While the media are focusing on the flaws of the presidential candidates, many people are tired of hearing the continuous complaint war. The media recently focused on the military service of the major presidential candidates, their conflicting economic plans and flip-flopping on controversial topics. I don't believe that this is an effective way to inform the public. In order to be accurately informed, the voters need to hear unbiased information. Since it is difficult to get accurate information on all the issues of both candidates, voters tend to choose a candidate based on the ideology of a political party instead of the individual candidate.

One of the main goals of the media is to get more people to watch the news or read their paper. This is done by presenting stories that are interesting to the audience. Negative stories tend to be popular and therefore are used often with controversial stories. However, what is popular is rarely informative. What we need as voters are informative stories. It does little good to voters to know negative information about candidates without positive information that says what the candidates actually plan to do.

I'm not even sure we can believe either of the presidential candidates all of the time. They may want to do things, but we all know that it isn't realistic to expect everything promised to happen in the next presidential term. Both candidates say they want to improve social services like healthcare, education and retirement services. However, both candidates also want to lower taxes and continue funding the war in Iraq. We only have so much money to fund all of these expenses and something has to be left out. Frequently budgets will have to be cut just to go through with only a handful of these election promises.

Consider elections of high school and in college, do you vote for someone based on the individual's key views or because of whom they are friends with? Therefore, is it the individual candidate or the party affiliation?

When voters choose which political party they will vote for, most conservatives tend to believe that Republicans share their conservative viewpoints and liberals to generally support views of Democrats. While the statement that Democrats are liberal and Republicans are conservative is a generalization, it is commonly shared.

If all that is on television is negative ads and responses to negative ads, whom do we believe? Which newspaper, television news program or political analyst is correct? This crucial problem in our democratic electoral system leads me to believe that we are really choosing a political party to lead our nation rather than an individual candidate.

Putin, continued from

page 3

The major concern is that the inherent turbulence in Russian history could spell disaster if Putin does not proceed with caution. Too much centralization makes the country lean toward authoritarian rule. Too quickly we forget that the Soviet Union broke up only 13 years ago.

Russia's baker has found a new recipe that might work as filling for his piecrust. However, it is up to him when to put the pie in the oven and when to pull it out before it is burnt and sets off the smoke detectors. Be aware that an old saying may apply here: Good cooks never use recipes.

Whiners, continued from page 2

While the girls are bad, there's nothing worse than a whiney guy. I don't come across this type of guy often, because many guys are known to keep their problems inside, which I can appreciate. However, there are a select few that make up for them. I can't help but relate to these guys as if they were girls, because God knows that's who they sound like.

Look, seeking advice is one thing. However, if you're going to whine about every little thing, go to your mommy. Everyone has their problems. I'm not your therapist.

Japanese exchange student hopes to teach English as a second language after grad work

By Ada Hernandez Staff Writer

Barbie and Disney posters decorate the dorm room of junior Miki Ikeda, whose home is Fukuoka, Japan. In fact, her passion for American popular culture sparked a desire to learn English and study in America. Her love of the color pink rivals the pleasure she derives from Disney. Pink curtains, rug and bedspread lend warmth to her room.

The first Disney videos that Ikeda watched were translated into Japanese. When she began to learn English in junior high school, she changed her videos to the English version with Japanese subtitles. Her interest in English grew during this time.

"We had ALT's (Assistant Lan-

native speakers," Ikeda said. That opportunity made her realize how interesting it was to speak to someone from a foreign country. When she reached high school, she already had it in mind to study abroad.

"The best way for me to study English was to go where it was spoken," she explained.

Her family has consistently supported her coming to America. However, her teachers thought that there was no reason to leave Japan to study English.

"Japan is a small island and I wanted a change of environment," Ikeda said. She disregarded what her teachers said and after her high school graduation, she found an agent who connected her with HPU. Her journey then began.

Ikeda arrived here without ever vis-

guage Teachers) in school, and they were iting the campus. When she left the airplane, she says, "I was so scared. It was my first time seeing so many people from different cultures." Members of the Student Life Office picked her up and she found them to be nice and welcoming.

> Ikeda's first year here was difficult because she had never had a roommate and she was used to a different style of education.

> "In Japanese schools, the professor walks to each student and offers to help, unlike here where the students walk to the professor and ask for help," she ex-

> The biggest challenge for Ikeda so far is living without her family. "Especially when I'm sick, it's hard," Ikeda said. She calls her mom everyday and goes to Japan twice a year.

Ikeda is an English writing major. She plans to attend graduate school to become an English as a Second Language (ESL) teacher.

"I think I can understand what the children experience with the cultural and language barrier, I can give them advice," she enthusiastically said. She feels that by becoming an ESL teacher she can help children who feel confused or disoriented because she has been in that situation before. "When I took ESL classes here I really loved the professor, Dr. Doryl G. Jensen," Ikeda said. He inspired her even more to become an ESL teacher.

Ikeda is satisfied with the decision she made to study abroad. She likes High Point and she is grateful to have professors that are willing to help her.

"It's hard to speak English, but it's a big challenge for my life," she stated. Ikeda is a person who works hard to succeed. "I'm studying hard to make my dream come true," she said.

Her ambition is so strong that on most nights she allows herself only four hours of sleep

WHPU, continued from front

high wattage stations, N.C. A and T's 90.1 and Winston Salem State's 90.5 These stations overpowered 90.3' broadcast so completely that it had a ra dius of about three miles on a good day Once the equipment is up and running Brown suggests broadcasting exclusively over the internet.

"I don't see why we couldn't have some kind of radio station in operation by mid-January," Brown comments.

While the future of WHPU is still up in the air, at least there appears to be some action being taken in the direction of a restoration. Perhaps HPU will have campus radio once again.

World relief provides home for immigrants through United Nations

by Gena Smith Staff Writer

It's not a vacation. It's not for sightseeing. It's real, because "home sweet home" doesn't exist.

Immigrants from over 25 countries have come to the United States through World Relief to find a place they can call home. World Relief is a Christian organization whose mission is "to assist and equip local churches to alleviate the needs of the poor in the name of Jesus," said Wayne Wingfield, affiliate director of World Relief in High Point, one of 25 in the U.S. since it opened 18 years ago.

Those who went through World Re-

lief can be found all over the city. In a little house not far from Oak Hollow Mall, with bare walls and a laundry basket as a dish-drainer, live Betty Gaye and seven family members who came with her from the Ivory Coast

Nyantoe, Gaye's son, said, "When we got in America here, [World Relief] paid her with a job and put me in school. I can read by myself [and] I want for my little sister to learn, too." Nyantoe, 17, attends High Point Central High School. He dreams of going to college, getting a job and staying in the U.S. the rest of his

With her hands dramatizing events, Gaye spoke of what goes on in her hometown in Africa: "[The rebels] catch you, shoot you, tie you and cut [your] hands and arms off."

After five months of being in America, the Gayes are trying to arrange for the rest of their family to come because "we are free here."

Like every other family that has come through World Relief, the Gayes have experienced a lengthy process of integration into the American society.

After the newcomers are picked up at the airport, the next stop is the new home, often furnished by the local church assigned to that particular fam-

"They arrive here, and we are it,"

said Wingfield, who remembers one family coming on a cold February night with no shoes, no jackets and one tote-sized bag carrying their legal documents.

World Relief works only with legal immigrants who come through the United Nations. But the UN doesn't dish out for the immigrants. "There's no free ride for the refugees; they even have to pay back their airline ticket here," said Wingfield.

On the night of arrival, volunteers go through a safety check with the immigrants, showing them how to lock their doors and their windows and leaving them with an emergency phone number

The next morning, they are off to

"Immigrants from over

25 countries have

come to the United

States to find a place

they can call home."

apply for their social security cards, Medicaid and food stamps. "The goal is to keep them off welfare," said Wingfield. The refugees learn to provide for them-

Then they sign up for English as a second language classes and agree to work with the volunteers who go grocery shopping with them and provide transportation, helping them as best as possible to assimilate.

After 45 days, the social security card comes, and World Relief sets the immigrants up with job interviews. "Really, I think it's too much time; the quicker they go to work, the better off they are," said Wingfield. "If they receive the card on Friday, we have an interview set up for Monday.'

And finally, the immigrants work on getting driver's permits. The volunteers often teach them how to drive. "I've done that many times," said Wingfield. "I remember the first one. I thought I might have lost my transmission, and even if I did, I said, 'So what, Lord, I'm doing this for you."

Wingfield still remembers how it first started, 21 years ago. He was a volunteer who helped resettle his first family from Laos. He began teaching English as a Second Language, "not knowing what I was doing, but the Lord was in

Sunday mornings he held classes from 10 to 11 in ESL, and then from 11 to 12 there was cultural orientation. People from all over the community came to teach the immigrants about life in America, including policemen, firemen and nurses. At the end of two years, Wingfield had helped resettle 125 immigrants.

In addition, Wingfield has helped plant churches across North Carolina: three Ukrainian ones, a Haitian and a Vietnamese, and he is working on a Sudanese church.

Wingfield, who plans to retire in "a year or so," said that even though he has been in ministry for 43 years, "These [past] 18 years have been the most fruitful and fulfilling without a doubt."

Marty, continued from front page =

'Oh" upon learning that Marty was studying religion. Chemistry seemed exciting, the Scriptures dull.

Marty embodied his themes because his presentation was humorous and engaging. He feels some people perceive

religion as boring because of the emphasis placed on the safe side and the fact that "the average person doesn't see the hidden drama" going on behind the scenes. Yet, if you look at the horrifying results of religion, how can anyone claim that it is boring? Marty cited the Islamic Jihad, the Crusades and the Lord's Resistance Army of Uganda (comprised

of abandoned children forced into military units using acts of brutality to return Uganda to the Ten Commandments). These examples demonstrate how intense a conflict becomes once God is called upon; brutality, bloodshed

and terror often arise from a disagreement in religious thought.

However, not all of religion's impacts are negative or frightening. The glory of religion resides in God's power and people's encounters with His maj-

> esty. Another beautiful aspect of faith is that it heals wounds and differences. Believers can improve the world by dropping barriers and being honest, respectful and accepting of members of other religions. It's far from easy; there's no magic solution, but "conversation and hospitality help in the process" and "conversation begins with listening."

Marty stressed

the privilege of a liberal arts education, which exposes students to all of the knowledge in creation. ""It (starts) the conversation that will continue all our life," he said, aiding us in becoming more conscious of the people around us.



Millis, remembered as genuine and caring, leaves behind campus and community legacy

By Gena Smith Staff Writer

Faithful.

According to his wife, that is the one word that describes him, if one word could ever describe a person. James Henry Millis died Aug. 16, 2004, after battling cancer for almost 16 months. Millis was a prominent figure in the city of High Point and had a very big impact on the university as well.

Millis and his wife Jesse were married for 58 years. According to Mrs. Millis, that was "not long enough; we were going for 60," she said with a smile in her voice.

And according to Dr. Hal Warlick, university chaplain, "They complemented each other very much in life."

The couple often attended athletic events at the very building named after them. They funded half of the \$3 million dollar project for the HPU athletic center.

"[Jim and Jesse] have been the key to many programs, making possible many community activities through finances and leadership attributes," said friend and former pastor of the Millises. "[Jim] had a sense he ought to share what he had with the community."

John Lefler, vice president for institutional advancement, said that he will miss the "out-of-the-blue" phone calls he

received from Millis asking for his opinion and wondering if Lefler would join him to go visit a donor. Lefler often traveled with Millis to look at other Division I facilities while the HPU athletic de-

partment was going through the transition to a Division I school. His intimate involvement in the programs he funded made him unique. "And that's something we'll never get again. No one can replace Jim Millis," Lefler said.

"Very seldom would you find a major benefactor of a university who would be willing to lend his presence," said

Bishop Thomas Stockton, long-time Warlick. But both he and Jesse would come to both athletic and non-athletic

> If Warlick could pick one word to describe Millis, it would be genuine: "a genuine giver and believer." There was something more to him than the mere fact

> > that he donated money. thought himself to be a steward of his resources for the benefit of others. I think Jim would have been interested in HPU and the community whether he had the resources or not," said

Warlick.

"A lot of people talk

about faith but give nothing.

He practiced his faith. He

didn't wear his faith on his

sleeve because he didn't have

to. It was obvious."

-Dr. Hal Warlick

But he did have the resources. And because of that HPU has a better athletic center, not to mention the large donation by the Millises for the upcoming Jerry and Kitty Steele Sports Center.

The Millis family has long been involved at High Point University and was helping to fund the college back when it first opened in 1924. The family owned a successful textile business, the Adams-Millis Corporation, that operated in High Point from 1904 to 1988, after which it was sold to the Sara Lee.

And not only did Mr. Millis have the resources, but the leadership skills as well. Stockton said that he knew how to handle difficult situations and he also knew how to push others to reach their potential. "I've seen him when he would control

situations [himself], and also when he would encourage others to take leadership," said Stockton.

But the financial status is only half the story. There is always more to a man than his wallet. Mrs. Millis said that her spouse was very honest and a great listener, but one had to be careful asking his opinion. "If you asked him something, [you] just knew that you wanted the answer," said Jesse. "He didn't have a lot of small talk." He loved to laugh and had a big smile, she said.

Although his list of achievements along with his community service make him seem like a giant, he was a man who "struggled with issues just like any human being," said Warlick.

"He was very human: get him [out] on the tennis court. He loved to win. He liked everybody to do their best," said Jesse. "And," she said laughing, "He didn't think I could walk fast enough to keep up with him."

In addition, there was his faith. He was a lifetime member of Wesley Memorial United Methodist Church, serving in different roles throughout the years. Jesse said that he was a prayerful man who trusted the Lord, and when it came time to die, he was ready. "He knew he wasn't in control," said Jesse, "even though he often [acted] like he was."

"A lot of people talk about faith but give nothing. He practiced his faith. He didn't wear his faith on his sleeve because he didn't have to. It was obvious," said

Jim Millis is survived by his wife, their four children and 11 grandchildren.

Hump Day Cafe offers two hours of free live music, coffee and camaraderie every Wednesday night

By Alexis Winning Staff Writer

Did you know free coffee and live music are available on campus every week? From nine until eleven every Wednesday, students can take a break

from studying and head over to Java City to hear talented musicians. Unfortunately, it seems not enough students are going to Hump Day Café or maybe they just don't know about it.

Hump Day Café started because students wanted to know where live music was on campus, but the turnout has not been as good as the administration or the regulars who attend would like to see. Dean of Student Activities Roger Clodfelter says, "If we could get people to check it

out, they would more than likely become regulars." This semester's first Hump Day was an open mic night and drew a rather nice-sized crowd, including new students checking out for the social aspect the café offers. Open Mic nights are usually scheduled every last Wednesday of the month, and many students come out to share their talent with campus or to watch their friends perform.

Hump Day Café takes place on the Slane patio until it is too cold, but even then students can warm up with a variety of free coffees or purchase the premium drinks Java City sells daily. The students who do make it out are regulars and are making an effort to not get trapped into radio play by seeing what

else is out there. Clodfelter says of the laid-back scene, "It's a nice social outlet," while agreeing there is still plenty of room for more people.

Sarah Huntt who works as a barista in Java City and performs every open mic night says, "There are a

> lot of people on this campus interested in good mubut sic. people don't up." show Every week Huntt advertises mostly by word of mouth, while Clodfelter sends out mass e-mails, some of

DAVID HARRIS WILL PERFORM NOV. 17

which include a link to the artist's web page. Many of the artists have MP3's available on their sites so students are able to preview the music to see if they would be interested. Performers sell CD's for around ten dollars each, and if the artist has given their music to Student Activities before- hand, there is a good chance you will hear them playing on Java City's boom-box sometime throughout the day.

Singer/songwriter David Harris, who is from California and has had lots of radio play, will be sharing his talent at Hump Day Café on Nov. 17. The music is dynamic, ranging from folk to jazz and even blues. All you have to do is show up, and you might like it enough to make Hump Day Café a regular outing.

Bell, continued from front page

attention as Bell has been the topic of coverage for the High Point Enterprise, WFMY News 2 and Fox 8.

"Most people are surprised," she said. "They offer their congratulations."

Bell stayed quiet about the goal she had set. She didn't want to brag about her achievement, she said, especially not before her task was completed.

She said that her running partner, Harry Warren, significantly helped her achieve her goal. They didn't always run together since Warren lives in Whiteville, but they helped each other stay motivated.

It hasn't been easy, Bell said. She typically runs at 5:30 a.m. and admits there have been days that she didn't want to get out of bed. But she found that her 30-minute run benefits her more than an extra half-hour of sleep. She is more focused throughout the day and has more

There were times when she was sick, but she compensated by running for 20 minutes instead of 30. In the long run, her routine helped prevent a lot of sickness, she said.

America's obesity problem can be attributed to a number of causes, Bell said. Americans are less active in the age of cars and television, eat more junk food on the go and claim to be too busy to exercise due to 60-hour per week jobs.

Bell notes that she is not immune to these tendencies. A year and a half ago, she joined Weight Watchers and lost more than 25 lbs. She would like to lose 10 more. Recently, she started a weight-lifting program for herself. She

said it is not something she likes to do. but she knows she must.

She worries about an increasingly sick America as obesity spirals out of control across all ages. Obesity has become the No. 1 preventable killer in America. Today's generation of college students should be particularly worried, she said, as they will have to pay the price in insurance costs.

Bell said that Americans constantly seek instant gratification, but fitness is a process.

"Set a goal for yourself... to be active," she said. "It takes one day at a time. Give it time; you're going to see a change."

Every little bit helps, Bell says. Not everyone can run three miles a day, but they can spend 30 minutes walking or swimming. The key is in finding a type of exercise they like.

Bell is a strong supporter of House Bill 303, which mandates 150 minutes of physical education per week in elementary schools and 225 minutes per week for middle schoolers.

Physical education in schools has become increasingly important, Bell said, as fewer and fewer children are going home to play in the backyard, opting to watch television or play video games instead.

Though she has reached her 1,000th day, Bell said she does not plan to take a break. She now plans to run everyday for the rest of the year, at which point she'll likely set another goal.

She'll keep running.

New album The Tipping Point gets mixed reaction

By Ashley Herndon Staff Writer

Fans and critics hold divided views about *The Tipping Point*, the long-awaited sixth album by the Roots, a 20-man live hip hop band.

Some feel this album falls short of their creative ability and deviates from the signature style. Others see the change as a good way to flaunt their ability to reach all audiences. I feel the album has the potential to bring in the piece of the puzzle that the group was missing, urban hip hop followers.

The oversized band is spearheaded by ?uestlove, pronounced "quest love," on drums and percussion and Black Thought the rapping lyricist. The band hails from Philadelphia, known for its musicians and neo-soul singers. Although they have had six in studio albums, one of which received a Grammy, The Roots are better known for their monster live concerts. They are the only live hip hop band that also has a recording career.

The name of the album is borrowed from a popular Malcolm Gladwell novel. This best seller in 2000 centers on how some ways of thinking must gain a small amount of notoriety before winning mass acceptance. This was chosen as the title to express the band's feelings of their own current situation.

"There's a disconnect between how The Roots see themselves – as hip hop purists, immersed in Black culture- and the segment of society they most often attract," says one rap critic. A screaming majority of the group's fans are white. Not white in terms of the many millions of Caucasian hip hop fans with at least a small taste of ghetto life. But these fans are a newer version of the '70s hippies, and their only interest in rap music is The Roots.

Neither the group's sound nor its lyrics make the urban audience shy away; it's their look. Hip hop fans are not drawn

to The Roots simply because their appearance is not like that of other hip hop artists. There is no flaunting of expensive urban band name clothes, oversized tshirts, gawky jewelry, exclusive footwear and over-priced vehicles that serve as artificial cue cards of supposed rap authenticity. Such trappings are used by other artists to lure most black listeners to the hip hop genre.

The Roots are outside the stereotypical hip hop box. Listeners must be willing to step out of the box as well. Consequently, rap fans are missing a big portion of true hip hop simply because they are not open-minded.

One reason cause of The Roots' lack of hip hop following is the high cost of their concerts. Unlike other rap concerts where expenses only include the artist or group, the DJ and stage props, a Roots concert requires at least 40 people, 20 of whom are band members. These expenses increase the cost of tickets for concert goers, which most black enthusiasts cannot afford.

Another explanation for the small

number of urban supporters is that the group lacks a presence among hardcore hip hoppers. The joy of music is spread mostly through word of mouth to peers of the same demographics. The majority of the current listeners include middle and upper class white suburbanites who then relay their interest in the group to others like them. The buzz doesn't reach blacks.

I understand the reason for the slight

change in The Roots' sound in their new album. They cannot be faulted for trying to reach their own people, for whom the music was created for in the first place. When the band set out to make their first albums, they had no idea white

America was going to enjoy the music so

This album focuses more on Black Thought's rhymes than ?uestlove's musical arrangements. There is less of an instrumental feel and more of a hip hop edge. It is the shortest of their albums to date, with only 10 solid, rap-enthusiastic tracks. The choruses are more recitable, the beats more digital. The band is only trying to catch the ear of hip hop fans. Until, the band members start stumbling around in basketball jerseys, riding in hundred thousands dollar cars, cursing at

cameramen, having half naked women dancing in their videos and using term 'bling bling,' fans and critics should not be worried.

The CD's first single, "Don't Say Nuthin" is getting descent airplay on hip hop radio and TV stations. What most people, including myself until recently, do not know is that the mumbo jumbo hook was an accident.

Black Thought had not finished the chorus prior to the deadline, so he just inserted some nonsense to fill the space until he had time to write a quality hook. The manager felt the slurred words made the track a hit. Black Thought named the track "Don't Say Nuthin" because he was literally saying nothing. A double meaning can also be seen as a shot in the head to the hip hop genre. An artist can come on the scene with garbage-disposal worthy lyrics, make a hit song and get a million dollar check.

I see this album as a way for The Roots to challenge themselves. They released *The Tipping Point* to find out if they can compete with the big boys – true rap artists. More importantly, after releasing six albums over a nine year period, The Roots long for mainstream success and acceptance from their culture. They want to see faces like theirs in the audience, screaming their names and reciting their lyrics. Hopefully, this album will be the tipping point for The Roots and all hip hop listeners.

What to know about fall's music releases

By Lauren Croughan Staff Writer

Rock

Muse- Absolution

This British trio struck The States with the hit "Time is Running out," their famous song off of this CD and got plenty of airtime on Fuse, the other music channel that actually plays music (Channel 74). I was intrigued about the band by this hit, which is one of my favorite songs of all time. The album was definitely worth the \$16 I paid for it, as there were no bad songs on the CD. All the lyrics are band-written, which is a definite plus in my book. There are some slower songs here, but they do not remind me of any pop that I have heard. Muse is truly inspirational. www.muse.mu Final Grade-A

Pop

Ryan Cabrera- Take It All Away

Sorry, ladies, this blonde gorgeous guy is taken by Ashlee Simpson. This album was released for a few weeks, and "On the way down" has been climbing the charts on Fuse, MTV and Billboard. Cabrera actually plays the acoustic guitar, which by my standards for typical pop music is worth taking note. The album is partially produced by Johnny Resznick from the Goo Goo Dolls. Have not heard of Cabrera? There is the hit track but not much else at www.ryancabrera.com B-

Heavy Metal

Papa Roach- Getting Away With Murder

Released no more then three weeks ago, this piece of awesome work debuted at number 17 on Billboard 200 Charts. It sold over 50,000 copies after one week.

Amazing is the only word for the album. Most of Papa Roach's work is high energy, and this one is no exception. The title track, which is on heavy rotation on Fuse, could get anybody off their chair and head-banging in their room. Take a peek on www.paparoach.com However, one would need the flash plug in for version 7 to view the website at all. It takes a second to load. Final Grade- A++

Hip Hop/Rap

Nelly-Sweat/Suit

Nelly's new two-album feature release released mid-September was quite an interesting one to review. He truly went all out here. There are guest stars on both albums. Christina Aguilera, Pharrell Williams, Snoop Dogg, Missy Elliot and Tim McGraw are all featured. The music itself was very enticing, and I found myself liking a few songs despite my bias towards rock music. I did notice something, however; more of the love and calmer songs take place on Suit, while some of the heavier songs are played on Sweat. Whitney Houston divided her songs like that on her greatest hits album. I thought it was worth sampling and giving it a shot. To hear before you buy, go here http://www.nelly.net/main.html. My final grade: B+

Key:

A- Worth every penny to buy it in stores

B-You can download this one online C- Download only your favorite racks

D- Listen for the hit on the radio (Wait: They still have radio?)

F- Stay far away because this one is going on a VH1 countdown

Comedy trumps tragedy

By Amanda Roberts
A&E Editor

Murder, lust, betrayal, confusion and frolic: The North Carolina Shakespeare Festival productions this season exemplify some of what the Bard would define as superb acting.

"Twelfth Night" is playful and fun. While the performance was not flawless, many bright spots prevail, particularly those scenes with the secondary cast. The main storyline, that of Viola/Cesario (Gretchen McGinty), Duke Orsino (Kevin Varner) and Olivia (Heather Benton) plays second fiddle to the secondary plot. Disguised as the male Cesario, Viola lets not a hint of the fact that she has fallen in love with Orsino slip as she plays messenger bearing Orsino's love for Olivia. On the other hand, Olivia's infatuation with Cesario is blatant, as is her dislike for Orsino.

Although fine actors fill the main roles, the chemistry is not immediately palpable. These characters are neither fully developed nor are they believable. The love story lacks the necessary passion. As Sir Toby Belch, Pedro Silva portrays a mischievous old man, intent on causing chaos among Olivia's household, the chief target being Malvolio (Allan Edwards). With the help of Maria (Celia Madeoy), Sir Andrew Aguecheek (Josh Gaffga), Feste (Jan Notzon) and Fabian (Michael Zlabinger), Malvolio is driven mad in an hilarious way. Edwards performs the role of Malvolio with much zest and vigor, but the focus on him hinders the development of the other main characters. Viola's twin brother, Sebastian (Jason Loughlin) and his trustworthy savior Antonio (David Adamson) command the stage during their brief turns.

Notzon sings several times, catching the audience in mid-breath, and grounds the show at the very end.

Though the conclusion is happy, we are left with the message that life is a roller coaster and may not always be rosy.

"Othello," on the other hand, seems more contrived than "Twelfth Night." Guiesseppe Jones, as Othello, seemed to overact and over-extend his presence. Benton again takes the stage as the innocent Desdemona. It's not a hard role; she nonetheless delivers a satisfying performance.

Iago, played by Michael Zlabinger, delivers a brilliant performance. Envious of Othello's promotion of Michael Cassio to lieutenant, Iago plots to gain Cassio's position. By engendering distrust of both Desdemona and Cassio in Othello, Iago exacts revenge on Othello, who is rumored to have slept with his wife, Emilia.

The transition from his comedic role in "Twelfth Night" to this darker, more complex role impressed me. In both roles, his character is one of the most believable and well-developed. The plotting of the villain lago supersedes all other action in the play; it is the very hinge on which Othello swings.

Gaffga, as Roderigo, plays a character similar to Sir Andrew Aguecheek without the effeminate qualities. Also of note, Gaffga composed the music for "Twelfth Night" and "Othello." The NCSF has a man with many talents in Gaffga.

As Emilia, Iago's wife, Madeoy shines again with a strong presence onstage. Varner receives another chance as Cassio, with whom Othello believes Desdemona has had an affair. Varner is more convincing than in his portrayal of Orsino in "Twelfth Night," and he seems to enjoy this character more.

"Othello" is probably one of the most difficult Shakespearean tragedies to perform. The play is not excellent, but it is by no means disappointing.