Camera-crazy Pastor balances school, activities and prepares for the future

By Shannon Moran
Staff Writer

When you think of High Point University what images come to mind? Fountain? Dr. Nido Qubein? The Alumni Center? Campus? All of these things have been photographed, thanks to one woman—Megan Pastor. When it comes to High Point University, Megan and her camera are synonymous. Even Zeta Tau Alpha and Lamba Chi Alpha picked up on this and used a look-alike Megan in their lip sync portion of Greek Week this year, which was a tribute to HPU's new and improved campus. However many do not know the real Megan behind the camera.

Megan Pastor is from Milford, Del., a small town "where we have four chickens for every person and tax-free shopping." Megan jokes. In high school she took her SGA by storm, serving as class president her sophomore year and executive council president her senior year. When asked how long she had been involved with photography, she stated, "I really don't remember not having a camera in my hand! I love pictures! Too many moments only happen once and I love the memories that pictures offer." On a field trip she took to Washington, D.C., she went through eight rolls of film in a span of three days.

"So why did Megan decide to become a High Point Panther along with her Panther brothers and sisters in the fall of 2003? She says, "I originally wanted to go to Elon, but High Point had a better

Chapel overflows to hear Forbes speak

Precedent set at the university as classes were canceled for the day

By Pam Haynes
Opinion Editor

Every white pew in the Hayworth Chapel was filled during the annual Martin Luther King Jr. service held on Jan. 15 at 11 a.m., along with every foldable chair placed on the sides of the aisle and at the back of the chapel for extra seating. There were even participants listening from the basement where a reception was held after the service. But every classroom on campus was empty.

For the first time, all classes were canceled for this holiday, a decision made by President Qubein. He made this change after a speaker from MLK service two years ago challenged the university to do so in honor of King. "In regard to the decision, "It is not a time in which we close down our learning. That is not the meaning of closing down classes. It is a time to focus our learning to liberty and to justice for all." he said.

The Rev. Forbes' message pointed out that Dr. King was not just a civil rights activist, or a pastor or a dreamer. "He was a man who experienced the reality of God," he said. Because of this, Pastor Forbes compared Dr. King to the biblical prophet, Elisa. "When God said, "This is what you should say," MLK said it," he explained. After instructing the audience to turn to 1 Kings 6, Forbes told his listeners what it would take to make the prophet's dream come true. "It's going to take a double portion of the Holy Spirit to rise up this nation and fulfill the dream of Dr. Martin Luther King Jr.," he belted out to the audience. "Anybody want a double portion?" he asked the crowd.

The scripture he chose contains stories of the prophet Elisa. He compared
In American pop culture and education, are low standards engendering mediocrity?

By: Amanda Roberts

The consumer culture of America affects everything: what we wear to the cars we drive, from the shows we watch to the restaurants at which we eat. High Point University is no exception. One might say, in fact, that the university is a category of the consumer culture.

In the past we could count on bounties of liberalism to work on undermining the system, but it seems that the system itself is becoming undermined. The places where once we could go to truly learn have transformed into monstrosities catering to individuals. Not that catering is negative, per se, but when it turns into spoon-feeding the student, we have all lost something precious and dear.

Universities have turned into places of entertainment and training, not of education. How is it occurring around the nation, and the universities are not entirely to blame. The practice begins in each primary school. Teachers are afraid to challenge their students when these challenges are what the students need. The practice demands that the students do as well when they know that they do some can do (or average) work and still proceed to the next level.

This is not an issue of race, nor an indictment of King, a man whose accomplishments are unmatchable in his field. A man who arguably did more for civil rights than anyone else in American history. He defied odds and shattered 200-year-old barriers. He looked at opportunities as obstacles, and opportunity as progress, and progress, as we all know, was part of his dream. Yet, I cannot fathom what makes him more important than the other great men in American history.

In February, this nation celebrates a day that honorees 47 men who have led America through the American Revolution, two World Wars, a Civil War, the Depression and the Cold War. This day honors men who have the will to help Martin Luther King Jr., make his dreams a reality. But we won’t be celebrating King Jr.’s Day.

There is a day in November set aside to observe the millions of Americans who have served, have been wounded, and have been killed over the years. Americans who bled on the fields of Massachusetts, fell on the battlefields in France, fought vigorous conflicts. This day observes members of the Armed Forces. However, last November, we did not celebrate Veteran’s Day.

The differences is to the students. What they are learning is that they can put in minimal and perhaps act out, but they can proceed to sixth, seventh and eighth grade with their friends.

Recently Oprah went to South Africa, where she is funding the building of a state-of-the-art facility for the children. The flavor in the states has been focused, on why she is not building a school here, she says, downtown Chicago where the children are underprivileged. Her answer lies in that the students in South Africa want to learn; the American students are primarily concerned with getting an iPod, the latest fashions and what happened on the “O.C.” on Thursday night.

The priorities of the American public are drastically skewed. They do not desire an education because it has little value to many of them. Why do we not sacrifice in our culture? Our favorite sports, film, television and music stars may have dropped out of high school or college, been involved in illegal activities or portrayed ideals that lack any vision but that of the bottom line.

We are told children to dream big and it will happen - that’s the American way. What are we not told are the poverty rates, the statistics of those with disabilities, those with no support, complete a high school, much less college.

Writer challenges university’s decision to cancel classes on King Day

By Jake Lawrence

Special to the Chron

To the editor:

On Jan. 15, High Point University students were given the day to take a break from their studies in observance of Martin Luther King Jr., unapologetically one of America’s greatest leaders. Like most students, (if not all,) I enjoyed the day off. However, as an absolute way unimaginable, as a student, I can condone the decision by the University to give us the day off.

One could also mention Columbus Day and Labor Day. One is a holiday which remembers the men who contacted the old world, with this new world that was full of possibilities, hopes, and dreams. The other is a day dedicated to the achievements of American workers, who have contributed time, effort, sweat and blood while successfully building this country into one of most stable societies on earth.

The American worker has served just as an important role as any vet, explorer or civil rights leader. Both holidays passed unnoticed.

To pick one of these days over any other is impossible. Martin Luther King wanted equality, yet we have not grasped that wish. We have made his day more important than any other holiday on the calendar, with the exception of Christmas and Thanksgiving. We have not prominently display numerous American flags, we do not truly, or fairly, honor everyone who has served under those 50 stars and 13 stripes. We have raised one man above the rest. He is not greater than all the rest who go in and out of our school when they are afraid to challenge their students when these challenges are what the students need. There is not an issue of race, nor an indictment of King, a man whose accomplishments are unmatchable in his field. A man who arguably did more for civil rights than anyone else in American history. He defied odds and shattered 200-year-old barriers. He looked at opportunities as obstacles, and opportunity as progress, and progress, as we all know, was part of his dream. Yet, I cannot fathom what makes him more important than the other great men in American history.

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Student says patriotism should increase, not decrease as Bush makes the decision to deploy more troops in Iraq in order to bring about victory

By Jessalin Graham
Staff Writer

Freedom of religion, freedom of speech, freedom of the press, freedom to bear arms, freedom from housing soldiers in our homes, freedom from unwanted search and seizure, freedom to vote, and freedom from a tyrannical government are just a few of the many rights we enjoy as Americans every single day. President George W. Bush greatly values freedom, and he is doing everything in his power to protect this country.

On Jan. 11, Bush announced that he plans on sending just how 21,500 troops to Iraq in order to win the war. He also plans to lengthen the tour of duty in Iraq for soldiers already stationed there. Bush's new strategy is that the Iraqi government will take responsibility for the security of the 14 provinces versus the three they currently have security over by November 2007. "We can be smarter about how we deploy our manpower and resources. We can ask more of our Iraqi partners, and we will," Bush said. "I believe that we’re going to win this war. And by the way, I didn’t think that, I wouldn’t have our troops there.”

Changes on campus cause struggle, but also provide new opportunities

By Zac Cuffe
Staff Writer

Whether it’s the recent debacles over the 83 sanitation grade in the cafeteria or the nearly extinct party scene on campus, students seem to be losing faith and questioning what campus really matters. I, however, have discovered that many of you share a similar mindset in regards to your college experience at HPU. I’ve listened to the loud and quiet concerns of the upperclassmen who feel that they have been reduced to second-class citizens in the land of the Blessing Hall alumni. "It just feels like it’s all about the freshmen, that the upperclassmen don’t really matter to you,” I wish to remain anonymous. She adds, "I don’t want to sound anguished for anything that President Dobos has done for HPU, I just feel like all the changes and wonderful things that the future classes will get to enjoy have come at the expense of my college experience. Jumping over orange fountains or even the giant bronze statues. You walk across the stage in May, shake hands with Mr. Cosby and receive my diploma with a payoff of good memories. However, I was also here to witness a much different High Point than some younger students can fathom. Whether we like it or not, change is inevitable. Eventually—and sooner than most of you probably realize—you will be bustling and bustling through your brand new, state-of-the-art Student Activity Centre. You will be listening to lectures given by our distinguished faculty in pristine academic facilities with all the bells and whistles. You will be strolling by a well-manicured campus free of any signs of the construction that had previously overshadowed it."

President Qubein said from the beginning that the transformation of this small campus would not happen over night and would not be easy on any of the parties involved. However, he has reassured us many times, the results of all the hassle will be well worth the inconveniences that we have to endure. So to everyone who is feeling like their college experience is becoming less and less "extraordinary" and is thinking about transferring, just remember, the guess isn’t always greater on the other side. I’d be willing to guess that there is some form of construction happening on nearly every college campus in the U.S. Universities are in a constant state of growth and change and one would be hard pressed to find a university that will go as far an HPU has to accommodate students and keep things as normal as possible during the time of such astronomical transformation.

To those of you who wish to see change happen over night, I urge you to remember what truly made your college experience. It wasn’t the buildings, the cafeteria food, the often inhumane fountains or even the giant bronze statues. Ultimately, you will look back on your college experience and remember the crazy times you had with your friends. Somehow you’ll understand that in the end, it’s not what you are, but who you’re with that really matters...and that will make all the difference.

PHOTO BY PAM HAYNES

Dear Student:

As we begin 2007, many people turn their thoughts to the possible changes that a new year may bring. You may have implemented a New Year’s resolution...perhaps to study more, eat smarter or get involved in some community service. Or, you may be approaching the New Year a bit more randomly, just waiting to see what natural changes come your way.

Whichever course you take, one thing is certain: change is inevitable. When it happens, it can be confronted with an air of resignation or of challenge. If you accept it with resignation, you’re at the mercy of the change. If you accept it as a challenge, change becomes your creative instrument — if you ask one simple question: What next?

The question “What next?” puts the ball in the future’s court and practically dictates that another change is coming. It keeps you from being bound to an unproductive idea. You say, “This isn’t working; what next?” and immediately your mind begins searching for another solution. If you build on your experiences. For example, you might say, “I need my accounting course, but didn’t do too terribly well in my science class. Perhaps I’ll make a better CPA than a biologist.” This kind of open-minded approach to challenges is the only way to use it to your own best advantage. While unforeseen change can be challenging, stressful and uncomfortable, it also brings a sense of new beginnings, fresh starts and a level playing field.

During this season of new beginnings, I challenge you to spend some time in reflection. Consider the areas of your life that may need a change. Perhaps your new direction will unearth new challenges. Take the first step toward making positive change in your life.

For 2007, I wish for you a renewed sense of purpose, vision and hope for the future.

President Nido R. Qubein
nqubein@highpoint.edu
Augustin's takes offer affordable, tasty alternative to predictable lunch for college students

By Nicki Neal
Staff Writer

When I pulled up to U.S. Sushi's parking lot, I didn't think much of the exterior building attached to a strip mall. But upon entry, I was pleasantly surprised at the friendly staff, pleasant décor, and great food. I knew in the past I have written about some bad food in pricey places, but the truth is that good food doesn't necessarily mean expensive food. Such is the case with U.S. Sushi. At this point, you might be thinking, U.S. Sushi is the Americanization of a traditional Japanese food, but isn't cool. Let me assure you, this Japanese-style restaurant delivers great food at affordable prices.

There's a lot of fan involved with U.S. Sushi, except that it seems really good food. The décor is perfectly acceptable, with long red booths, glass table tops with Asian-inspried paper lanterns, and menu items which are not too bright, but not dim, ambient lighting likely to put you to sleep. One of the best qualities U.S. Sushi boasts is the quality of ingredients. Freshness is important, especially when it comes to sushi. If you are not familiar with sushi, it consists of sticky rice, a filling, usually raw or cooked seafood and vegetables, and wrapped in seaweed. It is then cut into pieces. Because some of the seafood is served raw, it is very important that all the ingredients are fresh. U.S. Sushi keeps their ingredients fresh on a consistent basis.

U.S. Sushi has an extensive array of sushi rolls to choose from. I have visited the restaurant on many occasions and my favorite is the spicy tuna roll, which contains sushi-grade raw tuna, and a special spicy sauce. The spicy sauce is top, I also like the Boston roll, with shrimp and fresh vegetables. The golden roll is a great choice for vegetarians because it is only filled with cucumber, carrots, and avocado. Plain and simple, it is good.

Golden Globe offers 'insight' on how to make fashion work for you; you can learn from the attire of celebrities

By Robert Reid Goodson
Staff Writer

"And the winner is..." That's right, you too, can have celebrity style without breaking your bank to afford it. This year the 64th Annual Golden Globe Awards, hosted by NBC, provided some insight into the fashion world as Olympos Fashion Week takes place during the week of March 2007. The major themes that were seen on the Red Carpet can be broken down into three categories: off the shoulder, floor length with a small train, off the shoulder cocktail length and Guinean toedness. These designs are sure to grace the runways of O.F.W., as well as boutiques just in time for prom and debatate halls across the globe.

When selecting an outfit for the evening, that correlates with one of these themes, make sure you go with your color palate, while keeping in style with your body type. As a fashion student, sometimes your biggest investment can mean your biggest flop. According to NBC's correspondent Kelly Corine Bailey, the Love Boat for $50, and the Top 5 Best Dressed Men were: Milo Ventimiglia, Terrence Howard, Forest Whitaker, Justin Timberlake, and the top 5 Best Dressed Women was Sandra Bullock. Furthermore, whether you pick out your gown and masquerade Ball wearing a pendant that tied or hair gel to use, first impressions are key during your special event. Always remember, the Golden Globe offers 'insight' on how to make fashion work for you; you can learn from the attire of celebrities.
‘Stomp the Yard’ disappoints, failing to show true significance of step-show tradition

By Maria Rojas  
Staff Writer

If you want to see a film about the historical importance of stepping as it relates to predominantly black fraternities and sororities and become more enlightened as to its decades of existence, then “Stomp the Yard” is not for you. The movie focuses more on the Hip Hop dance theatrics of “krumping” and “clowning” away from the integrity of step choreography and the art of rhythmically telling a story through the unification of synchronized movements.

The movie’s main plot follows Columbus Short, and poorly conveys the true importance of self-sacrifice. He becomes more on the sub-plot—the rivalry between the Thetas and Mu Gamma Xi, which concludes with the two frats competing head-to-head at the National Step Show Championship. Camera tricks take away from the integrity of step choreography and lead to simplistic, undeveloped dialogue. The resemblance to “Doomline” makes “Stomp the Yard” disappointing. If you caught the previews for the film, or saw the first poster, then you may want to wait until it comes out on DVD.

Final Grade C-

There’s a highly anticipated new group on campus, a step team. Comprised of both men and women, the diverse group fuses elements of both African dance and cheerleading to create their own unique style. Freshmen Marissa McPherson and Brian Peace and junior Erika Norris serve as captains and offer inspiration for their unique style. The group’s authentic material. The goal of the team is to add flair and excitement to campus while placing a greater emphasis on school spirit and Panther pride. The team is scheduled to showcase a full performance on Feb. 22 during half-time when the men’s basketball team takes on Loyola (Md.) at 7 p.m. at Millis Arena. - Maria Rojas

Winter arrives at High Point

Students welcome the wintry chill in the air as about an inch of snow covered the ground on Thursday morning. Celebrations entailed snowball fights and brief appearances by snowmen all over campus before succumbing to the freezing rain and warming temperatures.

By Stephen White  
Staff Writer

‘Thunderhead’ provides romance, adventure, and horror as readers travel to Egypt on archeological quest

By Douglas Preston and Lincoln Child

W arner Books, 2001 483 pages

It starts with a letter that is worth killing over. Associate Professor and anthropologist Dr. Nora Kelly finds herself thrust into the dark memories of her past, reading a tattered old letter written by her father at some point before he went missing 16 years before.

But the importance of the letter isn’t based on its author, but its content as this letter provides vague directions through harsh, dangerous desert canyons to a city of legend: the lost Anasazi city of gold.

Quirins, Nora, convinced her father’s discovery is true, drops all her projects and throws together an expedition through some of the most dangerous terrain of the Southwest, hoping to follow her father’s footsteps and make what promises to be the most important archeological discovery in history.

Nora is joined by a piecemeal group of some of the best colleagues in the profession: Dr. Aaron Black, famed and feared geochronologist, Enrique Aragon, medical doctor, pathologist, and anthropologist, Peter Holland, communications expert, Lujo Ronazanne, camp manager and world-class chef. Russell Swine, rancher and horse expert, Bill Smithback, New York Times reporter, sent to publish a post-expedition novel, and, lastly, Dr. Stamie Goddard, recently Ph.D./Ed daughter of the wealthy financial backer, Ernest Goddard, chairman of the board of the Santa Fe Archeological Institute.

The story moves slowly at first as the group makes its way through the treacherous canyons, and then the pace quickens and soon becomes an all-out race to an explosive and amazing ending, with attacks by unseen enemies, betrayals by jealous, immortality-seeking colleagues and issues with the environment. No archeological or historical knowledge is needed, as every detail is thoroughly explained in a manner that enhances the novel and doesn’t make it a bore to read. Couple the plot with characters that you can understand and feel for, not to mention an indomitable heroine, and you’ve got a true tour-de-force of great fiction.

If you like action/thriller books with romance and horror thrown in, this book provides one heck of a thrill-ride. I give it eight out of 10 stars.
**By Pam Haynes**  
**Opinion Editor**

After eight years as a homicide investigator, Kim Soban, head of psychological services, relates her current job of counseling students to her former career of solving murder cases by one common thread: helping people.

“I loved the challenge of the cases, but I got a great deal of satisfaction from helping families of victims transition back into as much of a normal life as possible,” Soban said. “It would have probably been her last homicide investigation because of its nature and her father were killed, the eight-year-old’s case was disposed of in court. I took a great deal of pride in my work and was rewarded not only by the department, but also by the public,” she explained.

Soban, a native of Thomasville, began working for the High Point Police Department as a patrol officer in 1983. She was eventually transferred to special investigations, where she first began her detective work with child abuse and sex abuse cases. These advancements led her to the homicide field.

Working in homicide gave her the ultimate training and preparation to become a therapist. “It afforded me the opportunity to work with all walks of life. It also allowed me to witness human tragedy in a way that being a therapist does not. I have a deeper understanding of what people go through when they lose a loved one in a tragic situation,” she says.

The most moving case Soban covered might have prepared her more than any other case. It consisted of a young man and woman entering a family’s home with a gun. A son, two daughters, and a mother and father were in the house at the time. The intruders shot the son, shot and killed the father and youngest daughter while the mother fell in the shower and also shot another daughter who had been tending under a coffee table. She is now paralyzed from the waist down.

**NEWS**

**Friday, January 26, 2007**

**Appears leave an impression on student, professor alike**

By Maria Rojas  
**Staff Writer**

“I don’t come dressed to class,” says sophomore Jessica Baptiste, sporting a pink oversized coat and grey pajama pants to her 9:30 a.m. class. “I wear anything that I roll out of bed in.”

Baptiste is not alone: College students are putting less time into their physical appearance. When venturing across campus, it is apparent that students are taking advantage of the freedom they possess by being away from their parents and are dressing for comfort, even at the expense of conveying the attitude of not caring to their peers and professors.

“I’m sure my professors think I’m a slacker [because] I don’t make an effort to get dressed for class, and sometimes I don’t even do my hair. I feel like I love here,” says Baptiste. Students feel like campus is a home away from home, so they were attire that would be comparable to their dress at home. The motivation to create one’s own individual style is replaced by what has been set as an actual dress code for campus.

Dr. Marion Hodge, professor of English, has noticed that in her 25 years at High Point University, students have changed to a more “informal” style of dress, a trend that exists inside of schools entitled, “Black on Black, Why are we so Black?”

Utmost Training and Homicide gave her the opportunity to work with all walks of life. It also allowed me to witness human tragedy in a way that being a therapist does not. I have a deeper understanding of what people go through when they lose a loved one in a tragic situation,” she says. Soban's father were killed, the eight-year-old’s case was disposed of in court. I took a great deal of pride in my work and was rewarded not only by the department, but also by the public,” she explained.

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**Overprogrammed senior enjoys her plethora of activities**

By Nikky Neu  
Staff Writer

Senior Karen Dingle is one of the busiest students on campus. “I split my time between four jobs, school and activities,” says Dingle. But the hardworking, Glen Mills, Penna. native stays busy by choice. “As long as I’m going all day, my mind is going too. I enjoy being productive at this point in my life,” she said.

To give you an idea of Dingle’s day, she starts off working at a local law firm. Most of her afternoon is spent in class. After a quick break, she winds down in the evening by working about three hours in the Academic Services Center on campus. There, Dingle either monitors the office or performs her duties as a lead tutor for the English as a Second Language (ESL) program. She is also a supplementary instructor for an ESL class.

This hectic schedule keeps her running around from 5 to 9 p.m., but Dingle’s week doesn’t end there.

“On the weekends, I sleep and try to get work done that I didn’t get finished during the week,” said Dingle.

With this kind of schedule, one would think that Dingle wouldn’t go through her day a tired zombie, but Dingle insists that she

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**Are American leaders also guilty of terrorism?**

By Matt Colahan  
Staff Writer

Much like many people in the United States and around the world, I shared the shock and sadness of the thousands caused by the terrorist attack of September 11, 2001. As I listened to people around me talk, I realized the anger and fear I felt were very different, for my primary anger was directed at the leaders of this country and any fear was not only for the safety of Americans, but for innocent civilians in other countries.

It should need not be said, but I will say it. The acts of terrorism that killed civilians in New York and Washington were reprehensible and indefensible, to try to defend them would be to abandon one’s humanity. No matter what the motivation of the attackers, the method is beyond discussion, but this act was no more despicable as the massive acts of terror, the deliberately killing of civilians for political purposes, which the U.S. government has committed during my lifetime. For more than five decades, the United States has deliberately targeted civilians or engaged in violence so indiscriminate that there is no other way to understand it except as terrorism. It has supported similar acts of terrorism by client states.

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**Annual prayer breakfast draws HPU family, friends**

By Rebecca Kidd  
Staff Writer

It was obvious High Point University hosted an annual Christmas celebration—the Lessons and Carols Service and the annual Community Prayer Breakfast. Both events are favorites of the university family and the High Point community.

On Dec. 8, the annual Lessons and Carols service was held in the Charles E. Hayworth Sr. Memorial Chapel. The service consists of the reading of the birth of Jesus by different representatives of the university and singalong of Christmas hymns. After the service, everyone walked out to the lighting of the university Christmas tree behind Finch Hall, where Dr. Quebic did the honors. The event continued with everyone singing Christmas carols and enjoying refreshments.

On Dec. 8, the annual Community Prayer Breakfast was held in the Mills Center Dining Commons. A time for faculty, staff and friends of the university to come together to celebrate the Christmas Season. The speaker for the breakfast was Dr. Thomas G. Long, Emory Professor of Preaching at Candler School of Theology at Emory University. Long spoke of the peace and the joy of Christmas, encouraging those in attendance to embrace the minions of this holy time of the year, and to consider that they are “local” events—not something that happens only to the members of the church. A video was also shown wishing everyone a Merry Christmas and Happy New Year from the university.
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With the recent efforts to raise the minimum wage in North Carolina, students, faculty and staff were asked if they supported these efforts and why or why not.

James Corey, Political Science Professor

"If I were a small business owner making marginal profit, I would be worried about raising the minimum wage. However, I do believe it is the right step to take to help the poor."

Anthony Crawford, HPU catering employee

"I support the raise because I've made minimum wage before and it's not enough to make a real living."

Kristen Brown, Senior

"I'm from Maryland and they've already raised the minimum wage there to meet the costs of housing. I think they should raise it here as well because it's hard to afford housing and provide extras for you or your family."

Rebecca Kidd, Senior

"I'm all for it because people who work for minimum wage generally work as hard as people who earn higher than minimum wage. It's also expensive for college students who are trying to support themselves on their own."

Stephanie Anderson, Junior

"I'm for the increase. You have to think about college students who have to pay for their own books and everything else. Most college students who don't have connections can only get minimum wage paying or low-paying jobs."

Every day after graduation it's odd the way things work. I came to HPU crying because I didn't want to stay and I think I'll be upset when I leave. It's odd the way those you meet at freshman year and all the changes on alum about 100 days. I think back to imagine not seeing some of these people IIPU become your family, and I can't

Besides the obvious, counseling differs in many ways from her former role. "I'm more empathic with the student and form a relationship with them, which makes it harder to see them suffering," she says. Her favorite methods of counseling include cognitive behavioral therapy, in which she encourages how the thoughts of the student affect his or her life. She then tries to reframe those thought in a more positive way. She counsels students for a wide variety of things such as depression, social phobia, relationship issues and substance abuse. In addition to her knowledge of counseling techniques, Soban also offers students a more non-traditional type of therapy in the form of a Chocolate Labrador named Sydney. She often brings the dog to campus to sit in on counseling sessions or lets students take a walk with her. "What I have observed so far is that [Sydney] offers an unconditional love that comes to students to feel more comfortable in therapy. She has a calming spirit and is nurturing for those students who miss their own pet," she says. Soban extends an invitation to stop by her office to any student who feels the need to talk to someone about any type of matter. Let students be comforted by the fact that the university not only offers free counseling services, but also a counselor who has had years of training for the job. "I don't know of any other job then homicide that could have prepared me for what I do. I believe we all have a calling to do a job and now a therapist were exactly in line with what I believe I'm supposed to be doing," says Soban.

Soban, continued from page 6

So much has changed from freshman year and all he changes on alum about 100 days. I think back to imagine not seeing some of these people IIPU become your family, and I can't because it's hard to afford housing and provide extras for you or your family."

Pastor, continued from page 1

Stephen Anderson, Junior

"I'm for the increase. You have to think about college students who have to pay for their own books and everything else. Most college students who don't have connections can only get minimum wage paying or low-paying jobs."

"Thoughts of the student affect his or her therapy, in which she examines how the relationship issues and substance abuse. In addition to her knowledge of counseling techniques, Soban also offers students a more non-traditional type of therapy in the form of a Chocolate Labrador named Sydney. She often brings the dog to campus to sit in on counseling sessions or lets students take a walk with her. "What I have observed so far is that [Sydney] offers an unconditional love that comes to students to feel more comfortable in therapy. She has a calming spirit and is nurturing for those students who miss their own pet," she says. Soban extends an invitation to stop by her office to any student who feels the need to talk to someone about any type of matter. Let students be comforted by the fact that the university not only offers free counseling services, but also a counselor who has had years of training for the job. "I don't know of any other job then homicide that could have prepared me for what I do. I believe we all have a calling to do a job and now a therapist were exactly in line with what I believe I'm supposed to be doing," says Soban.

Anger, continued from page 7

U.S. actions hold, it will kill innocents. Innocent people just like the ones in the towers in New York and the ones on the airplanes that were hijacked. To borrow from President Bush, "mothers and fathers, friends and neighbors" will surely die in a massive response. So for the last forty-five months the U.S. military has been in some part a direct or indirect part of retaliation against a country that may or may not even contain the suspect who may be responsible for September 11, 2001. If we are truly going to claim to be decent people, we all must demand of our government, the government that of our own country. People are people, and grief that is limited to those within a specific political boundary denies the humanity of others. If we use to be decent people, we all must demand of our government, the government that a great man of peace, Martin Luther King Jr., once described as "the greatest purveyor of violence in the world," that the ridiculous killing be stopped.
Fonder takes over the helm of men’s soccer program

By Jesse Kriser
Staff Writer

Big change at HPU is not just restricted to the construction on campus; new about a soccer program that contends for the Big South Championship year in and year out? That’s new head coach Dustin Fonder’s goal for the men’s soccer team.

Fonder has been around the block, as they say, from playing professional soccer from 1995 until 1999 to serving as an assistant in an Elon program that rose them from an RPI of 165 to their first ever national top 25 ranking.

With over 100 applicants for the newly opened position of head men’s soccer coach, Fonder rose above the rest not just through his strong resume but through word of mouth in the college soccer community. Dr. Woody Gibson, director of athletics, once a soccer coach himself, knows a few prominent soccer people who spoke on Fonder’s behalf. “He was clearly a top candidate,” says Gibson. Gibson also said that he has faith in Fonder finding all the right moves to make the men’s soccer team the best they can be.

Not only does Gibson have confidence in Fonder as a new coach but Fonder also has confidence in himself. With experience at the university level, Fonder has his 40th year of lacrosse coaching experiences to draw on.

Not only is Fonder the new coach at High Point, he has also been hired the 26-year-old Venezuelan, Tony Fomin, who played for the national team in New Zealand and at Greensboro College. “I’m excited about the future that HPU has ahead of them,” says Fomin. Fonder lives in Gibsonville and plans on moving closer in the next few months. Fonder says the best part of coaching is “having 25 guys all after the same thing. We are all in it together.”

HPU Athletics gets in on the club scene with lacrosse

By Mike Nuckles
Assistant Sports Editor

In a time of vast change on a growing campus in northern North Carolina, some alterations are loud and noticeable while others are just a whisper of what could be in the future. One of those is the addition of a new club and a new sport to the campus scene.

It is HPU Club Lacrosse.

The team consists of 12 women ranging in age from freshmen to seniors. Coached by Mike Nuckles at the University of Virginia, Davis, on the other hand, will have his 40th year of lacrosse coaching this season.

There are over 60 players on the team that practices on the field along West College Drive below the baseball stadium on that success.

For the Big South championships game in 2006, and Fonder plans to build a good squad.” explained sophomore

Dance team acquires athletic department sanction, helps to form ‘Sixth Man’ element

By Ashley Rich
Staff Writer

Basketball games this year are different in many ways—from constant lineups, to new uniforms, to new coaches. One thing that hasn’t changed is the excitement of the dance team.

The overall goal of the team is to show audacity to change the way we’ll do things in the future. Coaches and parents have been working hard behind the scenes to make changes and bring excitement to basketball games. “I feel that the team is so special because this year we have many different personalities that were able to come together as one. We are a special team because we know how to take each other’s high and low moments and use them to build a good squad,” explained sophomore" says Davis. Davis, meanwhile, has great confidence in the abilities of his team.

“We have some terrific athletes on this team. We have some experienced players, others that are just learning but it is no surprise that we need more than anything is time to play together. I don’t think we’re going to find teams that will contend in athletically or physically, but in terms of skills and developing team concepts that’s where we’re going to take us some time to develop, but I think we have a very bright future with the group that we have,” Davis said.

Next time you hear the administrative announce that a new building will be built or a new major added to the catalog, remember the basketball team, as it’s less important changes that are enriching High Point University.

Sixth Man’ element

Sixth Man’ element
Heart the key to Reid's game

By Carter Bills
Staff Writer

From getting kicked off his high school basketball team to becoming a Division I-AA Conference selection, High Point forward Arizona Reid has experienced both hardship and triumph throughout his path to standing in the Panther spotlight.

Reid, who stands 6'5" inches tall. With his long arms, quick footwork, student athlete population and style of play, Reid is on track to be the "big man" on campus.

Unfortunately this may be all you know of Reid’s AAC or recognizable face. Since he is probably bigger than you and more often talking on a field, Reid is like Shaq in Miami “AZ” is as recognizable.

But such a judgment would be wrong if you choose to see AZ in sport or not. Reid at High Point U to any AAU or sport as a substitute for AZ, abbreviated, serving as a replacement for his family nickname, AZ, is the one that has lingered as AZ stayed a bit too involved in hang around with my friends and not go to school. “Basketball was the best one for me,” says AZ. “Basketball is as farfetched to think he is shy if you see him walking to class or boisterous when he tilts his head back for a roaring scream. Chances are, however, that is all you know about AZ’s love for sports growing up. As far as personal goals at High Point, “I set those goals aside,” says AZ. “I play the post. It’s not about size, and I’m not the biggest man. But that’s what people will know him by. He would tell you that the 28 points at Kentucky meant nothing to him. ‘All that matters is that my team won those championships and those are some of my greatest memories. The most important thing for me is that I earned my way to a college scholarship — luckily here at High Point where they know me well.’

While everyone loves seeing AZ’s stat line in Panther competition, his 26 point performance at The Smith Center in Chapel Hill this year (to lead all scorers) or the career high 32 points and 17 rebounds he put up this year mean little to him. He would tell you that the 28 points at Kentucky meant nothing because HPU lost, and the career highs this year only meant something because the Panthers were on a winning streak. His selflessness makes him truly special.

As for personal recognition, he adds, “It’s nothing to me. Just give me that opportunity to play the game as I want.” Speaking of personal recognition, he adds, “It’s nothing to me. Just give me that opportunity to play the game as I want.”

AZ lost his grandfather, with an interception, an interception, a touchdown catch, big conference selection last season, who was featured in Slam Magazine.

If you have not seen him on campus or in the media, you have probably never met him at all. Letters/notes to any AAU or sport are for AZ’s group of friends, “I took those addresses from ‘Zone’ to ‘Aze’ (Ace), but the Reid family nickname, AZ, is the one that has lingered as AZ stayed a bit too involved in hang around with my friends and not go to school. “Basketball was the best one for me,” says AZ. “Basketball is as farfetched to think he is shy if you see him walking to class or boisterous when he tilts his head back for a roaring scream. Chances are, however, that is all you know aboutAZ’s love for sports growing up. As far as personal goals at High Point, “I set those goals aside,” says AZ. “I play the post. It’s not about size, and I’m not the biggest man. But that’s what people will know him by. He would tell you that the 28 points at Kentucky meant nothing to him. ‘All that matters is that my team won those championships and those are some of my greatest memories. The most important thing for me is that I earned my way to a college scholarship — luckily here at High Point where they know me well.’

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Men's basketball 6-0 in Big South

By Carter Bills
Staff Writer

The men's basketball team held their own versus one of the nation's best at the end of last semester, giving them the confidence to establish the longest winning streak in their Division I history.

After losing to the then-ranked No. 2 Tar Heels in early December, the Panthers bounced back, going 7-3 through the holiday season. Their only loss came on the road against a tough Florida State team, who had just knocked off the then-No. 1 Florida Gators.

The seven wins started after the Carolina game, at home versus Gardner-Webb (who will join the Big South Conference next season). Gardner-Webb lost by 53 at Chapel Hill earlier in the season. This legitimized that the Panthers' 25-point loss in the Smith Center was not so bad – especially considering HPU was within nine in the second half and HPU star forward AZ Reid extended the game early, suffering an ankle injury with eight minutes still to play.

After downing Gardner-Webb by 14 and losing at Florida State, HPU has won six consecutive games (through Jan. 6). This is longest winning streak in HPU Men's basketball Division I history. More importantly, the Panthers have held serve at home and not slip the conference with Winthrop at 6-0.

The Panthers' first conference game came right before the end of winter break when Radford traveled to the Millis Center. It was a game of the stars in the first half with Radford's senior forward Center. It was a game of the stars in the game came right before the end of winter.

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The Panthers then headed up to Asheville to take on UNCA. The Panthers had only scored four points in the second half. Oliver finished with 15 points, after 11 in the first half, while Reid canned a 11 in the first half, while Reid canned a 90-64. The two massive forces in the game were Reid and Oliver. Reid's domination in the Oliver match-up was symbolic for the Panthers' fight over the High Pointers in the grind-it-out win.

The Panthers hopes looked slim, but good defense and heart brought back HPU. Reid finished the game on an 82-35 run to win 99-64. The two massive forces in the game were Reid and Oliver. Reid's domination in the Oliver match-up was symbolic for the Panthers' fight over the High Pointers in the grind-it-out win.

The next conference game for the Panthers was a close one again. "We could have folded but they kept battling and refused to quit," said Coach Lundy in response to his players' efforts when hosting UNC Asheville in the following contest.

"We depended on our defense to allow us to have a chance to make a comeback, and eventually some shots started to fall for us," added the coach. "The comeback is what you want all about. UNCA started the game 29-8 through the first 13 minutes. The Panthers hosted Liberty whose standout player, Larry Blair, hit High Point up with over 30 points in two meetings last year. Blair, however, was late for the team bus. He had to drive down on his own and was prevented from being a part of the starting lineup and he was not the same. Reid led a balanced scoring attack that had five Panthers in double-digits. His 23 points was enough to allow him to break through 1,000 as the Gaffney, S.C. native continues to star for High Point. "It was a good feeling," says Reid of reaching the