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UNIVERSITY CENTER



HPU decks the halls, pages 7-9

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“I like to make sure I get a lot of sleep.”
Aubrey Mahall, junior

Campus Voices:
 What do you do to get through exams?



“I have a cup of chocolate ice cream before studying.”
Erin Lonon, senior



“I don't focus on the work in front of me but the light at the end of the tunnel.”
Gary Beck, sophomore



“I get a tall black coffee with peppermint from Starbucks before studying.”
Kelsey Hinchliffe, junior”

Do away with visitation hours: Who needs them anyway?

Staff Editorial

In the last edition of the Chronicle, there was an article titled “Students and administrators work together for a better HPU.” This article discussed the Community Living Task Force and some of their topics of discussion. One of these topics was the idea of abolishing visitation hours in upperclassman dorms.

The editors of the Campus Chronicle agree with this idea. One of the purposes of college is to prepare students for life as adults. This means treating students like adults and trusting them with responsibilities.

Under most circumstances, when an adult lives in an apartment or house, there will be no curfew for the adult or any guests. So why do it now?

The current visitation hours are 10 a.m. through 12:30 a.m. Sunday through Thursday and 10 a.m. through 2:30 a.m. Friday and Saturday. So logically speaking, if a student has a visitor in his or her room at 2 a.m. on a Friday, what is the point of kicking the visitor out? If the person is visiting from off campus, where is he or she going to go?

There are plenty of other problems for the RA's to worry about other than whether or not a resident in room 204 has a cousin spending the night on their floor. After visitor hours on weekends, the RA's have louder, more intoxicated fish to fry.

There is a difference between visitors and a roommate's

annoying boyfriend or girlfriend who never seems to leave. Sure, we have “free” laundry and double beds - but get your own place, slacker. That sort of problem falls under a larger roommate contract type issue.

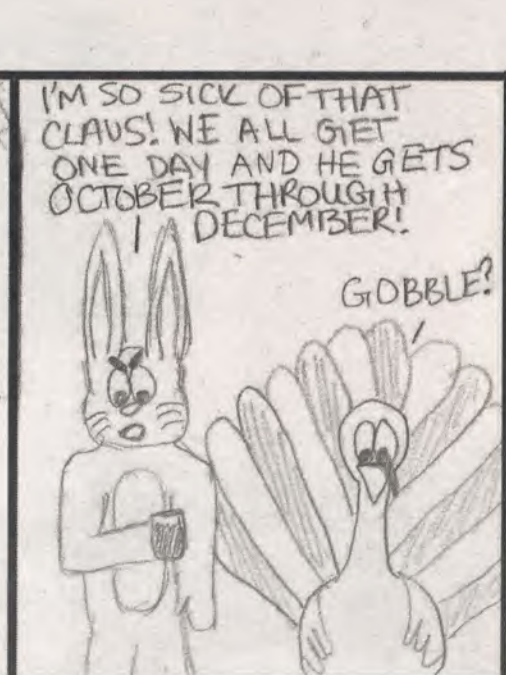
In the larger picture of campus life at HPU, visitor violations don't seem to be a high priority. So why not just eliminate the visitor hours for upperclassmen?

According to the student guide to campus life, all violations concerning visitors incur a \$20 fine. This falls into the same price range as having a prohibited appliance in a room, failure to pay a fine, failure to attend a hall meeting, playing Frisbee or golf near a building, throwing hard snowballs, and damaging walls with tape.

Why would a student go through the trouble of registering and getting a visitor approved by an RD if the punishment is \$20? When one goes to security to get a visitor pass for a vehicle there is no question as to whether or not the guest is registered with an RD. So either way it doesn't seem to be a big deal.

Visitation hours are an outdated rule for upperclassmen. As adults, we have the capability to make our decisions concerning whom we have visit us and when. It seems like an unnecessary rule for upperclassmen that isn't enforced much anyway.

It would be a good decision from the Community Living Task Force to abolish this rule.



Connecting with others: It's hard to be human, but someone has to give

By **Amanda Mayes**
Staff Writer



Things cannot possibly get worse. Your stress level has reached an all-time high. You cannot remember the last time you had this much

homework; to you, the library is home sweet home. You have no idea what you are doing with your life, and are beginning to question your passion for your major. Your best friend is disgruntled with you for reasons unknown. Your mind is on a wheel, continuously worrying about ten different things and trying to piece

together a work schedule.

Overwhelmed, you just need someone to listen. You feel alone.

If you don't talk to someone, your head will explode. Lunch with a close friend is the proper remedy. You ask if you can vent, and she consents to listen. Yet she does everything except listen. You start spilling, and realize she is incapable of providing empathy. Interruptions, requests for repeating what was said, wandering and vacant eyes, unwanted advice.

Absolute failure to connect with another individual, even though that individual's sanity depends upon a basic level of empathy.

I have a rather creepy tendency to watch people in the library or elsewhere when I am supposed to be focusing on homework. I blame my acting professor for this habit; I once had a homework assignment to sit in Slane and watch people, writing down any quirks and mannerisms that I could later use to create a character. People-watching provides endless entertainment and education. Watching interactions gives

tremendous insight into humanity and personal relationships. At this point, I have enough observations to write a book and become the next Dr. Phil.

Fleeting facial expressions, small gestures, speech inflections and tones – keys that could allow greater understanding of an individual, but are often kept locked away. Half truths and masks hide true intent. Blindness and unwillingness to connect to another person often leave these keys hidden.

Human beings walk through life, not really seeing each other. We listen, sympathize, and share so much - but only enough so that we remain protected in our fading ivory towers.

Empathy is difficult to give, because it means giving so much of ourselves in return. Completely connecting with another human being is dangerous; it means breaking down our walls and letting someone inside – a tremendous privilege and responsibility.

If we chose to connect with those around us, the enormous number of similarities humans share would be overwhelmingly clear. Humans

have more shared experiences and emotions than we care to admit. Yet how little sense music would make if our differences far outnumbered our commonalities.

A soft light focuses on Emily during the final moments in the last act of "Our Town," recently performed at High Point University. She asks simply, "Do any human beings ever realize life while they live it – every, every minute?" The stage manager responds with the answer of "No. Saints and poets maybe – they do some." A few more lines and the theatre goes to blackout, signaling the actors for curtain call. The illusion dissipates as the house lights come up and the last actor leaves the stage. As the light board operator for the show, I watched endless performances of the show. Yet that exchange never failed to haunt me and strike a chord in my heart.

I challenge you to write a different answer to this question by making a concerted effort to connect with those around you.

Waiting in long lines at the Cinema? Not so "Extraordinaire"

By **Jessica Strickler**
Staff Writer



glimpse at the spinning world outside the brick and iron fence.

On Nov. 15, the cinema featured the latest Julia Roberts film, "Eat Pray Love." For the showing, students started lining up outside the rope at 6:45 p.m., when the movie was not starting until 8 p.m. At 7:45 p.m. I rode down the escalator in near panic. Would there be any seats left??

With more students enrolling at HPU each year, the theater has seen a spike in popularity. To better accommodate, CAT now offers two showings of most movies. On Monday nights, the movies are shown at 8 p.m. and 10:30 p.m.

Students line up to get into the theater for these showings, but when the body count reaches 200, the rope is hung and no one else is permitted to enter. Typically, an announcement is made inside the theater that all 200 seats have been claimed and that anyone trying to save 20 seats for friends needs to forfeit these for the people who are already in the room looking for seats.

On another note, previously students

were allowed to congregate in the carpeted area by the concessions stand. However, after students started coming just to get popcorn and a drink and not stay for the movie, the CAT decided to make the weekly event more organized. Now, the concessions area is roped off much like a popular nightclub and no one gets on the carpet until 30 minutes before showtime.

This time as I rode down the escalator, I was concerned that I didn't see a line and a brief thought flashed through my mind that I might be too late for the 8 p.m. showing. Luckily there were a few seats left; I was swipe number 197. Phew!

The concessions area was empty, and there were only a few cups of popcorn left on the counter- obviously the rejections from the bottom of the popper. I decided to forgo the food and find a seat.

For the next two hours, I was absorbed in the movie. As it came to a close, I filed out of the cinema.

Outside in the concessions area, at

least 50 people were waiting with their drinks and popcorn to be allowed to go in for the 10:30 p.m. showing. Because the movie ran long— it was supposed to be over by 10 p.m.— these students had already swiped and were pressed around the theater doors, waiting to run in and find a seat as soon as it was empty. Behind the rope, more than 75 students were wrapped around the escalator waiting to enter.

Clearly, the cinema has increased in popularity, but with so many students who want to see the latest feature film for free, it is unlikely that the number of people who come out for shows will decrease.

For all you upperclassmen, take note. There will be even more freshmen next year, and if you want a seat for a show, you had better start coming earlier. Otherwise, you might have to take up the idea of building another theater with President Qubein, because the freshmen are here to stay, and apparently see every movie!

As a freshman at High Point University, I treasure any sort of outside influence because I do not have a car. In fact, I have only been off campus a few times since school started back in August.

This alone has made the Monday Movie nights in the Extraordinaire Cinema all the more entertaining and exciting. It is new, different and a

<p>A moment with the editors</p> <p>What is your favorite Christmas carol?</p> <p>What was your best gift?</p> <p>What is your most dreaded exam?</p> <p>Who's your favorite Stoooge?</p>	<p>Katie Nelson Editor-in-Chief</p>  <p>Christmas in Hollis</p> <p>Plush puppy for my first Christmas</p> <p>Campaigns and Elections</p> <p>Curly</p>	<p>Matt Wells Organizations</p>  <p>Ludachristmas</p> <p>Stretch Armstrong</p> <p>Sports Comm</p> <p>Moe</p>	<p>Steven Haller Sports</p>  <p>White Christmas</p> <p>Fisher Price Castle</p> <p>English 2200</p> <p>Moe</p>	<p>Dianna Bell A & E</p>  <p>Jingle Bell Rock</p> <p>Any gift from Santa</p> <p>Sports Writing</p> <p>Moe</p>
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What's your story, "Morning Glory"?

By **Chelsie Merone**
Staff Writer

Idealistic views about relationships, careers and life is Hollywood's specialty. Characters usually get what they want, instantly make it big and have the perfect life; however, this is not the reality that we are facing today. With the position of the economy and the unemployment rate increasing, there is no such thing as a fairytale ending, and with the release of so many predictable, storybook endings it is time for something new. "Morning Glory" is just that: an intelligent comedy that gives a refreshing take on the big bad world of reality.

As an up and coming TV producer, Becky Fuller (Rachel McAdams) learns what it's like to start at the bottom of the food chain. After being let go from her job, a situation that many can relate to, Becky realizes that she needs to pull herself back up and start fresh. With her overwhelmingly positive attitude and unflinching drive, she finds a position with a struggling morning show called "Daybreak," hosted by Colleen Peck (Diane Keaton).

In order to save the show, Fuller recruits the bitter, narcissistic, and somehow loveable Mike Pomeroy (Harrison Ford), a worldly reporter on the edge of both retirement and insanity. Becky must make the hard decisions and test the relationships she has built at "Daybreak" when a once in a lifetime opportunity presents itself. Constantly choosing work over everything else, she must make the choice between following her dream or following her heart.

This story line may seem like the happily-ever-after stereotype I have been describing, but Becky Fuller is a completely new type of working girl.

Focusing on her career above all else, McAdams' character is confident, energetic, sometimes awkward, and an incredibly hard worker.

She is not your typical New York woman, strutting around in stilettos and designer clothes. Instead, she sports pant suits, tousled hair and an unbelievably optimistic attitude.

Only having a few years of college education under her belt, her intelligence and professionalism is questioned by her new boss, Jerry Barnes (Jeff Goldblum).

Intimidated and nervous on her first day, Fuller is forced to jump right in with the sharks.

Having played everything from a mean girl to a con-artist, a romantic to a jock, no one would have been more qualified than Rachel McAdams to bring this quirky character to life. Exuding a vibrance and energy on the screen, you can't help but feel like you and Becky are the same exact person.

Diane Keaton also does a terrific job of playing the quick-witted and hands-on co-anchor of "Daybreak," Colleen Peck,

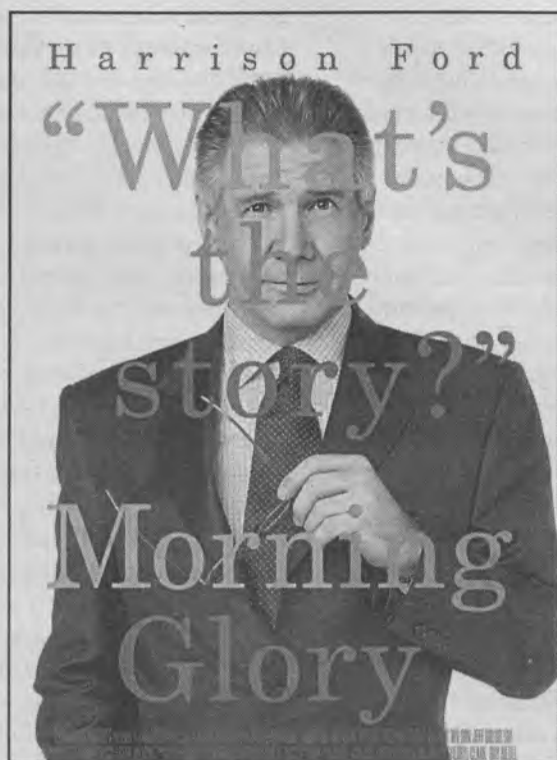


Photo provided by Paramount Pictures

whose snide comments and ballsy attitude balance the male dominated cast. However, audiences may be on the fence in regards to the male lead, Harrison Ford (Mike Pomeroy).

Maybe it is because I love Indiana Jones, or because I can't see him as anything other than Han Solo or the President, but something about Harrison Ford's performance was lacking. Playing a self-indulging

and dictatorial journalist at the end of his career, Pomeroy's hard exterior and years of solitude draw Becky Fuller in as she tries to help him soften his image. Giving a very subdued performance, Ford hit the nail on the head playing a man who would rather drink than report the latest trends and gossip. However, it seemed very mechanical.

In the industry, Ford is more commonly known as an action hero, starring in films like "Patriot Games," "Air Force One," and the "Indiana Jones" series. Comedy just may not be Ford's strength. But with direction by Roger Michell and a great screenplay by Aline Brosh McKenna, along with the rest of the outstanding cast, the movie is definitely worth seeing.

Some may walk away from this

movie wondering, what was the point? This may be a very feminist approach, but then again I am a college female wondering "what the hell am I going to do after I graduate in a year?" The working world isn't what it used to be, and with the economy being what it is, getting and maintaining a job isn't the easiest thing. Sacrifices have to be made, and your character is put to the test.

As we see in this film, Becky is a type-A work-a-holic. "You would sleep in the office if you could," one character says to her. However, Becky Fuller does not simply represent a neurotic and work-crazed female, but the dream of something other than what we are programmed to be.

Commonly, women are expected to have a job, get married, settle down, have kids, and be the perfect wife and mother. But is that realistic anymore? Do we have to succumb to the status quo? This film says no!

Now more than ever, women are taking control of their lives and living their dreams. Still, every one of us needs to think about what achieving that dream might be costing us. In so many success stories, having it all and having nothing are the same thing.

In a conversation between Becky and Mike, a very intimate moment allows for some great advice.

"It's only my job; it's not my whole life right?" Fuller says.

Pomeroy replies with, "Let me tell you how it all turns out—you end up with nothing. And that's exactly what I had, until you came along."

After seeing this movie, take a minute to think about your future, just as I did.

What do you want out of life? Who will you be? And what will you do to get there?

Top five movies to bring out the holiday spirit

By **Eric Lawrence**
Staff Writer

It's Christmas time at High Point and no university has more holiday spirit. If you need a reminder of how festive HPU is, take a look outside. There are nutcrackers lining the promenade, wreaths hanging from buildings, and a enormous Christmas tree sitting in front of the University Center.

So in the High Point University Christmas spirit, here is a list of my top five favorite Christmas movies of the past 30 years.

Yes, it is for the past 30 years, so I apologize for those hoping that "It's a Wonderful Life" or "Miracle on 34th Street" would make the list. Sit back, enjoy a nice cup of eggnog or hot chocolate and see if you agree with my top five movie list.

5. "A Nightmare Before Christmas" (1993)

This is one of Tim Burton's better movies and it gives a creative spin on the Christmas cheer.

Jack Skellington, who is the king of Halloween, discovers a place called Christmas Town but doesn't understand the concept of this strange place. He tries to bring the Christmas spirit to Halloween Town but things never work out as expected. I love the idea behind this movie and I put it on the

list because it celebrates Christmas from a different perspective. All of the characters and ideas are original and the movie becomes humorous when it tries to mix contradicting holidays together.

4. "Elf" (2003)

If you like Will Ferrell's goofy comedy movies, then this is the perfect holiday film for you. Ferrell plays a human who was raised by elves. Ferrell plays Buddy, a misfit among his short adopted family. He decides to leave for New York City in order to find his roots, but life is a lot different in NYC than at the North Pole.

I find this movie to be one of the funniest Christmas films, which is why it edged out other mildly entertaining comedies like the remake of "How the Grinch Stole Christmas."

Ferrell goes all out in this role and embraces how moronic and innocent a person would be if he grew up around nothing but Christmas. This is another film that gets its source of comedy from contrasting two opposites: NYC, where life is fast-paced and the people have no want for Buddy's Christmas cheer, and the North Pole.

3. "Scrooged" (1988)

This may be a Christmas movie that many of you have never heard of. It is an adaption of Charles Dickens' "A Christmas Carol," but it takes a fresh

spin on the story. Bill Murray stars as Scrooge, where he's perfectly cast as the man who yells, "Bah humbug!" Murray plays a television executive who decides to exploit the Christmas season in an effort to boost ratings, but is soon visited by three Christmas ghosts.

This movie keeps me constantly laughing and Bill Murray's performance is a big reason why it makes the list. This different and quirky spin on "A Christmas Carol" is one you shouldn't miss during the holiday season.

2. "A Christmas Story" (1983)

I know this movie may be at the top of many people's Christmas favorites, but I feel like it's just not quite deserving to be number one.

For those who've seen this movie, they either love it, or hate it. It is by far the most played holiday movie on TV. It even has its own 24-hour marathon on Christmas Day.

The story is centered around a young boy named Ralphie who's only Christmas wish is to get a Red Ryder BB gun. Unfortunately, his parents, teachers and Santa think otherwise, warning him that he will shoot out his eye.

A big reason why this movie is usually seen as the king of all holiday films is because of its nostalgia factor. It does a great job at portraying family life in the 1940s and provides many

moments to laugh.

1. "Home Alone" (1990)

Everyone should have seen this movie by now. If you haven't, you must not have grown up with a TV in your house. This is one of my favorite childhood movies.

The story is about an 8-year-old boy named Kevin, played by Macaulay Culkin, who has to defend his house from moronic burglars after his family accidentally leaves him behind on their trip to France. The movie slowly builds itself up to the grand finale, where Kevin heavily booby-traps the house for the burglars.

The casting in this movie is great. Culkin plays an innocent yet twisted little kid who has an amazing knack for tricking people and setting up crazy traps. I never knew how an 8-year-old could set up traps like that, but hey, it's a movie.

Joe Pesci plays a terrific slimeball burglar and is paired up with a hilariously idiotic partner in Daniel Stern. The movie is set during the Christmas season and uses that theme to bring out a more sentimental side of the story. Kevin has a blast at first with the house to himself, but soon realizes that he truly misses his family, even his bothersome older brother Buzz.

This film has loads of goofy fun and tops my list for the best Christmas movie of the past 30 years.

Call of Duty: Black Ops deserves a spot on Christmas lists

By Trent Schneider
Staff Writer

It's that time of the year again, time for another Call of Duty game. Once again, it's a phenomenal game. Not only have they made improvements in both the single and multiplayer game modes, but they have also brought back a fan favorite: Zombies.

Treyarch, the makers of the game, has brought back the surprise hit Zombies game mode that was introduced in Call of Duty: World at War. For those who don't know, this game mode pits up to four players against wave after wave of zombies in a struggle for survival.

Though the core gameplay has been kept the same, there have been some

changes to the game mode. One of these changes is the addition of a story. This change mostly allows players to understand why they are being attacked by swarms of zombies, which gives a bit more context than simply being placed in a random location while struggling to live.

Another addition is a second level that can be unlocked by completing the single player campaign. In the unlocked level, players get to face the swarm as a very recognizable cast of characters in a secret underground facility.

The multiplayer version has received its fair share of changes as well. Most of these changes are in the leveling and customization systems. Unlike the standard system where a player earns experience, levels-up and receives new

weapons and gear, there is now a system of both experience and money that players earn in order to get new gear and customization options.

As players gain experience and level up, they gain new weapons, gear, perks and customizations that they can purchase. This means that if there is a weapon or perk that you never use, you don't have to buy it. This way you spend your money on only the stuff you want. All of the spare cash you get can go to customize these weapons with things such as unique camouflage or aimers. To go along with this money system, there is a system called contracts. This allows you to earn extra money if you can complete certain challenges in a specified amount of time.

In the single-player campaign there

have also been some improvements. There is, of course, a new set of weapons, which is a series standard for new games.

There is also a new set of items to collect throughout the missions as a side objective.

The biggest difference from the previous games is the story, which is actually good. It has a well thought out plot and a set of characters that the player can get to know. It also contains some well-placed twists that can make the player want to play it again just so he or she can put all of the pieces together.

Overall, Call of Duty: Black Ops is a good game that will keep the player hooked, not only in the multiplayer modes, but also in the single player campaign.

Christmahanakwanzika Word Search

J B B C E A J E C S J S T S V
 V S X T K O P K B H S P V H V
 Z U L N L L I L B C W J E A X
 E T A L O C O H C T O H O R H
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 RUDOLPH
 SLED
 SNOWMAN

CHIMNEY
 EGGNOG
 HOLIDAY
 JOLLY
 NEWYEARS
 SANTA
 SNOWDAY

TREE
 ELF
 HOTCHOCOLATE
 LOVE
 WREATH
 SHARING
 SNOWFLAKE

Greeks ransom and rope in money



Above: Tri-Sigma sisters participate in Ropin for Robbie. Below: Phi Mu held its Cansom Ransom where members of other organizations are ransomed for either canned goods or money. Photos by Jeremy Hopkins

Association of Jewish Students Revitalized

By **Sam Kates**
Staff Writer

When freshmen enter college, they are often told that joining a club is the easiest way to make friends and adjust to college life. On the tour of a school, prospective students are reassured, 'We have every club you can imagine at our school, but if we don't offer what you're looking for, you can start your own club.' Starting a club can be an intimidating task, but a small group of freshmen has set out to accomplish that challenge by revitalizing the Association of Jewish Students.

According to the group's adviser, Dr. Paul Ringel, the Association of Jewish Students has been around for quite some time, but students have not shown interest in the organization. With the expanding size of the freshman class,

the number of Jewish students has doubled in one year and so has interest in the club.

"This is a student run organization; these students came to me," said Ringel. "They just want a place to gather as well as a way to introduce others to the Jewish religion and culture."

The group recently met with the director of North Carolina Hillel (the foundation for Jewish campus life) to discuss the future of the club at High Point University and how to increase involvement and awareness.

"We are trying to create an organization where we can all get together not only to attend religious services but also participate in philanthropy within our Jewish community," said club member Lindsay Sugarman.

The organization is currently planning to host a toy drive to benefit a

needy Jewish family during the Hanukkah holiday. They are also planning a Hanukkah party, which would be the opportune time for new members to join the association and meet new people.

"Already this year transportation was provided for students who wanted to attend High Holy Day services in Greensboro for Yom Kippur and Rosh Hashanah, the Day of Atonement and the Jewish New Year," said member Ethan Winter. "And we have scheduled a Jewish comedian to come to campus."

Anyone interested in the organization is encouraged to join. New members are more than welcome and can join at anytime.

"Our organization is still in its infancy, but we are hoping to have a lot more events this year that will publicize the Jewish Students Association," said Sugarman.

SGA

Next meeting:
Spring 2011

Bills passed:

Model UN

SGA clickers

SGA senator
appreciation
dinner

SGA Elf
Bowling

SGA advisor
amendment
to constitution
tabled

Contact SGA:
sga@high-
point.edu

'Holidazzling' at HPU is huge...

Holiday photos, page 8-9

By Jessica Strickler
Staff Writer

"How many lights do you think there are on campus Ron?" asks Tommy Gardner.

His work partner, Ron Bombriant thinks about this for a few moments. He has only been with the new, sparkling, well-lit, version of HPU for five months. Before he left in 2005, he had been employed with the university for 11 years.

"Probably 600," said Bombriant, "Yeah, that sounds about right."

During the rest of the year, Gardner and Bombriant are responsible for the upkeep of the fountains and lights around campus. But starting November 1, when the doors to Campus Enhancement's King Street storage warehouse opened, Gardner and Bombriant added holiday decorating to their repertoire, hanging wreaths and garland around the campus.

And if there are indeed 600 lamp posts on campus, then 600 strands of garland have been put up and the approximately 1200 HPU flags on the light poles have been replaced with 1200 holiday banners. All of that work does not include the more than 70 wreaths that adorn the doors of every building on campus.

At the time of the interview, Gardner and Bombriant were working on installing one of two 8-foot wreaths and crimson red bows with gold trim on the front of the Slane Student Center.

"Just a fine job, Tommy," said Bombriant, as he held the 10-foot ladder steady for his partner, who was attempting to screw the wreath to the brick wall.

The wreath is intertwined with LED lights, which Gardner and Bombriant are responsible for replacing, should one burn out.

"I've been doing this for 15 years," said Gardner, "We start work on November 1 and the students only get to see the finished product for three weeks."

For the pair, along with the rest of the Campus Enhancement team, there is still much work to do. After setting up the nutcrackers along the International Promenade, the crew has less than a month's respite before they will return to remove the all of decorations and return them into storage.

However Campus Enhancement does not complete all of the decorating around HPU. The university sub-contracts some of the holiday decorating to local firms, one of them being Plant Management Associates. This particular company specializes in interior plant decorations and designs and the holidays prove to be an especially busy time of year. Husband and wife team Suzanne and

Arean Sherwood have been working with HPU for the past four years to set up and decorate the inside and outside of buildings.

"We try to do something a little bit different each year," said Suzanne. "Last year, we put up a 20 foot tree downstairs [in Slane]. But since the [HPU] tables are there now, we couldn't do that this year."

Instead, they decided to build a snowy scene on the second floor of Slane Student Center, complete with multiple trees, winter creatures and flying reindeer. The reindeer were the inspiration for the name of the theme this year, "Leap into the New Year- Be Extraordinary!"

The Sherwood's started prepping the HPU decorations back at the beginning of November, pulling everything out of their warehouse, trying to come up with a plan.

"We look at what we've got to use and then decide what to bring over and set up," said Suzanne. "Then, when we get here, we put on the lights, fine-tune everything and make it look pretty."

On Nov. 13 and 14, the pair spent two days working in Slane starting their set-up process. They returned on Nov. 17 to add the finishing touches to their indoor decorations. On Nov. 18, they moved to The Terrace and installed a 20-foot Christmas tree in the lobby. That particular tree is decked out in HPU colors- purple and silver.

The Sherwood's and several other workers from Plant Management Associates installed the featured Christmas tree on Saturday, Nov. 14. Located in front the University Center, the tree stands 20 feet tall, glittering with gold, silver, red and purple ornaments and hundreds of lights; a massive red bow tops the tree. At the base are cheerfully wrapped gifts, hiding the plastic tarp and tree stand. There are subtle wires coming out from the tree that help anchor it to the ground, which will hopefully prevent it from falling over due to the elements.

This year, the lights to all of the decorations put up by Campus Enhancement were turned on Nov. 18, four days before Thanksgiving break started. To make less work for Campus Enhancement, the lights either remain turned on 24 hours a day or are on a timer and turned on at dusk and off at dawn. And although the lights are all LED, providing a longer shelf life, brighter glow and less expensive price tag, they are still far from inexpensive to operate.

"I have no idea what [High Point University] spends," said Gardner. "I mean, this wreath and bow here probably cost \$200-250."

There is no doubt the price tag for the decorations is not cheap. Despite using energy efficient lights and only replacing the decorations when they are worn out, the university still puts considerable time, effort and money into bringing the holiday spirit to campus.



Sub-contractors Suzanne and Arean Sherwood smile in front of their holiday display.
Photo by Jessica Strickler.

Hollidazzle story, page 7

Evolution of the Toy Soldier



Step 1: transport toy soldiers to Promenade



Step 2: unload the statues off the work cart



Step 3: take bubble wrap off each toy soldier



Ornaments hang from the ceiling inside the Slane Student Center. Photo by Jessica Strickler

Toy Soldier is now ready to stand guard



Photos by Jessica Strickler



Above: Ornament on a tree in Slane. Below: detail on that tree. Photo by Jeremy Hopkins



Workers put together the tree topper. Photo by Jeremy Hopkins



The team from Plant Management Associates uses a crane to assemble the parts of the UC Christmas tree. Photo by Jeremy Hopkins



Campus Enhancement Truck transports flags for holiday decorations. Photo by Jessica Strickler

Assembling the UC Christmas Tree

Final Exam Schedule Undergraduate Day

December 10 - December 17, 2010

Date	Course Meeting Hour	Exam Time
Friday, December 10	10:30 AM M (WF)	8:30 - 11:30 AM
	9:40 AM T (TH)	1:30 - 4:30 PM
Saturday, December 11	9:15 AM M (WF)	8:30 - 11:30 AM
	1:25 PM M (WF)	1:30 - 4:30 PM
Monday, December 13	1:20 PM T (TH)	8:30 - 11:30 AM
	11:45 AM M (WF)	1:30 - 4:30 PM
Tuesday, December 14	7:50 AM M (WF)	8:30 - 11:30 AM
	11:30 AM T (TH)	1:30 - 4:30 PM
Wednesday, December 15	7:50 AM T (TH)	8:30 - 11:30 AM
	3:00 PM T (TH)	1:30 - 4:30 PM
Thursday, December 16	3:00 PM M (WF)	8:30 - 11:30 AM
	2:40 PM M (WF)	1:30 - 4:30 PM
Friday, December 17	5:00 PM T (TH)	8:30 - 11:30 AM
	all other times	1:30 - 4:30 PM



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Counter holiday stress by giving back

By **Christine Reinicker**
Staff Writer

College students often become stressed out and loaded with exams and projects and papers during the holiday season. So to students, the holiday break is a time where they just like to relax, go back home and enjoy good food and getting presents. But the holidays aren't like this for everyone.

Imagine if you didn't have a place to call home and go back to. Imagine if you didn't have anyone to call your family and enjoy home-cooked meals with. Imagine if through the holiday season you did not receive one gift or have any gifts to give out to anyone.

Luckily there are many ways in which you can help people who have little to celebrate during the holiday season.

Community outreach programs are strapped to the max during this time of year because so many people need help. There are hundreds of ways to help someone in need during this time of year, even as a broke college student.

Brightening someone's spirit during the holidays is as easy as donating an old coat, boots, gloves and hats or toys to a local organization. The Salvation Army is the most popular organization for taking donations and raising money for people in need over the holidays.

The people ringing the bells outside local stores are from Salvation Army and all they are asking for is spare change. Donating loose change goes a long way too, especially for someone who has nothing.

Other easy ways to lend a helping hand are to donate canned goods. Local foundations and organizations are always accepting canned good donations to help feed the hungry and give them a home-cooked holiday meal.

Volunteering at a soup kitchen is another way, as a busy college student, that one can give back. Just giving a few hours of time to help feed the homeless shows them that people don't forget about them over the holiday.

There are so many charities and organizations that make giving so easy during the season.

The list goes on and on. Hospitals are also very welcoming during the holiday season. Going to visit someone who is sick and alone during a time when everyone else is with family and healthy and happy is a priceless way to give joy and hope to someone who needs it.

So as you pack up after exams to head home to family, a warm place to stay and food other than café food, make sure to be thankful for what you have and realize that the holidays aren't easy and fun for everyone. There are so many simple ways in which we can help, so try and lend a hand out this year and give someone with nothing something to be thankful for.

Who
needs
help:

Operation Smile
The Walmart Foundation
Make-A-Wish Foundation
World Vision
Toys for Tots
The Salvation Army

Sign up for sweet symphonic sounds

By **Sam Kates**
Staff Writer

It's the holiday season and there is no better way to get into the Christmas spirit than by listening to holiday music. Radio stations are abuzz with Christmas classics and people have found their CDs filled with holiday favorites. But this season, High Point students are offered the chance to experience the classics in a different manner.

The North Carolina Symphony will be performing at High Point University on Tuesday, Dec. 7. HPU students are invited to come out and sing along to heart-warming holiday favorites as well as enjoy a few classical seasonal songs that they may not have heard before. Free tickets to the show are available to all HPU students.

Throughout December, the North Carolina Symphony is scheduled to travel to eight different colleges to perform their concert series "Holiday Pops." Bringing music to as many people as possible across the state of North Carolina is the goal of the Symphony. An education program has been

developed by the Symphony in which they reach children and adults alike.

Performing in different environments is a challenge willingly accepted by the Symphony. Each year, numerous school auditoriums are packed with young children ready to experience a real Symphony performance. Providing school aged children with background knowledge on music and allowing them to experience music firsthand is among the many achievements of the Symphony.

The extent to which the North Carolina Symphony reaches out to the community and to education programs is unparalleled by any other orchestra in the nation. The Symphony has earned itself a reputation for its "innovative programming and collaborative projects."

If you enjoy the North Carolina Symphony performance in the Hayworth Fine Arts Center on Dec. 7, be sure to check out other performances by the Symphony. Student discount tickets for performances at the Meymandi Concert Hall, in Raleigh, are available at the door one hour before shows for only ten dollars.

Don't let exams ruin your holidays: tips to help you through exams

By **Matt Wells**
Organizations Editor

Tips for Exams from an experienced senior:

Through my years here at High Point I have made some good and bad decisions when it comes to exams. I have learned from my mistakes and I am here to give you some thoughts on what I have learned and what works for me. Implement these guidelines and, trust me, they will help.

1. **DON'T CRAM FOR THE TEST:** I can honestly say that trying to stay up late and cram all night and do nothing but study before the test was a bad idea. Give yourself plenty of time to study as well as clear your mind before the test so you can focus on the exam, not worry about what you have forgotten.

2. **STUDY WITH A GROUP:** The people in your class are the best to study with. They know how the professor structures the tests as well as how the test is graded and what the professor looks for. Combining all of the minds in the class you will cover everything that was on the test, trust me!

3. **GET A GOOD NIGHT'S REST:** Possibly the most important item on this list, you cannot overestimate a good night's sleep. Having a rested mind helps with remembering what you have learned and will make for a better test.

4. **EAT A GOOD BREAKFAST:** The most important meal of the day, it helps speed up metabolism; it starts off your day right, and keeps you from worrying about when you can get out to eat. Having a full stomach has always helped me. If nothing else, swing by the kiosk if you have an early exam.

5. **JUST RELAX, DON'T STRESS:** If you are too worried you will not do well, period. Do not worry about the exams; if you know your stuff you will do fine. Trust what you have learned and relax; it is just an exam!

Do Int'l students go home for the holidays?

By **Courtney Gacona**
Staff Writer

With the holiday around the corner, home is on everyone's mind. For many students, home is just a car ride away. However, for some, home requires a passport, a few connecting plane rides and of course jetlag.

Being an international student can be bitter sweet.

Emmanuelle Cheurlin, a senior from France explains, "Being an international student is an amazing opportunity because you get to learn not only a different language, but a whole different culture. However, the hardest part is to know that you can't go home even when you're going through a tough time."

As the holiday approaches, Cheurlin is excited to return home to France for Christmas.

Shantell Perry, an international freshman from Jamaica says, "I miss my family, but my roommates and friends have become like family here." High

Point University has become a second home for Perry as she says that she does not even feel like an international student anymore. Perry confesses that she is still getting used to the cold, but winter fashion makes it all worth it.

Dave Prentice, a senior from St. Thomas, Virgin Islands, says he goes back home for Christmas and summer, but usually tags along with a friend for Thanksgiving. "It's definitely different here. I miss home at times, but it's great having a different cultural experience," explained Prentice.

Devika Sathe, a freshman from India, confirms his statement as she also misses home at times but says thanks to cell phones, email, and skype, home really isn't that far away. Overall, many of the international students seem happy on HPU's campus. As Cheurlin put it, "Being abroad has made me a lot more open-minded, and gave me the confidence of going out there and not be afraid of going across the world to catch the best opportunities that are presented to me."

Wonderful Winter Concerts

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-Usher will be coming our way Dec. 7 with special guest Trey Songz on the "OMG Tour." Tickets start at \$29.50.

-Start the holiday off right with the Trans-Siberian Orchestra playing Dec. 8 at 4 p.m. and 8 p.m. Tickets start at \$25.

-TobyMac and Skillet will take the stage in the Awake Tonight Tour Dec. 9. Visit the website for ticket prices.

-Do you have the fever? Justin Bieber comes to the coliseum Dec. 15 with Sean Kingston. Tickets are \$36, \$46, and \$56.



Roommates share more than space

By **Jordan Oliver**
Staff Writer

When faced with a crisis, there is always a plan of escape—a plan of attack. In the separate lives of two young girls whose lives were turned upside down by the dreaded “c” word, cancer, they soon learned that their plan of attack would be in part, through each other.

Kristy Parnell and Laura Blaha, two sophomores at High Point University, met by what some may call mere chance. Others would say it was part of a divine plan, for a story like this is far beyond the realm of chance.

Kristy and Laura first met each other on Facebook during the summer before their freshman year of college. They spoke of rooming together, not knowing at first that they shared more in common than purple pride. They soon learned that they were both fighting for their lives.

After discovering that Kristy had Ewing’s sarcoma, a deathly bone cancer, Laura knew she had to help her. Laura had always wanted to help

someone else struggling with her same disease, and now was her chance. “It’s kind of why I came to college,” she said.

After being diagnosed with Carcinoid cancer in May of her junior year of high school, Laura said that nothing felt important to her anymore. “I’m the kind of person that cares so much about so many things that it really frustrated me when nothing seemed that important,” she said.

Knowing that she could help someone who was going through a similar crisis was finally something she found to be important.



Laura Blaha and Kristy Parnell are a support system for each other through their struggles with cancer.

Photo by Jeremy Hopkins

Through sharing their stories, Kristy said that she and Laura automatically became close friends. “The first time I met her, she came and visited me in the hospital during my first chemo session and she was there when I shaved my

head for the first time.”

Jenn Lhomme, a close friend of both girls, recalled a time at the beginning of the school year when Kristy was sick in the hospital. “Laura refused to leave and slept there with Kristy. She was by her side for everything.”

“We were really, really, a huge support for each other and without her there, I don’t think I would’ve made it through—without Laura every single day,” said Kristy.

Both Kristy and Laura feel as if they were meant to help each other. “We just kind of had a connection together just that way,” Kristy said with assurance. Both Laura and Kristy display such positive and admirable attitudes towards their fight with cancer. Against overwhelming odds, Kristy beat her disease and is now in remission. Laura is still waiting to find out whether her cancer is gone, but is very hopeful.

“Cancer’s the kind of thing that you don’t really understand unless you have it,” she said. “It made me realize a lot more about life and about living every day to its fullest.”

Senior Lauren Williams: ‘Someone needs to help guide these girls’

By **Lenae’ Frazier**
Staff Writer

When most people her age were up partying, Lauren Williams was up talking about friendship. Friday, Nov. 5 at Statesville High School in Statesville, N.C was her second lock-in ever, an event where people stay up all night to talk and learn.

The 15 teenage girls were all sitting in a circle on the floor of the school’s library. The girls looked at her intently as she said how important it is to have healthy relationships. Their conversation lasted until 4:30 Saturday morning. That lock-in is just one part in Lauren’s life goal to help young girls.

Lauren, a senior at High Point University, first found her love for helping in the 10th grade. She moved to Hickory, N.C., her seventh move to a new city, and felt compelled, because her new classmates, to do something.

“...I saw a difference in our attitudes and values. [I said] ‘someone needs to help guide these girls.’” And she has been guiding girls ever since.

Lauren held her first lock-in called True Beauty in June 2010 in her hometown of Hickory. She has sponsored two since then. Lauren is currently studying for an undergraduate degree in non-profit. After graduating, she plans to earn a master’s degree in social work and then work with a youth agency or non-profit organization that deals with youth.

Out of all of the time she spends with girls, there are a few moments that stand out in her mind. One moment involved a little girl and a teddy bear.

Her freshman year, Lauren worked at the Boys and Girls Club of Greater High Point. She noticed one girl who needed attention. “People used to pick on her all the time and she was so sweet,” Lauren said. Lauren remembered her teddy bear from the President’s Seminar class at HPU. The teddy bear is meant to be given to someone else. So, Lauren decided to give the girl her teddy bear. Lauren still visits the Boys and Girls Club and when she goes, the little girl is still there.

“To this day,” Lauren said, “when I go back to the club and visit the kids, she goes ‘I still have the bear!’”

These moments are part of the reason Lauren is so dedicated to this cause. The other reason is the effect she can have on the lives of the girls. She volunteers regularly at Big Brothers, Big Sisters of Greater Piedmont. She will also be working with neighboring communities and youth in the future.

According to payscale.com, the average salary of a social worker with a master’s degree is \$41,000. This lower salary might be troublesome for some people but Lauren is not worried. “If I was worried about [the low salary], I would not be in this field. It’s about making a difference. Even if I wasn’t in the non-profit field, I would still work with these young girls.”

And Lauren plans to keep doing just that.

Religion professor has Asian fascination but teaches with an Irish accent

By **Elizabeth Ellis**
Staff Writer

Born in Japan to an Air Force family, Mark Toole, assistant professor of religion and philosophy, feels a certain affinity for all things Asian. After his family moved back to the states when he was a young child, he remembers being exposed to certain sounds and smells that reminded him of ‘home’—they were all Asian. When given the choice, Toole would always choose Japan, India or China to research for grade school projects. But while Toole developed a fascination with Asian traditions and culture, his decision to teach religion on a college level was not always his ambition.

Toole taught classes on scuba-diving with his father while studying at DePauw University for his undergraduate degree in sociology. He led student trips to vacation hotspots including the Grand Cayman islands and Cozumel, and developed such a passion for the sport that he considered relocating to the Caribbean after college to teach scuba-diving as his profession.

Toole recalls the conversation that he had with his father before graduating from college in which he revealed his plan, and the alarm of his father. Toole was not entirely serious about his career choice, but he had done some research on it. Toole continues to have a passion for diving, and hopes to lead a course and trip for students of High Point University some time in the future.

Toole enjoys other outdoor sports that include mountain climbing and running, both of which he picked up as hobbies while living in Colorado, where he taught at the University of Colorado at Boulder. Toole says that social life in Colorado was centered around hobbies, and that when he was a new Coloradoan people would ask him, “What do you do?” Toole misunderstood the question when he replied that he was a professor. He has participated in marathons in both Chicago and Denver, and is the faculty advisor for the budding Climbing Club.

Rumor has it that in addition to having a vast amount of knowledge concerning all things Asian, Toole speaks an Old Irish dialect. When

confronted about this, he laughed quite hysterically. While he is of Irish descent, Toole only uses a “fake Irish accent to tell Irish jokes.”

Jokes and storytelling are not only used as a teaching method in the classroom by Toole, but also play an important role in his personal life as well. He credits his Irish heritage for this, and additionally believes that in another life he was once a bard or minstrel of sorts. His childhood ambition was to become an actor or a stand-up comic, and this passion of his has been resurrected since his daughters bought him a guitar. He practices his musical stories with his enthusiastic daughters for an audience, in hopes of one day becoming involved with a local improvisation acting group.

Professor Toole teaches courses on religion at High Point University, and specializes in Asian religio-philosophic traditions. He is also in the process of selecting a deceased bard or minstrel that he can make his personal saint.



Toole has a Zen Buddhist wall tapestry in his office.

Photo by Jeremy Hopkins

If you tell them it's free, they will come, but they won't stay

By Alexis Sherman
Staff Writer

The Campus Concierge should stop sending out e-mails letting students



know of the free items being handed out at future soccer and volleyball games.

Before a September volleyball home showdown with Big South Conference favorite Liberty, a university promotion promised free shirts

to the first 100 students. There weren't even 100 students at the game and not one person in the gym received a shirt.

Come to find out a bunch of freshman lined up three hours before the game started and took all the shirts. This has been a problem for a while and now the sports marketing department here is addressing the situation.

They give free stuff away as incentives to get students to games to support their teams. When students show up, get the free shirt, and then leave, it defeats the whole purpose.

The students should have to stay the whole game to show support for the teams if they want the free items. Many athletes feel they play better when they have cheering from the stands. It gives the athlete something to play for.

The sports marketing department is going to try and change its tactics to keep students at the games. They are going to try and have the free items set up inside the gates so once you're in, you just have to take a few steps to the stands.

They tried that technique at the men's soccer game and said it worked out well. According to the sports marketing department, the volleyball game where the students lined up three hours early was the worst case they had ever seen.

Even if that only happened once, I don't understand why they gave the shirts out three hours early. If the students showed up early to get the shirts then they should have waited those three hours in line until the gates opened.

Instead, someone gave them the shirts early, which allowed them to take the shirts and leave.

I give the sports marketing department credit for coming up with new ideas to get students involved. It's always nice to walk into a gym and see the stands packed. That is all the sports marketing department wants to see.

At men's basketball games they give away t-shirts when the game is going to be shown on television. Whenever there's free shirt giveaways at basketball games, people line up early but aren't let in until the time the game starts.

The gym is usually packed with students who are willing to stay for the games. The volleyball game should have been treated in the same way.

The sports marketing department said they have learned from what have happened and will be trying new ideas and hope to make all the games filled with students to cheer on the athletes.

Hopefully, they have learned their lesson and will not hand out shirts before the time sent out in the e-mails by Campus Concierge.

The Grille's Erik Pagett will put a smile on your face

By Christine Reinicker
Staff Writer

When people say what they like about the holidays, you usually get the same response: family and food. Erik Pagett is no exception. What does make him unique is that he used joy, a holiday word, to describe himself.

When asked to describe why he picked joy for himself, Pagett, who works at the Grille at the Village, responded in all giggles saying, "Because I love to have fun, I love to smile and make other people smile, and I stay full of joy."

Pagett has been working at HPU for four years. He started at Subway, but loves making Philly cheese steaks and breakfast burritos over subs now.

He has been working in the food business since he was 16

when he had his first job at McDonalds.

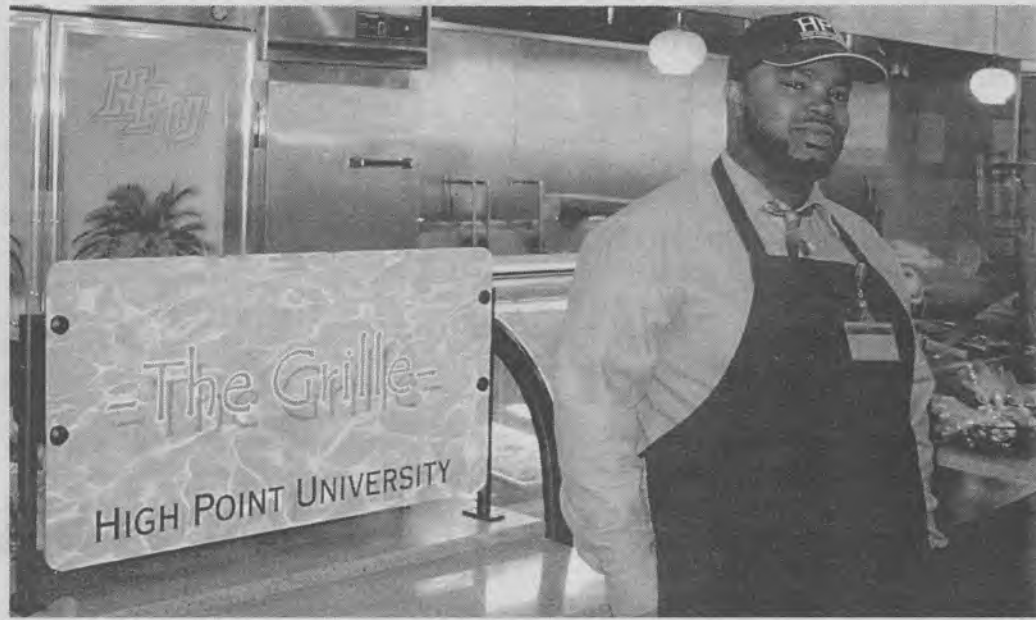
Originally from New Haven, Conn., Pagett moved to North Carolina when he was 18.

He has always been a family man. During his time off, Pagett enjoys just relaxing and spending time with his kids.

In addition to being with his own family and kids, Pagett is a big people person. "I love the students here. There are a lot of different people from all over the world" he said.

Pagett loves gospel and R&B music and his favorite food is any type of seafood.

With the holidays and exam time coming up, if you just need a good smile, then head over to the Grille and talk to Pagett. He is full of enough joy to easily put a smile on your face.



Pagett loves making Philly cheesesteaks for students at the Village Grille.

Photo by Katie Nelson

A message from a senior athlete: Don't wait to start trying

By Dianna Bell
A&E Editor

I've spent over 3,000 hours of my college life devoted to running. I ran over 7,000 miles and have gone through countless pairs of shoes. I've done hundreds of loads of laundry thanks to my sweaty clothes from two-a-day runs and weight-lifting sessions. I've gone to

bed early and avoided going out in order to perform well the next day. At times, I was so frustrated I wanted to quit. But I hung in there, because that is what being a runner is all about.

And it all boiled down to this one moment. This was the one meet where I was competing to finally be one of ten running at the Big South Conference meet and actually stood a chance.

My summer of high mileage had finally started paying off. Every meet was a personal record. I even beat my high school records, which says a lot since I had yet to go through puberty when I ran those times.

Why did it take so long for me to peak? Maybe it was because I wasn't giving 100 percent during my first three years at High Point. I was not doing everything I could to be a great runner, or at least the best to my ability. I was cutting corners, skipping runs and staying out late. Yet I was still expecting myself to perform at the meets. And when I didn't perform, I blamed my coaches and the program.

It couldn't have been my fault. I was doing "all the things I could." Yeah

right. I look back at my old self, as I do now at some of the underclassmen on my team, and roll my eyes.

My pride was getting in the way. It was a roadblock. A wall. I think that looking at yourself and recognizing your mistakes must come with age. Or maturity. Either way, I didn't have the ability to look at myself critically and examine what I was doing that was hindering me.

Up until my senior year, the upperclassmen always tried to express how crucial it was to follow and believe in our coach's plan. How important each decision we made mattered- what we ate and when we ate it to the more obvious of going to bed at a decent hour.

It wasn't until I became a senior that I actually understood why they were pushing us so hard. This was it for them, and now for me. This was their last chance to prove to themselves why they made so many sacrifices-to make those sacrifices worthwhile.

And up until this year, I had proved nothing. Why was I there? Why did I show up every day to not give my full effort?

These are questions I contemplate now with regret.

At the meet that mattered most, I was out-kicked on the home stretch. I had run for three miles ahead of the two girls I needed to beat to compete at conference. But in the last 50 meters of the race, I was out-kicked by a sophomore who had only recently joined the team. And that was it. My collegiate career was finished.

No Big South Conference race for me. I was done.

The past four years have flown by. And now I'm left questioning how talented I could have been if I had treated my sport like a Division

1 team instead of a club. How many conferences could I have run in had I focused and been as determined as I was this season?

I can't make the younger girls on my team understand the urgency to start focusing now. They will not and cannot understand until they are in my position.

Don't wait to start trying.

Tears streamed down my face as I realized what I had given up when I couldn't muster the courage to push my legs past the point of pain in that final race. I was crying for the goal that I couldn't accomplish. I was crying for the years I had wasted not putting forth my full effort. But most of all, I was crying because I realized my time as an athlete was coming to an end.

I'll always be a runner, but never again will I get the experience of being an athlete. I'm not one of the few who is good enough to make a career out of their sport. What drove me all these years was passion. Some years, it was covered in a thick cobweb of apathy, but I never lost the fact that I was always doing this for myself. No one paid me to be a runner at a division 1 university. I voluntarily put myself through the day-to-day toil.

My message to those that still have time-don't take a single day for granted. Our time to compete as athletes is limited from the moment we take our first steps as athletes at our institution of choice. Make every stride, every work out, every race, game, match or meet count.

When I leave High Point University I'll look back and know that all those miles, tears, and loads of laundry were well worth it. But the fact that I could have done more will add to the sadness of concluding my collegiate career

Men's basketball's fresh start with some fresh faces

By Pat Budd
Staff Writer

The High Point University men's basketball team jumped out to a 3-3 start on the year in its first three weeks of regular season play. The Panthers much anticipated 2010-2011 season has started off with a .500 record after recording wins against Ferrum, Gwynedd-Mercy and Gardner-Webb. The three losses were against Old Dominion, The Citadel and Hampton.

The Panthers, after finishing 15-15 last season, have graduated two starters in Eugene Harris and Cruz Daniels, but have added six freshmen and one junior transfer to the 2010-2011 squad. Some freshmen have made an immediate impact on the team, including forward Du'Vaughn Maxwell, who has made his way into the starting lineup for two of the four games.

The Panthers have returned the core of their team in Nick Barbour, Tehran Cox, Corey Law, Earnest Bridges and David Campbell. However this team has a lot of work to do in building together as a unit, according to Barbour, a junior guard.

"We are a young team, we need to get more discipline and work together, stop bickering at each other when things go wrong, it's a 40 minute game and things don't happen in two minutes so we need to stay together," said Barbour after a 86-77 win over Gwynedd-Mercy.

Barbour, who led the team last year in scoring and is currently averaging 17.0 points per game this year, was named Pre-season Big South Player of the Year. The junior has been the Panthers go-to guy this season scoring in double-digits in the first four games including a 20 point performance against The Citadel.

"It's a great honor. I've been working these last few years. I guess it's finally paying off. The coaches and players, they've been helping the whole way," said Barbour of the award.

Head Coach Scott Cherry is excited to see one of his players recognized with

such a high honor, but he also credits the rest of the team.

"He's a good guy to have on your team. I'm happy for him. The great thing about our team is we've got a group of guys that can help him this year."

In the second season of the Coach Cherry era, the Panthers come into the season with considerable talent but a very young team. In the first four games of the season, Cherry has adjusted the starting lineup three times, something different than what he did last year when he maintained a steady starting lineup.

"We've got a lot of guys that are talented and we've got a lot of guys that can play. I tell them every day in practice that the guys that perform best in practice and do the best to help us win are the ones that are going to play," said Cherry.

Cherry is not afraid to put new faces into the starting lineup. Maxwell has seen significant playing time and has been in the starting lineup along with junior transfer Shay Shine, who averaged 10.4 points while starting for the Panthers in their first four games.

"As a coach I'm concerned about the guys that are on the floor at the end of the game, and who is performing best when it really matters," said Cherry, who seemed not to worry too much about the consistency of a starting lineup.

According to Cherry the team has many strengths and weaknesses and "still have a million things to be working on." They have done well offensively averaging over 70 points per game and have three starters averaging over 10 points per game. Cherry says one of the team's greatest strengths is the ability to play 11 guys on any given night but still needs some more team chemistry.

"We need everyone clicking on the same page, we need guards playing well, we need big men playing well, and we need everyone together functioning as a unit playing well. We've got some young guys out there but it's not just our young guys, it's our veterans too," said Cherry.

The Panthers will go on a seven-game road trip beginning on Dec. 8 at Tennessee Tech and ending on Jan. 8 at Radford.

Women's basketball practicing 'intensity and focus'

By Kelsey Hinchliffe
Staff Writer

The women's basketball team got off to a good start this season with a 3-4 record as of Nov. 28. The team has already defeated American University, Southern Virginia and Longwood University this year.

The team, like every year, has the ultimate goal of becoming the Big South Conference champions. With a strong class of incoming freshmen and senior leaders, head coach Tooley Loy has high expectations for the team.

"We expect the team to play and practice with intensity and focus. They have done a great job to this point in the year," said Loy.

The team will not play its first Big South Conference team, Liberty University, until Jan. 3.

The team has five new freshmen who are eager and ready to play. "I am excited about getting to play against a higher level of talent, and hopefully

going to the NCAA tournament," said freshman guard Tayler Tremblay.

The five seniors on the team have been offering great leadership to the rest of the team.

"Our seniors have been great in

providing the example of how hard you must work to be good at this level," said Loy.

Senior Mackenzie Maier recognizes the importance of her responsibility as a role model for her teammates. "My role as a senior leader is to help my teammates keep a positive attitude," said Maier. "I am not the

one to jump down people's back if they

make a mistake, but rather pick them up. Keeping everyone's self-esteem up is going to be a big part in having a successful season."

The team has great depth this year, playing 11 players in most games. "We

good for games but also competition in practice."

The team will also have hardships to overcome. "We will be our biggest challenge this season," said Maier. "We can be as good as any team we play if we want to, but we can also be as bad. If we can all stay together on the same page for the entire season we will accomplish all of our goals we have set for the season."

Off the court, the team is dedicated to community service. The team volunteers for the Heart Strides Marathon in High Point, helps out at youth basketball clinics and some of the women volunteer at the Big Brothers Big Sisters organization.

The Panthers have their next away game on Dec. 7 against UNC-Greensboro.

"We need the students to come out and support us at home games. We need the students to make the Millis Center an extremely tough place to play for the opponent," urged Loy.

"I'm not the one to jump down people's back if they make a mistake, but rather pick them up."
Mackenzie Maier

are a deeper team at every position this year," said Coach Loy. "This is not only

Indoor track gains access to a new practice facility

By Henry Molski
Staff Writer

It is becoming easier and easier to look around the High Point Athletic Department and find a team on the rise. In this case, the Panthers track and field team is a team to look out for. The men and women of the 2010-2011 teams are in shape and they were ready when they went to their first meet on Dec. 4 at Clemson's Orange and Purple Classic.

Many freshmen students may be scratching their heads at the fact that the season begins in mid winter. In the collegiate world of track and field, however, the indoor track season covers the time of year when most high school athletes would be left training for Spring.

Even though they each have their own separate seasons, indoor and outdoor track are nearly inseparable. There are a few changes in distance and a few added field events when the events move outdoors in the spring. Coaches, athletes, and trainers all remain the same.

Returning High Point students will see many recognizable faces on the track this year as big names such as Manika Gamble, Emily Webb, Neal Darmody, Christina Fenske, Jacob Smith and Dakota Peachee all

will be returning. Head coach Mike Esposito expects a big year from Gamble, particularly in hurdles events and hopes that Webb remains among one of the elite female runners in the league. Esposito also expects big things from Peachee, who recently won the steeplechase event at the USA Track & Field Junior National Championship.

Also making their anticipated debuts for the Panthers this season will be freshmen Kayleigh Perry and Patrick Crawford. Perry brings an impressive running resume to High Point, including two "Runner of the League" honors in her home state of Pennsylvania. Crawford brings an even more prestigious resume with honors that include the North Carolina state champion in cross-country as a senior.

One of the most exciting things about track and field for coaches, athletes, and fans alike, Esposito points out, is that the training process never really ends. This means nothing but improvement from the athletes instead of having to "get back into shape."

"We go straight from the indoor season to the outdoor season and then straight back into training for the indoor season yet again," says Esposito. "This allows our athletes to have much higher ceilings and

better form."

The transition for the High Point athletes from the indoor to the outdoor season can be nearly seamless, as they practice outside all winter regardless.

However, the High Point track and field team is very excited about the biggest (literal) addition to the team this year: an indoor warehouse for the field athletes to practice in off of Kivett Drive.

"We have been looking for an indoor practice facility for quite some time and it's a very nice addition for the team," said Esposito. "It will truly help a lot in the training of our field athletes."

This old warehouse that used to house yachts and boats for most of the year is now where students will find field athletes training for many of the winter months. Athletes are more than happy that they now have a training facility of their own.

A strong returning class, exciting young freshmen, and a new facility to train athletes in have things looking up for the High Point Panthers.

"This is the most balanced track and field team we've had in years," says Esposito. "And with Jenna Wrieden now on staff, we're very excited about the season."

What is next for fall sports seniors?



Brittany Killough
Cross Country
Runner

Future Plans:

Enter the medical field as a physical therapist or chiropractor

Best thing about being a NCAA Division 1 athlete:

"Having teammates on the same level to train with and having coaches that know vastly more than I do."



Diana Bell
Cross Country
Runner

Future Plans:

Knows she wants to move away to a city after living in High Point a good majority of her life.

Best thing about being a NCAA Division 1 athlete:

"Having an instant family when I came to school, which is one of the reasons I chose High Point."



Emily Webb
Cross Country
Runner

Future Plans:

Be a physical education teacher for elementary and middle school and coach track and basketball.

Best thing about being a NCAA Division 1 athlete:

"Learning a lot. I have learned so much about how to become the most competitive athlete."



Monica Delizo
Cross Country
Runner

Future Plans:

Earn a doctorate in physical therapy and be a physical therapist in the military.

Best thing about being a NCAA Division 1 athlete:

"The respect between competitors from knowing that you're both going through the same pain."



Jevin Monds
Cross Country
Runner

Future Plans:

Hopes to run semi-professional somewhere, but is also interested in the personal training field.

Best thing about being a NCAA Division 1 athlete:

"The eye-opening experience of no longer being the complete all-star like in high school."



Jillie Johnston
Women's Soccer
Midfielder

Future Plans:

Teach English in Greece and then Asia. Then, move to West coast to study anthropology and become a college professor.

Best thing about being a NCAA Division 1 athlete:

"The human connection of making lasting friendships."



Sara Rager
Women's Soccer
Midfielder

Future Plans:

Get a job in D.C. in the furniture design industry, specifically at the D.C. Design Center.

Best thing about being a NCAA Division 1 athlete:

"Being a part of a team. It is like a family. I love my teammates and I wouldn't trade them for anything."



Anna Lott
Volleyball
Middle Blocker

Future Plans:

Move back to Nebraska and find a job training athletes for basketball. "I miss basketball."

Best thing about being a NCAA Division 1 athlete:

"Knowing that you always have a family on the team."



Audie Gonzalez
Volleyball
Outside Hitter

Future Plans:

Enjoys strength and conditioning and personal training. Definitely wants to work with athletes.

Best thing about being a NCAA Division 1 athlete:

"I had always dreamed of playing division one. The whole experience was awesome."



Julie Hershkowitz
Volleyball
Libero

Future Plans:

Honestly not sure yet but looking toward the professional side of life other than volleyball.

Best thing about being a NCAA Division 1 athlete:

"Getting to miss class, seeing the program change and grow, and my teammates being like sisters."



Megan Smith
Volleyball
Outside Hitter

Future Plans:

Would like to stay working with sports, possibly with coaching, and will never stop playing volleyball.

Best thing about being a NCAA Division 1 athlete:

"Always having at least 15 friends on campus and traveling around to see other schools is exciting."



Stephanie Wallin
Volleyball
Right Side

Future Plans:

Move back to Minnesota and eventually become a CPA. Maybe coach volleyball on the side.

Best thing about being a NCAA Division 1 athlete:

"Always being a part of a team. You always have friends who are there for you no matter what."



Adam Hatem
Men's Soccer
Midfielder

Future Plans:

Work in sports administration after graduate school at Ohio University "where Craig Keilitz went."

Best thing about being a NCAA Division 1 athlete:

"How your teammates are like a family and playing games in a great environment like High Point."



Eric Land
Men's Soccer
Midfielder

Future Plans:

Acquire a job in the sports management field. Had an internship with the Houston Dynamo and may talk with that organization.

Best thing about being a NCAA Division 1 athlete:

"The group of friends that I made. They are like my brothers."



Justin Pruetz
Men's Soccer
Defender

Future Plans:

Get involved with facility management for a minor league baseball team back home in Texas.

Best thing about being a NCAA Division 1 athlete:

"Being able to play competitively every day and the relationships I have made with my teammates."



Scott Rojo
Men's Soccer
Forward

Future Plans:

Hopes to fulfill dream of playing professional soccer, and then use my degree to work in business.

Best thing about being a NCAA Division 1 athlete:

"All the traveling with the team and getting to miss days of school to play the sport we love."

HIGH POINT  UNIVERSITY

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Days of Christmas

December

- 1st Chestnuts (Roasting on an Open Fire) with High Point University's Jazz Band *The Great Day Bakery* 8pm
- 2nd Photo Postcards to the North Pole *Slane Center* 10am-2pm
- 3rd CAT goes to Tanglewood Festival of Lights
- 4th Horseback Riding with Outdoor Discovery
- 5th Spirit of Generosity!
CAT Trip to Tanger Outlets in Mebane
- 6th A Christmas Carol *at The Extraordinaire Cinema* 8pm & 10:30pm
- 7th Christmas Dinner with Santa *Slane Center Café* 4pm
- 8th Lessons and Carols *Hayworth Chapel* 6pm
- 9th Christmas Carriage Rides December 5-9
- 10th HALLidazzle - Residence Hall Decorating Competition
- 11th CAT Massage Night *UC 2nd Floor* 8pm
- 12th Elf Bowling with SGA *Slane Gym Floor*