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Campus Chronicle
High Point University

HPU decks the halls, pages 7-9
Do away with visitation hours: Who needs them anyway?

**Staff Editorial**

In the last edition of the Chronicle, there was an article titled “Students and administrators work together for a better HPU.” This article discussed the Community Living Task Force and some of their topics of discussion. One of these topics was the idea of abolishing visitation hours in upperclassmen dorms.

The editors of the Campus Chronicle agree with this idea. One of the purposes of college is to prepare students for life as adults. This means treating students like adults and trusting them with responsibilities. Under most circumstances, when an adult lives in an apartment or house, there will be no curfew for the adult or any guests. So why do it now?

The current visitation hours are 10 a.m. through 12:30 a.m. Sunday through Thursday and 10 a.m. through 2:30 a.m. Friday and Saturday. The editors of the Chronicle agree with this idea. One of the purposes of college is to prepare students for life as adults. This means treating students like adults and trusting them with responsibilities.

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A moment with the editors

What is your favorite Christmas Carol?

Christmas in Hollis

What was your best gift?

Ludicrous

What is your most dreaded exam?

Sports Comen

Who's your favorite Stagg?

Moe

Amanda Mayes
Staff Writer

Connecting with others: It’s hard to be human, but someone has to give

By Amanda Mayes
Staff Writer

Things cannot possibly get worse. Your stress level has reached an all-time high. You cannot remember the last time you had much homework; to you, the library is home sweet home. You have no idea what you are doing with your life, and are beginning to question your passion for your major. Your best friend is disgruntled with you for reasons unknown. Your mind is on a wheel, continuously worrying about ten different things and trying to piece together a work schedule.

Overwhelmed, you just need someone to listen. You feel alone. If you don’t talk to someone, your head will explode. Lunch with a close friend is the proper remedy. You ask if you can visit, and she consents to listen. Yet she does everything except listen. You start spilling, and realize she is incapable of providing empathy. Interruptions, requests for repeating what was said, wandering and vacant eyes, unwanted advice. Absolute failure to connect with another individual, even though that individual’s sanity depends upon a basic level of empathy.

I have a rather creepy tendency to watch people in the library or elsewhere when I am supposed to be focusing on homework. I blame my acting professor for this habit; I once had a homework assignment to sit in Slane and watch people, writing down any quirks and mannerisms that I could later use to create a character. People-watching provides endless entertainment and education. Watching interactions gives tremendous insight into humanity and personal relationships. At this point, I have enough observations to write a book and become the next Dr. Phil. Fleeting facial expressions, small gestures, speech inflections and tones – keys that could allow greater understanding of an individual, but are often kept locked away. Half truths and masks hide true intent. Blindness and unwillingness to connect to another person often leave these keys hidden.

Human beings walk through life, not really seeing each other. We listen, sympathize, and share so much – but only enough so that we remain protected in our fading ivory towers.

Empathy is difficult to give, because it means giving so much of ourselves in return. Completely connecting with another human being is dangerous; it means breaking down our walls and letting someone inside – a tremendous privilege and responsibility. If we chose to connect with those around us, the enormous number of similarities humans share would be overwhelmingly clear. Humans have more shared experiences and emotions than we care to admit. Yet how little sense music would make if our differences far outnumbered our commonalities.

A soft light focuses on Emily during the final moments in the last act of "Our Town," recently performed at High Point University. She asks simply, “Do any human beings ever really live while they live it – every, every minute?” The stage manager responds with the answer of “No. Saints and poets maybe – they do some.” A few more lines and the theatre goes to blackout, signaling the actors for a curtain call. The illusion dissipates as the house lights come up and the last actor leaves the stage. As the light board operator for the show, I watched endless performances of the show. Yet that exchange never failed to haunt me and strike a chord in my heart.

I challenge you to write a different answer to this question by making a concerted effort to connect with those around you.

Waiting in long lines at the Cinema? Not so “Extraordinaire”

By Jessica Strickler
Staff Writer

As a freshman at High Point University, I treasure any sort of outside influence because I do not have a car. In fact, I have only been off campus a few times since school started back in August. This alone has made the Monday Movie nights at the Extraordinaire Cinema all the more entertaining and exciting. It is raw, different and a glimpse at the spinning world outside the brick and iron fence.

On Nov. 15, the cinema featured the latest Julia Roberts film, "Eat Pray Love." For the showing, students started lining up outside the rope at 6:45 p.m., when the movie was not starting until 8 p.m. At 7:45 p.m. I rode down the escalator in near panic. Would there be any seats left? With more students enrolling at HPU each year, the place has seen a spike in popularity. To better accommodate, CAT now offers two showings of most movies. On Monday nights, the movies are shown at 8 p.m. and 10:30 p.m. Students line up to get into the theater for these showings, but when the body count reaches 200, the rope is hung and no one else is permitted to enter. Typically, an announcement is made inside the theater that all 200 seats have been claimed and that anyone trying to save 20 seats for friends needs to forfeit these for the people who are already in the room looking for seats. On another note, previously students were allowed to congregate in the carpeted area by the concessions stand. However, after students started coming just to get popcorn and a drink and not stay for the movie, the CAT decided to make the weekly event more organized. Now, the concessions area is roped off much like a popular nightclub and no one gets on the carpet until 30 minutes before showtime.

This time as I rode down the escalator, I was concerned that I didn’t see a line and a brief thought flashed through my mind that I might be too late for the 8 p.m. showing. Luckily there were a few seats left; I was swiped number 197. Phew!

The concessions area was empty, and there were only a few cups of popcorn left on the counter – obviously someone had already swiped and were pressed around the theater doors, waiting to run in and find a seat as soon as it was empty. Behind the rope, more than 75 students were wrapped around the escalator waiting to enter.

Clearly, the cinema has increased in popularity, but with so many students who want to see the latest feature film for free, it is unlikely that the number of people who come out for shows will decrease.

For all you upperclassmen, take note. There will be even more freshmen next year, and if you want a seat for a show, you had better start coming earlier. Otherwise, you might have to take up the idea of building another theater with President Qubein, because the freshmen are here to stay, and apparently see every movie!
What's your story, "Morning Glory"?

By Chelsie Merone
Staff Writer

Idealistic views about relationships, career, and life is Hollywood's specialty. Characters usually get what they want, instantly make it big and have the perfect life; however, this is not the reality that we are facing today. With the position of the economy and the unemployment rate increasing, there is no such thing as a fairytale ending, and with the release of so many predictable, storybook endings it is time for something new. "Morning Glory" is just that; an intelligent, creatively written and unembarrassingly optimistic attitude.

"Morning Glory" is one of the best movies of the past 30 years. The casting in this movie is great. Almost everyone has seen this movie of the past 30 years. The casting in this movie is great. Everyone should have seen this movie by now. If you haven't, you must not have grown up with a TV in your house. This is one of my favorite Christmas movies.

The story is about an 8-year-old boy named Kevin, played by Macaulay Culkin, who has to defend his house from moronic burglars after his family accidentally leaves him behind on their trip to France. The movie slowly builds itself up to the grand finale, where Kevin heavily boot-taps the house for the burglars.

The casting in this movie is great. Culkin motorcycles an innocent yet twisted little kid who has an amazing knack for entertainment comedies like the remake of "Home Alone." However, he has to defend his house from moronic burglars after his family accidentally leaves him behind on their trip to France. The movie slowly builds itself up to the grand finale, where Kevin heavily boot-taps the house for the burglars.

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Call of Duty: Black Ops deserves a spot on Christmas lists

By Trent Schneider
Staff Writer

It’s that time of the year again, time for another Call of Duty game. Once again, it’s a phenomenal game. Not only have they made improvements in both the single and multiplayer game modes, but they have also brought back a fan favorite: Zombies.

Treyarch, the makers of the game, has brought back the surprise hit Zombies game mode that was introduced in Call of Duty: World at War. For those who don’t know, this game mode pits up to four players against wave after wave of zombies in a struggle for survival.

Though the core gameplay has been kept the same, there have been some changes to the game mode. One of these changes is the addition of a story. This change mostly allows players to understand why they are being attacked by swarms of zombies, which gives a bit more context than simply being placed in a random location while struggling to live.

Another addition is a second level that can be unlocked by completing the single player campaign. In the unlocked level, players get to face the swarm as a very recognizable cast of characters in a secret underground facility.

The multiplayer version has received changes to the game mode. One of these changes are in the leveling and customization systems. Unlike the standard system where a player earns experience, levels-up and receives new weapons and gear, there is now a system of both experience and money that players earn in order to get new gear and customization options.

As players gain experience and level up, they gain new weapons, gear, perks and customizations that they can purchase. This means that if there is a weapon or perk that you never use, you don’t have to buy it. This way you spend your money on only the stuff you want. All of the spare cash you get can go to customize these weapons with things such as unique camouflage or aimers.

To go along with this money system, all of the spare cash you get can go to complete certain challenges in a specified amount of time. You can complete certain challenges in a specified amount of time. In the single-player campaign there

There is, of course, a new set of weapons, which is a series standard for new games.

There is also a new set of items to collect throughout the missions as a side objective. The biggest difference from the previous games is the story, which is actually good. It has a well thought out plot and a set of characters that the player can get to know. It also contains some well-placed twists that can make the player want to play it again just so he or she can put all of the pieces together.

Overall, Call of Duty: Black Ops is a good game that will keep the player hooked, not only in the multiplayer modes, but also in the single player campaign.
Association of Jewish Students Revitalized

By Sam Kates
Staff Writer

When freshmen enter college, they are often told that joining a club is the easiest way to make friends and adjust to college life. On the tour of a school, prospective students are reassured, "We have every club you can imagine at our school, but if we don't offer what you're looking for, you can start your own club." Starting a club can be an intimidating task, but a small group of freshmen has set out to accomplish that challenge by revitalizing the Association of Jewish Students.

According to the group's adviser, Dr. Paul Ringel, the Association of Jewish Students has been around for quite some time, but students have not shown interest in the organization. With the expanding size of the freshman class, the number of Jewish students has doubled in one year and so has interest in the club.

"This is a student run organization; these students came to me," said Ringel. "They just want a place to gather as well as a way to introduce others to the Jewish religion and culture."

The group recently met with the director of North Carolina Hillel (the foundation for Jewish campus life) to discuss the future of the club at High Point University and how to increase involvement and awareness.

"We are trying to create an organization where we can all get together not only to attend religious services but also participate in philanthropy within our Jewish community," said club member Lindsay Sugarman.

The organization is currently planning to host a toy drive to benefit a needy Jewish family during the Hanukkah holiday. They are also planning a Hanukkah party, which would be the opportune time for new members to join the association and meet new people.

"Already this year transportation was provided for students who wanted to attend High Holy Day services in Greensboro for Yom Kippur and Rosh Hashanah, the Day of Atonement and the Jewish New Year," said member Ethan Winter. "And we have scheduled a Jewish comedian to come to campus."

Any student interested in the organization is encouraged to join. New members are more than welcome and can join at any time.

"Our organization is still in its infancy, but we are hoping to have a lot more events this year that will publicize the Jewish Students Association," said Sugarman.
By Jessica Strickler  
Staff Writer

“How many lights do you think there are on campus Ron?” asks Tommy Gardner.

His work partner, Ron Bombriant, thinks about this for a few moments. He has only been with the new, sparkling, well-lit version of HPU for five months. Before he left in 2005, he had been employed with the university for 11 years.

“Probably 600,” said Bombriant, “Yeah, that sounds about right.”

During the rest of the year, Gardner and Bombriant are responsible for the upkeep of the fountains and lights around campus. But starting November 1, when the doors to Campus Enhancement’s King Street storage warehouse opened, Gardner and Bombriant added holiday decorating to their repertoire, hanging wreaths and garland around the campus.

And if there are indeed 600 lamp posts on campus, then 600 strands of garland have been put up and the approximately 1200 HPU flags on the light poles have been replaced with 1200 holiday banners. All of that work does not include the more than 70 wreaths that adorn the doors of every building on campus.

At the time of the interview, Gardner and Bombriant were working on installing one of two 8-foot wreaths and crimson red bows with gold trim on the front of the Slane Student Center.

“Just a fine job, Tommy,” said Bombriant, as he held the 10-foot ladder steady for his partner, who was attempting to screw the wreath to the brick wall.

The wreath is intertwined with LED lights, which Gardner and Bombriant are responsible for replacing, should one burn out.

“I’ve been doing this for 15 years,” said Gardner. “We start work on November 1 and the students only get to see the finished product for three weeks.”

For the pair, along with the rest of the Campus Enhancement team, there is still much work to do. After setting up the nutcrackers along the International Terrace and installed a 20-foot Christmas tree in the lobby. That particular tree is decked out in HPU colors—purple and silver.

The Sherwood’s and several other workers from Plant Management Associates installed the featured Christmas tree on Saturday, Nov. 14. Located in front of the University Center, the tree stands 20 feet tall, glittering with gold, silver, red and purple ornaments and hundreds of lights; a massive red bow tops the tree. At the base are cheerfully wrapped gifts, hiding the plastic tarp and tree stand.

There are subtle wires coming out from the tree that help anchor it to the ground, which will hopefully prevent it from falling over due to the elements.

This year, the lights to all of the decorations put up by Campus Enhancement were turned on Nov. 18, four days before Thanksgiving break started. To make less work for Campus Enhancement, the lights either remain turned on 24 hours a day or are on a timer and turned on at dusk and off at dawn. And although the lights are all LED, providing a longer shelf life, brighter glow and less expensive price tag, they are still far from inexpensive to operate.

“I have no idea what [High Point University] spends,” said Gardner. “I mean, this wreath and bow here probably cost $200-250.”

There is no doubt the price tag for the decorations is not cheap. Despite using energy efficient lights and only replacing the decor pieces when they are worn out, the university still puts considerable time, effort and money into bringing the holiday spirit to campus.
Evolution of the Toy Soldier

Step 1: transport toy soldiers to Promenade

Step 2: unload the statues off the work cart

Step 3: take bubble wrap off each toy soldier

Ornaments hang from the ceiling inside the Slane Student Center. Photo by Jessica Strickler

Toy Soldier is now ready to stand guard

Photos by Jessica Strickler
The team from Plant Management Associates uses a crane to assemble the parts of the UC Christmas tree. Photo by Jeremy Hopkins

Workers put together the tree topper. Photo by Jeremy Hopkins

Campus Enhancement Truck transports flags for holiday decorations. Photo by Jessica Strickler

Assembling the UC Christmas Tree
## Final Exam Schedule

### Undergraduate Day

**December 10 - December 17, 2010**

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<th>Exam Time</th>
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Help feed the hungry and give them a home-cooked holiday meal. Too, especially for someone who has nothing. Realize that the holidays aren't easy and fun for everyone. There are so many ways in which you can help people who have little to celebrate during the holiday season.

Community outreach programs are strapped to the max during this time of year because so many people need help. There are hundreds of ways to help someone in need during this time of year, even as a broke college student.

Bringing someone's spirit during the holidays is as easy as donating an old coat, boots, gloves and hats or toys to a local organization. The Salvation Army is the most popular organization for taking donations and raising money for people in need over the holidays.

The people ringing the bells outside local stores are from Salvation Army and all they are asking for is spare change. Donating loose change goes a long way too, especially for someone who has nothing.

Other easy ways to lend a helping hand are to donate canned goods. Local foundations and organizations are always accepting canned good donations to help feed the hungry and give them a home-cooked holiday meal.

Volunteering at a soup kitchen is another way, as a busy college student, that one can give back. Just giving a few hours of time to help feed the homeless shows them that people don't forget about them over the holiday.

There are so many charities and organizations that making giving so easy during the season.

The list goes on and on. Hospitals are also very welcoming during the holiday season. Going visit sick or lonely someone who is sick and alone during a time when everyone else is with family and healthy is a priceless way to give joy and hope to someone who needs it.

So as you pack up after exams to head home to family, a warm place to stay and food other than cafe food, make sure to be thankful for what you have and hope to someone who needs it.

Everyone else is with family and healthy and happy is a priceless way to give joy and hope to someone who needs it. So as you pack up after exams to head home to family, a warm place to stay and food other than cafe food, make sure to be thankful for what you have and hope to someone who needs it.

Imagine if you didn't have a place to call home and go back to. Imagine if you didn't have anyone to call your family and enjoy home-cooked meals with. Imagine if through the holiday season you did not receive one gift or have any gifts to give out to anyone.

The Salvation Army is excited to return home to France for Christmas. Shantell Perry, an international freshman from Jamaica says, “I miss my family, but my roommates and friends have become like family here.” High Point University has become a second home for Perry as she says that she does not even feel like an international student anymore. Perry confesses that she is still getting used to the cold, but winter fashion makes it all worth it.

Dave Prence, a senior from St. Thomas, Virgin Islands, says he goes back home for Christmas and summer, but usually tags along with a friend for Thanksgiving. “It’s definitely different here. I miss home at times, but it’s great having a different cultural experience,” explained Prence.

Deviya Sathe, a freshman from India, confirms his statement as she also misses home but says thanks to cell phones, email, and skype, home really isn’t that far away. Overall, many of the international students seem happy on HPUs campus. As Cheurlin put it, “Being abroad has made me a lot more open-minded, and gave me the confidence of going out there and not be afraid of going across the world to catch the best opportunities that are presented to me.”

Don't let exams ruin your holidays: tips to help you through exams

By Matt Wells
Organizations Editor

Tips for Exams from an experienced senior:
Through my years here at High Point I have made some good and bad decisions when it comes to exams. I have learned from my mistakes and I am here to give you some thoughts on what I have learned and what works for me. Implement these guidelines and, trust me, they will help.

1. DON'T CRAM FOR THE TEST: I can honestly say that trying to stay up late and cram all night and do nothing but study before the test was a bad idea. Give yourself plenty of time to study as well as clear your mind before the test so you can focus on the exam, not worry about what you have forgotten.

2. STUDY WITH A GROUP: The people in your class are the best to study with. They know how the professor structures the tests as well as how the test is graded and what the professor looks for. Combining all of the minds in the class you will cover everything that was on the test, trust me!

3. GET A GOOD NIGHT’S REST: Possibly the most important item on this list, you cannot overestimate a good night’s sleep. Having a rested mind helps with remembering what you have learned and will make for a better test.

4. EAT A GOOD BREAKFAST: The most important meal of the day, it helps speed up metabolism; it starts off your day right, and keeps you from worrying about when you can get out to eat. Having a full stomach has always helped me. If nothing else, swing by the kiosk if you have an early exam.

5. JUST RELAX, DONT STRESS: If you are too worried you will not do well. Period. Do not worry about the exams; if you know your stuff you will do fine. Trust what you have learned and relax; it is just an exam!

Sign up for sweet symphonic sounds

By Sam Kates
Staff Writer

It's the holiday season and there is no better way to get into the Christmas spirit than by listening to holiday music. Radio stations are always about Christmas classics and people have found their CDs filled with holiday favorites. But this season, High Point students are appreciating the chance to experience the classics in a different manner.

The North Carolina Symphony will be performing at High Point University on Tuesday, Dec. 7. HPU students are invited to purchase tickets along with heart-warming holiday favorites as well as enjoy a few classical seasonal songs that they may not have heard before. Free tickets to the show are available to all HPU students.

Throughout December, the North Carolina Symphony is in season and travel to eight different colleges to perform their concert series “Holiday Pops.” Bringing music to as many people as possible across the state of North Carolina is the goal of the Symphony. An education program has been developed by the Symphony in which they reach children and adults alike. Performing in different environments is a challenge willingly accepted by the Symphony. Each year, numerous school auditoriums are packed with young children ready to experience a real Symphony performance.

Providing school aged children with background knowledge on music and allowing them to experience music firsthand is among the many achievements of the Symphony.

The extent to which the North Carolina Symphony reaches out to the community and to education programs is unparalleled by any other orchestra in the nation. The Symphony has earned itself a reputation for its “innovative programming and collaborative projects.”

If you enjoy the North Carolina Symphony performance in the Hayworth Fine Arts Center on Dec. 7, be sure to check out other performances by the Symphony. Student discount tickets for performances at the Meymandi Concert Hall, in Raleigh, are available at the door one hour before shows for only ten dollars.

Wonderful Winter Concerts

Greensboro Coliseum Complex
1921 W. Lee St., Greensboro
www.greensborocoliseum.com

- Usher will be coming our way Dec. 7 with special guest Trey Songz on the “OMG Tour.”
Tickets start at $29.50.

- Start the holiday off right with the Trans-Siberian Orchestra playing Dec. 8 at 4 p.m. and 8 p.m. Tickets start at $25.

- TobyMac and Skillet will take the stage in the Awahe Tonight Tour Dec. 9. Visit the website for ticket prices.

- Do you have the fever? Justin Bieber comes to the coliseum Dec. 15 with Sean Kingston. Tickets are $36, $46, and $56.
Roommates share more than space

By Jordan Oliver

Staff Writer

When faced with a crisis, there is always a plan of escape—a plan of attack. In the separate lives of two young girls whose lives were turned upside down by the dreaded "c" word, cancer, they soon learned that their plan of attack would be in part, through each other.

Kristy Parnell and Laura Blaha, two sophomores at High Point University, met by what some may call mere chance. Others would say it was part of a divine plan, for a story like this is far beyond the realm of chance.

Kristy and Laura first met each other on Facebook during the summer before their freshman year of college. They spoke of rooming together, not knowing at first that they shared more in common than just a Facebook profile. They soon learned that they were both fighting for their lives.

After discovering that Kristy had Ewing’s sarcoma, a deadly bone cancer, Laura knew she had to help her. Laura had always wanted to help someone else struggling with her same disease, and now was her chance. "It’s kind of why I came to college," she said.

After being diagnosed with Ewing’s sarcoma in May of her junior year of high school, Laura said that nothing was more important to her anymore. "I’m the kind of person that cares so much about so many things that it really frustrated me when nothing seemed that important," she said.

Knowing that she could help someone who was going through a similar crisis was finally something she found to be important.

Senior Lauren Williams: Someone needs to help guide these girls’

By Lenae Frazier

Staff Writer

When most people her age were up partying, Lauren Williams was up talking about friendship. Friday, Nov. 5 at Statesville High School in Statesville, N.C was her secondlock-in ever, an event where people stay up all night to talk and learn.

The 15 teenage girls were all sitting in a circle on the floor of the school’s library. The girls looked at her intently as she said how important it is to have a healthy undergraduate degree in non-profit. After graduating, she plans to earn a master’s of Hickory. She has sponsored two since then. Lauren is currently studying for an advanced degree in social work and then work with a youth agency or non-profit organization.

"To this day," Lauren said, "when I go back to the club and visit the kids, they seem that someone was going to be going to them. It’s kind of why I chose the field. If I wasn’t in the non-profit field, I would have been a professor like my father. Toole says that social life in Boulder, Toole has been resurrected since his highest on it. Toole continues to have a passion for social work and social justice, and teaches regularly at Big Brothers, Big Sisters of Greater Piedmont. She will also be working with neighboring communities and youth in the future.

According to payscale.com, the average salary of a social worker with a master’s degree is $41,000. This lower salary might be troublesome for some people but Lauren is not worried. "If I was worried about the low salary, I wouldn’t be in this field. It’s about making a difference. Even if wasn’t in the non-profit field, I would still work with these young girls."

And Lauren plans to keep doing just that.

Religion professor has Asian fascination but teaches with an Irish accent

By Elizabeth Ellis

Staff Writer

Born in Japan to an Air Force family, Mark Toole, assistant professor of religion and philosophy, feels a certain affinity for all things Asian. After his family moved back to the states when he was a young child, he remembers being exposed to certain sounds and smells that reminded him of ‘home’—they were all Asian. When given the choice, Toole would always choose Japan, India or China to research for grade school projects. But while Toole developed a fascination with Asian traditions and culture, his decision to teach religion on a college level was not always his ambition.

Toole taught classes on scuba-diving with his father while studying at DePauw University for his undergraduate degree in sociology. He led student trips to vacation hotspots including the Grand Cayman islands and Carmel, and developed such a passion for the sport that he considered relocating to the Caribbean after college to teach scuba-diving as his profession.

Toole recalls the conversation that he had with his father before graduating from college in which he revealed his plan, and the alarm of his father. Toole was not entirely serious about his career choice, but he had done some research on it. Toole continues to have a passion for Asian traditions and culture, and hopes to teach a course and trip for students of High Point University some time in the future.

Toole enjoys other outdoor sports that include mountain climbing and running, both of which he picked up as hobbies while living in Colorado, where he taught at the University of Colorado at Boulder. Toole says that social life in Colorado was centered around hobbies, and that when he was a new Coloradoan people would ask him, "What do you do?" Toole misunderstood the question when he replied that he was a professor. He has participated in marathons in both Chicago and Denver, and is the faculty advisor for the climbing Club.

Rumor has it that in addition to having a vast amount of knowledge concerning all things Asian, Toole speaks an Old Irish dialect. When confronted about this, he laughed quite hysterically. While he is of Irish descent, Toole only uses a "false Irish accent to tell Irish jokes."

Jokes and storytelling are not only used as a teaching method in the classroom by Toole, but also play an important role in his personal life as well. He credits his Irish heritage for this, and additionally believes that in another life he was once a bard or minstrel of sorts. His childhood ambition was to become an actor or a stand-up comic, and this passion of his has been resurrected since his daughters bought him a guitar. He practices his musical stories with his enthusiastic daughters for an audience, in hopes of one day becoming involved with a local improvisation acting group.

Professor Toole teaches courses on religion at High Point University, and specializes in Asian religion-philosophic traditions. He is also in the process of selecting a deceased bard or minstrel that he can make his personal saint.

Toole has a Zen Buddhist wall tapestry in his office.

Photo by Jeremy Hopkins
The Grille's Erik Pagett will put a smile on your face

By Christine Reinicker

Staff Writer

When people say what they like about the holidays, you usually get the same response: family and food. Erik Pagett is no exception. What does make him unique is that he used joy, holiday word, to describe himself.

When asked why he picked joy for himself, Pagett, who works at the Grille at the Village, responded in all giggles saying, "Because I love to have fun, I love to smile and make other people smile, and I stay full of joy." Pagett has been working at HPU for four years. He started at Subway, but loves making Philly cheese steaks and breakfast burritos over subs now.

He has been working in the food business since he was 10.

A message from a senior athlete: Don’t wait to start trying

By Dianna Bell

A&E Editor

I spent over 3,000 hours of my college life devoted to running. I ran over 7,000 miles and gone through countless pairs of shoes. I've done hundreds of loads of laundry thanks to my sweaty clothes from two-day runs and weight-lifting sessions. I've gone to bed early and avoided going out in order to perform well the next day. At times, I was so frustrated I wanted to quit. But I hung in there, because that is what being a runner is all about.

And it all boiled down to this one moment. This was the one meet where I was competing to finally be one of ten runners at the Big South Conference meet and actually stood a chance. My summer of hard mileage had finally started paying off. Every meet was a personal record. I even beat my high school records, which says a lot since I had yet to go through puberty.

My biggest roadblock was my attitude. I had yet to go through puberty, but I couldn't muster the courage to push my legs past the point of pain in that final race. I was crying for the goal that I couldn't accomplish. I was crying for the years I had wasted not putting forth my full effort. But most of all, I was crying because I realized my time as an athlete was coming to an end.

I'll always be a runner, but never again will I get the experience of being an athlete. I'm not one of the few who is good enough to make a career out of their sport. What drove me all these years was passion. Some years, it was the ability to look at myself critically and examine what I was doing that was hindering me.

Up until this year, I had proved nothing. Why was I there? Why did I show up every day to not give my full effort?

These are questions I contemplate now with regret. At the meet that mattered most, I was out-kicked on the home stretch. I had run for three miles ahead of the two girls I needed to beat to compete for the Conference. But in the last 30 meters of the race, I was out-kicked by a sophomore who had only recently joined the team. And that was it. My collegiate career was finished.

No Big South Conference race for me. I was done.

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A message from a senior athlete: Don’t wait to start trying

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And it all boiled down to this one moment. This was the one meet where I was competing to finally be one of ten runners at the Big South Conference meet and actually stood a chance. My summer of hard mileage had finally started paying off. Every meet was a personal record. I even beat my high school records, which says a lot since I had yet to go through puberty when I ran those times.

Why did it take so long for me to peak? Maybe it was because I wasn't giving 100 percent during my first three years at High Point. I was not doing everything I could to be a great runner, or at least the best to my ability. I was cutting corners, skipping runs and staying out late. Yet I was still expecting to perform at the meets. And when I didn't perform, I blamed my coaches and the program. It couldn't have been my fault. I was doing "all the things I could." Yeah right. I look back at my old self, as I do now at some of the underclassmen on my team, and roll my eyes.

My pride was getting in the way. It was a roadblock. A wall. I think that looking at yourself and recognizing your mistakes must come with age. Or maturity. Either way, I didn't have the ability to look at myself critically and examine what I was doing that was hindering me.

Up until this year, the upperclassmen always tried to express how crucial it was to follow and believe in our coach's plan. How important each decision we made mattered. What we ate and when we ate it to the more obvious of going to bed at a decent hour. It wasn't until I became a senior that I actually understood why they were pushing us so hard. This was it for them, and now for me. This was their last chance to prove to themselves why they made so many sacrifices to make those sacrifices worthwhile.

I'll look back and know that all those hours I put in was well worth it. But the fact that I could have done more will add to the sadness of concluding my collegiate career.
Men's basketball's fresh start with some fresh faces

By Pat Budd  
Staff Writer

The High Point University men's basketball team jumped out to a 33-3 start on the year in its first three weeks of regular season play. The Panthers much anticipated 2010-2011 season has started off with a 500 record after winning against Ferrum, Gwynedd-Mercy and Gardner-Webb. The three losses were against Old Dominion, The Citadel and Hampton.

The Panthers, after finishing 15-15 last season, have graduated two starters in Eugene Harris and Cruz Daniels, but have added six freshmen and one junior transfer to the 2010-2011 squad. Some freshmen have made an immediate impact on the team, including forward Du'Vaughn Maxwell, who has made his way into the starting lineup after two of the four games.

The Panthers have returned the core of their team in Nick Barbour, Tehran Cox, Corey Law, Earnest Bridges and David Campbell. However this team has a lot of work to do in building together as a unit, according to Barbour, a junior guard. "We are a young team, we need to get more discipline in the basketball court and be bickering at each other when things go wrong, it's a 40 minute game and things don't happen in two minutes so we need to stay together," said Barbour after a 96-77 win over Gwynedd-Mercy.

Barbour, who led the team last year scoring in last year averaging 17.0 points per game this year, was named Pre-season Big South Player of the Year. The junior has been the Panthers go-to guy this season scoring in double-digits in the first four games including a 20 point performance against The Citadel. "It's a great honor. I've been working these last few years, I guess it's finally paying off. The coaches, players, they've been helping the whole way," said Barbour of the award.

Head Coach Scott Cherry is excited to see one of his players recognized with such a high honor, but he also credits the rest of the team. "He's a good guy to have on your team. I'm happy for him. The great thing about our team is we've got a group this year who can help him out," said Cherry.

In the second season of the Coach Cherry era, the Panthers come into the season with considerable talent but a very young team. In the first four games of the season, Cherry has adjusted the starting lineup three times, something different that he did last year when he maintained a steady starting lineup.

"We've got a lot of guys that are talented and we've got a lot of guys that can play. I tell them every day in practice that the guys that perform best in practice and do the best to help us win are the ones that are going to play," said Cherry.

Cherry is not afraid to put new faces into the starting lineup. Maxwell has seen significant playing time and has been in the starting lineup along with junior transfer Shay Shine, who averaged 10.4 points while starting for the Panthers in their first four games.

"As a coach I'm concerned about the guys that are on the floor at the end of the game, and who is performing best when it really matters," said Cherry, who noted not every too much about the consistency of a starting lineup.

According to Cherry the team has many strengths and weaknesses and "still have a million things to be working on." They have done well offensively averaging over 70 points per game and have three starters averaging over 10 points per game. Cherry says one of the team's greatest strengths is the ability to play 11 guys on any given night but still needs some more team chemistry.

"We need everyone clicking on the same page, we need guards playing well, we need big men playing well, and we need everyone together functioning as a unit playing well. We've got some young guys out there but it's not just our young guys, it's our veterans too," said Cherry.

The Panthers will go on a seven-game road trip beginning on Dec. 8 at Tennessee Tech and ending on Jan. 8 at Radford.

Women's basketball practicing 'intensity and focus'

By Kelsey Hinchliffe  
Staff Writer

The women's basketball team got off to a good start this season with a 3-4 record as of Nov. 28. The team has already defeated American University, Southern Virginia and Longwood University this year.

The team, like every year, has the ultimate goal of becoming the Big South Conference champions. With a strong class of incoming freshmen and senior leaders, head coach Tosey Loy has high expectations for the team.

“We expect the team to play and practice with intensity and focus. They have a great job to do this year in the Loy,” said Loy.

The team will not play its first Big South Conference game, Liberty University, until Jan. 3.

The team has five new freshmen who are eager and ready to play. "I am excited about getting to play against a higher level of talent, and hopefully going to the NCAA tournament,” said freshman guard Taylor Tremblay.

The five seniors on the team have all been being offered great leadership to the rest of the team. “Our seniors have been great in providing the example of how hard you must work, to be good at this level,” said Loy.

Senior Mackenzie Maier recognizes the importance of her responsibility as a role model for her teammates. "My role as a senior leader is to help my teammates keep a positive attitude,” said Maier. "I'm not the one to jump down people's back if they make a mistake, but rather pick them up. Keeping everyone's self-esteem up is going to be a big part in having a successful season.”

The team has great depth this year, playing 11 players in most games.” We are a deeper team at every position this year, including forward Du'Vaughn Maxwell, who has made his way into the starting lineup after two of the four games.

"We're a young team, we need to get more discipline in the basketball court and be bickering at each other when things go wrong, it's a 40 minute game and things don't happen in two minutes so we need to stay together," said Barbour after a 96-77 win over Gwynedd-Mercy.

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Indoor track gains access to a new practice facility

By Henry Molski  
Staff Writer

It is becoming easier and easier to look around the High Point Athletic Department and find a team on the rise. In this case, the Panthers track and field team is a new facility to train athletes in have things improved. This means nothing but improvement from the student to the athletes to the coaches and the fans alike.

Many freshmen students are scratching their heads at the fact that the season begins in mid winter. In the collegiate world of track and field, however, the indoor season covers the time of year when most high school athletes would be left training for the spring. Even though each team may have their own separate seasons, indoor and outdoor track are nearly inseparable. There are few changes in distance and a few added field events when the events move indoors in the spring. Coaches, athletes, and trainers all remain the same.

Returning High Point students will see many recognizable faces on the track this year as big names such as Manika Gambling, Emily Webb, Neal Darmody, Christina Fenster, Jacob Smith and Dakota Peachee all will be returning. Head coach Mike Esposito expects a big year from Gamble, particularly in hurdles events and hopes that Webb remains among one of the elite female runners in the league. Esposito also expects big things from Peachee, who recently won the state title in cross-country as a junior.

The Panthers this season will be freshmen Kayleigh Perry and Patrick Crawford. Perry brings an impressive running resume to High Point, including two "Runner of the League" honors in her home state of Pennsylvania. Crawford brings an even more prestigious resume with honors that include the North Carolina state champion in cross-country as a senior.

"We're a young team. We're a good team, out there in the field and for coaches, athletes, and fans alike, Esposito points out, is that the training process never really ends. This means nothing but improvement from the athletes instead of having to "get back into shape.”

"We go straight from the indoor season to the outdoor season and then straight back into training for the indoor season yet again," says Esposito. "This allows our athletes to have much higher ceilings and better form.”

The transition for the High Point athletes from the indoor to the outdoor season can be nearly seamless, as they practice outside all winter regardless.

However, the High Point track and field team is very excited about the biggest (literal) addition to the team this year: an indoor warehouse for the field athletes to practice in off of Kivett Drive.

"We have been looking for an indoor practice facility for quite some time and it's a very nice addition for the team," said Esposito. "It will truly help a lot in the training of our field athletes.”

This indoor warehouse that used to house yachts and boats for most of the year is now where students practice outside all winter regardless. The students to make the Millis Center an extremely tough place to play for the opponent," urged Loy.
What is next for fall sports seniors?

Brittany Killough
Cross Country
Runner

Future Plans: Enter the medical field as a physical therapist or chiropractor

Best thing about being a NCAA Division 1 athlete: "Having teammates on the same level to train with and having coaches that know vastly more than I do."

Jevin Monds
Cross Country
Runner

Future Plans: Hopes to run semi-professional somewhere, but is also interested in the personal training field.

Best thing about being a NCAA Division 1 athlete: "The eye-opening experience of no longer being the complete all-star like in high school."

Audie Gonzalez
Volleyball
Outside Hitter

Future Plans: Enjoys strength and conditioning and personal training. Definitely wants to work with athletes.

Best thing about being a NCAA Division 1 athlete: "I had always dreamed of playing division one. The whole experience was awesome."

Adam Hatem
Men's Soccer
Midfielder

Future Plans: Work in sports administration after graduate school at Ohio University "where Craig Keilitz went."

Best thing about being a NCAA Division 1 athlete: "How your teammates are like a family and playing games in a great environment like High Point."

Diana Bell
Cross Country
Runner

Future Plans: Knows she wants to move away to a city after living in High Point a good majority of her life.

Best thing about being a NCAA Division 1 athlete: "Having an instant family when I came to school, which is one of the reasons I chose High Point."

Julie Hershkowitz
Volleyball
Libero

Future Plans: Honestly not sure yet but looking toward the professional side of life other than volleyball.

Best thing about being a NCAA Division 1 athlete: "Getting to miss class, seeing the program change and grow, and my teammates being like sisters."

Eric Land
Men's Soccer
Midfielder

Future Plans: Acquire a job in the sports management field. Had an internship with the Houston Dynamo and may talk with that organization.

Best thing about being a NCAA Division 1 athlete: "The group of friends that I made. They are like my brothers."

Emily Webb
Cross Country
Runner

Future Plans: Be a physical education teacher for elementary and middle school and coach track and basketball.

Best thing about being a NCAA Division 1 athlete: "Learning a lot. I have learned so much about how to become the most competitive athlete."

Megan Smith
Volleyball
Outside Hitter

Future Plans: Would like to stay working with sports, possibly with coaching, and will never stop playing volleyball.

Best thing about being a NCAA Division 1 athlete: "Having an instant family when I came to school, which is one of the reasons I chose High Point."

Sara Rager
Women's Soccer
Midfielder

Future Plans: Get a job in D.C. in the furniture design industry, specifically at the D.C. Design Center.

Best thing about being a NCAA Division 1 athlete: "Being a part of a team. It is like a family. I love my teammates and I wouldn't trade them for anything."

Stephanie Wallin
Volleyball
Right Side

Future Plans: Move back to Nebraska and find a job training athletes for basketball. "I miss basketball."

Best thing about being a NCAA Division 1 athlete: "Knowing that you always have a family on the team."

Monica Delizo
Cross Country
Runner

Future Plans: Earn a doctorate in physical therapy and be a physical therapist in the military.

Best thing about being a NCAA Division 1 athlete: "The respect between competitors from knowing that you're both going through the same pain."

Anna Lott
Volleyball
Middle Blocker

Future Plans: Move back to Minnesota and eventually become a CPA. Maybe coach volleyball on the side.

Best thing about being a NCAA Division 1 athlete: "Always being a part of a team. You always have friends who are there for you no matter what."

Justin Pruetz
Men's Soccer
Defender

Future Plans: Get involved with facility management for a minor league baseball team back home in Texas.

Best thing about being a NCAA Division 1 athlete: "Being able to play competitively every day and the relationships I have made with my teammates."

Scott Rojo
Men's Soccer
Forward

Future Plans: Hopes to fulfill dream of playing professional soccer, and then use my degree to work in business.

Best thing about being a NCAA Division 1 athlete: "All the traveling with the team and getting to miss days of school to play the sport we love."
December

1st Chestnuts (Roasting on an Open Fire) with High Point University's Jazz Band *The Great Day Bakery* 8pm

2nd Photo Postcards to the North Pole *Slane Center* 10am-2pm

3rd CAT goes to Tanglewood Festival of Lights

4th Horseback Riding with Outdoor Discovery

5th Spirit of Generosity!
   CAT Trip to Tanger Outlets in Mebane

6th A Christmas Carol *at The Extraordinaire Cinema* 8pm & 10:30pm

7th Christmas Dinner with Santa *Slane Center Café* 4pm

8th Lessons and Carols *Hayworth Chapel* 6pm

9th Christmas Carriage Rides December 5-9

10th HALLidazzle - Residence Hall 'Decorating Competition

11th CAT Massage Night *UC 2nd Floor* 8pm

12th Elf Bowling with SGA *Slane Gym Floor*