A Special Wish for Japan

Senior Mai Iwasaki (left) and freshman John Gargiulo (right) fold paper cranes as part of a fundraiser held on March 24 in Slane Gym for the American Red Cross Japan Relief Fund. There is a Japanese legend which says that if one folds a thousand paper cranes then one will be granted a wish, such as long life or recovery from illness or injury.

Japanese students react to recent disasters

By Skylar Mabe
Staff Writer

Mai Iwasaki, Tomo Yamada and Nori Onishi. Their names may not sound familiar but their faces represent a country of people in turmoil.

After an 8.9 magnitude earthquake and tsunami hit the Northeast coast of Japan on March 11, thousands of Japanese were left without homes, family and hope.

The death toll in Japan is up to approximately 9,500. Imagine everyone you know, everyone you see walking to class... gone.

Besides the 9,500 deceased, there are around 15,000 people missing—roughly the population of Jamestown, N.C. (the small town next to High Point).

A whole town... grocery store cashiers, gas station attendants, school teachers, neighbors, everyone. Missing.

“They’re human and they feel and they breathe and they have emotions just like you and I,” said Erin Moran, an HPU admissions counselor who taught English in Japan for a year.

Iwasaki, Yamada and Onishi are the only three Japanese students currently studying at HPU.

Their families are all safe, but that doesn’t erase the pain and the anxiety they feel for their home country.

Iwasaki’s mother was at HPU during the earthquake and tsunami. Her flight home was scheduled for March 13, a mere two days after the disaster. Japan was feeling the after shock and most transportation was shut down.

“I could not eat well at the time [of my mother traveling],” said Iwasaki. “I realized the importance of family and I prayed for [her] safety.”

Iwasaki’s grandparents live in Koriyama, located in the middle of the Fukushima prefecture. Because their house is within 25 miles from the damaged nuclear plant, they rarely go outside.

“[It is] possible that I will be hit with earthquakes no matter where I live in Japan,” said Yamada. “It’s hard not to be scared or nervous.”

Onishi lives in Osaka, a city about 350 miles from Fukushima. Nori will graduate in December and hopes to attend summer school at HPU. Onishi survived The Great Hanshin earthquake in 1995. He and his family were living on the ninth floor when his parents woke him up.

“I thought my apartment was going to fall apart. I saw a lot of places, like the highways and ground was split,” said Onishi.

Like Americans have drills for fires and tornados, Japanese have drills for earthquakes. They are a part of life in Japan, a terrifying reality for the thousands missing and even the thousands...
Campus Voices: What do you like most about the spring?

- "Sunshine, being outside, and summer being closer." 
  Sayshya McArthur, freshman

- "No longer oppressed by the cold and have to stay inside. And I can walk barefoot around campus." 
  Tommy Parnelle, senior

- "Everything begins to come to life in the spring." 
  Bradley Taylor, sophomore

- "The warm weather and everyone's happy." 
  Anna Seiler, junior

An extraordinary realization

By Roxanne Tammone

"Take two steps onto campus and it seems more like the grounds of a country club than a college campus. While the academics are both challenging and rewarding it is easy to judge a book by its cover, and the High Point University book could certainly be titled "The Four Year Vacation." But being surrounded by constant beauty can be a bad thing, and many students find themselves unintentionally taking it for granted, focusing on the trite instead.

"Security is so annoying; they bust parties way too early."

"I can't believe I just got written up again; if I want to drink I will... this is way too early."

"I can't believe I just got written up again; if I want to drink I will... this is way too early."

"The lines to eat are way too long no matter where I go; they need to stop letting in so many freshmen."

"Seven magic meals a week is not enough; we need more."

"What's so extraordinary about this place again?"

Many if not most students are guilty of whining at least one of these so familiar complaints at one point or another during the semester. Another new popular topic of complaint around campus is the constant growth of Greek life. Students can be overheard speaking in stereotypes, "Greek life is about buying your friends. A group of the elite can have exclusive parties and custom t-shirts, custom hats and koozies and car decals and coolness and anything else that can be emphasized with their letters. Drinking alcohol in unhealthy amounts for any, I mean literally any reason... like "Hey bro, the sun is shining, and it's like a Sunday we should totally go buy a couple cases."

Sometimes I even feel myself floating amongst my fellow Greeks, knowing that a large group of people find themselves uninterested but being surrounded by constant beauty can be a bad thing, and many students find themselves unintentionally taking it for granted, focusing on the trite instead.

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By Amanda Mayes
**Staff Writer**

Horrific and unforgettable images and video constantly stream on the television screen of the recent earthquake and subsequent tsunami in Japan.

The perpetual tinderbox that is the Middle East ignited in January as repressed individuals in many countries took to the streets to demand political, social and economic reform. The United Nations recently passed a resolution giving the go-ahead for a no-fly zone to be imposed on Libya in order to protect the civilian population caught in the middle of a civil war.

A thousand other places on the map face unique struggles and challenges, causing media to become the messenger for the voiceless worldwide who otherwise would have no means of being heard.

Events on the world stage seem to ebb and flow, partly because news is delivered in cycles. Tremendous stretches of time involving inactivity seem interwoven out of place. The actors on the world stage seem at peace for once, or at least too tired or distracted to put up a fight. Yet so much is stirring below the surface of the seemingly calm river of history; the media may never choose to focus on the small ripples that will lead to the waves that alter lives during decidedly busy news times. This perceived ebb and flow of world events has effectively turned the human heart dormant until the media deems it appropriate to awaken our compassion.

The media has accumulated a vast amount of power, yet with this power comes responsibility - a fact that many in the news business choose to studiously ignore. The piecemeal methodology by which the media determines which stories see the light of day and which are swept under the rug are highly questionable. More often than not, a spotlight is shed on stories involving the suffering; these stories draw out compassion and guilt in equal portions from the heart of the international community. Sensationalism and opinion have ousted the place of credible stories that lead to the development of empathy and the expression of compassion. Positive and hopeful stories exist, but negative events tend to elicit the strongest emotions.

But the pen is only mightier than the sword if the ink-stained hand that wields it understands when and how to put it to paper.

Not all blame for this loss of enduring compassion can be placed on the media. Much of humanity has adopted the axiom "Out of sight, out of mind." We become lost, tangled up in our own worlds and blind to the plight of those around us. Rather than taking an active interest in what is going on in our world and deciding for ourselves the importance of issues, we wait to be told what issues are significant. Laziness, ignorance, selfishness and disinterest provide the press with free rein to manipulate our interests and control our heartstrings.

I urge you to find a way to disrupt the status quo of the media's control of compassion.

Seek knowledge beyond what is handed to you. Find the ability to deeply care for others whether or not their need stems from war, natural disasters, inadequate laws, or the push and pull of life. Disregarding the cliché, we are all human and all connected.

You never know when you may be the one seeking the empathy needed to keep walking down the path of life.

**Media should not control our compassion in life**

By Jake Grim
**Staff Writer**

Squeezing the flow of information across the internet, Canada's biggest internet service provider is making waves amongst internet users by cutting their bandwidth caps, or the amount of web surfing and downloads they are allowed.

To give a brief background on the situation the Canadian Radio-television and Telecommunications Commission (CRTC), Canada's telecoms regulator, approved the use of bandwidth metering and usage based billing (UBB) by Bell, the biggest carrier in Canada, late last year. Since then the situation has exploded into heated debate on the internet with protest sites popping up, including stopthemeter.ca and the Anti UBB campaign.

What this means for Canadians, as it has been pointed out by an image circulating the web, is that when internet service providers are charging two dollars per gigabyte it is cheaper to buy a 200 dollar 16GB hard drive, fill it with useful data and ship it next day for ten dollars to another part of Canada. The average cost by this method is only $1.84 per gigabyte, with an average transfer speed of just over 15MB per second, which is a common speed for Canadian Internet connections.

With prices of nearly two dollars a gigabyte, UBB cripples watching videos online, peer-to-peer transfers and even streaming an HD movie from viable sources. In addition to the monthly fees, users already pay to stream movies; the download itself could cost them eight additional dollars for a high definition movie.

Many of you are shrugging this off as another "Oh Canada" moment, but the fear is if usage based billing can stand in Canada with low bandwidth caps, what is to stop it from spreading to Canada's nearest neighbor, the U.S.?

Usage based billing could cripple the spread of ideas and information on the Internet.

While several carriers in the U.S. have bandwidth caps on usage, the caps are at the very ceiling of what the average household can consume in a month—between 200 and 250GB. The caps Bell proposes for Canada are only a fraction of that at 25GB per month and every gigabyte average incurs additional costs.

Bell's reasoning behind setting caps boils down to the network congestion during peak hours, and the belief that those who use the bandwidth more should have to pay more for its use. Considered in the light that those that use more cause more congestion and therefore should pay more, this makes perfect sense. This logic does not hold true, however.

As Jeremy Addleman, a contributor to stopthemeter.ca said, "Drivers who cross a bridge many times throughout the day do not add to congestion at rush hour. Instead, it is the commuters who cross during peak hours who contribute. It would be absurd to charge these people who use the bridge when it is not busy for the problems created by those who travel only when there is gridlock."

The bandwidth metering and usage based billing in Canada is opening the way for the abuse of net neutrality, with internet service providers capable of dropping caps to such low levels that file sharing and peer-to-peer transfers are no longer economically feasible. This blow to the transfer of ideas and information is against everything that has made the modern age prosper, and should not be allowed to stand.

Right now the public pressure on the CRTC and Bell has reached critical mass; hopefully the CRTC will come to its senses and repeal its approval of bandwidth metering before it reaches the States.

A moment with the editors
What's your favorite...

College basketball team?
DUKE!!!

Flavor of ice cream?
Rocky Road

U.S. city?
Boise, Ky.

Katie Nelson, Editor-in-Chief

Jeremy Hopkins, Photography Editor

Matt Wells, Organizations Editor

Dianna Bell, A&E Editor

Duke Blue Devils

C.C. Cookie Dough

UNC.

Las Vegas

Peach

San Francisco

Chocolate & coffee

I don't really care.
Khloe Kardashian of “Keeping Up With the Kardashians” is scheduled to have a spinoff with her husband next month.

Photo provided by Celebrity Beauty Buzz.

Kris Jenner divorced Robert Kardashian in 1990 and is remarried to Olympic champion Bruce Jenner.

Photo provided by cardigirl.net.

Kim Kardashian was second in her class when she was given a scholarship to attend the prestigious Model Camp as manager of up-and-coming music group BG5.

According to a recent Forbes magazine story, the 30-year-old celebrity is capitalizing on every aspect of her fame.

Kim also landed an endorsement deal with Sketchers that earned her a coveted slot in last year’s Super Bowl commercial line-up.

As if Kourtney, Kim and Khloe’s new fashion line with Sears, set to debut this fall, weren’t enough of a fashion trend for the family, it seems a new generation of Kardashians is headed our way. Kendall, 15, and Kylie, 13, have already earned acceptance in the modelling industry by working with major clothing stores like Forever 21, Macy’s and Sears. Brother Rob, 23, graduate of UCLA, just recently signed his first gig as manager of up-and-coming music group BG5.

When is enough enough? There seems to be no end in sight for the Kardashians as their celebrity status grows more and more by each new venture the eight-membered family takes on.

Why are we ‘Keeping Up With the Kardashians’?

By Janeen Leppert
Staff Writer

Reality stars have come and gone, but it seems the Kardashian family is here to stay.

Four years ago, the only thing associated with the Kardashian name was a x-rated video tape that surfaced of sister Kim and a former boyfriend. Typically, in the entertainment industry, a sex tape is a devastating hit to any celebrity’s career and causes that person to lose a certain amount of credibility and respect. In Kim’s case, that may be true, but it’s also partially responsible for landing Kim and her family in the Hollywood spotlight.

Kardashian enthusiasts will argue Kim’s graphic tape has nothing to do with the family’s success. In fact, it was their late father, Robert Kardashian, who partially responsible for the acquittal of O.J. Simpson in his murder trial, which made their name famous. However, that is what Robert was famous for 16 years ago. This still leaves the big question: why are the Kardashians a national fascination and borderline obsession?

“We’re just this big family with a lot of drama and a lot of issues, and there’s someone here for everyone to relate to,” says Kris Jenner, mother of six, in an interview for The Hollywood Reporter.

Last year alone, the magazine reported the Los Angeles based reality TV clan made $65 million in endorsements, fragrances, clothing stores, skin care and weight loss products, appearances, a New York Times best-selling book, and three soon-to-be four hit TV shows on the E! network.

It’s safe to say the Kardashians are everywhere. In 2007, the controversial family introduced themselves to America by launching “Keeping Up With The Kardashians,” which now is in its sixth season and averages 3.5 million viewers per week. Viewers were instantly captivated and began worshiping their empire. This fascination led to two spinoff shows starring sisters Kourtney, Kim and Khloe as they expanded their DASH Boutique to Miami and New York City. Next month, the third spinoff, “Khloe & Lamar,” is set to premiere.

Kim remains the most popular member of the family. Last year, Kim was the fourth most googled celebrity in the U.S. Following Justin Bieber, Katy Perry and Selena Gomez. The 30-year-old celebrity is capitalizing on every aspect of her fame.

So are we ‘Keeping Up With the Kardashians’? What’s next for the eight member family? The self-proclaimed “perfumista” released her own fragrance last year and is now Sephora’s top seller. And as if Kourtney, Kim and Khloe’s new fashion line with Sears, set to debut this fall, weren’t enough of a fashion trend for the family, it seems a new generation of Kardashians is headed our way. Kendall, 15, and Kylie, 13, have already earned acceptance in the modeling industry by working with major clothing stores like Forever 21, Macy’s and Sears. Brother Rob, 23, graduate of UCLA, just recently signed his first gig as manager of up-and-coming music group BG5.

When is enough enough? There seems to be no end in sight for the Kardashians as their celebrity status grows more and more by each new venture the eight-membered family takes on.

So long, Winter. Hello, Spring!

By Bridget Donahue
**'Dragon Age II': flawed, but fun**

By Trent Schneider

*Staff Writer*

"Dragon Age II," sequel to "Dragon Age: Origins," brings many new improvements to the 2009 game. The story is set during the same time as the first game, but in a different area. The player takes control of a man or woman fleeing with his or her family after their home has been destroyed. After arriving as a refugee in the city of Kirkwall, the hero must rise through the ranks of society in order to provide the best for his family. This task ends up being much more dangerous than he or she could have ever imagined.

As far as gameplay goes, there have been many changes since the original. One change players may notice the most is the combat system. Unlike in "DA Origins," the combat is much more action-based. Every move the character makes in a fight is controlled directly by the player. In the original, the player just picked a target and told the character to go. Another big change is in the menu and dialog systems, both of which are now more like "Mass Effect 2," another game from the creators of "Dragon Age."

As for the story, "Dragon Age II" is much different from "DA: Origins." Instead of a random person becoming an all-powerful Warden fighting off the Archdemon, the player starts out in poverty and has to earn his or her own wealth and respect as the player defends the city and those he or she cares about from the different tragedies that befall them. The story creates some strong ties to the different characters and does a good job of making sure the player doesn’t know what is coming next.

Of course, as with all games, "Dragon Age II" does have a few flaws. The biggest of these flaws is the fact that the story is not well tied to the different characters and does not always make the player care about them. The biggest of these flaws is the fact that many of the different maps in the game are reused to represent different areas. By this, I don’t mean, "Hey look! I think I may have seen this map before." I mean, "There must be a shortage of land around here because I’ve been here five other times doing five different things."

Another problem that not all players may get, but I most certainly got, were texture glitches. By texture glitches, I’m not referring to two textures overlapping one another in a far off corner on one map. I’m talking about a period of roughly two hours where the guards in the city were represented by floating swords and shields. On the plus side of this, nothing brightens the mood of a city on the edge of destruction like laughing at the array of floating swords and shields.

All in all, the game packs many hours of good quality entertainment with solid replay value and, aside from a few minor problems, some of which many players won’t even encounter, it is still a good game. With this in mind, I definitely recommend it for any gamer who is looking for a good RPG to play.

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**Birds are chirping, bees are buzzing, guitars are wailing...**

and tickets are available for some awesome shows

**The Fillmore**
1000 Seaboard St., Charlotte
www.liveation.com

Alternative rock band All Time Low will play March 29 at 6:30 p.m. Tickets start at $22.50.

On April 7, Jonny Land will perform with special guest Bubonik Funk. The show starts at 7:30 p.m. Tickets start at $29.50.

On April 9, Jonny Land will perform with special guest Bubonik Funk. The show starts at 8 p.m. Tickets start at $23.80.

*For more information about these shows and ticket prices, visit the website.

**Greene Street Club**
113 N. Greene St., Greensboro
www.greenestreetclub.com

Pop/rock band Emery will play March 30 with To Speak of Wolves, Firewall (formerly As Cities Burn), The Future is Me, Future Ghosts and Hey Miss Wright. Doors open at 6 p.m. Tickets are $13 in advance and $15 the day of the show.

**April Fool’s Day** will feature 12th Planet & Vaski, the dubstep group. Phillie Phresh, Tim Trouble, Crewless, Cloak and Dagger & Rooftop Resident DJ Blackout will take the stage as well. Doors open at 9 p.m. Tickets are $12 in advance and $15 the day of the show.

**April 6** brings Break Science, which is a dub, hip hop, drum and bass, trip hop group. The group is composed of Adam Delich of Pretty Lights. Borahm Lee of The Figures and Chad Zina of Jurassic 5 with special guests Proper Motion. Doors open at 9 p.m. Tickets are $12 in advance and $15 the day of the show.

The punk rock band Screaming Weasel will perform its 25th anniversary show on April 8 with The Huntingtons. Doors open at 7 p.m. Tickets are $20 in advance and $24 the day of.

Greenboro Coliseum Complex
1921 W. Lee St., Greensboro
www.greenborocoliseum.com

Rush will perform April 1. Tickets start at $50.50. If you are like Paul Rudd in "I Love You, Man," and want to "slappa da bass, mon," take advantage of this show.

Now that Weezy is free, he will be performing April 8. Tickets range from $39.17 to $89.75.

**Greensboro Coliseum Complex**
2825 University Parkway, Winston-Salem
www.ljvm.com

The Zac Brown Band will perform with Blackberry Smoke on April 6. Doors open at 6 p.m. Tickets range from $28.50 to $48.50.
“Recyclemania” competition sparks HPU to go green

By Paola Chaves
Staff Writer

HPU is the home of approximately 3,000 students along with faculty and staff, who are now involved in “Recyclemania.” Recyclemania is a friendly competition between colleges and universities that promotes waste reduction on campuses. The competition is conducted over a 10-week period in which schools report both recycling and trash data. After this data is collected it is ranked based on the largest amount of recyclables per capita, the largest amount of total recyclables, the least amount of trash per capita, and/or the highest recycling rate.

In order to participate in this competition in order to increase recycling on campus, raise awareness of the recycling program at High Point and lower the waste that is generated on campus. In order to promote this competition, the HPU Green Team is working hard through the use of campus outlets, such as Campus Concierge, posters found around the school, social media such as Facebook and Twitter and most recently by providing each High Point student with a green water bottle.

The free water bottles that are being passed out allow students to understand both the importance of recycling and “reusing.” In addition they get a glimpse of what High Point University is trying to do and promote.

“I think it’s a great strategy being used to get the point across and recycle,” says student Erica Wagner.

Although many students believe that High Point does not recycle, David Bryden, director of library services, said, “It is true that recycling on the campus is new but we have had tremendous support.”

According to the director of WOW, Troy Thompson, in order to be successful in this competition, the results will be monitored throughout the 10 weeks to see the changes in volumes of recyclables.

Although it is questionable whether or not both students and faculty will make it a habit to recycle, Thompson believes the program is a step in the right direction. “As a campus we will continue to strengthen our sustainability initiatives, including recycling, in the future,” he said.

Already there has been an overwhelming response to recycling, according to Bryden. “Last week, 6,000 pounds of co-mingled recycling was removed from campus,” he said.

Yet, there are steps being taken in an effort to make the campus more environmentally friendly because High Point is in the works of planning the stages of a first Leadership in Energy and Environmental Design (LEED) certified facility for the new school of education building.

Russian and Portuguese join the MFL department

By Julia Coiro
Staff Writer

Starting next year, HPU students will have the opportunity to take Russian and Portuguese for a foreign language credit.

According to Dr. Carole Head, chair of modern foreign languages, Portuguese was chosen to be added to the curriculum because of its benefit to international business majors. “Portuguese is the official language of Brazil, the largest country in South America, the second largest industrial power of the Americas and a very important trading partner of the United States,” Head said. “Therefore, Portuguese will be an important complement to our program in international business.”

Russian was also chosen to be added to the curriculum because of its benefit to international relations majors. “Russian is new but we have had tremendous interest in it,” Head said.

According to Head, the department of modern foreign languages bases its choice of which languages to add on a number of things. Student interest, world events, global trends, economic issues, cultural awareness and other changes in the curriculum are some of the things that factor into this decision.

“The addition of a new language is discussed with the members of the modern foreign language department, then with the provost of the university and the dean of the college of arts and sciences,” said Head.

Head said that the department will hopefully be adding some new languages in the next few years.

“The modern foreign language department is committed to helping students prepare for leadership and service in a global community by offering them the opportunity to expand their knowledge of other languages and cultures, and we are fortunate to enjoy the support of the university administration in this endeavor,” Head said.

Millis estate to become ropes course and retreat center

By Jessica Strickler
Staff Writer

In November 2010, Molly Mills-Hedgecock, a local resident of High Point and HPU board of trustees member, donated her Davidson County 20-acre estate to High Point University. The Mills family has several buildings named after them on campus, including the Mills Athletic and Convocation Center.

Since the donation, members of the HPU community have been working to guarantee that the new facility is operational in August 2011. Roger Clodfelter, High Point University’s associate vice president for communication and culture, is spearheading the project.

Presently, only minor changes have been made to the property and much of the project is still in the planning stages. Although a budget is still being developed, several campus organizations have taken a role in the planning process.

A group of interior design majors in the school of art and design have been tasked with the responsibility of creating a mock-up for the inside of the four-bedroom home.

“We plan to use only one of the bedrooms as an actual bedroom. The others will be used for storage space or meeting rooms,” said Clodfelter. “The bedroom has the potential to be used as another lodging option for a student’s family in an emergency situation.”

The outdoor discovery team, a group of HPU students, is working with local ropes courses to design a ropes course to be built on the property.

“It took a ropes course once; it was about 30 feet in the air and I was scared to death, but I loved it,” said freshman Jacqueline Simpson. “I am hour-foo excited about trying it again!”

According to Clodfelter, the estate will be a “retreat center” for HPU faculty and student groups. Ideal for faculty departments to hold planning sessions and for student groups to take a break from studying, the estate should receive plenty of use.

Since the property is located approximately 10 minutes from High Point’s main campus, there will be a live-in property manager responsible for maintaining the house and the surrounding land. Transportation to the retreat center will be provided by High Point University buses, so that land available can be maximized for natural use. The estate already has a circular driveway, so bus accessibility should not be a problem.

“It’s going to be a fantastic use of the space,” said Clodfelter. “We are excited about having a place for our students and staff to relax and enjoy the outdoors.”
Local students to host rally for amity

By Jared Johnson  
Staff Writer

Amity is not a word that gets thrown around in conversation too often. When most people hear it, they may even have to look it up its meaning.

Well here it is, amity—peaceful harmony and a mutual understanding; peaceful relationships between nations.

It is a wonderful concept that needs to be embraced.

Just because someone has a different faith or race is not a good enough reason for why everyone can't coexist.

All of the hate and insignificant reasons why people dislike each other need to come to an end.

No matter how big or how small, everything has to start from somewhere. On April 10, from 3-4 p.m. it starts at 3710 Waterview Drive in High Point. At the park there is going to be a Rally for Amity.

This is not just going to be a run of the mill peace rally. It is going to be much more than that.

Jillie Johnston, the event's organizer, said, "These three hours provide the opportunity to sit and talk with someone you normally would never have a conversation with."

The Rally for Amity is free of charge and will include food and fun for all.

Image provided by Jillie Johnston

Student Spotlight: Stephanie Rubendall is no stranger to hard work

By Jordan Oliver  
Staff Writer

"I love my nickname being screamed through the stainless steel doors as I carry behind the bar of The Point—HPU's one and only sports bar and grill. I know exactly who that is. "J-dawg!"

Stephanie Rubendall is a sophomore student; she considers herself a veteran to hard work. Throughout her high school years, Rubendall worked 30 hours a week at Walgreens, where her shifts would often end at midnight. Come summertime, she took on three jobs—one full time and two part-time, giving her a total of 75 hours a week.

As if this fast pace wasn't enough demanding task for a 19-year-old and one that has forced her to realize where her money needs to go.

"You have to prioritize," she stated. "There's no point in setting your heart on one thing—which one's better? Having a cute shirt or paying your college tuition?"

Not only does Rubendall work on campus, but she is also the pledge master for the service fraternity, Alpha Phi Omega.

Under her title, this well-rounded sophomore oversees her 22 pledges, making sure they're on track with the pledging requirements. As for her studies, Rubendall is tackling the vigorous major of interior design, a challenge some may deem impossible.

"It's very much doable. You have to be able to manage your time," she confidently stated. "My schedule...it just kind of always works. I think you just have to roll with it. You can't panic because it's just a part of life; you just have to go with the ups and downs."

As for her professional career, this go-getter wants to work in commercial design. There are several areas around the area involved such as Elon, UNCG, Wake Forest and GTCC. Four homeless shelters and several religious leaders from around the area are also involved.

Johnston said, "This is a revolution. Not a revolution of uprising and chaos, but one of love, peace and coexistence."

There is going to be free food, a live band and many people just hanging out trying to learn from one another.

It is going to be a day of sharing and listening to others' experiences in the world. For further information check them out on Facebook at "Rally for Amity."
Student raises MS awareness through her personal struggles:

Kaitlin Evans’ new motto on life is ‘Why not?’

By Liz Welborn

Special to the Chronicle

Forget Campus Concierge wake-up call service; for High Point University’s Kaitlin Evans, pain is her alarm system. “It’s like razor blades up and down my arms. I can’t stand it. I don’t want anyone near me, but I have to,” Kaitlin says with a determined set to her chin. As she gets up for the day, the pain intensifies. She takes her normal dosage of pills in pill boxes, two painkillers, and an antibiotic, and blocks out the pain.

Most people who attend HPU would give Kaitlin one instant glance and have no idea the struggle Kaitlin faces just to get up in the morning. Wearing sweats and the average book bag, she looks just like an ordinary college student making her way reluctantly to class. But with longer inspection, an observer can see the pain seeping from her eyes and the fatigue that seems to be in the depths of her pupils.

Doubt and Pain

Ten years ago, Kaitlin could run a mile along her middle school track without catching her breath. She was nothing she could do about it. In order for her flair ups to not be so severe, she would cope with the pain with without feeling. She would curl herself into a ball and cry, or just lie there and do nothing. “I was told that I could sit in a wheelchair at an early age and eventually, wear my whole body down,” Kaitlin said.

Getting to Know Multiple Sclerosis

Multiple Sclerosis attacks the central nervous system by essentially creating scar tissue around the brain. The scar tissue destroys and affects nerves that cover the brain, affecting the whole body. Without treatment, people with multiple sclerosis can end up in a wheelchair at an early age and eventually their whole body shuts down. The brain still functions but the body does not.

In Kaitlin’s case, doctors wish they had caught the disease sooner because there had been severe damage to the doctor’s appointment. This time the appointment lasted longer than just a few minutes. Dr. Ghandi actually listened to her symptoms and asked questions. “I was pleased,” said Kaitlin. “Instead of just asking me to come in regular to see whether things were getting better,” Kaitlin said.

Dr. Ghandi started the round of tests with several MRI and blood tests. When all the tests had been conducted, Kaitlin and her mom were called into the doctor’s office.

“Kaitlin and I were sitting in the front row of a class when I was hit by a car,” Kaitlin says. She was hit in the face and was left unconscious. “I was flown to the hospital right away,” Kaitlin said. “I was told that I could sit in the brand new wheelchair in his office—know it was bad then,” Kaitlin said with a smirk.

Kaitlin had an answer. Multiple Sclerosis. It was October 31, 2007.

“Getting to Know Multiple Sclerosis

Multiple Sclerosis attacks the central nervous system by essentially creating scar tissue around the brain. The scar tissue destroys and affects nerves that cover the brain, affecting the whole body. Without treatment, people with multiple sclerosis can end up in a wheelchair at an early age and eventually their whole body shuts down. The brain still functions but the body does not.

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Kaitlin Evans takes three sets of pills per day and three shots per week to combat Multiple Sclerosis.

Photo by Jeremy Hopkins

“Why not?” Kaitlin said with a smile.
HR class picks up Alex’s Lemonade Stand raises money for childhood cancer cure

By Kimberly Wilson  
Staff Writer

Kids construct lemonade stands hoping to make maybe $25. They make as much lemonade as their pitchers can hold, decorate signs and pull out a table to front their lawn.

After hours of yelling, “Lemonade, two dolllars!” they finally call it quits and scurry inside to count the money they’ve made.

Some kids shove the money into their piggy banks while others beg their parents to let them spend it at the candy store. Either way, the kid’s money is used or saved and soon forgotten.

However, for Alexandrea Scott, that was not the case. Her profits didn’t mean a trip to the candy store or money saved to buy a new toy.

Her profits symbolized hope—for every child diagnosed with cancer. Alex's Lemonade Stand is a foundation fighting to find a cure for childhood cancer. Its founder is Alexandrea Scott, a child diagnosed with cancer just before her first birthday.

At age four Alex proposed an idea that has impacted many lives since. Alex told her parents she was going to have a lemonade stand giving the profits to her doctors to help find a cure.

Students in HPU's leadership development one group dynamics course are hosting their own lemonade stand on April 17 forwarding their proceeds to the official foundation of Alex’s Lemonade Stand.

The students of the human relations class set a goal to raise at least $1,000 in donations to support the cause. They plan to hold different fundraisers leading up to the actual event that will be hosted by the Sane pool—a perfect atmosphere to buy iced cold lemonade.

Each year the human relations class is assigned a similar project by professor Dr. Patrick Haun. “These projects I have chosen to include in the class are a method for me to help the students apply group and team dynamics and leadership skills learned from class lectures, presentations and interactions,” Dr. Haun said.

This year’s class is keery knowing that the past classes have had difficulty just doing this for the grade,” Katie Del-Sajio, a student in the class, said, “We all really want to help give back, which kind of adds even more pressure. Our goal of $1,000 may be hard but I think our class is motivated enough that we can do it.”

The class has an estimated 40 students working to achieve success.

Although some previous classes have not reached their fundraising goals, they are all considered successful. “I am proud to say that all the ideas have been successful. Yet some are more successful than others,” Dr. Haun said.

Students in one volleyball tournaments have been mentioned as fundraiser ideas to give students on campus to pitch fundraising ideas, or create a paintball team open to players of all levels of experience.

The team consists of three divisions: speedball, scenario and free play. Speedball is a variation of paintball played usually on turf. With inflatable bunkers surrounding the field, players must utilize these as means of protection to avoid being hit by the opposing team.

Scenario is played in the woods and follows a military simulation format. Free play is an opportunity for students to play either type of paintball without competing. This gives students a chance to learn different skills, try out different tactics and to strictly have fun.

Although paintball seems to be an underground sport, it is growing largely in the college scene. Surrounding colleges like East Carolina University, N.C. State, UNC Asheville, UNC Chapel Hill and UNC Charlotte have all competitive teams on their campuses.

Having so many surrounding possible competitors, Cantalino could not resist starting the club team.

“I have been playing paintball for about 10 years,” Cantalino said. “When I came to High Point, I realized what a great opportunity it could be for students and the university so I started the club.”

With an extensive constitution and a growing team roster, these boys mean business. The soon-to-be school chartered organization will be beginning its practices this year at PBC Paintball fields located in Greensboro, N.C.

Cantalino and Clark, with the help of team and club treasurer Bennett Logan, have set up sponsorships with PBC Paintball, Valken Paintball and Deadbox Paintball. These sponsorships will help provide the team with paint, paintball guns and apparel.

“I’m looking forward to the idea of making new friends through the paintball team,” said Clark, “I was lucky enough to have a great suitemate but even better a fellow paintball player.”

Cantalino and Clark are suitemates and upon meeting immediately knew that they could be the driving force behind the team.

“One thing I love about paintball is the adrenaline rush,” said Cantalino. “I’ve never been and play against other teams that share a common interest with.”

What goes in to starting a club team?

“Lots of hard work,” Cantalino said laughing. “Between writing a constitution, creating a roster of players, and presenting to the Student Government Association, the team captain can only hope that all his hard work pays off. For further information in regards to this up and coming club, contact Marc Cantalino at Cantalino1@highpoint.edu.

Competitive paintball team forms

By Stephanie Schwartz  
Staff Writer

Snap shooting, bunkering, wrapping. These words may sound like a foreign language to some people but for paintball players like Marc Cantalino and Graham Clark, these words are nothing new.

Taking on much responsibility, co-captains Cantalino and Clark have created a paintball team open to players of all levels of experience.

The team consists of three divisions: speedball, scenario and free play. Speedball is a variation of paintball played usually on turf. With inflatable bunkers surrounding the field, players must utilize these as means of protection to avoid being hit by the opposing team.

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Cantalino and Clark are suitemates and upon meeting immediately knew that they could be the driving force behind the team.

“One thing I love about paintball is the adrenaline rush you get; there is nothing like it,” Clark said. “It will also give me a great chance to go to places I’ve never been and play against other teams that I share a common interest with.”

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“Lots of hard work,” Cantalino said laughing. “Between writing a constitution, creating a roster of players, and presenting to the Student Government Association, the team captain can only hope that all his hard work pays off. For further information in regards to this up and coming club, contact Marc Cantalino at Cantalino1@highpoint.edu.
BYU student expelled for consensual sex: who's at fault?

By Steven Haller
Sports Editor

All college students, including NCAA athletes, are bound by their specific school's honor code, but is it possible to live by a code that is both unreasonable and hypocritical in its origin?

On March 1, it was announced that Brigham Young University (BYU) dismissed starting forward Brandon Davies from the school's Division I basketball team for violating the school's honor code. Davies' infraction: he had consensual sex with his girlfriend.

New, BYU's honor code clearly states, "Live a chaste and virtuous life." While there is no question this rule that Davies knowingly signed to obey was broken, this rule is included in a code that is based on the life that was allegedly led by BYU's founder, Brigham Young.

Young was of the Mormon faith, which is the religion that still governs the private university of BYU. While living a chaste life is commendable, it does not represent the life of Young, who was married to 55 different women at once and fathered 56 children.

When I hear the word "chaste," it means "not having sex." When one takes a vow of chastity, it means that one will not have sex at all. So, it is hypocritical to me to say that living a chaste life models Young in any way.

Another issue that stands out in BYU's honor code is the rule that Davies knowingly signed to obey was broken, this rule is included in a code that is based on the life that was allegedly led by BYU's founder, Brigham Young.

BYU honor code, BYU's punishment for his infraction is extreme. BYU officials clearly did not feel the same way, demonstrating they want to hold on to the outdated philosophies of Young rather than act in a way that is truly just.

Davies had been the BYU team-leading rebounder and critical piece of a game that at one time had BYU ranked No. 3 in the nation among all Division I men's basketball teams. Losing Davies may have effectively cost BYU a legitimate shot at winning the national championship. The Cougars lost to Florida 83-74 in overtime on March 23 in the Sweet 16 of the NCAA Tournament. It is easy to conjecture that the absence of Davies contributed to the Cougars' defeat.

This brings to light the issue of how much value fans put on collegiate sports and how much value university officials put on their collegiate sports.

NCAA sports have been a source of American entertainment for over 100 years, but universities are academic institutions first, so it is not terribly surprising that BYU officials acted with little regard for the wellbeing of their school's basketball team.

Fans look at Davies' situation and criticize BYU officials for their decision because it could cost the school a national championship, which is so disheartening. Based on this decision, it is clear that BYU's officials do not sympathize with fans of the game and hold their misguided code above all else.

BYU has to uphold their honor code and issue sanctions to those who break it, but the nature of those sanctions are always up for debate and interpretation based on the circumstances of each situation. If BYU truly valued the success of its sports teams, then Davies would not have received as extreme of a punishment.

Better yet, if BYU revised its honor code so it is not based on any one man's dogmatic view of how to lead one's life, Davies would have never been in trouble in the first place.

Imagine if BYU's Jimmer Fredette, the leading scorer in the nation, was seen drinking coffee at Starbucks. As BYU's honor code stands now, he would be out for the season for drinking a perfectly legal beverage. BYU is just making it harder on itself with this kind of honor code.

Many NCAA schools have been under investigation for violating NCAA rules of giving what are defined as gifts to its players. Auburn was investigated for allegedly doing just that with Heisman Trophy-winning quarterback Cam Newton.

It is noteworthy that BYU has been able to contend in a sport as competitive as basketball at the Division I level with its strict restrictions while other schools are cutting corners anywhere they can to build the best team possible in order to win a national championship. However, BYU is hurting itself, its fans and the game by blindly following its caffeine-free code.
Women's lacrosse on a winning streak

By Brian Brennan
Staff Writer

In its inaugural season, the High Point women's lacrosse team has opened up some eyes by playing better than the average first-year athletic program through its first seven games.

The team got off to a bit of a slow start, losing two of its first three games. Since then, the Panthers have turned on the jets and won four consecutive games.

High Point took on Presbyterian and flexed its offensive muscle. Eleven players scored for the Panthers in a 19-4 win over the Blue Hose on March 3. The Panthers had two three-goal scorers: junior Heather Ziccarelli and freshman Chelsea Thompson each scored a hat trick.

A mere 48 hours later, the Panthers were back on the prowl with two more milestones: the program's first ever winning streak and the first time having a winning percentage above .500 by virtue of the Panthers downing Mount St. Mary's 12-5 at Vert Stadium. Attacker Chelsea Thompson led the way with four goals.

Following this win, the Panthers had two more dominant efforts where they outscored their overmatched opponents in Wagner and Robert Morris by a combined score of 33-9.

First, the Panthers dismantled the Seahawks 15-2 and followed it up with an equally impressive win against the Eagles 18-7. In the two games Mackenzie Carroll scored a combined eight goals and dished out four assists. Her efforts in these two in-conference games made her an easy choice for National Lacrosse Conference Player of the Week for the seven-day stretch that lasted from March 6 to March 13.

So far, the Panthers have been surprising many in their inaugural season as they have jumped out to an above .500 record. They hope to keep up their success with four more home games where they hold a record of 4-1. High Point hosts Howard at 5 p.m. Friday, April 1.

Freshman midfielder Sara Kuhlman has 13 goals and 2 assists so far this season. Photo by Jeremy Hopkins.

Freshman attacker Chelsea Thompson has 19 goals. Photo by Jeremy Hopkins.

Sophomore attacker Grace Gaeng leads team with 22 goals. Photo by Jeremy Hopkins.

Golf earns back-to-back victories to start spring

By Jason Halsey
Staff Writer

As the weather is heating up, so is the High Point University men's golf team.

The team is coming off back to back victories in its last two events. Led by co-captains junior Curtis Brotherton and senior Nick Goins, the team is beginning to click just at the right time with the Big South Conference Tournament coming up on April 18.

At the Lonnie Barton Invitational in Savannah, Ga., the squad shot a combined two day score of 597 to take first place in the tournament. Sophomore Chase Wilson tied the low round of the tournament with a one-under 71 to finish tied for second with a 36-hole score of 146.

Brotherton tied Wilson for second place, shooting a second-round 74 to finish with a two-day score of 146. Goins finished the two-day event with a combined score of 153 to tie for third and 10th after carding a 79 in the final round. Senior DJ Dougherty finished in a tie for 18th shooting a 156, while red shirt sophomore Thomas McLellan finished one stroke back of Dougherty in a tie for 20th.

High Point finished eight strokes ahead of runner-up Sacred Heart, which shot a combined 305 to finish with a team score of 605 for the Invitational. Robert Morris finished in third with a two-day score of 619.

After picking up hardware at the Lonnie Barton Invitational, the Panthers returned home for a dual meet to face St. John's University of Minnesota at the Willow Creek Golf & Country Club. Four Panther golfers won both nine-hole matches claiming two points each.

Each HPU golfer was matched against a golfer from St. John's in a two nine-hole matches. The front nine was played under a stroke play format while the back nine was played in match-play format.

"Although they play individually, they're always pulling for each other," said head coach J.B. White. "Their camaraderie and competitiveness is great. Curtis, Chase, Nick are continuing to play well and Thomas is improving with each round. We played a good team and came out on top. That always feels good. Their performance really makes me look forward to going down to Jacksonville to play in the next tournament."

The Panther golfers will return to the tees later this month when the team travels to Jacksonville, Ala. to play in the Grub Mart Intercollegiate. The two-day event will tee off on March 28 at the Silver Lakes Golf Course.

Sophomore golfer Chase Wilson finished with a 36-hole score of 146 at Lonnie Barton.

Photo Courtesy of HPU Sports Information.
Baseball heats up before conference play

By Pat Budd
Staff Writer

Starting the season off by losing its first five games, the High Point baseball team went on a tear, which included a seven game winning streak with wins over Duke and Appalachian State along the way.

The Panthers held a 12-7 record going into Big South Conference play, which began on March 18 against Presbyterian. Unfortunately, the Panthers lost two of three games in the series, but series sweeps against Temple and North Carolina A&T are big reasons why the Panthers remained four games over the .500 mark at press time. However, head coach Craig Cozart acknowledges that the season is still young and there is a long road left.

"It's so early to tell. I look at the middle of the conference and it is really mixed and it seems to be wide open," said Cozart.

One thing that Cozart can tell you is how well his team's offense has been playing this season. With the core of his lineup filled with veteran experience, it is no surprise that the team is receiving national recognition. Senior Kyle Mahoney has been named to the "Johnny Bench Award Watch List" for the 2011 season, which is an award given out annually to the top catcher in Division I baseball.

Also, the Panthers have six players who are currently batting over a solid .300 average. At the top of that list is senior right fielder Steve Antolik.

"Coach has really been emphasizing on hitting the ball the opposite way and staying on top of the ball. We do a lot of practice in the cages and finding the pitch that we want on top of the ball. We have some solid outings, including a perfect game through four innings against North Carolina A&T." said Cozart. He also noted that their competition ahead will be difficult for the team, but he says the best approach is taking it one game at a time.

"In a season with 56 games you don't want to stress out about one particular game or one particular situation," said Cozart. He also noted that their toughest test this year will be when the Chanticleers of Coastal Carolina come to Williard Stadium for a three-game series April 22-23.

"We've built a great team around a lot of these veterans, and if we win some games we will certainly be in contention for a championship," said Cozart. The Panthers will play at Western Carolina on March 29, and will return home for a three-game series against Big South Conference rival Winthrop University on April 1.

The Panthers this season is shortstop Mike Mercurio, who has found his niche batting leadoff this year. Mercurio is batting .368 and leads the team in runs scored. The team is optimistic about its chances of winning a Big South Championship.

"I think if we get out and execute everything we are supposed to do, we can beat anyone in this conference," said Antolik.

Pitching has been a key element for the Panthers as well. They have developed a strong weekend series tandem with Cody Allen, Jared Avidon, and Mike Caldwell. Caldwell, a senior from Charlotte, N.C., leads the team with a 3.14 earned run average and has had some solid outings, including a perfect game through four innings against North Carolina A&T.

Allen, a junior transfer, has been the Panthers Friday pitcher. Allen has a team-high 34 strikeouts in his first year with the team.

Mercurio has found his niche batting leadoff this year. Mercurio is batting .368 and leads the team in runs scored.

Sophomore pitcher Jared Avidon is second on the team in strikeouts with 17.

Photo by Jeremy Hopkins.