



In Arts & Entertainment: HPU students have a wide variety of talents. Two of these students happen to have similar interests and accolades. Read about these students' stories on pages 6 and 7.

Campus Chronicle

High Point University

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Women's film and lecture series to be held on campus

By Tierney Gallagher
Staff Writer

This year the Nido R. Qubein School of Communication will be hosting a women's documentary film and lecture series on campus to shine light on and spark interest in women's issues among students.

Planning for the series, entitled "Turn Down the Lights, Turn Up the Volume," began last March when co-organizers Dr. Judy Isaksen, associate professor of Media and Popular Culture Studies, and Dr. Joanne Sandberg, assistant professor of Sociology, came up with the idea for such an event.

The professors' idea stemmed from their desire to give broader attention to women's issues on campus. The name of the series alludes to what they hope participants will be compelled to do: turn

out the lights and reflect, and turn up the volume and speak out.

Isaksen describes the series as "intellectually inspiring and compelling," and hopes that it "will give students new and different ways to think about their own positions in the world."

The film and lecture series is to consist

of five events throughout the school year that focus on contemporary issues concerning women. Each event will include a documentary film screening as well as guest lecture and discussion.

Documentaries shown will be ones either done by women or concerning women's issues. Featured as guest

lecturers are distinguished professors Dr. Kathleen Blee from the University of Pittsburgh and Dr. Ellen Granberg of Clemson University, filmmaker Denice Evans, as well as Isaksen and Sandberg.

Support in creating the series has been tremendous. Isaksen and Sandberg are thrilled about the momentum the event seems to be generating. The event was made possible through donations from individuals as well as a \$3,500 High Point University Cultural and Educational Enrichment Grant.

While this series will be spread throughout the academic year, each event is distinct and self-contained. Topics to be reviewed address a whole variety of experiences women intersect with, including racism, health and beauty issues, sexual behavior and promiscuity, creativity, and rape and sexual violence. See "Lecture series," page 5

"Turn Up the Lights, Turn Down the Volume" Fall Events

Thursday, Sept. 10, 7 p.m.
Women Inside Organized Racism
Phillips 120

Thursday, Oct. 8, 7 p.m.
Gazing in the Mirror: When the Pursuit of Perfection Meets Reality
Phillips 120

Dyer moves from digs on the hardwood to bright lights of Broadway

By Tony Gutowski
Sports Editor

Typically found digging her way through another tough match with her Panther teammates, one Panther instead found herself digging her way through the processes of one of the country's largest media corporations. Tara Dyer, a senior Communication major and defensive specialist on the volleyball team, spent the summer as an intern for CBS Radio in New York City.

Dyer, a Fountain Hills, Ariz. native, began her internship at CBS Radio in Manhattan on June 2 and finished up on Aug. 5. While at CBS, Dyer checked and reviewed commercial advertisements before they were distributed and played at all the local CBS-affiliated stations across the country. "I would listen to literally 100 commercials and advertisements and proofread their scripts before they could be played at most of the CBS-affiliated stations," Dyer said.

Dyer mainly worked with *The Altitude Group* while at CBS. The group manages and markets the advertisements for commercialized programming at most of the CBS-affiliated stations and sells the airtime to executives of prospective companies that are interested in advertising their brand on the airwaves. Dyer sat in on brainstorming sessions for which *Altitude* pitched ideas to these prospective companies for the types of commercials that could be possibly aired to better sell their products.

Dyer also participated in the "Lunch and Learn" program, in which CBS Radio interns would meet every Wednesday with the various departments of the corporate office and discuss, over lunch, all the different

segments and processes that go into the jobs of each department.

Beyond the meetings and programming, Dyer assisted the CBS Activation Manager (John Principale) with prize distributions for contestant winners at several CBS-affiliated radio stations across the country. Most of the prizes from contests that CBS-affiliated stations have locally are distributed from the corporate offices in New York City. "I would help package iPods and other prize items for distribution all over every few weeks," Dyer said.

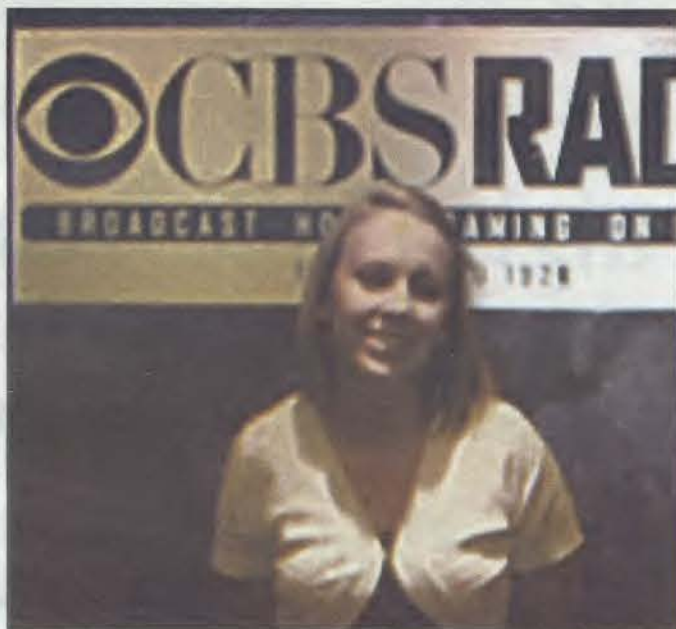
Working in such a unique place as New York City left Dyer in awe and pinching herself, constantly. "It's a totally different world and environment from any other place I have ever lived and worked before," Dyer said. "There's nothing like it."

The experience taught Dyer the many processes and type of work that goes into the operations of the radio business that she had never really seen before.

"Learning all the different aspects and applying them to real world experiences like this, outside the classroom, has truly made me more humble and more prepared for the workplace ahead after graduation," Dyer said.

It was three months of experience that will last this Panther a lifetime and will have great benefits as to her future plans moving forward.

Her ultimate goal is to one day become the Event Director of a major corporation and with all the relationships and connections she has made from this rare experience at CBS Radio, she hopes she will be able to. "I hope this whole experience working at CBS will ultimately lead to a job with them in the future," Dyer said.



Senior Tara Dyer interned with CBS Radio in New York City this summer, working in a division that manages and markets advertisements.

Photo provided by Tara Dyer.

On the Run: What's new

Special guests speak on campus Sept. 15

Major League Baseball Hall-of-Famer Cal Ripken, Jr. will speak at High Point on Sept. 15 at 7 p.m. Tickets are available at the Campus Concierge. Earlier that day, a panel of mass communication experts will speak at 3 p.m. These experts include Denise Franklin, Bert Decker, David Neal, and Marysol Castro.

University Area Plan revealed by City

On Aug. 21, the City of High Point released a draft of the University Area Plan - a document detailing future growth expectations of the University. The Plan was developed in conjunction with High Point University officials. Read more about this story on www.campuschronicle.org.

In this issue:

In Opinion:

Human trafficking affects thousands of Americans

page 3

In A&E:

The season's latest fashions are affordably abundant

page 6

In Sports:

Volleyball defensive specialist Rowley is profiled

page 11

.....

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Students' voices are powerful tools

Staff Editorial

College students are caught in an interesting time warp as far as society is concerned. Students are considered adults in most ways but still have some child-like qualities.

Students deal with their personal issues along with social and academic ones. However, college is the also the place where most people discover the real scope of the world.

People realize that there is more to the world than the microcosm created by middle and high school. This causes people to branch out and explore the many different facets of life. This helps create an identity for oneself in the long run.

While this might seem like the most confusing and vulnerable time of life, it is actually a very influential one. College students are smart, they still have a strong sense of intellectual curiosity, they have more spare time than the average adult, and they have not been jaded by the so called real world.

The combination of these factors creates a tool that can command any audience when used properly. For generations, students have been making a difference in the world by letting their voices be heard.

"This world demands the qualities of youth: not a time of life but a state

of mind, a temper of the will, a quality of imagination, a predominance of courage over timidity, of the appetite for adventure over the love of ease." These words are from the Day of Affirmation speech given by Senator Robert Kennedy in Cape Town, South Africa.

Senator Kennedy was rallying the students to fight against apartheid, and stand up for civil rights. He understood the power the students had and wanted them to use it for good.

The most memorable instances of students with a cause are probably the thousands who protested the Vietnam War. College students all over America rose up to protest a war that they believed was wrong. An organization called the Student Nonviolent Coordinating Committee led anti-war marches with an attendance of over 25,000 participants. Not all of those people may have realized how powerful their actions were.

All these students knew was that there was a wrong and they wanted to right it. The world today has many problems that are similar in scope and nature to those faced in the middle of the twentieth century, yet the students of today have not demonstrated the power and influence that they were proven to have fifty years ago.

Yet students still have that power. This is your time to find a cause and pursue it

to the fullest extent.

Your actions don't have to be as volatile or dramatic as protesting. The cause you support might not get as much media attention as a war. What is important is that you feel drawn to the cause and want to do all you can to defend it.

No cause is too small. You may already be doing something that makes a bigger difference than you think.

Volunteering somewhere like World Relief or donating blood are actions that affect more people than you may think.

Many of the clubs on campus are geared toward certain causes. Amnesty International concerns itself with helping the underprivileged people throughout the world. Students for Environmental Awareness has pushed for environmental responsibility on campus. Alpha Phi Omega volunteers their time throughout the community. Several other organizations are also very committed to making a difference.

Not only does supporting a cause help the community as a whole, it gives you a great amount of satisfaction. Knowing that you went out and made a difference to someone will give you a better buzz than any drink or drug ever could.

This editorial was approved by the Editorial Board, 9-0.

Practicing Going Green in the dorms

By Dianna Bell
Staff Writer

When coming to college, the dorm room becomes a sanctuary for many. This is the first place to start when making the transition to a greener, happier life.

My roommates and I had difficulty keeping our place smelling fresh. We took out the trash at least once a week and washed our dishes when it became a necessity, but it wasn't enough to keep our place from smelling rank. Instead

of buying a can of Febreze, why not buy a potted flower? Plants provide a natural smell without the "harsh scent of other leading air fresheners," so the commercials say. Flowers also offer a much more aesthetically pleasing view as opposed to the metallic canister of "forest rain."

Our generation is known as the millennial generation, classified because of our upbringing in the world of technology. When moving in, we bring along many must-haves—televisions, computers, iPod docks,

cell phone chargers, printers, gaming consoles... These inventions eat up tons of electricity. Another vital object is the power strip. With these babies, there are more outlets and it reduces the amount of electricity being used. It's a win-win.

When leaving the dorm, remember to turn off the lights. Turn off the computer and unplug anything that isn't being used—cell phone charger, hair straightener, etc. The littlest and most trivial details can have the biggest impact when enacted into daily routine.

Straight Talk from Dr. Qubein

Creating a mission statement for your life's journey

By Dr. Nido Qubein

You create your future by forming a vision and expressing it through a mission statement. Your dream now glitters on the horizon of the future. But you are standing in the reality of the here and now.

How do you close the gap between where you are now and where you want to be?

You can't dream your way into the future. You have to have a plan. You have to know where you want to go and decide how you're going to get there.

The important word here is "how." The word "if" won't take you there. To achieve your vision, you must approach it with a positive attitude—a sense of certainty that your dream is achievable. You must adopt the attitude of Hannibal, the great general from ancient Carthage, who asserted: "We will either find a way, or make one."

A plan will establish a route to your destination. It will also provide for the elimination of roadblocks and the blazing of new trails across uncharted territory. It will prevent you from drifting aimlessly

through life. A good plan will have these characteristics:

- It will specify actions.
- It will set a timetable.
- It will be flexible.

You formed your vision in the creative right side of your brain. To create a workable plan, you need to bring the left

side of the brain into the picture. You'll still need the right brain to conceive of creative ideas. But you'll use your left brain to pass ultimate judgment on these ideas, to set priorities, and to devise workable action plans.

You begin the planning process by revisiting your vision and reviewing your mission statement. Assess your present circumstances and measure the gap between where you are and where you want to be. Then follow these steps:

- 1) Set goals.
- 2) Set priorities.
- 3) Develop strategies.

As you develop your plan, keep this point in mind: Your present circumstances do not control your options. They establish a starting point, but they don't determine your destination. Where you are very quickly becomes where you've been. So keep your eyes focused on the future—where you want to go—instead of on the past—where you've been.

Have a good trip.



Few people learn from their mistakes

By **Liz Welborn**
Staff Writer

We learn from our mistakes. Or do we? Or do we keep making the same stupid mistakes that we have always made? The inventor of the saying, "We learn from our mistakes," should examine his own life. With further examination, he is likely to find instances in his life that could be called mistake déjà vu.

Case in point is when you keep going out with same type of person, knowing they are only out for sex. However, this is when you choose to conveniently forget your last failed crusade to convert a bad boy or girl into "the one." Then when they run off, you complain to your friends that you never saw it coming. But

you did about a month ago when you dated their act-a-like. If you learned from your experiences wouldn't you learn that certain people aren't good for you?

Mistake déjà vu can even be seen in class or on the job. It makes its appearance when you do something on the job that should be easy for you to accomplish but you keep making the same errors as if you were the new kid in the cubicle. Or on your math test when you keep getting the same exact question wrong every time.

Instead of diverting along the path that we have been down before and that we know ends badly, we are like the mouse on his wheel: forever going along the same path, in the same direction.

It makes us feel better to know that

when we do make a colossal mistake in our lives, it is all a learning experience for next time.

However, I've learned that this comforting method can come back to bite you. For when the next time occurs and you make the same mistake, your mind devilishly goes back to that experience that you were supposed to learn from, but didn't.

When this happens to me (often unfortunately) I feel guilty for having repeated my same mistake. Already feeling low over the current slip-up, I double it by feeling like a major loser for realizing I had already made that error.

The truth is we hate to change. If we committed ourselves to changing our behavior then maybe we could prevent

mistake déjà vu. Instead, we inflict mistake déjà vu upon ourselves by never thinking before we act. When you make a mistake, instead of just claiming to learn from it, actually do it. When a mistake is made, sit down and examine why you made the mistake. Before you start talking to bad boy or girl version two, take a second to remember what happened when you dated the original. With effort maybe we can learn from our mistakes. By knowing our weaknesses we can gain strength.

The inventor of the saying, "You learn from your mistakes," should learn from his own mistake. The saying ultimately should be, "You learn from your mistakes only if you want to learn from them."

Over 200,000 Americans affected by human trafficking

By **Katie Nelson**
Opinion Editor

My summer was filled with many different experiences. I traveled, worked my menial summer job, and hung out with my friends. However, one of the most moving incidents was a seminar on human trafficking, which I attended in July.

The Salvation Army hosted a series of seminars in which they defined the term and taught citizens how to identify and aid victims of human trafficking. They went to several cities in North Carolina including Greensboro, High Point, and Winston-Salem.

The eight-hour program covered five different sub-topics of trafficking. The first topic was defining the term and exploring the causes of human trafficking.

Human trafficking is often confused with smuggling but there are significant differences, both legal and ethical. According to the Trafficking Victims Protection Act of 2000, in order for an act to qualify as human trafficking, it must include a criminal act, means, and purpose for exploitation.

Criminal acts are defined as recruitment, harboring, transportation, and provision and obtaining. Means are fraud, force, and coercion. The purpose can range from commercial sex acts to slavery.

In most cases, a recruiter lures a person, usually with a job opportunity. The recruiter generally collects the person's identification papers and sends the job seeker off to another area. When the victim gets to the location, he or she is told not to leave and is forced to stay and work off the debt.

Even though this seems similar to smuggling people, there are some differences. In smuggling, the criminal makes his or her money off of the transportation, smuggling is always transnational, there is generally no exploitation, and consent is normally present. In the act of trafficking, the profit is made off of the victim or the selling of the victim, the transportation of the victim is not always transnational, and there is great exploitation and generally little or no consent.

There are two general forms of trafficking: labor and sexual. Labor trafficking comes in the form of mining, domestic service, sweat shops, and begging. Sexual trafficking consists of pornography, mail-order brides, and stripping.

The numbers behind these acts are phenomenal. Between 14,500-17,500 people are trafficked into the United States annually. Approximately 800,000 people are trafficked internationally every year, and 200,000-300,000 of these people are children from the United States.

Children are wonderful targets for traffickers because they are vulnerable. Many people who are considered targets are runaways, foster children, and people who have money problems.

I once believed this illegal activity only happens in distant areas. However, there have been several instances of trafficking in North Carolina. Over the past few years, North Carolina has had instances of labor and sexual trafficking.

In fact, if you located the area where most of the strip clubs and massage parlors are in Winston-Salem, there is a strong correlation between their locations and the number of reports of prostitution.

This does not mean that human trafficking takes place at these locations, but it indicates that this area is a haven for illegal activity and would be an excellent spot for trafficking.

Many people wonder how they can help victims in this situation. Many victims feel that they are criminals or are too afraid to leave because of some threat or violence.

It is true that citizens should not attempt to "rescue" anyone by themselves, which is the job of law enforcement. What you can do is look for signs that a crime has been committed or be involved in prevention acts.

Signs of human trafficking victims include people who cannot speak the local language, people who have untreated infections or are branded, and people who are anxious, stressed, or behave in a stupor-like manner.

The Salvation Army has many prevention tactics they use to deter people from partaking in behavior that promotes trafficking. For example, when the World Cup was held in Berlin, many people were afraid human trafficking would spike in the area of prostitution.

So as the spectators were entering the game, workers handed out brochures that read: "You chose her...she definitely didn't choose you. Sex with a trafficked woman is rape. Enjoy the game. Celebrate the win. Don't be a loser."

Actions like this have a bigger impact than one would think. Human trafficking is an issue that many people don't understand. Equipping yourself with knowledge might help save someone's life. So be prepared.

New meal plan quenches previous faults

By **Mike Nuckles**
Editor-in-Chief

One of the many changes made throughout campus to begin the 2009-2010 academic year was the institution of a new meal plan for students. While the old plan was sufficient for many students, the new one is a great upgrade.

Under the old system, students had to guess how many meals they wanted to have at the cafeteria every week. The lower the amount of meals reserved, the higher the declining balance was that could be used at the various other dining options throughout campus.

This was a good plan for students who liked to eat at the caf at least ten times per week, but for the many who only eat there sparingly, this system had obvious flaws.

With three new dining facilities opening this fall, the administration decided to work with Aramark, the school's contracted dining partner, to create a more dynamic plan for students. The new system is basically the same as the old, with the important addition of Magic Meals.

These new options allow students to use a normal board swipe at the various campus restaurants one time per day. This means that students can eat somewhere other than the caf seven times per week without having to spend a penny of their declining balance. That leaves room for students to buy convenience items from the C-Store or drink beverages from Starbucks.

This system is dramatically better for a large percentage of the student population. While superior to most college cafeterias, High Point's caf can still get monotonous, and having the ability to use one's meal plan at the various other on-campus establishments has made the campus dining situation much more bearable.

11The Freshman 15"
By: ALAINA FARRISH



State Treasurer visits High Point; brings message of debt avoidance

By **Mandy Cantrell**
Staff Writer

North Carolina's treasurer, Janet Cowell, visited HPU on Aug. 28. Janet Cowell arrived on High Point's campus at 10:30 for a tour of the growing campus followed by a round table discussion with a handful of exceptional students and faculty members.

Cowell has an impressive background. As an economic expert and venture capitalist, she has created thousands of jobs for North Carolina residents and has also helped businesses and the government work more efficiently. She is currently working to ensure the state's financial future is secure by making sure the banks are stable.

Her office also manages turning lost property into scholarships for North Carolina students. She invests

lots of her time into finding ways for students to pay for school.

Cowell brought her 2009 Student Debt Tour to HPU with the catchphrase "In Debt We Trust."

About 80 percent of college students across America have credit cards and half of them have over four. The treasurer has had to deal with numerous college students who have declared legal bankruptcy because of credit cards. Students need to seriously consider the dangers of credit cards and interest before they get in the habit of swiping the plastic, according to Cowell.

Because of the youthful tendency to live for the moment, it is nearly impossible to understand how much debt student loans will leave students with. Cowell stressed these problems, how devastating private loans can be to one's financial future, and acknowledged which loans are safest.

Mariana Qubein wins urban forest award

By **Allison Hogshead**
Assistant Editor

Nowadays, green is gold. Many colleges and universities, including HPU, are stepping it up when it comes to being more environmentally friendly.

Mariana Qubein, wife of university president Dr. Nido Qubein, is being honored on Sept. 17 by the North Carolina Division of Forest Resources as the Outstanding Individual Merit Winner of the Urban Forest Awards Program for her work at HPU.

According to HPU Media Relations, the annual program rewards cities, towns, organizations, businesses and individuals for outstanding work to protect and enhance community forests and raise awareness about the importance of urban forestry projects.

Award winners were selected by a panel that included N.C. Division of Forest Resources' urban forestry staff and members of the North Carolina Urban Forest Council. Entries were judged for impact, quality, innovation and the degree to which the work serves as a worthy example for others to follow. The winners may also be nominated for the National Arbor Day Awards Program.

During the past year, Qubein has developed the arboretum and botanical gardens around campus. Her efforts can be seen from the rock garden by the ponds to the informational signs located at various trees and plants around campus.

Qubein is proud not only to be recognized for the award, but for all those at HPU who are making conscious efforts to reduce their carbon footprint.

"I am so honored to receive this prestigious award and I'm most grateful for the many faculty, staff and students who do so much to ensure that our university is caring about our environment," Qubein said.

Katie Nelson, president of Students for Environmental Awareness, is thankful for the work Qubein has done.

"I'm ecstatic that Mrs. Qubein's effort for such a worthy cause is being rewarded. Mrs. Qubein has a real passion for the arboretum and we really appreciate her," said Nelson.

Have an interest in

JOURNALISM?

Write for the *Campus Chronicle*,
High Point University's only student-run newspaper.

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Norton's personality perks students up at Starbucks

By Katie Nelson
Opinion Editor

There are always people who make your day better because they always seem to be having a good day. Their energy and cheerfulness just zaps into you and gives you a boost.

Kristy Norton is one of those people. Norton has worked at the Starbucks on campus for a year and she always looks like she's ready for anything.

Norton is able to have this perkiness because she has a very strong will and sense of determination.

She works two jobs. By day she serves at Wendy's, and by night she works at Starbucks. This usually means that she works ten hours a day.

Generally when someone gets off of a shift, he or she is ready to rest, no matter what type of job. But Norton keeps pushing into another shift.

Although Norton has been working at Wendy's three years more than at HPU, she says that she likes Starbucks more. The students at HPU make her job a lot better.

When she first started here, her motivation was really just to have a job and get paid. Now that she has been here awhile, the job is really about her interactions

with the students.

However, it is only natural that Norton works at High Point University because this school is practically in her blood.

Three generations of Norton's family have worked for HPU. Norton's aunt and mother currently work here, for the café and C-store respectively. Norton's sister works at Chick-fil-a and their grandmother, Geraldine, worked for Budd Services for many years.

Naturally, Norton does have a life outside of work. When she is at home Norton's main focus is taking care of her adorable son, Treyshawn.

Treyshawn is six months old and an incredibly happy baby. One of Norton's favorite activities is shopping for Trey.

Shopping is Norton's favorite hobby in general. Old Navy is her preferred venue for clothing.

Although High Point may not have too much to offer a shopper, Norton compensates by spending time at Hanes and Four Seasons malls.

No matter what she is doing, Norton is always happy and ready to go. This is what makes her an excellent employee and an awesome person to be around.

When you see Norton at Starbucks, your pick-me-up might not be just from the caffeine. It is probably from her personality.



Kristy Norton, a staff member at HPU's Starbucks coffee shop, is always ready to help students get a late night caffeine boost.
Photo by Dan Moldovan.

"Lecture series" continued from page 1

The women's film and lecture series will be the first of its kind at HPU. It will be the only sustained event so far focusing on women's issues and could potentially have a lasting impact. Sandberg believes the "series provide a terrific opportunity for [the] students to learn about a broad range of topics that affect their daily life," and encourages everyone – both female and male – to attend.

The series is open to the public and free.

The film series covers a variety of topics and guests. IDS credit will be given out for the events and some professors are already encouraging students to attend in conjunction with their classes.

Isaksen hopes that students and other members of the community are inspired to attend the series as she feels that individuals will be able to walk away from events with new insights to apply to day to day life.

Prominent Roberts Hall trees removed for safety reasons

By Clay Stradley
Staff Writer

Two trees that were hallmarks of the Roberts Hall landscape were recently removed due to concerns over their condition.

In early February the HPU Arboretum Committee approved the removal of two trees. The trees in question were a willow oak (*Quercus phellos*) adjacent to Roberts Hall on the Promenade side, and the green ash (*Fraxinus pennsylvanica*) directly across from it.

This decision came with much regret, but at the same time those involved knew it was a long time coming.

The driving catalyst for this decision was the willow oak. About 20 years ago the tree began to split into three sections. It was at this point that the tree was initially banded with cable to prevent further damage.

As damage progressed a second band of cable was placed below the initial band. This presented a major safety hazard. If the cables were to ever snap the oak would rapidly finish splitting and likely come down, with one portion of the tree falling into Roberts Hall. Last semester a single branch from one of the Promenade willow oaks, weighing over one ton, fell without any provocation. As a result, the willow oak posed potential risk and thus it had to be removed, according to the Arboretum Committee.

Initially planted roughly 75 years ago, the Roberts Hall willow oak was planted as part of a CWA (Civil Works Administration) project headed by C.R. Mackintosh. Funding for this project provided pay for the workers and little else. As a result most of the trees planted as part of this project were natives from nearby forests.

This project was undertaken in order to bring some flora to the barren campus grounds. The only tree on the campus at the time was the sweetgum (*Liquidambar styraciflua*) tree that resides near the kiosk on the Promenade, as well as a crop of black-eyed peas that were harvested yearly by the incoming freshmen and later served as that day's evening meal.

It has been planned that wood from the willow oak will be used to make a memorial bench.

The green ash being removed had been slowly succumbing to an unknown ailment for approximately the past three years. The University tried, unsuccessfully, to save this ash since its initial diagnosis.

Since removal of these trees caused such a landscape vacuum, new trees will be planted in their place eventually, according to the Arboretum Committee.

Fruit Fetish?

Can't resist the natural delicious
goodness of the best bare-naked fruits!?
Join the club!

Facebook.com/nakedjuice

New bands remind listeners of previous tunes

By **Jen Paolino**
A&E Editor

Every band may claim that their music is totally and completely original, but they'd be lying if they said that they didn't pull from other artists. Here's five bands that manage to create different and distinct music while having listeners think, "That band kind of sounds like..."

Band Name: LOVEHATEHERO

Album Title: *America Underwater*

Who/What They Sound Like: Mayday Parade, if those guys used to be a post-hardcore band that just recently realized they'd be better off singing than screaming.



Why You Should Listen: Even though the record doesn't drop until Sept. 29, you can check out their newest stuff, including the title track "American Underwater," on their MySpace page now. While they made a huge dent in the post-hardcore music scene, they hope to leave an even

bigger mark with their catchy hooks and intricate guitar work. These guys manage to stay true to their hardcore roots while making music that anyone can sing along to.

Band Name: Paper Route

Album Title: *Absence*

Who/What They Sound Like: Death Cab For Cutie fans will definitely want to check these guys out.

Why You Should Listen: Straight out of Nashville, Tenn., these guys take melodic electro-pop and cut out the annoying "thump-thumping" that you usually find tucked away in many electronic-based songs. If you're a fan of ambient music, or you're just looking to set a mood, pop their debut record into your CD player and allow yourself to get sucked into their mellow vibe.

Band Name: Hotspur

Album Title: *You Should Know Better By Now*



Who/What They Sound Like: If you were to rip the keys off of Jack's

Mannequin's debut record and mix the dark tones you get from The Spill Canvas' *No Really, I'm Fine*, you'd have these Washington, D.C. natives.

Why You Should Listen: They wouldn't classify themselves as

dance-pop, but there is no denying that the songs these guys pump out have that "clap-your-hands-and-smack-your-knees" feel to them.

Band Name: BOYS LIKE GIRLS

Album Title: *Love Drunk*

Who/What They Sound Like: While BLG will probably never stray too far from the sound that made them famous, this four piece has taken their music to another level, giving their songs a more upbeat, dare I say, happier feel.

Why You Should Listen: While some



die hard fans may not appreciate the cross-over, their songs are memorable enough to stick in your head for days after you've heard them. Their infectious hooks mixed with lead vocalist Martin Johnson's melodic voice are what reeled in fans in the first place, and I can promise that even the initial skeptics will wind up coming around eventually.

Band Name: Amely

Album Title: *On My Own - EP*

Who/What They Sound Like: All Time Low circa their *So Wrong, It's Right* days. If Alex Gaskarth's voice were just a little bit deeper, he and lead vocalist Petie Pizarro might be the same person. Maybe.

Why You Should Listen: Even though their cover of Miley Cyrus' "The Climb" may not stand up to the original, it was definitely a valiant effort. But, it's not their covers that make them worth your time: it's their unique spin on the pop-punk genre that makes them not a total waste of space on your iPod.

From sophomore to Teen Miss North Carolina East Coast USA

By **Christine Reinicker**
Staff Writer

As if you did not know Kenzalia Bryant-Scott already from Alpha Phi Omega, C.A.T., Black Cultural Awareness, Residence Life, peer mentors, or as an HPU Ambassador, you now know her as Teen Miss North Carolina East Coast USA.

Bryant-Scott, originally from Virginia, is a sophomore at High Point University, majoring in exercise science. Not only is Bryant-Scott an active student, but she is also a pageant competitor.

Through all six of her pageants nothing compares to last year. In November 2008 she won Teen Miss North Carolina East Coast USA, which then took her to Baltimore for Nationals in August. At Nationals she finished third runner-up.

With over 150 competitors from across the country, competing for these titles was not a walk in the park. In fact, Bryant-Scott explained that pageant days are grueling, and if one is not mentally, physically, and emotionally prepared one will not reach the goal.

To obtain her goal, Bryant-Scott went through workout training, maintained a healthy diet and

exposed her name to the public. Back home in Virginia and here in High Point, she would walk around the community to let everyone know she was representing them with pride. Being involved in APO helped Bryant-Scott raise even more awareness of her name when they would visit nursing homes and the Boys and Girls Club.

According to Bryant-Scott, the key to pageants is having the right state of mind. Through events like the photogenic competition, a runway show, and even a physical fitness

act, one has to be fully confident or one will not make it through the competition.

"You have to go into it with a mindset that you are going to win," Bryant-Scott stated.

Pageants are competitions, and the competitors can break the stereotypes often associated with beauty queens. As Bryant-Scott said, "The judges look at beauty, but it is so much more than that. You need intelligence, determination, time and effort to

succeed."

Through all of Bryant-Scott's pageants there has been an infinite amount of support from her family, friends, and classmates, but the real inspiration comes from within herself. She has learned self-confidence through competing in pageants, along with winning her crown. This self-confidence shines not only on stage, but also in her many roles on campus.



Kenzalia Bryant-Scott represented High Point en route to her Miss North Carolina East Coast USA title last year. Photo provided by Kenzalia Bryant-Scott.

Fabulous back to school basics

By **Casey Pantalone**
Staff Writer

Once upon a time, as in last season's back to school trends, there was fashion-forward sneakers, sheer tops, brightly colored skinny jeans, scarves, and of course ankle boots. However, with the new school year upon us, being a year older, meaning a year wiser, we should know better than to dress in what is now "old hat."

Although trendy can be pricey it does not have to be, if you know where to look and what to wear. In fact, basics in your wardrobe are the key to keeping stylish for less. When I say basics I'm talking about white, black, camel and grey, the neutral colors that can go with absolutely everything. Wearing basics and layering

your season's latest gear will keep you looking like a style guru. Trendy can sometimes be funky so remember less is more; wearing one trendy thing and mixing it with a neutral palette will really accentuate an up-to-date look.

In buying for this season you definitely want to be on the watch for long sleeved and sleek mini-dresses, large square hobo bags, wraparound belts, cocoon sweaters, and shrunken blazers or jackets. Thigh high boots were also a hit on the runway as were funky

hats, layers, knits and lots of shoulder. Wearing oversized sweaters that fall off the shoulder are perfect for autumn but we must always remember to dress weather appropriate.

Another up and coming trend is wearing a turtleneck under a simple dress accentuated with a bow or cinched waist. When picking a dress for fall the material needs to be durable with plenty of texture. Oblige yourself to a machine washable garment though; when you're in college dry cleaning is the last thing you should be thinking about. Keep in mind that convenience in your wardrobe is non-negotiable. Fashion should be easy and an expression of who you are and what you like.

One place to find inexpensive fall fashions is Forever 21 in the Four Seasons Mall in Greensboro. I recently scouted out the scene and have found great deals for low prices.

Also, Anna Sui is making an exclusive line for Target inspired by the hit show, *Gossip Girl*. It will be available for a limited time on Sept. 13 through Oct. 17.

Always remember to be confident in what you wear. Clothes are just another way to express your fabulous self. The only way you'll pull it off is holding your head high and flashing those pearly whites.

Now go out there and find a happily ever after.



One place to look for inexpensive fashion is Forever 21. This national chain has a location at Four Seasons Mall in Greensboro.

Photo provided by Forever 21.

Blast from the past: music that gets better with age

By MJ Saylor
Staff Writer

The night of Aug. 25 in Atlanta, Ga. at Piedmont Park, I found myself amongst a mob of over 40,000 enthusiastic music fans ranging from infants to 80-year-olds. Possibly the only entertainer in history with the ability to assemble such a massive, diverse group is none other than the former Beatle, Sir Paul McCartney. Having the opportunity to see this master of his art perform was for me a life-fulfilling experience not only because of how much I have always admired his music, but also because I was able to attend the show with my parents, who had

listened to the same music when they were young and had made sure to instill in me a great appreciation for the music of the sixties.

Music today is a far stretch from those days; more bands are now using technology to create effects and sounds that bands of that era could not attain. However, when I pay money to see a live band, I do not want to sit and look at someone pressing buttons on a machine. My parents have always encouraged me to appreciate the talent and energy of a talented live musician which much of the contemporary electronic music today severely lacks.

In this three hour concert played to an audience of over 40,000, 67-year-old

McCartney never once sat down or even took a drink of water. His enthusiasm reflected an infectious passion for performance and giving his fans what they want. In addition to playing a good number of recent hits, the bulk of the show consisted of classics like "Let it Be," "Blackbird," and "Hey Jude," tunes recognizable to every generation. The show took place on the 40th anniversary of Woodstock, which Paul marked with a stunning guitar solo in tribute to Jimi Hendrix. He changed instruments every few songs, and throughout the night demonstrated exceptional skill on acoustic and electric guitars, mandolin, piano, bass guitar, and ukulele. Even his talented band members, each decades

younger than him, had trouble matching his stamina.

My parents were quick to remind me after the show that entertainers of today just do not have the same quality and prowess. In recent years we have traveled to see Willie Nelson, The Grateful Dead, Bruce Springsteen, Richie Havens, and Crosby, Stills, Nash & Young. Each experience has been unforgettable. Nothing brings my family together as much as being able to share live music that is created by unbelievably talented musicians who come from a time when concerts relied more heavily on talent and energy rather than technology and effects.

New games for a new year: video games worth checking out

By Dominique Black
Staff Writer

With the academic year underway, there is nothing like going back to the dorm after a long day of classes to sit back and play a few video games. The month of August brought along more than just a fresh pack of pens and paper; a few games for the Wii, Xbox 360, and the Playstation 3, came along with it.

Name of Game: *G.I. JOE: The Rise of Cobra*

The game was released just days before its movie counterpart on Aug. 4, but if history is to repeat itself, the game is doomed from the beginning. Games modeled after a movie or vice versa always turn out to be lost causes. This game has been released on all gaming platforms.

Name of Game: *Madden NFL 10*

The Madden franchise seems to always be in demand, and this installment is no different. The Aug. 14 debut had gamers running to the nearest Wal-Mart at midnight to get their hands on it. The only differences I have noticed

in this edition of the game are that the graphics look extremely realistic and new players are on the field (I have also heard that Brett Favre and Michael Vick have been added in a update of the game). *Madden NFL 10* is available on all gaming consoles.

Name of Game: *Wolfenstein*

Now I know you're all thinking, "Why am I bringing up the old 'Nazis killing' Windows game?" Well the answer is that I'm not. This *Wolfenstein* is the sequel to the Playstation 2's *Return to Castle*

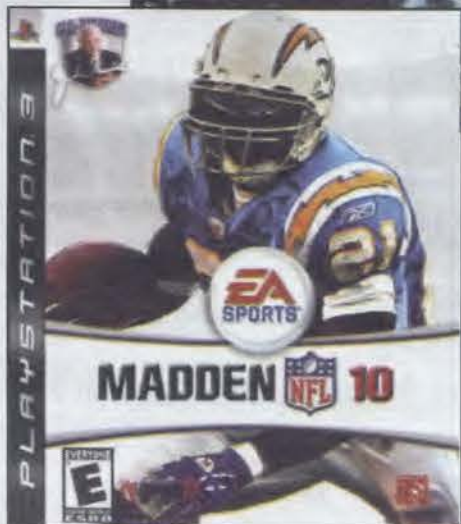
Wolfenstein, but in this game the graphics are better and there is excellent online game play, which makes for a great first-person shooter. The downfall is that there isn't much of a story line. The release date was Aug. 18.

Name of Game: *Batman: Arkham Asylum*

I have yet to play the game with its recent release of Aug. 25, but seeing commercials with game play make this game extremely hard to ignore. For the Batman movie and comic book fans out there you

will definitely want to check out this game. The game play is one of a kind along with the probability that this has to be the best game from a comic book ever made. This game is your basic Batman vs. Joker, with great graphics and storyline and a dark

twist. This game is available on the PS3, Xbox 360, and PC platforms.



Ventrone is more than just pretty face and perfect posture

By Sam Tuthill
Online Editor

When most people think about pageants, they tend to have the same basic image in their minds. Miss Teen South Carolina from the 2007 Miss Teen USA competition seems to be the standard for the majority of the population. In reality these pageants, and the young women in them, have a lot more to offer than we tend to give them credit for. Case in point, High Point University junior Marie Ventrone.

Ventrone is the current Miss North Carolina National US and went to the national competition in New Orleans on Aug. 21. More than just the stereotype of a beauty pageant, the young women in this program have great responsibilities and a lot is expected of them. The top eleven semi-finalists spent the days in New Orleans before the final pageant rebuilding homes of Katrina victims through Habitat for Humanity. The girls worked together and formed friendships, getting to know each other as peers working together towards a common goal instead of as their enemies for the crown.

The finals included the well-known areas of evening gown, swimwear, and an interview, but each applicant also had to fulfill charity projects of her own prior to the competition. Ventrone chose The Pajama Project. She spent the month of July collecting pajamas, books, and monetary donations for children in underprivileged families, orphanages, and abuse shelters.

Her success was outstanding, collecting 199 pairs of pajamas, 504 books, and \$1,389. She took her work a step further by extending her efforts beyond fundraising, and participated in one of the organization's distribution events known as Christmas in July. She was able to lend a further helping hand and spent time with the children for whom she had worked so hard.

Another qualification of the pageant is academic. All applicants must submit a copy of their transcripts and proof of their campus involvement before even being considered for a title. With Ventrone's record, it's easy to see why she excelled. She's the musical director of the university's female cappella group, Petal Points. She's also a sister of Phi Mu, the president of Alpha Psi Omega, the theatre honor society, an officer for Tower Players, and a singer in Chapel Choir and Cabaret. She has also been in

the university theater productions of "All My Sons," "The Water Engine," "Electric City Suite," "The Robber Bridegroom," and starred in "How To Succeed In Business Without Really Trying" as Rosemary and in "Steel Magnolias" as Shelby.

Despite all of her success, she still manages to stay down to Earth as she explains, "They announced the top five in a

random order, and my name was the last to be called. I was so surprised, I think I actually muttered, 'Come again?'"

Ventrone finished as third runner-up and is thrilled with how far she made it. She is happy to be continuing her role at the state level, fulfilling her position as a role model for young girls in the areas of leadership, community service, and academic achievement.



Marie Ventrone poses during a recent pageant. Photo provided by Marie Ventrone.

Club offers "SEA green" ideas

By Matt Wells
Organizations Editor

Students for Environmental Awareness (SEA) met last week in record numbers. The group discussed future campus projects as well as expressing their awareness for places on the other side of the globe.

One of the goals SEA is working toward this year is to help with the Roadless Area Conservation Act in Alaska, showing how the "green" mindset reaches farther than our back yard. The group is supporting the Act that will prevent construction in the future where beautiful National Forests are currently

located, preserving the wildlife for generations to come.



Katie Nelson, president of SEA, speaks to group members at the Amphitheatre. Photo by Matt Wells.

The record 24 students in attendance last week also discussed their upcoming hiking trip to the Piedmont Environmental Center.

The organization is planning more ways they will be able to help the environment as well as the University.

Recently they helped create stickers telling people to turn off light switches and save electricity.

The group would love to build a community garden on campus as well. The garden would supply the school with vegetables, similar to the way the herb garden gives the café fresh herbs and spices, and they would be able to rent out plots in the garden.

Phi Mu recognized at national conference

By Matt Wells
Organizations Editor

High Point's chapter of Phi Mu was recently ranked in the top five among all of the organization's 120 chapters in this year's Commitment to Excellence report.

The 20-page report filed by the chapter took a year to complete.

The sorority was judged on their merit and the amount of work they did with finances, community involvement and public relations.

For their community work, the ladies organized and worked special events for the benefit of local



The sisters of Phi Mu, including Laura Forrester, pictured above, worked diligently to earn their recent accolades.

Photo by Matt Wells.

children and contributed to the Phi Mu Foundation which helps out sisters who are having trouble with money for college and members who come from broken and damaged homes. They also made a trip to a local nursing home to play bingo with the residents.

Phi Mu president Leah Wilson was proud to be a part of such a historic honor.

"It is such a rewarding experience being able to help out others locally and work with such a great group of girls all the time. I never thought I would be this involved with a sorority coming to HPU but I have really found my niche here with Phi Mu and I have loved every bit of it!"

Phi Mu put in as much time inside the classroom

as they did outside of class. In fact, they collectively had the highest average GPA of the sororities on campus last year. This helped the sisters score high points in the academic category in the CTE.

The ranking is still news to most of the members of Phi Mu since only the president and a few other members were able to attend the conference.

"This honor truly means a lot to me. It lets not only the other sororities on campus but all Phi Mu Chapters realize that we are dedicated to our sorority that is founded on our beliefs on love, honor, truth. It is also nice to be recognized that the work that we do here at High Point is for a greater cause of Phi Mu," said senior member Elizabeth Walmsley after hearing the news.

While Phi Mu is excited about this recent honor, they are staying focused on the bigger picture, using this as a building block for a bigger goal. Every two years the chapter that has the highest average for that time period will win the Carnation Cup. The cup is given out based on the score from the previous year and the current year.

Upcoming SGA meetings

Sept. 10, 7 p.m.
University Center
Extraordinaire Cinema

Sept. 17, 7 p.m.
Phillips 120

Oct. 1, 7 p.m.
Phillips 120

Oct. 29, 7 p.m.
Phillips 120

Nov. 5, 7 p.m.
Phillips 120

Nov. 19, 7 p.m.
Phillips 120

Dec. 3, 7 p.m.
Phillips 120

Traffic Court Hearing Dates

Oct. 2, 4 p.m.
Slane Conference Room A

Nov. 6, 4 p.m.
Slane Conference Room A

Nov. 20, 4 p.m.
Slane Conference Room A

Dec. 7, 4 p.m.
Slane Conference Room A

DASHBOARD CONFESSIONAL

Fall 2009 Concert

**Saturday,
September 12th
Roberts Hall Lawn
7:00pm**

**Gates open at 5:30pm
(no re-entry, no bags,
no food, no drink)**



Opening Act: HPU Student

Bridget Simon

TICKET INFORMATION

HPU Students & Your Invited Guests

will need a wristband & a ticket to attend the concert. (you may bring up to 3 guests behind the water feature)

Here's how it works:

**1. Wristband & Tickets will be available in the University Center Lobby on
Saturday, September 12th from 9am-7pm.**

2. Students will need to escort their guests to the concert ticket station at the UC and show your HPU Passport. Wristbands and Tickets will be provided for your entire group. The wristbands will be placed on your arm at this time...they are not transferable.

3. There are wristbands for every student, but you may want to get your wristband early to avoid lines later.

4. You will need to present your ticket & show your wristband to enter the concert.

New volleyball coach brings high hopes

By **Jordan Cover**
Staff Writer

The Jason Oliver era begins for the 2009 HPU volleyball program with the team being picked to finish fourth in the 2009 Big South Conference preseason poll.

The BSC preseason poll is voted on by the league's head coaches and attempts to predict the result for the upcoming season based on various factors, including each team's past performance.

Oliver joins HPU after serving as an assistant coach at the University of Maryland this past season. Before that, Oliver was at the University of Dayton for three seasons and also had assistant coaching stints at West Virginia University, Towson University and California Lutheran University.

HPU is hoping Oliver has what it takes to finally get the Panthers over the hump and into the NCAAs. Standing in their

way, though, are the Flames of Liberty.

The defending Big South champion, Liberty, was a unanimous pick to finish first, with Coastal Carolina and UNC Asheville also coming in ahead of the Panthers. Winthrop rounded out the top five with Presbyterian and Charleston Southern projected to finish sixth and seventh. Radford and Gardner-Webb

finished out the voting at eighth and ninth.

Last season, the Panthers advanced to the Big South semifinals, beating Radford 3-0 in the quarterfinals before losing to Coastal Carolina, 3-2, in the semis. HPU tied with Liberty for the 2008 Big South regular-season title with a 13-3 conference record. The Panthers

finished the season with a 26-7 overall mark.

Juniors Anna Lott, Stephanie Wallin and Julie Hershkowitz are the returning starters from last year. Lott was the only HPU player to play in all 123 games in 2008. The middle hitter led the Panthers with 99 total blocks and 88 block assists. Her 88 block assists is the second-best season in school history.

The Panthers will also have the help and addition of six other letter winners and seven newcomers to the 2009 team.

Oliver and the Panthers made their debut at the North Carolina Central Tournament on Aug. 28-29, winning three of their first four games of the season. The only loss was in the season opener to host North Carolina Central.

The Panthers begin their Big South schedule on Sept. 25 with a home match against conference rival Coastal Carolina at the Millis Center at 7 p.m. during the High Point University Classic.

2009 Season Preview

Head coach: Jason Oliver (1st season at HPU)

2008 season record: 26-7 (13-3, Big South Reg. Season Co-Champion)

Key games in 2009: v. Coastal Carolina (9/25), UNC-Asheville (10/9), Liberty (10/13, 11/10), Big South Championships (11/19-11/21)

Women's Soccer



Above: The HPU women's soccer team huddles at half time.

Left: Students show their school spirit in the stands.

Below: Players look on during the Loyola v. HPU game.

Photos by Dan Moldovan



HPU
v. Loyola
(Md.)

Men's soccer has high hopes (and goals) for upcoming season

By **Paul Southerland**
Staff Writer

Will the HPU men's soccer team build on 2008's most successful season in ten years? The team was picked to finish third with 63 points and had two first-place votes in the 2009 Big South Conference preseason poll. The number three spot is the highest rank that HPU has ever been given since its induction to the Big South.

Following a disappointing 4-0 loss to South Carolina in an exhibition match, the men's team is determined to prove critics wrong.

Entering his third season as the Panthers' head coach, Dustin Fonder hopes that current seniors will display strong leadership towards the eighteen freshmen recruits. Fonder goes on to say that the freshmen on the team will provide depth and create an extra competitive environment in establishing

the starting lineup.

"I expect a philosophy of working hard each day, rather than focusing our concern on winning," Fonder said.

The team certainly has a vast amount of talent to display this season with four seniors (Matt Tuttle, Sam Roca, Hilaire Babou, and Ryan Puppola) and six Big South All-Conference Team honorees. These honorees include Babou, Adam Hatem, Scott Rojo, Karo Okiomah, Michael Chesler, and Will Stewart.

The team's ability to adjust and

combine these experienced players with the young talent of the freshmen will be key. Also, winning home games is crucial to maintaining the momentum of the team on the road.

Although they will face many challenges this season, the coaches are confident that the team will rise to the occasion and perform at a highly technical and cohesive level.

The team's next game is tonight at 5 p.m. against Richmond at the JMU Comfort Inn Invitational.

2009 Season Preview

Head coach: Dustin Fonder (2nd season at HPU)
2008 season record: 9-8-3 (4-4-2 Big South)
Key games in 2009: v. Winthrop (10/7), Coastal Carolina (10/17), Liberty (10/27), Big South Championships (11/12-11/13)

Brothers Okiomah connect at Elon

By **Allison Hogshead**
Assistant Editor

Sibling chemistry played a major role in the season opener at Elon University for the men's soccer team.

In the 49th minute of play, just into the second half, freshman Fejiro Okiomah assisted his brother sophomore Karo Okiomah for the game-winning goal.

"He is a fantastic athlete. If we play him off the point, any ball to the outside is dangerous because he can pick it up and

run at the back four. That's what he did; he ran at the last guy and beat him with pace," head coach Dustin Fonder said in an interview with HPU Sports Information.

Goalkeeper Michael Chesler kept the score 1-0, recording his first shutout for the season.

"It was a collective effort defensively," Fonder said.

The game also marked the first road trip game offered to students who wanted to see the action in person.

Women's soccer kicks off season on a different foot

By **Steven Haller**
Staff Writer

Desire, determination, discipline—these are the words that have become the focal point for the women's soccer program at HPU this season. After impressive showings last season against ACC powers Virginia Tech and Wake Forest, the 2009 season looks like it could be a promising one for the Lady Panthers.

HPU women's soccer has had a recent run of success that includes winning the Big South Conference Championship Tournament in 2007 and reaching the conference semifinals in 2008, where the team had only five losses.

New head coach Marty Beall plans to continue that same kind of success this season with the program. Beall is by no means new to the sport of soccer.

He has been coaching college soccer for 13 years and brings the quality and experience that could earn the team another championship this season.

"To win the conference championship, that is our goal one hundred percent," Beall said.

Although the rest of the Panthers' regular season schedule is what Beall

describes as "ridiculously hard," he has a plan. Beall made a point to schedule games against some of the best teams in the nation during the non-conference games. That way, the Panthers will be better prepared for the BSC tournament. If the team wins the Big South, then they will get an automatic bid to play in the national tournament.

One of the Panthers' biggest Big South rivals is Coastal Carolina, which they will face at home during the Family Alumni Weekend on Saturday, Oct. 3 at 7 p.m. While this game is particularly significant, every game is important and will present a challenge for the Panthers. The players will have to work hard if they hope to achieve their goals this season, but Beall is confident that every member of the team will make the effort to do so.

"This is a high quality group of players that can rise to the occasion on any given night," Beall said.

2009 Season Preview

Head coach: Marty Beall (1st season at HPU)
2008 season record: 8-5-8 (3-2-4 Big South, 5th)
Key games in 2009: v. Coastal Carolina (10/3), Charleston Southern (10/5), Radford (10/26), Big South Championships (11/5-11/8)

Team shows 'a lot of heart and fight' in Loyola loss

By **Steven Haller**
Staff Writer

In the first home game of the season, the women's soccer team faced tough opposition: a completely new playing strategy and the Loyola Greyhounds.

In the first half of the game, the Greyhounds, who hail from Baltimore, MD., continually beat the Panthers to the ball and kept the ball in High Point's third of the field most of the time. Despite this, the Panthers did not let them score. The score was tied 0-0 at the half, thanks to the efforts of senior goalkeeper Marissa Abbot and the Panther defense. Abbot recorded seven saves for the game.

In the second half, Loyola found a rhythm. The Greyhounds scored three goals within six minutes, but this does not necessarily reflect the level of play of the Panther defense. The first goal was a lucky bomb from more than 25 yards out, while the second and third goals

were scored on very well-placed corner kicks. After Loyola's scoring run, HPU was down 3-0. That would eventually be the final score.

Abbott cites the transition to a new coach with a new philosophy as being a factor in the loss.

"It is hard to change to a new strategy, but we are still learning," Abbott said.

Abbott can take a lot of the credit for the Panthers record-breaking defense last season, and has hit the ground running this year. In the first three games of the 2009 season she recorded 22 saves. One save in particular during the game came in first half when Abbott put herself in harm's way and fell on the ball in front of a charging Loyola forward for what might have been an easy goal for the Greyhounds.

"We had some communication problems in the opening of the game," senior defender Courtney Spotts said. "We are still learning and it will be a building process."

Minus the lack of offensive output,

the Panthers played well for the last 28 minutes of the game versus Loyola. They got the ball into the Greyhounds' territory often, and they executed some great precision passing, which is exactly what they are supposed to do. Part of head coach Marty Beall's philosophy is to keep possession of the ball, have lots of passing, and execute what he calls a "probing attack." A probing attack shifts certain players around through lots of passing, which is designed to create holes in the opponent's defense. If the team carrying out a probing attack is patient, the strategy is very effective.

"A probing attack requires more skill and tactical knowledge than directly attacking the goals," Beall said.

Unfortunately, the Panthers could not seem to generate enough offense to score a goal and only recorded three shots for the game. Nevertheless, it is

the beginning of the season with plenty of games left.

"We showed a lot of heart toward the end of the game tonight, and a lot of fight," Spotts said. "Everyone on this team has the heart and drive to play hard no matter what."



Coach Marty Beall talks with senior Danielle Eldridge during the Loyola game.

Photo by Dan Moldovan.

Panthers look to continue success with top XC runners

By Abby Wood
Staff Writer

The HPU men's and women's cross country teams head into the 2009 season with a lot of optimism and also, a lot of questions. Both teams have lost, respectively, their top runners from a season ago.

The women have lost defending Big South champ Zsanett Kis to graduation, leaving Emily Webb, who took 16th in a time of 19:32.36 in the '08 Big South title meet, as their top returning performer.

The men lost senior Jesse Cherry, whose third-place finish at the Big South Championships highlighted the Panthers' runner-up team finish to Liberty. Cherry used up his cross country eligibility and will only run indoor and outdoor track & field in 2009-10, but the rest of the Panther

cross country roster returns and it will receive help from a solid recruiting class and returning top performer, Anthony Berkis, who placed ninth at the 2008 Big South Championships.

The women's team was picked third and received one first-place vote in the 2009 BSC preseason women's cross country poll and has finished third at the last six Big South Championships. Last year's Big South champ, Coastal Carolina, was picked to win again on the women's side followed by Liberty.

The HPU men were selected to finish second in the BSC preseason men's cross country poll. The Panthers received two first-place votes and were second only to Liberty.

It will be a challenge for both the men and women this year but head coach Mike Esposito thinks his teams this year are more prepared than ever to make up such important losses (due

to graduation) and handle any of the questions that remain for the upcoming season.

"We have improved our depth with our incoming freshmen. We will miss Jesse Cherry and Cole Atkins from a

leadership standpoint, and we will lean on Josh Morgan and Josh Cashman in that respect. We're expecting several of our freshmen to contribute right away, which will give us a very strong group," Esposito said.

2009 Season Preview

Head coach: Mike Esposito (5th season at HPU)

2008 season record:

Men's - 2nd Big South Championships

Women's - 3rd Big South Championships

Key meets in 2009: Big South Preview (9/19 at HPU), Big South Championship (10/31 at HPU), NCAA Southeast Regional (11/15), NCAA Championship (11/23)

Panther Profile

Lyndsay Rowley Volleyball, DS

Hometown: New Albany, OH

Year in school: Senior

Major: Marketing and Communications

Career Plans: I would like to go into advertising. I have been also looking into going to grad school or possibly getting an internship overseas.

Other activities you are involved in on campus: University Ambassador, National Honors Society, Big Brothers Big Sisters, and SAM (Student Athlete Mentoring).

Interests/Hobbies: I love writing and eating anything with chocolate in it!



Photo courtesy of HPU Athletics

Favorite Song: "Your Love" by The Outfield

Favorite Movie: Boondock Saints

Favorite Book: Wanted by Caroline B. Cooney

What motivates you most when playing a match: My teammates. There's nothing better than knowing your teammates are behind you 100%. We feed off of each other's energy. I think our team's energy is a very large part of our success.

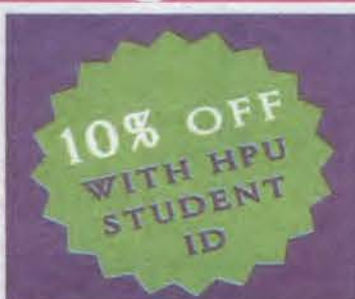
Music you listen to before a match: "All of the above" by Maino featuring T. Pain.

Other fun facts: Before every game, I write the serenity prayer on a small piece of paper and put it in my right sock.

back to school in style!

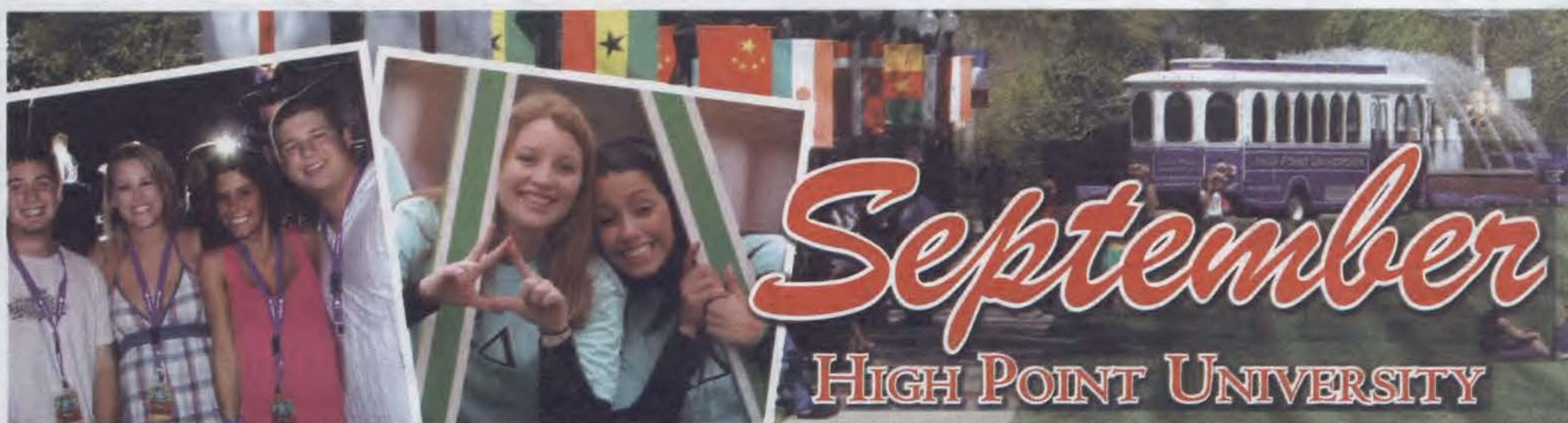
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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**HPUREC
BOOTCAMP
COMING SOON**

1

road trip

Roadtrip to
Elon for Men's
Soccer

2

Worship Service
Hayworth Chapel
5:30pm

3

SGA

SGA Community Affairs
Board Meeting
Phillips 120
7pm

4 NPHC Cookout
5pm

vs. College
of Charleston
7pm

**C.A.T.
BOWLING NIGHT**

5 HPU
CLASSIC

**C.A.T.
ROCK BAND
COMPETITION**
The Arcade
7PM

6

SGA Refresher
Phillips Hall
2pm

Women's vs.
Elon
3:30pm

7 CHECK OUT
THE CAMPUS
CONCIERGE FOR
INFORMATION
ON CONCERT
TICKETS

50's Dinner
Slane Cafe

8

Flag Football
Captain's Meeting
Phillips Hall Rm. 218
5pm

9

Worship Service
Hayworth Chapel
5:30pm

**VS. ELON
7PM**

**C.A.T.
OPEN MIC
NIGHT**

10 IDS Event Today

IDS Event-Women's Lecture
Series
Phillips Hall
7pm

SGA

SGA Meeting
UC Cinema
7pm

11

CATFLIX

12

Dashboard
Confessional
Concert

**DANCE TEAM
TRYOUTS**

★ Freshman Class Campaign Week ★ Freshman Class Campaign Week

13

Women's vs.
Davidson
2pm

**DANCE
TEAM
TRYOUTS**

14

**YEARBOOK
PHOTOS
1-7**

15 IDS Event Today

IDS Event-Panel Discussion
Location: TBA
3pm

IDS Event-Cal Ripken
Millis Athletic/Convocation
Center
7:30pm

**VS. UNC
GREENSBORO
7PM**

16

Worship Service
Hayworth Chapel
5:30pm

17

SGA

SGA Meeting
Phillips 120
7pm

18 IDS Event Today

IDS Event-High Point
Community Concert-Presidio
Brass
Hayworth Fine Arts Center
7:30pm

**C.A.T.
DRIVE IN MOVIE**
Canaan Club Village
Campus

19 IDS Event Today

IDS Event-A Midsummer
Night's Dream
High Point Theatre, Downtown
8pm

**Fraternity
Recruitment Bid Day**

GREEN TEAM TRYOUTS
Men's vs.
USC-Upstate
7pm

Admissions Open House
C.A.T. Driving Range/Golf Day

✓ VOTE Freshman Class Election Week ✓ VOTE Freshman Class Election Week

Fraternity Recruitment Fraternity Recruitment Fraternity Recruitment Fraternity Recruitment

20 IDS Event Today

IDS Event-A Midsummer
Night's Dream
High Point Theatre, Downtown
2pm

21

Sign up for
CAT Roller
Skating Night

22 +

**Red Cross
Blood Drive**

**MEXICAN
DINNER**

Men's vs.
Davidson
7pm

23

Greek Week Services
Hayworth Chapel
5:30pm and 6:45pm

24 IDS Event Today

IDS Event-A Midsummer
Night's Dream
High Point Theatre, Downtown
7:30pm

Women's vs.
Belmont
7pm

25 IDS Event Today

IDS Event-A Midsummer
Night's Dream
High Point Theatre, Downtown
8pm

LIP SYNC

**VS. COASTAL
CAROLINA
7PM**

26 IDS Event Today

IDS Event-A Midsummer
Night's Dream
High Point Theatre, Downtown
8pm

Men's vs. ETSU
7pm

**VS. WHITTOP
7PM**

**C.A.T BONGO
BALL MANIA**

GREEK WEEK ... GREEK WEEK ... GREEK WEEK ... GREEK WEEK

27 IDS Event Today

IDS Event-A Midsummer
Night's Dream
High Point Theatre, Downtown
2pm

**C.A.T.
Roller Skating**

28

*Family
Weekend
is coming
up!*

29

Tennis Player's
Meeting
@ 5pm
NPU Rec office

30

Worship Service
Hayworth Chapel
5:30pm

CULTURAL ENRICHMENT SERIES

10 Women's Lecture Series
7pm - Phillips Hall

15 Panel Discussion
3pm - TBA

15 Cal Ripken
7:30pm - Millis
Athletic/Convocation
Center

**18 High Point Community
Concert-Presidio Brass**
7:30pm - Hayworth Fine Arts
Center

**19 A Midsummer Night's
Dream**
8pm - High Point Theatre,
Downtown
(Sept. 19, 20 and 24-27)



In News: Two *Chronicle* editors recently went on ride-alongs with HPU Security. Read about their experiences on page 4.

Campus Chronicle

High Point University

Vol. 17, No. 4

www.CampusChronicle.org

Friday, October 9, 2009

Remembering Charlie Warde: 'a scientist and a friend'

By Allison Hogshead
Assistant Editor

The memories that matter are the ones we leave behind. Dr. Charles J. Warde left 69 years of happy memories after he passed away Sept. 30.

Newer students may not have known the lighthearted Irishman—he retired in 2007 after 17 years as a chemistry and physics professor at High Point University. If they had gotten a chance to know him, though, they would feel for the loss of the man many describe as a wonderful person, a brilliant man who loved to teach and a well-liked figure on campus.

Dr. Harold Warlick, dean of the chapel, and Dr. Gray Bowman, chair of the Physical Sciences and Chemistry department, spoke at a ceremony held Sunday, Oct. 4 in HPU's Hayworth Memorial Chapel. The location was fitting, considering Warde was one of the first people on the board of directors for the chapel. Hundreds of people, including HPU faculty, administrators, and members of Warde's family, gathered to remember him.

"He was an intelligent and adorable person with an impish smile, an arsenal

of jokes, scores of witty stories and an infectious giggle," Warlick said at the ceremony. "He loved students and cared for them deeply and faithfully. He had a knack for befriending them and taking care of them. To say that he had a keen sense of humor would be an understatement. To the very end of his earthly days, he kept that humor."

Bowman hired Warde in 1990, and "little did I realize what I was getting this campus in for twenty years ago," he said during the memorial. The banter between the two men was infamous.

"Charlie used to call me 'Your Moroseness' for my legendary morning scowl when I was undercaffeinated," Bowman said.

Jokes aside, the men respected each other and became good friends over the years.

"I personally got an experienced scientist and manager for the department, and a confidant, advisor and trusted friend for myself," Bowman said.

Among his numerous qualities, Warde was compassionate and generous.

"None of us knows the number of times that Charlie, his eyes and ears always attuned to the emotional state of our students, offered comfort, solace

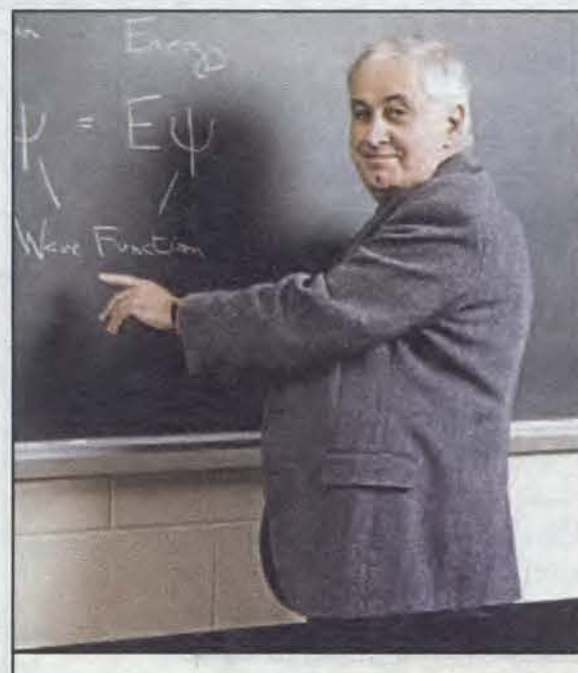
and advice to the young folks.

And no one knows of the many times that Charlie reached deep into his own pockets to put his money where his mouth was to help our students in distress. For you see, Charlie believed that all true wealth is biological, and as that humble rabbi from Nazareth taught, he loved those students as he did himself. He lived that and it is a wonderful, powerful legacy indeed," Bowman said.

The obituary published in the *High Point Enterprise* describes Warde as being a very likeable person. "Charlie was a true Irishman; he loved to talk to people and to make them laugh. His humor and ability to tell a good story was legendary."

Warde was a renaissance man. He had a passion for languages and music as much as he loved the sciences. He loved poetry and his favorite poems were those of Yeats and of his daughter Caitlin.

Among his achievements, Warde helped develop the first battery-powered



Charlie Warde in his last faculty photo in 2007.
Photo provided by Chad Christian.

car in the late 1970s. He earned his Ph.D. in Physical Chemistry from University College in Dublin, Ireland.
See **Warde** on page 8

Long-awaited sports grill The Point offers good food, better atmosphere

By Mike Nuckles
Editor-in-Chief

A Review

Students waited over a month after arriving on campus to dine at The Point, a sports grill-themed restaurant on the east face of the University Center. Overall, the restaurant has not disappointed. The Point offers a wide variety of traditional sports foods, a ton of entertainment options, and one of HPU's most satisfying dining options.

Along with these perks, The Point has some drawbacks. Namely among these is, in my experience, an alarmingly high frequency of cold food delivered to the table. In six trips to The Point, four of my meals have come out at room temperature, when they should have been warm and well-cooked. While these meals were not bad enough to send back to the kitchen, it was still disconcerting.

Another downside is the extremely limited selection for vegetarians at The

Point. Several vegetarian students noted that they had hoped for a large selection at this restaurant after the Great Day Bakery failed to deliver many meatless entrees, but were disappointed that there was even less at The Point.

The restaurant has strong redeeming points, though. For non-vegetarian students, The Point offers a wide variety of items, including chicken wings, pulled pork sandwiches, burgers, and fish and chips, along with dozens of other meals.

It would be ab-

surd not to mention the many entertainment options at The Point. Over a dozen flat-screen and projection televisions are set up throughout the restaurant, typically showing a variety of sporting events and other sports-related programming. At the bar area, four gaming machines are set up, so students can play any of a large variety of games while waiting for their food. A miniature shuffleboard set is available for use near the entrance to the restaurant. Finally, the new University Center arcade is now open, just below The Point. This arcade is complete with XBOX 360, PLAYSTATION 3 and Wii consoles, Skee-Ball, ping-pong, air hockey, billiards and vintage games.

Overall, The Point is a welcome addition to HPU's dining options for students. There are many great reasons to eat at High Point's newest restaurant and only a couple of things the management needs to work on. All students should try out The Point as soon as possible.



Students enjoy meals at The Point during its opening week.
Photo by Dan Moldovan.

On the Run: What's new

Granberg headlines film event

Dr. Ellen Granberg, a faculty member at Clemson University, recently headlined the second of five events in the "Turn Up the Volume, Turn Down the Lights" women's film and lecture series. The series was established this academic year to explore how various societal issues affect women. The first event was held in September, and the final three events will be held throughout the spring 2010 semester.

Fall family weekend held

HPU recently hosted the Fall 2009 Alumni and Family Weekend, from Oct. 2-4. According to HPU Media Relations, over 3500 people visited the campus, more than doubling the normal population of campus. Guests were treated to faculty lectures, art exhibits, and a golf tournament. On Oct. 3, hundreds of athletes ran a 5K race through campus, and women's soccer fans witnessed a 1-0 win over Coastal Carolina that evening.

In this issue:

In A&E:
Paramore's
brand new eyes
album reviewed

page 6

In Organizations:
Communication
honor society
established

page 8

In Sports:
Volleyball team
features double
trouble

page 9

.....

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Letters policy...

The Campus Chronicle urges readers to submit letters to the editor.

The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone number and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgment of the editors and advisers.

Mail your letter to: The Editor, Campus Chronicle, Box 3111, High Point University, High Point, NC 27262. Email your letter to news@highpoint.edu.

Students need to understand H1N1

Staff Editorial

Every day it seems there is more and more media hype about the H1N1 virus, also known as swine flu. Everyone seems to be in an uproar over it. Newscasters seem to talk about it every night, some even going so far as to call it an epidemic. When students on campus get sick, they are treated like lepers by some of their friends and classmates. No one wants to be on the same dormitory floor as anyone with the sniffles, fearing it may be signs of "the swine." When students are missing from class, the moments before the professor shows

to be complaining about is that the school is calling for a quarantine of all sick students but not excusing them from class. One student said that he decided to keep going to class even though he didn't feel well because he wasn't allowed to miss many of them and the school wasn't going to excuse his absences. He said that he was told he wasn't allowed to go to class, but then when he got a copy of the standard student health e-mail from Dr. Allen Goedeke, it said that his absence wouldn't be excused. People became outraged that students weren't allowed in class but were going to get penalized for not going.

entire faculty is already well aware that when a student is suspected of having something as contagious as swine flu, then there is a need for isolation.

Swine flu is a very contagious virus, as is regular type A flu. That's why it's important for people to follow precautions when they aren't feeling well so they don't spread it, including staying away from other people. Even if you are afraid your professors won't understand, you need to talk to them about it and stay out of class. They should be understanding of it right now. Even if that game, party, or whatever else you're doing seems too unbearable to miss, you can't just go out pretending you are

fine and infecting everyone else around you.

People also can't buy into the hype of the swine flu pandemic and act like the sky is falling whenever someone has a cold. Only 1,500 people have died of swine flu worldwide. That number is sad, and we certainly empathize with those families, but that's not a very significant number. It's no

more deadly than the regular flu, and the same people are at risk. Mostly people in underdeveloped countries, pregnant women, and infants. People need to calm down their fears of the swine flu, and start being more responsible about exposing others to it. Just because it probably won't kill anyone else doesn't mean it's okay to be breathing all over people in class when you know you aren't feeling well.

The surgical masks are also really unnecessary. Germs are still coming through them when you breathe. If it's open enough for air to get in and out, it's open enough for microscopic bacteria to get in and out. All you're accomplishing is making yourselves look crazy.



"H1OhNo" by Alaina Farrish

up are spent gossiping about how he or she is probably quarantined so as not to infect everyone else with swine flu.

The fact of the matter is that swine flu isn't much different than the regular flu. While having influenza of any kind is certainly unpleasant, there never seemed to be as much concern during cold and flu season as there is now that it's swine flu season. But the symptoms are all the same. Headache, nausea, aches, sore throat. These are all things almost every student gets at least once a semester. Add the word "swine" to the equation, however, and everyone treats it like a resurgence of small pox and rumors start flying around.

One of the things people seem

Gail Tuttle explained this by saying that it's the school's policy that students must communicate with their professors when they are absent from class, but that student health will send out notices when students who are ill visit the office. Just because the school doesn't automatically excuse an absence doesn't mean a professor is going to hold it against the student. It is his or her responsibility to follow up with the professors, which is exactly what the notice says. It doesn't say that teachers are advised to penalize the student for not being there, only that the student must follow up. Tuttle also said that even though these are the only notices that the students receive copies of, the

Straight Talk from Dr. Qubein

Positive stress motivates you to take on new challenges

Have you ever eaten until you were so full you felt that you couldn't eat another bite? But then when the server came around with a tantalizing dessert, you were able to make room for it, weren't you?

You ate all you could hold "and then some."

Have you ever been in a race and come to the point that you thought you couldn't run another step? Then you saw a rival overtaking you, and you forced yourself to pick up the pace and run to the finish.

You gave it all you had "and then some."

Has your schedule ever been so full that you knew you couldn't find time to do anything else? And then your professor came in and said, "I'd like for you to take on just one more project this semester. There's an extra grade in it for you if you can handle it."

You did all the work you could handle "and then some."

The "and then some" provides you with positive stress that enables you to meet the challenge – and then some.

Positive stress enables you to overcome the inertia that tends to keep you in a rut.

People stay in ruts because it takes

less effort to follow the rut than to get out of it.

But two things can cause you to get out of the rut: Those two things are pain and pleasure.

When the pain of staying in the rut becomes appreciably greater than the pain of getting out of it, you'll get out of it.

When getting out of the rut offers you appreciably more pleasure than staying in the rut, you'll get out of it.

Both the pain and the pleasure represent positive stress.

Notice my insertion of the word "appreciably." There's an inertia in our lives that tends to keep us going in the same direction until we encounter a strong, substantial reason to change directions.

This inertia can be a healthy thing because it keeps us from changing directions with every wayward wind of fancy.

Dedicate yourself to doing a great job in all you do – and then some!



Ladies, let's 'put sexy back' in the closet

By Sarah Sheffield
Staff Writer

Ladies, we need to have a heart to heart. Every girl has poured over the glossy pages of high fashion magazines. We've decorated our bedroom walls with collages of lines by designers whose names we struggle to pronounce. Then finally one day, sitting next to you in class, is an imitation of one of those gorgeous ensembles. You save up to buy one like it and after descending the stairs in a slow-motion "She's All That" montage, your dad says, "What makes you think you're leaving the house in that, young lady?"

Then you come to college. It's a thrilling transition into adulthood and freedom. Suddenly, you realize that you can wear whatever you want without parents casting a disapproving eye upon

you. You pull that glorified item from the back of the closet and put it on, admiring yourself in the mirror. You're a little skeptical but determined. You leave your dorm and walk with confidence; the promenade is your catwalk. Boys and girls alike are staring (you chock it up to jealousy). Your best friends walk up wearing similar outfits, and any worries are immediately quelled in complimenting each other.

No one will deny that girls on campus are beautiful. However there is something distinctly unappealing when a gorgeous girl is wearing a Triangle-worthy outfit to a 10am class. There's just no need for it and frankly, you'll have time to change later. Many have noticed that the global warming crisis seems to have worked in favor of this year's fashions. However, we don't want to see it. We're in college...our purpose is higher education, not higher

hemlines. Granted, I love a great pair of heels as much as anyone else but stilettos are just silly when hiking around campus all day. Those plunging necklines and strapless tops are not appropriate for academia. I support flannel wearing more than most, but flannel "dresses" definitely require pants underneath.

It's not an issue of being casual; looking nice and dressing up are a good thing. The real issue is respect. We want guys to respect us, but in order for that to happen, we have to respect ourselves enough to wear what is appropriate for the occasion. We seem to have overlooked the physics behind a short skirt and heels on grand staircases. Peers aren't the only ones who have noticed either; professors are uncomfortable with the latest trends as well. As much as we should be expected to not wear PJs to class, though it is fun

freshman year, we should be expected to look appropriate. Just because your roommate and best friends think it's cute doesn't necessarily mean that other people are comfortable with it.

I've asked around... a lot. Many girls and guys agree that things are a little out of hand. Don't throw out that cute skirt or flannel dress, just wear some leggings. Pair a cute sweater with that strapless top or add a cami to a low-cut ensemble. I fully support a woman's choice to accentuate her beauty; please just do so while keeping in mind that the school photographer isn't Nigel Barker. I mean, even Gisele Bündchen wears Invisalign braces and comfy jeans most days. So, before leaving your room, ask yourself if your parents would be okay with it, or grandparents for that matter... they're usually right anyway.

Cartoons geared toward adults are awesome tools of expression

By Katie Nelson
Opinion Editor

My best friend and I have been friends for over a decade. We agree on a lot of things but there are a few points where we cannot reach a consensus.

One of the biggest disagreements is over the subject of adult cartoons. By adult, I mean a cartoon that has a target audience consisting of young adults. Some examples would be *South Park*, *Family Guy* and *Futurama*.

Some of these cartoons are on the air for pure entertainment purposes. Others are on as a tool for political and social satire and address the problems of our generation.

My friend says that cartoons are for children, not for adults. While many will agree with her and view adult cartoons as immature, I believe they fail to understand that that is the point.

Cartoons can be extremely immature, but that is part of their appeal. After a long, stressful day of work, sometimes you need a few laughs in a stress-free environment.

What could be less stressful than watching something that simulates your childhood? We like adult cartoons because they take us back to the days of Saturday morning cartoons, but the jokes are at an adult level.

The best example, and my personal

favorite cartoon, is *South Park*. For those of you who are unfamiliar, *South Park* is about four little boys and the happenings in their tiny Colorado town.

The show's creators are two men who met in college and launched the show when they were in their late twenties. They grew up in a small town and hated it; they felt everyone in town was so stupid and boring that they couldn't wait to escape.

I think pretty much every person has experienced these feelings, especially when they were teens.

While the crude humor of *South Park* seems to be mainly aimed at teenage boys, there are many episodes that convey strong messages about life. For

example, my favorite episode is entitled, "Night of the Living Homeless." This episode is done like a zombie movie with homeless people roaming the streets moaning "change."

Naturally, all of the adults barricade themselves indoors, shut down the city, and slowly

proceed to turn on each other.

All throughout the episode they make reference to how the homeless have "adapted, copied our DNA." This

hyperbole is hysterically true.

What do we do when we pull up to a stoplight and see a homeless person next to us? We roll up the window, turn up the music, and suddenly become very interested in our steering wheels.

South Park does a good job using humor to convey a message. They always seem to go over the edge as well, which accounts for the immaturity.

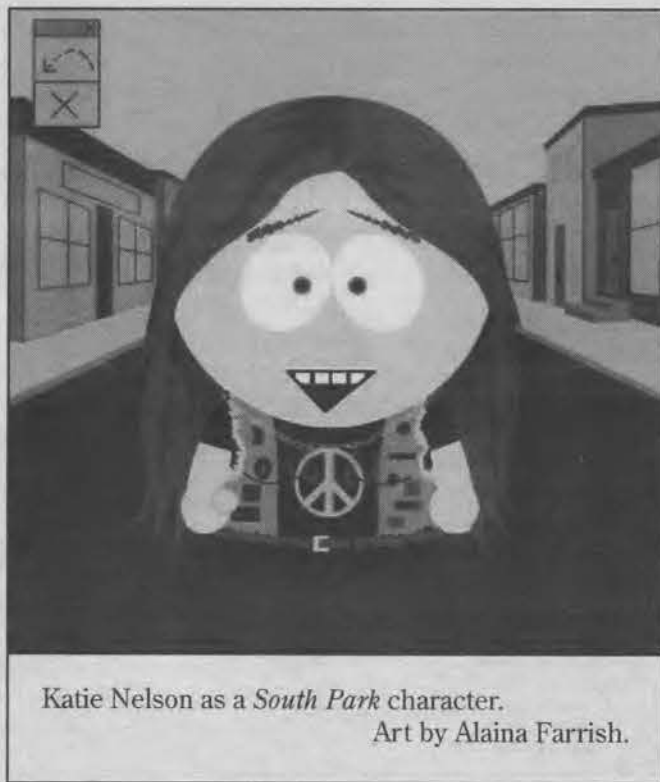
In the aforementioned episode viewers see a scientist fail about half a dozen times to kill himself by gunshot. This type of unnecessary violence is shared by all of these types of cartoons.

Most cartoons have plenty of nonsensical violence and sexual innuendoes which make the cartoon funny. *Family Guy* is a cartoon I see as having mainly this type of entertainment value.

It does not send the same amount of purpose, it is purely jokes. *Family Guy* includes situational and cultural humor, filled with cut-away jokes. It covers a vast wave of stereotypes, which allows for a vast amount of humor.

When you just want to relax and have some good laughs, you'll enjoy *Family Guy*.

As Kyle would say, "I've learned something today." cartoons for adults are great because they can deliver political and social messages in a poignant way while making you laugh. They can also be an escape from reality.



Katie Nelson as a *South Park* character.

Art by Alaina Farrish.

Take the advice of Thomas Friedman: get off Facebook and get into someone's face

By Amanda Mayes
Staff Writer

Over the turbulent summer months following the 2009 Presidential elections in Iran when the press was completely strangled, the only news the world received from inside the troubled country came from Facebook messages, YouTube videos and Twitter. Even though technology can facilitate progress, aid in the spread of ideas, overcome censorship and strengthen globalization, it is seriously damaging our abilities to speak, think, and connect with others.

As a society, we have erected walls that completely close us off from others under the pathetic excuse of "faster" communication. It is becoming more

and more socially unacceptable to express one's feelings, to show emotion. At times it is easier to simply remain silent and amiable rather than voicing a dissenting opinion when confronted with a view that clashes with our inner constitution. We can hide behind an ambiguous text message or a vague email, but when we are sitting face-to-face with someone, it is much more difficult to put up these walls and remain a private person. Our body language, tone and inflection will give us away in conversation. Why is this such a terrible thing? It should be considered essential to be able to connect with someone on even a basic level. Humans are social creatures. Why are we denying ourselves this basic need?

When communication and

expression are so vital to our society and an increasingly interdependent world, our generation will be unable to confront and talk with others or to reveal their feelings and discuss their beliefs without hiding behind an iron curtain of technology.

I urge you to disconnect and reconnect. Instead of sending that text message to Susan about when to meet for dinner, walk the two feet down the hall to her

room and ask. Instead of sending that email to your professor about the length of a paper, get up, walk out your door,

and meet with him during office hours. Rather than writing on the Facebook wall of your best friend from high school, pick up the phone and call. It is not too difficult, time consuming or excruciating to speak. Removing these barriers and misnomers created by society

can be uncomfortable, but incredibly rewarding.



Two reporters go undercover with HPU security

Experience alters preconceived notions

By **Katie Nelson**
Opinion Editor

Commentary

When you're a child, you meet "Officer Friendly" and learn about the world of law enforcement. After that, you gain great respect for law enforcement officers.

You appreciate all the sacrifice and dedication that officers put into protecting and serving people. Then after some years, you stop thinking about the police and it just seems second nature that the force is there.

Eventually, you get your license and your attitude changes. Police officers go from being neighborly protectors to being intimidating authority figures.

Whenever you see a police car, your heart starts racing and you automatically slam on your brakes, regardless of what speed you are actually going. The police suddenly become people to evade, make excuses to, and engage in confrontation.

The few times I have encountered an officer in a professional setting, I have never known how to properly act. It's hard to connect with someone who you feel intimidated by but you know is doing a job.

So when some people come into contact with officers they become silent and submissive; others become loud and hostile. I was given the opportunity to study the interactions of the HPU security officers and students firsthand.

On Wednesday, Sept. 30, I conducted a ride-along with Lt. Josef Alalusi and Officer James Johnson. This ride-along went from 10 p.m. to about 1:30 a.m.

During the course of my ride-along, I got to know many of the security officers and saw some moving events. My job that night was to observe and report. I was not directly involved in any incidents that occurred.

First, we toured campus and I got to see things the way security sees them. I got to ride in the security car

and hear all of the security jargon. I felt akin to a secret service agent using codes and secret shortcuts.

We spent part of the night monitoring campus, ensuring that students were not speeding or running the new stop signs. We also made sure the people who were on campus were supposed to be there.

Since it was a Wednesday night, there was not too much activity. As a result, I got to know the security guards really well. They are all great people who work hard to keep campus safe.

Apart from traffic violations and field contacts, officers also have to deal with the issue of substance abuse. Substance abuse is an issue that occurs on every campus. College kids are going to experiment. It's understood that it's going to happen.

While patrolling campus, security encountered a former student who was driving recklessly. After pulling him over, the officers realized that the High Point Police Department needed to be called.

The person in question was charged with felony possession of marijuana, possession with the intent to manufacture, sell, and/or deliver marijuana, drug paraphernalia and possession of a malt beverage by a person under the age of 21. The former student was 20.

This guy had his whole life ahead of him and now he's likely going to have a felony on his record. As I sat there and watched this entire event, I thought about how something that might seem frivolous at the moment can change your life.

When you make decisions in life, you have to do some cost-benefit analysis.

Life is full of consequences and benefits. It's generally best to maximize the benefits and minimize the consequences.

Unfortunately when you make bad decisions, you generally get to meet security officers, awesome people who are here to help you, not to intimidate.

Ride-along emphasizes focus on safety

By **Allison Hogshead**
Assistant Editor

Commentary

It was a cold, rainy night. Raindrops misted onto my iPod as I flipped to "Get Back" by Ludacris and headed to the security station. I reported at 21:00 (9 pm) and rode along with Lt. Joe Alalusi.

One of the first comments Lt. Alalusi made during the round was, "Their safety is our number one concern." My first reaction to this statement was "duh - they're security, so of course their priority is student safety." However, as the night wore on, I realized how vital this statement is to the safety of HPU students.

At 22:15, we had already patrolled around the main campus once and were headed to the Village. When we were passing Belk and the baseball stadium, Lt. Alalusi pointed out the students who were sitting on a guardrail across the street smoking. With the recent ban on smoking, it is difficult to say where is the safest spot for smoking off-campus, but that guardrail was certainly not the solution. It was just too dangerous; any number of distracted drivers could take out that guardrail, plus townspeople could more easily approach them and start an incident.

This was my first of many eye-openers of the night about how students do not think about their own safety, especially when going out at night.

While pulling away from the scene, we encountered three freshmen, and one had an open container. Lt. Alalusi had a chat with the 18-year old and let him off with a warning. The student did not act out until confronted by security, but even then, the most annoying behavior I saw amongst students that night was the disrespect they showed.

Between 23:00 and 24:00, shocking incident number one occurred. An underage, intoxicated female almost caused an accident while driving through campus. She was cited for underage drinking. I felt pity for her, but at the same time, I commented to

Lt. Alalusi that next time she could hurt or kill someone. Unfortunately for some, it can take a tragic incident for an individual to turn his or her life around.

Right before the end of my tour (2:00 a.m.), the second shocking incident happened. A man had passed out in the driver's seat of a car that was without HPU parking decals. It took twenty minutes, two High Point

police officers, and three HPU security units to get the man out of the car. The potential for a fatal incident was there, whether it was the man deciding to take a drive or just that he was so intoxicated he got alcohol poisoning. He wasn't to that point yet, but he was barely able to function.

The message I would like to convey is this: simply take care of yourself. Do not put yourself in dangerous situations.



Allison Hogshead driving on a T3.
Photo courtesy of Allison Hogshead.

HPU student goes to Cuba on volunteering mission

By **Samantha Tuthill**
Online Editor

From Sept. 11 until Sept. 25, junior Katie Mulig traveled to Havana, Cuba to work with the Western North Carolina Conference Volunteers In Mission program. In the weeks leading up to her departure she held a medicine drive to collect over-the-counter pharmaceuticals from other HPU students. Even the most basic medical supplies are hard for people to obtain in Havana. With the help of the HPU community she gathered over \$2000 worth of pain relievers, vitamins, and basic first aid supplies. Her first day in Cuba she met with a doctor and gave her a suitcase of the materials so that they could then be dispersed amongst patients.

Mulig left with ten other members of Volunteers in Mission, ranging in ages from 20 to 80. The big project while they were in Cuba was fixing up an apartment complex for retired pastors. Because of Cuba's communist government, no one owns any land. When pastors retire from their positions, they have to leave

the parsonages they stayed at and then have nowhere to go. Camps have been set up for them, but the camps need upkeep. Mulig and her team spent two weeks fixing sidewalks and painting the buildings. It ended up being much harder than anyone expected. The cement and barrels of paint had to be mixed by hand because their equipment didn't work. Entire rooms were painted by hand with small brushes because the heat made the paint too thick to use with the rollers.

Mulig has dedicated enormous amounts of her college career working to serve others. She has served as the Philanthropy Chair for Phi Mu sorority, organizing projects for Children's Miracle Network. She's also heavily involved in the organization of the

school's Alternative Break Program, which takes students to other areas during school vacations to do mission work. Mulig has been to Texas, Mississippi, and most recently, to

Iowa to do work with flood relief. Gate City Rotary's Max Kern helps organize trips with students, and had told Mulig about the Cuba project while they were working in Iowa. This year she'll spend her fall break

in Guatemala, installing stoves and water purification systems in people's homes. There is another Alternative Break program group this year that will be traveling to Mississippi to work on

hurricane relief projects.

All of these experiences are sure to serve her well once she leaves High Point. She's currently in EMT Basic classes and intends to go to paramedic school after graduation. She wants her career to involve traveling to provide medical assistance to the needy, which is why the Cuba project was so appealing to her.

"I've always wanted to go there," she said, "but I was really happy to be able to turn it into a medical assistance project. I like doing the building trips I've been on, but I prefer to have more interaction with people."

For Mulig, the most significant moment of the trip came when she was exchanging her American dollars for Cuban CUC's.

"I had 160 CUC's, which was an eight month salary for their citizens. The level of poverty there is completely different then how we think of poverty here. I was so surprised by how different Cuba really is compared to the American perspective of it," she said.



Mulig stands in front of the Havana skyline.
Photo courtesy of Katie Mulig

Branson sends out an S.O.S. to no one

By Katie Nelson
Opinions Editor

As children, many of us were involved in a great amount of after-school activities. It could have been soccer, horseback riding or dancing. No matter what this event was we always wanted to have our parents there to cheer us on and support us.

Generally all of our parents tried to be there as much as possible. Amy Branson is one of those parents. She has three children ranging from ages 13-17 who have several extra-curricular activities.

On any given day Branson may be running to a cross-country meet, basketball game, or softball game. In fact, her son's track team has dubbed her the track mom because she attends so many meets.

Branson likes attending the games. "You want to be there and support them," she said. When she is not out supporting her children, Branson is at HPU helping students.

Branson is the package services coordinator at HPU. This means that, amongst other things, she supervises all of the packages that come into the university from various delivery services.

This is considerable work but she is assisted by many student workers. "We have some really great student workers. They're so sweet and helpful. They keep me young," says Branson.

Supervising and coordinating all of the package traffic that comes through campus and student workers requires one to be organized. Her schedule is demanding and many would become flustered easily, Branson says that with

three kids and a full time job you have to stay organized.

Branson's background sets her up to be a very organized person. Branson's father was an Air Force pilot, which meant she lived in a military family.

Although she was born in Texas, her family moved a great deal because of her father's job. He flew C130s, which is a cargo plane.

Finally when she was in the third grade, her family settled down in Thomasville. At that time her father worked for the National Guard.

Growing up in a military family had its pitfalls and advantages. As a child, everyone lent a hand to her family and the community was very tight-knit.

However, she was an only child until she turned 15 so sometimes it was hard to find new friends at each new place. Having such a young sister has proven to be a great thing.

Now that she has three teenage kids, Branson's sister Lauren, gets to be the cool aunt. The family gets to participate in fun events together.

Last Mother's Day, they all went to an Elton John and Billy Joel concert. They had a great time, enjoying the old school music and each other's company.

Branson is a talkative, engaging, mini-van driving track mom who has a great repartee with her coworkers. She likes her job and wants students to know that she is "here to help in any way."

So next time you get your care package from home or your monthly subscription, just know that many people work hard to get it to you.

Staff Profile



Photo by
Dan Moldovan.

Amy
Branson

Speaker gives students something to chew on

By Christina Ferraiolo
Staff Writer

Women of HPU stood up against the issue of eating disorders Oct. 2 when they filled the seats of the University Center Theatre to hear Barbara Andresen speak about the issue.

Andresen, a medical nutrition specialist, was accompanied by Lynda Noffsinger, Director of Counseling Services at HPU. These women used their professional expertise to explain eating disorders from both a mental health and a nutritional perspective.

"Eating disorders illustrate that sometimes for a woman, keeping up with society's image of what's in fashion is worth dying for," declared Noffsinger in the midst of her observation that eating disorders peak among women during periods in history when they are most empowered. "Today eating disorders are the fifth leading cause of death in women," Andresen proclaimed, alluding to the fact that current times are no exception.

Noffsinger and Andresen discussed everything from the scientific aspects of the disease to the many forms in which it can emotionally surface among college women. The presentation also offered different means in which students can approach others who may be suffering from eating issues.

Noffsinger encourages students to come to her about issues of this nature whether it pertains to themselves or to their peers. She can be found on the third floor of the Slane Center from the hours of 9 a.m. to 5 p.m., Monday through Friday.

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Paramore sees through brand new eyes

By **Jen Paolino**
A&E Editor

It has been said that *brand new eyes* could have been the record that tore the band apart. After touring non-stop for months on their sophomore release *Riot!* the band came to a screeching halt, bombarded with rumors of pregnancy and the members of the band calling it quits.

After canceling the latter part of their European tour, pop-rock outfit Paramore took some time off, regrouped, and got back in the studio. Here is a track by track review of what could be their most promising and gut-wrenching record to date.

Track Title: Careful

Hayley Williams' pleading vocals rip across ear-splitting guitar riffs and pounding drums. This opening track sets the tone for the rest of the record, leaving the band open and vulnerable and allowing listeners to question just what it was that made Williams so angry.

Lyrics to Listen For: "You look like I did/You resist me just like this/You can't tell me to heal/And if hurts remembering how it felt to shut down..."

Track Title: Ignorance

Following in the vein of No Doubt's video for their hit "Don't Speak," Williams' takes another stab at letting the band know exactly how she feels. The first single, and probably the only reason this record happened at all, "Ignorance" is the loudest and most powerful track you'll hear from them. Written during a tumultuous time for Williams and the band, these lyrics were the first step in allowing their wounds to heal.

Lyrics to Listen For: "Where's your gavel, your jury?/What's my offense this time?/You're not a judge but if you're gonna judge me/Sentence me to another life..."

Track Title: Playing God

A departure from the fast-paced intros we hear on the first two tracks, "Playing God" starts off slow and continues to carry the theme of Williams feeling judged and criticized. Lead guitarist Josh Farro battles back and forth, lyrically, with Williams, shouting "I'll point you to the

mirror" throughout.

Lyrics to Listen For: "You don't have to believe me/But the way I (way I) see it/Next time you point a finger/I might have to bend it back or break it (break it) off/Next time you point a finger/I'll point you to the mirror..."

Track Title: Brick By Boring Brick

With almost fairy-tale like lyrics, this might be the most confusing track on the record for most listeners to pick apart, exploring a world of magic used to keep outsiders at a distance. This time it's the bass line and the gang-vocals that will reel you in, while the drums and melodic guitar riffs will keep you hooked.

Lyrics to Listen For: "If it's not real/You can't hold it in your hand/You can't feel it with your heart/And I won't believe it/But if it's true you can see it with your eyes/Oh, even in the dark/And that's where I want to be, yeah..."

Track Title: Turn It Off

While the band has never denied their Christian roots, they don't really come across in their music until now. Not a religious song by any stretch, it seems to be the first track where Williams makes mention of a possible struggle to keep her faith while struggling internally with her band mates and ex-boyfriend and song-writing partner Josh Farro.

Lyrics to Listen For: "And the worst part is/Before it gets any better/We're headed for a cliff/And in the free-fall I/Will realize/I'm better off when I hit the bottom..."

Track Title: The Only Exception

One of the softest, and slightly indie, songs on the entire record, possibly the softest song *ever* for Paramore, Williams calls into question her belief in love. Rehashing her parents' painful divorce, and possibly pulling from the emotional breakup with Farro, she finds a way to turn a somber song into one of promise and hope.

Lyrics to Listen For: "Well maybe I know, somewhere/Deep in my soul/That love never lasts/And we've got to find other ways/To make it alone/Or keep a straight face/And I've always lived like this/Keeping a comfortable...distance/And up until now I had sworn to myself/That I'm content with loneliness/Because none of

bleeding through into Williams' lyrics, but finally an uplifting song about the band reemerging bigger, better, and healthier than ever. You won't get rid of them that easily.

Lyrics to Listen For: "Honestly, can you believe/We crossed the world while it's asleep/I'll never trade it in/'Cause I've always wanted this/And it's not a dream anymore, no/It's not a dream anymore/It's worth fighting for..."

Track Title: Where The Lines Overlap

Not to brag or anything, but Paramore's life is definitely one I wouldn't mind living. And while they are the most modest band in the world, sometimes it's alright to know when you've got it good.

Lyrics to Listen For: "Now I've got a feeling if I sang this loud enough/You would sing it back to me/I've got a feeling if I sang this loud enough/You would sing it back to me/You would sing it back to me/No one is as lucky as us..."

Track Title: Misguided Ghosts

Such a mellow track, the song is completely acoustic; it makes you wonder whether this was

supposed to be on the album at all, or if someone snuck a mic into one of their writing sessions. Stripped down and raw, this track pulls at your heart.

Lyrics to Listen For: "We are just misguided ghosts/Traveling endlessly/The ones we trusted the most/Pushed us far away/And there's no one road/And we should not be the same..."

Track Title: All I Wanted

Paramore broke into the scene with their catchy, upbeat pop, but they've toned it down significantly for this record. Another slow song that blows up into a heavy, memorable chorus, it seems again that we are lamenting over a lost love, or a lost... something else.

Lyrics to Listen For: "I think I'll pace my apartment a few times/And fall asleep on the couch/And wake up early to black and white reruns/That escape from my mouth/All I wanted was you..."

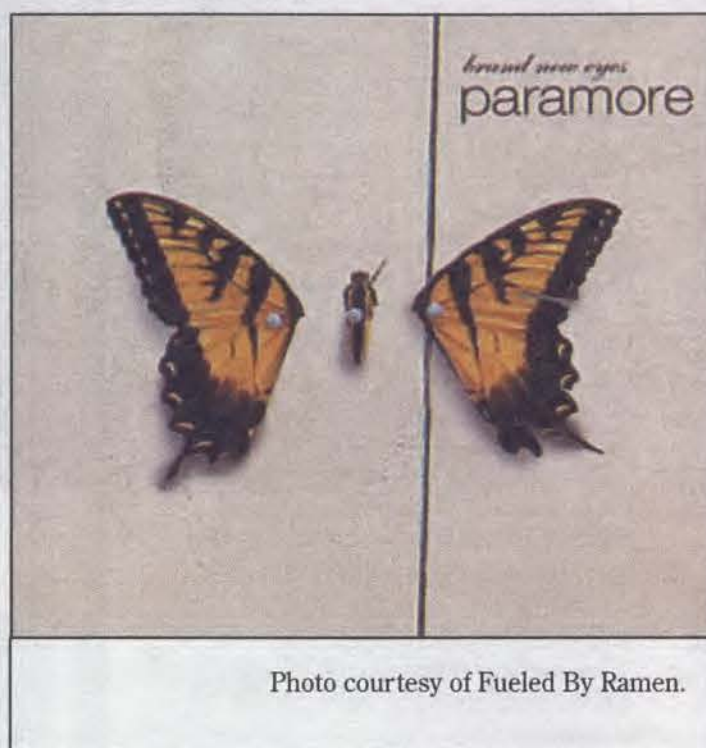


Photo courtesy of Fueled By Ramen.

it was ever worth the risk..."

Track Title: Feeling Sorry

It seems that this angry version of Williams is an amazing song writer as she pens yet another song about another breakup. Leaving a string of guitar and bass players in their wake, it leaves listeners to wonder exactly which kind of breakup this is. This fast paced track cuts through the two previous slower songs with splitting octaves and catchy vibratos.

Lyrics to Listen For: "Well I try not to think of what might happen/When your reality, it finally cuts through/Well as for me, I got out, and I'm on the road/The worst part is that this, this could be you/You know it too/You can't run from your shame/You're not getting any younger..."

Track Title: Looking Up

It may have seemed like the tension and drama in the band would never stop

Great Day Bakery offers scrumptious food

By **Lizzie Cothran**
Staff Writer

The Great Day Bakery is more than I expected when hearing about the construction of the University Center. In comparison to rumors about a movie theatre, sports bar, and arcade, the bakery seemed to fade into the background of the big plans.

Once school began, a friend and I explored the new building and wandered upon the bakery and thought we might as well try it.

The line was long, so we had to look at the personal menus Great Day provides. The menu provides an abundant number of choices from bagels, pastries, and sandwiches. On the day of the review I was debating on a Chicken Caesar Wrap, but I was worried that my picky eating habits might make me choose the wrong thing.

I decided to order the wrap, and was welcomed with a "bonjour" from a woman wearing a toque – a white chef's hat. This immediately set me into the mind-set of a French café. After ordering I was given a buzzer that would let me know when my food was ready.

While waiting, I had time to take in the

restaurant. I found a frame hanging on the wall that had the "story" of the Great Day Bakery. It states that the bakery got its name from an Eddie From Ohio song that inspired Dr. Nido Qubein and became an unofficial anthem for the university. I also realized that a banner that runs along the ceiling above the counter features lyrics from the song, making the story that much more personal after taking the President's Seminar.

My buzzer went off and I couldn't wait to dig into my food. After making sure I would have everything I would need for my lunch, an employee wished me to "have a great day," which tied the whole idea of the bakery together.

The caesar wrap was scrumptious. The chicken was juicy and the lettuce had just the right amount of dressing. The chips for a side were the perfect addition. Surprisingly, the chips had a barbeque tang about them.

Overall my food was mouth-watering, and I can't wait to try something else.

The staff of the Great Day Bakery bring the place to life, making my experience there even better. It has quickly become my favorite spot on campus to eat, whether it be for lunch or to just grab a quick snack.

HPU's own star in the making

By **Scarlett Hester**
Staff Writer

You may have heard her jamming on her guitar and belting some chords before the Dashboard Confessional concert. Or you may see her playing local gigs like the school cafeteria or Harrison's. Wherever it was, this Pittsburgh, Pa. native knows how to leave an impression.

Bridget Simon, a High Point University sophomore, has only been playing the guitar for three and a half years, but has already managed to make a name for herself. She spent the summer playing local gigs and working on releasing a promo package through T. Larking Productions.

Simon started playing the guitar because of advice from her voice teacher who encouraged her to be able to accompany herself. This advice has come in handy because Simon writes a lot of her own music, with the help of her friend Erika

Farr, another HPU student. The two co-write the lyrics and Simon provides the musical backing.

Whether she's singing with a country twang or a more rock edge, all of Simon's songs reflect her personal life. "My songs are about me and my own experiences. A lot of them are about boys," says Simon.

Although she hasn't hit the big time yet, Simon says that she would love to play in L.A., Nashville, Charlotte, Chicago, and of course Pittsburgh. Simon has always had the dream of playing in her hometown where her major supporters are.

Simon knows that she wouldn't be where she is today without the love and support of her parents. "They're my biggest supporters," Simon says with a smile.

To hear more of Simon's music, you can check out her webpage at <http://www.myspace.com/bridgetsimonmusic>.

'Whip It' skates by with a less than perfect review

By **Dianna Bell**
Staff Writer

Ellen Page ("Juno") stars in another coming of age story, "Whip It." This time, the story unfolds on the rink of a roller derby.

Set in Bodeen, Texas, Bliss Cavendar (Page) struggles through the halls of high school as a teenage misfit interested in alternative—combat boots, vintage t-shirts, and indie-rock.

One day, while buying a pair of said combat boots, Bliss encounters three roller skating divas who happen to drop off flyers for an upcoming roller derby in Austin that inevitably changes her life forever. She immediately falls in love with the sport after watching a bout featuring the Hurl Scouts vs. the Holy Rollers.

After declaring that these ladies are her heroes, Maggie Mayhem (Kristen Wiig of Saturday Night Live), one of the roller divas, tells Bliss to "be your own hero," which prompts her to try out for the team. And so her adventure begins.

After lacing up her old Barbie roller skates, Bliss spends hours a day practicing in preparation for tryouts and, of course, makes the team. Her parents don't seem to notice the sudden interest in the childhood activity and upon making the team she tells them she has an SAT prep class during the times of roller derby practice.

She is now a member of the Hurl

Scouts with the likes of Bloody Holly (Zoe Bell), Rosa Sparks (Eve) and Smashley Simpson (Drew Barrymore). On the rink, Bliss transforms into Babe Ruthless and joins her teammates in bumping, punching, and shoving their way to the top.

While the backdrop to this story is

new, the plot is still filled with the same cliché moments that plague many a teen movie. There's a boy and a best friend, and eventually Bliss has to make a decision on who is more important. Is it bros before hoes or should she ditch her BFF, Pash (Alia Shawkat of Arrested Development), for the chance at true love?

The love story is a little lackluster, which makes the viewer wonder why there is even a difficult choice involved. Bliss and her boy Oliver (Landon Pigg singer/songwriter) go from chatting at a party, to searching for car keys in a field, to having an underwater make-out session—one in

which they never come up for air.

The relationship is shown in such a scattered manner that the audience isn't able to get a feel of how much the couple supposedly cared about one another.

When it comes to the plot, audience members expect that when a character is leading a double life, eventually the two

exact same day. In "Whip It," it's the roller derby finals and the day of a pageant. Another choice to be made: should Bliss please herself by skating in the derby or please her mother by participating in the pageant?

Another issue that arises comes from a few discrepancies in time. The style

of dress for some characters is mid-60's while others seem to be styled in today's garb. The computers are those of the 90's, but search engines like Google and Wikipedia are available. This leaves the viewer questioning when this movie is supposed to be set.

Despite "Whip It"'s many flaws, I liked the movie. The relationship between the women of the derby saved the day. Overall, Drew Barrymore did an excellent job directing. I couldn't help walking

away feeling a little more empowered than when I first entered the theatre. I left wanting to throw some 'bows, wear a cool costume, and adopt a name like Trauma Mama.



Photo courtesy of Fox Searchlight.

lives will collide in a dramatic, revealing moment.

Usually this occurs during some sort of extremely important event that happens to coincide in both worlds on the

How to find the perfect little black dress

By **Casey Pantalone**
Staff Writer

One thing about women is that they want to be able to wear whatever they want. The problem here is that not every style or trend looks good on everyone's body. All women who are short wish they were tall; all women who are tall wish they were short; women with lush curves wish they didn't have them, and those who are without curves wish they did. It's the age-old tale: we always want what we don't have.

For example, I stand a petite 5 feet 1 inch and I wish I were taller. Every time I see a gorgeous pair of jeans I think to myself, "I'm going to have to cut at least 4 ½ inches off!" I'm so short that some shirts pass as dresses and long dresses always have to be worn with extremely high heels. Some may say, "That doesn't sound so bad." When you're in 4-inch stilettos after a long night of dancing, fun and frivolity, you may see my point a bit differently.

That being said, I wish there was one thing that all women could wear that could make them look fabulous. Thanks to the pioneering efforts of Mademoiselle Coco Chanel, there is. This one fabulous item is a must have and will always be a go-to

when in doubt of what to wear. This piece of clothing is legendary and can be worn to practically any evening event. Ladies, hear me when I say that this is the Holy Grail of clothing. It is not to be taken lightly. It is, and will always remain, the little black dress.

This piece is the most versatile that you will ever own in your wardrobe. It can be worn casual with a little jacket and flats, or dressed up with great jewelry and high heels. Black is a slimming color, so find a dress that suits your curves and hides your problem areas.

If you don't have a large bust, find a dress that pushes you up and out. If you're a little round in the middle, find one that flows. Or, if you want to show off those luscious God-given curves, find a classy cut dress that does just that.

Remember though, it doesn't matter if you're a size 2 or a size 10 as long as you dress your body appropriately and show off the wonderful traits you do have.

Find a great cut, neckline, or length to show off your fabulous legs, beautiful arms, or whatever else you want to show the world.

This little black dress is your go-to for every

problem. It's all in the way you wear the dress; when you look confident, you feel confident. Wear it well and you won't be sorry.



Photo courtesy of Paramount Pictures.

New titles drop with the temperature

By **Domenique Black**
Staff Writer

As fall starts to set in and the temperature drops as the days pass, there is nothing like checking out the new video game releases of October 2009.

New handheld release: The PSP Go would have to be the best name for this on the go device. The new smaller and sleeker PSP has definitely made some changes. With this update Sony has removed the UMD drive, and the games are now digitally downloaded.

The PSP Go also comes with a built-in 16 GB hard drive. The screen also slides up to reveal the D-pad, analogue stick and other buttons. This device is also Bluetooth. This is a great handheld if you do not already own a PSP. Sony is working on a way for the gamers who already have UMD games to transfer their games to the new digital platform. Released Oct. 1. The retail price of this device is \$249.99.

Name of game: Uncharted 2: Among Thieves

This game is a must have for anyone who owns a PS3. If you don't already have a PS3 this game will definitely be

the reason to get one. This is the sequel to *Uncharted: Drake's Fortune*. If you thought the first one would be hard to top, you haven't seen anything. In *Uncharted 2: Among Thieves*, Nathan Drake is back to solve the mystery of Marco Polo. The game play is phenomenal, and the graphics are the best thus far. This game is released Oct. 13, only for the PS3.

Name of game: Teenage Mutant Ninja Turtles: Smash Up

Finally another game with the Teenage Mutant Ninja Turtles! Sadly enough this is not a great one. *Smash Up* is pretty much a rip off of the *Super Smash Brothers* games. The only difference is the TMNT team taking the place of the Nintendo themed squad of *Super Smash*. There is nothing really great about the game. Unless you really like the Ninja turtles, this game is a lost cause. Available for the PS2 and Wii.

Name of game: Need for Speed Shift

The racing game to rule them all! The *Need for Speed* Franchise is known for having great racing games. The latest installment, *Shift*, is the top of the top in racing games. Previous *Need for Speed* games were pretty repetitive until now. The graphics on this game are

remarkable. The camera angles and gameplay of this game leave nothing to be desired. Available for PS3, PSP, and XBOX360.



Photos courtesy of Mirage Studios and Electronic Arts, Inc.

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Q & A with Tower Players

By **Allison Hogshead**
Assistant Editor

In a dramatic move, Tower Players—HPU's theater interest group—is teaming up with the theater program at UNCG this semester, so the *Chronicle* interviewed Dan Moldovan, president of Tower Players, to uncover the specifics surrounding the move.

Campus Chronicle: First off, describe the Tower Players.

Dan Moldovan: Tower Players is a student organization with about 20 members whose purpose is to provide a social outlet for those with theater interests, not only theater majors and minors.

CC: What types of theater are represented by Tower Players?

DM: All aspects: performance, tech, lighting, makeup, costumes, etc.

CC: Who are the officers?

DM: Doug Brown from the theater department is our advisor, Kimberly McNealy is our SGA representative, Marie Ventrone and Ali Earley are vice presidents, Maggie Jo Saylor is secretary, and Camara McLaughlin is treasurer.

CC: Why is Tower Players forming an exchange with UNCG?

DM: To meet other people in the area who have the same interests as us. Theater is a lot about the connections you make.

CC: What will you be doing?

DM: At first we are trying to meet and greet, and then if it goes well, we will try to put together an acting seminar with

CC: Do you foresee a joint production?

DM: As of right now, no. If it goes well, anything is possible but at this point it



The view from the third level of the theatre.

Photo by Dan Moldovan.

one of our instructors.

CC: So you aspire for HPU's theater program to resemble UNCG's?

DM: Not necessarily. Our theater program here is growing, and the talent we have is exemplary and taught by professionals—our theater staff. UNCG has a great program but we are in no way trying to resemble anything but our own.

doesn't seem so, providing the distance and hectic schedules of both sets of students.

CC: How long will this exchange be for?

DM: Depends on how well the vibe is between the schools. Hopefully we will meet a few times throughout the year.

First communication honor society begun

By **Kimberly Mannino**
Staff Writer

With the opening of the brand new Nido R. Qubein School of Communication, High Point University, as well as the communication department, is thrilled to finally be able to start a communications honor society, making it the 15th honor society on campus.

Lambda Pi Eta, Psi Psi Chapter will include 14 students in the inaugural class. The requirements to be eligible include a 3.0 GPA in communications and 30 hours of completed communication course credits.

The 14 inaugural members are president Katie Stanley, Jen Paolino, Alyssa Romeo, Scarlett Hester, Justina Reinhold, Karole Johnston, Andrew Tzavaras, Lisa Chandler, Tara Dyer, Lyndsey Rowley, Charisse Duncan, Liz Welborn and Paul Southerland.

As an accredited member of the Association of College Honor Societies (ACHS), Lambda Pi Eta (LPH) has active chapters at four-year colleges and universities worldwide. Lambda Pi Eta recognizes and rewards outstanding scholastic achievement while stimulating interest in the communication discipline.

"What a joy to honor our students' accomplishments by starting a chapter of Lambda Pi Eta. These inaugural 14 students will set the trend for a tradition that will last as long as HPU does. I'm very proud of each of them and look forward to inducting new students each year," said the society's advisor, Judy Isaksen.

Greek Week takes a trip down Route 66

By **Jessica Ryan**
Staff Writer

This year, 12 of High Point University's fraternities and sororities took a trip down Route 66 Sept. 14 through Sept. 18 for

ing of Lambda Chi Alpha, Phi Mu, and Alpha Kappa Alpha.

This year's events included a banner competition, toga bowling, a pizza eating contest during the men's soccer game, a field day event, which included volleyball,

of type 1 diabetes research in the world.

United Way, a community based organization that works to create better opportunities involving education, income, and health, will also be receiving a donation as a result of the penny wars event that helps determine the week's Greek God and Goddess. This year, Dave Rad and Nicole Van Hessen were named the Greek God and Goddess.

The week ended with the lip sync event, which required teams to perform a 10-12 minute dance to a montage of songs. This year, Team Los Angeles took home the first place trophy followed by Team Chicago, Team St. Louis and Team Santa Fe.

Team St. Louis won first for the overall week followed by Team Los Angeles in second, Team Santa Fe in third and Team Chicago in fourth.

"I think Greek Week went well," stated Meredith McCrea, Greek Life Coordinator. "Hopefully everyone had fun. There are a few changes we will make for next year's week to make it even bigger and better."



Fraternities and sororities show off their moves during Greek Week.
Photo courtesy of Meg Procaccini.

Greek Week.

In respect to the theme, all of the fraternities and sororities participating were separated into four teams named after cities that run along Route 66. These cities were Chicago, which consisted of Delta Sigma Phi, Kappa Delta, and Kappa Alpha Psi; Los Angeles, which consisted of Zeta Tau Alpha, Pi Kappa Phi, and Delta Sigma Theta; Santa Fe, consisting of Alpha Gamma Delta, Pi Kappa Alpha, and Zeta Phi Beta; and St. Louis, consist-

flag football, and tug of war.

Two of the events that took place helped raise money towards the philanthropy components of the week, Juvenile Diabetes Research Foundation and United Way. These two components were chosen to help support the work Nido Qubein has already done with JDRF and to support the university's United Way campaign.

A date auction raised \$2500 for JDRF, the largest charitable funder and advocate



Students participate in the Tug-of-War event during Greek Week.

Photo courtesy of Meg Procaccini.

Warde, continued from page 1
One of his proudest may have been the "Professor of the Year" award he won during his years of teaching at HPU. Warde and his wife had three children and a granddaughter.
Among his favorite hymns, "On Eagle's Wings" was played at the ceremony.

And God will raise you up on eagles' wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of God's hand.

Volleyball runs in the Kaminskis' bloodline

By **Tony Gutowski**
Sports Editor

Sports sometimes have a way of connecting siblings of the same family in many different ways. It could be as rivals or even as teammates. The rarity is when siblings have the ability to play together as teammates on a Division I level or even the possibility of playing together professionally. Now, High Point has its own dynamic sibling volleyball duo in the Kaminskis sisters, Megan and Stephanie.

Though they have been playing volleyball for most of their lives, this year is the first time Megan, a senior outside-hitter, and Stephanie, a freshman setter, have actually played together as teammates.

The Kaminskis sisters, from Flagstaff, Ariz., are three years apart and were

never able to compete together until now, but the role Megan has played thus far for her younger sister has been key in a number of ways.

"Just having her here has made me all

Stephanie Kaminskis said. "I have been here (HPU) a number of times over the past few years and just having her around played a big part in my decision to come to High Point."

Stephanie, at one time, did not want to come to HPU because of her familiarity with the school. She was torn between playing volleyball at the University of Denver or at Boise State University, but she believes the decision ultimately came down to the comfort of knowing that her older sister, Megan, would always be around for advice and help if she came to HPU. It is that exact role that Megan has already played thus far this year and accepts with gratitude.

"I think knowing what I went through as a freshman and my experience from it, I have been able to share some of my insight to Stephanie and I think it has really helped her adjust more comfortably already as a result. As a senior, getting to see your younger sister adapt and adjust as a freshman in the biggest transition of her life so far, just like I went through four years ago, I think is pretty special," Megan Kaminskis said.

"If there is anything she ever needs,

she knows I am always here for her and I understand what she is going through."

It is more than just the personal and emotional expertise to which Megan has passed down to Stephanie; it is also dealing with the difficulty of balancing the array of obligations that a full-time student-athlete encounters on a daily basis.

"Megan really gave me the advice on how to balance your schedule out between your priorities with academics and obligations within volleyball between all the practices, games and training," Stephanie said.

Megan lent Stephanie some advice of her own before the season began. "Unlike high school, sports in college is much more time-consuming, almost like a job; you have to be able to find a balance of comfort and management between both. Find your own niche and do what works for you," Megan said.

Megan and Stephanie are not the only ones in their family to have ties to collegiate volleyball; their older sister, Nikki, played at Georgia Tech and graduated last May. The Kaminskis sisters initially started playing volleyball because, as Megan said, "We were all very tall and were not very good at some of the other sports we initially attempted to play when we were younger."

The whole experience has been exciting for the Kaminskis family because of the frequent traveling to see both Megan and Stephanie at the same time. The sisters have shared the conclusion of Megan's collegiate career, while watching the beginning of Stephanie's. It is these moments and experiences that the Kaminskis sisters will always remember and take with them for a lifetime to come.



Volleyball teammates and sisters Stephanie and Megan Kaminskis support each other on the court and off.

Photo courtesy of Megan Kaminskis.

the more comfortable and familiar in my surroundings, especially with her being a senior and myself being a freshman,"

Panther Profile

Lisa Chandler Women's Golf

Class: Senior
Hometown: Pinehurst, NC
High School: Home schooled
Major and career plans: Communications-Media (May 2010). I want to work with professional golf.

Honors: 2007-2009 Big South

Presidential Honor Roll selection, Millis Scholar-Athlete, and member of the HPU Student-Athlete Advisory Committee.

What other activities (besides golf) are you involved in on campus (if any): SAAC (Student Athlete Advisory Committee), Lambda Pi Eta Honor Society, Alpha Chi Honor society, FCA, Campus Crusade

Favorite Professional Golfer (male or female): Phil Mickelson.

Song playing the most on your iPod (MP3) right now: Anything with Taylor Swift.

Favorite Golf Course you have played: Pebble Beach (in California).

Most Memorable Golfing Moment:

In 2005, I was selected to play Wal-Mart First Tee Open at Pebble Beach, which is a Champion's Tour (Senior Tour event) and played 2 rounds with Arnold Palmer as my partner [in the picture above]. We were interviewed by on-course announcer Dottie Pepper and were on NBC and The Golf Channel. I met so many incredible people out there and still keep in touch with many of the players.



Steele receives WFU honor

By **Patrick Budd**
Staff Writer

On Sept. 18, former HPU men's basketball coach and athletic director Jerry Steele was inducted into the Wake Forest University Hall of Fame.

Steele was recognized after coaching at HPU for 31 seasons, becoming the all-time winningest coach in the school's men's basketball history. He was also honored for his contribution to the Deacons basketball team in the 1960s. He served as the athletic director at HPU for 26 years.

During his time at High Point, Steele accumulated 458 wins and eight conference championships from 1972-2003. He guided the Panthers to an NAIA tournament berth, as well as an NCAA Division II appearance.

Among his many former players, Steele coached former NBA player and legendary NCAA basketball coach Tubby

Smith, whose number is retired at High Point.

Following the retirement of Steele in 2003, HPU constructed a new athletic building in his and his wife's name. The Jerry and Kitty Steele Sports Center opened in 2007.

While playing basketball at Wake Forest from 1958-1961, Steele was

co-captain of the basketball team in 1961. He guided the Deacons to a number one seed in the ACC tournament and won the ACC Championship by beating Duke University that year.

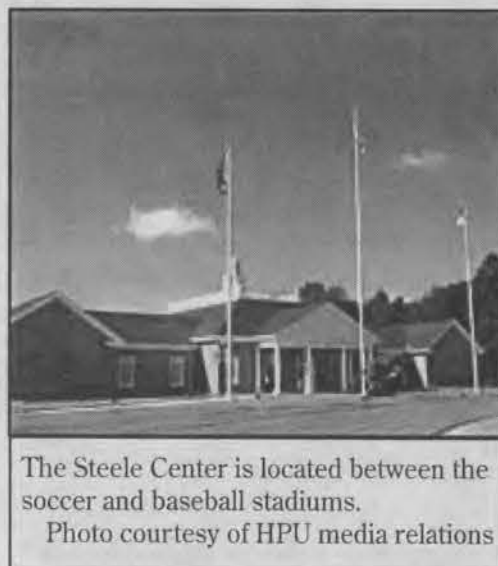
Steele is also a member of the NAIA Hall of Fame, the N.C. Sports Hall of Fame and the Guilford County Sports Hall of Fame.

Wake Forest Athletic Director Ron Wellman spoke very

highly of Steele.

"The numbers are an awful lot for Jerry, but the longevity of his coaching career at High Point is even more significant. He had the right approach and values to be a coach for such a long time," Wellman said.

The induction ceremonies were held in the Benton Convention Center in Winston-Salem.



The Steele Center is located between the soccer and baseball stadiums.

Photo courtesy of HPU media relations

Panthers get beefy with Coach Teefy

By **Tony Gutowski**
Sports Editor

Continuing to further redefine an already rebuilding athletic department, High Point added some much needed motivational wisdom and experience on Sept. 2, when the university hired Tim Teefy as its new head coach of strength and conditioning. It is a move that the school hopes will better its athletes, both on and off the field.

Teefy comes to High Point after stints as an assistant at both Georgetown and George Mason where he was responsible for managing and conducting the workout regimens and programs for several of the Hoyas and Patriots men's and women's athletic teams. Teefy believes that his experience at these larger programs in both the Big East and Colonial Athletic Conference, respectively, will ultimately help him guide the Panthers programs into the same type of success.

"Seeing all the changes going on here (at High Point) really made want to come here and be a part of it as well," Teefy said. "I believe that the experience I have gained from my opportunities at (George) Mason and Georgetown will help me establish and give input into the athletes here at High Point on what it will take for them to reach the same kind of success. I believe and know we can achieve the same kind of success here."

Teefy also believes a strong program at High Point will ultimately allow athletes to be recognized nationally.

"I came to High Point for one thing - to win championships. Whether that's conference or national, I believe that

with all the resources we are acquiring here, there should be no reason why we should not be able to accomplish that feat," Teefy said. "We are in the process of developing a system of training programs to which we believe the athletes will and have already begun to adapt that will bring High Point athletics to this whole new level of success that it has never seen before," Teefy added.

Teefy's staff will stress the importance of the following elements of physical fitness: power, strength, and muscle



Tim Teefy was recently hired as Head Strength and Conditioning Coach. Photo courtesy HPU Sports Information.

endurance when it comes to general weight training. They will also induce a more sport-specific focus on flexibility and the necessary exercises and

movements through Olympic training that the athlete must improve upon and use within his or her sport. "We are trying to develop the overall athlete here at High Point," Teefy stated, "We want more than just a specific sport individual; we want the overall athlete who has the ability and durability to do many things."

The strength and conditioning staff is also introducing the importance of dieting and nutrition within the daily busy schedule of athletes to help their performance overall in game situations.

"We have gone over with our athletes how necessary it is for them to acquire the proper daily balance of nutrition. I have taken groups of athletes over to the Café and pointed out and highlighted particular groups of foods to which they should and shouldn't consume on a regular basis," Teefy said.

Since his arrival, Teefy said that many of the athletes have already adjusted and accepted many of these new programs and ideas. "Everyone has been very acceptable to the coaching change and philosophy. These kids have come in and put the extra effort in every day," Teefy said.

With all the commitments the athletes have made to the many changes, it easy to see why Teefy is so enthusiastic about the future. "We will have the best conditioned athletes in the Big South, both physically and mentally; I expect the highest level of success," Teefy concluded. "There is no reason why we will not be able to bring in some of the higher-caliber level athletes around and compete at a championship level. The future at High Point is very bright, indeed."

Women's soccer team slow to start

By **Tony Gutowski**
Sports Editor

Success in sports is determined, generally, by how teams and individuals are able to rise up and succeed through struggles and frustrations during long stretches of a season.

This case should hold especially true for the women's soccer team this season.

The Panthers, off to a disappointing start (2-11 overall, 1-1 Big South), have had more than their fair share of bumps and bruises. Following a 1-0 loss to Campbell on Sept. 19, the team suffered a defeat to Belmont on Sept. 24, when the Bruins tacked on two late goals to cruise to the 3-0 win.

The Panthers came back from those difficult losses when they garnered an impressive 1-0 home victory over Big South rival Coastal Carolina on Oct. 3 in front a packed audience of 1,259 during Family and Alumni Weekend at Vert Stadium.

In 2007, the team was able to win the Big South Conference Tournament, earning a game against North Carolina in the NCAA Women's College Cup. This season has seen a struggle to return to the form that brought them to that level.

The Panthers dropped a 2-1 decision to Big South conference foe Charleston Southern on Oct. 5. Senior Laura Eldridge scored her first goal of the season, and goalkeeper Marisa Abbott broke HPU's all-time saves record.

The team now hits the road for key games against conference opponent Gardner-Webb on Oct. 9 and rival Winthrop on Oct. 11.

XC teams are off and running

By **Ryan McCarthy**
Staff Writer

The women's cross country team had a strong September showing behind last week's Big South Conference Choice Hotels Runner of the Week, freshman Dani Paul. The team finished third in both the Wake Forest Relays and at the Big South preview, both taking place in Winston-Salem.

On Sept. 26, HPU competed in The Greensboro Open, the first individual event for runners where Paul finished with a personal best 19:22.2, good enough for 25th place in the race.

The team's last race was the Roy Griak invitational in St. Paul, Minn. Junior Emily Webb led the team to a 13th place finish with a time of 23:45.9 on the 6,000-meter course. October is a big month for the

team, with the Blue Ridge Open taking place on Oct. 16 in Boone. The Open will be followed by the Big South Championships on Oct. 31 in Winston-Salem. High Point is hosting this year's championship race.

The men's team excelled in September as well, finishing first in the Wake Forest Relays in Winston-Salem, led by Anthony Berkis and Josh Morgan. The Panther men also had the top four relay teams competing in the race.

Then the Panthers finished well at the Big South Preview, placing third, led again by Morgan and Neal Darmody, who finished fourth and fifth in the race, respectively.

The men's team then ran in the Roy Griak Invitational, where they finished in 12th place in the team competition.

After the race, head coach Mike Esposito said, "There was individual improvement across the board."

Volleyball team digs into season

By **Tony Gutowski**
Sports Editor

Competition tends to get better and improve every year, no matter where you play. This fact is especially true for the volleyball team this season so far. A co-Big South regular season champion a year ago, the Panthers are learning that building upon this success is no guarantee.

This season has included a learning curve for the team, filled with adjustments to new coach Jason Oliver's strategies and philosophies.

On Sept. 18, the Panthers pulled off maybe one of their biggest wins of the season when they upended ACC opponent NC State 3-0 during the UNC-Greensboro Tournament.

Following that victory, the Panthers came up with their second consecutive sweep of an opponent when they defeated La Salle on Sept. 19, the third consecutive win

overall. Then, though, the Panthers began to hit a rough patch with five consecutive and frustrating losses to Georgetown on Sept. 19, Big South rival Coastal Carolina on Sept. 25 and Winthrop on Sept. 26, followed by losses to Radford on Sept. 29, and most recently, Presbyterian on Oct. 3.



Sophomore Holly Fong sets a ball to teammate Stephanie Wallin. Photo courtesy of HPU Sports Information.

ALCOHOL
AWARENESS
WEEK
2009



Monday October 26
INFO TABLE & REFRESHMENTS
5-7 in University Center 1st floor

Tuesday October 27
OPEN DISCUSSION: ALCOHOL @ HPU
8 pm in the Café

Wednesday October 28
"HAZE"
ARE YOU READY TO WAKE UP?
8 pm in the Café

Thursday October 29
DRUNK DRIVING 101
5 pm on the outdoor basketball court



Men's soccer outstanding in field

By Paul Southerland
Staff Writer

Coming into this season, the men's soccer team set its expectations high on what it hoped would be a very successful season. Now, about five weeks into the season the Panthers' efforts have turned out rather successful so far.

After starting off the season 4-2, the Panthers have continued to show the same kind of resiliency that their coach had praised at the beginning of the season. Following a hard-fought 1-0 win over USC-Upstate on Sept. 19, the Panthers battled to a disappointing 3-2 defeat to in-state rival Davidson on Sept. 22, in which Davidson came back from a 2-0 deficit at halftime with three goals in the second half. The Panthers came back with vengeance though in their next game, an easy 5-0 victory over Big South foe Gardner-Webb.

The Panthers followed up that impressive win with another one against a Big South opponent, a come-from-behind 2-1 victory over UNC Asheville on Oct. 3. Senior Matt Tuttle scored the first goal for the Panthers on a free kick from just outside of the box. Freshman Fejiro Okimiah scored the game-winning goal in the 73rd minute—his fourth goal of the season.

This victory adds to the team's 6-3-0 overall season record. Furthermore, this



Fejiro Okimiah takes a pass against Elon.
Photo courtesy of HPU Sports Information.

continues the Panthers undefeated mark in the Big South Conference so far and adds to their flawless record on the road this season as well.

Coach Dustin Fonder stressed in a preseason interview that winning games on the road would be critical for the team's success.

"We are excited to get a win over a very hard-working and industrious UNC Asheville team," says Fonder.

Defeating UNC Asheville leaves the Panthers with a 3-0 record on the road.

Expectations are running high for the team's upcoming games, a homestand against Presbyterian (Oct. 10), Wofford (Oct. 14) and Coastal Carolina on Oct. 17 at Vert Stadium.

HPU golf playing up to par in fall

By Steven Haller
Staff Writer

The men's and women's golf teams are currently in the midst of the fall season. The women's and men's teams finished their first tournament of the new school year on Sept. 9 and Sept. 15, respectively, at the Draper Intercollegiate hosted by Appalachian State. In team-play, the women finished seventh and the men finished fifth in the tournament.

At the Draper Intercollegiate, the players who shined the most for the High Point women were senior Lisa Chandler and freshman Audra McShane. Chandler shot a 161 in the two-day tournament, earning her a tie for 24th. McShane posted a 165, which earned her a 34th place finish.

Other Panthers who placed inside the top 40 were sophomore Leahanna Newton (T-35th), freshman Maggie Sahms (37th), and junior Danielle Soderberg (T-39th). Soderberg performed very well overall last season, finishing 19th at the Big South Championship, which was the best finish for any Panthers women's golfer. However, she has not gotten off to as stellar of a start this fall according to women's head coach Paige Stalcup.

According to NCAA golf regulations, the coach of a team may enter five participants to count toward the team each tournament, but only the four best scores are counted and

accumulated overall. The five best on the roster for each tournament are determined by a qualifier. In the women's team's case, they have a 12-person roster that Stalcup has to choose from.

Another solid women's performer from last year who has struggled so far this season is sophomore Laura Reynolds. She did not qualify for the Draper Intercollegiate back in September. Last season, Reynolds led the team with the best scores for 18 holes (71), 36 holes (152), 54 holes (236), and place finish (T-8th at the Mercer Eat a Peach Collegiate in Macon, Georgia).

The women's next tournament is the Richmond Spider Invitational on Oct. 12-13 in Richmond, Va.

The men's golf team finished in fifth place out of 13 teams at the Draper Intercollegiate. The best performer for the Panthers at the tournament was freshman Chase Wilson, who shot a three-round score of 228. In each of his three rounds, Wilson scored in the 70s, which earned him a 21st place finish overall.

The men's golf team has a long season ahead of them still, as golf is played year-round in the NCAA. The Big South Championship and the NCAA Tournament will take place at the conclusion of the spring season. They return to the course on Oct. 19-20 for the CSU Fall Invitational in North Charleston, S.C.

A LIFE-CHANGING OPPORTUNITY ...

BE A PART OF THE 39TH ANNUAL HIGH POINT UNIVERSITY PHOENIX LITERARY FESTIVAL

Submit your short fiction and poetry, join workshops with professional writers to hone your skills, and compete for serious money!

Friday, November 20

The deadline to turn in materials is Monday, November 2
Email it to phoenix@highpoint.edu

Submit poems no longer than 35 lines with a title, word-processed or typed, single spaced. For each poem, include your name in the upper-right hand corner. Be sure to type your name, the word poem, and HPU in the subject line of the email.

Submit fiction no longer than two pages, word-processed or typed, double-spaced, with a title and your name on the first page. Be sure to type your name, the word fiction, and HPU on the subject line of the email.

For more information, contact Ms. Georgeanna Sellers in the Department of English, Norcross 201, ext. 9657, gsellers@highpoint.edu



October

HIGH POINT UNIVERSITY

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

CULTURAL ENRICHMENT SERIES

- 1 HPU Theatre-Fuddy Meers**
7:30pm (Oct. 1-3 and 8-10) - Old Student Center
2:00pm (Oct. 4 and 11) - Old Student Center
- 2 Dan Thurman**
6:30pm and 8:00pm
Hayworth Fine Arts
- 3 Lecture Series**
1pm, Dr. Matthew DeSantis; 2:30pm, Dr. Stephanie Crofton;
4pm, Dr. Matthew Schneider - Norton Hall, Room 101



- 8 Women's Lecture Series**
7pm - Phillips Hall
- 13 Fall Concert**
7:30pm - Hayworth Fine Arts Center
- 22 High Point Community Concerts-The American Chamber Players**
7:30pm - Hayworth Fine Arts Center
- 30 Dr. Stephen P. Reynolds**
7:30pm - Phillips Hall



1 *IDS Event Today*
IDS Event-HPU Theatre-Fuddy Meers
Old Student Center
7:30pm
CATFLIX
SGA
SGA Meeting
Phillips 120
7pm

2 *IDS Event Today*
IDS Event-HPU Theatre-Fuddy Meers
Old Student Center
7:30pm
IDS Event-Dan Thurman
Hayworth Fine Arts
6:30pm and 8:00pm

3 *IDS Event Today*
IDS Event-HPU Theatre-Fuddy Meers
Old Student Center
7:30pm
IDS Event-Lecture Series
Norton Hall, Room 101
1pm, Dr. Matthew DeSantis
2:30pm, Dr. Stephanie Crofton
4pm, Dr. Matthew Schneider

Alumni & Family Weekend

Women's vs. Coastal Carolina
7pm

4 *IDS Event Today*
IDS Event-HPU Theatre-Fuddy Meers
Old Student Center
2pm
Alumni & Family Service
Hayworth Chapel
10am
Alumni & Family Weekend

5
Women's vs. Charleston Southern
3pm

6
YEARBOOK PHOTOS
11PM-5PM

7
Worship Service
Hayworth Chapel
5:30pm
Men's vs. Winthrop
7pm

8 *IDS Event Today*
IDS Event-Women's Lecture Series
Phillips Hall
7pm
IDS Event-HPU Theatre-Fuddy Meers
Old Student Center
7:30pm
CAT Karaoke

9 *IDS Event Today*
IDS Event-HPU Theatre-Fuddy Meers
Old Student Center
7:30pm
C.A.T DIXIE CLASSIC FAIR

10 *IDS Event Today*
IDS Event-HPU Theatre-Fuddy Meers
Old Student Center
7:30pm
Admissions Open House
Fall Formal
Men's vs. Presbyterian
7pm

11 *IDS Event Today*
IDS Event-HPU Theatre-Fuddy Meers
Old Student Center
2pm
Sorority Interest Session
5-7pm

12
Campus Concierge now offers Library Services...
schedule academic tutoring

13 *IDS Event Today*
IDS Event-Fall Concert
Hayworth Fine Arts Center
7:30pm
Soccer Captain's Meeting
HPU Rec office
5pm
VS. LIBERTY
7PM

14
Worship Service
Hayworth Chapel
5:30pm
Men's vs. Wofford
7pm

15
SAFE TRAVELS!
BON VOYAGE!
ARRIVEDERCI!

16
Look for RA job postings after Fall Break
DEPARTURES FROM THE CROSSING
Greensboro: Every hour on the hour
Charlotte/Raleigh: Email itinerary to transportation@highpoint.edu
*Shuttles will depart from The Crossing

17 *VS. CHARLESTON SOUTHERN 2PM*
Women's vs. Liberty
5:30pm
Men's vs. Coastal Carolina
7pm

18

19

20

21

22 *IDS Event Today*
IDS Event-High Point Community Concerts-The American Chamber Players
Hayworth Fine Arts Center
7:30pm

23
Sign up for Spooky Woods at the Campus Concierge

24
Women's vs. VMI
7pm

DON'T FORGET THE HALLOWEEN COSTUME CONTEST ON THE 31ST!

Fall Break

Fall Break

Fall Break

Fall Break

Fall Break

Fall Break

Fall Break

25
SHUTTLE RETURNS
Greensboro - Outside U.S.
Airway baggage area every hour
Charlotte - 300NE & baggage claim at 9 pm
Raleigh - Shuttle will arrive at 5 pm and wait until 9 pm and return to campus from the TERMINAL A baggage claim 1, 2, 3
Fall Break

26
Fall Fest
Slane café
4:30pm-7:00pm
Women's vs. Radford
7pm

27
1PM-7PM YEARBOOK PHOTOS
Indoor Volleyball Captains Meeting
HPU Rec office
5pm
VS. RADFORD 7PM
Men's vs. Liberty
7pm

28
Worship Service
Hayworth Chapel
5:30pm

29
SGA
SGA Meeting
Phillips 120
All are welcome!
7pm

30 *IDS Event Today*
IDS Event-Dr. Stephen P. Reynolds
Phillips Hall
7:30pm
CAT Spooky Woods
VS. PRESBYTERIAN 7PM

31
CAT Halloween Fest/Costume Contest



Campus Chronicle

High Point University

Vol. 17, No. 5

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Friday, November 6, 2009

Basketball with a Cherry on top

By Tony Gutowski
Sports Editor

Sometimes a little bit of blue, Carolina blue that is, can help goals and dreams come true; at least that is what the High Point University men's basketball team is hoping for when it begins Scott Cherry's reign as head coach at home on Nov. 14 against UNC-Pembroke.

See Cherry, page 6



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Letters policy...

The Campus Chronicle urges readers to submit letters to the editor.

The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone number and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgment of the editors and advisers.

Mail your letter to: The Editor, Campus Chronicle, Box 3111, High Point University, High Point, NC 27262. Email your letter to news@highpoint.edu.

On cover: First-year head coach Scott Cherry speaks at his introductory press conference in March. Photo by Mike Nuckles.

Staff Profile: Mary McDonald

By Katie Nelson
Opinion Editor

When Starbucks opened on campus nearly four years ago, there were five employees who are still on staff. One of them is Mary McDonald who refers to the group as the "original Starbucks old G's."

Before working at Starbucks, McDonald had done work as a cosmetologist for about six years before medical reasons forced her to change jobs. McDonald still practices cosmetology but only on her friends and family.

As a High Point native, McDonald loves her job because she enjoys "seeing people from different places from around the world." Not only does McDonald like interacting with all types of people, she also partakes in a variety of activities such as bowling and singing.

Bowling is an activity that several students take part in when CAT facilitates cosmic bowling. While McDonald feels that she has gotten a bit "too old" for cosmic bowling, she has been an avid league bowler for a good part of her life.

In fact, she has received six trophies for her endeavors and says that strikes are her favorite part of the sport. When she is not bowling she is out enjoying other hobbies.

Shopping is another one of McDonald's hobbies. Her shoes are her favorite thing to buy. Nine West and BCBG are two of

her favorite brands, and she proclaims that "any day is shopping day." However, not all days are shopping days.

Movies are another way that McDonald likes to spend her time. She mainly watches action movies but her favorite film is *The Green Mile*. McDonald thinks the movie is wonderful because it is "emotional and heartfelt."

Another thing that McDonald loves is her family. She has three girls and one boy, which include a set of twins.

The twins, Shenika and Renika, were quite a surprise. The girls were born in 1977, which was before the time of ultrasounds, so it was quite shocking "because I didn't know I was having them."

McDonald liked having twins. She dressed them up the same, and they still dress alike at age 32. Everyone always mixed them up but they never played any tricks on people.

Although they had "secrets and signs" between each other, they got along really well with their younger sister, Alicia, and brother Prince Charles. Along with these children, McDonald also has five grandchildren.

Her family connections are very closely tied to her spirituality. McDonald's says her wish "is for everyone to notice the serenity prayer and abide by it. After my mom died last year, it put me in another dimension and I had to read serenity over and over again to keep my stability."

McDonald is a regular at 1st Mission Baptist in Thomasville. She sings in the choir there and has been attending for five years.

Her spirituality leads her to be a "free spirit with a warm heart; don't let my face fool you."

Students ring closing bell at New York Stock Exchange on Wall Street

By Timothy Southerland
Staff Writer

On Mon., Oct. 12, 11 students, faculty, and President Qubein traveled to Wall Street for a rare experiential learning opportunity.

While on Wall Street, Dr. Qubein, alongside of the students and faculty, rang the closing bell of the New York Stock Exchange—a privileged tradition in the business realm. The day ended well for both the group and the NYSE; the Dow Jones closed at 9885.8—the highest since

Oct. 6, 2008 at that time.

"It was a marvelous experience to be with fellow students and administrators as we closed the market for the day. We learned a lot and had a great deal of fun learning about the financial district of Manhattan. It is through experiences such as these that HPU empowers its students," junior business major Andrew Realon said.

Before the closing bell ceremony began, the students toured the trading floor and met several prominent stock traders. Furthermore, each student received a personalized engraved name tag and metal token of appreciation from the NYSE.

The students also toured the city. Junior and finance major Josh Motter recalled "learning a great deal of history about the city—even down to the different subcultures New York has to offer."

Qubein recognized this experience as both a learning opportunity and irreplaceable media coverage for the university.

"It was an amazing experience before the 100 million viewers who watch worldwide every day. Taking the exposure of HPU to such a level was the right thing at the right time in the right way. Our students loved the trip, which was chock-full of learning and fun," Qubein said.



Nikki Eak and Emily Erdman went as blue baracudas from *Legends of the Hidden Temple*.
Photo by Alaina Farrish.



Valerie Payne and Alyssa Romeo were part of a group that went as Mother Nature and the four seasons.
Photo by Alaina Farrish.



Gail Bodner and Case Gilger display their painted pumpkins.
Photo by Alaina Farrish.



Meighan Avalos poses in her rubrik's cube costume.
Photo by Alaina Farrish.

Drinking should only be for the right reasons

By Katie Nelson
Opinion Editor

In the last edition of the Chronicle, I reported on my ride-along with HPU security. I had so much to write about that it exceeded the amount of room available.

So I am going to write a bit more about it in today's column. This article is not about the ride-along but about a topic that is highly connected with security.

This article is about people's attitude toward drinking. I am neither condoning nor encouraging drinking but I am merely commenting on some inconsistencies and fallacies that are surrounding drinking.

Even though you are in college, it is still against the law for someone under 21 to drink alcohol. When you choose to drink, one of the things you have to think about is getting caught.

I think students sometimes get the idea that they are entitled to drink because they are in college. This is an illogical path of thinking.

Being in college is not a justification for drinking. Yes, you are in college and have more freedom. No, it does not mean you can drink without any consequences.

Sometimes when you do something wrong you get caught; other times you don't. When I drink, I take the risk of being caught.

I understand this so I do not try to draw a lot of attention to myself when I drink. If you get drunk and start running around campus in your underwear, chances are you will be reprimanded.

I'm not going to get mad at the authority figure because I get caught. During my time here at HPU, I see many students get belligerent with security.

Now I realize that a lot of this has to do with the fact that you are drunk when you are dealing with security. I am just pointing it out as something you should consider. The other justification I see to drinking is that "you can't have a good time without it." This is absurd. You can have plenty of fun without alcohol.

Now I understand drinking loosens you up and you do things that you wouldn't normally do. However, these things are generally things you regret doing.

Wouldn't it be nice to have a good time and not wake up feeling horrible? It is possible, I realize that High Point is not exactly the most exciting town in the world, but there are still things to do. Fall Formal is a good example.

I went to Fall Formal sober, had a fabulous time, and have great memories of it. While I was there, people complained about being sober. Others told me that they drank because they felt "limited" by their sobriety. I fail to understand how you are set free by being drunk. I know you relax more when you are drunk. However, the ability to walk and form coherent sentences is also lost when drunk.

There are different levels of drunkenness and people react differently to alcohol. Some people are able to go out and drink and not act like totally idiots. Others are huge messes to deal with and need constant attention while they drink.

I'm not here to tell you that you shouldn't drink; that is your decision. I just want you to think about why you are drinking. If the only reasons you have for drinking are "I'm in college" and "It makes me free," then you need to rethink why you drink.

Disrespect: it's more than broken pool cues

Staff Editorial

Disrespect is the most widespread issue among students at HPU. The examples can be found every day, especially for those who live on campus.

Anyone who uses the pool table at York knows that there is currently only one pool cue because the others have been broken, and the rack on the wall is in disrepair. In recent years, even stealing the pool balls has become commonplace.

Security handled a case of vandalism at the Village about a month ago concerning students who had smeared

purple face paint down the walls of a hall in Village I. This kind of thing is not new or rare.

While the branding may seem tacky at times and the gift-giving excessive, this school affords its students many luxuries to ultimately make them feel appreciated. The point here is not to promote these sorts of "extras," but to demand respect towards them.

The disrespect stems from a sense of entitlement students here seem to have; the thought being that, because they pay thousands of dollars in tuition, they should be free to do what they like to the items this money is used to purchase. This idea is absolutely false.

The conveniences on this campus are for the whole student body, and for a student to try to justify wrongdoings in that way is just selfish. We all pay tuition and receive education in return. Brand new buildings and pool tables are bonuses; not entitlements.

The life lesson is simple: integrity is everything. Those with integrity know that, even if no one is watching, it is not right to steal or destroy things that belong to someone else. It really isn't funny and needs to stop. HPU needs a classier student body—now.

The Editorial Board approved this staff editorial, 9-0.

Creativity is lacking in HPU's stifling environment

By Amanda Mayes
Staff Writer

"Everything everybody does is so—I don't know—not wrong, or even mean, or even stupid necessarily. But just so tiny and meaningless and—sad-making. And the worst part is, if you go bohemian or something crazy like that, you're conforming just as much as everybody else, only in a different way," Franny laments in J. D. Salinger's "Franny and Zooey."

I am quickly beginning to understand and believe in Franny's observation.

I look around me at an homogenous student body. There is a disturbingly distinct lack of quirk. Not just in clothing, cars, and all things material, but also in thought, attitude, interests, and aspirations.

A majority of the students here at HPU are different in exactly the same way. Those who march to the beat of

their own drum have a certain amount of courage and add some much needed diversity to this overwhelmingly uniform campus.

Why is there a lack of originality? I cannot accept excuses of difficulty finding pieces of self, effort involved, or any kind of external and internal pressures to fit into "normal" society.

Sometimes HPU manages to smother creativity and individuality. A clear lack of outlets for expression exists.

For example, we do not have an expression wall, like the Free Expression Tunnel at NCSU. It makes absolutely no difference that HPU is a private institution; students at private institutions have just as much to say and create as those at public universities.

Apogee, the campus literary magazine, is only published once a year. Students must get permission to post flyers for upcoming events on bulletin boards. The time-consuming nature

of this process often outweighs the benefits of ensuring the announcements are seen.

Students do have a few remaining outlets for their own voices to be heard, but they rarely take advantage of them. The Campus Chronicle is perfect if only students would learn to put words to paper and write a letter to the editor.

A variety of clubs exist for a variety of interests if only students would get involved.

I challenge HPU to provide students with more ways to explore and express themselves, and allow them to do so. I challenge the students to discover themselves: find those unique thoughts and passions that are obviously stifled now.

Stop caring what others might think. Stop being different in the same way. Find your voice and use it. Formulate your opinions. Be you. Not the "you" others want you to be. Use these outlets and create some diversity.

What to be: a doctor in Africa or a journalist?

By Liz Welborn
Staff Writer

I am waking from a dream. A dream that consisted of me not having to worry about the future of bills and adult life. Instead I'm worried about the drama between my friends and more importantly, worrying when the next fraternity party is.

In August, I reluctantly awakened from my dream and was horrified by my reality: I was now a senior in college. Soon I will not be dependent on my parents anymore. I will be alone.

Without money or any real plans for the future, my reality is one big freakin' question mark about where my future should be.

The scary part about my reality is the knowledge that I have no definite plans for my future. Does anyone remember when we were younger, more naïve and gullible, when we dreamed big?

I used to tell my parents that I

would be a doctor with a hospital in Africa. This is the point of the story where I laugh—me a doctor? Seriously?

After my first biology class I realized that becoming a doctor was impossible—unless Africa doesn't mind someone not having any ability in science... then maybe.

Since my naïve younger days of delusion, I have switched my major three times. Three times!? Is that a record?

I haven't felt passionate about any major of mine. I envy people who love their major and can't wait spending the rest of their lives doing it.

My current major of journalism even seems questionable to me. Do I really want to spend the rest of my life writing stories that the editors will undoubtedly butcher anyway?

Internships today seem to be a tease for us students—it takes a mad hatter to be able to find an acceptable internship with today's economy and job market. If you ever do find one, how much

is it really teaching you about your prospective job?

People that I know with internships seem to leave them feeling more weary and confused about their future.

The questions that I put to all of us are this: are we all wasting our time here in college on majors that hardly fascinate us?

Are we just here for the degree? Will we be happy along the path we have chosen for ourselves?

Are these questions that float around in your mind? Or are they questions that I just ask myself?

My college life ending seems surreal to me. I feel I just graduated from high school and I thought I had a lot more time to decide who I want to be.

But as I sit here writing this, I have no idea who I am, nor who I want to be.

It seems like I have made a mistake somehow. I used to have a plan and I used to laugh at people who had no idea what they wanted in their lives.

Straight talk from Dr. Qubein: Creativity is achieved through knowledge and change

Change can be confronted with an air of resignation or of challenge. If you accept it with resignation, you're at the mercy of change. If you accept it as a challenge, change is your creative instrument.

Creativity is often assumed to be an inborn trait, but it can be learned.

Your creative energies often can be ignited by a two-word question: What next?

What next? Puts the ball in the future's court, and it calls for change. It keeps you from being married to an unproductive idea. You say, "This isn't working: what next?" and immediately your mind begins searching for another solution. It lets you build on your experiences.

"This method is an improvement over the last one, but it isn't quite what I'm looking for. What next?"

Knowledge is to creativity what a bed of coals is to a fire. It provides a reservoir

of resources to keep the creative fires burning. So to develop creativity, acquire a thirst for knowledge. Read, travel and explore. Browse through libraries, book stores, and magazine racks. Savor new places and new experiences. Share your knowledge with other people and ask them to share theirs with you. Don't be afraid to use borrowed ideas and borrowed methods. Be open to innovative thinking and innovative procedures, regardless of where they originate.

Change is challenging, stressful and often uncomfortable. To deal with it successfully, you need to be healthy in body and mind.

Physical fitness therefore is an important asset for anyone coping with change. It gives you both physical and emotional energy.

Good communication with peers is a source of emotional strength for deal-

ing with change. You'll feel better when you're able to talk over your challenges and opportunities with people who understand them and who sympathize with you.

Set aside time to think about the changes you anticipate. If you understand the causes and probable effects of the changes, you'll be in a better position to deal with them.

Keep your perspective. Take a balanced approach. Confront the challenges, but find time to enjoy yourself too.

Cultivate a sense of humor. Humor is the pleasant lubricant of life. If you approach change with a sense of humor, you'll take the sharp edges off the adjustments and smooth the way for you and those around you. As Marianne Moore put it, "Humor saves a few steps, it saves years."

You can't deal with change by resisting it. You have to accommodate it.

What's on your iPod?

By Jen Paolino
A&E Editor

To some people, their iPod is an extension of themselves, an extension of who they are. You'll find countless people strolling down the promenade, in their cars, or at the gym with earbuds jammed in their ears, getting lost in their own musical world. But, have you ever wondered what they are listening to?

When they immediately offer up the name of their favorite artist or song, or graciously offer you a headphone to listen with them, you politely smile and nod, giving the song a listen. But it's when they stutter, mumble, and quickly change songs that you can't help but wonder what exactly they just got caught listening to.

Here are four students who weren't afraid to tell me the most embarrassing song on their iPod.



Photo by Allison Hogshead.

Name: Scarlett Hester
Song Title: "I'm Still A Guy"
Artist: Brad Paisley
"I always bash country music because it's kind of out of character for me to

be listening to it, but for some reason I just enjoy listening to his music."

Name: Karole Johnson
Song Title: "That's How I Beat Shaq"
Artist: Aaron Carter
"Sometimes I'll have my iPod on shuffle when I'm in the car with my friends, and that song will come on and I can't change it fast enough; people always give me really strange looks when they hear it."

Name: Katie Stanley
Song Title: "Invisible"
Artist: Clay Aiken
"I have no idea why I even put that song on my iPod in the first place. He was just another *American Idol* contestant who didn't do anything with his career."

Who says music and fighting don't mix?

By Dominique Black
Staff Writer

Who doesn't like a game where you can pick up a guitar or turn tables and start playing or spinning without any formal training? Maybe you want to take that guitar and a battle axe and fight creepy looking monster people. Or perhaps you want to play a game where you just fight people in general. Well here are the games to check out.

Name of Game: DJ Hero

The newest installment of the "Hero" game franchise. With the game *DJ Hero*, you can pretty much expect the same thing you saw in the first guitar hero game but with a cooler controller. Yes, you use a dj turntable to control the game; there is a record with buttons and a scratcher to work your way through the levels. This game is a must have at a party, great to play with a group of friends. The mixes in this game are crazy; it will be hard to find tracks you haven't heard of. DJ Hero is an

all around great game to get for the holidays. This game was released Oct. 27 for PS3, PS2, Xbox360 and Wii.

Name of Game: Brutal Legend

Yes, this is that highly anticipated Jack Black game. In the game Black is the voice for the lead player Eddie Riggs, a roadie who somehow ends up in an imaginary world fighting the evildoers of heavy metal with an axe and a guitar. This game incorporates lots of heavy metal music and album cover artwork. Fighting through different challenges to gain better guitars, *Brutal Legend* is a fun adventure game that is available for the PS3 and Xbox 360.



Photos courtesy of EA Games, Activision and Namco.

Name of Game: Tekken 6

Just like its predecessors Tekken 6 holds up the job of being an awesome fighting game. In this installment there are more characters, better graphics, a story that no one really remembers, and lots of different modes to play in. There are around 40 characters to start the game off with. I don't mind less to unlock, making it easier for me to pick who I want to play as. The story line in this game gets even more confusing and the new campaign mode follows two new players as if it were an adventure game. All in all if you like a fighting game or are just a fan of the franchise you will like Tekken 6. Released Oct. 27 for PSP, PS3 and Xbox360.

Upcoming concerts 'you just can't afford to miss' including Cobra Starship and Brand New

By Jen Paolino
A&E Editor

Ever hear about a show one day too late and kick yourself because you wish you had known about it? Well I'm here to make sure that never happens again.

Here's a list of upcoming shows at different venues that you just can't afford to miss:

Venue: Greene Street Club

Location: Greensboro

Ticket Information: greenestreetclub.com

Tues., Nov. 10: Bayside with Jonas Sees in Color, Down on Luck, and Nugget

Wed., Nov. 18: Forever The Sicket Kids and The Rocket Summer with Sing it Loud, My Favorite Highway, Artist vs. Poet, and Kelsey & The Chaos

Sat., Nov. 28: Mayday Parade with There For Tomorrow, The Dangerous Summer, Vega Under Fire, and The Fear of Falling

Venue: Amos' Southend

Location: Charlotte

Ticket Information: amosouthend.com
Sat., Nov. 7: Mutemath with As Tall As Lions

Tues., Nov. 10: Boys Like Girls with Cobra Starship, The Maine, A Rocket To The Moon, and VersaEmerge

Thurs., Dec. 3: Switchfoot

Venue: The Fillmore

Location: Charlotte

Wed., Nov. 11: Brand New with Thrive and Crime in Stereo

Sat., Dec. 5: Rise Against

Thurs., Dec. 10: LMFAO with Schwayze and guests

Thurs., Dec. 17: Dashboard Confessional

Venue: Tremont Music Hall

Location: Charlotte

Ticket Information: livenation.com

Tues., Nov. 24: Hawthorne Heights with Just Surrender, Punchline, Monty Are I, and Nightbeast

Thurs., Dec. 10: Life On Repeat with Hollywood Lies and Sent by Ravens

Unknown bands trade hits for a little fan support

By Jen Paolino
A&E Editor

For a band, success is the ultimate goal. But it doesn't come easy; it takes hard work and dedication, and sometimes a little support from the fans. Regardless of whether or not these artists have what it takes to hit it big, they are still definitely worth a listen.

Band Name: You Me At Six
Album Title: *Take Off Your Colours*
Who/What They Sound Like: The vocal intensity of pop-core bands like Just Surrender and The Audition with the clever drum beats of artists like Boys Like Girls and early Fall Out Boy.
Why You Should Listen: Because lead vocalist Josh Franceschi pours his heart into his lyrics, singing with the kind of gut wrenching feeling that everyone can relate to. Plus, their music is pretty awesome too.
Tracks To Check Out: "Kiss and Tell" and "Take Off Your Colours."

YOU ME AT SIX



Photo courtesy of Epitaph Records.

Band Name: Kids In Glasses Houses
Album Title: *Smart Casual*
Who/What They Sound Like: They claim to draw influences from pop acts like The Beach Boys and The Police, but they can more easily be compared to bands like Glassjaw and The Movielife.
Why You Should Listen: Fans of punk music might find that their sound is a little on the lighter side, but the roots are still there.
The band appeals to a wide range of people; pop-punk and dance-pop fans will find themselves side by side at their next show.
Track To Check Out: "Me, Me, Me."

Band Name: Save Your Breath
Album Title: *Nothing Worth Having Comes Easy*
Who/What They Sound Like: The Starting line, from their *Say It Like You Mean It* days on tracks like "Saddest Girl Story" mixed with early Blink 182.
Why You Should Listen: Their slight English accents make them sound probably a little more punk-rock than their music would allow, but their fast paced drum beats and almost too-hard-to-sing-along with lyrics keep them in the punk-rock game.
Track To Check Out: "The Lost Boys."

Band Name: All Night Dynamite
Album Title: *Chiller - EP*
Who/What They Sound Like: Somewhere in between the upbeat, poppy sounds of Cash Cash

and the synth heavy melodies of Breathe Carolina. If, of course, these bands were around in the 80s.

Why You Should Listen: It's the perfect soundtrack



Photo courtesy of Warner Music Group.

if you want to turn down the light while wearing really bright neon shirts. In other words, this EP is a compilation of really fun songs, and it doesn't require much to enjoy them.
Track To Check Out: "Stay Up All Night."

Band Name: Eye Alaska
Album Title: *Genesis Underground*
Who/What They Sound Like: An emotional rollercoaster that bleeds through with heartfelt

lyrics and powerful music.
Why You Should Listen: The music might not make you get up and dance but it has a certain intensity that is hard to ignore. You can feel the pain in lead vocalist Brandon Wronski's voice. It makes you wonder about the meaning behind lyrics like, "So many days we were living the dream.../Wondering if all this life's a game..."

Tracks To Check Out: "I Knew You'd Never Fly" and "Walk Like A Gentleman."

Meetings signal start of sorority season

By **Lizzie Cothran**
Staff Writer

If you take a look at High Point University's monthly calendars this year, you may notice sorority interest meetings throughout the fall semester. The little bit of information on the calendar could leave some women questioning what the meetings are about or if they are invited to go.

The sorority interest meetings are being held during the fall for anyone interested in women's recruitment in January.

Meredith McCrea, Greek Life Coordinator at High Point University, wants to encourage women to at least come out and see if they are interested. "If anyone has questions, concerns, or anything putting them on the fence, those questions could be answered at these meetings," McCrea explains. She thinks that even if female students haven't found a connection with any of the current sororities on campus, they might find one with the upcoming Sigma Sigma Sigma.

Four current sororities and Tri-Sigma, starting at High Point in the spring, will be involved with these meetings with the women. The meetings will

introduce them to each sorority. There are three other sororities on campus, but they are a part of the National Pan-Hellenic Council, which are historically African-American, international Greek lettered fraternities and sororities. Those have a different council and will have their own recruitment.

The sororities at the meetings are expecting to see and hear from freshmen, sophomores, and even some juniors. Although if joining later in your college career, McCrea cautions that you should be aware that going Greek is a big commitment and will take a lot of effort.

Each meeting is set up to have a separate purpose. October's meeting was set as an open house, allowing the girls to meet people from each sorority to get an idea of what each was about. In November, interested girls will be split up into smaller groups so that they have more of an opportunity for one-on-one interaction. Last names starting with letters A through M will be in the first group, meeting with the sororities for about an hour, then girls with letters N through Z will meet for another hour.

The last, mandatory meeting in December will let girls know more about the details of joining. There will be a discussion of recruitment rules,

the girls will pay registration fees if they haven't already, and then they will be put into small groups with a Rho Chi member. Rho Chi members are members who are part of a sorority who have disaffiliated for a few months to serve as mentors for girls interested in recruitment, but not to persuade the girls to join a certain sorority.

Each meeting also has an element to encourage philanthropy. At the October meeting, girls were asked to bring canned goods. In November, the sororities will be collecting school supplies for elementary schools. The December meeting's philanthropy contribution is still undecided, but ideas of working with Angel Tree or Make-a-Wish Foundation are in discussion. McCrea explains that the purpose is to remind women that there is a community service component to joining a sorority in addition to the social element.

Although the process can be overwhelming, McCrea thinks it is very important to come and try the meetings, even if you may think you have no interest in joining a sorority. She likes to remind women that it doesn't mean you have to take a bid if offered one. "Just come and see if any chapters match what you are interested in," added McCrea.

HPU welcomes new leadership and success

By **Matt Wells**
Organizations Editor

With the growth HPU has seen over the past year in new buildings and amenities, it is no surprise that it keeps attracting new organizations such as the National Society of Leadership and Success (NSLS).

The NSLS was founded by Gary Tuerack for success-oriented people who wanted a forum to express ideas and push each other toward achieving goals. The common goal here at HPU: become a better leader!

The excitement over the possibilities with this new organization were expressed to founding member Laken Stinespring last summer when she least expected it. "I was looking for internships and found out about the National Society of Leadership and Success. I knew that the students here at High Point would join the group and benefit from something like it. After going through the interview process I got to meet lots of cool people and I got some great tips for our chapter here!"

The society will allow for students to network with each other and set goals for work done on campus, such

as papers and homework assignments. The groups will be goal oriented but will leave it up to the students to set their own goals and determine individually what they want to get from the experience. "My hopes for the Society are for it to become a part of every enrolled student's experience here at High Point. I think it would be perfect for incoming freshmen to take part in and help them establish and achieve short term goals, as well as long term, career oriented goals," explained junior Colin Kennedy about his hopes for the NSLS.

Another benefit the society offers is requiring members to attend sessions with motivational speakers. There are a total of six each year and students must attend at least three including the first session with speaker Alexis Jones, a 25-year-old beauty queen who already has her dream job writing for a magazine. Previous speakers include Goldie Hawn and Patch Adams.

The popularity of the NSLS took off once it reached students at HPU and now has over 300 members. "We are incredibly excited with the 300 members who have joined NSLS. We know it will be a challenge managing this large group since originally

we only expected a maximum of 30 members; however, we are up for the challenge," student member Jenna Maserian excitedly said. "We are so pleased with the large group we received and look forward to next semester. We plan on aiming for even more members to join in the future."

The biggest perk the members of NSLS are talking about is the personal letter of recommendation that comes upon interviewing for a job after graduation. The letter is signed by founder Gary Tuerack and is accompanied by a certificate, pin, and a shirt from the organization. "We are true believers in the benefits of this organization such as the introduction to vital skills necessary to further your career, personal job references from the founder of this organization, a more secured entry to the job market, online job banks, and best of all the extra push to realize your goals in life and how to achieve them," continued Maserian. "This organization is a great opportunity for all students to network, meet students with the same goals and motives as themselves and boost their chances of obtaining a job after graduation."

TOMS Shoes makes an impact overseas and in High Point through students

By **Samantha Tuthill**
Online Editor

TOMS Shoes is a worldwide charity organization that has been helping needy children in developing nations since 2006. This group works to prevent death and injury caused by diseases in feet, the results of not wearing shoes. The concept is simple. For every pair of shoes the group sells, one pair will be given to a child who needs them. For many of the children who receive TOMS Shoes, it is the first pair of actual shoes they have ever owned.

As TOMS gains rapid national attention, campuses have been

developing their own chapters that work towards promoting the cause. High Point University has its own TOMS Group on campus starting this year. In October a fundraiser benefit show was held featuring The Stairwells acappella group from William and Mary and HPU's own Toccatones. Videos showing the effects of not wearing shoes in third world countries were shown. Students in attendance saw the disfigurement of people who have suffered infection from cutting their feet while walking to get food. There were also videos of TOMS representatives delivering shoes to grateful children in Africa, South America, and India. The event raised \$525.25 in donations and raffle tickets to

win a pair of shoes. The money collected will go to help support the travel costs of shoe deliveries.

HPU seniors Whitney Frost and Brittany Loomis got TOMS started in High Point. After hearing about the cause from a UNC representative, they both applied to be campus representatives themselves. "It was just so shocking to us that something as simple as shoes was the main form of prevention for disease and defects in so many people around the world," said Frost. "So many High Point students have been lucky enough to live privileged lives. We have at least had the proper clothing to wear for our entire lives."

The group has been growing rapidly

SGA: Student's Senate

Bills Passed:

- International Club Conference
- APO Fall Break New Orleans
- Campus Chronicle Conference
- SEA Trip

Last Meeting:

- Gate Protocol for entry to campus
- New Building Questions left open for now

What's Next?:

- Meredith McCrea on Greek Life Expansion
- David Bryden on Academics

Looking Ahead:

- November 12

United Way Auction

Get Involved:

- E-mail SGA at sga@highpoint.edu
- Go to weekly Thursday 7 PM meeting

on campus, and others are encouraged to join in. By going online to www.tomsshoes.com it's possible to order a pair of shoes and have a pair be given directly to a child in need. The site also has a link called Getting Involved, which students can follow to fill out an application to become campus representatives themselves. Members of the group collaborate to plan events across campus that will continue to raise awareness for this cause. "Helping people in even the smallest way is a great feeling and all it takes is the simple task of spreading the word about TOMS, which is something everyone can do," Frost said.

Cherry, continued from cover

Cherry, who played on UNC's 1993 National Championship team, was hired as head coach on March 26 to replace Bart Lundy, who was let go after a frustrating 9-21 season. Apart from his impressive resume as a player, Cherry also brings with him a unique blend of coaching experience at all levels, from high school to the last 10 years as an assistant coach at Tennessee Tech, George Mason, Western Kentucky and, most recently, South Carolina. He believes it is this variety of different experiences that will help him relate to his players in the upcoming season.

"We are thrilled to have the opportunity to lead these young men and to help take this basketball program to new heights," said Cherry during his introductory press conference back in March.

Cherry added more Tar Heel heritage to his bench on April 4 when he announced the hiring of former UNC guard Wes Miller as assistant coach. "Wes is definitely a winner and somebody who will work hard and I can't be happier to have him on my staff," Cherry said.

The program further boosted its coaching staff again with the additions of former UNCG assistant Kevin Easley on April 10 and former Miami Hurricanes assistant Mike Balado on April 28.

All the new movement and changes has the team and its staff excited, but they realize that it will be a process and that a challenging season is about to begin as they continue to adapt and learn a new system that requires effective speed to push and operate the ball in transition on offense and play a man-to-man pressure defense.

High Point returns seven players who accounted for 80 percent of its scoring from last season. Sophomore guard Nick Barbour (14.2 ppg last season) was selected to the Big South Preseason All-Conference team. Barbour is joined by returning starters Cruz Daniels, who led the Big South last season in blocks per game at 2.8, Eugene Harris (9 points shy of 1,000 for his career) and David Singleton, who averaged 4.8 assists per game, which was ranked second in the Big South last season.

The Panthers were selected sixth in the Big South Preseason Poll on Oct. 13. Last season's Big South Conference champion, Radford, led by 2009-10 preseason player of the year Artsiom Parakhouski, was selected again in finish in first, receiving 24 out of a possible 25 first-place votes. UNC-Asheville, Winthrop, Gardner-Webb, and VMI rounded out the top five.

After opening up at home against UNC-Pembroke on Nov. 11 at 4 p.m., the Panthers hit the road for their biggest challenge of the season when they take on ACC power Wake Forest on Nov. 18. High Point will also face SEC member Auburn when it visits the Tigers on Nov. 25. The team will open up Big South Conference play on Dec. 3 when it travels to Clinton, S.C. to take on Presbyterian. Big South Conference foes Radford and Coastal Carolina visit the Millis Center on Jan. 9 and Feb. 11, respectively. The Panthers host long-time rival Winthrop on Feb. 25.

Volleyball team tries to dig itself out of cellar

By **Jordan Cover**
Staff Writer

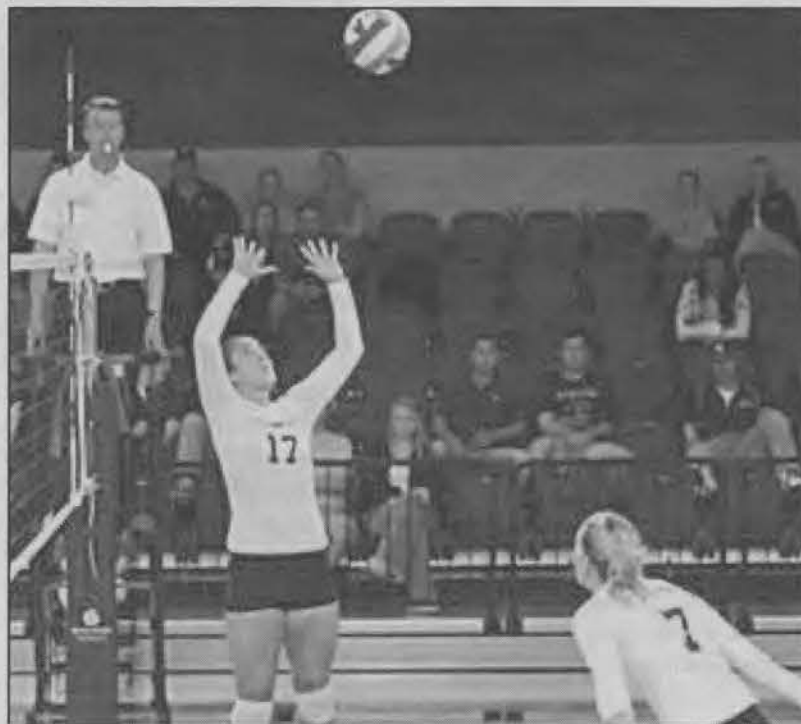
Wandering like a young child looking for his lost dog, the High Point volleyball team this season has wandered to find the ability to be consistent game in and game out. The trend that has plagued the team all season has continued.

After dropping three straight matches in the past week, the Panthers (13-14) find themselves near the cellar of the Big South conference with a 3-8 conference record.

Following two road losses to Winthrop and Coastal Carolina, two top contenders for this season's Big South title, High Point put up another disappointing effort in a 3-1 loss to Radford, which currently resides in last place. It was High Point's second loss to Radford this season. On Oct. 30, the team responded to its recent struggles by edging out a hard-fought 3-1 home win over conference foe Presbyterian. "It is something to build on in the final push toward the Big South Championship," said head coach Jason Oliver after the game.

The Panthers, currently tied for seventh in the Big South standings, need to avoid a last place finish in order to qualify for the Big South conference tournament and compete for a

spot in the NCAA tournament. High Point has responded to adversity in the past with several winning streaks and impressive upset victories in recent seasons. With three straight home games against Winston-Salem State (Nov. 3), Gardner-Webb (Nov. 6), and UNC-Asheville (Nov. 7), the Panthers hope to regain their earlier form before hitting the road to close the regular season against rival Liberty (Nov. 10) and Charleston Southern (Nov. 13). The Big South tournament will be held Nov. 19-21 at Radford.



Sophomore Holly Fong sets up a kill for senior teammate Megan Kaminkas during a home match against Big South rival Liberty. Photo provided by HPU Sports Information.

With tournament in town, men's soccer on right foot

By **Ryan McCarthy**
Staff Writer

In what started off as a season of early success and early question marks, the men's soccer team has shown its resilience and tenacity in the way it has come on and played strong as of late.

After starting the season 6-4, the Panthers began to truly show their growth and chemistry when they took on fellow Big South member Presbyterian on Oct. 10, the second game of a season-long four-game home stand. In the game, the Panthers battled Presbyterian to a hard fought 2-1 double-overtime victory on a Shawn Sloan goal. High Point followed up that victory with another double-overtime contest, this time a 0-0 tie against Coastal Carolina on Oct. 17 in which the Panthers outshot the Chanticleers 15-8.

On Oct. 21, the Panthers traveled to Raleigh, to take on the 14th ranked N.C. State Wolfpack, which resulted in a heart-wrenching 2-1 loss for the Panthers when the Wolfpack booted in the

game-winner in the 90th minute of play.

The most recent victory for High Point came against Liberty on Nov. 4. Karo Okiomah netted a 25-yard blast to take a 2-1 lead with three minutes remaining in regulation. The win means that if Radford defeats or ties Coastal Carolina on Nov. 7 High Point will clinch the top seed in the Big South Conference championship tournament.

Freshman Shawn Sloan continued to improve upon his impressive rookie campaign on Oct. 30, scoring two goals in a span of 33 seconds in the second half of a 4-0 win over conference foe VMI. The victory improved the Panthers' mark to 9-5-2 overall and an impressive 5-1-2 in the Big South.

The Panthers finish up the regular season by traveling to Lexington, Ky. to take on the SEC's Kentucky Wildcats in the regular season finale on Nov. 8.

High Point hosts this year's Big South men's soccer tournament on Nov. 11-12. The championship game is set for Nov. 15 at Vert Track and Soccer Stadium.

Whittaker sparks late-season turnaround for women's soccer team

By **Tony Gutowski**
Sports Editor

In soccer, just like many sports, a season tends to have its ups and downs. In the case of the High Point women's soccer team, it has been generally been filled with more downs than ups until recently.

After starting off this season with a disappointing 2-13-1 record, the team rebounded to reel off three consecutive victories that allowed the team to clinch a spot to compete in Big South tournament.

Following a tough 2-0 home loss to conference rival Liberty on Oct. 17, the Panthers began their recent run of success on Oct. 24 with a hard-fought 1-0 home win over VMI, followed two days later by another close 1-0 home victory over Big South foe Radford on Oct. 26.

The team traveled to Clinton, S.C. on Oct. 30 and battled the Blue Hose of Presbyterian to a

2-1 double-overtime victory courtesy of freshman Janay Whittaker's game-winning goal. The goal came when Whittaker poked in the rebound after Robin Pecoraro's shot deflected off the crossbar following a corner kick. The goal was Whittaker's third consecutive game-winning score. "It's extremely rare for someone to score game-winning goals three games in a row, especially for a freshman," said head coach Marty Beall after the win. "I've never heard of it, never seen it."

On Sunday, Nov. 1, the Panthers closed out their regular season at UNC Asheville with a frustrating 1-0 loss after an early penalty kick by the Bulldogs' McKenna Stockhausen in the 13th minute of regulation.

High Point finished the regular season with 4-4-1 mark in the Big South and 5-14-1 overall as the Panthers head to Daniel Island, S.C. for the Big South Tournament being held Nov. 5-8.

**HIGH POINT UNIVERSITY
MEN'S CLUB BASKETBALL
VS. NC STATE**

**DATE: NOVEMBER 7TH
TIME: 6:30PM**

WHERE: SLANE CENTER BASKETBALL COURT

HP NC

Cross country teams prowl way to NCAA Regionals

By **Kimberly Mannino**
Staff Writer

The men's cross-country team galloped through Boone, N.C. on Oct. 16, winning the Blue Ridge Open. Sophomore Neal Darmondy placed seventh overall and senior Josh Morgan took ninth leading the Panthers to the victory. Junior Jevin Monds had a strong finish to place 19th. Dakota Peechee was closely behind Monds, finishing in 25th place.

The Panther men finished the day with a score of 76 points, just one point ahead of runner-up Davidson.

The women's cross country team stirred up a solid performance of its own at the Blue Ridge Open, placing eighth out of 15 teams. Junior Emily Webb was the first Panther across the finish line, finishing in 35th. Seniors Joya Canfield and Geneva Winterink followed closely behind, finishing 28th and 29th respectively.

There was a very strong field competing on the women's side, with ACC member Duke taking the win ahead of ACC rival Virginia Tech, UNC Wilmington, Appalachian State and VMI.

In the Big South Cross Country Championships on Oct. 31, which were hosted by High Point at Shady

Oaks in Winston-Salem, the Panther men and women's teams both finished in second place, respectively. The Liberty Flames won the men's team champion-

ship with 33 points.

The men's team received an impressive performance by senior Josh Morgan, who finished third with a time of 25:48,

earning All-Conference honors. Joining Morgan on the All-Conference team were sophomore Neal Darmondy, seventh place with a time of 26:13, and freshman Jacob Smith, ninth place with a time of 26:24. Smith also earned Big South Freshman of the Year honors as the top true freshman finisher. Liberty's Samuel Chelanga finished first in the men's 8K in 23:50 to take home Runner of the Year honors.

"The encouraging thing is, after Josh, our finishers were sophomore, freshman, freshman, freshman," said Panther head coach Mike Esposito after the meet.

The women's team garnered second place behind Big South champion Liberty after a strong performance by Webb, who finished eighth with a time of 19:12 to earn All-Big South honors. Senior Geneva Winterink finished 11th in a time of 19:21 while fellow senior Joya Canfield finished in a time of 19:32 to place 15th. Canfield was also named to the Big South All-Academic Team. VMI's Hannah Granger finished first in the women's 6K to take home Runner of the Year honors.

Up next for the teams is the NCAA Southeast Regional in Louisville, Ky. on Nov. 14.



Seniors Geneva Winterink and Joya Canfield head towards the finish line at the Big South Championships on Oct. 31.
Photo provided by HPU Sports Information.

Women's basketball named Big South preseason favorites

By **Tony Gutowski**
Sports Editor

The beginning of a new season brings new hope and new expectations. This holds especially true for the High Point University women's basketball team this season as it gets set to begin what is expected by the Big South Conference to be a successful one when the Panthers open up on Nov. 13 against Navy in the first of two games at the Phoenix Classic at Elon University. The next day (Nov. 14), the Panthers will face Youngstown State.

The Panthers have been relatively successful in recent seasons under head coach Tooey Loy, finishing last season 15-16 (10-6 in the Big South) and earning the No. 2 seed in the Big South Tournament before losing to Gardner-Webb in

the semifinals.

This season, though, brings even higher goals and expectations from not only the Panthers themselves, but also from coaches in the Big South Conference and various members of the media as High Point was selected in a tie with Liberty for first in the Big South preseason poll.

This is the first time in High Point's history that the women's basketball team has been selected for first in the Big South Preseason Poll.

The Panthers and Flames both received seven first-place votes, while Gardner-Webb came in third with four first-place votes.

All five Panther starters from last season's squad have returned, led by 2009-10 Big South Preseason Player of the Year Jurica Hargraves, the second-highest returning scorer in the confer-

ence, with 13.5 points per game. A junior biology major, Hargraves is the second player in school history to be selected as Big South preseason player of the year, following the storied career of Katie O'Dell, who received the honor in 2005.

Also returning for the team is junior center Mackenzie Maier, who was also selected to the Big South preseason all-conference team. Maier led the Big South in total blocked shots for the season with 84. She also led High Point last season in rebounds per game (6.4) and three-point shooting percentage (42.9).

The Panthers will find out very soon whether or not they can live up to all the hype and successfully respond to all the challenges that lie ahead of them from being selected the early favorites. High Point plays its first home game on Nov. 11 against UNCG before hitting the

road for a four-game stretch beginning at Wake Forest on Nov. 25, then visiting South Carolina on Dec. 2 and George Mason on Dec. 4, before finishing up the trip in Washington, D.C. against American University on Dec. 6.

Right before the holidays, the Panthers will head to Gainesville, Fla. on Dec. 21 and Dec. 22 to participate in the Gator Classic. The Panthers open up Big South Conference play on Jan. 2 when they host Charleston Southern. Co-Big South favorite Liberty visits the Millis Center on Jan. 30, followed by a tough matchup against Big South foe Gardner-Webb on Feb. 13.

High Point will host the Big South Tournament for a second consecutive year beginning on March 12. The Championship game is on March 14.

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Campus Chronicle

High Point University

Vol. 17, No. 6

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Friday, November 20, 2009

Sophomore Nick Barbour had the NCAA's best three-point shooting game in two years, going 10-for-11 against UNC Pembroke. Read more about the men's basketball team on page 9.



Tink (left) and Lady snuggle after being rescued. Photo provided by Cate Lightburn.

Students raise money, save puppies from kill shelter

By Tierney Gallagher
Staff Writer

Sophomore Cate Lightburn and junior Cody Russell raised funds and

saved two puppies from being euthanized at a North Carolina animal shelter earlier this semester.

Because of the high number of stray and surrendered animals being turned in, many shelters across the state have developed policies of euthanizing animals after a certain amount of time to create room for others to be taken in.

After hearing of the problem in these so-called high-kill shelters, Lightburn and Russell decided to take a stand.

"We wanted to find a way to be able to save the animals from this cruel and unfortunate way of controlling overpopulation," Lightburn said.

Prior to fall break, they dorm-stormed for the cause and in less than two hours raised over \$150, enough to cover the \$75 adoption fee of two animals.

Lightburn and Russell traveled to Franklin County Animal Shelter in Lou-

isburg and adopted two puppies, Lady and Tink, a golden retriever mix and a black lab mix. The two fostered the ani-

mals at home over break until they were able to find them suitable homes. The rescue left more than a feeling of satisfaction in the students, but also one of determination.

"Seeing how happy the dogs were after they were out of the shelter really made my day. No animal should have to be put to death or have a time limit on how long they live, just because a shelter doesn't think they'll have room for them. Now I'm trying to find ways to help stop this form of senseless animal killing," Lightburn said.

Lightburn and Russell are continuing to look for others to join in support of the cause.

Tink is doing well in her new home, but unfortunately Lady died shortly after adoption due to inadequate medical care during her time in the shelter.



Black lab mix Tink is cared for sophomore Cate Lightburn. Tink and her companion Lady were rescued from a county animal shelter just in time to prevent being euthanized.

Photo provided by Cate Lightburn.



Junior Cody Russell poses with Lady shortly before she died from inadequate care given by a kill shelter. Photo provided by Cate Lightburn.

Adopting from shelters saves lives, stops puppy mill funding

By Samantha Tuthill
Online Editor

Commentary

Last month I heard a rumor that a shelter in the state was closing and that dozens of animals were being euthanized every day because there no longer was a place for them. Since I live in a pet-friendly, off campus apartment and

I had pets growing up, I figured I could do something good and get a dog. When I tried to find out where the shelter was I learned that it wasn't really closing, but I did learn that there are many "kill shelters" in North Carolina. I immediately began looking for a pet that suited me. After finding out a few of my choices had already been put down before I even called, I was relieved to find out that one was still ready to be taken home.

My boyfriend and I had a long talk about the decision, as it was one that would probably stick with us for the next 12 to 15 years. A talk that mostly went with him trying to be reasonable and me crying about how the dog I found was going to die and it would be my fault for not getting it. We went and picked her up, a two-month-old pit bull we decided to name Luna. Because of her age the staff at the shelter was not able to do

much with her because she was untrained and that made her difficult. We knew we were making a good decision because we had the time to give her the training she needed to be a good pet. It was a little rough at first, but now a few weeks later she is an adorable ball of energy that listens to basic commands and likes to fall asleep in my chair with me when we watch TV at night. See Adoption, page 5

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Mail your letter to: The Editor, Campus Chronicle, Box 3111, High Point University, High Point, NC 27262.

Despite perks, UC still a work in progress

Staff Editorial

An arcade, a cinema, a bakery, a convenience store—you guessed it; we're talking about the University Center. If you guessed "very eclectic mall," don't worry; it's easy to get the two confused.

The UC offers a variety of really cool stuff to students, and much of it is free. However, the rush to open these venues or any number of factors could be responsible for its many operational problems.

First off, the openings of each of these facilities were way past due. The steakhouse—which had fluctuating deadlines from August until the end of October—just opened this week, making it several weeks late. To top it off, the grand opening of the UC was held over fall break while students were gone on vacation. Why would the university hold a grand

openings with the clear intention of not inviting students?

Students who use the UC daily are probably aware of some of the following small annoyances: the entrance to the bakery is either broken or is designed to open just 25 percent of the time, the cinema gives out food for only some of the showings, several of the kiosks by the bakery don't have properly functioning keyboards, the pool tables in The Point are tilted, and the third floor Learning Center isn't open before 4 p.m. (because apparently students don't learn or study before then). All of these issues stem from either confusion about the way things operate in the UC, lack of communication between the administration and students, or poor quality items.

The service at the food vendors is great on some days and very poor on others. At The Point customers wait

anywhere from 10 minutes to an hour for their food. The restaurant tends to run out of certain food or drink items as well. The worst part is, these problems seem to come to light *after* the Magic Meal has already been taken off one's meals for the week.

Fortunately, along with these flaws, the UC offers many benefits to students. The bakery has a decent menu, the arcade provides great entertainment, and the cinema shows a wide variety of appealing movies. The C-Store is a truly convenient option, and the Learning Center is comfortable and inviting. The Rockefeller Plaza Christmas tree out front is also a heartwarming addition.

Clearly, the UC is open for business, but has yet to fully arrive.

The Editorial Board approved this staff editorial, 7-0.



What do assassinations, aliens, and Elvis have in common?

By Katie Nelson
Opinion Editor

The world is full of taboos and strange acts. Some people get tattoos and piercings. Others dress differently and listen to alternative music. Still others believe in conspiracy theories.

Conspiracy theories are ideas that try to explain disputed cases as plots by secret groups, rather than as isolated acts. Most of these theories are thought to be carried out by our government against the rest of the world.

While most conspiracy theories are nonsense, there are some that have been proven. The Tuskegee syphilis experiment was a conspiracy theory until 1972 when the press revealed that scientists were deceiving people into thinking that they were getting treatment for their syphilis.

Conspiracy theories make people think outside the box. No one would have ever thought that scientists would lie to people and deny them medical treatment. However, it happened.

Some conspiracy theories are really out there, like one that states that people are really reptilian creatures looking to take over the world. Nevertheless, they make you question authority, which is

good and causes you to become educated about things around you.

So I am going to take some popular conspiracy theories and give you my take on them.

Roswell/Area 51: In 1947 several people saw a UFO crash down in New Mexico. The government was said to have found parts from a weather balloon and no one thought anymore about it. In 1978, a UFO researcher reopened the case and discovered that the weather balloon was a fake. No one really knows what happened at Roswell but the area is still restricted.

My diagnosis: I fully believe in the possibility of aliens. However, I don't think the government is competent enough to cover something like this up for so long. The Nixon administration couldn't even conduct a simple phone tap, so what makes anyone think the government could keep aliens a secret?

Also, if the government thought that any alien invaders were coming to Earth, we would shoot them out of the sky so quickly no one would notice it happened. So I think this is just a theory.

Elvis is alive: Many people feel that Elvis faked his own death to get away from the damaging celebrity lifestyle he was living. It is said that the body in his

coffin is a wax dummy and that's why his middle name is misspelled on his grave.

My diagnosis: I have never understood the undying love that people have for Elvis but this is clearly just a bunch of fans in denial. Elvis did major amounts of drugs, drank quite a bit, and ate even more. He was in a downward spiral and it wasn't too surprising that he died. There is no real evidence to think he's alive.

The assassination of JFK: JFK's assassination is by far the most famous conspiracy theory. There is very little clear evidence surrounding the case. We don't even know with confidence how many bullets were fired. There are theories ranging from it being a mob hit to LBJ being the mastermind behind the shooting. Either way, it is all very sad.

My diagnosis: Anything is possible with this. There is so little solid evidence that no one could determine anything. Four presidents, including Kennedy, have been killed in office. Kennedy had just been involved with a controversial situation with Cuba and he had been thought to have mob connections. So I have no clue.

So overall, you see that these theories range from implausible to extra crazy. Either way they make you think and are fun to read.

Thanksgiving is an underappreciated holiday

By Scarlett Hester
Staff Writer

Football, gorging ourselves on food and big, oversized inflatable cartoon characters are all things that people look forward to on Thanksgiving. Thanksgiving is a time for family and friends. It's a time to reflect and as crazy as it sounds, think about what we are thankful for. Thanksgiving is a great holiday; that's why I'm confused as to why it is always so easily overlooked during the holiday season.

When I searched Google Images under the words "holiday season," the first few images were of snowflakes, presents, and Christmas trees. Why no turkeys or cornucopias or pilgrims and Indians? Why are we as a nation so quick to overlook one of the holidays that make America, well America?

Thanksgiving is a holiday that is unique to the United States. As soon as we take off our Halloween costumes and eat all of the candy corn we can consume, we're bombarded with snowflakes, gingerbread men and candy canes and told to deck the halls. It's as if radio stations are chomping at the bit to break out the Christmas carols,

and advertisers can't wait to get us in the shopping mode with their holiday commercials and gimmicks.

Now I'm not a Grinch. I love Christmas and the idea of spreading joy and love and giving to others. But I also love Thanksgiving and how it celebrates the peace between the settlers and natives. Thanksgiving is a holiday that is founded on the success of the original American colonies. I would think that's something we as a nation would remember and celebrate.

History.com states that the 1621 autumn harvest feast between the Plymouth colonists and Wampanoag Indians is acknowledged today as one of the first Thanksgiving celebrations in the colonies. It also says that this wasn't the first feast that took place between the two, that the colonists and Indians celebrated and gave thanks on numerous occasions. The website states, "The legacy of thanks, and particularly of the feast, have survived the centuries as people throughout the United States gather family, friends, and enormous amounts of food for their yearly Thanksgiving meal."

I feel like we've become so consumed with the Christmas and winter

holiday season that we completely forget about Thanksgiving and it's not entirely our fault. The media makes it so easy for us to forget about being thankful. Once November hits it's as if Father Christmas vomits all over the television, radio, print media and shopping centers. We don't have time to stop and give thanks because we're being told that we have to start our holiday shopping.

It's so easy for corporate America to commercialize and advertise for the winter holidays. It's as if they can't pump us with enough holiday cheer. On ABC Family there's even a countdown until the ever anticipated "25 Days of Christmas" programming. They are showing Christmas movies as a countdown until the countdown of Christmas. There isn't programming counting down until Thanksgiving. Thanksgiving in the holiday world gets screwed over.

Maybe I am a Grinch. Or maybe I'm just crazy for realizing that there is a holiday that separates Halloween from Christmas. But I'm thankful for that and I bet the dead pilgrims and Indians who first celebrated Thanksgiving are, too.

Straight Talk with Dr. Nido Qubein: You can succeed if you want to



Wherever I go, I find people who have encountered failure after failure and wonder why.

"Is it possible for me to achieve success, given my level of talent and education?" they ask.

"You can if you want to," I tell them.

Success is not a matter of luck, an accident of birth, or a reward for virtue. It is a matter of decision, commitment, planning, preparation, execution, and recommitment. Success doesn't come to you; you must go to it. The trail is well-traveled and well marked. If you want to walk it, you can.

In my book, "Stairway to Success," I described six steps to success. Here they are:

(1) Decide what you want in life. You do this by identifying the things you do well and that you enjoy doing. This will help you define the success you want.

(2) Create a vision of the success you want, and make a commitment to achieve it. A commitment is like your signature on a contract: It binds you to a course of action. When you make a deep commitment to a goal, powerful forces come into play, propelling you toward that goal.

(3) Draw up a plan for achieving your dream. Don't ask, "Can I do it?" That's a loser's question. Losers are guided by what's impossible. They see barriers and they stop in their tracks. The winner's question is "How can I do it?" Winners are guided by what's possible. They see possibilities and build upon them.

(4) Once you know where you want to go, prepare yourself for the journey. Acquire the physical, mental/emotional, social and spiritual balance you'll need to keep yourself on course, and the motivation to provide you with the energy to carry it out.

(5) Execute your plan through three phases: action, learning and applying. Ask yourself what must be done next to achieve your goals. You'll never know whether a specific action will be successful until you've tried it. Once you've tried it, observe the results. This will enable you to learn what works and what doesn't. Use your mistakes as lessons, and apply what you learn in implementing the plan.

(6) When you've achieved the last goal in your action plan, create a new vision, make a new commitment, and start the process anew. Success builds upon success.

If you follow these six steps, you'll succeed, not because there's magic in the formula but because there's power in you. If you want to, you can do it.

Friends are like Ziploc bags: disposable

By Liz Welborn
Staff Writer

"Friends last forever," "nothing can come between you and your friends," and "friendships are the most important ingredient in the recipe of life." These are all variations of the same sayings that we have heard all of our lives. But how many of these cutesy sayings are actually true?

When you were a little kid how many people did you label as your "BFF"? I count five at one time for me.

So are we sincere with our friendships or do we just befriend who is convenient for us? When these "BFFs" become unneeded do we just simply put them away until we might need them again?

I have come to see that people use friendships like they do Ziploc bags. We label our friends subconsciously and use them for different purposes.

Hence, I label one of my friends as the friend who I can run to when I need someone to listen. However, I

know that if I want to go to party, this person is socially awkward, so I avoid asking her to go out with me. I instead, reach into my pile of Ziploc bags that contain my variety of close "friends" and pull out a better qualified "friend," i.e. a party animal, to go out with. I would never use the party animal friend to confide in, but I do use her to party with. We essentially use our friends for our needs, and toss them to the side when we don't need them.

We replace our friends as well. The content of what is in the Ziploc bag eventually gets old, moldy and disgusting. We need a better version of the same thing. This can be seen when we make major transitions in our lives, such as going to college.

The high school friends eventually are replaced by a new set of friends. You start to lose contact with the once necessary friends because you don't need them anymore.

I used to be closer to one of my high school friends. I now barely even talk to the girl. I make an excuse by saying that I don't have time, but how is it

that I conveniently make time for my college friends? It is simple; I unzipped my baggie, dumped my old friend and replaced her with a more accessible friend who can give me the same advice.

How many times have you ended a friendship and nothing happens? The world didn't stop turning and pigs didn't fly. You might feel bad at first but life goes on as if you were never even friends.

Having a certain person in your life is not the permanent thing that we once were told that it was. According to a recent statistic, people go through at least 396 friends in a lifetime, but will only have 33 at one time.

We can't be "BFFs" with all 33 people. What we have instead are different categories of best friends at one time. There is the best friend who helps you with your homework or the best friend to give relationship advice.

Friendships are not set in stone, but are indicative of where we are in life. When the time comes, we eventually find new friends to replace the outdated contents in our Ziploc bags.

When thinking about your future, think outside the box

By Amanda Mayes
Staff Writer

Tick-tock, tick-tock. How I hate the clock counting down the hours of my life when I certainly have no idea where I am heading. The one thing I hold on to is my undying desire to change the world for the better.

Yet competing interests, limited time, and an unrelenting societal mandate to know exactly what I want to do with my life and how to get there are creating immense amounts of pressure and confusion. No one seems to remember that we are allowed to try something and discover that we do not like it and that we are perfectly capable of starting anew.

I am breaking free of these restraints. I refuse to make the "practical" decision and choose a career that will ensure security, stability and significant financial reward.

Look for a path in life that will allow

you to find meaning and allow others to find it as well. Avoid cookie-cutter jobs that do not offer any unique facets or lasting significance. I often feel as if I have the choices given to me in elementary school: you can be a firefighter, police officer, or teacher. Pick one and do not question why or search for other options.

The lack of original choices boxes in my personality; the majority of choices presented to those our age are all the same, worn-out paths that have ultimately done nothing and changed little.

I have all too often been pulled in twenty different directions by myself and by those around me. Do not let petty reasons, others' opinions, or fear hold you back from discovering and following your true calling. Ignore your parents, friends, and other outside influences. Reject the notion of someone "living vicariously through you."

Find that one individual who pushes and pulls, supports, and never has a

doubt about what you can accomplish. Accept this unwavering faith and use it to fly. It is your life, and it is too hard to be stuck doing something until the end of time for which you have no passion. And I do not mean something that you like, or even love, but have a burning, consuming interest for.

Deep down, there is a compass directing each individual's actions. My compass is a bit rusty, and yours probably is too. In what direction is it pointing you? Learn to seize this dream of the future and let it sustain you.

Step back for one second, and release yourself from the demands and endless societal pressures to stick to the status quo and opt for the safe, mundane life path. Nothing fulfilling comes of this.

Tick-tock, tick-tock. So this is where I'm heading: I will ignore the stones thrown by those on secure and familiar routes, and face the unknown to accomplish my dreams.

Men's basketball back in action



From top left, going counter-clockwise: Sophomore Nick Barbour takes heavy contact from a Wake Forest defender in an 83-60 loss to the Demon Deacons on Nov. 18 in Winston-Salem; senior Eugene Harris looks to dribble around Preseason All-American Al-Farouq Aminu; junior Earnest Bridges pulls down a rebound against Wake; Harris lays in a bucket for High Point; sophomore guard David Singleton looks to drive to the basket; senior center Cruz Daniels puts a hesitation move on a Demon Deacon defender.

Photos by Jeremy Hopkins.

For more information on the men's basketball team and its recent accomplishments, see page 11.

Hargett leaves bright lights of New York for HPU

By Katie Nelson
Opinion Editor

Flashing lights, pulsating music, glamorous people, exquisite clothing. This is the workplace of a model. Ever since she was young, Anastasia Hargett, employee of the café, has yearned to be a model in the fashion world.

For most of her life Hargett has

participated in many extracurricular activities to prepare herself for this career. She has been a cheerleader, a dancer and a model. She originally lived in Brooklyn where she says there were many more modeling opportunities available.

Her modeling career included appearing in magazines like *Black Hair*. When she was sixteen, she was also asked to perform in a music video for

the R&B sensation B2K. Unfortunately, her young age stopped her from being in the video.

Now that she is 21, Hargett has moved to High Point and experienced a change of scenery, working as a cashier in the café. North Carolina is different from fast-paced New York, where one can walk around the corner and find new things to do with a diverse group of people. North Carolina is more of a

homey kind of state for Hargett.

However, Hargett is still keeping up with the big city in this small town. She has been developing a calendar filled with fashion tips for all. The calendar will feature tips designed for every month and tips for specific, major cities.

Teeming with a great fashion-sense and some sassiness, Hargett is a wonderful person to talk with and be around.

Students relate with first Thanksgiving

By Christina Ferriolo
Staff Writer

Crowded airports, looming final exams, the onset of cold weather, and the presence of Christmas decorations that appear bigger and earlier each November can often distract from the Thanksgiving holiday. Perhaps Squanto and the Pilgrims wouldn't appreciate the loss of their valuable message because of a few tests and oversized ornaments.

So what are students thankful for at this time of year?

Many students said that they were thankful for their friends, family, and good health, which were all respectable but predictable responses. Others, however, shined a new light on the question by responding with something a bit simpler. "Magic Meals," junior Brad Lawson said behind a large grin.

The most popular answer by a landslide was a response similar to one

given by Katie Wilson, a senior who said, "I'm just thankful to be able to go home and get together with my family and eat some stuffing."

Perhaps in the midst of college life where stress is high and legitimate meals are scarce, Thanksgiving is the perfect break to relax, be with the ones you love, and avoid malnutrition. Perhaps we haven't journeyed so far from those who ate at the first Thanksgiving after all.

When talking about the holiday season, one might expect to find students who had something different or unusual to say about what they were thankful for as this often forgotten holiday looms in the shadow of the Christmas season.

The consistency of the answers from the students, however, is much more revealing in its simplicity. Students are simply thankful to be in the company of the ones they love and a Magic Meal here or there couldn't hurt either.


Adoption, continued from cover

The biggest problems facing shelters today are overcrowding and underfunding. Overcrowding is a result of people not taking proper care of their pets. They go to pet stores (which could mean they are directly contributing to puppy mills) and get cheap dogs thinking that it's a one time expense. They don't take them in to get their numerous required vaccines, spay or neuter them, or train them properly. Then when the dogs aren't behaving well because they weren't trained, or if the person can no longer keep the animal because he or she did not think about how long the pet would be a part of his or her life, they just get dropped off at a shelter. Or if the animal wasn't spayed or neutered, an unwanted litter of puppies is born and then left at a shelter.

If shelters had enough money to take care of all of these neglected

animals it wouldn't be so bad, but many shelters don't have the money to get basic supplies for the animals in their care. That's why I strongly urge people to research carefully all the work that goes into owning a dog or cat before getting one.

If you can't handle the responsibility then you will only be making life worse for the pet you choose. If you live in an on-campus residence hall, there is no way you can adequately care for your pet. However, if you are ready to own a pet, then seriously consider adopting from a shelter. Many of the animals there are already well-trained and well-adjusted and just didn't fit into their families' lifestyles anymore. If you aren't at a point where you can get a pet but still want to help out, join a group like the ASPCA or the Humane Society and volunteer your time to work with animals at shelters, or make a donation to rescues that save pets from kill shelters.





Crossing borders.

Meetings on Mondays
at 7 p.m. in the
Great Room.

International Club

International Club would like to invite all students to our Annual Thanksgiving Feast on Monday Nov. 23, 7 p.m. in the Slane Great Room. There is no cost to you so come and join us for this feast!

Learn more by visiting us on Facebook or e-mail us at intclub@hpu.edu

All I want for Christmas: *Call of Duty: Modern Warfare 2*

By **Domenique Black**
Staff Writer

One of the most anticipated games of the season has arrived. *Call of Duty: Modern Warfare 2* is a game that should be on every gamer's Christmas list.

According to VGChartz, this game has become the fastest-selling game by selling 7,000,000 copies on its release date, Nov. 10. The *Call of Duty* franchise is always doing bigger and better things and *Modern Warfare 2* is no exception.

The look of this game is amazing; the graphics are some of the best I have ever seen on a game of this kind. The design of the game is

spectacular, and the game play nothing less. The campaign in this game has a

line and doesn't take very long to get through. The multi-player mode is great

might be handy for free online game play. The special ops mode of the game can be played by one sole player or as a co-op in these missions.

Over the summer, I would play COD with my brother on occasion, and the game kind of took a toll on me. At night I would have weird dreams about the wars in the game.

I did not think there were many similarities between *COD4* and *Call of Duty: Modern Warfare 2*, but nonetheless, this game creates an overall better experience. *Call of Duty: Modern Warfare 2* is definitely a game that should be on your Christmas list.

This game is available for the Xbox 360, PC and PLAYSTATION 3.

Call of Duty: Modern Warfare 2

- released Nov. 10, 2009
- distributed by ACTIVISION
- available widely online and in local stores
- retails for \$59.99
- sixth edition of the *Call of Duty* game series
- Xbox 360, PLAYSTATION 3, PC platforms

bit to be desired when it comes to story

as well as online game play. Having a PS3

Concert etiquette: things that concert-goers should know

By **Samantha Tuthill**
Online Editor

I have an eclectic taste in music. I love to put my iPod on shuffle and listen to Jethro Tull lead into Sky Eats Airplane and then on to Regina Spektor. Having such different tastes, I go to many different concerts, and each one comes with a different expectation. For example, when I go to see A Parkway Drive, I expect that I might get bruised, hit, and stepped on. I also expect that I might lose patience with being jostled around and will bruise, hit, and step on others in return.

A few people there do not know to come in with such expectations, and then they start whining because they don't understand why they were just clocked in the face. The second you buy a ticket to a loud, thrashy, hardcore show, you are pretty much consenting to being kicked by a total stranger for no apparent reason. It just goes with the show. A practice that I admit to be pretty stupid, but I'm willing to accept it.

What I don't accept is people not following the generally understood rules of concert etiquette. You can thrash around at a loud show, but that kind

of behavior is not appropriate at every show. It's obnoxious to be at a show like City and Colour and have people treating it like Alexisonfire. It's okay to be one way at a loud show, but acting that same way at a quieter show is not acceptable.

I love live music, but I don't like crowds. I know that if I want to go to a show I just have to suck it up and understand that many people are going to attend, and there's nothing I can do about it. When you go to a show not willing to accept the inevitability of crowds, you end up as that guy, the one who just gets grumpy and complains about how there are too many people around. Well, it's a concert. If you aren't willing to be around people then maybe you should just sit alone in your room and listen to the CD and enjoy not having to be a participating member of society.

These are the same people who think they are entitled to a bubble of space at least two feet in every direction around them. When it starts to get packed in a venue and everyone is taking whatever inch is available, these people get severely irritated when you invade their area and step in front of them. Well, if you aren't going to utilize your space

and get as close as possible to the stage, I'm going to use that space for you. That's okay.

What isn't okay with me is if I'm at a relatively mellow concert, like Bob Dylan at last summer's New American Music Union concert in Pittsburgh, and everyone gets there four hours early to pack in like sardines to see an American icon. Then some random drunk girl tries to shove her way through the crowd and take space that is already being occupied by someone else. When this happens I turn into a linebacker. So help you God if you try and shove your way between me and Bob Dylan. Because one, I've been here all day and you just showed up. Two, there is no room for you here without being violent with me. Three, who gets violent when they go to see Dylan? It's just one of those things that is not acceptable in terms of concert etiquette. It will result in a confrontation, and it will not go in your favor because everyone else will take the side of the person who understands what you do at that kind of show.

I also understand that some people like to sing along to their favorite songs. Whatever, I can handle that. But some people don't seem to understand that a concert is not their audition to break

into the music business. Nothing is more annoying at a show than when the people around you are so loud that you can't hear the person who can actually sing the song with the right words and in the right key. No musician is going to hand you a contract from the stage because he or she is so impressed with your attempt to sing along, so keep your volume reasonable.

Also, if you are say, at a U2 concert last month, and the only song you know is "Beautiful Day," and you are so excited about the fact that they are playing it you just repeatedly scream "OH MY GOD I LOVE THIS EFFING SONG!" then maybe you should have used that fifty bucks to buy a few albums and learn a song that isn't played on the radio every day. Then I can actually hear the music for a while.

Live music creates an amazing experience and everyone should be able to go and see their favorite bands play. Just remember that just because you think getting drunk and being annoying is funny doesn't mean you should do it. Shows are more fun when everyone is just enjoying them and not trying to push you to the back where you can't bother them.

Ten songs to help cope with the stress of the holiday season

By **Jen Paolino**
A&E Editor

If the stress of the impending doom of the end of the semester isn't enough, maybe the fact that the holidays are just around the corner has you biting your nails and fidgeting in your seats.

It's that time of year, when you feel like you can never get a moment for yourself, when one thing ends just so another can begin. In my world, when this happens, I escape to a place where nothing can touch me; I pop in my earbuds and let the music wash away all the clutter in my brain.

Now, it's not the typical head-banging, fist pounding music that you'll usually find flowing from my iPod. No, this is a different kind of music. It's the kind of music that doesn't require a lot of attention, the kind that blends in to the background, but makes its presence known just enough so it can calm your body and clear your mind.

Here are ten songs that are must-haves when dealing with the stress of the holiday season.

Artist: Jimmy Eat World
Song: "My Sundown"
It's a simple song, kind of mellow, and doesn't require much focus. You can throw it on for some background noise or use it to chill out in those brief moments that you get for yourself.

Artist: Ryan Adams
Song: "Wonderwall"
In my opinion, this cover is better than the original. It's slower, and much more calming. It definitely fades into the background, but in a good way.

Artist: Mayday Parade
Song: "Miserable At Best"
I love any song that can incorporate a good piano part, but it's very hard for artists to rely solely on keys. This song manages to create a vocal melody that can stand alone; the accompanying piano will give you chills, but only adds to what's already there.

Artist: Tegan and Sara
Song: "Call It Off"
A short song, at only about two and a half minutes, but it's the perfect length

if you've only got a few minutes to zone out. Another song where the vocals create such a complex melody that it may actually sound like there are more instruments in the song than there are.

Artist: The Album Leaf
Song: "The Outerbanks"
It's rare when you can find a song that doesn't have lyrics and can still keep your attention the entire way through. It's an ambient piece that will totally calm your nerves, even on the most stressful days.

Artist: Phoenix
Song: "Love Like A Sunset"
There are two parts to this song, both equally great. Another track that is solely instrumental. It takes you on a roller-coaster ride of emotion from the very first note played.

Artist: Passion Pit
Song: "Moth's Wings"
It's a step outside my usual bubble of upbeat pop-rock. With a more indie feel, the keys in this song will send shivers (the good kind, of course) down your

spine with only one listen.

Artist: Pete Yorn
Song: "EZ"
Another acoustic piece that's "there" without actually being "there." You can listen to it one hundred times and still find yourself not remembering all the lyrics. It provides the kind of calm where your mind drifts away without actually realizing it. Perfect when you all you want to do is escape.

Artist: Strays Don't Sleep
Song: "For Blue Skies"
The lyrics are kind of intense, and the music is very minimal, but you get lost in the sound, not in the meaning of the music, and those are always the best songs to listen to when the last thing you want to do is focus on any one thing for very long.

Artist: Jimmy Eat World
Song: "Disintegration"
They may not be known for their ambient sound, but they've done a great job creating a track that's dark, but still relatively soothing all at the same time.

What's on your iPod?

By Jen Paolino
A&E Editor

No matter what people try to tell you, no matter how many times they want to deny it, there is always that one song on their iPods that makes them cry.

Regardless if they're tears of joy, tears of sadness, or tears for reasons you can't explain, there is always one song that manages to touch you in ways that other songs can't.

Four students were willing to share the songs that unleash the emotions they try to keep bottled up inside.

The songs may seem odd, the reasoning behind them may seem even more strange, but something about these tracks has the power to make even the strongest people cry.

Everyone has a story; some people choose to tell their story through music.

Name: Matt Mizell
Song: "Mandy"
Artist: Barry Manilow
"I'm a guy, so I don't cry over things like songs, but if I had to choose one that

would make me cry, it would definitely be this one. There is a piano solo in there that gets me every time."

Name: Jenna Caler
Song: "Everybody's Free"
Artist: Quindon Tarver
"It's off the Romeo and Juliet

soundtrack, and something about his voice just hits a nerve. I mean, he was only 12 years old at the time. It's just an amazing song."

Name: Lenni Fragakis
Song: Anything off the *Grey's Anatomy* soundtrack.
"No matter which song I listen to, I always equate whatever was going on in the show to whichever song is playing. If a song plays when something incredibly sad happens, that's the only thing I can think about when I'm listening to it."

Name: Liz Welborn
Song: "How Can I Help You Say Goodbye"
Artist: Patty Loveless
"It sounds like kind of a stupid song, since it's so country, but there is this one part where she talks about saying goodbye to her mom, who's dying, and for some reason every time I hear that part I think about my mom dying and I just break out into tears."



Open to the Public

CULTURAL HPU ENRICHMENT
SERIES

The High Point University Cabaret
presents

Christmas Cabaret

Director: Dr. Alexa Schlimmer
Keyboard: Marcia Dull of Dr. Alexa Schlimmer
Percussion: Steve McHugh

December 4-5 @ 7:30pm
December 6 @ 2:00pm

Tickets are available for students, faculty, staff and the general public by contacting the HPU Box Office at Hayworth Fine Arts Center at 336-841-4673. Students receive one complimentary ticket by showing their valid HPU Passport.

Are you another Adam Hunter? Head to the Idiot Box

By Sterling Lund
Staff Writer

Recently, one of the hottest young comedians, Adam Hunter, visited the High Point campus.

Adam Hunter was a contestant on the *Last Comic Standing* on NBC, a reality show in which contestants battle it out on stage to win bragging rights as the funniest man on television.

After a narrow loss on the reality show, Hunter has appeared on several well-known networks such as *The Late Show* on CBS, *E!* Channel, and *VH1*.

Currently residing in Los Angeles, Hunter travels all over the country doing performances every night of the week, often times performing as many as two or three shows a night.

Students reacted very positively to the presence of a comedian on campus. With both shows sold out, there was an obvious display of excitement and enthusiasm for the show.

HPU has also hosted a local group of comedians from Greensboro's comedy club *The Idiot Box*, a collection of comedians who use their quick wit and imagination to draw in the audience.

The *Idiot Box* comedy show is

Greensboro's longest running performance group; they have put on more than 1,000 shows. The act consists of several quick-thinking improvisational games that build upon each other to create a memorable and clever show. Regular performances are on Friday at 10 p.m. and Saturday at 8 and 10 p.m. The *Idiot Box* also offers a student discount; prices are \$10 for non-students and \$7 for students.

If you feel that you are interested in comedy, don't be afraid to get out there and get involved. One opportunity to put your humor to the test is at the Comedy Zone's Amateur Open Mic night, which

is held on the first two Thursdays of each month. It is open to the public, with only one condition: five friends must accompany each performer. A performer is not eligible until all six people have been accounted for. No audition is required. Shows begin at nine and there are approximately 10-12 times slots available. There is a \$5 entry fee per person totaling \$30.

Performers will have a maximum of four minutes on stage. There is no age limit and content is strictly comedic; no singing or poetry. Restrictions on vulgarity are based on the performer's personal judgment.

HPU's 'most elaborate show ever': Little Shop of Horrors

By Tierney Gallagher
Staff Writer

The Theater Department will present the musical "Little Shop of Horrors" Nov. 19 through 22 in the Pauline Theater at Hayworth Fine Arts Center.

The show tells the story of a nerdy floral shop worker, "Seymour Krelborn," played by junior Ben Brown, who discovers an unusual plant with a mysterious craving for human blood.

The production also features eight other students. Junior Jennifer Arnold plays "Audrey," sophomore Dan Moldovan is "Mr. Mushnik," senior Ben

Hensley is "Orin," senior Patrick Bliss is "the Voice of Audrey II," sophomore Maggie Jo Saylor is the puppeteer of "Audrey II," junior Megan Santiago plays "Ronette," junior Anna-Parsons Charles is "Crystal," and junior Marie Ventrone is "Chiffon." Ed Simpson is directing and junior Alanea Cremen is stage manager.

The plant, "Audrey II," grows to be a bloodthirsty, foul-mouthed evil carnivore offering Seymour fortune and fame in exchange for feeding its growing appetite. As Seymour feeds the plant, he gains fame, glory and the girl of his dreams, but all at the expense of taking

innocent lives to ensure the plant will continue to grow healthily.

Members of the cast have claimed "Little Shop of Horrors" to be the most elaborate show High Point University has ever done. The production is to include a complex set and detailed scenery in addition to the life-like construction of the plant.

"This is probably the most technically ambitious show the HPU Theater Department has ever taken on," Saylor says. "The sets are enormous and incredibly intricate, not to mention there are several giant plant puppets being masterfully built completely

from scratch." With the show featuring an unusually small cast, the actors are motivated to give their all to the production.

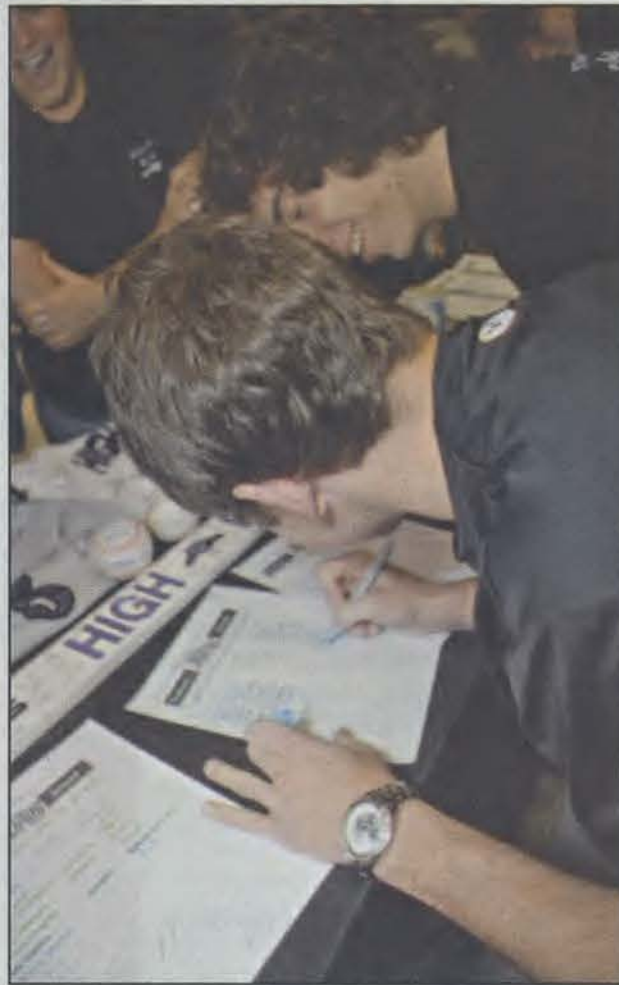
"Rehearsals have been going great and each time we factor in new elements that make the show even bigger and better," Brown says. "I am definitely looking forward to seeing the show in its final form."

Performance times are 7:30 p.m. on Nov. 19-21, and 2 p.m. on Nov. 22. Tickets are available at the HPU box office in Hayworth Fine Arts Center. Students may receive one complimentary ticket.

Happy Thanksgiving to all!

from the Campus Chronicle staff

SGA auction items spark interest



SGA's silent auction for the United Way has students bidding on athletic gear, special events, and even a lunch with Dr. Nido Qubein.

Photos by Jonathan Jones.

SGA:

Student's Senate

Bills Passed:

- IFC: PIKE Turkey Bowl
- Pi Kapp "No Boundaries Week"
- APO Trip

Last Meeting:

- Nov. 19 - discussed student activities

What's Next?:

- Will continue having guest speakers next semester

Get Involved:

- E-mail SGA at sga@highpoint.edu
- Meet bi-weekly Thursday at 7 p.m.

Phi Mu's 'Cansome Ransom' returns

By Katie Nelson
Opinion Editor

On Nov. 21 the sisters of Phi Mu will be kidnapping students and holding them hostage in the Slane Center gymnasium.

The kidnappings are part of a fundraiser called Cansome Ransom. Organizations provide Phi Mu with a list of people to kidnap and the sisters pick up random people on the list.

The kidnapped people will be held in the Slane Center gym until their organization pays the ransom with either canned goods or monetary donations.

According to Sydney Malley, Phi

Mu's public relations chair, "All of the food will be donated to Open Door Ministries in High Point for the Thanksgiving holiday. All of the money will be donated to Children's Miracle Network, Phi Mu's national philanthropy, with the exception of a portion of the money that will be given to the organization that raises the most amount of money."

The fundraiser has prompted reaction from students. "I am really excited to be 'kidnapped.' It sounds like a good way to have fun for a valuable cause!" says sophomore Maggie Jo Saylor.

"My dad participated in a charity event like this once and my mom and I got so into it that we baked him a

cookie with a bottle opener in it to help him 'escape.' I'm hoping my fellow SEA members will have the same drive to rescue me!" Saylor says.

Cansome Ransom is just one of several philanthropic activities that Phi Mu hosts, according to Malley. "We sell candy grams at Halloween, sell snowmen at Christmas time, hoop-a-palooza in the spring; all of these benefit Children's Miracle Network. We get to go to Duke Children's hospital, which is a part of children's miracle network, and see where our money goes."

The sisters of Phi Mu hope that everyone will join them in supporting the Children's Miracle Network and Open Door Ministries.

Campus Mocha Club cuts coffee, changes lives

By Samantha Tuthill
Online Editor

Most everyone has seen the commercials on TV stating that for less the price of a cup of coffee a day, a child's life in Africa could be saved. While the majority of the viewers of these advertisements will feel some sympathy and then just change the channel, others are doing something about it.

The Mocha Club has demonstrated that for \$7 per month, lives can be saved in developing nations. HPU is introducing its very own chapter of the Mocha Club this year. By going online and signing up, students can pledge \$7 a month that will provide medicine, food, clean drinking water, and other crucial services to those in need. Mocha Club supporters are releasing child soldiers from war and rescuing children from forced prostitution and sex slavery, as well as providing for HIV/AIDS health care and clean water. The HPU team supports

the project "Vulnerable Children & Orphan Care," but any program can be supported when one joins.

Last month, the HPU Mocha Club held an awareness event by showing the movie "War Dance." The film chronicles the journey of three children: Rose, a 13-year-old choir singer; Nancy, a 14-

year-old dancer; and Dominic, a 14-year-old xylophone player, as they go on to compete in Uganda's National Music Competition. After war had taken away everything from these children, all they had left was their love of music. This moving film helped to open the eyes of many of the students who attended its viewing.

Lindsey Queener is a High Point junior who has helped to get Mocha Club started here at High Point. She

has been a member of Mocha Club for the past two years, and says that she was anxious to get more involved by bringing it to campus. Explains Queener, "For the cost of about two mochas a month, one child's AIDS medication can be paid for, or seven people can receive clean water for a

year. The great thing about Mocha Club is that you can do so much with so little."

To become a member of the Mocha Club at HPU, one needs only to visit www.mochaclub.org/joinme/hpu/14 and fill out the

necessary information. The applicant chooses the date he or she wants to donate, and \$7 will automatically be taken out of his or her account on those days each month. There will also be more events throughout the year to raise awareness for the organization and the efforts they support. By signing up, one can receive all of the upcoming event information and can help plan and spread the word about the group and its cause.

Join the HPU Mocha Club:
www.mochaclub.org/joinme/hpu/14

Women soccer's remarkable turnaround is one to remember

By **Steven Haller**
Staff Writer

Women's soccer at HPU in 2009 was a huge success, a season that ultimately led to winning the Big South Championship and holding top-seeded UNC to only one goal in the first round of the NCAA Women's College Cup tournament.

In their last game of the season, the Panthers battled relentlessly against the fourth-ranked Tar Heels. The Panthers switched up their strategy, moving more players to the defensive side to help thwart the relentless Tar Heel attack.

HPU played a great defensive game, allowing only one goal out of 31 shots taken by UNC. Senior goal keeper Marisa Abbott had a career-high 14 saves and had accumulated 597 minutes of scoreless play right before the Tar Heel goal, but the Panthers could not find a way to get the ball out of their own defensive third of the field and were also not able to put any shots on goal, leading to their 1-0 loss that concluded a tremendous and unforeseen season of highs and lows.

Senior midfielder and team captain Lauren Stockell said after game, "[UNC] Chapel Hill is the ideal team and we only lost one to nothing. That is something to be really proud of." When asked about how he thought his team played against UNC, head coach Marty Beall explained, "Our girls did an outstanding job in our system and played together as a unit. They were absolutely fantastic tonight." The play of senior goaltender Abbott was the talk of the night, to which Beall said, "She is always fantastic. She shows up every day to get the job done."

"Our team played so well tonight against one of



The women's soccer team watches on Nov. 9 as they are announced to play against to play against the UNC Tar Heels in the opening round of the NCAA Women's College Cup Tournament.

Photo provided by HPU Sports Information.

the best teams in the country and it was great to play against some of the players that I used to play with in club soccer back home," explained Abbott. "This game was no different to me than any other. I just came out and did what I always do; the only difference was that the shots were a bit harder. As a team, we did an excellent job defending and not diving in tonight. The way we played frustrated them a lot."

By no means did the end result of this last game, though, reflect the Panthers entire season. Let it be remembered that the Panthers won the Big South Conference Championship to earn the right to play UNC in the NCAA Tournament, after starting off the season 2-14-1 in their first 17 games of the regular season. HPU was the clear underdog before the Big South Tournament, coming in as the

seventh seed out of the eight Big South teams that qualified. However, in a tournament filled with upsets, the Panthers came out on top, winning the championship against eighth-seeded Winthrop in a game that went to two overtimes before being decided by penalty kicks.

Abbott, with the help of her stellar defense, did not allow a single goal during any regulation play of the tournament. She also made two acrobatic saves during the penalty kicks to clinch the conference title for HPU.

Abbott noted, "Overall, I think I had a good season. My position is frustrating, however, because when there are so many shots coming at me, some of them are bound to go in. We struggled with this fact for the majority of our season, but I am so proud of my team for bouncing back. We went out with a bang and that is all that matters in the end. Overall, I had a great senior season and I want to

thank my team members for making it that way."

Winning the Big South Championship was the team's goal all season, and the players are thrilled to have accomplished that goal. "It is absolutely unbelievable," said Beall. "The girls worked their tails off, we got better each day, and the rigorous non-conference play clearly paid off."

Junior midfielder Jillie Johnston had a similar reaction, recounting, "It is unreal. We worked so hard since the spring season and we refused to give up or give in. Not one game did we ever lose faith."

Stockell added, "We really battled through the whole season. We started in a rut, but we really came together after that and we kept pushing each other. That is what brought us to where we are."

Panther Profile

Caroline Miler - (Outside Hitter)

Hometown: Summerville, South Carolina.

Year in school: Senior

Major and career plans: Human Relations Major. I plan to work in a Retirement Home in the area of Occupational Therapy/ Wellness.

What other activities (besides volleyball) are you involved in on campus: Club swim team.



What is your favorite thing to do when you're not playing volleyball? Going out with my friends and shopping.

What is your most memorable volleyball moment at HPU?

Playing volleyball on a foreign tour to Greece during my sophomore year.

Interests/Hobbies:

I'm very much an outdoors person. I like to hike water and snow ski, snowboard, and horseback riding. I'm up for anything, I love adventure.

Favorite Quote: "Our greatest glory is not in never falling but in rising every time we fall." -Confucius

Favorite Actress: Diane Lane

One thing you could never live without:

I could never live without my family or friends. They get me through each and every day!

What motivates you most when playing a match:

Probably hearing my teammates and fans cheering; it inspires me to work harder knowing that they are behind me.

Best advice someone has ever given you:

"No matter how tough things get, never give up, never quit."

What do you listen to before a match:

Rap always gets me pumped up for a match.

Panther Profile

Stephanie Wallin - (Middle Blocker)

Hometown: Plymouth, Minnesota

Year in school: Junior

Major: Accounting

What is your favorite thing to do when you're not playing volleyball?

Hanging out with friends, scrap booking, playing card games, and bowling.

What is the best part about playing volleyball at HPU?

The team is the best part about playing here at High Point. We are all really good friends and hang out a lot off the court as well. They are like my second family.

Top 3 songs playing on your iPod right now:

"Smile" by Uncle Kracker

"Man in the Mirror" by Michael Jackson

"The Best Day" by Taylor Swift

Favorite Movie: "The Pursuit of Happyness"

Favorite Actor: Will Smith

One thing you could never live without: Sweatpants.



Best advice someone has ever given you:

The harder you work the more you will achieve.

What kind of music do you listen to before a match?

Whatever is playing during warm-ups.

In 10 years you will be: Married and living in Minnesota.

Other fun facts:

My pinkie finger will never be able to straighten out again because I dislocated it.

RED FLAG:



By Tony Gutowski
Sports Editor

The more I look around campus the more impressed I am with High Point University's efforts to make a variety of accommodations available to its students. Not a great college culture, in my mind, is not always about how many dorms or blocks you have. It is about the passion, pride, and connections you make from generation to generation of student, students, and faculty come together to go extracurricular.

I am talking about athletics. While improvements have been made in the academic aspects of High Point University (an essential component for institutional growth), the improvements made by the athletic department have thus far been very successful as well.

The women's soccer team rebounded from an early 2-1-1 start to clinch a berth in the NCAA Women's College Cup. The men's soccer team finished second in the Big South regular season, clinching the No. 2 seed in the conference tournament. Both basketball teams opened their seasons with high expectations.

While all of this may sound great, the questions that must still be asked are, "Is it enough? What will it take to make this school athletically elite?"

If the university can invest significant amounts of money into facilities and infrastructure (pools, gyms, and other facilities), why can't HPU create a more realistic college culture? It does seem like a lot of students, myself included, still feel that High Point lacks that "special" aspect and element of pride. Sometimes I feel like I am at a resort more than an athletic line. The entertainment value

and community bonding that I have always perceived to be important to the college culture are lacking.

I admit, perhaps where ever you dress in their school's colors are nowhere to be seen, not many students come together to cheer and share their pride and passion of being a member of the High Point student family. You don't have to be a fan of sports, or even care about sports the way I do to realize that we still lack that "something" factor.

In my mind, sports play just as an essential part of creating a "real" college culture as anything. Every time you watch college sports on television or read about them online, you notice the same atmosphere on the field and passion that other schools' students and fans have for their teams. Even if they really are not that familiar with the sports they are cheering for, they still cheer on regardless.

I am not just talking about some large state universities with sports programs that have more resources and financial support than some professional teams. I am talking about schools that don't have those types of capabilities, yet still have found some way to compete year in and year out against these so-called "major powerhouses."

Take for example fellow Big South member Winthrop and its men's basketball program. A few years ago, they were able to build a dynasty of Big South championships that culminated in an upset defeat of Big East member Notre Dame in the NCAA Tournament. Also, think about how Georgia Mason University was able to make an unenviable run to the Final Four while having limited scholarship commitments that season.

Now, I am not saying that High Point has the resources that even these programs have

had, but instead of putting money into areas that I believe are unnecessary, why not devote a more well-balanced and supported set of sports programs?

HPU has made tremendous strides in this area in the past year with new coaches and their impact in recruiting and early success that has shown a very bright and optimistic future ahead, but more can still be done.

Start with the facilities. While tremendous effort and money has been expended over the years (including the creation of terrific facilities like the Track/Soccer and Baseball complexes), one playing facility that needs to go is the Mills Center. If you're going to keep building and developing more successful sports programs and create a more passionate and proud "college culture" at the school, then you need to eliminate one of the smallest and most out-of-date arenas at High Point University. Even with the renovations that have been made, the overall atmosphere of the building is not as inspiring as it once was. With a more up-to-date facility and a larger seating capacity, HPU could have better recruiting and coaching help that will help the program to prosper and create more interest.

Sure, the Panthers athletics program is starting to show some signs of significant progress from previous years, but more can be done. Maybe I'm being unrealistic and expecting too much, after all I am a die-hard Panthers fan, so expecting and demanding a lot is in my nature. It is time to start creating this real "college culture" that is missing, not in the future, but now. Now is the time to establish that the school is truly on the rise, in more ways than one. Maybe Panther pride and tailgating will become a common tradition. We shall see and see.

Barbour's baskets dominate men's early season

By **Steven Haller**
Staff Writer

High Point men's basketball tipped off its regular season on Nov. 14 with an exciting 104-72 victory over UNC Pembroke. HPU was led by the scoring prowess of sophomore guard Nick Barbour and the steadfast defense of big man Cruz Daniels.

Last month the Big South coaches named Barbour to the Big South Preseason All-Conference team. In 2008-09, Barbour led the Panthers with 14.2 points per game and was named to the Big South All-Freshman team. The sophomore hit the ground running in the season opener, notching a career-high 38 points, including knocking down 10 of 11 shots from three-point range. Barbour is clearly establishing himself as the Panthers' biggest threat from beyond the arc.

Conversely, down low, Daniels is the Panthers' largest threat, literally. Standing at 6'11" with a seven-foot wingspan, this fifth-year senior has the sheer size and strength to put down any attack that opponents throw his way. He already owns High Point's career blocks record at 222 and added two more blocks against UNC Pembroke in the season-opener. On a team where eight of the twelve players

are guards, he will have to carry much of the defensive workload around the basket.

Another key player for the Panthers,

senior Eugene Harris, reached a huge milestone against UNC Pembroke, scoring the 1,000th point of his college career. Harris became the 28th member

of High Point's 1,000-point club. Harris played in 92 games in his first three years and has scored in 83 consecutive games.

Corey Law, known as "The Air Up There," executed a windmill dunk that exhibited the power of the red-shirt freshman.

On Nov. 18, High Point played its first serious competition, traveling to Winston-Salem to take on Wake Forest. High Point stayed close to the Demon Deacons, keeping the lead for the majority of the first half. Wake Forest led by three at the halfway point.

High Point came out of the locker room sloppily. The Deacons benefited from a turnover-ridden second half by High Point, outscoring the Panthers 13-2 in points off of turnovers. Ultimately, HPU squandered what was as much as a nine-point first half lead as it was outscored 41-21 in the second half. The final tally was 83-60, Wake Forest.

The victory against UNC Pembroke gave Scott Cherry his first as High Point's head coach. In his entire basketball career, as a player at North Carolina and as an assistant coach at South Carolina, Western Kentucky, George Mason and Tennessee Tech, Cherry has never had a losing season.

The Panthers, under former head coach Bart Lundy, went 9-21 last season, including a 4-14 mark within the Big South Conference. This year, HPU was selected by coaches and the media to finish sixth in the BSC.

High Point's next home game is on Saturday, Nov. 21 at 7:00 p.m. in the Millis Center when the Panthers will square off against Hampden-Sydney.



Nick Barbour, a sophomore guard, pulls up for a jumper against Wake Forest on Nov. 18. Four days prior, Barbour shot 10-for-11 against UNC Pembroke.
Photo by Jeremy Hopkins.

Students taking sports broadcasting to the EDGE

By **Jessica Ryan**
Staff Writer

Many people dream of being able to make a living out of broadcasting sports for television and radio, yet never are able to fully learn firsthand how much truly goes into the process.

A new program of sports media and communication at High Point University has been developed and created to provide students with the opportunity to gain valuable knowledge in the field of sports media production. The EDGE broadcast network is a relatively new program, established in 2007, that has allowed students to become more involved in the area of media and sports broadcasting production at HPU.

The Big South Conference asks member schools to send live video streams to the website's network, EDGE, to allow people to watch the games from their computer. While a school can get away with simply placing a wide shot camera along the sidelines,

High Point's student broadcasts go above and beyond.

At a game, the sports broadcasting crew will usually have three students as camera operators along with several other students participating in a number of areas in the production process, like play-by-play or color commentating, directing, and audio and technical control. Students also work on graphics, interview coaches, and make highlight reels for future pre-game shows. This program is able to give students experience that can assist them with their future goals.

When asked about his future and how this program will help, one student in the program, Pat Stein, said, "Being a part of High Point's productions for the Big South Network will give me the hands-on experience I'm going to need that will give me a competitive edge over

other people looking to go into the same field I am."

Dr. Jim Trammell, a media productions professor who works with the crew, feels that this is a "legitimate real world experience" that will help

students the experience they need for whatever they wish to do in the future.

For students like Matt Perry, a sophomore who also participates in sports talk radio on HPUR, the broadcasting crew is also a learning experience. "You can watch games and try to learn from that and I can take every single production class on campus, but this experience just gives it a whole new feel." Perry also described his opportunity to do play-by-play for the broadcasts as a dream come true.

Unlike years in the past, this year the sports broadcasting crew is run by both the athletic and communication programs. Many of the students are, but aren't limited to, studying majors in these departments.

After the home volleyball season recently concluded, the broadcasting crew received feedback from parents about the quality of their broadcasts. With these new standards to live up to and the start of basketball season, the sports broadcasting crew has much work on their hands, but the program is creating opportunities never before seen at HPU.

EDGE facts

- student commentators
- professional audio/video equipment
- cooperative effort between Qubein School of Communication and Department of Athletics
- <http://www.bigsouthsports.com>



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 SIGN UP FOR OPEN MIC NIGHT!

The start of KAY Week!

2 Sign up for the Comedy Night at
The EXTRAORDINAIRE Cinema

3 IDS Event Today
IDS Event-Greensboro Symphony
Hayworth Fine Arts 7:30pm
Professional Dress Required
Design a cupcake
Slane Café 10:30am-2pm
VS. WINSTON SALEM STATE 7PM

4
Worship Service Hayworth Chapel 5:30pm
C.A.T. OPEN MIC NIGHT

5
SGA
SGA Meeting Phillips 120 7pm

6
C.A.T. BINGO NIGHT 9PM
VS. GARDNER WEBB 7PM

7 Admissions Open House
VS. UNC ASHEVILLE 2PM
Pi Kappa Alpha Jimmy V Golf Tournament
Idiot Box Comedy Night

8
KAY Thanksgiving Collection 15th-20th (see your SGA emails for more information!)

9
Sign up your team for the Scavenger Hunt

10
INTERESTED IN TWILIGHT SERIES? DON'T FORGET TO SIGN UP FOR THE NEW MOON PREMIER!

11
Worship Service Hayworth Chapel 5:30pm
LAST GUNIC STANDING
Comedian Adam Hunter 9pm

12
C.A.T. KARAOKE
Big South Men's Tournament 7pm

13
CATFLIX
Big South Men's Tournament 7pm

14
Kappa Delta Shamrock-A-Thon
C.A.T. SCAVENGER HUNT

15
SORORITY INTEREST MEETING
Big South Men's Tournament 7pm

16
Don't forget to give blood tomorrow!

17
Red Cross Blood Drive
THANKSGIVING FEAST
Slane Café

18
Worship Service Hayworth Chapel 5:30pm
TAKE YOUR PICTURE WITH THE NUTCRACKER

19 IDS Event Today
IDS Event-HPU Theatre-Little Shop of Horrors Hayworth Fine Arts 7:30pm
SGA
SGA Meeting Phillips 120 7pm
C.A.T. Goes to see New Moon

20 IDS Event Today
IDS Event-HPU Theatre-Little Shop of Horrors Hayworth Fine Arts 7:30pm
C.A.T. KARAOKE

21 IDS Event Today
IDS Event-HPU Theatre-Little Shop of Horrors Hayworth Fine Arts 7:30pm
CAT THE YOUNG AND THE STRESSLESS

22 IDS Event Today
IDS Event-HPU Theatre-Little Shop of Horrors Hayworth Fine Arts 2pm
FRATERNITY INTEREST SESSION 5PM-7PM

23 IDS Event Today
IDS Event-Thanksgiving Program Hayworth Fine Arts 7pm

24
DEPARTURES FROM THE CROSSING
Greensboro - Shuttle to depart from McEwen Crossing every hour on the hour
Charlotte/Raleigh - Email itinerary to transportation@highpoint.edu
*Shuttles will depart from The Crossing

26
THANKSGIVING

27

28
HPU IS THANKFUL FOR OUR WONDERFUL STUDENTS!

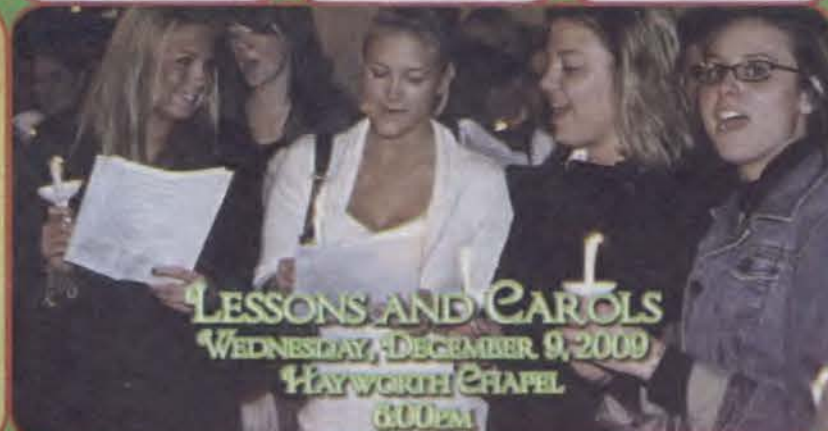
29
SHUTTLE RETURNS
Greensboro - outside U.S. Airways baggage area every hour on the hour noon to 10 pm
Charlotte - ZONE 8 baggage claim at 9 pm
Raleigh - Shuttle will arrive at 8 pm and wait until 9 pm and return to campus from the TERMINAL A baggage claim 1, 2, 3
Thanksgiving Break

CULTURAL ENRICHMENT SERIES

3 Greensboro Symphony
7:30pm - Hayworth Fine Arts

19 HPU Theatre-Little Shop of Horrors
7:30pm (Nov. 19-21) - Hayworth Fine Arts
2:00pm (Nov. 22) - Hayworth Fine Arts

23 Thanksgiving Program
7pm - Hayworth Fine Arts





Junior Robert Walker won Zeta Tau Alpha's Big Man on Campus competition for the second straight year. Read about it on page 9.

Campus Chronicle

High Point University

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Friday, December 11, 2009

Security measures tighten around university

By **Katie Nelson**
Opinion Editor

Last month, the Department of Security launched Project SAFEPC, which stands for Security Application For Effective Perimeter Control. This project has several features that are geared toward making campus a safer place for students.

One feature is installing additional fences on campus, like the one at the Village. They are referred to as fences because unlike gates, "Once they are closed, they are closed," according to Jeff Karpovich, Director of Security and Transportation. These fences will be installed at the entrances near Belk, Smith Library, and the Hayworth Fine Arts Center. They will run on a schedule similar to the one at the Village. The installation of these fences is to be announced at a later date.

However, starting next semester people will need to show their passports to use the university's shuttle system. Each student will also be able

to vouch for two people on the shuttle.

Also if you have visitors on campus, you will be able to get them a visitor's

own, you will be able to register it at the welcome center as well. This will commence at a later date as well.

three fold and there will be an increase in actual video cameras as well. These things will be accompanied by license plate recognition and a database of the vehicles on campus.

Six more blue poles, or care points, will be added on campus. These poles will be a bit different because they will have video cameras, blue strobe lights, and additional alerts. All of these things will be done to increase student protection. Many students have already seen the ground being prepared for the care points near Congdon and the library.

"Everything we do is oriented toward student safety," says Officer Walter Taylor. Students need to "be aware of their surroundings."

According to the Department, while High Point is regarded as a safe campus, there is no reason for students to let their guard down. Taylor and Karpovich repeatedly emphasized the practice of safe habits and caution. "Please give us a call. We will come with great haste and enthusiasm. If you see a loose step or burnt out light bulb call us," Taylor said.

The security officers want to make sure students are safe, as demonstrated by their future plans for campus.



The security gate at the Village is one of the new measures being implemented on campus this year.
Photo by Jeremy Hopkins.

pass right at welcome centers. This pass can be used for 48 hours. Also if you have an alternate vehicle of your

Technology will soon be more advanced on campus as well. The capacity of video storage will be increased

Warm winter wind wreaks Wednesday havoc



At top right, a fallen soldier from the International Promenade is seen toppled over from the wind storm on Dec. 9. At middle right, the Christmas tree at the University Center is shown before it fell. At left, the tree is seen after it was knocked over. Photos by Jeremy Hopkins.

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The opinions expressed by this newspaper do not necessarily reflect the perspective of High Point University students, administrators, staff or trustees. Signed columns, letters and cartoons solely represent the outlook of their authors and creators. Unsigned editorials, appearing on opinion pages, express the majority view of the staff.

Letters policy...

The Campus Chronicle urges readers to submit letters to the editor.

The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone number and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgment of the editors and advisers.

Mail your letter to: The Editor, Campus Chronicle, Box 3111, High Point University, High Point, NC 27262.

With changes coming, Chronicle seeks student feedback

Staff Editorial

The editorial staff of the *Chronicle* is preparing for some big changes next semester and we need your help. Staff changes, new layout, and a bigger emphasis on our website edition are just a few of things we are planning to accomplish for the start of the 2010 semester.

The primary goal for our future as a paper is more open interaction with you, the reader.

Our online edition of the *Chronicle* has an option for viewers of the site to register their e-mail addresses and post comments on all of our articles. Registering also allows us to send an e-mail for each new issue we put out.

We are strongly encouraging people to register and to leave us feedback on what we print. People don't seem to have too much of a problem sending us positive feedback with their names on it, but when it comes to the negatives, most of our comments and letters to the editor are all anonymous.

It seems safe to assume that the reason people don't like to put their name on negative feedback is because they don't want to be held responsible for people not liking what they have to say.

People have complained that we focus too much positive attention on the administration, the administration complains that we don't give them enough positive attention, people complain that we talk too much about what the students are doing, and other people complain about us not talking about the students enough. We love to hear it all.

First, it means that people are reading the paper. Second, it means that they care about what they are reading. Finally, it means that we can make our paper better.

The *Chronicle* is a student paper. It is written by the students, the primary target is the students, and we attempt to give them an outlet for their stories - what affects them, what they are doing, how they feel. We like to cover stories

about the administration when it's something that the students care about.

Though some faculty and administrators may not like opinions written by *Chronicle* staff, we are only reflecting the things we hear students talking about. HPU staff members, like the students, are strongly encouraged to send us their opinions and letters. If students have ideas of stories they want us to investigate or if they have events they want us to cover, we want those suggestions, too. We're happy to address legitimate comments from anyone.

What we won't address are blatant



attacks on writers or opinions expressed just to be attacking someone. If you have a legitimate complaint, you are encouraged to express it, but please do so in a tasteful and mature manner. Otherwise we won't let it be posted.

We also don't like hearing relayed messages of complaint to one staff member about something another staff member wrote. If people read a story they don't like written by one student, they tend to go to another writer to make a complaint. That's not really going to accomplish anything.

It's unfair for our writers to listen to criticisms for something they didn't have any influence over. The opinions expressed in this paper are reflective of the person who wrote them, not the whole staff. We try to convey general feelings of students around campus, but it's still that writer and the *Chronicle's* editors who can be held responsible for what is written.

The exception to this is the staff editorial. Staff editorials are always anonymous, not to avoid accountability, but to extend it. The topic of the staff editorial is voted on by the editors.

One of us writes the article, but it reflects what we all think, and we will all stand by it. If you take issue with a staff editorial you are encouraged to write a letter to the editor, either to our e-mail address, news@highpoint.edu, or on our website, www.campuschronicle.org.

Complaining to staff writers about the opinions of our editorial staff is generally futile. We are also unlikely to retract an editorial just because someone doesn't like our opinions.

This area in particular is where we focus on the opinions of the students and not just ourselves. If someone doesn't like what we write about, consider the student body as a whole and not just us. Or better yet, look at the problem we are trying to address.

The *Campus Chronicle* website is a great tool to express your opinions on what is reported in the *Chronicle*. To do so, all one has to do is register. As an incentive for doing so, we will be conducting a raffle in January, awarding gift certificates from local vendors. Registering for the site gives students an entry; insightful comments will give students additional entries.

We want to know from you what you think. Just let us know what you want us to cover and how we can make the paper better for you.

The Editorial Board approved this staff editorial, 9-0.



Pedestrian right of way isn't always the right way to go

By Katie Nelson
Opinion Editor

I have decided that the cause of my death will be directly related to my BlackBerry.

The other day I was texting and walking simultaneously around one of the fountains. When I looked up from my text, I was nose to nose with a black pick-up truck.

Both the driver and I were horrified by the incident. However, this is actually not an unusual incident for me.

I am one of those people who will blindly step out in front of almost any car on campus, in a parking lot, or any place where I see that the vehicle has enough time to stop for me.

My philosophy is that the pedestrian right of way will magically stop any car that would possibly harm me. No car should be in my way while I am trying to innocently cross the street to my

destination.

On the other hand, when I am behind the wheel, it seems that every annoying person who has ever existed will go out of his or her way to step out in front of my car and delay me from my expedition.

Why would people get in the path of my 2100 pound, flower-adorned, vehicle? Don't they know that's dangerous?

I know this is an incredibly contradictory way to feel but I can't help it. However, I think it is interesting that many college students also feel this way.

Walking around campus, you can see many people walking in the middle of the street aimlessly and driving through crowds of people. This phenomenon is certainly not limited to our campus.

When visiting my friend at UNC, part of my driving directions was "slow to 5 mph, because people WILL jump in front of your car." My friend was very correct in her directions because I almost had to come to a complete stop on Franklin

Street because of the pedestrian mass at a green light.

I think this attitude is limited to a small demographic though. Only college students do this. Most adults will usually follow traffic crosswalks and signals.

Additionally, when it is adults or children who are crossing in front of my car, I do not feel any frustration toward them. I cannot explain this other sensation other than to say that I think it is one of the codes of college.

Since a college campus is such a small demographic, I think it instills a sense of community that gives way to these bold moves. Or it could just be that as college students we are young and still see ourselves as indestructible.

Regardless of the reason, it is something that I believe to be a basic part of college life, and maybe we should post some signs as a warning for visitors.

Protesting gives students a voice

By Amanda Mayes
Staff Writer

"People should not be afraid of their governments. Governments should be afraid of their people." ~ V for Vendetta.

There was a different decade, a different time when I believe students truly cared about the world around them.

Governmental policies were of interest because students were aware of the impact laws had on their lives. Cries of "Hell no, we won't go!" and "Give peace a chance!" chorused on college campuses as students struggled to salvage their futures from a deaf government founded on the principle of responsiveness to citizens' demands.

First Amendment protections were used to protest involvement in Vietnam, support social equality, push for environmental awareness, and expose the plague of governmental corruption.

Driven by the strength of their ideas and the perceived justness of their cause, students faced the police, the possibility of arrest, and the condemnation and rejection of an older society in order to voice their beliefs and influence policy.

A range of pathetic factors are now combining to strangle the First Amendment and all but choke off student activism. Students of our generation have not been exposed to protests and the activism that swept the country in the 1960s and 1970s.

Yet students in Iran managed to find their voices to protest the 2009 Presidential election despite severe

restrictions on civil liberties and rights that prevent protests.

Finding and using our voices to bring positive change is something inherent in human nature. How have we managed to suppress this?

The First Amendment often becomes nothing more than a forgotten bullet

**"People should not be afraid of their governments. Governments should be afraid of their people."
-V, V for Vendetta**

point in notes from a high school Civics and Economics class: "Congress shall make no law... abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances." These words, dusty and frail from years of neglect, have become hollow.

Apathy and lack of political knowledge and awareness are always a lethal combination. Perceived or real intimidation by college and university officials, government or self-imposed censorship, and disapproval by the majority of society halt student activism before it can even begin.

The internet is a venue for release and protest, but visible, rather than virtual, protests are more effective because they arouse the sympathy or interest of the public and government. Yet there is hope for the future of student activism and the revival of the First Amendment protections.

University of California students conducted sit-ins in November to protest the recent thirty-two percent increase in tuition. Officials argue that it is necessary because of California's financial crisis.

Protesters argued this will make higher education unaffordable for some. Though the protests remained peaceful, several students were arrested for trespassing before they voluntarily ended the sit-ins.

Our generation finds itself in the midst of wars in Afghanistan and Iraq, an economic recession affecting our ability to find employment and afford higher education, debate over health care, an environmental crisis, and increasingly heated national elections.

There is no excuse for apathy or fear when our individual futures and that of our country are at stake. Find your voice and your passion and go about creating positive, peaceful change.

Straight Talk with Dr. Nido Qubein: Dealing with change in different ways



Change can be confronted with an air of resignation or of challenge. If you accept it with resignation, you're at the mercy of change. If you accept it as a challenge, change is your creative instrument.

Creativity is often assumed to be an inborn trait, but it can be learned.

Your creative energies often can be ignited by a two-word question: **What next?**

What next? Puts the ball in the future's court, and it calls for change. It keeps you from being married to an unproductive idea. You say, "This isn't working: **what next?**" and immediately your mind begins searching for another solution. It lets you build on your experiences:

"This method is an improvement over the last one, but it isn't quite what I'm looking for. **What next?**"

Knowledge is to creativity what a bed of coals is to a fire. It provides a reservoir of resources to keep the creative fires burning. So to develop creativity, acquire a thirst for knowledge. Read, travel and explore. Browse through libraries, book stores and magazine racks. Savor new places and new experiences. Share your knowledge with other people and ask them to share theirs with you. Don't be afraid to use borrowed ideas and borrowed methods. Be open to innovative thinking and innovative procedures, regardless of where they originate.

Change is challenging, stressful and often uncomfortable. To deal with it successfully, you need to be healthy in body and mind.

Physical fitness therefore is an important asset for anyone coping with change. It gives you both physical and emotional energy.

Good communication with peers is a source of emotional strength for dealing with change. You'll feel better when you're able to talk over your challenges and opportunities with people who understand them and who sympathize with you.

Set aside time to think about the changes you anticipate. If you understand the causes and probable effects of the changes, you'll be in a better position to deal with them.

Keep your perspective. Take a balanced approach. Confront the challenges, but find time to enjoy yourself too.

Cultivate a sense of humor. Humor is the pleasant lubricant of life. If you approach change with a sense of humor, you'll take the sharp edges off the adjustments and smooth the way for you and those around you. As Marianne Moore put it, "Humor saves a few steps, it saves years."

You can't deal with change by resisting it. You have to accommodate it.

Corporate chains are bad news for America

By Samantha Tuthill
Online Editor

There used to be a quaint, family-run Italian restaurant near my home in New Hampshire called Don Giovanni's. The food was always amazing.

Since it was small, the chef was rarely swamped with orders, so when he finished a table's meals he would go out and personally ask for feedback on what he had made. It was one of my favorite places to go out to eat and all of my birthday dinners with my family were celebrated there.

I came home for summer vacation after my sophomore year and called to make a reservation for my boyfriend and me to have dinner. I was really excited to show him all of the places I loved most since it was the first time he was coming to visit me at home.

The man who answered the phone when I called told me that their only opening was for that Saturday. He explained they weren't going to be there anymore after that and weren't taking any more reservations past that day. Since the food was so good and it had such a nice atmosphere, I just made the assumption that they were moving to a bigger location and weren't going to be open again for awhile.

However, when we went to dinner and were seated at the table by the co-owner, the chef's wife, she tearfully told us that they had been run out of business by a Carrabas that had opened nearby just a few months

before.

I have never been able to understand how people can choose chain restaurants over unique venues. Chains have prepackaged food that gets shipped from corporate warehouses and sits in boxes in freezers until people order a generic burger that they can get at any one of the characterless, cloned locations across the country.

The fact that one of the best restaurants I had ever been to had been closed down because people preferred to save an average of five dollars a plate for lower quality food is something I don't know how to wrap my head around.

Corporate chains are destroying the country. Wal-Mart executives have so much money that their great grandchildren will never need to work, but they still fight to have more stores built in small towns to continue growing their grotesque amounts of wealth. They know full well that their existence forces smaller stores out of business but they continue to build anyway.

True, in a capitalist society like America they have every legal right to build wherever they want and are able to pursue the opportunity to make as much money as they possibly can, but that doesn't mean it's the right thing to do. The argument can also be made that it isn't really the corporations that force mom and pop stores out of business, but rather the townspeople who stop being loyal to those places

and start exclusively shopping at Wal-Mart and Target that are to blame for their inability to stay open.

While they are not guiltless, chain stores are not the ones that should be held solely responsible for the downfall for unique, quality, family businesses.

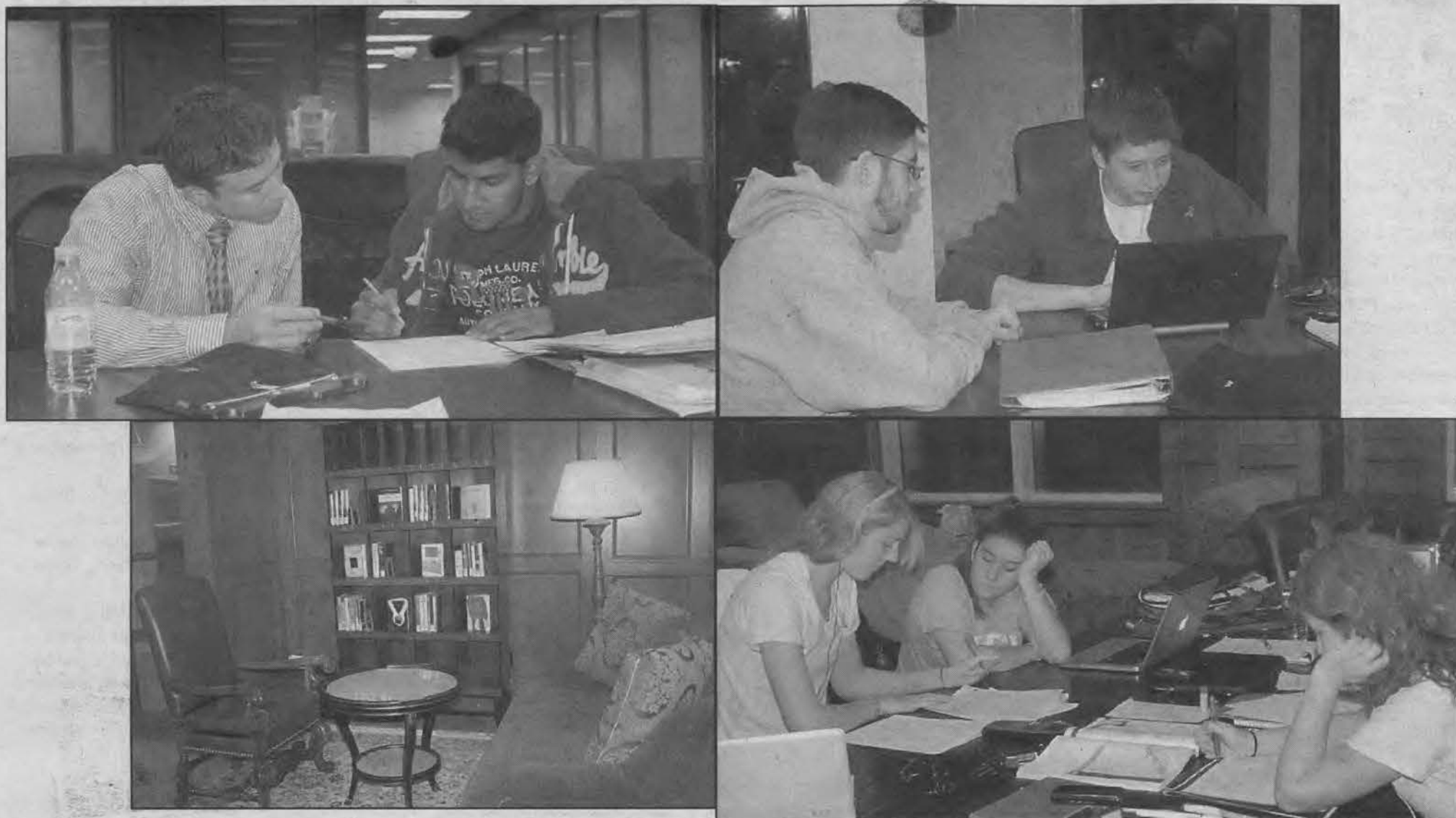
The real guilt lies in the regular American people who are willing to turn their backs on their neighbors to save a few dollars on cheaply made products that mostly take advantage of unfair foreign labor laws. It is our responsibility to support family businesses and to ignore the gimmicks and price tags of corporate chains.

We may be saving some money now, but how important will that seem down the road when the character and history are taken out of all of our small towns and is replaced by generic, bland stores and restaurants?

I'm guilty of it too, and I won't try to pretend that I'm not. At home it was always easy to support the local businesses and ignore the few chains that my town has allowed to enter our community.

As a college student, however, only having a very limited amount of money makes it hard to shop at any place but discount stores. I am urging students to make the effort where they can, however, to avoid the call of Wal-Marts and Applebees and support small businesses when they can. The character of our homes and our futures depend on it.

As finals week starts, students seek studying spaces



Clockwise from top left, Kevin Smith and Asfar Khan study in the Academic Services Center; Ryan McDonald and Steven Lineberger utilize the library's resources; Ali Nolan, Liz Smith, and Kelly Fennimore work on homework in the University Center's Learning Commons; a reading nook in the Learning Commons.

Photos by Jeremy Hopkins.

Staff Profile: Carrie Conrad

By Katie Nelson
Opinion Editor

There are always people who stand out in the crowd. These people usually have some unique facet to them that makes you pay attention to them.

At the Starbucks on campus, Carrie Conrad certainly sticks out of the crowd. She has done so since she first arrived, when Starbucks came to campus, nearly four years ago.

When you place your order, the first thing you notice is that she has plenty of green jewelry and accessories. The second thing you notice is that she is calling you "baby."

Conrad says, "When I first started working [at Starbucks] I started buying green to match my apron. I have two backpacks full of green stuff." Everyone now wants to buy Conrad green accessories and she has to say no.

As for her tendency to call people "baby," she says that comes from her time working with children, which she has done for over 19 years.

Before she worked at Starbucks, Conrad worked at Southwest Guilford High School, running the snack bar in the cafeteria. She was there for 14 years.

Conrad also worked as a teacher at the Head Start day care center and at St. Paul's day care. She worked with children ages three to five.

While at the day care centers, she drove buses and conducted field trips, among her many duties.

Conrad has two children who are 12 and 17. Her two daughters are a big part of her life. Taylor, the oldest, is beginning the process of looking at colleges in the area.



Carrie Conrad is noted for wearing her green accessories while working at Starbucks.

Photo by Jeremy Hopkins.

HPU's 'resident Shakespearian'

By Abby Wood
Staff Writer

When you first walk in his class, you notice a Coca-Cola bottle sitting at the front table, already halfway finished. The projector screen is on, with the day's lecture title splashed across it in old Edwardian style writing. His eyes are wide and lips are curled up as he reads on his computer screen the day's lecture schedule.

Without further ado, once the students take their seats, he begins his animated and enthusiastic lecture on the history and culture of William Shakespeare.

Jim Casey, an assistant professor of English and resident Shakespearian, has just started his second year of teaching at High Point.

Born in Dallas, Texas, and a rising scholar from the Universities of Texas, Alabama, and Allegheny College, Casey has met every expectation of gaining Shakespearian knowledge. Now, he hopes that students will rise to those expectations as well.

"There's only so much draw here, but I've had a lot of good response from the students," Casey said.

"I want students and peers to value the education here. I can see that our student body is progressing toward a much higher level," Casey said.

In the classroom, Casey challenges his students to use critical thinking in order to talk about the history and culture surrounding Shakespeare.

"We will talk about the practices and culture behind which Shakespeare made his mark on the world.

We have a lot to cover today, so please stop me at any time," he said in an upbeat and animated tone of voice to his class.

Casey said he knows some of the material for Shakespeare is tough, but the experience that stems from learning is meant to be enjoyable.

"Though we can never experience it the same way Elizabethans did, when you are learning it, I want you to enjoy it in the moment," Casey said to his students.

Matthew Schneider, chair of the English department, suggests that Casey has been an invaluable addition to his department's faculty.

Dr. Schneider said of Casey, "He is just the kind of teacher any university needs."

Tom Albritton, associate professor of English, described Casey as an active scholar and a very driven teacher who remembers the names of his students.

"He is very involved in the growth of the English department, and he is a very active and engaged English teacher," Albritton said.

With one year under the belt, Casey says he feels he has gotten to know the students and the system better.

"I can tell there is a big change in student population, because a lot of them last year did not want to do what I asked, but this year students are more dedicated to doing the work," Casey said. "There is a lot that students are holding on to, but I do think we are moving toward becoming a great university."



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MONDAY AND THURSDAY

Shuttles will take students to **Wal-Mart, Oak Hollow Mall, Target, and Harris Teeter.**

The shuttle departs from the Slane Center Trolley stop on the hour at:
6:00pm, 7:00pm, and 8:00pm

TUESDAY

Shuttles will take students to the **Palladium Shopping Center, Food Lion, Hobby Lobby, and Panera.**

The shuttle departs from the Slane Center Trolley stop on the hour at:
6:00pm, 7:00pm, and 8:00pm



CAMPUS SHUTTLE

Monday-Thursday	7:00am to 2:00am
Friday	7:00am to 4:00am
Saturday	9:00am to 4:00am
Sunday	9:00am to 2:00am

*Shuttle stops: Slane Center, Steele/Vert, Village and U'Ville.



HEALTH SERVICE

Transportation for health-related needs, including trips to doctors' offices or the pharmacy, is provided on demand. Students may notify either the Transportation Office (336.841.9113) or the Campus Concierge (336.841.4636) when they need service.

AIRPORT SHUTTLE SERVICE

We offer a comprehensive shuttle schedule as a convenience for our students. Shuttles travel to the Greensboro/High Point, Raleigh/Durham, and Charlotte airports for scheduled breaks. Additionally, we provide Greensboro/High Point airport shuttle service every weekend while school is in session. Students should submit their itinerary to the Campus Concierge at concierge@highpoint.edu. Once the student's itinerary is received, the student will receive an email confirmation indicating that a boarding pass has been reserved and can be picked up at any of the Campus Concierge locations. **The boarding pass is required to hold your reservation and will be collected as you board.**

EVERY WEEKEND

GREENSBORO/HIGH POINT AIRPORT

The Greensboro/High Point airport (GSO) is located 20 minutes from our campus. Shuttles will run each Friday at:
2:00pm, 5:00pm, and 8:00pm

Shuttles will pick up outside the US Airways baggage claim at GSO on Sundays at:
6:00pm, 9:00pm, and midnight

ACADEMIC BREAKS

GREENSBORO/HIGH POINT AIRPORT

Shuttles for scheduled academic breaks are also provided to GSO the last day of classes and the day after classes end. Departure times are:
5:00am - 10:00pm every hour

Shuttles will pick up outside the US Airways baggage claim at GSO the day before classes resume. Pick-up times are:
7:00am - midnight every hour

RALEIGH/DURHAM & CHARLOTTE AIRPORTS

Additionally, we provide shuttles to the Raleigh/Durham (RDU) and Charlotte (CLT) airports during scheduled breaks. Both CLT and RDU are approximately 1.5 hours from the HPU campus. These shuttles operate the following schedule:

Shuttles will depart from campus the last day of classes and the day after classes end. Departure times are:
6:00am, 10:00am, and 3:00pm

Shuttles will return students to campus the day before classes resume. Pick-up times are:
8:00am, 12:00pm, 4:00pm, 8:00pm, and midnight

RDU pick-up locations: Terminal A and Terminal B baggage claims 1, 2, 3
CLT pick-up location: Zone B baggage claim

All shuttles depart from The Crossing.

VALET PARKING

Students should call 336-841-9112 (available 24 hours a day) and a security officer will meet them at their parked vehicle and transport them to their residence hall.

PRIVATE CAR & TAXI SERVICE

The Campus Concierge is happy to recommend and arrange private transportation for students with taxi or town car services. We have negotiated discount rates and have the ability to have that cost billed directly to the student's account. For more information on this service, please contact the Campus Concierge at 336-841-4636.

*At High Point University, every student receives an extraordinary education
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Have yourself an alternative Christmas

By **Jen Paolino**
A&E Editor

If your parents' Christmas songs tend to grate on your nerves, listening to them year after year with what feels like absolutely no reprieve, then I've got nine alternative Christmas songs that are just right for you. Whether they are covers of old favorites or a band's crack at an original, these tracks will definitely put you in the Christmas spirit.

Band: Relient K
Song: "Silver Bells"
This Christian-rock powerhouse sped up the original and put their own pop-rock spin on a classic.

Band: My Chemical Romance
Song: "All I Want For Christmas Is You"
If you can manage to get past Gerard's relatively whining voice, you can appreciate this attempt to turn a traditional, poppy Christmas song in to one ridden with angst and possibly some regret.

Band: New Found Glory
Song: "Ex-Miss"
These punk-rock veterans tried their hands at an original, singing about how Christmas isn't all about love; sometimes you wish that maybe you hadn't 'spent so much time and money' on that special someone.

Band: Fall Out Boy
Song: "Yule Shoot Your Eye Out"
When the track begins, you may find yourself singing the lyrics to "Jingle Bells," but don't be fooled because there's nothing happy about this Christmas tune. All that vocalist Patrick

Stump wants is for you *not* to come home for Christmas this year.

Band: OK GO
Song: "Father Christmas"
The original may have been catchy already, but OK GO puts their clever alternative-rock spin on a song, updating it for even the youngest generations of music lovers to enjoy. Don't worry, moms and dads, you'll still recognize this track.

Band: Angels and Airwaves
Song: "Star of Bethlehem"
If you're looking for a way to chill out while still staying in the Christmas spirit, this ambient holiday tune is perfect for you.

Band: Bright Eyes
Song: "Silent Night"
Bright Eyes is known for his unique style of slightly hippie, slightly 'stoner' melodies, but he manages to tune it down a little when he remakes his holiday tune.

Band: Flyleaf
Song: "Do You Hear What I Hear"
Typically, the band is known for having such a tiny little vocalist who can scream her lungs out. This time, though, singer Lacey Mosley pulls back and serenades us with a peaceful version of this classic Christmas song.

Band: Jack's Mannequin
Song: "The Lights and Buzz"
Andrew and the boys provide us with a happy, but not-so-happy Christmas track that reminds us just what the holidays can sometimes be all about.

What's on your iPod?

By **Jen Paolino**
A&E Editor

Have you ever wondered what's on your teachers' iPods? Well here's your chance to find out.

It's that time of year again, where the sun sets faster and the air gets colder. Christmas lights twinkle in the early darkness and those first snowflakes begin to fall from the sky. (Well, we can all dream, right?) Holiday music quietly, but continuously plays from the speakers on the promenade. You can feel something in the air that doesn't exist during any other time of year.

Christmas is right around the corner, folks, and these four teachers were kind enough to give us the inside scoop on their favorite Christmas songs of all time.

Name: Dr. Jim Trammell
Song: "Merry Christmas, Darling"
Artist: The Carpenters

"It's not because the song itself is good. It's not because the song writing is solid or anything like that. It's a frivolous little pop song and it's disposable, and it is what it is for a pop song. But the production of it is phenomenal. If you listen to it and you listen to how well recorded all

of the parts are, all of the over-dubbing, how solid the entire production is put together, it's absolutely phenomenal."

Name: Dr. Bobby Hayes
Song: "Silent Night"
"I like the message behind the song. It represents what celebrating the holidays is really all about."

Name: Mike Nuckles

Song: "O Holy Night"
"My favorite Christmas song puts the 'class' in 'classic.' It's especially good when choirs sing it, but contemporary artists such as Mariah Carey and Celine Dion do okay as well. My favorite songs have complex rhythms and broken chords prominent in them, and 'O Holy Night' contains both of these features!"

Name: Kristina Bell
Song: "White Christmas"
Artist: Bing Crosby
"My dad loved Bing Crosby and when I was younger I did too. It reminds me of being a kid."

Name: Martin Yount
Song: "We Three Kings"
Artist: Reverend John Henry Hopkins, Jr.
"Basically, I like the song because my band plays a version of it in a jazz format."



It's the thought that counts: holiday gifts on a budget

By **Alaina Farrish**
Staff Writer

It's that time of year again. The Christmas trees are up, the garland is strung, and everyone is walking around buzzing from the Starbucks they downed to stay awake for class. The library is filled with the sounds of clicking, with students typing away to write their last minute papers and finish that final bit of senior seminar. Not to mention the sky rocketing sales of Adderall. Yes people, it's the holidays and I'm here to help you with gift ideas

for friends, family, and even that girl you're trying to hook up with.

Let's face it, this time of year is hectic and with all those late night trips to McDonald's we're all broke. So, here are a few suggestions for gift and party ideas that won't break your budget.

Secret Santa is a great way to save if you have a large group of friends you want to buy for. Get together, draw names, and try to keep it a secret until Christmas.

Set a budget. You may be embarrassed to bring up the idea of a budget to your friends, but don't be!

We're all college students and most of us are in the same boat financially. Girls, hit up Hobby Lobby on Eastchester and make something creative and fun. Guys, run by Spencers and pick up a gag gift.

Got a "techy" friend? Great gifts under \$25 include laptop removable stickers, custom skins for your iPhone, or a year subscription to a video game magazine.

Need ideas for your girlfriend? Dude, ASK HER! Girls can be picky, so don't be afraid to do some investigating. If she's one of those types that say, "I don't need a Christmas gift, you're gift enough,"

she doesn't mean it. Go for a universal gift like a gift card to her favorite store, jewelry, Target rain boots (for this dreary weather we've been having and for the hopeful snow to come), or an ID wallet for her passport.

Last, but not least, if you just want to have good free fun, host a party. Offer up the idea to your friends that instead of gifts this year, you just want to get together and have a holiday celebration. Make it themed, like a "Christmas Sweater Party" or a costume party.

Remember the old adage, "It's the thought that counts."

Classic game returns in time for Christmas

By **Domenique Black**
Staff Writer

Christmas time is now upon us and as you're finalizing your Christmas list, you might want to add just one more game. Hopefully you have a Nintendo Wii. Nintendo has brought back an old title with a few changes, *Super Mario Bros. Wii*. This game brings back the classic 2D feel of the older NES Mario games with smoother graphics. This version veers away from the 3D world that has been seen in *Super Mario Galaxy*.

Super Mario Bros. Wii gives the same

storyline: Peach has been kidnapped by Bowser, and it's Mario's mission to save her. Just as in all previous versions of this game.

The game introduces a super guide if players need help in getting past a certain part in the game. They can watch a video that will guide them safely through the level they are in.

This game also offers multiplayer gameplay. There are two multiplayer modes. Believe it or not, the story mode of this game is actually multiplayer as well. So there are no spectators while playing this game.

Holiday video games: the best of 2009

The Beatles: Rock Band
Available for Playstation 3, Xbox 360, Wii

Forza Motorsport 3
Available for: Xbox 360

Brutal Legend
Available for: Playstation 3, Xbox 360

Saw
Available for: Playstation 3, Xbox 360

Tony Hawk Ride
Available for: Playstation 3, Wii, Xbox 360

Call of Duty: Modern Warfare 2
Available for: Playstation 3, Wii, Xbox 360

HPU Radio is looking for people interested in broadcasting.

If you are interested, email hpradio@highpoint.edu

It's not always size that matters: small venues provide great shows

By **Samantha Tuthill**
Online Editor

I love music. I love listening to it, playing it, and singing along to it as long as I'm sure no one else can hear me. I also love hearing it live, and without a doubt the best way to do that is at small venues. Cat's Cradle in Carrboro is a great little venue, as is the Orange Peel in Asheville, though that is a bit of a drive from High Point. Most recently I went to a show at Greene Street Club in Greensboro to see Breathe Carolina.

The show was early. The first band went out around 6 p.m., and an entirely separate concert was planned for 10 p.m. This meant that as we waited in line, we were surrounded by preteens getting dropped off in actual wood paneled station wagons and handed twenty dollar bills from their mothers to buy t-shirts. Being that we had been in that position at one point in our lives we tried not to be judgmental, but once you're not 14 anymore it's hard to ignore how irritating 14-year-olds can be. Especially the kind of 14 year old at this show, the scene kid.

Regardless, the show cost \$12 in advance and \$14 at the door, and I love Breathe Carolina, so I was excited. The best part about going to small shows is that most of the time the band members

themselves run their own merchandise tables. It's a great way to get to know them and when they start to make names for themselves down the line, you can remember sitting around talking to them when they were first starting out. That's how I met some of the members of Margot and the Nuclear So & So's in Asheville. They were opening for Motion City Soundtrack and a friend and I drove the three hours to see them. We were the only ones who knew any of their songs and they were so excited to hear I had actually heard of them when I went over to buy a shirt, let alone had come just to see them. I'll probably never get that chance again as they have recently started making guest spots on the late night TV circuit. That's also how my boyfriend got to know Dave and Kyle from Breathe Carolina. After a small show in Pittsburgh he went out with his friends and ran into the band at a bar where they sat all night talking. Now they tell him whenever they're coming to a show near him. As they grow more of a name for themselves it gets harder for them to have the time to hang out with us after shows anymore, but it's always fun to sit there and think, "Hey, I kind of know that guy."

Small venues also have amazingly cheap prices. We saw five bands for \$12. Even if you've never heard of someone

before, what do you really have to lose by showing up at a small venue and buying a ticket for whatever is playing that night?

This show in particular was amazing, though some of the opening acts left a little to be desired. Fight Fair was up first. Originally from San Diego, they sang such original ideas as "I want a California girl," and had deep and poetic lyrics like "I've got a secret, I've got a crush on you." They had brilliant social commentary too, referencing things like MySpace and their love of skinny jeans. They also kept dedicating their songs to "all the hot girls out there," which made me uncomfortable given that the average age of the girls in the room was probably fifteen. Instrumentally they had some decent breakdowns, but it was ruined every time they opened their mouths.

Stephen Jerzak was also pretty horrible. He sounded like Yellow Card, which was not what I expected to hear playing with BC. He also did a Taylor Swift cover without any kind of irony, which I didn't really understand. Nothing against Taylor, but that's not what should have been played at this show.

I was nervous about Kill Paradise when I noticed that the three members of the band were two vocalists and

then a laptop with iTunes opened on it for their prerecorded background music, but they were actually really entertaining. They had personalities and their songs were really good. They came down into the audience after their set because there was no room for them to go anywhere else since the backstage area was so small. They kind of hovered near the sides, which was good because that's where the bar was, and therefore that was where we were as the apparently only above 21-year-olds who weren't there as parent chaperones.

I also got to talk to the lead singer of Cash Cash after their set, which was also really entertaining. They did a cover of "Fire on the Dance Floor" and had everyone make a circle for a dance off. It was a little cheesy but it's always good to see a band that likes to interact with their audience.

Breathe Carolina was amazing, as was to be expected. Their music is fantastic and the band members are incredibly personable and down to earth. This was their second time in Greensboro this fall, so I'd be surprised if they didn't come back again next semester. Be sure to be on the look out for them and check out Green Street Club, Cat's Cradle, and other small venues.

Students design 'fine clothing with southern hospitality'

By **Kimberly Mannino**
Staff Writer

When Nicholas Ruden, Steven Beck, and Jeremy Hiatt entered High Point University, accompanied by friend Zachary Moore of East Carolina University, they never thought they would be departing with a fulfilled dream of creating their own clothing line, Port Southern.

The line began on September 1, 2008 when the four friends came together with an instinctual idea, keeping in mind the three important ideals of a desire to better their community, pride for the South and their hometown, and the hope of creating an elite clothing line of high-quality men's essentials.

Before these men began creating Port Southern Clothing, they led everyday college lives just like the rest of us. Each of them seemed to already have a feel of what it would be like to

hold a position of authority. Steven Beck was a student assistant for the men's basketball team. He began his freshman year and continued to work with them until late 2008. Nick Ruden was head of the College Republicans group at High Point University and spent most of his time working with politics. Jeremy Hiatt had high hopes of becoming an accountant; as one of the heads of the Business Interest club, he was well on his way. Last but not least, Zachary Moore was a club hockey player for East Carolina.

As roommates, Steven and Nick shared a common bond to start working together on this business venture; being good friends with Zachary, he was in for the ride and not to mention the team's new accountant.

Port Southern's slogan is "Fine Clothing with Southern Hospitality." In order to create the fine clothing with the southern hospitality nestled inside,

a long manufacturing process needs to take place.

"It all starts with the designing of a garment or article of clothing, which is done by my input along with my other partners as well," says junior Steven Beck. "We are all southern gentlemen, and some people would say that there is a certain southern style. This we obviously cater to with the types of garments we are coming out with and the colors we are using."

The first garment and the keystone product, the Southern Hospitality Polo, was designed for boating or yachting.

"First we design the article of clothing; after that, it goes through a 10-week manufacturing process in California. We then receive it after those 10 weeks and put it through a final assembly process located here in High Point," senior Jeremy Hiatt explains. "Once that process is complete, they are ready to be sold over the internet

and also at small men's and women's boutique shops such as Lindsay Odom, Ltd. in High Point."

Port Southern Clothing officially kicked off the start of its new clothing company in high style with a launch party and presentation on the High Point University campus. The event was held on Nov. 10 in the Plato S. Wilson School of Commerce ballroom. Included in the event were featured items from the new company such as private label hats and men's polo shirts. The group also spoke about the charitable component to their company at the launch party.

The friends began the Pineapple Fund, which will work with the High Point Community Foundation to help give back to the needs of the greater High Point community. Port Southern will hold an annual fundraising event, The Pineapple Bash, to help raise money for the nonprofit organization.

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Staff Reporter
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Students take the plunge



Students participate in the First IFC Polar Plunge: Freezin' for a Reason.

Photo by Jessica Ryan.

By **Jessica Ryan**
Staff Writer

If being awake at 10 a.m. on a Saturday wasn't a big enough sign that they cared, a large group of students took it an extra step and participated in the first Polar Plunge on Saturday, Dec. 5.

This event, sponsored by High Point University's Interfraternity Council, was created in order to help raise money for the Salvation Army. Students were asked to run (or walk) a 3k track mapped out starting at the basketball court outside Slane, looping around

the parking lot at the track, circling the fountain at the OA Kirkman entrance to campus, then back, giving students the option to jump into the pool next to Slane.

Many of the students who took part did not seem to be fazed by the rainy, 45 degree weather, but it made jumping in the pool seem like less of a good idea for some. Those who originally planned on jumping, or were being forced to jump with their friends, decided against it after realizing how cold it was when they arrived in the morning. However, everyone was concerned with helping out a great cause regardless of the weather.

When asked why she was taking part, sophomore Mary Chong said, "I thought it would be cool to do. It's a great way to support IFC and help out the Salvation Army." Keri Fleishman added to that by saying "The t-shirts are pretty cool too."

Freshman Russell Eurillo also added, "Being this was my first time doing anything like this on campus I really did not know what to expect weather wise. Yeah it was cold and wet but that is what made jumping into the pool worth it!"

Russell also seems ready for the next plunge stating, "I had a blast! I would jump again if I could."

New Philosophy Club joins HPU

By **Lizzie Cothran**
Staff Writer

This semester, SGA opened its doors and welcomed the Philosophy Club to High Point University. Although the club has been active for a few years, it was just recently chartered with SGA, giving the club an opportunity to take things in a new direction.

The club is open for majors and minors of philosophy as well as anyone interested in finding out more about the subject. Clay Stradley, president of the club, finds that the club could be a big benefit for those studying philosophy because classes only cover a set syllabus. "In the meetings, we get to

talk about philosophical issues more in depth," he explains.

Currently, the club is trying to get more students interested and, as a result, have increased attendance at its events. Current members have attended speaker engagements at other nearby universities. Recently, the club has attended events at Wake Forest and Duke University.

Stradley hopes that in the future, with a bigger club, the club will be able to invite philosophical speakers to our campus. He believes that gaining more members would be "great for the club but would also be beneficial to the university."

The club meets every two weeks

to discuss topical studies dealing with philosophy. Each meeting has a different theme and gives the members a chance to talk and share ideas with others who are interested in the same subject. Although they are philosophy based, the club makes it easy for even non-philosophy majors to keep up with the conversation.

If interested, Stradley invites anyone to show up to a meeting or send him an e-mail (stradh05@highpoint.edu). To find out more about the philosophy club, just visit its website, hpuphilosophyclub.webs.com, which was put together this semester to inform people of club information and keep members updated.

SGA:

Student's Senate

Bills Passed:

- SIG Dodgeball Tournament
- SGA Appreciation Dinner

Last Meeting:

- Hillary Kojko gave help promoting organizations events

What's Next?:

- Expect more themed meetings every week from SGA next semester
- SGA E-mail is back

Get Involved:

- E-mail SGA at sga@highpoint.edu
- Meets bi-weekly Thursday at 7 p.m.

Big Man on Campus... times two

By Christina Ferraiolo
Staff Writer

Robert Walker proved he was truly worthy of the title of Big Man on Campus as he was crowned with his second title on Dec. 9 at the Zeta Tau Alpha fundraising event for breast cancer prevention. Moments after his triumphant back-to-back victory, it quickly became clear that there was a lot to learn about the man behind the crown.

Next year's Big Man on Campus certainly has big shoes to fill, that is, if Walker neglects to go for round three. Walker, a chemistry-business

major brings new meaning to the term well-rounded, holding the position of

Vice President of Kappa Alpha Psi Fraternity, Attorney General for the Inter-Fraternity Council, a University Ambassador and a Toccatoe.

Walker seems to possess the same enthusiasm for life on campus as he does for getting involved. When asked what he liked best about HPU he replied without hesitation, "My favorite thing about High Point University is the atmosphere here. On normal days it is really hard to be really sad with all of the great things we have going on here. Every

break that we have, I am usually dying to get back here." Walker does have

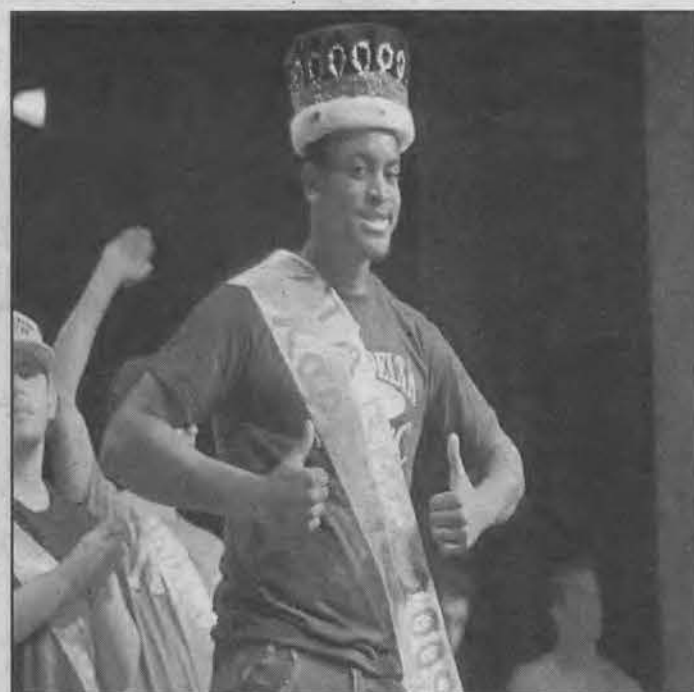
a little constructive criticism to offer the school as he admits the parking structure could use improving, an opinion he shares with many students, but otherwise he has no complaints.

Walker, a self-proclaimed "dork," regarding his appreciation for word games, trivia, and Sudoku, appears to exercise his body as much as he does his mind, describing working out as a "release from the rest of my day." The current man of the moment on campus seems to have a clear view of the future. When prompted with the question of where he might be in five years, Walker responded, "I see myself hopefully with a job I love in pharmaceutical sales in a little suburb, getting ready to start a family."

So who is the inspiration behind this



Robert Walker representing Kappa Delta. Photo by Johnathan Jones.



Robert Walker crowned Zeta's Big Man on Campus for the second year.

Photo by Johnathan Jones.

well rounded young man? "My mom inspires me every day. She raised me all by herself, and I watched how strong she had to be and it really puts my problems into perspective," Walker said.



Zeta's Big Man on Campus had 13 contestants competing to earn the title. From talents to swimwear, the guys showed their stuff, working together for the common purpose of raising awareness for breast cancer.

Photos by Johnathan Jones.

Leadership class memorializes student's sister

By Laken Stinespring
Staff Writer

Corey Gilger was just like any other 14-year-old child. She was active and courageous, and had dreams of becoming a nurse when she grew up. But unlike most children, she did not get to achieve her dream.

Corey died of non-Hodgkins' lymphoma on May 16, 2009.

Casey Gilger, Corey's older sister, decided to start a fund with Corey that would help other children like her.

Dr. David Bergen's Leadership Development class always chooses a project each semester that demonstrates leadership and makes an impact.

This semester they chose to help Casey, a junior at High Point. "Corey

wanted to make sure that the kids at John Hopkins that were sick like her were taken care of, so when she came to me and asked what we could do, I automatically thought we should hold a fundraiser," said Casey.

Casey decided to continue the fund, The Corey Gilger Fund, in remembrance of her sister.

"From there the Corey Gilger Fund came to life, and although Corey is no longer with us, her legacy continues through this fund," said Casey.

She was successful in bringing in money for the fund, but did not realize how much work starting a non-profit organization would entail.

She wants this organization to be just as big, if not bigger than the Susan G. Komen Foundation. That is where Bergen's class came in.

"Leadership is about being collaborative, goal oriented, and making a true difference and my class has embraced all of these elements in a truly amazing group project," said Bergen. "Their efforts will have a significant positive impact with many individuals far into the future."

The leadership class split into three different groups. One group is focused on creating a press kit and logo. The second group's job is to help design templates for Casey's website, while the third group is responsible for bringing in a non-profit panel that can answer Casey's questions.

The class also designed a mission statement for The Corey Gilger Fund, which is as follows: "The Corey Gilger Fund is dedicated to making a lasting, positive change in the lives of

children and their families who have been diagnosed with non-Hodgkin's Lymphoma, as well as other cancers. This fund provides families with monetary support for treatment and relief from financial burden, creates awareness and offers support. We create hope and develop a social network on which people can rely on."

"The Leadership Development class has been extremely fundamental in helping form a direction and with the initial growth of the Corey Gilger Fund," said Casey. "Their hard work and dedication will shape the pathway that leads us to help as many families and children that need us. Their efforts will forever be evident in the initial structure of the Corey Gilger Fund."

Rocky start does not represent level of play

By **Steven Haller**
Sports Editor

Women's basketball at High Point has gotten off to a bit of a rocky start this season, but head coach Tooey Loy has planned one of the toughest non-conference schedules the team has ever seen.

The five losses the Lady Panthers have, as part of their 2-5 record through Dec. 8, were all away against tough non-conference opponents, but that could play to High Point's advantage once the Big South Tournament comes around.

Coach Loy's rationale for setting up such a tough schedule is that by playing elite teams, High Point will be more competitive, better prepared, and more likely to garner success during conference play, the Big South Tournament, and ultimately the Big South Championship.

Loy says the team goal this season is to win the Big South and earn a bid to the NCAA tournament.

The only non-conference games the Lady Panthers have remaining are at home, and then conference play will begin on Jan. 2 at home versus Charleston

Southern. Then, it can be determined if the strategy employed by Coach Loy worked.

In addition to constructing a rigorous schedule, Coach Loy has a specific style of play that he has been coaching his

players to use throughout his coaching career.

Loy explains, "We play a full-court man-on-man style, and we are a very fast, athletic team." He elaborates, "We try to wear other teams down with this technique."

The leaders on the court carrying out this strategy are Shamia Brown and Amy Dodd. Brown leads the team in scoring with 10.4 points per game through seven games.

However, according to Coach Loy, Dodd is the best all-around player, who in addition to her 65 points also has 17 assists and 15 turnovers.

The defensive leader is Mackenzie Maier, who leads the team with 12 blocks through seven games this season.

As far as team captain Whitney Tarver goes, Loy says, "She may not have many minutes, but she is definitely the locker room leader who keeps everybody focused."

These leaders all work with each other to exemplify the short, yet meaningful team slogan this year: "Together."

According to Coach Loy, the team undeniably has great individual talent, but great teams stick together, support each other, and push each other to reach their full potential every day. It is a slogan that the Lady Panthers use quite often, including before and after games, during practice, in the locker room, and even in the huddle almost like a battle cry.

With Coach Loy's strategy, the tremendous amount of talent on the team, and the mentality of togetherness, the Lady Panthers are poised to attack the rest of the season on their way to reaching their goal of earning a Big South Championship.



Amy Dodd, a junior forward, cuts left to keep the ball out of the defender's reach on Nov. 21 versus UNC-Greensboro. Photo by Jeremy Hopkins.

Athletes finish in record time at the Liberty Kickoff

By **Steven Haller**
Sports Editor

The Indoor Track and Field season officially began last week on Dec. 3 at the Liberty Kickoff.

To headline High Point's early success, Manika Gamble, Alex Fisher and Christina Fenske each won first place in the women's and men's 60-meter hurdles and the women's high jump, respectively.

In addition to winning their events, the hurdlers, Gamble and Fisher, each earned personal records. Gamble finished in a blistering 8.78 seconds, while Fisher ran an even more incendiary 8.37 seconds. Fisher also earned a personal record in the 60-meter dash, completing the race in just 7.41 seconds. In the same event, Justin Conaway placed fourth with a time of 7.05 seconds. Fenske cleared 5'5" to win the women's high jump.

Another key record was in the High Point women's pole vault, which was broken by Rachel Webb with a 9'6.25" vault that earned her a ninth place finish at the meet.

Three other Panthers earned personal records in their event. Eric Lonon ran 27.27 seconds in the 200-meter dash, Cara Boatman threw 37'5.25" in women's shot put, and Ben AuYeung threw 30'1.5" in men's shot put.

The team has garnered early success, but there is still a long season ahead and considerable competition for the Panthers to overcome if they want to win the Big South.

"Our goal is to be one of the top two teams in the Big South and qualify a few athletes for the national meet," proclaims head coach Mike Esposito.

He goes on, "Our biggest competition in the Big South is Liberty on the men's side and Coastal on the women's side. Both of those teams have so much depth and it really makes them the dominant teams in the conference. Just a couple athletes that could go to the state meet include Jesse Cherry for distance races and Manika Gamble for the 200 and the hurdles."

Like in cross country, there are no official captains, but the senior leaders fill a similar role on the team.

Joya Canfield and Geneva Winterink continue to lead the women's distance runners and Josh Morgan and Jesse Cherry lead the distance men.

On the sprinting side, the leaders that have emerged are Manika Gamble for the women's side and Justin Conaway for the men's side.

These are the athletes who are motivating their teammates every day and setting a good example for their fellow Panthers.

In doing this, the leaders on the team really exemplify the team's slogan: "Taking Care of Business, Living the Life."

This refers to performing well in competition, but also doing the necessary things off the track to stay in good condition all season.

The athletes of the High Point Track and Field team will be following this all season long as they get closer to achieving their Championship goals.



Manika Gamble, a junior hurdler, practices her form on a cold and wet Dec. 8 afternoon. The track and field team practices in all weather. Photo by Steven Haller.

High Point drops road contest to rival Winthrop

By Steven Haller
Sports Editor

The High Point men's basketball team has managed to stay just above par with a 4-3 overall record after a disappointing loss to archrival Winthrop last Saturday.

"The thing about Winthrop is for so long they were the cream of the crop in the Big South having won the automatic bids for so many years in a row," explains sophomore Matt Perry, a former manager of the men's basketball team.

Perry continues, "For many years, Winthrop dominated the series against High Point, and HPU was never able to surpass the giant that was Winthrop."

"Then, two years ago HPU beat Winthrop at HPU. It was an epic game where the students stormed the floor. That was the pinnacle of the rivalry."

"Then, last year HPU beat Winthrop twice for the first time, including the first win at Winthrop."

"On top of that former Coach Lundy did not like Winthrop coach Greg Marshall, and both schools tried to recruit the same kids. For example, Steadman Short was a highly sought after recruit who, at the last second, turned down Winthrop and chose HPU even though he transferred at the end of the year."

Saturday's game marked a new chapter in this bitter rivalry, and unfortunately it was not one that HPU will look back on fondly as the Panthers fell, 82-68.

The score remained very close throughout the game with both teams connecting on 26 shots from the floor, but the foul-calling was the confounding variable that ultimately led to High Point's tragic demise.

Winthrop drained 21 free throws of

the 29 they were allowed. Conversely, HPU only shot 10 free throws and connected on six of them.

So, despite Nick Barbour and Eugene Harris leading the Panthers in scoring with 17 points each and the defensive performance of Cruz Daniels, who had three blocks, High Point was unable to tack on one more in the most important statistic: the win column.

is to put full-court pressure on our opponents defensively," explains head coach Scott Cherry. He continues, "We also plan on running in transition, which plays to one of our main strengths: speed."

HPU is playing at a high defensive level, averaging 21.9 defensive rebounds, 17.7 takeaways, 3.4 blocks, and 8.4 steals through seven games.

team and we are going to work hard in everything that we do on and off the court," said Cherry. "That is going to be the foundation we establish for the program this season."

According to Cherry, the team slogan this year is "Believe and Trust." This means that the players need to believe in their strategy and philosophy, and trust that it works.

It also means the players must believe in the team as one cohesive unit and trust in one another. The players must trust that all of them will back each other up in any situation, whether it is during a game or not.

Leadership is another important factor on the team. Cherry states that there is no one natural leader, but that there is more of a collective effort with each player bringing unique leadership qualities to the table.

For example, he cites Daniels and Harris as stepping up to that leadership spot that comes with being the two seniors on the team.

Cherry also recognizes Tehran Cox as the emerging leader on the court, being the main point guard, and David Campbell and David Singleton as the quiet leaders who primarily lead by example.

Cherry credited Corey Law as the guy who really energizes the team, his only explanation being, "He's got a lot of sugar in his system, I guess."

Coach Cherry sums up what he tries to communicate to his team every day by saying, "No matter what it is you do, do it to the best of your ability, and you will get great results."

With a mentality like that, and the abundance of leadership qualities throughout the team, it seems that the Panthers have a season ahead of them just brimming with success.



Corey "The Air Up There" Law, a redshirt freshman forward, flies toward the basket for a dunk on Dec. 5 during the team's game at Winthrop.

Photo by Jeremy Hopkins.

The Panthers may have to work on minimizing the amount of fouls they commit, which can be difficult when the team mentality is to play tight and tough defense.

"One of our main focuses this year

So, the defensive mentality and natural quickness that the Panthers have is paying off in that sense. But according to Cherry, the season is about something more than statistics.

"We want to be the hardest working

Panther Profile

Nick Barbour (Guard) Men's Basketball

Hometown: Danville, Virginia

Year in school: Sophomore

Major and career plans: Gaming and Media Interaction

Favorite thing to do when you're not playing basketball: Dirtbiking. I have a 1300

Most memorable basketball moment at HPU: Scoring 10 three pointers at the beginning of this season

Interests/Hobbies: I like playing video games and just hanging out



Sophomore Nick Barbour on Nov. 18 at Wake Forest.

Photo by Jeremy Hopkins.

Favorite Quote: "Believe and Trust." -Coach Cherry

Favorite Celebrity: Lauren London (actress and model)

One thing you could never live without: I could never live without junk food; Sour Patch is the best

Greatest motivation when playing a game: My family; we are all very close

Best advice someone has ever given you: "Never give up."-Cherry; Coach tells me everything

Music you listen to before a game: Lil' Wayne and Jay-Z



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

CULTURAL ENRICHMENT SERIES

- 3 Cabaret**
7:30pm (Dec. 3-5) - Hayworth Fine Arts
2pm (Dec. 6) - Hayworth Fine Arts
- 4 A Christmas Carol**
8pm - High Point Theatre, Downtown
(Dec. 4-6, 10-13, and 17-20)
- 9 Lessons and Carols**
6pm - Hayworth Chapel
- 21 Community Concert**
7:30pm - Hayworth Fine Arts Center

1

Design a cookie ornament
Slane café
4-7

2

Worship Service
Hayworth Chapel
5:30pm

3

C.A.T Karaoke
SGA Meeting
Phillips 120
7pm

4

IDS Event-Cabaret
Hayworth Fine Arts
7:30pm
IDS Event-A Christmas Carol
High Point Theatre, Downtown
8pm
SGA Budgets Due
C.A.T Tanglewood Lights

5

IDS Event-Cabaret
Hayworth Fine Arts
7:30pm
IDS Event-A Christmas Carol
High Point Theatre, Downtown
8pm
C.A.T Palladium Night

6

IDS Event-A Christmas Carol
High Point Theatre, Downtown
2pm
IDS Event-Cabaret
Hayworth Fine Arts
2pm
MANDATORY SORORITY INTEREST MEETING
1PM

7

Reminder:
Budget
Defenses are
due Dec. 10

8

Take your picture with Santa
Christmas Dinner
7pm Zeta Tau Alpha
Big Man on Campus
Pauline Hayworth
Fine Arts Theatre

9

IDS Event-Lessons and Carols
Hayworth Chapel
6pm
Last Day of Class for Fall Semester

10

IDS Event-A Christmas Carol
High Point Theatre, Downtown
7:30pm
Reading Day
(no classes)

11

IDS Event-A Christmas Carol
High Point Theatre, Downtown
8pm
CATFLIX
EXAMS

12

IDS Event-A Christmas Carol
High Point Theatre, Downtown
8pm
C.A.T ARCADE TOURNAMENT
EXAMS

13

IDS Event-A Christmas Carol
High Point Theatre, Downtown
2pm
Exam Break
9pm
FIREHOUSE SUBS
FOUNDED BY FIREMEN

14

Exam Break
9pm
Panera

15

Exam Break
9pm
Q Grill
America's Best Wings

16

Exam Break
9pm
Moe's
Southwest Grill

17

IDS Event-A Christmas Carol
High Point Theatre, Downtown
7:30pm

18

IDS Event-A Christmas Carol
High Point Theatre, Downtown
8pm

19

IDS Event-A Christmas Carol
High Point Theatre, Downtown
8pm

EXAMS

EXAMS

EXAMS

EXAMS

EXAMS

EXAMS

Final Exam Schedule Undergraduate Day

Friday, December 11	3:30 T(TH)	8:30 - 11:30 AM
	1:00 MWF	1:30 - 4:30 PM
Saturday, December 12	9:30 TTH	8:30 - 11:30 AM
	12:00 MWF	1:30 - 4:30 PM
Monday, December 14	8:00 TTH	8:30 - 11:30 AM
	12:30 TTH	1:30 - 4:30 PM
Tuesday, December 15	9:00 MWF	8:30 - 11:30 AM
	2:00 TTH	1:30 - 4:30 PM
Wednesday, December 16	11:00 MWF	8:30 - 11:30 AM
	10:00 MWF	1:30 - 4:30 PM
Thursday, December 17	2:00 MW(F)	8:30 - 11:30 AM
	11:00 TTH	1:30 - 4:30 PM
Friday, December 18	3:00 MW(F)	8:30 - 11:30 AM
	8:00 MWF	1:30 - 4:30 PM

Mid-Term Grades Due - October 21 by NOON.
Final Grades Due - December 21 by 8AM.

All Physical Education Activity Examinations will be given on the last day of the regularly scheduled classes.

Reading Day will be December 10 and classes will not be held.

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www.highpoint.edu/culturalevents to see a list of all the IDS Events



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