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Polar plunge



They're
'freezin'
for a reason'

see
page 8

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The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone number and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgment of the editors and advisers.

Mail your letter to: The Editor, Campus Chronicle, Box 3111, High Point University, High Point, NC 27262.

Cover photos by Jeremy Hopkins

Campus Voices: What was your favorite gift from the holidays?

"My favorite gift that I received this Christmas was my MacBook Pro. I was so happy."

David Fernandez, freshman



"My favorite gift was a pair of Nine West boots that I got, because they were cute and expensive."

Kendall Cearny, freshman

Frat House or 'Flop House'?

Staff Editorial

On a typical Wednesday for college students, the local hangout spot off campus is typically a club for college night.

Historically, that spot for High Point students has been Triangle. Although Triangle has its issues, they have not stopped its success over the years. It is still favored by students, even though it is currently not open. But with the doors of Triangle closed and with the student body increasing each year, creating a new spot for students would seem to be a good business plan for an enterprising individual.

Instead, the new spot in town - The Frat House - is missing the mark.

The first issue with the Frat House is its first impression.

It did not start strong with the students and, in this case, the first impression has been the lasting one. The Frat House held its soft open the

week of Fall Break, which made it hard for most students to attend since they were home! The first rule when opening a club that appeals to college students is to make the open when they can come. A week when nobody is living on campus is not the best decision.

A second problem with the Frat House is space.

Even though it is not very busy, it is still hard to find a seat around the bar area, and the line for the one-person bathrooms is always a few people long. The layout of the game room and "VIP" area could be much more efficient. However, to the credit of the Frat House organizers, they don't have much room to work with since they share the building with Fuji's Japanese Restaurant. The size of the dance floor is respectable except for the support column in the middle about one square foot big.

A third issue with the Frat House is its imposed limitations.

A rule that only lets in 100 people? Crazy. The space is big enough to hold more and no successful club can survive with admitting fewer than 200 people a night. Some additional bar space would be great as well, along with bigger bathrooms - the one-person thing is just not cutting it.

If the Frat House could have a redo, now is the time.

Triangle is not open now, so students will be looking for somewhere else to go. A special theme night promoted with many advertisements would be likely to get the attention of the students at HPU and blow the roof off.

That being said, HPU students should also give the Frat House a shot. It is close to campus, it has embraced the school, and it is a good mix of relaxation and fun. If you are looking for a hang out off campus on a Wednesday night, try looking at the Frat House, at least until Triangle is back up and running.

Some new ideas for campus statues

By Jeremy Hopkins
Photography Editor



What do Sacajawea, George Washington, and William Shakespeare have in common? They're all part of an eclectic group of statues on campus.

The statues are a great and

inspirational way to show students what they can become. However, I can't help but wonder why these figures were chosen. I understand that each of these figures represented by the statues is an incredibly important figure in history, but are they really the right fit for campus?

I intend, in no way, to belittle the school's efforts to provide a culturally and academically diverse environment that includes the incredible craftsmanship displayed in Jon Hair's work. However, I'm here to offer some suggestions.

If we were to make statues of all those who deserve one, we would have

statues in Slane in front of Starbucks, in the Extraordinaire Cinema, in the Panther's Den in Millis, in the dugout at Williard Stadium, and in a chemistry classroom in Congdon. Obviously, this is impractical.

As we like to be called High Point's University and pride ourselves on our location, I think it would be wise to include figures from the area.

Levi Coffin, the "president" of the Underground Railroad and a notable abolitionist, was from Greensboro, N.C. One of the most defining and spectacular incidents of the Civil Rights

See Statues, page 9



Art: Connection to life we must seek to protect

By Amanda Mayes
Staff Writer

Slow down for a minute. Open your eyes; open your ears; open your heart.

It is amazing how much beauty is in the world when we simply take a moment to notice it. Most of the time, we are oblivious to the art that surrounds and inspires us on a daily basis.

But what is art? Music, theatre, fine art, photography, dance...all of these automatically come to mind. But art is an infinite number of things because art involves perception. Art is the mind's perception of what the heart is feeling. It is the beautiful and destructive struggle to create. It is the painful process of tearing down walls and breaking down the self in order to expose those pieces of the soul that fit into a larger humanity. Art involves ignoring the fear of failure.

Woody Allen once said, "If you're not failing every now and again, it's a sign you're not doing anything very innovative." Empathy and art are synonymous. Art is the expression of emotions and ideas in a manner that appeals directly to the heart and indirectly to the mind.

I cannot imagine life without the



forms of art that I chose as my main expressive outlets. Photography allows me to share with others how I perceive the world, if they are willing to look through my eyes. I am rather inept at voicing my thoughts and feelings; writing allows me to capture the volumes of philosophy in my mind and the emotions in my heart. Theatre is my passion; there are few things that allow humans to so thoroughly and beautifully explore human nature.

Daniel Day Lewis explains, "The thing about performance is, even if it's only an illusion, it's the celebration of the fact that we do contain within ourselves infinite possibilities."

As academics in the U.S. fall behind other parts of the world in the endless pursuit of progress, we begin to lose sight of the importance of art. How many times have you found comfort, strength, or inspiration in a song or a photograph? What do we lose when we shift our emphasis from the arts to the sciences and mathematics? I sincerely doubt that dissecting a frog brings the soul the same sense that life will go on, that all will turn out alright.

Picasso once theorized that "Art is a lie that makes us realize truth."

Life is often devoted to the search for truth; we cannot lose this outlet for the pursuit of truth. Losing art would mean closing a path to connection with other souls in a world that is increasingly disconnected. The endlessly complex act of offering strangers a piece of the inner soul is a gift that must be protected.

By Jeremy Hopkins
Photography Editor

Four U.S. presidents have been assassinated. Five others have been the targets of assassination attempts. Political violence has historically taken bizarre turns and is, unfortunately, a part of life.

We see it all around us and we all acknowledge its presence, even if we choose to ignore it. Our nation emphasizes freedom, and a problem we have seen is this violence interacting with our political system.

The recent shooting in Tucson, Ariz.



at a community event is one of the most real examples of politics and violence clashing in our lifetimes.

In the aftermath of this tragedy, analysts, reporters and politicians themselves are asking the question of what we should do to prevent situations like this and how such a tremendous loss will change the political environment.

Will the Arizona shooting that claimed six lives and left 14 others injured change how we interact with one another and will it change how politicians do their jobs? How do we fix a toxic political climate? As pessimistic as it may seem, I foresee no changes coming.

This most recent shooting is just an example of how politics and violence can interact. A man like the shooter, Jared Lee Loughner, who has distinct political opinions, can turn violent quickly. This

Shutting down WikiLeaks: a blow to transparency in the US government

By Jake Grim
Staff Writer

The recent debate surrounding WikiLeaks, the organization that publishes submissions of sensitive documents while attempting to

preserve the anonymity of contributors, calls into question government transparency in the United States.

Politicians feel threatened by the sensitive information being

revealed to the public and are pursuing the prosecution of WikiLeaks and its founder, Julian Assange. However, shutting down WikiLeaks for revealing sensitive information would be censorship in favor of secrecy.

The extreme reaction to WikiLeaks is showcased best by none other than former Alaska Gov. Sarah Palin and U.S. House Rep. Peter King, chairman of the House Committee on Homeland Security, each of whom have tried to compare WikiLeaks to a terrorist organization.

Palin has asked why Assange

has not been pursued with the same urgency as Al Qaeda and Taliban leaders, and King attempted to blacklist WikiLeaks economically.

Despite what Palin and King have said, WikiLeaks is not holding public executions or making use of suicide bombers. According to the U.S. Department of Treasury, it is not confirmed that WikiLeaks has conducted business or provided economic assistance to any blacklisted entity, even unknowingly.

Palin and King pull attention away from what WikiLeaks is actively pursuing—increased government transparency. Assange is working toward a goal many politicians claim to support, and yet, as late night comedy show "Saturday Night Live" drew attention to, he is being pursued as a villain.

If politicians have so much to hide from the public in their transactions, the public should be able to see these transactions and judge if these politicians are worthy of representing the interests of the public.

American politicians need to be held responsible for their actions, and not given the opportunity to hide behind clearance. If the U.S. government really wishes to be transparent and

See WikiLeaks, page 9

Recent violence should prompt change in today's political environment

shooting can help us to evaluate how politics and violence can come together.

Politicians will always be politicians. Nothing, not even a tragedy, will change the fact that they will always push their political agenda. They will mourn the loss of the dead, and then use the situation to show that they are better than their opponent and they should be reelected for another term.

America is built on political freedom and a democratic system ideally allowing everyone a chance to make a statement. With that being said, I believe a change in the political culture is necessary.

When our nation's government was founded, it was a government for the people. Citizens elect leaders who will serve the people, and if the leaders do not, it is the people's responsibility to overthrow the active government.

Today, politics has become more about getting elected and having power

than feeling an obligation to the people. Thus, politics is cold and toxic.

I would hope that after a scene unfolds like what we saw on the news from Arizona, that politicians will treat each other with more respect, and have more desire to serve the people.

The only thing that politicians can do is to change their own attitudes. America is a free nation, which, although events like the Arizona shooting can happen, means that we cannot prevent events like this without compromising our freedom and the integrity of our constitution. Our government does not—and should not—have this power.

So instead of focusing on what we can do to limit gun purchases and blaming others for the political violence, I think we should change the way we treat one another and encourage politicians to do the same. I believe we'll be better because of it.

A moment with the editors

What is your least favorite movie?

Your favorite pair of shoes?

How many siblings do you have?

Katie Nelson,
Editor-in-Chief



"Divine Secrets of the Ya-Ya Sisterhood"

no shoes
none

Jeremy Hopkins,
Photography Editor



"Point Break"

Pumas
one

Allison Hogshead,
Copy and Design Editor



"I Spit on Your Grave"

Bathing Apes
two

Alex Ruano,
Distribution Manager



"Angels and Demons"

Aasics
none

Assassin's Creed: Brotherhood is more fun and has features for all

By Trent Schneider
Staff Writer

Assassin's Creed: Brotherhood is a well-made game that continues the tradition created by its predecessors. Unlike its predecessors, Assassin's Creed: Brotherhood takes place in the same exact place and time period as the previous installment as it continues the story of Ezio.

If you haven't played the previous game, Assassin's Creed 2, then you might want to hold off on this next installment because it starts exactly where the last one ended. Thanks to this, it would be hard to describe the new plot without revealing spoilers that would ruin Assassin's Creed 2, but fortunately there is plenty to talk about without touching the storyline.

Many of the game mechanics, such as the combat and stealth system, remain the same as the previous title, which allows the game to feel like you are picking up exactly where you left off. Of course, this doesn't mean that there aren't new features in the game. Quite the contrary.

One of the biggest of these new additions is the assassin guild. With this comes many features, the first being assassin recruits. Recruits can be called in to help stealthily kill or full out battle any enemies that the player encounters. Recruits can even be sent in to attack a specific person while the player hides on top of a building with an easy escape route.

As each assassin recruit is used, experience points are gained for individual trainees. Once a recruit gains

enough experience, the recruit goes up a level. This allows the player to increase attributes such as attack and defense, which gives the trainee new equipment such as weapons and armor. The recruit creates an interesting new twist to the game, which had previously focused on the idea that you don't always get help during missions.

Another new concept added to the game allows players to have shops throughout a city instead of having one of each kind on base. Of course, each of these shops can be purchased and can provide constant income and discounts as more shops of each type are bought. As you get further into the game, different shop quests will be unlocked that allow players to unlock new items in trade for items that can be found throughout the game world.

This change is a bit of a double-edged sword. On one hand, this allows the player to have many different locations throughout the city where items can be bought at his or her convenience. The downside is that it's not always easy to tell on the map where there is a shop with quest once you own a few of each type.

All in all, the main fun from the game comes from many of the same places as in the previous game. The new additions found in Assassin's Creed: Brotherhood make the game feel more well rounded than previous games, which helps conceal the fact that everything in this game takes place in one city. With all of the content crammed into it plus the lack of loading times, many players won't mind.

Movie theatre review: find out which cinema suits you best

By Dean Judson
Staff Writer

As students are venturing out during the dreary month of February, here are a few things to keep in mind when selecting a theater. This issue, the Campus Chronicle will review the movie-going experience at the Regal Palladium Stadium 14 and Carmike 8 in High Point, and the Carmike WynnSong 12 in Winston-Salem. All three theaters offer very different environments for the movie watcher.

The Palladium is located just a few miles from campus at 5830 Samet Drive. It is the typical modern theater with stadium seating and reclining chairs. The Palladium is the most expensive and luxurious of the three theaters and offers 3D capabilities as well.

The concessions are good but are very expensive. Employees serve everything from popcorn, to nachos, to slushies. Prices on food range from \$3 for candy up to \$10 for a popcorn and drink combo. With 14 theaters, the Regal Palladium features the most recent movies and has an extensive list to choose from well into the night. Movie prices range from \$9 going up to \$12.50 during primetime hours.

The Carmike 8, located at 2705 N. Main St., is interesting because it is an old school dollar theater. If a student is looking for a quick movie experience and running low on cash this is the place to go.

Since it is a dollar theater, it features older movies that have been out for a

few months already. This benefits those who hate previews and large crowds, because the Carmike has neither.

Concessions are cheap but offer marginal taste. The theater is a little outdated and gives patrons a sense of being in the 80's with big comfy red seats and red walls. Service here was not up to par, however, during a recent visit. The ticket line was much longer than it needed to be for an off night and the concessions worker was complaining about the receipt printer while many people were patiently waiting.

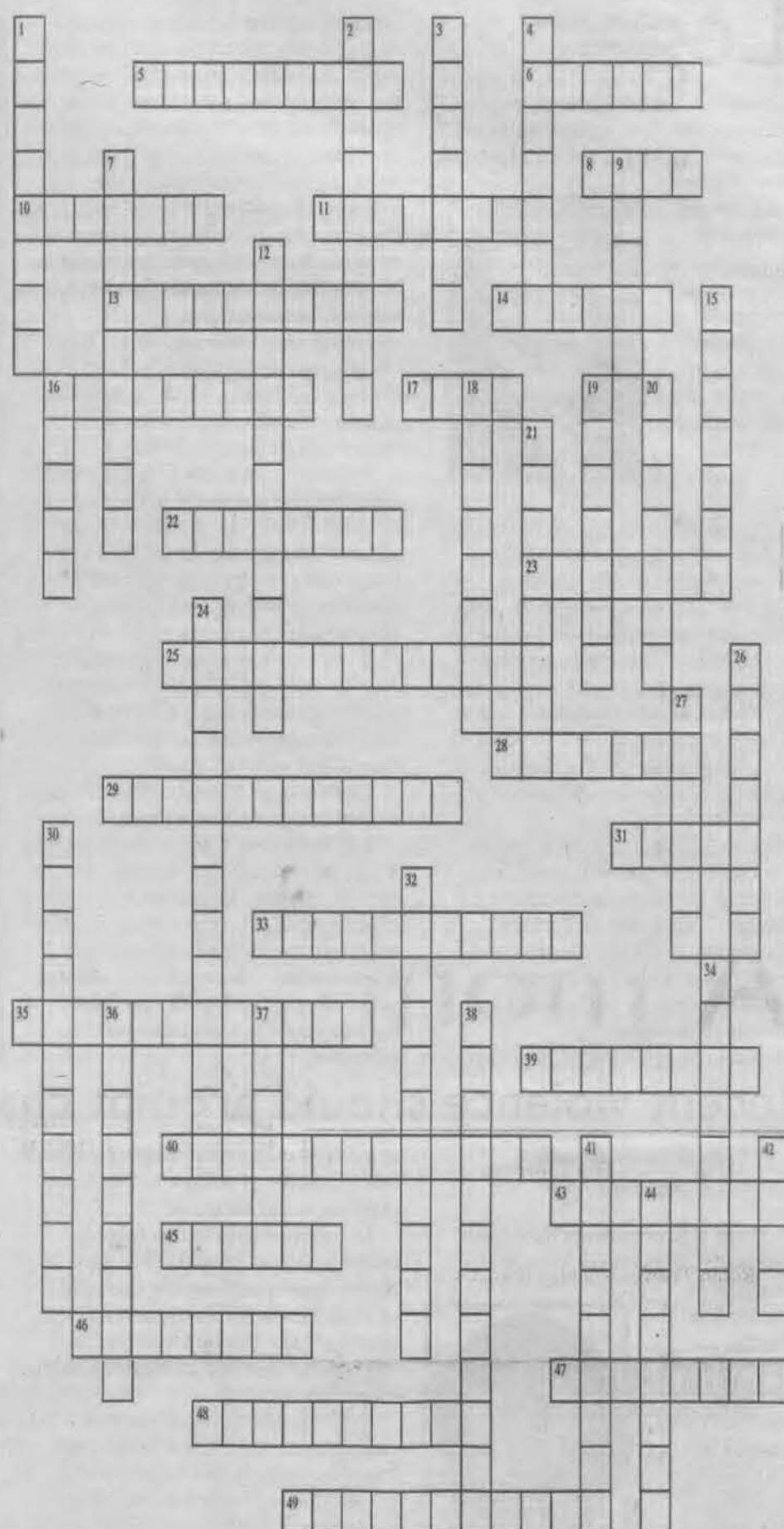
The best bang for the buck would be Carmike WynnSong 12 in Winston. It's a 30-minute drive but very easy to get to from campus.

It is more of a local theater with local luxuries, like having the option of choosing from four different flavors of popcorn after getting to sample each flavor. The theater also gives customers the option of buying an annual bucket of popcorn for \$13 and costs \$2 to refill throughout the whole year.

Movie tickets are cheap as well. With a valid student ID, students save \$2 more than they would at the Palladium for a 3D movie. A 3D movie here only costs \$10 and a regular 2D movie only costs \$8.

The service here is terrific and the employees actually care about their jobs. The employees go out of their way to make sure movie goers have a good experience. The theater itself is nice, but a little uncomfortable with stiff chairs that do not recline.

State Nicknames



ACROSS

- 5 The Volunteer state.
- 6 The Beaver State.
- 8 The Beehive State.
- 10 The Hoosier State.
- 11 The Cornhusker State.
- 13 The Golden State.
- 14 The Sunflower State.
- 16 The North Star State.
- 17 The Buckeye State.
- 22 The Natural State.
- 23 Grand Canyon State.
- 25 The Palmetto State.
- 28 The Peach State.
- 29 The Granite State.
- 31 The Gem State.
- 33 The Ocean State.
- 35 The Keystone state.
- 39 The Show Me State.
- 40 The Bay State.
- 43 The Rocky Mountain State.
- 45 The Silver State.
- 46 The Bluegrass State.
- 47 The Great Lakes State.
- 48 The Evergreen State.
- 49 The Peace Garden state.

DOWN

- 1 The Old Dominion State.
- 2 The Land of Enchantment.
- 3 The Yellowhammer State.
- 4 The Treasure State.
- 7 The Badger State.
- 9 The Lonestar State.
- 12 Mount Rushmore State.
- 15 The Sunshine State.
- 16 The Pine Tree State.
- 18 The Prairie State.
- 19 The Cowboy State.
- 20 The Empire State.
- 21 The first State.
- 24 The Tar Heel State.
- 26 The Green Mountain State.
- 27 The Aloha State.
- 30 The Constitution State.
- 32 The Magnolia State.
- 34 The Old Line State.
- 36 The Garden state.
- 37 The Last Frontier.
- 38 The Mountain State.
- 41 The Pelican State.
- 42 The Hawkeye State.
- 44 The Sooner State.

Leggings, peacoats and boots! Oh, my!

By Emilee Cook
Staff Writer

Well, the bitter winter has arrived and unfortunately we still have a few months left to go before the return of that warm, sunny North Carolina weather. We all know how difficult it is to show off your stylish side while managing to stay warm; it poses quite the challenge. The question we are faced with is how does one stay warm and feel beautiful at the same time? By simply following a few tips, you'll learn to brave the cold and show off your fashionable side without breaking the bank.

First, start with the foundation of the winter outfit. The absolute key to dressing well in the cold is having the perfect winter coat. Although it's easy to just grab your North Face and run out the door, a simple sweater underneath a military jacket or pea coat is both more appealing to the passing eye and warmer than a thin fleece.

Pea coats are the ultimate classic winter coat. They never go out of style

and can last for years depending upon the quality of the one you purchase. I recommend a basic color such as black, cream, or navy blue that will easily match scarves, gloves, and all other winter accessories. However, if you want to stand out in the dull winter crowd, a bold color like red will definitely make a statement and get you some attention.

Leggings are the second staple item when dressing well in the cold. They will match anything and everything while allowing you to be comfortable in class. The great thing about leggings is they are inexpensive and can be layered to achieve warmth without giving the baggy sweat-pant look. Try dressing up your leggings by pairing them with a long striped tunic instead of a sweatshirt. Leggings can be found at Target for \$6.

Boots are all the rage this season. Over-the-knee boots have taken the market by storm and can simply dress up any outfit in minutes. When unfolded and pulled up, they not only provide warmth for your entire lower leg, but

they work to elongate the leg as well. Say you aren't feeling the over-the-knee trend one day; they easily fold down into calf high boots. With this versatility, you won't feel as guilty splurging on that pair of over-the-knee boots that you fell in love with upon first sight.

If the over-the-knee look isn't for you, don't fret! There are a million other options for winter boots. Instead of throwing on the usual go-to winter boot, the Uggs, dress up your outfit with fringe moccasin, suede, or a pair of tall basic black leather boots. Wear them with your cute winter coat and leggings and you're good to go.

A nice pair of leather boots, for example Frye, will last you for ages. But if you're not able to find a pair of these \$400 boots (which let's be honest, most of us broke college students can't), stores like DSW have cheaper alternatives that look just as nice. If it's really icky out, opt for a colorful pair of rainboots. If yours aren't warm enough, buy a pair of tall, knit, cozy, knee high socks and fold them over the top of your

boot for a more put together look.

Scarves can be purchased in basically any color or pattern imaginable and are the ultimate winter accessory. They run pretty cheap at stores such as Forever 21 and Target, and are a definite way to spice up any bland shirt or coat. Neutral colors such as a cream and gray compliment dark colors well.

If plain scarves aren't your style, check out Urban Outfitters. They have a wide variety of scarves that include threads of silver sparkles weaved into the dark fabric just to give a little pizzazz. Pair that dark scarf with a hint of sparkle to a plain white v-neck t-shirt and—voila! You've taken your simple look up a few notches within seconds.

I hope these tips help you succeed in achieving a cute yet simple way to look and feel beautiful despite the inclement weather. Just always remember the most important thing that you absolutely must have when battling the cold weather is.... CHAPSTICK! Because no one, and I repeat no one, likes chapped lips.

A month for love and music

The Fillmore
1000 Seaboard St., Charlotte
www.livenation.com

-Robin Trower will play Feb. 3 with D.B. Bryant Band. The show starts at 8 p.m.

-NOFX and The Bouncing Souls will perform at 8 p.m. on Feb. 4 with the Cobra Skulls and Old Man Markley.

-Flogging Molly will perform Feb. 15 at 6:30 p.m.

-Slash will take the stage on Feb. 17 along with Brand New Sin and The Fabulous Miss Wendy. The show starts at 8 p.m.

-Umphrey's McGee plays Feb. 19 at 8:30 p.m.

-Buckcherry with special guests Hellyeah and The Damned Things will play Feb. 22. The show starts at 7 p.m.

*For more information about these shows and ticket prices, visit the website.

LJVM Coliseum
2825 University Parkway, Winston-Salem
www.ljvm.com

The "Music as a Weapon" tour takes place Feb. 1 with featured groups Disturbed and Korn. Doors open at 6 p.m. and the show starts at 7 p.m. Tickets range from \$38 to \$49.50.

Bring out your inner Celtic spirit with Celtic Woman on Feb. 20. Doors open at 6:30 p.m. and the show starts at 7:30 p.m. Tickets are \$46.50.

Greensboro Coliseum
1921 W. Lee St., Greensboro
www.greensborocoliseum.com

-Jason Aldean will play Feb. 4 with special guests Eric Church and the JaneDear Girls on the "My Kinda Party Tour 2011." The show starts at 7:30 p.m. and tickets are \$30.75 and \$44.75.

-Winter Jam 2011 takes place on Feb. 5 at 6 p.m. This Christian music tour will feature Newsboys, Kutless, Red, the David Crowder Band and many others. The event is \$10 at the door.

-Comedian Kevin Hart will take the stage Feb. 11 at 8 p.m. and 11 p.m. The actor and comedian can most recently be seen in Death at a Funeral. Tickets are \$49.50.

-The big top will be coming to town Feb. 11. Tickets for the Ringling Bros. Barnum & Bailey Circus start at \$14.

-On Feb. 22, Kid Rock will play with Jamey Johnson as part of his "Born Free" tour. The concert starts at 7:30 p.m. and tickets range from \$25 to \$89.50.

RBC Center
1400 Edwards Mill Road, Raleigh
www.rbccenter.com

-If you missed it the first time around, The Ringling Bros. Barnum & Bailey Circus will set up its tent from Feb. 9 through the 13. Tickets and showtimes vary. Visit the website for more information.

-If you have a love for soulful music, the Raleigh Blues Festival will be under way on Feb. 20. Doors open at 5 p.m. and the show starts at 6 p.m. Tickets range from \$39.50 to \$44.50.

-Bon Jovi hits the stage on Feb. 21. Doors open at 8:30 p.m. and the show starts at 7:30 p.m. Tickets range from \$19.50 to \$125 for the more die-hard fans.

-The Royal Comedy Tour takes place on Feb. 27. The event will feature D.L. Hughley, Sotomayor, Bruce Bruce and others. Doors open at 6 p.m. and the show starts at 7 p.m. Tickets are \$37.50 or \$49.50.

Greene Street Club
113 N Greene St., Greensboro
www.greenestreetclub.com

-Blues/rock artist Sam Robinson will play on Feb. 4. Doors open at 9 p.m. and the show starts at 9:30 p.m. Tickets are \$8 in advance and \$10 the day of the show.

-The indie/powerpop group Hellogoodbye will play Feb. 5. Doors open at 5 p.m. and admission is \$15.

-RJD2 plays Feb. 9. Doors open at 9 p.m. Tickets are \$15 in advance and \$20 the day of the show.

-For those metal fans out there, Hephestus will play Feb. 11. Doors open at 6 p.m. Tickets are \$8 in advance and \$10 the day of the show.

-Electronic artist Ana Sia will perform Feb. 18. Doors open at 9 p.m. Tickets are \$10 in advance and \$12 the day of the show.

-On Feb. 25, reggae/rock group The Movement will play. Doors open at 9 p.m. and tickets are \$12.

-Another one for the metal lovers—Born of Osiris will play on Feb. 27. Doors open at 4 p.m. Tickets are \$15 in advance and \$18 the day of.

*Note: A \$2 surcharge is applied to those under 21. Sorry, kids.

Yang teaches to chairs then to students

By Steven Haller
Sports Editor

Imagine that after living in one country your whole life that you decide to go to graduate school in another. That is what Professor Yan Yang of the communications department decided to do, and while some might consider it challenging, Yang said that she found the differences to be more interesting than challenging.

Born and raised in Hefei, the capital of Anhui province, China, Yang is the only child of her mother and father, a nurse and an international trader respectively. Despite having no brothers or sisters growing up, Yang said she is very close with her large, extended family who all live in Hefei as well. She is also the oldest of all the grandchildren on her father's side, and she said that she was an obedient and good child because her parents wanted her to be a good role model for her cousins.

As a child, Yan Yang (pronounced "yen young") said she did not have much time for other things besides study, but one of her hobbies was learning English. She recalled a time when she was three years old and her father, who was a university instructor at the time, came up with fun ways to teach her English.

Yang said, "My dad would ride the bicycle and I would sit in the back and he would quiz me on how to pronounce and spell all twelve months, seven days, and the names of certain countries in English. That was a game we played to and back from the grandparents house and that is how I began to learn."

In addition to learning English at a young age, Yang also seemed to be interested in teaching even as a child

through games that she played.

"One thing I liked to do is I had this little blackboard that I hung on the wall and I would pretend to be a teacher teaching all those chairs there how to say, 'ABCDE,'" said Yang.

It almost appears that Yang was always destined to teach, but her path to High Point University was not so simple.

Yang always knew she wanted to study in America because, according to her, higher education in America is much better than in China. Her first experience in the United States was in North Dakota, where she stayed with a host family and attended a local high school for one month when she was 18 years old.

"I really enjoyed that experience," Yang said. "It was the first time for me to be away from my parents in a different country. I really was not that homesick. I just embraced everything and enjoyed the experience rather than calling them every day."

After her undergraduate work in China, Yang was accepted to a graduate program at University of Nevada, Reno. While attending school, she worked at the local ABC affiliate as an associate producer for two years. After completing that program, Yang moved to New York City where she worked as an intern for a documentary program on PBS called Wide Angle. After that, Yang got a job at Katz Media Group, where she conducted television programming research, and later she got a job in the sales department at WOR News Talk Radio.

After dealing with cold weather

and crazy amounts of pressure, Yang realized New York is not a place she wanted to spend most of her life and decided to pursue a more advanced degree. For a while she was torn between going for an MBA or a PhD, but after weighing the pros and cons, she decided that a Ph.D. was the best fit for her.

Yang gave two main reasons for her decision. The first was that she truly loved to teach, even since she was a child with the chairs. She said she likes to help students any way that she can and she thinks her personality really fits the role of a teacher. The second was that she likes the lifestyle of the professor.

"I can work really hard for nine months and I can use the other three months to explore the world and do other things I am interested in," said Yang. "Based on my first year experience of teaching here at High Point, I think I have made a great decision."

Yang did her doctorate work at the University of Florida and will be defending her dissertation later this spring.

As for why she chose to teach at High Point University, Yang cited that she liked the small classes at HPU,

which enables the professors to build relationships with the students, and she really enjoys the support that HPU gives its faculty, which is something she said is hard to find at large public institutions. Another reason she gave is one that is not quite as prevalent to many other people.

"The location of High Point on a map of the United States is exactly the same location of my hometown in China," Yang said. "We are both about three to four hours from the beach, in the middle, very similar climate. Every week we have almost the same temperature. So, sometimes I think it is fate that I teach here."

Yang also said that she wanted to work at HPU because she wants to be part of the representation of a diverse faculty at a university that works for the students. Yang thinks that it is important for students to be exposed to different ideas, languages and cultures while in college, and she said that is something that she brings to HPU.

Now that she has settled in the town of High Point, Yang has some time to focus on her hobbies. She likes to watch a lot of cooking shows on her TiVo, such as "Iron Chef" and "Anthony Bourdain: No Reservations." Yang also loves to cook, and says it is even a therapeutic activity for her at times.

All along this journey, Yang credits her family as being her strongest supporters.

"My parents are my biggest support, motivation, inspiration, and critics," said Yang. "I really admire them for letting me pursue the lifestyle and the kind of life that I want and for letting me be who I am without molding me into the typical Asian student. I thank them for that eternally."

see somebody older who goes to school and is really passionate about it," said Laquale.

Laquale said that Logan is also a great example to other students because she is very committed to her school work. Laquale said that Logan is always on time, never misses class, and always asks questions.

"Her maturity must have a positive impact on students," Laquale said.

Beth McCarthy, director of admissions, said that all senior citizens or any adults who wish to be admitted to HPU must have a high school diploma. McCarthy said that all test scores of students who have been out of an academic environment for more than 20 years are waived by admissions.

"We would look at any previous academic work, but would certainly take life and work experience into consideration when making an admission decision, just as we take a traditional student's leadership and community involvement experience into account," said McCarthy.

When this semester comes to an end, Logan will be a rising senior at HPU. Logan called being a college student at this stage in her life a "lifetime learning experience."

Age is no obstacle to higher education

By Julia Coiro
Staff Writer

It isn't every day that one meets a senior citizen who attends college as a regular student- especially one with a political science major. Well, Rae Beck Logan isn't your everyday 84 year old either.

Logan left high school in 1942 in the midst of World War II and attended business school to become a secretary. Logan worked as a secretary at a law firm for over ten years until she retired. Logan also owned a label manufacturing business with her first husband and son, who have both since passed away.

Previous to taking any classes at High Point University, Logan took some classes at UNC- Chapel Hill.

In 2005, Logan started taking classes at HPU. She started out taking one class per semester, the first being a political science class. Now Logan takes two classes per semester and is currently in her junior year.

Logan said that she first considered being an English major, but after taking a few classes she decided it wasn't what she wanted. She then decided to switch to a political science major.

Logan's interest in politics began with the influence of her former colleagues at the law firm.

"I like to know everything that's going on in the world," Logan said.

Being a college student is sometimes difficult for Logan but she works very hard to keep up with her classes.

At the end of this current semester, Logan will have finished all of her general education requirements. She said that next year she will work to finish all required classes for her political science major, and hopes to receive a well-deserved diploma.

Professor Maria Laquale taught Logan in her Italian class last semester.

"I was excited to find out that Beck was going to be in my class," said Laquale. "We had met in the hallway between classes and she seemed like such a bright and caring individual, eager to learn."

Laquale noticed that her other students treated Logan with respect.



Rae Beck Logan is a political science major and rising senior. Photo provided by Rea Beck Logan

She said that she believes other students were amazed by her desire to learn and her love for knowledge.

"I believe it is a great opportunity to

Eating disorders affect student athletes

By Dianna Bell
A&E editor

Running suicides up and down the hardwood floors. Pushing yourself until your legs and lungs burn. Then, the basketball is rolled out. An hour is spent doing lay-ups, free-throws, cross-fire and form-shooting drills. Next, it's time to run the defensive and offensive plays. After this 2 to 3 hour practice, a weight training session might follow.

That adds up to a five-hour session, involving intense physical and mental effort. Throw in classes and homework and you have one exhausting day.

This is the life of a college basketball player.

But at the end of the day, average players don't down 125 laxatives before going to bed in an effort to fend off any pounds that might have come their way. They don't avoid food as if it were a horribly fatal illness. They don't weigh themselves 100 times a day just to check and then recheck that the number they find is still the same.

Most players don't. But Jessica Morgan does.

Morgan was on track to being pulled from the club team up to the varsity team at N.C. State University. She had been playing hard and showing her coaches that she deserved a spot on the team.

But what Morgan failed to mention to coaches and teammates was that she had been struggling with anorexia nervosa for 11 years. She is now 20.

Throughout middle and high school, she was able to maintain control over her eating disorder. No one knew there was a problem. She looked like she was at a normal weight, so no one suspected anything.

In the summer of 2009, Morgan went through a bad break-up with a boyfriend that put her in a tail spin.

"I would go several weeks without eating," Morgan recalls. "But then the day before a tournament, I would eat."

Then in January, another blow came Morgan's way. Her grandmother unexpectedly fell into a coma for seven weeks and then died.

Morgan and her grandmother were extremely close and the loss of control she felt in this situation spurred on her anorexia.

Her parents began seeing a real problem. This wasn't just dieting. Morgan was at a weight of 82 pounds with a height of 5 feet and 7 1/2 inches. They discussed going to a treatment program in Chapel Hill, N.C.

Morgan was set to go. She had agreed to stay at the facility to appease her parents. All she was waiting on was a call that they had an opening and were ready to take her in.

"In the second week in April, my mom got really sick and had to be hospitalized," Morgan said. "A couple of weeks later, I got a call from Chapel Hill saying that they had a place for me. Three hours later, my mom died."

Morgan is not a rarity

Mindi Swaney, 29, an alumna of High Point University, has dealt with anorexia for 16 years. Over this time, she has been to one or two treatment facilities a year with hospitalizations and psychiatric ward stays in between.

"I started dieting in fifth grade because I thought that's what you were supposed to do," Swaney said.

From there, her need to be a light-weight flyer on the cheerleading squad drove her to drop 25 pounds during the spring semester of her eighth grade year.

"I wanted to be a flyer and I thought that I had to be a bean pole to be the best at it," Swaney said. "When I lost the first bit of weight and saw how good I was getting [at being a flyer], I thought that I'd be even better if I lost that much more."

Swaney went on to cheerlead during her freshman year of high school and into her sophomore year. But again,

have the best grades or be the best in sports, I could be the best at losing weight," Swaney recalled.

"I feel like a failure when things aren't done perfectly," Morgan said. "So this is one more thing to do perfectly."

Morgan and Swaney also attribute control as a leading factor with their eating disorders.

"It has always been about having control," Morgan said. "I was adopted and feel like I never had any control over my life. My mom was extremely controlling and eating was the only thing I could control."

urge, but couldn't.

"I hadn't purged for a week before that meet, but then the night before I couldn't stop myself," Lana said. "That's when I knew I had a problem."

Lana knew all about eating disorders before her's even developed. In high school, her older sister began dealing with anorexia.

"We began competing on the same team in high school and my sister wanted to be better than me," Lana said. "She thought that if she was lighter that would make her better."

Lana remembered how hard of a time her parents had when they went through it with her parents. For her, telling her parents was one of the hardest parts of coming to terms with bulimia.

"I feel so guilty for what I've put them through," Lana said. "I saw what they went through with my sister, and I fell into it anyway. I know that my mom probably still blames herself."

The facts

Eating disorders in athletes have become more and more prominent, especially in females.

The correlation between athletics and these disorders is constantly being debated.

A 2009 study in the International Journal of Eating Disorders found that with higher levels of competition, eating disorders are more prevalent. The study examined 274 college-aged women. Their physical activity and sports anxiety were measured through an inventory-style survey.

The study examined four groups: varsity athletes, club athletes, independent exercisers and non-exercisers in contrast with their drive to be thin, bulimia and body dissatisfaction scales. The scales were determined through the Eating Disorder Inventory, the Rosenberg Self Esteem Scale and The Physical Activity and Sport Anxiety Scale. These three studies are essentially questionnaires that the participants filled out that provided statistics.

The study's conclusion? "We found that women who participated in sports or engaged in regular exercise tended to have higher rates of eating disorder symptomatology than those who did not exercise . . . The pattern of results suggests that women who competed at high levels of athletic competition and had high levels of sports anxiety experienced the most eating disorder symptoms."

The NCAA also conducted a study on athletes and eating disorders in 1999. They drew 1,445 student athletes, male and female, from 11 different Division I schools from 11 sports: football, basketball, swimming, track, gymnastics, wrestling, cross-country, crew, tennis, volleyball and nordic skiing.

Athletes had to take a 133-question survey that measured demographics, their athletic involvement, their eating behaviors, drug and alcohol usage, and their attitudes concerning their body and weight. This survey also used scales of Body Dissatisfaction, Drive for Thinness, and Bulimia from the Eating Disorder Inventory-2 as well as the Rosenberg Self-Esteem Scale and the



Since athletes typically burn more calories than a regular person eating well is an essential part of their daily routine.
Photo by Katie Nelson

her anorexia took over, and doctors and nutritionists advised her parents and coaches against her continuing participation in the sport.

Her goal in high school was to letter in a varsity sport. When she was forbidden to cheerlead, she looked for another sport that would help her achieve that letterman's jacket.

"During my junior year of high school, tennis was my saving grace," Swaney said. "I knew I needed more stamina to play and there was also a focus on muscle as opposed to thinness. So I wanted to stay healthy to complete the season and get a letter jacket."

Swaney got her letter jacket, but two and a half years ago, Swaney was lying at Death's door. Her body was so severely malnourished that she was having seizures regularly. During one of them, she began to black out. She fell and hit her head on the counter. The blow knocked her out and her mother, who had been living with her at the time, came home to find her unconscious.

Swaney was immediately rushed to the hospital where her dehydrated body was pumped full of fluids. She was unconscious for two days. During this time, the doctors weighed her in the hospital bed. Swaney was at her lowest weight ever—47 pounds.

Perfectionists

Being a perfectionist also played a large part in both Swaney and Morgan's anorexia.

"I have very high standards and I'm extremely competitive, so if I couldn't

For Swaney, having a dysfunctional family played a large part.

"I couldn't control what was going on in my family, but I could control my weight, what I ate and what I looked like," Swaney said.

Battle for control

Control also played a part in Lana's battle with bulimia nervosa.

Lana (name has been changed to protect privacy), an athlete at High Point University, began developing her eating disorder the summer before her junior year.

Her sister had recently gotten engaged and the family was in a whirlwind planning the wedding. The nuptials caused fights between Lana's sister and her parents. The fact that she was transferring to a new school in a couple of months added more stress.

"I kind of went into a depression," Lana recalled. "I wouldn't want to go out and when I did have to, I would put on a false sense of happiness."

This is when the binging and purging began.

"When I got stressed, I would binge, but then I would feel guilty so I would purge," Lana said. "I thought I could stop whenever I wanted. This was the one thing I had control over."

It gradually began to get out of hand. The pressure of impressing new coaches, fitting in with new teammates, and figuring out what role she played on this team began to take its toll. Lana began purging after everything she ate.

Before a meet, she tried to resist the

See **Eating Disorders**, page 9

New sisters receive bids amid boas and balloons



HPU's five sororities celebrated the end of recruitment week and the beginning of new sisterhoods with a campus-wide parade. Pictured clockwise from top left: Zeta Tau Alpha wore bright pink, Phi Mu switched from pink to kelly green for Bid Day, Sigma Sigma Sigma threw up signs for their second bid day (since starting last year), Alpha Gamma Delta wore shirts with the message "Standing out but never standing alone," and Kappa Delta welcomed new sisters with green feather boas.

Photos by Adam Spear.

Photo Feature

2011 Polar Plunge

Continued from cover



IFC hosted the second annual Polar Plunge fundraiser on Jan. 22, which had students run in a 3K race around campus before jumping into the State Student Center pool.

Photo by Jeremy Hopkins.

2011 Sigma Tau Delta inductees



Eleven new members of Sigma Tau Delta, the English honors society on campus, were inducted during a Jan 27 ceremony.

On the first row (left to right): Jennifer Lyons, Kevin Ruppel, Monica Nissen, Kelsey Jones.

Back row (left to right): Chelsea Cox, Nicholas Clark, Chelsie Merone, Dulce Winders, and Laura Stafford.

Not pictured: Julia Lanier and Breanna Bernard.

Photo by Adam Spear.

Go to www.campuschronicle.org and read Chelsie Merone's review of "The Fighter"

"Statues" continued from page 2

movement, the sit-in's by the "Greensboro Four," Joseph McNeil, Franklin McCain, Ezell Blair, Jr., and David Richmond, was held up the road from High Point.

If the university wants to expand beyond local figures, there are other traits to consider in the selection process.

No one will argue that those represented in the four most recent statues are not important, but they do not show the success one can have with a formal education.

Out of the four new statues, none of them had much of a formal education. Sacajawea had none, Mother Teresa spent only enough time in school to learn English, Abraham Lincoln was for the most part, self-educated and Leonardo da Vinci studied under a painter.



The statue of Sacajawea is on display on University Road.

Photo by Jeremy Hopkins

ideals of HPU and which figures we know will encourage hard work, sacrifice and dedication by students and faculty.

Sorry Tiger, maybe next year.

"Eating disorders" continued from page 7

Body Cathexis Scale.

Their findings showed that more females than males binge eat and vomit to lose weight and "were more likely to have vomited monthly, weekly, or daily in the preceding three months." Females were also found to be more likely to have taken diet pills at some point in their lives.

When examining the clinically at risk individuals for anorexia, researchers looked at the individual's BMI, an elevation in both Drive for Thinness and Body Dissatisfaction subscales, and for amenorrhea to be present in females. Amenorrhea is an abnormal absence of menstruation. No athletes were identified as being anorexic when using these standards, but when using less strict standards, 34.75 percent of the females were at risk of developing anorexia.

For bulimia, individuals had to binge and purge two times a week for at least three months and also have elevated scores in the Drive for Thinness and Body Dissatisfaction subscales to be classified as bulimic. Here, 38 percent were at risk of developing bulimia.

The researchers also noted that by doing the study through the NCAA, athletes might have refrained from answering honestly "in an effort to protect their athletic department." Also, "self-report surveys resulted in a significant underestimate of the extent of pathogenic weight control behaviors." For this reason, the

researchers noted that follow-up interviews needed to be conducted "because of the tendency for more elite athletes to underreport disturbed eating behaviors and attitudes."

Overall, the researchers attributed a drive for thinness as the main cause for female athletes: an appearance thinness and a performance thinness. The latter refers to an athlete's belief that if they lose weight, they will be lighter, and therefore, perform better.

The study concluded that "female student athletes in Division I programs are at a significant risk for developing eating-disordered thoughts and behaviors."

A professional's opinion

Molly Casebere is a Nationally Board Certified Counselor with master's degrees in sports and exercise sciences and counseling. She is currently a counselor at High Point University and provided some insight on why these athletes were so reluctant to say their sports played a part.

"We have been told our whole lives that sports are good and that being active is good," Casebere said. "For athletes who have an eating disorder, a lot of self worth comes from their sport. If they say that the sport contributes to the eating disorder, then they are threatening that self-worth. Also, some of their identity comes from their sport."

Fireworks eliminate foul fowl from campus

By Allison Hogshead
Copy and Design Editor

Their hangout is grass, their food is grass, and now their future is grass too: HPU administrators have recently begun clamping down on the Canada geese that live on campus.

The question on many students' minds is why the decision has been made to get rid of them: they're a part of nature just like we humans are and the little fuzzy baby geese are cute, right? Well, this was the case until the number of them spiraled out of control.

At first, the flock started with just a couple of geese, but it only took two years for it to reach football team proportions.

The need for their relocation is clear to anyone who tried to walk around the Slane ponds last semester. The geese droppings turned sidewalks into minefields where you had to practically play a game of "Twister" in order to walk through. Plus, geese are mean and confrontational due to their territorial nature.

"I personally hate the geese because they poop all over the place and get in

the way," sophomore Victoria Russo said.

Roger Clodfelter, Director of WOW, cites the damage to campus lawns as well as feces and safety as reasons for getting rid of the geese.

"The banks are eroding on the lakes because when the geese eat the grass they take the roots and then the grass is not able to grow... We would like to be proactive with the feces on the walkways and grass on campus to provide a safe environment for our students, staff, and faculty," Clodfelter said.

Clodfelter states that the NC Wildlife Resource Commission and McNeely Pest Control have been working with the administration on the final solution.

According to the NC Wildlife Resource Commission website, it is illegal to hunt the geese, but "exploding devices are the most recommended and most successful of the scare devices."

This is why students have been receiving emails about fireworks and "loud noises."

If the fireworks don't work, the team is also considering several other options including swans and border collies. So far, though, it seems as though the population has been dwindling.

"Wikileaks," continued from page 3

represent the will of the people, an organization shouldn't need to illegally obtain the information to distribute it - the information should be made public already.

The Obama administration should be careful in the message it sends through its treatment of WikiLeaks. If it truly wishes to send a message of trust and transparency, prosecuting WikiLeaks and Assange would not be the course of action to take.

Shutting down WikiLeaks for distributing sensitive information would be sacrificing first amendment rights of free speech and free

press in favor of censorship. When government transparency is already a hot issue, prosecuting an organization actively pursuing transparency is downright frightening. To what extent are American politicians willing to restrict freedom of speech to keep their failings from going public?

Should the U.S. government choose to prosecute WikiLeaks and Assange, the American people need to ask the question: do they want leaders in office who are doing their best to keep secrets from the people they represent?

Eating disorders are still extremely misunderstood. Many confuse bulimia and anorexia as one in the same.

"Anorexia deals more with having control, perfectionism and image," Casebere said. "With bulimia, there's a mix of depression, anxiety and control but not necessarily a concern about body image."

Where they are today

Swaney, Morgan, and Lana are in very different parts of their treatment.

Swaney is a veteran in the world of eating disorders. She's been to so many treatment facilities, hospitals, and seen so many psychiatrists and nutritionists that she sounds like a doctor when she speaks about the nuances related to anorexia. Swaney also graduated from High Point University with a degree in psychology, so she has a full understanding of what she is putting herself through.

"It's still a day to day thing and I learn through trial and error," Swaney said. "It's gone on for so long and you just begin to get mad and bitter when you see people your age moving on with their lives. You just say enough is enough."

Lana is a little further removed from the worst of her bulimia, but by talking about her problems with friends, family and coaches she is able to deal with her anxiety in a healthy way. She is still seeing a therapist once a week to keep

her on track.

"It will always be a part of my life and I can't run from it, but other parts of my life—my family, friends and [sport]—keep me accountable," Lana said.

For Morgan, she is in the midst of her struggle. She went to treatment in July, but did so for her father. She has yet to come to terms with anorexia. Since returning from treatment, she weighs 102 pounds.

Morgan knows that when she decides she wants to get better, it is going to have to be for herself and no one else.

Until that day comes, Morgan is trying to help those who might face eating disorders in the future. She is currently participating in a research study that is examining whether genetics makes an individual more susceptible to having an eating disorder.

"The study is researching whether an addictive gene might play a part," Morgan said. "My birth parents were alcoholic and drug addicts. My addiction became about food."

When she is ready for treatment, Morgan would like to go to a residential program, but her insurance will not cover it currently, and even with scholarships, her top choice costs \$30,000.

"In my mind, I know I'm too little," Morgan said. "But if I eat anything, I gain and then I'm overweight."

Women's basketball persevering through injuries

By Kelsey Hinchliffe
Staff Writer

The women's basketball team posted its second Big South Conference victory of the season by defeating Coastal Carolina 80-66 on Jan. 22 at the Millis Center.

Going into the game against Coastal,

head coach Tooey Loy recognized the potential impact of this win. "The Coastal game was very important for us. We needed to play with great intensity and execute on both ends of the floor," said Coach Loy.

In addition, freshman Cheyenne Parker was recently named Big South Conference Freshman of the Week.

Parker won this award after the team's game against Gardner-Webb where she had 16 rebounds.

"Cheyenne is getting better and better every week," said Coach Loy. "I am very proud of her accomplishments and look forward to her progression throughout the season. Cheyenne has a desire to be a great player and is doing

what it takes to make it happen."

Despite the 62-54 loss to Gardner-Webb University, the Panthers will play Gardner-Webb again in February and Coach Loy has high hopes for the rematch.

"We did a really good job of guarding Gardner-Webb and got good looks on the offensive end," said Coach Loy. "We were leading the league in 3-point percentages and free throw percentages

going into that game. We had a cold shooting night and look forward to playing them again in February."

Despite their overall record of 9-10 as of Jan. 28, the team is making progress according to Coach Loy. "This team is getting better every day. It does not always show in wins and losses because of the number of injuries and sickness that we have gone through recently," said Coach Loy in reference to the recent illness of Mackenzie Maier, who led the Big South with 40 blocks this season as of Jan. 22. "I do however believe we are going to have a great end to this season when we are back at full strength."

The team is still keeping its goal of becoming conference champions in mind. "I feel like we have a great chance to win the conference championship and make the NCAA tournament if we continue to practice and play at the intensity we are right now," said Coach Loy. "When we get our complete team back healthy we are as good as anyone in the league."

When asked about her experience as a freshman on the team so far, Tayler Tremblay could not be more appreciative. "I am excited about getting to play against big schools like West Virginia University," said Tremblay. "It's also exciting just playing against a higher level of talent and getting that chance to go to the NCAA tournament."

The Panthers next home game will be on Feb. 12 against Charleston Southern at 4 p.m.



Junior forward Shamia Brown drives to the basket versus Coastal Carolina on Jan. 22.

Photo by Jeremy Hopkins

"Lacrosse" continued from page 12

The girls are putting countless hours in on and off the field and voluntarily doing so much aside from what the coach lays out, showing their dedication and hopes for their team and their season.

"It's going to take a few games to build tradition," said Boswell. "But for right now they have their pre-game rituals, their dance parties in the locker room and they do other things before practices. They're trying; they're really working on it."

Lacrosse is a spring sport, but HPU had the opportunity to join several other teams during fall ball, play dates. This allowed HPU to get out on the field for the first time all together against an opponent.

The team opened its first fall exhibition season with a game at Limestone College in late September.

The Panthers played four games, including one

against conference rival Liberty, which they only lost by two.

"Some of the coaches have come up to our coaches and said 'Wow, you don't look like you're a first year program,'" said Carroll.

Being a freshman and a part of a brand new team, Carroll expressed how excited she is for the start of their season and to continue to see her team improve.

"Our true test will be our first game and to see how it all comes together—the on and off the field stuff and the chemistry of the girls," said Boswell.

Even though all of her teammates come from so far away and do not know each other, Carroll said that she has never felt so close to a team and a group of girls. This she attributes to having the bond of establishing this team all together.

The anticipation, anxiety and build up of the first game is really starting to eat at the team.

The girls are so excited but they need to try

and push all the anxiety aside, and when they show up on game day in February, they plan to compete and want to win, according to Boswell.

"Fall ball gave us a benchmark of where we are and where we need to go and what we need to do before the first game," said Boswell.

HPU opens its first spring season by hosting Virginia Tech on Feb. 12 at 1 p.m. at Vert Stadium.

They played Virginia Tech twice in fall ball, and won one of the games.

The Panthers are scheduled to play No. 4 UNC for the last game of the season

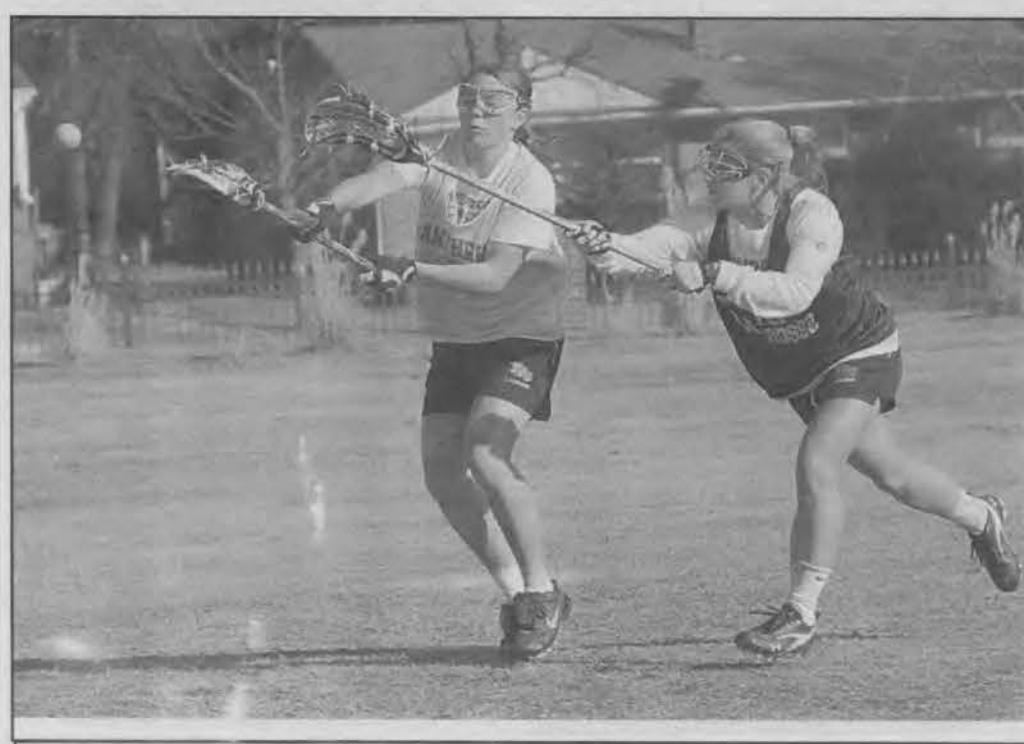
on May 6.

Carroll said, "We're just looking forward to coming out and surprising everyone because a lot of people when they come to play us are like, 'Oh High Point... they're a first year team, they're probably not going



Cissy Woodyard sets up a pass during practice.

Photo by Jeremy Hopkins



The Panthers will host Virginia Tech in their first ever home lacrosse game on Feb. 12.

Photo by Jeremy Hopkins

to be that good.' We're just excited to show everyone we're not here to start out slow; we're here to make an impact right away."

Men's basketball struggling on the road

By Pat Budd
Staff Writer

After starting off the season with a 4-3 record, the men's basketball team has struggled lately mainly because of its seven-game road stretch over winter break.

From Dec. 8 to Jan. 8, the Panthers compiled a record of 1-6 with their only win coming against Tennessee Tech on Dec. 8. From there, the team went on an eight game losing streak that spilled into its return home to the Millis Center on Jan. 13-15.

"The road is very difficult for us at this level," said head coach Scott Cherry. "We've battled through the adversity but now we just have to respond to it."

However, the team is staying positive and has proved to be a contender within the conference despite a 6-12 overall record. The Panthers snapped their eight game losing streak on Jan. 20 against Presbyterian College in an overtime thriller in Clinton, S.C. The win improved their conference record to 3-6.

"We know we can play with anybody in the league as a team; we just need to eliminate those three and four minute lows where we don't make a basket," said junior guard Nick Barbour. Barbour leads the team in scoring, averaging 15.9 points per game and has proven to be the go-to-guy this season.

Coach Cherry also sees the team as a competitor within the Big South Conference but attributes some of their

recent struggles to a lack of experience.

"We're not getting the crucial stops when we need them and we're not getting the crucial baskets when we need them, but a lot of it has to do with being a young basketball team," said

season. Travis Elliott has been one of the key freshmen on the team especially in the absence of senior Ernest Bridges. Bridges missed three games due to a knee injury, where Elliott was forced to fill his position in the starting

the starting lineup five times this season and has been a major contributor on the offensive side averaging 7.1 points per game. He also is second on the team in rebounding behind Corey Law with 5.4 rebounds per game.

The mid-season struggles for the Panthers have not slowed down the support for the team. The Panthers returned home to the Millis Center against Liberty on Jan. 13 for an ESPN3.com televised game and a conference game against VMI which was also televised on WCWG. Both games had large crowds of 1,602 and 1,519 people.

"We love to play here in the Millis Center; the people here in the community and the university have tremendous support for us and we are working hard every day," said Cherry. The Panthers have historically played well at home. They finished last season with a 12-1 home record and currently are 4-3 at home this season.

The Panthers have passed the mid-way mark of the season and look ahead to the latter part of the schedule, which includes the majority of Big South Conference games. Despite struggles within the conference, Cherry stays optimistic about their future.

"It's not going to be done over night, we've got the right pieces, we've got the right players, we've just got to keep working and keep getting better and better," said Cherry.

The Panthers will take on Presbyterian College on Feb. 1, Radford on Feb. 5, and N.C. Central on Feb. 7. Each of those games will be in the Millis Center starting at 7 p.m.



Junior guard Nick Barbour evades his Liberty opponent on Jan. 13.

Photo by Jeremy Hopkins

Cherry. "We've got a young team, but they are learning."

The Panthers have six freshmen on the team, all of whom have seen a significant amount of playing time this

lineup. Elliott has started eight games this season for the Panthers.

Du'Vaughn Maxwell, another freshman, has played a key role on the team recently. He has made his way into

Track and Field training not affected by weather

By Henry Molski
Staff Writer

As snow, freezing rain, and chilling winds move across North Carolina this winter, track and field is not necessarily the first "winter" sport that would pop into someone's mind. However, both the men's and women's track and field teams are hard at work in the cold... well, for the most part.

This winter is a little different for the athletes, as the team has a new indoor practice facility (albeit an old boat warehouse) to practice in. Particularly for those competing in field events, the athletes are already starting to see the benefits of an indoor practice facility.

Senior pole vaulter TJ Brancaccio says the new warehouse will not only be important for improving his vaults this year but will serve as "a big plus for recruiting and for up and coming athletes."

Brancaccio also said that with the help of practicing in this warehouse in the winter that he would like to put his vaults in the 15-feet to 16-feet range. Numbers like those would surely help Brancaccio achieve his ultimate goal of making the NCAA track and field championships this spring.

Also getting acquainted with the new warehouse is junior jumper Christina Fenske. Fenske, who holds High Point's indoor high jump record, just rejoined the team this semester after studying abroad in Australia in the fall. Fenske was able to stay in shape for the season through workouts that head coach

Mike Esposito emailed her. But Fenske said the most important thing was simply staying motivated.

However, Brancaccio and Fenske were both quick to point out that the new indoor facility is not yet heated, something they soon expect to be remedied. Nevertheless, the warehouse allows jumpers and vaulters to practice whenever they want without having to brave the howling winds or slippery winter mush.

Nearly every day, vans full of jumpers and vaulters head over to the new practice facility with the athletes all bundled up. This amount of practice for the jumpers is something that simply could not have been done in the past with the amount



The Alter-G machine is the latest in treadmill technology.

Photo Courtesy of HPU Sports Information

up over the winter break due to "slippery conditions in the snow."

As for this matter, the warehouse was not the only addition that was made to the track and field team this season. More and more of the athletes are becoming acquainted with the new Alter-G machine. The Alter-G Anti-gravity treadmill allows the runners to run on a treadmill in an environment that is nearly weightless. Different settings can be changed to allow the athletes to feel less stress on their legs and feet as they use this piece of equipment to train or rehabilitate an injury.

High Point is currently one of only three schools on the East Coast that have this fancy, yet very useful device.

Whether the athletes are perfecting their jumps in the new warehouse or rehabbing an ankle sprain on the Alter-G, they are all looking forward to not only a productive 2011 season, but a very bright future beyond that.

of snow, sleet, and slush the High Point campus has experienced recently.

The snow and slush outside is not something to be messed around with either. Coach Esposito said that a number of "irritating" injuries popped

Women's lacrosse, part of something big

By Kaitlyn Hodges
Special to the Chronicle

Division I is the grandest stage of collegiate athletics.

So if an athlete is talented enough to play at the Division I level, why would he or she choose to join a new program instead of a well established team that can guarantee a successful season?

"I was thinking that coming to a new program would be really exciting," said freshman Mackenzie Carroll, about her decision to come to HPU to play on the women's lacrosse team that began competing this fall. "To be able to experience that and to start the foundation of a new program and have the opportunity to build something up from nothing would be great."

Carroll was recruited by several big name, established schools, including UNC, ranked fourth in the country, and No. 11 Vanderbilt along with several others.

She said that the final decision was between those schools and HPU.

HPU will play in the National Lacrosse Conference (NLC), which will be in its third year in the spring of 2011. HPU joined the NLC as the eighth team.

The women's lacrosse team will compete as a NCAA Division I independent program of the NLC initially, but will continue to investigate options for a Big South conference affiliation.

Lyndsey Boswell, head coach for women's lacrosse, was brought onto the HPU athletic staff to start the team in June 2009.

Fourteen months of hard work was spent preparing for her team's arrival to campus. These long months included creating a schedule, hiring an assistant coach, ordering jerseys and equipment, and traveling all over the country, scouting girls to fill the team with.

"I expected the most challenging part would be bringing a team here for the first year, but because HPU is so amazing, it made it easy," said Boswell. "What I thought would be the biggest challenge ended up being really easy."

"Just the time - waiting for the girls to get here, waiting for the first game, and just anticipating so much, has been the hardest," said Boswell.

The women's lacrosse team puts in 20 hours of practice and conditioning time a week while in season and preseason, and eight hours a week while between seasons [fall ball and regulation season].

"It's definitely been tough because our coaches expect a lot more out of us than I think they would if we were an already existing team," said Carroll. "We have so much more ground to cover than other established teams already have. We don't have plays where everyone works together where other teams have that."

Both Boswell and Carroll expressed the frustration of the first few practices the team had when they came back to begin the school year in August. All the girls who were rusty from summer now had to jump in and try to form a core team.

"We're young," said Boswell. "We have a young team and we are

inexperienced. But the one thing that helped us get through some of those tough first practices was that the girls were just totally excited to be here."

It was not just a few new girls trying to fill the gaps and find their place on an established team that is just looking to spice up their play with some fresh talent. But rather a baby team with no former structure, made up of a majority of freshmen aside from a few transfers and walk-ons from the HPU club lacrosse team.

Carroll, not knowing how her teammates worked and played or who was comfortable with whom said, "At first, we would think someone was going to do something, make the pass and then they weren't there. Now it's getting to be where we kind of know. It's been kind of fun to figure that out."

The young team is working hard to establish the tradition, rituals and recognizable name that older teams already possess.

See **Lacrosse**, page 10

18 students arrested for possession of \$1,500 worth of fake IDs

By Katie Nelson
Editor in Chief

Eighteen High Point University students were arrested on Jan. 19 and charged with possession of fraudulent identification by the High Point Police Department.

Those arrested were John Litke, 19, of Oyster Bay, N.Y.; Conor Moloney, 18, of Cape Elizabeth, Maine.; Grace O'Malley, 18, of Clearwater, Fla.; Luis Zervigon, 18, of New Orleans, La.; Rebecca Hannigan, 18, of Hanover, Mass.; Catherine Curti, 18, of East Hampton, N.Y.; Thomas Dempsey, 19,

of Southern Pines, N.C.; Julia O'Connell, 18, of Coldspring Harbor, N.Y.; Emma Graham, 18, of High Point, N.C.; Hannah Flattery, 18, of Quincy, Mass.; Arabella Levinsky, 18, of Natick, Mass.; Lindsey Diaz-Macinnis, 19, of Lexington, Mass.; Danielle Agoglia, 18, of St. James, N.Y.; Alyssa Carney, 18, of Monroe, N.Y.; Ruth Alise Hickey, 19, of Chapel Hill, N.C.; Harrison Wesley Betsill, 18, of Manchester, Md.; Meaghan J. Murphy, 19, of Lexington, Mass.; and Michelle Angelica Tarangelo, 18, of Oceanside, N.Y.

According to arresting officer Detective Renee Lewis, agents from United States Customs contacted the High Point Police Department on Jan. 7 to

report that \$1,500 worth of fraudulent identifications was being shipped to High Point University students via the university's post office.

The students allegedly ordered the fake IDs online as a group from an organization in Hong Kong, according to police. Lewis said there was no intent to distribute the fake IDs; they were ordered only for personal use.

The students were charged with a misdemeanor by local police and not the federal agents. The court date for the students has been set for Feb. 21.

Chris Dudley, vice president of administration, said, "I can't comment because it's on ongoing investigation," when asked about the case.

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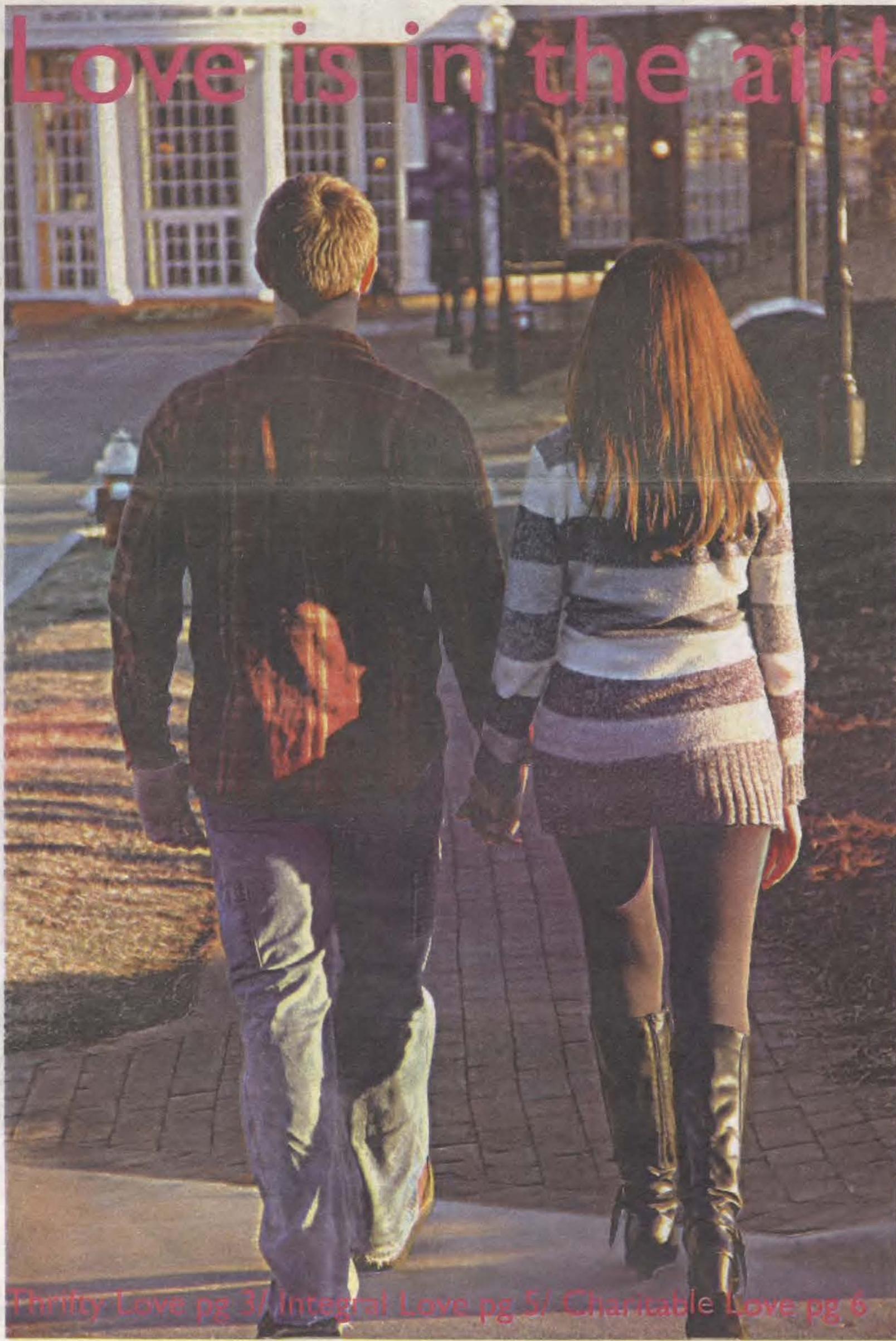
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Thrifty Love pg 3/ Integral Love pg 5/ Charitable Love pg 6

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The Campus Chronicle urges readers to submit letters to the editor.

The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone number and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgment of the editors and advisers.

Mail your letter to: The Editor, Campus Chronicle, Box 3111

Cover photo by Jeremy Hopkins

Campus Voices: Special Valentine's Day Question Edition

Ladies: What is the best gift your significant other could get you?

"Doesn't matter, as long as it's from the heart. Really nice, heartfelt card."

Laura Johnson, senior



"A nice evening out with someone who cares about me."



Brittany Joyce, junior

Gents: What would you give your significant other?

"I would leave a rose and box of chocolates that she could find throughout the day."

Rob Strauch, sophomore



"Chocolate, flowers, dinner, and a bracelet or necklace. Something that would go well with the person."

Wilson Powell, freshman

**SGA Adviser Act will benefit students and advisers***Staff Editorial*

The vote was unanimous to pass the SGA Club Advisers Act at the meeting on Feb. 3 for good reason.

In the past, a club's adviser has been required to attend any trips sponsored by SGA. Now, contrary to previous years, the adviser's trip expenses will be covered. Previously, the adviser not only had to schedule time to go on trips but had to also fund food, transportation and lodging out of his or her own pocket, unless the adviser's department picked up the tab.

This decision has been a long time coming. With the recent economic downturn, the need was obvious, but

there has been some opposition.

One argument against the amendment stems from the fact that money from the "Student" Government Association is now being used to pay for advisers. However, in this circumstance, using this money to pay for advisers helps the students since according to the constitution, they wouldn't be able to go without one.

Another source of contention surrounding the amendment has to do with the requirement for advisers to go on club trips. Although HPU students are at least 18 years old and legally adults, SGA requires a sort of "babysitter" for any trips students may take with their clubs. Thing is, though

it may feel demeaning to be required to have an adviser, the university is liable for its students even during SGA-sponsored trips. Having an adviser on these trips helps reassure administrators that the students are safe and that the university's money is being used properly.

The Campus Chronicle supports this recent amendment. If SGA is going to require advisers to go on club trips, then they might as well pay for it. This decision reflects a transition toward fulfilling students' wants and needs. It also leaves no excuse for not having an adviser to go on a club trip.

This Valentine's Day it's really the love that counts

By Tierney Gallagher
Opinion Editor



Heart-shaped boxes, teddy bears and roses line the shelves of local stores. Cards professing their love fill the aisles. Advertisements remind you daily to not forget to buy these gifts for that special someone. The assortment of love-related items is inescapable during this time of year.

I'll admit, all of this mushy Valentine's Day stuff can be sickening. But you know what makes it worse? Listening to people complain about it!

Over the past few days, all I've heard is others giving this upcoming holiday a hard time. The single people complain that they feel left out while those with partners feel that the holiday only

creates stress in their relationships.

Frankly, I'm sick of hearing all of the whining and complaining. Not everyone hates the holiday so we don't need to be brought down with your negative attitude. Please put on your big-girl panties and suck it up. I even have some suggestions that might help you change your mind.

Valentine's Day is actually much more than all of the commercialization and mushiness. It is a really good opportunity to take the time to appreciate the people you love in your life.

Even if you are single, Valentine's Day can be a great way to acknowledge the important people in your life. Take the time to focus on someone in a special way. It doesn't have to be a significant other. You can pick your parents, siblings, friends or anyone else you feel deserves some attention. Get them a nice card, take them out to dinner or just tell them that you love them. Everyone likes to feel loved and

appreciated; Valentine's Day is a great time to show it.

For those of you in relationships, I understand that finding the right gift can be stressful, but don't let it get to you. Valentine's Day is the perfect opportunity to show your boyfriend or girlfriend how much they mean to you. Focus on your feelings instead of all the materialistic stuff. Reflect on your relationship and appreciate what you already have instead of stressing out about what you think you should have.

That being said, for both parties, please toss out your negative attitude.

I urge you to look at Valentine's Day a little bit differently this year. Instead of focusing on over-the-top, mushy gifts, make it all about showing your loved ones just how much you really love them. If you approach the holiday in a positive way – you'll find you will be happier when the day comes and it will eliminate the pressure.

A moment with the editors

Are you glad Triangle closed?

What was your last concert?

What's your favorite flower?

Katie Nelson,
Editor-in-Chief



Yes

Disturbed/Korn

Birds of Paradise

Steven Haller
Sports Editor



Aren't all triangles closed...?

O.A.R.

Snapdragon

Dianna Bell
A & E Editor



No

Thermals

Tiger Lily

Dazzle and shine on Valentine's

By Emilee Cook
Staff Writer

Valentine's Day is the one day a year for a woman to show off her greatest powers: her confidence and femininity. With Valentine's Day fever everywhere, it's hard to avoid pinks and reds. Whether you plan on spending this night with a significant other, best friend or stranger—it is still a great excuse to dress up, so take advantage of it!

Dateless or not, forget staying in and watching a tearjerker in your pajamas with the two main men of your life: Ben and Jerry. Pick up the phone, call some old friends and arrange a night out on the town... or head to Liberty.

Outfit One: "The Casual Date"

Seeing a local concert or going to the movies? Match a flirty shirt with a nice pair of dark denim jeans. Dark denim dresses up an outfit without being overwhelming. A sheer, light pink, or floral ruffle top are perfect ways to show off your girly side.

Try avoiding the everyday bland Uggs and wear a stylish pair of flats. Tory Burch has a great collection of flats with patterns from animal prints to sequins. Remember: you can look cute while still being comfortable without throwing on a pair of sweatpants. If you're having a romantic night in, you can still dress comfortably in soft fabrics like yoga lounge pants and a long drape sweater.

Outfit Two: "The Romantic Date"

Going out to a fancy dinner? Wear a simple yet sophisticated dress, fun pair of heels, simple stud diamond earrings, and an eye catching sparkly clutch. The dress should be classy rather than extremely revealing. You can still look just as great in a bandage dress that manages to show off your curves and leaves more to the imagination.

However, if you are going to a restaurant that isn't that fancy, simply dress up a little more than you usually would. Wear a dressier top, such as a silk shirt, with a pair of dark or black jeans. Throw on a pair of heels and in seconds you've effortlessly taken your look up a couple of notches.

Outfit Three: "Girls Night Out"

Girls night out is your true time to shine. The only boyfriend who should be discussed on a Valentine's Day girls night out is the boyfriend blazer. Stand out of the crowd by wearing a gold sequin shirt underneath a boyfriend blazer with a high-waisted skirt and pair of sultry heels.

Remember with whatever you wear—be confident. Feel good in whatever you are wearing and walk with your head held high. Most likely your date or friends won't remember the little details to your outfit, but instead will remember the way you carried yourself. Confidence, not cockiness, is key.

Don't splurge this Valentine's. Save!

By Skylar Mabe
Staff Writer

For a college student, expenses are significant but dollars are few. Here are a few ways to say "I love you" without breaking the bank, maxing out the credit cards and signing up for retail therapy.

A Hallmark card can cost anywhere from \$1 to \$5. Skip the pre-made romantic tidbits and write something from the heart.

Not that romantic? Recycle the three-word, age-old saying on a sticky note or the back of a receipt...the more creative the better.

Haven't said the "L" word yet? Don't be afraid of color: use markers, crayons or colored pens. In other words: draw a picture. Exhibit that imagination you were urged to use in preschool. Draw a bouquet of roses, which is much cheaper on paper than it is in real life. Draw a heart with both of your names. Lame? Yes, but isn't that the point? The more lame, the more memorable, the better.

Chocolate. If she likes it, buy it.

All dollar stores, trees, general and Family Dollars carry a wide selection of sweet treats. The chocolate is not second hand. It hasn't been eaten already and re-sold. No one will know you saved money on Hershey's Kisses or Russell Stover and that's the goal.

Have a little more dough to spend? Go to Target or The Fresh Market.

Target features a \$1 aisle for Valentine's treats. The store also includes aisles with Valentine's goods

ranging from candy to party favors to cupcake molds.

The Fresh Market is a haven for candy lovers. It has barrels full of single-wrapped treats like Ghirardelli chocolate squares and Boca Bons' truffles. The Fresh Market also carries an assortment of sugar-free candies including gummy bears, chocolate peanuts and butterscotch.

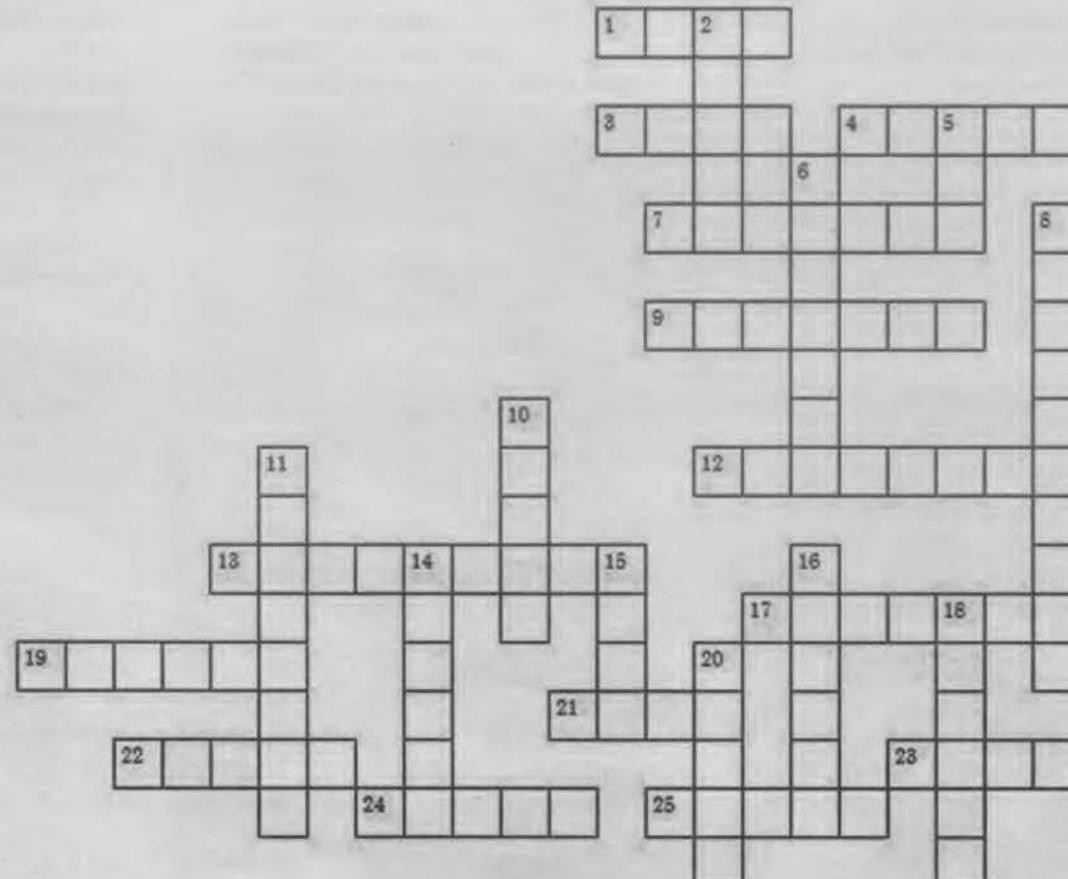
If your valentine loves flowers, what better way to cultivate your relationship than to plant a bulb or two? Once summer comes, your love will be stronger and your flower will be in bloom. Instead of paying twice as much for roses or daisies that will be dead in a week, pay the minimal price for bulbs that will last throughout the season.

Now for the main course: dinner.

The cheapest way is to do it yourself, but not all dorms are equipped with ovens and stoves. So dine off campus, but go about it the right way. Instead of over-doing it and ordering an appetizer, two entrees, and a dessert—snack before dinner. Eat a heavy lunch on campus, where food is abundant and charged to your passport, not your bank account. Order one appetizer, one entrée and one dessert. Take no doggy bags and leave a tip. Who knows? Perhaps sharing food will tell you a little more about the one you are with.

So to conclude: do-it-yourself cards, cheap chocolate, Target treats, The Fresh Market munchies, budding relationship bulbs and if you care, share (an entrée). With these tips, you won't break the bank while shopping for your sweetie.

Greatest Love Songs



By Janeen Leppert

ACROSS

- 1 "____ Me" - Sixpence None The Richer
- 3 "She's Got A Way" - Billy Currington
- 4 "Love ____" - Taylor Swift
- 7 "____" - Faith Hill
- 9 "____" - Howie Day
- 12 "Let's Stay ____" - Al Green
- 13 "I Don't Wanna Miss A Thing" - Mariah Carey

- 17 "I Just Can't Stop Loving You" - Michael Jackson
- 19 "Maybe I'm ____" - Paul McCartney
- 21 "I Will Always ____ You" - Whitney Houston
- 22 "This I Promise You" - Bruce Springsteen
- 23 "____" - Goo Goo Dolls
- 24 "Truly ____ Deeply" - Savage Garden
- 25 "Just The Way You Are" - Bruno Mars

- 2 "I ____" - Boys II Men
- 5 "Back At The Oldies" - Brian McKnight
- 6 "____ For You" - Colbie Caillat
- 8 "Your Body Is A ____" - John Mayer
- 10 "I'll Be" - Michael Jackson
- 11 "____ Love" - Leona Lewis
- 14 "You're Still The One" - Mark Twain
- 16 "Let's Get It On" - Marvin Gaye
- 18 "____ Garden" - Bruce Springsteen
- 20 "My ____ Will Go On" - Celine Dion

The Frat House is fraternity friendly

By Jared Johnson
Staff Writer

The Frat House Bar is the place to go if you are looking to blow off some steam after a week of classes. This is a bar that screams college atmosphere and caters to the patrons in every way possible. The Frat House feels like you have been there a thousand times as soon as you walk through the door.

There are not too many alternatives for college students in this area to have a fun, safe time if they want to get off campus and go out with their friends. With the recent

REVIEW

opening of The Frat House Bar, students now have the opportunity to do so.

To cater to their name, The Frat House gave High Point University fraternities the chance to make the bar their own by allowing them to paint a wall and add their own personal touch. This makes the atmosphere feel more like a fun, relaxing college hangout.

The Frat House Bar has a massive



The Frat House is located at 133B E. Parris Ave.

Photo by Jeremy Hopkins

1,000 square foot dance floor next to the main bar and an amazing sound system so patrons can dance all night. But the dance floor is not just for dancing. It can be turned into a makeshift comedy club for open mic night, or the space can even be used for indoor cornhole and darts. Other than the dance floor, The

Frat House Bar offers three pool tables and a half dozen arcade games such as Buck Hunter.

If it is someone's first time at The Frat House Bar, all that is needed is a one-time \$5 membership that is good for the year. Most bars have customers spending their money before they can

even get in the doors with covers for every visit, but that is not the case here.

Many students do not start going out to the bars until it is quite late. It is not uncommon for the bartender to be making last calls as soon as the crowd starts to arrive. That is not a problem at The Frat House where the bar is open until 2 a.m. every night.

Something else that every college student is looking for after a night at the bar is something to eat, and with Dominos next to The Frat House, what else can you ask for? The best part about the place is that they will order the pizza and get it for you.

The owners of The Frat House Bar are Daryl and Alicia Layton, who could not be nicer people. Daryl, a longtime DJ and firefighter, wanted to give students a place that is a safe alternative that allows them to have a good time. With great ownership and a fantastic bar, The Frat House is a great addition to the area club scene.

Clarification:

In the Jan. 31 staff editorial, the statement was made that the Frat House "only lets in 100 people." The occupancy capacity of the Frat House is now 245 people.

The Dog House: High Point's best kept secret

By Dean Judson
Staff Writer

If you're looking for a quick lunch get-away from campus, The Dog House is the place to go. It is conveniently located at 664 N. Main St. in downtown High Point and is approximately five minutes from campus. Parking is located either on the street, the BB&T lot or in the back of the shop.

As soon as they walk in, patrons are greeted with a great, Southern, local atmosphere. Almost all of its customers are local High Point residents, as many students don't know about this place. The Dog House has been in its original location since 1942 and still has some of the original memorabilia. It is a very old-school establishment.

There are two seating options: the counter, which has 11 stools, or one of the seven booths. Each booth is dedicated to one of the seven original ACC teams, as the owner is a huge ACC fan. There is even an old school High Point University

banner hanging above the counter. Also, antiques litter the whole restaurant, making it a unique experience, and the register is something seen in a 1950s diner.

REVIEW

The service reflects its atmosphere almost identically: old school. Four Southern women service the counter. Your whole party must be present to take a seat and above each booth is a

sign saying "No singles please" to avoid inefficiency.

The Dog House is open from 11 a.m. to 2:30 p.m., Monday through Saturday and is extremely busy. It takes about five minutes to get food from the minute it is ordered and one must eat fast to accommodate the amount of people waiting. Another great thing about The Dog House is the prices. There is nothing on the menu over \$4.

The food here is awesome! The Dog House is famous for its amazingly good hot dogs and hamburgers. YES! Weekly voted their hot dogs the best in the Triad.

The hot dogs come grilled or broiled on a steamed bun. With the hot dog and hamburgers, there is the option of adding bacon, lettuce, tomato, cheese, kraut, relish, extra slaw, extra onions, extra chili, grilled onions, and dressing for only a few cents more.

There is also a combo for the hot dogs and hamburgers: "loaded," "slaw," or "all the way." "Loaded" includes mustard, onions, slaw and chili. "Slaw" comes with mustard, slaw and chili. "All the way" has mustard, onions and chili.

If one is not in the mood for hot dogs and hamburgers, The Dog House menu includes bologna, baked ham, BLT and chef's salads. The sweet tea here is simply amazing. The restaurant also offers Pepsi products with free refills and Cheerwine in a can. For those 21 or older who are in the mood for beer, they have it with choices of Bud Light, Budweiser and Miller Lite.

Ready to eat? Bring cash as no checks or cards are accepted. Also, remember to give yourself a little extra time if you have classes. There is more than likely going to be a wait.



If you go to the Dog House you can eat in a booth themed for your favorite ACC team but you can't pay with a credit card.

Photo by Jeremy Hopkins

Kim, will you mar²y me?

By Skylar Mabe
Staff Writer

If you've had a class in the math or science department, you've likely seen Dr. Kimberly Titus and Dr. Aaron Titus. If you've ever used WebAssign, you've encountered one of Aaron Titus' projects. Math and science go hand in hand, but how do the two subjects enter into marriage?

It all began with a t-shirt, a play and an integral.

Drs. Aaron and Kimberly Titus first met at a N.C. State University graduate student mixer. He was a first-year student and she was a fifth-year student.

"I had a Christian t-shirt on and Kim said, 'I like your shirt.' I said, 'Oh thank you, you must be a Christian,'"

At the time, Kim was involved with an international Bible study, an outreach designed for international grad students.

Aaron asked when the Bible study met and with that, a 17-year relationship began.

"Our first official date I think we went to a play on campus," said Aaron.

"Yeah, 'The Taming of The Shrew,'" added Kim.

Kim and Aaron's relationship continued for about six months, as they played tennis and grew closer to one another while growing closer to God. On February 13, 1994, he popped the question.

Aaron wrote a letter as if it came from an office in Washington, D.C. It was disguised to look like a Ph.D exit exam.

At this time, Kim was spending approximately 12 hours a day writing her dissertation.

"She did not want to go get this thing. The secretary said it was optional... (I told her) you really need to come get it but she did not want to go do it. I said, 'Oh come on.'"

"Oh you're always so positive," said Kim.



Aaron and Kim Titus work in Congdon Hall.
Photo by Jeremy Hopkins

A snowstorm had blown in over the university so Aaron offered to pick up this "exam" along with all her other mail.

"I'm thinkin' she's gotta take this thing," said Aaron.

Kim sat down at her desk to get this exam, a nuisance, out of her way. Aaron made his entrance when Kim noticed the answers to the exam spelled out "Will you marry me?"

"I started laughing. He said, 'What's wrong? ... I think somebody in the graduate program at Washington, D.C. wants to marry me,'" said Kim.

At that moment, Aaron bent down on one knee and asked for Kim's hand in marriage.

Kim planned a 200 person wedding in less than seven months.

After the wedding Kim had a full-time job in research; however, she knew that wasn't a feasible option when it came to raising a family. Two years after the "I Dos," the Titus' welcomed baby Melody to the family- three years later, Melody became a big sister to baby Michaela.

Kim was a stay at home mother and Aaron went to work at High Point University.

Five years later, when Michaela started Kindergarten, Kim followed her husband to HPU and became a full-time professor.

So now, who helps with the English homework?

"We both do," said Kim and Aaron.

"Just don't ask me about civics," said Kim.

Like most married couples, their kids receive the bulk of the presents for Valentine's Day; however, Aaron retains his romantic ways by giving his wife what she really appreciates.

"A lot of time he gives cool stuff like spare power cords, you know, techy stuff... I love chocolate, flowers and jewelry but I can really appreciate gadgets," said Kim.

As for this Valentine's Day?

"It's next Monday, honey. We have one week," said Kim on the day of the interview.

"I think we're grading papers. No, I'm just teasing," said Aaron.

Aaron and Kim will celebrate their 17th anniversary this Labor Day weekend.

Think you're taking too many credits? Try planning a wedding as well

By Alyssa Romeo
Special to the Chronicle

According to the US Census Bureau; between 1981 and 1985, the average age of a man getting married was close to 30, while a woman was around 25. In a 2002 survey, the average age for a man was 35 and a woman was 32.

College is a hectic time, especially senior year, the final two semesters to finish classes and send out the ever important resume for that perfect job.

And yet, on top of all that work, and the opinions of others to wait, some young couples decide to take on the added task of planning a wedding while still in college.

Five years ago, Katie Stanley, now 22, was sitting at home when someone rang her doorbell.

Shaine Mata, now 26, a guy she had grown up with in church, was looking to speak with her dad about a job opening. Mr. Stanley wasn't home, but Shaine stayed to talk to Katie.

The next day he called again, except this time he wasn't looking to speak to Mr. Stanley.

Shaine was calling for Katie.

A week before her 18th birthday, Katie and Shaine became a couple - they've been together ever since.

On August 21, 2008, Shaine popped the question on a pontoon boat, taking Katie completely by surprise. She says, "I was probably too picky about it. I told him I didn't want it on a holiday, and I didn't want to be expecting it..."

Katie remembers how nervous he was the entire time they were on the

boat, and she couldn't figure out why.

Shaine proposed at the beginning of Katie's junior year at High Point University and plans for the wedding were not even thoughts in her mind. The following summer is when Katie said planning became a reality.

Katie said, "Summer came around and we figured out where we were going to have it. I knew what colors I wanted and I was already dress shopping, but that's about as far as I got."

Katie and Shaine talked about either having an August wedding or a



Shaine Mata began looking for a job with the Stanley household but he found love instead. Photo provided by Alyssa Romeo

January one. January won and in the fall of 2009, Katie found herself balancing

19 credits and planning the wedding of her dreams.

During the fall semester, Katie got herself into a strict routine to balance the amount of credits she was taking with wedding plans. When she was on campus, school was the only thing that mattered. Five days per week, her mind was devoted to completing school assignments, which often entailed her staying late at night. Her reasoning was that if she brought the work home it would somehow get mixed up with the wedding and her grades would suffer.

Weekends

were for wedding planning. After her assignments were done, Katie would devote her spare time to looking at flowers, photographers, and place settings. She said that keeping the two biggest commitments in her life separate is what kept her sane.

All-in-all, planning only took about six months, and although Katie found the intertwining of planning and school stressful toward the end, she said she wouldn't change the way she went about doing things.

Katie and Shaine's wedding was at night, exactly how Katie wanted it. Their vows were exchanged amongst family and friends in a sea of lights, candles and candelabras.

Looking back, Katie says that she could have waited longer to have the wedding, but since she wanted it to be a separate event from graduation, and she's married to the man she loves, it really doesn't matter.

For Katie and Shaine, the decision to wed so early in their adult lives seemed natural. "We had known each other for so long anyway, and knew we were going to end up married one day, why wait? It's what we both wanted," Katie said.

Advice Katie has for brides-to-be planning weddings while still in school; "There's a lot of stuff you learn that you don't need...you're in school and you're stressed out and you want to buy everything, and just have it all there at one time and you don't really need to do that. Don't take 19 credits...and try not to stress out so much. The more people you have to help you, the better it is."

Greeks use Valentine's Day to support charities

By Stephanie Schwartz
Staff Writer

Although love is in the air, philanthropy around campus is blossoming. While many High Point students will be spending their Valentine's Day surrounded by friends, flowers and chocolates, three Greek organizations have made an effort to help others on the day of love.

Alpha Phi Omega Service Fraternity helped make that perfect Valentine's Day dinner much easier. Valued at \$200, APO raffled off dinner for two at Print Works Bistro at the Proximity Hotel in Greensboro. The restaurant has a prix fixe (predetermined) menu for the night

with dishes such as lobster bisque, beef tenderloin and a chocolate hazelnut tart for dessert.

Included in the prize is town car transportation to and from the restaurant. "The money we raise for the raffle will be going towards the fraternity so we can continue to do more to help," said Taylor Bradley, fundraising chair for the fraternity. "I'll be watching The Notebook with my girlfriends, but for people who have dates, this is the ideal evening," Bradley said.

Sigma Sigma Sigma sorority and Pi Kappa Phi fraternity are teaming up for an event called "Valentines to Stop the Violence." The money raised will go directly to the North Carolina Coalition

Against Domestic Violence.

The organizations are selling personalized candygrams to be delivered on Valentine's Day. Cupcake decorating is another great chance to support the cause and will be taking place right outside the cafeteria. Both delicious opportunities only cost one dollar each.

"It's going towards a great cause," said Pi Kappa Phi pledge Jonathan Overton. "Our event is helping people in danger get to a safer place in their lives. I'm excited to be a part of this awesome opportunity."

Erin Sinnott, philanthropy chair for Sigma Sigma Sigma added, "What inspired us to choose this organization was the idea that, around Valentine's

Day, we pay special recognition to those who we love, and sometimes everyone isn't as fortunate to feel this kind of love, but rather has felt the abuse that may sometimes come along with a relationship. On Thursday and Friday, we'll be accepting dollar donations for candygrams that will be delivered to the person of choice- whether that be a boyfriend, a girlfriend, a best friend, etc. We will have bags filled with chocolates and on Monday, the sisters of Tri Sigma and the brothers of Pi Kappa Phi will deliver these bags to the dorm rooms of these people. On Monday, we will be accepting dollar donations to decorate a cupcake as a little treat for Valentine's Day."



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Men's basketball thriving in own house

By Pat Budd
Staff Writer

The recent home stand of the High Point University men's basketball team has played a key role in its recent success. The Panthers won three games in a row at home

including a come-from-behind victory against Charleston Southern on Jan. 29 and a 72-70 victory over Radford on Feb. 5.

The Panthers defeated Charleston Southern 77-75 in dramatic fashion at the Millis Center. The game, which was televised on WCWG, was a tale

of two halves as the Bucs dominated in the first half, but junior Nick Barbour caught fire in the second half, going 10-18 from the field and scoring a game high 28 points for HPU.

"It's been an up and down season. We tried to come out and have fun,

and stop thinking about it so much. All we need is to believe in each other and trust each other," said Barbour after the victory.

The Panthers have seemed to overcome their mid-season struggles and have their offense clicking on all cylinders, despite missing key players at times. The team has struggled to have their entire line-up all together in recent key Big South Conference match-ups. Corey Law and Nick Barbour were suspended from the team for two games for violating team policy on Jan. 20-22, Ernest Bridges missed two games against Presbyterian College and Charleston Southern due to a knee injury, and freshman Cameron Soloman has not seen any playing time since Jan. 5 against Wake Forest.

Junior transfer Shay Shine has created a buzz recently on and off the court with his spectacular dunk against Presbyterian College. The dunk was featured on ESPN's SportsCenter as the No.2 play of the night on its daily Top Ten Plays. It was the second time this year that Shine has been recognized on ESPN, the first coming back on Dec. 4 against UNC-Asheville. Shine's one-handed dunk over a 6-foot 10 defender was good for the No.1 play of the night on ESPN. The dunk has become a YouTube sensation, getting over 2.5 million hits.

The Panthers have improved their record to 9-13 overall with a 6-7 Big South Conference record. The team has shown its resiliency and has not gone away despite its 1-6 road skid over the winter break. However, the team faces a difficult end of the year schedule with road games against UNC-Asheville and Gardner-Webb on Feb. 24 and 26, respectively.

"It's huge," said head coach Scott Cherry about the resiliency of his team, "For guys to play the way that they have played, it is huge."

Coach Cherry credits freshman Du'Vaughn Maxwell's and Travis Elliott's defensive play as keys to their winning ways. Maxwell, who was recently named Big South Freshman of the Week, is averaging 7.5 points per game along with 5.7 rebounds per game. He notched a double-double against Presbyterian with 10 points and 11 rebounds.

"Our guys have played through a lot of adversity, and for them to respond like this is really a tribute to them," said Cherry, who is in his second year with the Panthers. He also credits the recent success of junior guard Nick Barbour.

Barbour is now second all-time in HPU basketball history for career three-pointers made at 175, trailing only Eugene Harris, who graduated last year. He is also averaging over 17 points per game in Big South Conference play and is a candidate for Big South Player of the Year.

High Point will take on Winthrop on Feb. 15 at 7 p.m., and Appalachian State in the ESPNU BracketBusters game televised on ESPNU on Feb. 19 at 7 p.m. Both will be at home in the Millis Center.



Sophomore forward Corey Law throws down a one-handed dunk over his opponent at the Millis Center.

Photo by Jeremy Hopkins



Junior guard Shay Shine cuts between his opponents as he drives toward the basket.

Photo by Jeremy Hopkins

Women's basketball on pace in the Big South

By Brian Brennan
Staff Writer

The High Point women's basketball team has continued its quest for a Big South championship with two wins in its last three games. The wins raised the Panthers record to 10-11 and put them in a tie for fourth place with Charleston Southern in the wide-open Big South.

High Point's recent run of success began with a home win against Winthrop on Jan. 24,

where the Panthers used a punishing defensive attack to cruise to a 15-point victory. In her first start of the season, sophomore Erin Reynolds led the way with 18-points and four assists as High Point won 64-49.

"This was a hard fought victory tonight," head coach Tooey Loy said following the victory. "We were a little short handed but we really battled and played great defense. We took away everything they wanted to do. Offensively we really got going in the second half. We've picked up two victories in a row (High Point had previously beaten Coastal Carolina at home 80-66) and now we need to go on the road and keep it going."

Five days later, another key victory for the Panthers occurred when they traveled to Clinton, S.C. and racked up another 15-point win. High Point jumped out to an early 8-0 advantage with six points coming down low in the paint.

Brown led HPU with four points early while senior Frances Fields and freshman Cheyenne Parker each scored from close range. High Point continued a strong defensive performance in the second half, outscoring Presbyterian 22-9 to take a 55-31 lead with under nine minutes left in the game.

"This was an all-around team effort here today," Coach Loy said following the game. "We had 10 players ready to go today and got good performances from all 10. The first 10 minutes of the

second half was as good as we have been all year defensively. We shut down everything they wanted to do, which allowed us get into transition. We did some good things on both ends of the floor and are getting better and better every week."

With the win in Clinton, High Point's record rose to .500 at 10-10, but unfortunately, High Point was dealt a setback in Charleston, S.C. as the Panthers lost to the Charleston Southern Buccaneers 80-72 on Jan.

31. However, the Panthers have been picking up individual accolades lately. Senior Mackenzie Maier was named to the second-team ESPN Academic All-District team for District III. Maier is currently carrying a 3.80 GPA while majoring in education. She is a three-time member of the Big South Presidential Honor Roll and a Millis Scholar-Athlete.

In addition, the Big South Conference named freshman Cheyenne Parker the Cron's-Brand Freshman of the Week.

Parker averaged 11 points and nine rebounds in two games and recorded her third double-double in Big South play. Parker has now been named Big South Freshman of the Week four times, which ties her with Winthrop guard Duquesha McClanahan for the most in the conference. Parker won the honor on Nov. 16, Dec. 14 and Jan. 18.

There are eight games remaining in the High Point women's basketball season and the team currently sits in fourth place in the conference.

The team hosts the Big South tournament in March and the Panthers have a winning record at home so anything is still possible for this unit.



Senior forward Amy Dodd looks to make a quick pass into the paint versus Winthrop on Jan. 24.

Photo by Jeremy Hopkins



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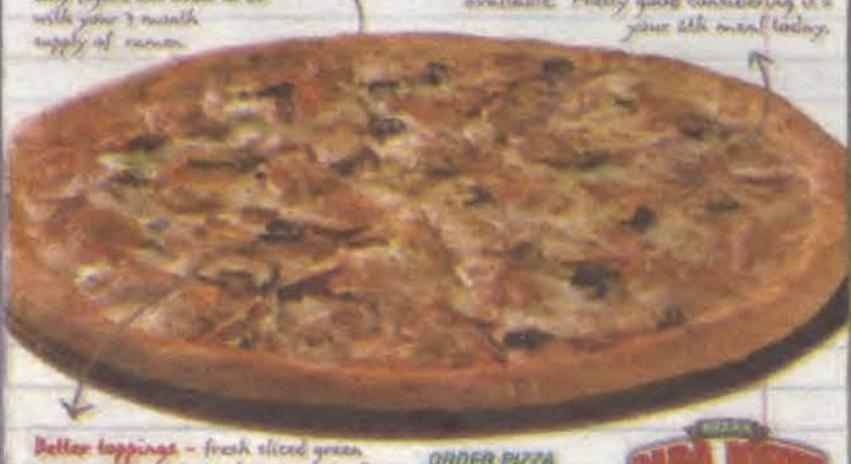
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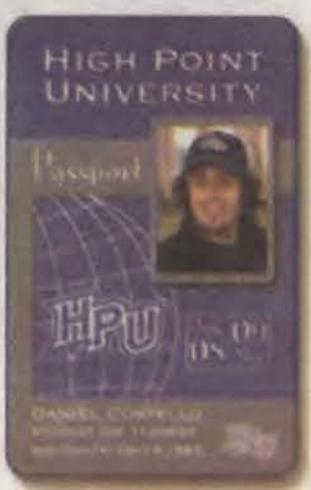
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Jumpin'
Jillie Johnston
brings home
lessons from
Greece
see page 10

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Cover photo courtesy of Margaret Fanning.

Campus Voices: What are your plans for Spring Break?

"Going to Maryland to work in a nuclear theoretical physics lab."
Colin McGuire, junior



"Nothing fun or interesting, just necessary."
Ben Hensley, senior



"Going to the Bahamas with my parents."
Cetera Wright, sophomore



"Going to Washington D.C. to visit my boyfriend, and going on daily adventures. Finally spending spring break in America."
Taylor Janzen, freshman

**Prognosis is good for full-time doctor at HPU**

Staff Editorial

HPU students must have stopped eating apples because now the doctor's going to be here full-time. HPU administrators just announced that Dr. Danielle Mahaffey, who currently serves as the part-time doctor at Student Health, will punch in more hours at the clinic starting this July.

This move has many positive implications for HPU. First of all, as many students have experienced in recent months, the last cold and flu season hit campus hard and kept the Student Health office full. Having a full-time doctor could help prevent and control widespread flu virus infections in the future. According to HPU's press release, Dr. Mahaffey will focus on "health education and preventative measures to staying healthy year-round" in her new role.

The best part about Dr. Mahaffey being made full-time is the effect it will have on our school's reputation: with the change, HPU will join the big leagues in North Carolina's private institutions by becoming the third to have a certified medical doctor serving as medical director of the Student

Health Clinic. The other two schools are Duke and Wake Forest.

Dr. Mahaffey's promotion is representative of the overall changes that Student Health has made in last couple years. Last year, the clinic adopted a computerized system for check-ins, which helps streamline the waiting room process. Also, those who have visited the office in the last month might have been surprised to discover its most drastic changes: a new entrance and floor plan for the entire facility. Due to the relocation of the clinic door from the West to the North side of the building, Wilson residents don't have to worry about the security threat that was posed by the old design; in the past, anyone could have access to the dorm since the old entrance led to both Student Health and students' apartments.

This improvement to campus is one of the more practical amenities that HPU has to offer students. Students can't enjoy the pool if they are sick in their rooms. Hopefully having Mahaffey here full time will help students fight off the cold and flu season with greater ease.

The C is for convenience

By Jordan Oliver
Staff Writer

I was a culprit; in fact, most of us Panthers still are or used to be guilty as charged. The crime? We walk into our on-campus convenience store—otherwise known as the C-Store—take

one look at the prices, and walk right back out, convinced that we can buy that toothbrush or box of cereal for three dollars cheaper at the local Food Lion.

"A lot of people come in and complain about the prices and how high they are," stated C-Store student employee Beth Meloro. "But in reality, this is a convenience store, and compared to everywhere around here that is a convenience store, we actually are cheaper."

C-Store customers don't realize that the convenience store cannot be compared to a grocery store—*ever!* The two are completely separate and cater to entirely different needs.

By definition, according to AllBusiness.com, a convenience store is

a "small centrally located store featuring ease of access, late-night hours and a limited line of merchandise designed for the convenience shopper. Convenience stores charge above-average prices compared to large supermarkets that generate large-volume sales."

"People don't realize that part of the price is paying for your convenience with it being so close and so quick and easy," stated Meloro. "And it's not the same as a Harris Teeter or a Food Lion or Target."

Although the C-Store prices can't technically be compared to those of nearby grocery stores or other food markets, their prices are still looked unfavorably upon by many High Point students.

"I thought they were insane," said freshman Sam Paetow. "I would always go in and not want to buy something because I was like, 'This is crazy, I'm spending way too much money on this bag of chips when I could get it for so much cheaper at a grocery store.'"

What we all must keep in mind is that we are paying for the mere fact that we are able to purchase those chips in the same building as our dorm rooms.

It may be true that a 12.8 ounce box of Cinnamon Toast Crunch costs \$4.59 at the C-Store while costing only \$2.99 for a 17-ounce box at Harris Teeter, but how practical is a last minute trip to the

grocery store for a student without a car on campus?

"It's a convenient store, it makes it easier," Paetow said. "But still it's like 'Uh!' I'm still spending this money when I could go to a grocery store and get it cheaper. I accept the prices, I just don't like them."

Many students do not understand that the C-Stores are not meant to compete with surrounding food markets; they are simply unaware of the underlying purpose of the campus stores: to get them what they need, and get it to them fast.

With a new understanding of the term "convenience" and thus of the C-Store itself, student complaints should be silenced.

"When you go in initially, you think, wow, this is totally overpriced but when you do think of it in terms of going to a 7-Eleven or a Rite Aid—some sort of convenience store—the prices do make more sense," said sophomore Katie Bayer.

Do you want a midnight snack while you're cramming for that midterm, or not? Then stop complaining, pay the extra \$1.40 for that box of Nilla Wafers, and carry on with your studies.

After all, the ability to shop in your pajamas comes with a price.

The real world: There is "No Such Thing"

By Amanda Mayes
Staff Writer

Get used to the alarm blaring at an ungodly hour of the morning. Learn to make grocery lists. Understand the wonderfully tedious process of balancing a checkbook. Learn how to balance personal and professional lives in order to make it in the real world after finally leaving the world of academics.



This phrase is used continuously, but what is the "real world"?

Our years in college are supposed to prepare us for the responsibilities of adulthood – a job, a car, a living space, bills, a spouse, a family. There is nothing wrong with any of these things. But I cannot help feel that there has to be more to life than this. Something hidden between the cracks of ordinary.

This concept of the "real world" has been drilled into our minds for most of our lives. The education system has done an especially excellent job of stressing this concept. Students are frequently told that every homework assignment and every test are not merely busy work, but are teaching how to develop work ethic in preparation for life as an adult. Emphasis is placed on career, and black-and-white portraits of success defined by socioeconomic

status are painted readily.

Education is essential in shaping individuals and unearthing a wide range of experience and knowledge. But does the outmoded style of education to which we are exposed for most of our lives ultimately restrict the self-exploration necessary for success and finding happiness in the "real world"?

I have a wealth of knowledge, but how do I make use of it?

Society has created a new trend that prolongs the ambiguous period of life between childhood and adulthood. How can we prepare for our future if the age marking adulthood is pushed later and later into life? As a result, college is a period of irresponsibility and stunted self-awareness for some. But for others, college is a time to frantically prepare for the "real world." Driven by a nagging feeling that life and the chances for achievement and happiness are passing by, some individuals are in perpetual motion preparing for the future, but forgetting to live in the present. But what are we so frantically preparing for?

I am convinced that the "real world" does not exist. It is a concept used to hem individuals into the tattered fabric of a mundane world, where ordinary visions of the future shroud the endless potential and choices that life offers. Creativity in career choice, the pursuit of happiness, and living for that something else that life offers have been sacrificed by the drive for financial success.

John Mayer had a point in his song "No Such Thing": I just found out there's no such thing as the real world /Just a lie you've got to rise above."

A "BARREL" FULL OF ENVY
BY: ALAINA FARRISH



A moment with the editors

Freddy or Jason?

Which season is your favorite?

What's your favorite hobby?

Katie Nelson
Editor-in-Chief



Freddy

Summer

Music

Tierney Gallagher
Opinion Editor



Neither... I hate scary movies!

Fall

Crafting

Trent Schneider
Online Editor



Jason

I hate bugs, so winter!

Video Games

Will Rains
Advertising Manager



Jason

Summer

Going Out

Sports fans really make a difference!

By Brendan Agans
Special to the Chronicle

So it's the fourth quarter and the game is on the line. I know my team is counting on me. It's crunch time and I have got to do something to help the

team, so what do I do? I hop off the couch and flip and beg my 45-inch television set to let us win.

As a sports fan, I am part of a unique breed.

We eat, breathe and

live sports. They do not call us sports fans for nothing. If you did not already know this, fan is short for fanatic in this context and there is no better use of the word.

Why else would I stay up until 1 a.m. to watch my team play a game while wearing face paint? Oh yeah, I forgot to mention that I am on the other side of the country, but I stay up because I know that I have an impact on the game.

I can't explain it, but I just know that if I fell asleep, the world-class athletes on my team would crumble to defeat.

This is why I sit here in my chair, which is reclined all the way back, half awake, because as a guy with no athletic ability, I am helping my basketball team win the game.

I eat the same snacks every game - nachos and chicken wings - because those are what really get us victories.

I must have an impact; why else would I refer to them as my team? I'm not technically on the team, but I am definitely a part of their success.

What am I saying? Of course I meant our success.

I wake up the next morning late for work for the third day this week, but it's okay because we won last night.

After every victory I wait for my post-game call from the coach, but it never comes. That's fine though because our success is all the gratification I need.

Just last week I saw my favorite player and said hi. He ignored me only because he couldn't upset all the other fans by showing me special attention.

He doesn't have to worry because nobody has to tell me how important I am to the team.

Refreshingly real: 'Blue Valentine' breaks away from staying together

By Chelsie Merone
Staff Writer

Not every relationship can be a happy one. Some seem to start off great, transitioning into the typical "honeymoon phase" where arguments are irrelevant and happily-ever-after is just around the corner. But what happens when reality sets in? What happens when two people who are so in love start to slowly destroy themselves? "Blue Valentine," starring Ryan Gosling and Michelle Williams, is a look at the reality of being in love: the pain, the anger, and, most of all, the truth that no one wants to see.

Dean (Gosling) and Cindy (Williams) have been together for six years. With a daughter to think about, the two try and salvage what is left of their relationship. In between work, parenthood, family,

and personal issues, this surprisingly real couple struggles to get back to a time where they were truly happy.

Today, in Hollywood especially, marriage, dating, and relationships are portrayed in a very idealistic light. People seem to live in a state of bliss with little to no personal or financial struggles; even if there are some, they are resolved at the drop of a hat. This movie, as heartbreaking and painful as it is, is actually the first movie I have seen in a while where no one really wins. As awful as that concept is, it's refreshing to see. That is probably one of my favorite parts about this movie, the others being the outstanding performances given by the two leads and the direction.

Williams plays a quiet, independent woman who is looking to move up in the medical world. However, coming from a home where love wasn't shown

or encouraged, she is resistant towards others. Gosling plays your typical sensitive, misunderstood, bad-boy that every girl dreams about. Still, don't let that seemingly generic description fool you. Gosling definitely put his own twist on the role, nabbing himself three award nominations for male lead in a motion picture. Together these two characters both balance and overpower each other, making for an interesting dance over control.

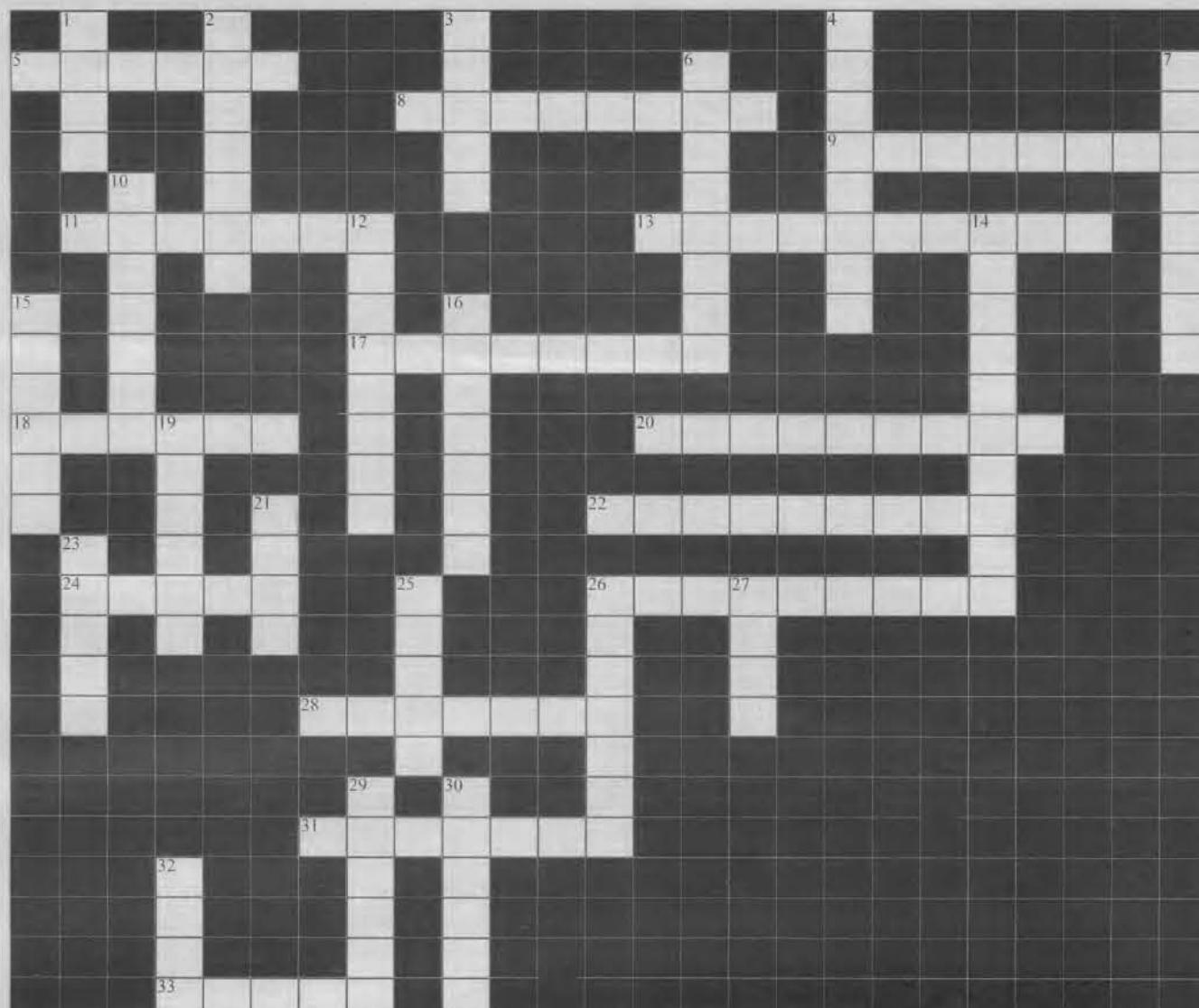
After a series of mistakes and coincidences bring them together, the struggles that come with married life and an unfulfilled need for the other's love tears them apart. Directed by Derek Cianfrance, who also co-wrote with Cami Delavigne and Joey Curtis, "Blue Valentine" is shot from a fly-on-the-wall perspective, allowing the audience to eavesdrop on the

most intimate aspects of this failing relationship.

Truthfully, not everyone will be able to relate to the characters because not everyone has been in such a serious and intense relationship. Still, the message about love, commitment, and admitting the truth to yourself and others is something that everyone should be able to understand.

Initially I was on the fence about this film. There were certain scenes I didn't connect with, or bits of dialogue I thought were off, but after I really thought about all of the pieces as a whole, I realized this was an incredible collection of so many cinematic elements. Using dramatic close-ups, crosscutting, and a painfully romantic score, this film's overall product is amazing. Anyone who doesn't mind a little heartbreak should absolutely see it.

Homage to our forefathers: facts from the White House



Across

- 5. First president to donate his salary to charity.
- 8. Served 30 days in office.
- 9. Grew up in a family of 13 children.
- 11. Played golf, poker twice a week, followed by baseball and boxing and snuck off to a burlesque shows.
- 13. A skilled chef, he was famous for his vegetable soup, steaks and cornmeal pancakes.

- 17. He installed the first bathtub and kitchen stove in the White House.
- 18. Purchased Florida from Spain for the cancellation of \$5 million in debts.
- 20. Personally hanged two murderers.
- 22. He was related by blood or marriage to 11 former presidents.
- 24. Swam nude in the Potomac River everyday.

- 26. First president to shake hands with guests.
- 28. At 6 foot 4 inches, he was the tallest president.
- 31. He stood 5 feet 4 inches tall and was the shortest president.
- 33. First vice president to assume office after the death of a president.

Down

- 1. Survived a gallstone operation at age 17.
- 2. He was the only president to appoint his brother to a cabinet post.
- 3. He lived 90 years, 247 days.
- 4. One of his eyes was nearsighted and the other farsighted.
- 6. Was once punched in the eye by the mayor of Boston.
- 7. He took his four years salary,

- \$100,000, in a lump sum at the end of his term.
- 10. He was the only president to have been a prisoner of war.
- 12. He was the last of seven presidents born in a log cabin.
- 14. The only president elected unanimously.
- 15. Refused to sleep in Lincoln's bed during a White House visit.
- 16. Played the saxophone in a jazz trio.
- 19. He made more than 50 movies, mostly westerns of action pictures.
- 21. Vomited on the prime minister of Japan.
- 23. Wife refused to serve alcohol in the White House.
- 25. He was arrested for driving his horse too fast and was fined \$20.
- 26. U.S. purchased Alaska from Russia for \$7.2 million.
- 27. He was a model for Cosmopolitan

- and Look magazines.
- 29. He was the first president who graduated from the U.S. Naval Academy.
- 30. He installed the first central heating system in the White House.
- 32. He inaugurated the custom of the president throwing out the first pitch of the beginning of the baseball season.

Donkey Kong returns with a barrel-blasted vengeance!

By Trent Schneider
Online Editor

Donkey Kong Country Returns is a long awaited sequel to the Super Nintendo classic Donkey Kong Country. The game encompasses many of the same qualities as the original, while adding a few new tricks of its own.

The story of the new game tells the tale of heroes Donkey Kong and Diddy Kong, who are battling the minions of the tiki masks, which are very reminiscent of the Crash Bandicoot series. The masks have stolen their supply of bananas. It isn't a very enthralling story, but then again, as fans will tell you, the best feature of this platforming game is the gameplay, not the storyline.

The game itself plays very much like the original game. Players run, jump, swing, and shoot out of cannon barrels while making their way to the inevitable boss battles. Donkey Kong Country Returns, however, has many new tricks for the duo to perform that will help them on their journey. One of these new tricks is the barrel jet.

The barrel jet is basically a rocket pack that Diddy Kong wears during the game. It allows the player to essentially hover either left or right after jumping, which can be really great for those

they don't share. For Donkey Kong, this includes the ground point where he literally smacks the ground while damaging enemies or altering terrain. With Diddy Kong, there is the peanut

added to this list in Donkey Kong Country Returns is the rocket barrel, not to be confused with the many other barrel-based objects. Exactly as its name describes, the rocket barrel is a barrel that flies like a rocket. This allows for a few levels of side scrolling and top down flying action.

One other interesting feature of the game is the super guide system. This is a feature where those who are having trouble with a certain part of a level are given the option to have the game control your character and beat the rest of the level for you. When I say that it will beat the rest of a level for you, I'm not just talking about standard levels, I'm talking about the boss fights too. This is an interesting feature that acts as a double-edged sword. On one hand, it can really help those who have tried a level fifty times and just can't seem to get past it. On the other hand, you can use this feature as



Donkey and Diddy Kong battle Tikis in Donkey Kong Country Returns to regain his stolen bananas.

Photo courtesy of Nintendo.

long jumps that you just don't quite hit properly. Then there is the good old-fashioned blow ability that allows Donkey and Diddy to use their breath as a way to trigger switches or even blow out fire enemies that cannot be touched until their fire is gone.

There are also unique skills that

popgun. The popgun allows Diddy to shoot peanuts at enemies and take them out from a safe distance.

Along with these new moves are some new "vehicles" for Donkey and Diddy to use. In the original game, players could ride a full set of different animals as well as mine carts. Newly

many times as you want, which means the game can essentially play itself.

As a whole, Donkey Kong Country Returns is a great game that has earned its right to be the successor of Donkey Kong Country for the Super Nintendo. It has managed to take an already great game and raise it to the next level.

Tiger Woods + The Masters = true love (for gamers)

By Jared Johnson
Staff Writer

Lately when people hear the name Tiger Woods, it has nothing to do with golf. Whether it is about his divorce or another sponsor letting him go, golf is the last thing on everyone's mind. Hopefully for Woods, he will be able to turn some of his luck around with the upcoming release of this year's version of "Tiger Woods PGA Tour" video game.

Due to the help of Electronic Arts (which has been responsible for developing and publishing the game over the years) and Tiger Woods' name, the franchise has always been a great success. This year, however, the game has something even better to offer. For the first time ever, The Masters at Augusta National will be included in the video game. It doesn't take a sports guru to know the significance of The Masters. It is the most sought after victory in all of golf.

People who have purchased the game in the past have always asked the same question: where is the Masters? Well those people finally have an answer.

Owen Good, a reporter, sports columnist and weekend editor for Kotaku (an online gaming blog), wrote about the development of the newest Tiger Woods game.

"More than three years in the making - under unbelievable secrecy - EA Sports and its Tiger Woods PGA Tour franchise will at last deliver Augusta National,

Everyone's assumption of why The Masters was never in the game before was simply that people thought The Masters was too elitist to be in video



Tiger Woods PGA Tour 12 features commentary by CBS sports commentator Jim Nantz.

Photo courtesy of EA Sports

Amen Corner, the Green Jacket, and The Masters, the most famous sporting event never to appear in an American video game," Good said.

It is a great gift that will be offered in this year's game and to think that for three years nothing was ever leaked to the public.

games. However, that was not the case.

"The wait came largely from EA Sports Tiburon's 80-man development team, knowing they had to hit every detail perfect on the first try," Good said. "So while the two sides had been in agreement on bringing The Masters to a video game for several years,

only when the course was perfected for presentation and playability would Augusta National approve its inclusion."

Leave it to the Masters to make sure every detail has to be perfect in a video game for them to give the "ok."

Another new feature that will be offered in this year's game is caddies.

"Wearing the iconic Augusta National-issued white jumpsuit when you play that course - will make their first appearance in the game," Good said.

"They will be a secondary character progressing with a player's career, dispensing club selection and shot placement advice."

This is just another touch to make this game as authentic as possible.

The release date for this game is set for March 29 and for fans of this franchise, it is an obvious no-brainer to purchase this game. The Masters is what everyone has been waiting for and what most people believed would never happen. Not

having The Masters is like a football video game without the Super Bowl. It will most likely be the closest people will ever get to playing at The Masters themselves.

Grad school has more reading but cooler classes

By Stephanie Schwartz
Staff Writer

Do you think that you have a lot of homework? Try balancing a regular undergraduate program with graduate level classes. That's what students like Brandon Rivera and Matthew Wells have been doing. Rivera and Wells are amongst the first group of students to enroll in the B.A. to M.A. Strategic Communication program that allows students to start their master's degree while completing their undergraduate degree.

"Graduate school is so much harder than undergraduate classes," Wells said. "It requires so much reading and studying outside of class. Before, I could skim some reading and fake it enough to get by, but now if I do not read before class I am in big trouble. I love the new open discussion type classes where we sit around for three hours and discuss a topic, but it requires that you read!"

Wells has all of his graduate level courses at night from 6-9 p.m. He has many days during the week free, which allow for lots of studying for his rigorous schedule. Although faced with a demanding program, these students are goal oriented. "After the program I want to get into producing. I may end up in Texas or even in New York, but wherever this takes me I will go. I really want to intern at SNL, so that's a fun option!"

Rivera has had a similar transition as Wells into graduate level courses. "Graduate school is a large step up from undergraduate studies," said Rivera. "You are required to think more in-depth and read to enhance your knowledge. While it is harder, you are more connected with the professors and faculty to help you on a weekly basis with readings and writings."

Why choose such an intense program? "A lot of studying goes into graduate work. But it is easy to manage with diligence and commitment to ensure you com-

plete all your assignments on time," Rivera said.

After five years of study, students will be able to go on to achieve their goals in a more timely fashion. "I plan on furthering my studies to receive my doctorate degree, but I need to pay off the buildup of student loans first. So I will try and find a smaller college to teach Communication at, until I have the finances ready to get my Ph.D. and teach at a higher level university," said Rivera.

Dr. Virginia McDermott, director of the Master's Program in Strategic Communication, appears to love her job. When asked what it was like to work and teach in this accelerated program, she had nothing but praise for the students, program, and direction in which the program is moving. "Ask professors what their dream teaching assignment would be, and this would pretty much be it," McDermott said. "I get to work with a small group of smart, motivated students who are all interested in the same general topic. The students who participate in the B.A. to M.A. program are among the most creative, hard-working, and talented students we have, so it's great working with them. And the key part of this program is that we're working together—it's not me lecturing, it's us discussing and figuring out approaches to public relations and health communication."

For most students on campus, they have never heard about this new program. "I think our graduate students will be our best advertising," said McDermott. "I think many students are interested in earning their master's of arts by staying just one additional year, but once they realize that

they get to design a program around their interest and create actual campaigns, I anticipate many more students applying for the program. In fact, a number of freshmen have already said that they want to start planning for this program and have asked what they can do to get ready to apply."

McDermott anticipates the program growing to a small, selective number of forty to fifty students within five years. If students are interested in applying for the program, contact McDermott at ginny@highpoint.edu or call 336-841-9384.



The B.A. to M.A. Strategic Communication program began classes in January 2011.
Photo by Jeremy Hopkins

Do deer like grape juice better than Starbucks?

By Skylar Mabe
Staff Writer

I am addicted. I saw more in my first hunting trip than most people see all their lives or so I hear.

It began at 8 a.m., not too early thank goodness. I woke up and drove to meet my hunting buddy. He surprised me with my own pair of Bass Pro Shop coveralls and a new pair of camouflage hunting boots. If I didn't kill anything, at least I would look good trying.

Our first stop was a little side of the road truck stop where we had breakfast. I got the tenderloin biscuit, a guaranteed good start to the day.

An hour and a half later we arrived in Caswell County. It's in the central hunting region of North Carolina, about 30 minutes from Virginia.

I arrived at Weardon Road Hunt Club, where 1500 acres were waiting for me to hunt, or get lost or who knows what else. It was then that I made a critical decision.

I had a Starbucks coffee in one hand and a Welch's grape juice in the other. I was advised, no matter which one I took on the stand, to keep the drink closed at ALL times. Deer can smell things as far as a mile away and they apparently do not like the smell of human mixed with juice or coffee.

So of course, with my newly found knowledge of deer I decided to take the grape juice. I thought hmm... it's natural and fruity. The deer won't like it but they can't possibly hate it.

According to my hunting buddy my day began in a hurry. It's nearly impossible for someone to see action a mere 45 minutes into sitting. Well call me a miracle worker for I have defeated the impossible. This next part brings chills to my bones just thinking about it.

It's 10 a.m. I'm perched on a 16 foot tree stand. I hear leaves crunching all around me but I see nothing except squirrels.

My tenderloin biscuit is settling; I'm bundled up in my new coveralls and boots. Lucky me, I chose the stand with the foot rest. I propped my feet on the foot rest, shifted to the right so the trunk of the tree wouldn't be square in my back, crossed my arms and dozed off.

...daydreaming
.... Eye lids flutter

.....open eyes to make sure there are no bears or monsters that could get me Coast is clear

...back to sleep
Crunch Crunch Crunch Crunch. SSssssssssTttt. Okay, I'm awake now. Something much larger than a squirrel had awoken me from my slumber. Whatever it was had walked up behind me and now it was directly underneath me.

You see, there was a reason why I went to sleep. I dropped my grape juice cap, a NO-NO in the woods, so I decided it was best to doze off until my scent on the cap had faded away, which would take a couple of hours.

Well whatever it was, was more interested in the grape juice than my scent. It urinated on my tree then pawed at the cap, turning it over and sniffing it. It pawed at my tree like a bull paws the ground before a charge

Grape juice, it let off a smell the deer wasn't pleased with.

It let out a grunt through its nostrils. I will never forget that sound. It was like he breathed in all the air in the woods and exhaled it at one time, snot and all, on my grape juice cap.

This thing was directly under me. I couldn't see it and to be honest, I didn't really want to. I was a nervous wreck. My hands started shaking and my heart was beating so fast I couldn't breathe. I had to make a move but he would make the first.

He turned around and walked to the pines he had come from. I tried to compose myself and lifted one sweaty hand to unlock the safety on my .243 Winchester featherweight. Click. Click.

He heard it. S***. His antlers turned my way so that they were horizontal. He was beautiful, eight points in all.

I sat still; the only thing moving was my heart. His head dropped and leaves began crunching again. The next time I saw him, he was about 40 yards to my left. I had to take a shot. It was my first day of hunting; if I shot him I would be a legend- If I didn't, there's always next time.

I raised the gun to my underarm, the soft place between my chest and my shoulder. I found him in the crosshairs on my gun and pulled the trigger.

Within the first few hours of opening day, I missed my first deer. A tree too small to be seen from my stand stood between the buck and the bullet.

Check out the Chronicle on March 28, April 11 and 26

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What happens when charities collide?

By Kim Wilson
Staff Writer

Relay for life, a fundraiser for the American Cancer Society, is beginning its second year at High Point University thanks to students Emily Garrish, 19, of Baldwin, Md., and Natalie Mazzei, 19, of Fairfax Station, Va. Arriving at High Point University as freshmen Garrish and Mazzei were randomly assigned as roommates. They found out they were both involved with Relay For Life in high school and were disappointed that it wasn't at High Point.

From there these two girls decided to take the initiative to start Relay For Life at High Point.

Their first attempt to get the event started was shot down, but their confidence was not. "We had a lot of motivation to show the faculty and school we could accomplish something that hadn't been done before by freshmen," Mazzei said. Thanks to their motivation, Relay For Life was granted permission.

Meeting their goal of \$20,000 last year and enthused to host Relay for a second year, Garrish and Mazzei raised the goal of the event to \$40,000. They felt confident until another fundraising event came into the picture causing concern for Relay.

Mazzei and Garrish feel Livestrong, a fundraiser run by the senior class, could possibly jeopardize Relay's success this year. Relay for Life, a student run organization with limited support, finds itself up against Livestrong, an organization that has the support of select faculty members and the entire senior class.

After being contacted by Livestrong reps, Mazzei attended a meeting that left her discouraged. It was suggested that Relay combine forces forwarding their

proceeds to Livestrong.

Maghon Walker, from the Livestrong campaign, said Livestrong's attempt to combine forces was, "for the sake of working together to fight cancer." Still, respectfully, the option of combining was unacceptable to Mazzei and Garrish, whose intentions were to raise money for The American Cancer Society.

Their other option—there would be competition.

"For me I felt kind of betrayed," Mazzei said. The girls feel like they haven't really had the support their charity deserves. "At the end of the day there are only select people who really want to help," Garrish said. However, Walker doesn't feel Livestrong has more support than other events that have been held.

Mazzei and Garrish fear

Livestrong's presence will make it hard for Relay to succeed, "So now it's a struggle because we are up against this huge event that is basically doing the same thing as us," Garrish said. Walker said Livestrong is just seizing an opportunity to "Do something fun and give back."

Mazzei and Garrish's hopes are that

Livestrong and Relay For Life can both succeed without clashing and it seems that is what Livestrong's intentions are as well. "We are all doing the same thing here, raising money for a good cause, not a competition," Walker said.

is unsure if they will reach their goal either. "Relay For Life is a national fund-raising event and this is just a one year event raising money for a good cause, and both can happen," Walker said.

Relay For Life, with just over 15

percent of their goal accomplished, has a long way to go, but the attitudes of the girls seem like they are up for the challenge. Hosting their event indoors this year will keep costs down and with more fundraisers planned there is still hope for success.

"We just really want people to get involved," Mazzei said. Anyone can sign up for \$10 and start donating and fundraising on their own. The actual event will be held on April 9 in the Millis Center. According to the American Cancer Society, participating in Relay For Life is, "a chance to celebrate the lives of people who have

battled cancer, remember loved ones lost, and fight back against the disease."

Although their lofty goal of \$40,000 may not be met, charity should not be measured merely by quantity but by the very act itself. Garrish and Mazzei's motivation is what got them started and it is also what will keep them going.



Relay for Life was founded in 1985 by Dr. Gordy Klatt.

Art provided by Kim Wilson



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What I learned from crayons and jump ropes

By Katie Harmon
Special to the Chronicle

It's enough to knock you out. The mingled stench of day-old beans, dirty diapers, cheap beer and human sweat sears through the dust of the dry dirt streets and smolders under the Costa Rican sun. It is our fifth day in La Carpio, a squatter-town that had been built atop a landfill, and I am still not used to the smell.

"I don't think it would be so bad if it wasn't for the heat and the wind," I say to whoever complains, and they always answer, "No. I think it would."

Beads of sweat run down my back as I lay out the materials for the day: crayons, Legos, face paint, glue, paper plates and a jump rope. These alone remain of the trunk-loads of supplies we had gathered and hauled over from our school in North Carolina.

We are a group of less than 40 high school seniors, and in only five days we have added a second story to the only church in this shanty town. It has been my job to lead and organize a Vacation Bible School in the church for the children in the community, and I'm tired. Everyone is tired. It is only 9 a.m., and already, as I look at the faces of my classmates, I can see my own weariness reflected in their eyes.

There are too many

Four days of nearly 80 children a day, starving for our love and attention have left us completely drained. All of our clothes are stained with dirt and face paint. Our feet are bruised from walking over mounds of rock and glass, and I've never seen so many teenage boys so badly in need of a shave. Yet, we laugh and joke and smile at each other. Somehow in the past four days I think we have come to appreciate something about life that we hadn't really noticed before. I can't quite put my finger on it.

It is time to start. Just now, the church pastor walks into the room and says something in Spanish to Mrs. Vestal, one of our chaperones who doubles as our translator.

"Hay demasiados." That is all I can make out. He said, "There are too many."

Mrs. Vestal informs me that there are over 100 children lined up in the street outside the church. We have enough supplies for about 60. "What do you want to do?" she asks. I don't know what to do, so I'll let the others decide.

I walk across the dusty concrete floor of the sanctuary and stand before my peers. "There are too many children outside. We don't have enough supplies for them. I know you've all worked really hard, and you're tired. What do you want to do?"

As I spoke, I watched the faces, which had been so overcome with weariness only moments before, light up with excitement. "Let them in," they say.

As we open the church door we are greeted by 15 or 20 pairs of little twinkling eyes. Five or six tiny brown hands reach out to take mine, and a chorus of little voices begins to scream out some of our names. "Miguel! Raquel! Esteban!" Michael, Rachel and Stephen run out to answer those screams. Each of us searches the line for faces that we know, but the line never seems to end. Along the cinder-block wall of the church, past a row of tin and plastic huts, around the corner, past the barred windows of the local market, the line

goes on and on.

Within seconds laughter peels through the tiny church. A hundred different versions of "Jesus Loves the Little Children" ring out in Spanish, and a stampede of bare feet race to the pews in anticipation of the day's lesson. It is "Daniel and the Lion's Den." Little eyes grow wide as the children hear of how God helped Daniel escape the jaws of hungry lions.

"God helped Daniel because He loved him," a timid voice says in Spanish. It is Miriam. I met her on the second day. I had helped her fasten the thread-bare mud-caked things she calls shoes. Since then the six-year-old hadn't left my side.

"Yes," I answer, "and He loves you too."

"I love Him too...and I love you," Miriam smiles.

"I love you too," I smile back.

Lost in translation

After a few rounds of songs and games we send the kids home for lunch. Most just play in the street or wait by the church door.

We had been told, before we left home, that we would eat a lot of black beans and rice. We did not know that "a lot" actually meant "only." The church ladies provide us with lunch every day, and every day they proudly present us with black beans, rice and plantains.

Today, however, as we walk into the back room that serves as a dining hall, we smell something wonderful... something fried. Word spreads quickly that lunch will not be the usual beans and rice, and the construction team,

streaked with dirt and sweat, hurries in to take their places at the table.

Styrofoam take-out boxes are placed in front of us, and upon opening them we find that the women have made us a surprise lunch: fried chicken and French fries.

As we clap and cheer gratefully, the church ladies begin to cry. "Gracias, gracias," they mutter as they move around the table kissing each of us on the cheek. By the time lunch is over, every plate has been cleaned.

We prepare for the children to return for the afternoon craft. They will probably come back with a sibling or neighbor, and I am still not sure what we are going to do once our small stock of craft supplies is gone. We pour water into the face paint and break the crayons in half in an attempt to make them go farther, but still I am worried.

We open the heavy metal church doors and I am at once surrounded by a sea of glossy black curls. "Te queremos! We love you!" they scream, as they present me and the other girls with dark red flowers that they have picked from a bush outside the church.

"Te queremos! Te queremos!"

By the time we get them settled enough to start their crafts, I have 11 or 12 flowers tucked behind my ears, arranged in a ring around my ponytail and shoved into the pockets of my shorts. We begin our craft, making lion masks out of paper plates.

"Oh no, what's wrong now?" I think to myself when I hear the first sounds of crying. It's Genesis. She is very young, and the older children have left her out.



Genesis was one of the younger children at the program.

Picture provided by Katie Harmon.

There are not enough plates for her to make a mask. I reach down and pick her up. This is what I was afraid of.

"She... color with me," a small voice says in broken English. It's David. I look down at him and laugh. He has a big yellow star painted over his entire face, and he is looking up at me with a wide toothy grin.

"Gracias, David," I chuckle as I put Genesis down beside him. He reaches over, wipes her tears away, and breaks his already-too-small crayon in half for her.

I walk over to where four of my classmates are playing jump rope with some of the older kids. I take one end of the rope and begin to sing "Miss Mary Mac" as my friend John, a big burly 17-year-old, starts to jump double-dutch with three 12-year-old girls. He trips and falls on purpose, and we all roll around on the floor laughing like it's the funniest thing we've ever seen.

It is almost 5 p.m. and the sun is beginning to sink over the "rich coast." It is time to send the children home. At the end of every day we usually give them a small gift to take with them: a matchbox car, a ribbon, some bubble

gum. But not today. There's nothing left to give them.

"Lo siento. No mas." "I'm sorry. No more," We say sadly.

"Gracias!" They laugh, and kiss my hands and run outside. They're grateful anyway.

One man's trash is another man's treasure

We start to clean up for the last time, though there is little left to clean up. We sweep and straighten the pews and say our goodbyes to the pastor and the church ladies.

We begin the long trek back to our bus that waits on the outskirts of the town. As we walk, we pass the huts where our children live. They come out and take our hands. They want pictures, so we stop and take pictures with whoever asks. Many of them have never seen a picture of themselves.

They walk with us the rest of the way, pulling on our shirttails and pressing the backs of our hands against their cheeks. We kiss them goodbye and get into the bus. As it starts to pull away, tears run down their dirty faces and they beat the sides of the bus with their hands. "Te queremos," they scream.

"Te queremos tambien! We love you too!" we

scream back, and they run after us for as long as they can. I bury my face in my hands and cry.

On the ride back I sit next to Rachel Haferman. "I don't understand," she says to me. "They're so happy. They have so little and live in such horrid conditions compared to us, and they are so much happier. I don't understand."

"Well, one man's trash is another man's treasure," David Stapp laughs from behind us.

I smile at him. Maybe that's it. Maybe that's the thing I couldn't put my finger on. In the past five days I had been more tired, and dirty, and truly happy than I had ever been. That's it. We came here to help them, to teach them, but they had taught us something too. Here we had no cell phones, computers, or televisions to monopolize our attention. There was nowhere to go, nothing to dress up for, no one and nothing to work for but the kids. In having nothing we had gotten pretty close to having exactly what we wanted, what everyone wants. We had learned to be happy, happy with nothing because they were grateful for everything.

Johnston transformed by study abroad experience

By Margaret Fanning
Special to the Chronicle

As she walks through the campus she can feel the stares and hear the snickers from the other students. Today is no different than any other day.

She's dressed in white pants that are tight to her shin and then puff out with fabric that flows from her knees to her thighs then fits snugly on her waist again; her shirt is a cream fitted v-neck with a black decorative print on it, the shoes: a brown leather sandal that ties up the ankle. Her dirty blonde hair is securely wound in dreadlocks, freshly waxed that morning. Her jewelry consists of a mixture of sand colored hemp rope, blue, green and white beads and dark leather articles placed on her neck and wrists, each containing significance and a memory.

That's Jillie.

"I hear the people laughing. A girl has even gone up to my friend and asked why I was dressed like a pirate. Then I walked into the Café and the cashier woman looked me up and down and just started laughing at me," Jillie Johnston said.

Johnston is a senior at High Point University. Majoring in sociology, she has a genuine interest in people, which has caused her to become active in many facets of campus life. As an ambassador, she gives tours of the High Point campus to interested students. She plays on the women's soccer team, is involved in a service sorority and also is involved with Athletes in Action. She's a hard working student who does well and enjoys having a good time with all sorts of people. But once she steps into her closet, she sets herself apart from the rest.

Unlike the array of dresses, skirts, blouses and leggings you would find in the average female's closet, Johnston finds herself looking through brightly colored shirts, baggy, hippie pants along with a number of different vests, like her brown and white plaid vest with an almost wool like texture and vintage jackets. Vintage jackets that even the late Michael Jackson would be envious of. None of the apparel resembling anything that her roommates and friends would be caught dead in.

Before she visited Greece last spring, her life seemed to all fit into a little box. Go to school, dress like everybody else, become a lawyer, do the "normal" things that everybody else does. But for Johnston, there was unrest. She was unhappy with being who everybody else wanted her to be.

"I would dress more to conform because that was the cool thing to do, and that's why and how people accepted you. Whether it was high school or the first couple years of college, that's what you had to do to be accepted. I would dress more like everyone else."

The Study Abroad

Life changed when she moved to Greece through the HPU study abroad program.

"It was the most freeing feeling. No one knew who I was and I would never see most of those people ever again. I could be who I wanted to be and do what

was never going to see them again.

She continued her metamorphosis through her experiences in Greece, but the time came when she had to travel back to America. She knew it wasn't going to be easy. She had to find a way to express herself freely and not fall back into the mold that others wanted her to be.



Jillie Johnston studied abroad in Greece in the Spring of 2010.

Photo provided by Margaret Fanning

I wanted to do and it didn't matter."

In Greece, Johnston discovered that life is not about what you wear, how you look or even what people think of you. She would go to class sweating on most days following a long run. She was also encouraged by her friends in the study abroad program and those whom she had met in Greece to pursue her desire to get dreadlocks, which she did.

But her transformation was more than just skin deep. Johnston realized that the desires she had and the vision she shared were not discouraged; rather, they were encouraged by those she surrounded herself with. If she wanted to go drink wine on the Acropolis she would do just that because she was surrounded by people who did not judge her. She was able to reinvent herself, and if there were people who did not agree with her or like her for who she was, it did not matter because she

The Internship

Upon arriving home, Johnston had a summer internship with a law firm. She had always thought that law was something she wanted to pursue mainly because she wanted to help people and "put the bad guys away." What she did not realize was that practicing law was a bit more complicated. There was not reconciliation or forgiveness, two concepts Johnston had learned to accept and put into practice while in Greece.

"When I was over in Greece I became more comfortable with myself and who I was; I learned how to forgive a lot more and accept people for who they are. I talked to a lot of people and met a lot of people and everyone has their own story to why they are the way they are and why they became that way." She saw that all the lawyers in the firm would just conform and try to be like ev-

erybody else. They would sacrifice their morals, not to help people, but strictly to better themselves.

Johnston also didn't anticipate such criticism over the way she looked, the way she wore her clothes and how her hair looked. She couldn't understand why those whom she was working with didn't see that others are more than just a hair style or their outward appearance, a pre-judgment that she herself could relate to.

"The first day I went to my internship, I met my supervisor and she said: 'Oh, so this is the girl that we have to worry about her hair.' And she never said another word to me for two months."

Johnston would dress in vivid colors while others would wear white, black, grey or brown every day. There was an instance when she wore very professional long shorts with black tights underneath them, so one could not see her skin, and a blazer. The supervisor came up to her and wanted to send her home because of her hair and what she wore. She thought that Johnston represented her home state of Illinois in the wrong way. Johnston was reprimanded, but when Johnston looked around the office, she saw larger women wearing clothes fitting and clinging too tightly to their bodies but the supervisor said nothing to them.

The Lesson

Johnston turned the negative experience into a positive. She realized that she was not meant to be a lawyer and that her dreams had changed. Rather, Johnston's interest for people has taken a turn in a different direction. Instead of heading off to law school after she graduates, Johnston plans to get a passport and plane ticket and head overseas to Europe, Asia and possibly South America. She wants to study the cultures and the people and hopefully become a stenographer. She desires to immerse herself in the new and unfamiliar cultures, learn their language, their traditions and then write about it to inform others about a different way of life. She desires to let others know that there is life outside of the "American bubble" and that we should embrace it, not discourage it or think that it's weird or strange. By traveling around Europe for such a short amount of time, Jillie realized there is so much more than what we see in America.

Going home was a hard transition, but going back to school proved to be even harder. Entering school with a completely different look and style, Johnston found her relationships to be in transition as well.

"You find who your friends are and who are the people that are going to like you for who you are."

Around campus she has found that some people look and make automatic assumptions about her. They don't take the time to get to know her.

"I didn't have any intention on being different. I put on these clothes because it is what I want to wear and it's just an outfit that I picked out of my closet."

As she keeps walking past the snickering, Johnston begins to smile knowing that she is who she wants to be and she is confident in that. She is a senior, a women's soccer player, but more importantly, she is her own person.

HPU lands private screening of movie

By Julia Coiro
Staff Writer

How many times have you used the word "retard" without really paying attention to its meaning and the people it is affecting? Pi Kappa Phi is on a mission to stop the misuse of the "r-word," and to bring awareness to those suffering from disabilities such as Down Syndrome.

This year Pi Kappa Phi is coming together with the Special Olympics to bring even more awareness to people who have disabilities. This year, there will be the premiere of the HBO movie "Monica and David: A Love Story" in the University Center Cinema. The film will be showing on March 3 at 9:30 p.m.

"The screening of this film is part of our effort to raise awareness of this campaign," said Kendall Hagar, a student involved in making this event happen.

"Monica and David: A Love Story" is a documentary that first aired on television in October 2010, but has not yet been released to the public. HPU is getting a private screening of this film. This documentary has won multiple awards including Best Documentary from the Tribeca Film Festival.

According to the movie's website, MonicaandDavid.com, this movie explores the lives of two adults with Down Syndrome and the family who strives to support their needs. It captures the love of this couple, and also the struggles of living with Down Syndrome.

Every March there is a nationwide campaign "Spread the Word to End the Word," according to Hagar, which is an ongoing effort by Special Olympics, Best Buddies International and their supporters to raise the consciousness of society about the dehumanizing and hurtful effects of the word "retard(ed)" and encourage people to pledge to stop using the r-word. This year the date of the campaign falls on Wednesday, March 2.

Hagar said in previous years, the Pi Kappa Phi fraternity on campus has brought this campaign to HPU through their work with "Push America."

According to pushamerica.org, "This organization was founded in 1977 by Pi Kappa Phi Fraternity with the purpose of instilling lifelong service in its members and enhancing the quality of life for people with disabilities. Push America is still fulfilling the purpose it was intended for, but has grown into a nationwide organization with numerous programs educating undergraduates, alumni, and communities about the abilities of people with disabilities."

"Please come join us to watch this beautiful documentary about a couple with Down Syndrome as they explore independence, face the challenges of living with a disability and share their extraordinary love," Hagar said.

For more information visit, www.monicaanddavid.com or see their Facebook page at www.facebook.com/MonicaandDavid.

Editor speculates how Oak Hollow Mall could be used

By Steven Haller
Sports Editor

Alright Panthers, we bought the Oak Hollow Mall. Is a football stadium in the works for that property?



President Nido Qubein announced the purchase in an email to the student body on Feb. 24 where he also said that the purchase includes 660,000 square feet of space and 45 acres of land. That is more than enough space for a football stadium.

A football program was also included in Qubein's \$2.1 billion growth plan announced last September. That plan is designed to unfold over the next 10 years, but football just may have been pushed forward on the time table with the purchase of Oak Hollow Mall.

In Qubein's email, he said, "We will continue to evaluate the potential long-term uses for this property."

So, let's evaluate. The photo below is from Google Maps with BB&T Field, Wake Forest's football stadium, laid on top of Oak Hollow Mall. The photos are proportional and the stadium fits perfectly over the mall space without losing much parking lot space.

The fact that it fits is not reason enough to build a football stadium in a certain location; there has to be more to evaluate.

A few features are already in place for the

football stadium to become a reality. For example, the ground has already been leveled and all of the plumbing is in place, so HPU will save some money there. HPU would also not have to build a new parking lot because it is already there, and that amount of parking would be plenty to accommodate a crowd for a college football stadium.

In addition to saving more money than it could building a football stadium at another location, HPU would be able to help the local businesses around the mall loop.

On game days, and days that HPU rents out the stadium to other community events and games, restaurants such as Chili's and Liberty Steakhouse will be able to garner considerable business from the crowd that will be at the Oak Hollow property.

Of course, do not expect this to happen quickly. If a football stadium is built in the name of HPU, it is going to be done right. It would need to have all the amenities that come standard with all campus facilities at HPU: state of the art technology, the likeness of multiple inspirational figures and of course, a plethora of luxury High Point furniture.

There will also have to be plenty of fund-raising and planning that takes place before construction will begin on a stadium, but the HPU administration probably has a pretty good idea of how it will make it all work.

Count me in.



What do you think we should do with the mall? Send your letters to news@highpoint.edu

BB&T Field, Wake Forest's football stadium, fits easily in the space where the mall complex is located.

Photo provided by Chris Weaver



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Women's basketball finishing strong

By Brian Brennan
Staff Writer

Despite an injury to senior starter Frances Fields, the High Point women's basketball team has won two of its last three games.

Following their 68-54 win over Charleston Southern on Feb. 12, the Panthers returned to the Millis Center two days later and won by one of their largest margins ever. The Panthers dominated from beginning to end and rolled to an 85-43 victory over the Presbyterian College Blue Hose. High Point was up 38-31 at halftime, but the second half was a whole different story as HPU outscored Presbyterian 47-12. The home team limited the Blue Hose to just 4 of 24 shooting. The Panthers forced 11 second half turnovers and blocked six shots. High Point outrebounded the Blue Hose 27-13 following halftime and held PC to just four offensive boards in the period. It was the fifth time in six games that HPU had held an opponent under 60 points.

Loy was visibly impressed with his team's effort following the dominating victory. "I thought we had just a great second half here tonight," Loy told highpointpanthers.com following the win. "We really picked up our energy defensively in the second half. I was

disappointed at the half with how we were performing on the defensive end and got after them a bit at halftime. The team really responded and that was probably the best half of defense we have played all season."

In the win, Parker had 17 rebounds, which is good for the second-highest single game total in HPU's Division I era, and one shy of the Panthers' record of 18 set by Amber Manuel in 2007. Parker also finished the game with nine points and a team-high five blocks.

Following the game Parker received another honor as she was named Big South Freshman of the Week for the sixth time this season. Parker is just the third player in Big South history to earn this honor six times in a season.

As if blowing out one of its conference rivals was not good enough, the win evened High Point's record to 12-12. The Panthers will now take to the road one last time and play Coastal Carolina tonight at 7 p.m. before they return home for their final two games of the season versus Radford and UNC-Asheville, respectively.

The Panthers have a 7-3 home record this season and being the host for the Big South Tournament makes them one of the favorites along with Liberty and Radford to be dancing come March.



Cheyenne Parker (left) boxes out while Shamia Brown (right) shoots the ball.

Photo by Jeremy Hopkins.



Senior guard Amy Dodd runs past a defener against Coastal on Jan. 22.

Photo by Jeremy Hopkins.



Senior forward Mackenzie Maier shoots a long jumper in the Millis Center.
Photo by Jeremy Hopkins.

"Athletes" continued from page 16

NCAA Cracks Down

When the NCAA adopted new rules in 2003 intended to improve athletes' graduation rates, it raised questions about whether schools, under pressure to keep athletes progressing toward a degree, might cut academic corners to help the athletes stay eligible to play. This became known as the 40-60-80 Rule, which took effect for athletes entering school after Aug. 1, 2003. To stay eligible to play, athletes must complete 40 percent of their degree work by the end of their second year of enrollment, 60 percent by the end of their third year and 80 percent by the end of their fourth year.

According to NCAA statistics, after these rules were set in place, the schools did not make academic cuts but rather the student-athletes stepped up and improved their grades dramatically and dismissed many rumors of cheating their way through college.

Now statistics show that student-athletes make progress towards

graduation quicker than non-athletes. The NCAA's latest graduation numbers show nearly four out of five student-athletes earn their diplomas on time, an all-time high. Federal statistics show athletes are still more likely to graduate on time than other students. Their statistics also showed that on average student-athletes graduate with a higher G.P.A.

The change in expectations by the NCAA caused the overall '03-'04 student-athlete class to actually graduate at a higher rate, 64 percent, than the overall student body, at 63 percent.

The 2003-04 freshman class was the first to be subjected to academic reforms. These reforms included the Academic Progress Rate, new eligibility standards for freshmen, and more stringent requirements to tie athletic eligibility to making progress toward attaining their degrees.

NCAA officials said then they hoped that the changes would force athletes to perform as well in the classroom as they do on the playing field, and it did. Since then, the numbers have continued to climb.

The NCAA continues to chip away the image of the "dumb jock," releasing new statistics this year for graduation-success rates at 79 percent for college athletes.

Off the Field

For student-athletes, a social life is the absolute last priority. Between practices, study hall and hectic game schedules, there isn't much time for anything else. Even on weekends the student-athletes are busy with either traveling or games or individual structured workouts.

"I guess you could say that baseball players are like their own clique," said Schils. "So, we kind of hang out with each other pretty much every weekend. We just chill in one of each other's room and play video games or we go out... sometimes. We can't get in trouble or we'll be punished, so we have to worry about that too."

So the all time myth has to be answered: Do student-athletes receive special attention and accommodations from their schools, tutors and teachers?

No. This is 100 percent false, according to Beall.

"At a lot of schools they do," says Beall. "But here at HPU our student-athletes are students just like every other student here. They don't get specialized tutoring. We don't have athletic tutors that do everything for the athletes."

Balancing ones time and energy as a college athlete can often be frustrating but hundreds of thousands of students do it for a reward much greater than anyone could imagine. The reward of playing on a collegiate level and representing the thousands of young adults at the school they love each time he or she is cheered onto the field to begin another game.

Schils explains, "I definitely enjoy my time on the team because coach just teaches you stuff about life. It's not just baseball. If we have bad grades, he says, 'You know you want to do well in school; because we want to plan our future. If we don't make it in the pros, we have something to fall back on.'

Men's basketball winding down now

By Pat Budd
Staff Writer

The High Point University men's basketball team has closed out its regular season at home and looks to finish strong in the Big South as the team prepares for Big South Tournament play. A dramatic double-overtime win against Winthrop on Feb. 15 and a tough loss against Appalachian State on Feb. 19 concluded the Panthers' regular season in the Millis Center. The team finished with a 9-5 record on its home court, a place where the team has historically played well.

On Feb. 15, the Panthers welcomed in the Eagles of Winthrop in the team's annual "black-out" game where the fans are all encouraged to wear the black t-shirt that was given out. The Big South rivalry continued, as High Point gutted

out a 70-69 double-overtime victory on a last second shot by Nick Barbour.

After trailing by 15 points at halftime, Winthrop crawled back into the game after going on a late 9-0 run. High Point only made three field goals in the second half as Winthrop tied the game with 15 seconds left and sent the game into overtime.

But Nick Barbour's 22 points, including the game winning shot with 2.2 seconds left, propelled the Panthers to victory as they split the season series with Winthrop, 1-1.

"That isn't coaching right there, he made a heck of a shot, that's a guy making a great play," said Panthers' coach Scott Cherry after the win. Cherry has led his team to victory in the "black-out" game in each of his two seasons at HPU.

"On the second bounce I said to myself 'It's going to bounce in' but I was expecting a whistle for a foul because there was a lot of contact on the play," said Barbour, who leads the team in scoring, averaging 17 points per game. Barbour, in his junior year, now ranks in the top ten in all-time scoring in HPU basketball history.

"For me it's a great win. It was a great basketball game and you hate to have a loser out of this game, but we have to keep looking forward and better ourselves," said Cherry. The Big South Conference tournament will begin on March 1, and the team knows it can make a run at a championship despite low points in the season.

Some of those low points are attributed to injuries to senior Earnest Bridges, Justin Cheek and Corey Law.

Law, who led the team in rebounding, underwent surgery on his left hand before the Winthrop game and will be inactive for the rest of the season. Cheek suffered an ankle injury in practice the day before the Winthrop game.

In another low point on the season, freshman Du'Vaughn Maxwell has quit the team for personal reasons. The 6-foot 6-inch forward from Petersburg, Va., averaged 7.3 points per game and 5.6 rebounds per game and won Big South

Freshman of the Week back on Jan. 24.

The Panthers will battle out their last two games in an attempt to put them in position for a first round home game in the Big South Tournament, something that should be beneficial because of their winning record in the Millis Center. The Panthers are 2-11 on the road this year.



Junior guard Nick Barbour attacks the rim in a game versus Appalachian State on Feb. 22 in the Millis Center.

Photo by Jeremy Hopkins.



Juniour guard Shay Shine drives toward the basket against Winthrop on Feb. 15 in the Millis Center.

Photo by Jeremy Hopkins.

Intramural basketball is a revamped program

By Jason Hasley
Staff Writer

When current HPU recreation director Matt Allred took over just days before the start of the 2009 intramural basketball season, there was a total of just 18 teams between both the men's and women's intramural basketball leagues. With campus enrollment seemingly increasing by the day, Allred set out to revamp and put some life back into the HPU recreation department.

Well, he's done just that, and then some.

The 2011 intramural basketball season features 52 teams across four different leagues. The four leagues

consist of a competitive men's division, recreational men's division, co-ed, as well as a women's division.

Allred said, "We are very excited about the rapid growth in our basketball program as well as all of our IM sports."

Besides increased participation, Allred also stressed the importance of students being active. He said, "Intramurals are an extremely important part of the student experience. They provide an environment for fun, fellowship, stress relief and a healthy lifestyle. Data suggests that students involved in recreation programming graduate on time. It improves their ability to deal with academic stress and obviously benefits their fitness as well."

In addition to the record number of teams participating, the recreation department also unveiled its new software to organize all intramural sports. Each person participating in intramurals can register on High Point's section at imleagues.com. The site gives players access to game schedules, updated standings, and displays the box score from each game.

"William Rickman, Coordinator of Recreation Services, has been a great addition to the recreation department. He has been the catalyst behind our new software which we feel provides our students with a more interactive intramural experience," Allred said.

As for the season, two teams to look

out for are, "Who Got Next" of the men's competitive division and "Powerhouse" of the women's league. Both teams cruised through the Pre-Season Tip off Tournament.

Upon the conclusion of the post-season, the champion of the Men's competitive and Women's league will earn a trip to N.C. State to play in the ACIS regional tournament. The recreation department will also host an All-Star night featuring a skills competition, a three-point shootout, as well as a dunk contest.

Allred added that they "will continue to explore more ways to make all of our programming more attractive to all levels of skill and competition."

Women's lacrosse gets first ever win

By Steven Haller
Sports Editor

The inaugural season for women's lacrosse has begun. On Feb. 20, the team earned its first victory at home versus Cincinnati 15-7.

The game's top goal scorers for High Point were freshman mid-fielder Sara Kuhlman with five goals and junior attacker Alexis Goldman with four goals.

"Alexis Goldman did a really good job directing draws and Sara Kuhlman did a great job one-versus-one and taking the ball to the cage," said head coach Lyndsey Boswell to HPU Sports Information.

Kuhlman is the all-time leading scorer from her high school back home in Cincinnati, where she scored 121 goals in her four years there.

Goldman played for two seasons at St. Andrews Presbyterian College under Boswell before she transferred to High Point to continue playing for Boswell.

Boswell was a two-time first team All-American as a player at Pfeiffer and led her team as the captain to win the Carolinas-Virginia Athletics Conference championship her senior season and was the conference player of the year.

Boswell was an assistant coached at

Pfeiffer for two years, and then moved on to a head coaching position at St. Andrews Presbyterian College. In three seasons there, she coached a once dismal program to its first ever winning seasons. She was hired by High Point in June 2009.

High Point chose Boswell to start the women's Division I lacrosse program, but the program will not play in the Big South like the other HPU sports programs.

Instead, the Panthers will play in the National Lacrosse Conference (NLC). The NLC is a NCAA Division I women's lacrosse-only college athletic conference whose members are located primarily in the southeastern United States.

The NLC was formed in 2009 and does not have an automatic bid to the NCAA Tournament. Conference members will only be able to qualify through an at-large bid.

In addition to High Point, the other seven colleges in the NLC are Davidson, Howard, Jacksonville, Liberty, Longwood, Presbyterian, and Detroit-Mercy. The Panthers will play each team once this season.

Fans can see the Panthers return to action at home in Vert Stadium on Mar. 5 versus Mount St. Mary's.



Sara Kuhlman and Alexis Goldman embrace on the field the day they won their first lacrosse game.

Photo courtesy of HPU Sports Information.

Baseball starts season on 0-5 losing skid

By Steven Haller
Sports Editor

The High Point University baseball team began its third season with Craig Cozart as the head coach and the team immediately fell into a 0-5 hole.

The Panthers dropped four in a row against Troy in Alabama over a three-day span, and then returned home where they lost against Elon two days later on Feb. 22.

"Unfortunately, we had a tough weekend to open it up on the road in Troy," said Cozart. "Friday night got away from us early and you have to credit Troy for that. But, the other three games that weekend we were right there. We just did not get that hit when

we needed it or did not get that out when we needed it."

One of the reasons that the Panthers were not able to garner early wins is that they are missing some key players because of injuries.

Senior pitcher Corey Swickle was second on the team in strikeouts last season with 54. Junior outfielder Sean Wilson was 20 for 21 on stolen bases and scored 71 runs at McHenry Community College last season. Sophomore Andrew Bartlett had a 13-game hit streak last season with the Panthers. And freshman infielder/pitcher Preston Packrall had a .360 batting average for his entire high school baseball career.

All four players are supposed to be an integral part of Cozart's line-up.

"I have never been involved in something like this in 15 years of coaching," said Cozart on having numerous injured players. "I think we are tough enough mentally to not let it affect us long term, although you know it is going to show itself from time to time."

In addition to injuries, Panthers' fans should also note this season's additions to the coaching staff.

Joe Mercurio was hired to be a volunteer assistant coach last September. Mercurio was an All-Conference catcher at the University of Maine and spent last summer coaching the Glens Fall Golden Eagles in the New York Collegiate Baseball League.

Mercurio will serve as the first base

coach this season while working with the outfielders. His younger brother, Mike, is currently a sophomore infielder for the Panthers.

Another addition is HPU's own Jamie Serber, who is a former pitcher for the Panthers. He will be working with the development of the pitching corps and will be responsible for the bullpen during games.

HPU will travel to Duke on Mar. 1 and then the team will return home to Williard Stadium for a three-game series versus Dayton Mar. 4-6.

When asked about how the team will persevere, Cozart said, "We are just going to continue to play hard and put guys in situations to help us and hopefully we have success."

Coach Jenna Wrieden inspires track athletes

By Henry Molski
Staff Writer

Saying goodbye to a place you call home is not something easy to do. Jenna Wrieden had to do exactly that this summer after being hired as the new track and field assistant coach for the Panthers. Wrieden would easily say that leaving the relationships she built at her previous place of employment at Queens University has been the hardest.

But just like many of the freshman on campus at High Point, Wrieden, both the men's and women's assistant track and field coach is beginning to feel very much at home on campus. Having been at HPU for over six months now, the transition process is near complete.

When asked about their new coach, it is hard not to see a smile come across the face of any runner or track athlete. This is the kind of energy that Wrieden is already bringing to the program.

When asked about Wrieden, freshman Jacob Roach couldn't agree more with his teammates. "She is a really down to earth person and is very helpful with the way she puts training

in perspective for the runners instead of from a coach's point of view," said Roach.

It hasn't been very hard for Wrieden to fit in either, as she has said that the "genuine joy of the High Point staff has been amazing." She says that she has never been a part of an organization this special.

However, there is much more to this new job than just the joy of it. Wrieden was brought here for a reason, and that reason was to win. From the very beginning, head coach Mike Esposito praises her "wide variety of experience" and "educational



Assistant track coach Jenna Wrieden
Photo Courtesy of HPU Sports Info.

background in the sciences."

Wrieden has very high marks on her own running as well, even though she, obviously, won't be running for the university. Wrieden was one of the top runners in the Pac-10 at Arizona State for all four of her years in school. Wrieden also finds time in her busy schedule to train and run marathons.

As a coach at High Point, Wrieden says that the coaching is certainly going well, especially thanks to the help of Coach Esposito. Esposito has given her plenty of room to adjust to her

new role and continues to help along the way.

For those curious as to what kind

of role the assistant track coach holds, Wrieden serves mainly as a complement to the head coach. She helps individual athletes prepare for various events in any way that she can help. All and all, she is another important coach who helps prepare the athletes to compete at the college level.

As far as the rest of the year goes, Wrieden looks forward to the team making much progress and building a strong foundation for a good track and field program. She is particularly excited about the things she has seen from the women's half of the program. Sophomores Kate Peck and Kelsey Hunt have her optimistic about the next few years at High Point as both of the young women are progressing greatly. She also is looking forward to a strong spring from senior Dianna Bell.

What it all comes down to for Wrieden, though, is finding a way to connect to these athletes and make them better competitors as well as better people. Wrieden does this not only through hard work and commitment, but finding the love that the athletes have for the sport way deep down.

College athletes: athletics vs. academics

By Kaitlyn Hodgins
Special to the Chronicle

The scoreboard is not the only thing that Steven Schils has to worry about.

As Schils steps onto the mound, he can hardly see anything past the bright lights illuminating the ballpark. Yet he knows the stadium is packed with fans eager to see him lead his team to victory.

You would think the only thing on his mind right now would be whether or not to throw a curve ball or a fast ball, but there is so much more.

Schils, a sophomore pitcher for High Point University has two tests tomorrow morning but has to concentrate on this game that could go as late as 11 p.m. Lucky for Schils it is not an away game, because if it was, traveling time would also need to be factored into the night as well.

He quickly shakes the thought out of his mind. It is not time to worry about the tests. He focuses. Chooses his pitch, corrects his stance, grabs the brim of his cap and makes direct eye contact with the batter. Blocking out all the ruckus from the fans in the stands, Schils winds back, extends his arm and throws a smooth fastball right into the catcher's glove. Strike.

"It's not the athlete part, it's the student-athlete part and you just have to be able to balance both of those," says Schils, with the passion he has for baseball visible in his eyes.

The Student-Athlete Part

Student-athletes are some of the most highly motivated people on campus but are also some of the busiest. They travel almost weekly for games and tournaments, and because of this they often have to miss class. Even though these absences are excused by the school and teachers in most cases, the students are still responsible for all missed work and due dates. The absences the games cause leave very little room for error as far as the students missing classes for any other reason.

One would think that athletes, especially baseball players, would miss many classes with as dense of a game schedule as they have. However, they don't miss as many classes as one might think, according to head baseball coach Craig Cozart.

One of the perks of being a student athlete is having the opportunity to register for classes prior to the rest of the student body. This allows the

travel season.

"It's just about being motivated and getting your work done ahead of time so you don't have to worry about it when you're traveling," said Schils.

However, Schils described how he is often doing homework or studying on the bus to and from games and in the hotel when they are traveling overnight.

Baseball players dedicate 20 hours

a week to the team in the fall for practices alone. They're in the weight room every day, and then they have strength and conditioning where they run "a lot," according to Schils. Then players will have individual mechanics practice where they are separated based on position and strictly focused on their individual skills and weaknesses.

After practice is over and they break down the field, the athletes go right into study hall where they are assigned hours depending on their G.P.A. and individual circumstances.

"I always think it's hard going from practice straight to study hall because you're so tired from lifting and working out and then you just go straight to study hall and you're just like really tired," Schils said.

When the travel season begins in the spring, the schedule becomes even more hectic, with 56 regular season games spread out over four months.

"As far as the NCAA is concerned, you get one day off a week," says Cozart. "Sunday to Sunday is what our week runs."

According to April Wines, assistant athletic director and senior woman administrator who oversees student-athlete academics, not only do students have to worry about upholding their coaches expectations, but the school and the NCAA also oversee their academics and have their own set of expectations.

School Requirements

HPU requires any student-athlete who has a grade point average less than a 3.0 to complete anywhere from two to 10 study hall hours a week. Coaches, however, may change this rule and raise the required G.P.A. if they feel it's necessary. The NCAA has its own set of rules. If these student-athletes are not completing at least six credit hours in a semester or 18 credit hours in a year and are not making clear progress towards their degree, they become ineligible for competition. If the athlete is not eligible for competition, he or she can kiss whatever scholarship he or she had goodbye.

Aside from these standard requirements, some coaches may have their own set of rules for their individual team. Marty Beall, the women's head soccer coach, requires his freshmen to complete eight library hours in the spring semester if their G.P.A. is under a 3.5.

"Each student athlete has a different

level of intelligence," Beall explains. "We expect each player to maximize their potential. That means making great use of your time management skills. If I have a player that is studying all the time and only has a 3.1 G.P.A. I may not ask them to do study hall hours because to me it's all about maximizing potential."

"A lot of it has to do with their class schedule and structure, and maybe some of them, rather than doing study hall, need to be in tutoring and that would count towards their hours as well," Cozart said in an understanding tone. "So it's not really a standard based on their G.P.A.; it's based on the individual and what we know about them as a student."

There can be severe consequences for students not holding up

their academics. If students are not completing their assigned study hours, on the first offense they get a warning, the second a seven-day suspension, the third a 14-day suspension and on the fourth offense they can be dismissed from the team entirely.

"There are times when they may come to me and say, 'Coach I have three tests this week. I'm totally bogged down in this class. Is it okay if I get out of practice early or miss practice to work on this group project?' We talk to our guys and tell them you're a student first and athlete second, but at the same time missing practice for a non-structured class is not an excuse, but if they can come to us that might be a reason why we work with them," said Cozart.

Between the coaches and Wines, they are able to stay on top of the student's academic schedule. Every day before practice, Cozart meets with the team as a group, gets an update as a unit as to what's going on to make sure everyone is doing okay with grades, encourages them and gives the athletes feedback. Each student-athlete is also required to meet with the assistant athletic director once a week.

"On Thursdays I meet with Miss Wines," said Schils. "She's kind of like an academic advisor. She makes sure that I'm staying on track and doing my homework. Basically, she just oversees my grades."

Wines said that in the five years she has been at HPU, she has seen several cases where a student realizes that he or she is putting too much concentration into athletics, and not enough into academics and the student removes himself or herself from the team to focus on grades.

However, Wines added, "I feel that student-athletes often do better academically than non-athletes. They are great at time management and the athletes know that they will be missing class to travel for games; therefore, they know they can't miss class when they are here."

See **Athletes**, page 13



As a freshman, Pitcher Steven Schils made five appearances out of the bullpen and started one game in 2010.

Photo courtesy of HPU Sports Information.

Three hours later, Schils shakes hands with his defeated opponents after a 9-4 win. The victory for High Point tonight feels great for Schils and his team. But can Schils defeat his two exams tomorrow as well as his game opponent?

maximum flexibility in selecting their schedule to work around their practice times. Their coaches, along with the team's academic advisors, work very hard to help the students schedule their classes in a way that they will miss the least amount of classes possible in their



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Monday, March 28, 2011

A Special Wish for Japan



Senior Mai Iwasaki (left) and freshman John Gargiulo (right) fold paper cranes as part of a fundraiser held on March 24 in Slane Gym for the American Red Cross Japan Relief Fund. There is a Japanese legend which says that if one folds a thousand paper cranes then one will be granted a wish, such as long life or recovery from illness or injury.

Photo by Dave Prentice

Japanese students react to recent disasters

By Skylar Mabe
Staff Writer

Mai Iwasaki, Tomo Yamada and Nori Onishi. Their names may not sound familiar but their faces represent a country of people in turmoil.

After an 8.9 magnitude earthquake and tsunami hit the Northeast coast of Japan on March 11, thousands of Japanese were left without homes, family and hope.

The death toll in Japan is up to approximately 9,500. Imagine everyone you know, everyone you see walking to class... gone.

Besides the 9,500 deceased, there are around 15,000 people missing—roughly the population of Jamestown, N.C. (the small town next to High Point).

A whole town... grocery store cashiers, gas station attendants, school teachers, neighbors, everyone. Missing.

"They're human and they feel and they breathe and they have emotions just like you and I," said Erin Moran, an HPU admissions counselor who taught English in Japan for a year.

Iwasaki, Yamada and Onishi are the only three Japanese students currently studying at HPU.

Their families are all safe, but that doesn't erase the pain and the anxiety they feel for their home country.

Iwasaki's mother was at HPU during the earthquake and tsunami. Her flight home was scheduled for March 13, a mere two days after the disaster. Japan was feeling the after shock and most transportation was shut down.

"I could not eat well at the time [of

my mother traveling]," said Iwasaki. "I realized the importance of family and I prayed for [her] safety."

Iwasaki's grandparents live in Koriyama, located in the middle of the Fukushima prefecture. Because their house is within 25 miles from the damaged nuclear plant, they rarely go outside.

Yamada lives in Niigata, approximately 80 miles from the disaster area. He will graduate this May, but is uncertain about his future plans in Japan.

"Whether the earthquake occurred or not, it's hard to find a job in Japan. I will find out what I can do for the victims of the disaster and then I will do job searching," said Yamada.

In 2004, Yamada's home was hit by the Chuetsu earthquake, a 6.9 on the magnitude earthquake. The Chuetsu earthquake injured over 3,000 people.

"[It is] possible that I will be hit with earthquakes no matter where I live in Japan," said Yamada, "It's hard not to be scared or nervous."

Onishi lives in Osaka, a city about 350 miles from Fukushima. Nori will graduate in December and hopes to attend summer school at HPU. Onishi survived The Great Hanshin earthquake in 1995. He and his family were living on the ninth floor when his parents woke him up.

"I thought my apartment was going to fall apart. I saw a lot of places, like the highways and ground was split," said Onishi.

Like Americans have drills for fires and tornados, Japanese have drills for earthquakes. They are a part of life in Japan, a terrifying reality for the thousands missing and even the thousands

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The Campus Chronicle urges readers to submit letters to the editor.

The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone number and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgment of the editors and advisers.

Mail your letter to: The Editor, Campus Chronicle, Box 3111, High Point University, High Point, NC 27262.

Campus Voices: What do you like most about the spring?

"Sunshine, being outside, and summer being closer."

Saysha McArthur, freshman



"No longer oppressed by the cold and have to stay inside. And I can walk barefoot around campus."

Tommy Parnelle, senior



"Everything begins to come to life in the spring."

Bradley Taylor, sophomore



"The warm weather and everyone's happy."

Anna Seiler, junior

An extraordinary realization

By Roxanne Tammone
Staff Writer

Take two steps onto campus and it seems more like the grounds of a country club than a college campus.

While the academics are both challenging and rewarding it is easy to judge a book by its cover, and the High

Point University book could certainly be titled "The Four Year Vacation."

But being surrounded by constant beauty can be a bad thing, and many students find themselves unintentionally

taking it for granted, focusing on the trite instead.

"Security is so annoying; they bust parties way too early."

"I can't believe I just got written up again; if I want to drink I will... this is getting out of control."

"The lines to eat are way too long no matter where I go; they need to stop letting in so many freshmen."

"Seven magic meals a week is not

enough; we need more."

"What's so extraordinary about this place again?"

Many if not most students are guilty of whining at least one of these oh so familiar complaints at one point or another during the semester.

Another new popular topic of complaint around campus is the constant growth of Greek life.

Students can be overheard speaking in stereotypes, "Greek life is about buying your friends. A group of the elite and those writing checks so they too can play alongside the elite." Buying their way into a stereotype so that they can have exclusive parties and custom t-shirts, custom hats and koozies and car decals and croakies and anything else that can be emblazoned with their letters. Drinking alcohol in unhealthy amounts for any, I mean literally any reason... like "Hey bro, the sun is shining, and it's like a Sunday we should totally go buy a couple cases."

Sometimes I even feel myself floating amidst my fellow Greeks, knowing that while I have found my home away from home and a way to take on a leadership role...

What really was the point of it all? Was anything here really that extraordinary?

On February 1, 2011 I found the

answer to both of my questions.

You see, on February 1, 2011, junior and sister of Alpha Gamma Delta Cassie Hill passed away suddenly from a brain aneurysm, and turned our world upside down.

The outpouring of support was almost as shocking as the news of her death. It flowed in from every angle. From Gail Tuttle and Sarah Haak in the office of student life to Dr. Hal Warlick to President Nido Qubein himself. It radiated from the entire staff and student body, Greeks and art majors and athletes.

I've never seen such a large and diverse group of people come together and be so strong, so genuinely supportive, show such a united front.

There is no sum of money or alcohol that could result in the love and support of the HPU community.

It's amazing really, when one of our own is hurting how protective we become of one another.

This love is still everywhere, stitched into maroon ribbons and scarves, molded into bracelets, written in marker and glitter and paint, baked into cupcakes and swirling out of the sweet scent of every red and buff rose.

It is everywhere and it cannot be mistaken for anything else.

It is extraordinary.

If my calculations are correct.
By: Alaina Farrish



Media should not control our compassion in life

By Amanda Mayes
Staff Writer

Horrific and unforgettable images and video constantly stream on the television screen of the recent earthquake and subsequent tsunami in Japan.

The perpetual tinderbox that is the Middle East ignited in January as repressed individuals in many countries took to the streets to demand political, social and economic reform.

The United Nations recently passed a resolution giving the go-ahead for a no-fly zone to be imposed on Libya in order to protect the civilian population caught in the middle of a civil war.

A thousand other places on the map face unique struggles and challenges, causing media to become the messenger for the voiceless worldwide who otherwise would have no means of being heard.

Events on the world stage seem to ebb and flow, partly because news is delivered in cycles. Tremendous stretches of time involving inactivity seem utterly out of place. The actors on the world stage seem at peace for once, or at least too tired or distracted to put up a fight.

Yet so much is stirring below the surface of the seemingly calm river of history; the media may never choose to focus on the small ripples that will lead to the waves that alter lives during decidedly busy news times.

This perceived ebb and flow of world events has effectively turned the human heart dormant until the media deems it appropriate to awaken our compassion.

The media has accumulated a vast amount of power, yet with this power comes



responsibility – a fact that many in the news business choose to studiously ignore.

The piecemeal methodology by which the media determines which stories see the light of day and which are swept under the rug are highly questionable. More often than not, a spotlight is shed on stories involving the suffering; these stories draw out compassion and guilt in equal portions from the heart of the international community. Sensationalism and opinion have ousted the place of credible stories that lead to the development of empathy and the expression of compassion. Positive and hopeful stories exist, but negative events tend to elicit the strongest emotions.

But the pen is only mightier than the sword if the ink-stained hand that wields it understands when and how to put it to paper.

Not all blame for this loss of enduring compassion can be placed on the media. Much of humanity has adopted the axiom "Out of sight; out of mind." We become lost, tangled up in our own worlds and blind to the plight of those around us. Rather than taking an active interest in what is going on in our world and deciding for ourselves the importance of issues, we wait to be told what issues are significant. Laziness, ignorance, selfishness and disinterest provide the press with free rein to manipulate our interests and control our heartstrings.

I urge you to find a way to disrupt the status quo of the media's control of compassion.

Seek knowledge beyond what is handed to you. Find the ability to deeply care for others whether or not their need stems from war, natural disasters, inadequate laws, or the push and pull of life. Disregarding the cliché, we are all human and all connected.

You never know when you may be the one seeking the empathy needed to keep walking down the path of life.

Canadian internet regulation could crossover to US

By Jake Grim
Staff Writer

Squeezing the flow of information across the internet, Canada's biggest internet service provider is making waves amongst internet users by cutting their bandwidth caps, or the amount of web surfing and downloads they are allowed.

To give a brief background on the situation the Canadian Radio-television and Telecommunications Commission (CTRC), Canada's telecoms regulator, approved the use of bandwidth metering and usage based billing (UBB) by Bell, the biggest carrier in Canada, late last year. Since then the situation has exploded into heated debate on the Internet with protest sites popping up, including stopthemeter.ca and the Anti UBB campaign.

What this means for Canadians, as it has been pointed out by an image circulating the web, is that when internet service providers are charging two dollars per gigabyte it is cheaper to buy a 300 dollar 160GB hard drive, fill it with useful data and ship it next day for ten dollars to another part of Canada. The average cost by this method is only \$1.94 per gigabyte, with an average transfer speed of just over 15MB per second, which is a common speed for Canadian Internet connections.

With prices of nearly two dollars a gigabyte, UBB cripples watching videos online, peer-to-peer transfers and even streaming an HD movie from viable sources. In addition to the monthly fees, users already pay to stream movies; the download itself could cost them eight additional dollars for a high definition movie.

Many of you are shrugging this off as another "Oh Canada" moment, but the fear



is if usage based billing can stand in Canada with low bandwidth caps, what is to stop it from spreading to Canada's nearest neighbor, the U.S.?

Usage based billing could cripple the spread of ideas and information on the Internet.

While several carriers in the U.S. have bandwidth caps on usage, the caps are at the very ceiling of what the average household can consume in a month—between 200 and 250GB. The caps Bell proposes for Canada are only a fraction of that at 25GB per month and every gigabyte overage incurs additional costs.

Bell's reasoning behind setting caps boils down to the network congestion during peak hours, and the belief that those who use the bandwidth more should have to pay more for its use. Considered in the light that those that use more cause more congestion and therefore should pay more, this makes perfect sense. This logic does not hold true, however.

As Jeremy Addleman, a contributor to stopthemeter.ca said, "Drivers who cross a bridge many times throughout the day do not add to congestion at rush hour. Instead, it is the commuters who cross during peak hours who contribute. It would be absurd to charge these people who use the bridge when it is not busy for the problems created by those who travel only when there is gridlock."

The bandwidth metering and usage based billing in Canada is opening the way for the abuse of net neutrality, with internet service providers capable of dropping caps to such low levels that file sharing and peer-to-peer transfers are no longer economically feasible. This blow to the transfer of ideas and information is against everything that has made the modern age prosper, and should not be allowed to stand.

Right now the public pressure on the CRTC and Bell has reached critical mass; hopefully the CRTC will come to its senses and repeal its approval of bandwidth metering before it reaches the States.

A moment with the editors

What's your favorite...

College basketball team?

Flavor of ice cream?

U.S. city?

Katie Nelson,
Editor-in-Chief



DUKE!!!

Rocky Road

Louisville, Ky.

Jeremy Hopkins,
Photography Editor



Duke Blue Devils

C.C. Cookie Dough

Charlottesville, Va.

Matt Wells,
Organizations Editor



UNC

Peach

Las Vegas

Dianna Bell,
A&E Editor



I don't really care.

Chocolate & coffee

San Francisco

Why are we 'Keeping Up With the Kardashians'?

By Janeen Leppert
Staff Writer

Reality stars have come and gone, but it seems the Kardashian family is here to stay.

Four years ago, the only thing associated with the Kardashian name was a x-rated video tape that had surfaced of sister Kim and a former boyfriend. Typically, in the entertainment industry, a sex tape is a devastating hit to any celebrity's career and causes that person to lose a certain amount of credibility and respect. In Kim's case, that may be true, but it's also partially responsible for landing Kim and her family directly in the Hollywood spotlight.

Kardashian enthusiasts will argue Kim's graphic tape has nothing to do with the family's success. In fact, it was their late father, Robert Kardashian, who was partially responsible for the acquittal of O.J. Simpson in his murder trial, which made their name famous. However, that is what Robert was famous for 16 years ago. This still leaves the big question: why are the Kardashians a national fascination and borderline

obsession?

"We're just this big family with a lot of drama and a lot of issues, and there's someone here for everyone to relate to," says Kris Jenner, mother of six, in an interview for *The Hollywood Reporter*.

Last year alone, the magazine reported the Los Angeles based reality TV clan made \$65 million in endorsements, fragrances, clothing stores, skin care and weight loss products, appearances, a New York Times best-selling book, and three soon-to-be four hit TV shows on the E! network.

It's safe to say the Kardashians are everywhere. In 2007, the controversial family introduced themselves to America by launching "Keeping Up With the Kardashians," which now is in its sixth season and averages 3.5 million viewers per week. Viewers were instantly captivated and began worshiping their empire. This fascination led to two spinoff shows starring sisters Kourtney, Kim and Khloe as they expanded their DASH Boutique to Miami and New York City. Next month, the third spinoff, "Khloe & Lamar," is set to premiere.

Kim remains the most popular member of the family. Last year, Kim was the fourth most googled person on the internet following Justin Bieber,

Katy Perry and Selena Gomez. The 30-year-old celebrity is capitalizing on every aspect of her fame. The self-proclaimed "perfumista" released her own fragrance last year and is now Sephora's top seller.

Kim also landed an endorsement deal with Sketchers that earned her a coveted slot in last year's Super Bowl commercial line-up.

As if Kourtney, Kim and Khloe's new fashion line with Sears, set to debut this fall, weren't enough of a fashion team for the family, it seems a new generation of Kardashians is headed our way. Kendall, 15, and Kylie, 13, have already earned acceptance in the modeling industry by working with major clothing stores like Forever 21, Macy's and Sears. Brother Rob, 23, graduate of UCLA, just recently signed his first gig as manager of up-and-coming music group BG5.

When is enough enough? There seems to be no end in sight for the Kardashians as their celebrity status grows more and more by each new venture the eight-membered family takes on.



Khloe Kardashian of "Keeping Up With the Kardashians" is scheduled to have a spinoff with her husband next month.

Photo provided by Celebrity Beauty Buzz.



Kris Jenner divorced Robert Kardashian in 1990 and is remarried to Olympic champion Bruce Jenner.

Photo provided by cardiogirl.net.



Kim Kardashian was second in her family to rise to fame after a sex tape was leaked.

Photo provided by The Inquisitr.



Kourtney Kardashian began her reality television career with a series called "Filthy Rich: Cattle Drive."

Photo provided by Reality TV Magazine.

So long, Winter. Hello, Spring!

Q	P	T	T	R	A	H	E	B	S	R	K	P	E	U
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APRIL	BASEBALL
BEES	BIRDS
BLOOM	BLOSSOM
EASTER	FLOWER
GOLF	IRIS
LILAC	LILY
MARCH	MAY
PICNIC	PUDDLES
RAIN	SHORTS
SUN	TANNING
TREES	TULIPS
UMBRELLA	WARM

By Bridget Donahue

'Dragon Age II': flawed, but fun

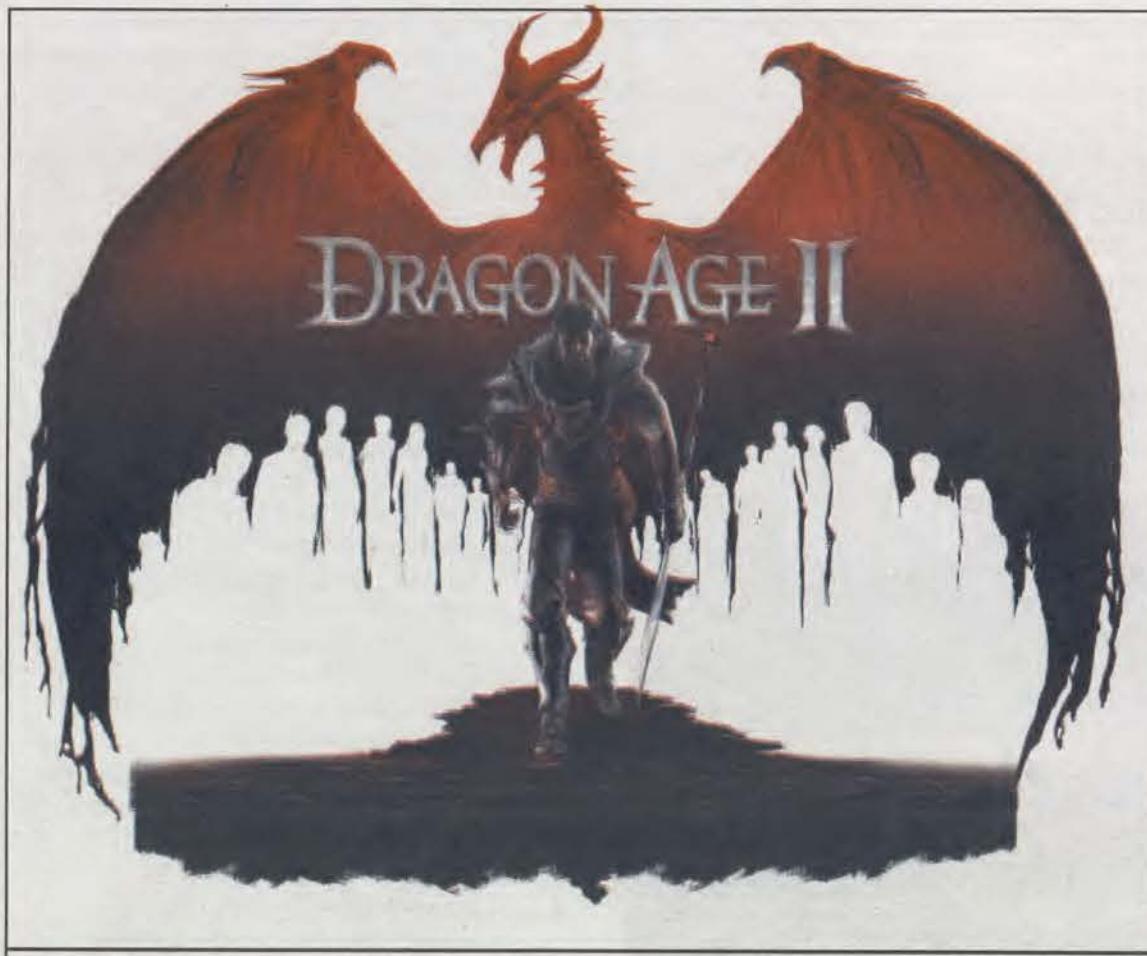
By Trent Schneider
Staff Writer

"Dragon Age II," sequel to "Dragon Age: Origins," brings many new improvements to the 2009 game.

The story is set during the same time as the first game, but in a different area. The player takes control of a man or woman fleeing with his or her family after their home has been destroyed. After arriving as a refugee in the city of Kirkwall, the hero must rise through the ranks of society in order to provide the best for his family. This task ends up being much more dangerous than he or she could have ever imagined.

As far as gameplay goes, there have been many changes since the original. One change players may notice the most is the combat system. Unlike in "DA: Origins," the combat is much more action-based. Every move the character makes in a fight is controlled directly by the player. In the original, the player just picked a target and told the character to go. Another big change is in the menu and dialog systems, both of which are now more like "Mass Effect 2," another game from the creators of "Dragon Age."

As for the story, "Dragon Age II" is much different from "DA: Origins." Instead of a random person becoming an all-powerful Warden fighting off the Archdemon, the player starts out in poverty and has to earn his or her own



In the "Dragon Age II" players can play as either a warrior, mage or rogue.

Photo provided by BioWare.

wealth and respect as the player defends the city and those he or she cares about from the different tragedies that befall them. The story creates some strong ties to the different characters and does

a good job of making sure the player doesn't know what is coming next.

Of course, as with all games, "Dragon Age II" does have a few flaws. The biggest of these flaws is the fact that

many of the different maps in the game are reused to represent different areas. By this, I don't mean, "Hey look! I think I may have seen this map before." I mean, "There must be a shortage of land around here because I've been here five other times doing five different things."

Another problem that not all players may get, but I most certainly got, were texture glitches. By texture glitches, I'm not referring to two textures overlapping one another in a far off corner on one map. I'm talking about a period of roughly two hours where the guards in the city were represented by floating swords and shields. On the plus side of this, nothing brightens the mood of a city on the edge of destruction like laughing at the army of floating swords and shields.

All in all, the game packs in many hours of good quality entertainment with solid replay value and, aside from a few minor problems, some of which many players won't even encounter, it is still a good game. With this in mind, I definitely recommend it for any gamer who is looking for a good RPG to play.

Birds are chirping, bees are buzzing, guitars are wailing...

and tickets are available for some awesome shows

The Fillmore
1000 Seaboard St., Charlotte
www.livenation.com

Alternative rock band All Time Low will play **March 29** at 6:30 p.m. Tickets start at \$22.50.

On **April 7**, Jonny Land will perform with special guest Bubonik Funk. The show starts at 7:30 p.m. Tickets start at \$29.50.

On **April 9**, moe. will take the stage at 8 p.m. Tickets start at \$23.

*For more information about these shows and ticket prices, visit the website.

Greensboro Coliseum Complex
1921 W. Lee St., Greensboro
www.greensborocolisem.com

Rush will perform **April 1**. Tickets start at \$50.50. So if you are like Paul Rudd in "I Love You, Man," and want to "slappa da bass, mon," take advantage of this show.

Now that Weezy is free, he will be performing **April 8**. Tickets range from \$39.17 to \$89.75.

LJVM Coliseum
2825 University Parkway, Winston-Salem
www.ljvm.com

The Zac Brown Band will perform with Blackberry Smoke on **April 6**. Doors open at 6 p.m. Tickets range from \$28.50 to \$48.50.

Greene Street Club
113 N Greene St., Greensboro
www.greenestreetclub.com

Pop/rock band Emery will play **March 30** with To Speak of Wolves, Hawboy (formerly As Cities Burn), The Future is Me, Future Ghosts and Hey Miss Wright. Doors open at 6 p.m. Tickets are \$13 in advance and \$15 the day of the show.

April Fool's Day will feature 12th Planet & Vaski, the dubstep group, Phillip Phresh, Tim Trouble, Crewless, Cloak and Dagger & Rooftop Resident DJ Blackout will take the stage as well. Doors open at 9 p.m. Tickets are \$10 in advance and \$15 the day of the show.

Hip-hop artist Kendrick Lamar will perform **April 3** with FSM, SkyBlew, Vega, Poemack and a few others yet to be named. The doors open at 6:45 p.m. Tickets are \$12 in advance and \$15 day of. VIP tickets are \$20, which gives fans the opportunity to meet these bands.

April 5 brings Break Science, which is a dub, hip hop, drum and bass, trip hop group. The group is composed of Adam Deitch of Pretty Lights, Borahm Lee of The Fugees and Chali 2na of Jurassic 5 with special guests Proper Motion. Doors open at 9 p.m. Tickets are \$12 in advance and \$15 the day of the show.

The punk rock band Screeching Weasel will perform its 25th anniversary show on **April 8** with The Huntingtons. Doors open at 7 p.m. Tickets are \$20 in advance and \$24 the day of.

"Recyclemania" competition sparks HPU to go green

By Paola Chavez
Staff Writer

HPU is the home of approximately 3,000 students along with faculty and staff, who are now involved in Recyclemania.

Recyclemania is a friendly competition between colleges and universities that promotes waste reduction on campuses. The competition is conducted over a 10-week period in which schools report both recycling and trash data. After this data is collected it is ranked based on the largest amount of recyclables per capita, the largest amount of total recyclables, the least amount of trash per capita, and/or the highest recycling rate.

HPU is currently participating in this competition in order to increase recycling on campus, raise awareness of the recycling program at High Point and lower the waste that is generated on campus. In order to promote this competition, the HPU Green Team is working hard through the use of campus outlets, such as Campus Concierge, posters found around the school, social media such as Facebook and Twitter and most recently by providing each High Point student with a green water



One of the many 'green' themed receptacles on campus.

Photo by Jeremy Hopkins

bottle.

The free water bottles that are being passed out allow students to understand both the importance of recycling and "reusing." In addition they get a glimpse of what High Point University is trying to do and promote.

"I think it's a great strategy being used to get the point across and recycle," says student Erica Wagner.

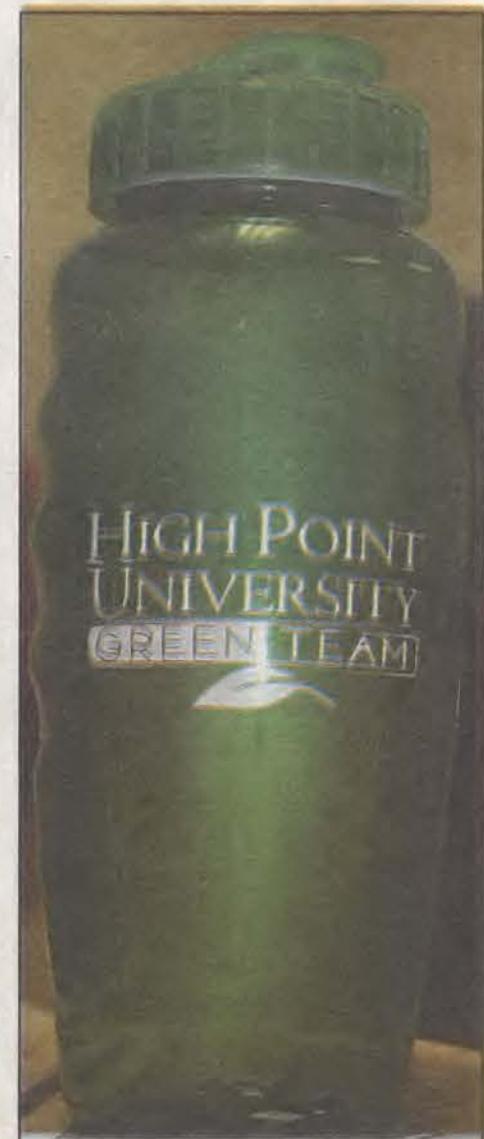
Although many students believe that High Point does not recycle, David Bryden, director of library services, said, "It is true that recycling on the campus is new but we have had tremendous support."

According to the director of WOW, Troy Thompson, in order to be successful in this competition, the results will be monitored throughout the 10 weeks to see the changes in volumes of recyclables.

Although it is questionable whether or not both students and faculty will make it a habit to recycle, Thompson believes the program is a step in the right direction. "As a campus we will continue to strengthen our sustainability initiatives, including recycling, in the future," he said.

Already there has been an overwhelming response to recycling, according to Bryden, "Last week, 8,000 pounds of co-mingled recycling was removed from campus," he said.

Yet, there are steps being taken in an effort to make the campus more environmentally friendly because High Point is in the works of planning the stages of a first Leadership in Energy and Environmental Design (LEED) certified facility for the new school of education building.



Campus Concierge recently distributed plastic reusable water-bottles to students.

Photo by Katie Nelson

Russian and Portuguese join the MFL department

By Julia Coiro
Staff Writer

Starting next year, HPU students will have the opportunity to take Russian and Portuguese for a foreign language credit.

According to Dr. Carole Head, chair of modern foreign languages, Portuguese was chosen to be added to the curriculum because of its benefit to international business majors.

"Portuguese is the official language of Brazil, the largest country in South America, the second largest industrial power of the Americas and a very important trading

partner of the United States," Head said. "Therefore, Portuguese will be an important complement to our program in international business."

Russian was also chosen to be added to the existing seven languages available to HPU students. According to Head, Russian was chosen because of Russia's importance and power in today's global economy. This language will also be of great benefit to

"Portuguese will be an important complement to our program in international business."

Dr. Carole Head

international business and international relations majors, Head said.

According to Head, the department of modern foreign languages bases its choice of which languages to add on a number of things. Student interest, world events, global trends, economic issues, cultural awareness and other changes in the curriculum are some of the things that factor into this decision.

"The addition of a new language

is discussed with the members of the modern foreign language department, then with the provost of the university and the dean of the college of arts and sciences," said Head.

Head said that the department will hopefully be adding some new languages in the next few years.

"The modern foreign language department is committed to helping students prepare for leadership and service in a global community by offering them the opportunity to expand their knowledge of other languages and cultures, and we are fortunate to enjoy the support of the university administration in this endeavor," Head said.

Millis estate to become ropes course and retreat center

By Jessica Strickler
Staff Writer

In November 2010, Molly Millis-Hedgecock, a local resident of High Point and HPU board of trustees member, donated her Davidson County 20-acre estate to High Point University. The Millis family has several buildings named after them on campus, including the Millis Athletic and Convocation Center.

Since the donation, members of the HPU community have been working to guarantee that the new facility is operational in August 2011. Roger Clodfelter, High Point University's associate vice president for communication and culture, is spearheading the project.

Presently, only minor changes have been made to the property and much of the project is still in the planning stages. Although a budget is still being developed, several campus organizations have taken a role in the planning process.

A group of interior design majors in the school of art and design have been tasked with the responsibility of creating a mock-up for the inside of the four-bedroom home.

"We plan to use only one of the bedrooms as an actual bedroom. The others will be used for storage space or meeting rooms," said Clodfelter. "The bedroom has the

potential to be used as another lodging option for a student's family in an emergency situation."

The outdoor discovery team, a group of HPU students, is working with local ropes courses to design a ropes course to be built on the property.

"I took a ropes course once; it was about 30 feet in the air and I was scared to death, but I loved it," said freshman Jacqueline Simpson. "I am honestly excited about trying it again!"

According to Clodfelter, the estate will be a "retreat center" for HPU faculty and student groups. Ideal for faculty departments to hold planning sessions and for student groups to take a break from studying, the estate should receive plenty of use.

Since the property is located approximately 10 minutes from High Point's main campus, there will be a live-in property manager responsible for maintaining the house and the surrounding land. Transportation to the retreat center will be provided by High Point University buses, so that land available can be maximized for natural use. The estate already has a circular driveway, so bus accessibility should not be a problem.

"It's going to be a fantastic use of the space," said Clodfelter. "We are excited about having a place for our students and staff to relax and enjoy the outdoors."

Local students to host rally for amity

By Jared Johnson
Staff Writer

Amity is not a word that gets thrown around in conversation too often. When most people hear it, they may even have to look up its meaning.

Well here it is, amity—peaceful harmony and a mutual understanding; peaceful relationships between nations.

It is a wonderful concept that needs to be embraced.

Just because

someone has a different faith or race is not a good enough reason for why everyone can't all coexist.

All of the hate and insignificant reasons why people dislike each other need to come to an end.

No matter how big or how small, everything has to start from somewhere. On April 10, from 1:00 to 4:00 p.m. it starts at 3710 Waterview Drive in High Point. At the park there is going to be a Rally for Amity.

This is not just going to be a run of the mill peace rally. It is going to be much more than that.

Jillie Johnston, the event's organizer, said, "These three hours provide the opportunity to sit and talk with someone



you normally would have never given a second thought to." The Rally for Amity is going way past small talk. It is going to be a day of sitting down and getting to know someone and finding out how they got to be where they are today.

Although this is a rally for amity it is doing something even greater and that is trying to rid the ignorance in this world.

No one said it would be easy but taking small steps in the right direction will make for a better world to live in. Finding out what makes someone else tick and getting past superficial judgments is what this day is going to be about.

Jillie Johnston, Maggie Sturdevant, Morgan Gunn and John Kruse are the ones responsible for putting the day together. It all started as a simple idea of just a few people sitting around talking and has turned into the Rally for Amity.

This is not to be looked at as a High Point University event. It is an event for the community. There are several schools around the area involved such as Elon, UNCG, Wake Forest and GTCC. Four homeless shelters and several religious leaders from around the area are also involved.

Johnston said, "This is a revolution. Not a revolution of uprising and chaos, but one of love, peace and coexistence."

There is going to be free food, a live band and many people just hanging out trying to learn from one another.

It is going to be a day of sharing and listening to others' experiences in the world. For further information check them out on Facebook at "Rally for Amity."

Student Spotlight: Stephanie Rubendall is no stranger to hard work

By Jordan Oliver
Staff Writer

"J-dawg!"

I hear my nickname being screamed through the stainless steel doors as I scurry behind the bar of The Point—HPU's one and only sports bar and grill. I know exactly who that is.

"S-Skillett!" I jokingly return as Stephanie makes her way over. "Glad we're working together tonight!"

By the sight of my friend, I am immediately assured that our dinner rush will be smooth-sailing.

Stephanie Rubendall, a sophomore and student employee, may have started working at The Point during October of her freshman year, but the busy college student would consider herself a veteran when referring to the work force.

"I've had a job since I was 16 years old. The day I turned 16, my mom got me, we went to get my working permit and that weekend, I started applying [for jobs]" she stated. "I started working the first or second week in January and I've been working since."

Throughout her high school years, Rubendall worked 30 hours a week at Walgreens, where her shifts would often end at midnight. Come summertime, she took on three jobs—one full time and the other two part-time, giving her a total of 75 hours a week.

"Certain people feel like they're overworked and they get exhausted, stressed and frustrated, but I don't feel that way—I'm choosing to do this; I want to," she stated.

As if this fast pace wasn't enough for the summer, Rubendall brought her admirable work ethic to HPU upon entering her freshman year.

"Money's not that important to me,"

she stated. "Some people probably think all I care about is money because I work so much, but it's not; I'm really simple. I just like helping. Working, I feel like yeah, I'm getting paid, but I'm doing a service for somebody."

The only money, with which she truly is concerned, is that which is needed to pay for her tuition. Stephanie is paying for her college education by herself—a

demanding task for a 19-year-old and one that has forced her to realize where her money needs to go.

"You have to prioritize," she stated. "There's no point in setting your heart on clothes—which one's better? Having a cute shirt or paying your college tuition?"

Not only does Rubendall work on campus, but she is also the pledge master for the service fraternity, Alpha Phi Omega.

Under her title, this well-rounded sophomore oversees her 22 pledges, making sure they're on track with the pledging requirements.

As for her studies, Rubendall is tackling the vigorous major of interior design, a challenge some may deem impossible.

"It's very much doable. You have to be able to manage your time," she confidently stated. "My schedule...it just kind of always works. I think you just have to roll

with it. You can't panic because it's just a part of life; you just have to go with the ups and downs."

As for her professional career, this go-getter wants to work in commercial design, designing hospitality sectors such as restaurants, health care buildings and resorts.

"I wanna go hard until I pay off all my school bills," she said. "I'm probably gonna be that workaholic for awhile, just constantly going."

She plans to slow it down only after the bills are paid for.

"After that, I kinda want to open my own little tie-dye shop," she said with a smile. "Just like jewelry or something small like that—a little boutique where everyone's just chill; maybe I'll even open a coffee shop or a little restaurant."

Wherever her future will take her, Rubendall is sure it will include the outdoors. This down-to-earth, hard-working girl would sacrifice a life of wealth and riches for one entangled with nature.

She loves to go rock-climbing in the spare time that God only knows she has, and wishes to live near the mountains.

"I have no idea how much money I'll make in the long run—maybe I'll make enough so that I can just do backpacking trips all the time or go climbing," she said.

College students like Stephanie are rare to come by. Her unparalleled work ethic and self motivation make her an instrumental part of the HPU Hospitality team.

The next time you're at The Point, she'll probably be there, taking your order. But what you may find, this time, is that you take something from her.



Sophomore Stephanie Rubendall works at the Point.
Photo by Jeremy Hopkins

Student raises MS awareness through her personal struggles : Kaitlin Evans' new motto on life is 'Why not?'

By Liz Welborn
Special to the Chronicle

Forget Campus Concierge wake-up call service; for High Point University's Kaitlin Evans, pain is her alarm system.

"It's like razor blades up and down my arms. I can't stand it. I don't wanna get up, but I know I have to," Kaitlin says with a determined set to her chin.

As she gets up for the day, the pain intensifies. She takes her normal dosage of pills in the morning, two painkillers and an antibiotic, and blocks out the pain.

Most people who attend HPU would give Kaitlin one passing glance and have no idea the struggle Kaitlin faces just to get up in the morning. Wearing sweatpants and the average book bag, she looks just like an ordinary college student making her way reluctantly to class.

But with longer inspection, an observer can see the pain seeping from her eyes and the fatigue that seems to be in the depths of her pupils.

Doubt and Pain

Ten years ago, Kaitlin could run a mile along her middle school track without catching her breath. She was fit and on the go. Happy. Painless.

Gradually during her middle school years, Kaitlin noticed that she could not do the full mile without stopping anymore.

Soon she could not even walk home, a short distance of a couple of blocks, without having to immediately collapse on the couch.

"My mom thought I was just a lazy teenager after awhile. But I knew something was wrong; I kept getting more and more exhausted without doing anything at all," Kaitlin said.

Kaitlin's mom consented to set up an appointment with their family physician only to appease her daughter. After the short lived 15 minute doctor's appointment, Dr. Ghandi proclaimed that there was nothing wrong with the tired teen except being a teenager.

Through her middle school years, she learned to refocus her tiredness and to not complain because there was nothing she could do about it.

She started her first year of high school tired, but successful, even joining her high school marching band. However, it seemed that her body was getting worse over time.

For four months she functioned with tunnel vision. Kaitlin could see the edges of objects but not the objects themselves. Friends would take notes for her in class because she could not see the board or the writing on it.

Dr. Ghandi checked her vision problems and came up with the conclusion that Kaitlin just needed glasses. "It was like he wasn't listening to me; nobody was. They just thought I was a hypochondriac making up these problems," Kaitlin said.

Frustrated and without hope of anyone listening, Kaitlin did what she always did. She survived.

During one of Kaitlin's marching band practices she felt like she was on fire. The sun was beaming directly down upon her on the football field.

"It felt like I was being burned, like someone had struck a match on me," Kaitlin said in shock. "I looked to my right and left. All my other band mates weren't even dropping a sweat."

Later that night during the halftime show at the football game, Kaitlin was in the middle of the field doing the marching band show, marching to the music just like all the other band kids when her leg gave out.

"It was like my leg wasn't there. I couldn't move. I just remember falling," Kaitlin said bewildered.

She picked herself up quickly, frantically trying to find her place back in formation. "I have messed up a lot of things in marching band but I had never fallen," a shameful Kaitlin said.

With the embarrassment on her mind, she begged her mom for another

was bad then," Kaitlin said with a smirk.

Kaitlin had an answer. Multiple Sclerosis. It was October 31, 2007.

Getting to Know Multiple Sclerosis

Multiple Sclerosis attacks the central nervous system by essentially creating scar tissue around the brain. The scar tissue destroys and affects nerves that cover the brain, affecting the whole body.

Without treatment, people with multiple sclerosis can end up in a wheelchair at an early age and eventually their whole body shuts down. The brain still functions but the body does not.

In Kaitlin's case, doctors wish they had caught the disease sooner because there had been severe damage to the

without feeling. She would come home from school and go straight to bed.

It took her best friend from preschool days to finally make her feel human again. David would offer to drive her home from school, and she would accept. "He would say, 'Oh I have to run a few errands before going home,' and he would just take me out. I would laugh," Kaitlin said. "But I still wasn't ready to cope with what I had ... not yet."

"Can You Get MS by Having Sex?"

Living with MS eventually became a routine for Kaitlin. She takes three sets of pills per day and three shots per week. Even though there is no cure for the illness, the pills help her prolong her life. "I mean, now instead of being in a wheelchair at 40, I will be in one when I'm 80. Just like you," Kaitlin jokes.

There are days when she has relapses ... days where she cannot move because of the pain. There are nights when her skin feels so sensitive to every move she makes that she just lies there

in humble defeat to her illness. There are also times when she limps because her muscles are clinching so badly. But, those days always come and go.

Kaitlin also learned how to take care of herself. She lost 65 pounds and with that her symptoms seem not as bad. In order to give her nerves a rest, she must get a good eight hours of sleep in order for her flair ups to not be so severe.

She would cope with the pain with only a handful of people really knowing about it. Until one day during one of her psychology classes, she gave a presentation on stressors and Multiple Sclerosis. "I asked if anyone knew someone that suffered with MS. Only a handful raised their hands. I was shocked," Kaitlin said. No one knew, except for the professor, that they did actually know someone with MS: the girl who asked that very question.

So shocked that people did not know more about the illness that she would live with for the rest of her life, Kaitlin decided to open up about it. "I want people to know what it is like. I want them to be informed," Kaitlin said.

She introduced herself to new people and brought up the illness. "Some people would give me sympathy, which I hate. While others would ask if I could have gotten it through sex, which made me laugh," Kaitlin said.

People wanted her to give speeches on her illness. Kaitlin plans on giving a speech in a couple of months to a fraternity whose philanthropy is Multiple Sclerosis awareness. In the Spring of 2010, she proudly walked in a marathon benefiting Multiple Sclerosis.

Some people might still be wallowing in self pity. Kaitlin has embraced it and has learned she can still be a normal college student.

Kaitlin plans to go to graduate school after she graduates in May. She hopes to attend a school all the way in California. "I want to live. I'm not going to let this illness get to me," Kaitlin said with her shoulders up high.

"Instead of hiding who I am or denying it, I have decided to live. This disease has made my motto for life: 'Why not?'" Kaitlin said with a smile.



Kaitlin Evans takes three sets of pills per day and three shots per week to combat Multiple Sclerosis.

Photo by Jeremy Hopkins

doctor's appointment. This time the appointment lasted longer than just a few minutes. Dr. Ghandi actually listened to her symptoms and asked questions. Something she had been pleading for all along.

"He told me that he thought I either had multiple sclerosis or a brain tumor. Neither one was what I wanted to hear. I just wanted him to fix me," Kaitlin said jokingly.

Dr. Ghandi started the round of tests with several MRI and blood tests. When all the tests had been conducted, Kaitlin and her mom were called into the doctor's office.

"I was told that I could sit in the brand new la-z-boy in his office-I knew it

nerve endings surrounding Kaitlin's eyes from the time she had lost her vision. "If only my doctor had listened to me instead of ignoring me, maybe I would have been better off," Kaitlin points out.

Kaitlin's Multiple Sclerosis was so rapidly progressing that doctors speculated that if she did not get treatment soon that within three years she would be paralyzed.

Once treatment began, the incurable disease was on course to being kept at bay but Kaitlin's emotions were not. "All my dreams were shattered. I wanted to join the military. Now I couldn't. I might die," Kaitlin said with sorrow.

For days Kaitlin just went to school

SGA Student's Senate

SGA Election results:

President: Nicholas Lin- coln

Secretary: Megan Procaccini

Next meeting
March 31
April 14
Phillips 120
7 p.m.

Voting for
the Execu-
tive Council
March 27-30

Budget De-
fenses April
28

Contact SGA:
[sga@high-
point.edu](mailto:sga@high-point.edu)

HR class picks up Alex's Lemonade Stand, raises money for childhood cancer cure

By Kimberly Wilson
Staff Writer

Kids construct lemonade stands hoping to make maybe \$25. They make as much lemonade as their pitchers can hold, decorate signs and pull a table out to their front lawn.

After hours of yelling, "Lemonade, two dollars!" they finally call it quits and scurry inside to count the money they've made.

Some kids shove the money into their piggy banks while others beg their parents to let them spend it at the candy store. Either way, the kid's money is used or saved and soon forgotten.

However, for Alexandra Scott, that was not the case. Her profits didn't mean a trip to the candy store or money saved to buy a new toy.

Her profits symbolized hope—for every child diagnosed with cancer.

Alex's Lemonade Stand is a foundation fighting to find a cure for childhood cancer. Its founder is Alexandra Scott, a child diagnosed with cancer just before her first birthday.

At age four Alex proposed an idea that has impacted many lives since. Alex told her parents she was going to have a lemonade stand giving the profits to her doctors to help find a cure.

Students in HPU's leadership development and group dynamics course are hosting their own lemonade stand on April 17 forwarding their proceeds to Alex's Lemonade Stand Foundation.

The human relations class was asked to pitch fundraising ideas, or create any type of organizational event. The requirements were that the event had to better the community and be hosted on campus. The winner: Alex's Lemonade

Stand.

"I think it's great that Alex's Lemonade Stand was the winner because the story behind it is so inspiring and a lemonade stand is a good and fun way to try and raise money here on campus," said Alyssa Busichio, a student in the human relations class.

Alex's first lemonade stand brought in \$2,000 in one day. Her dedication and motivation inspired people to create their own lemonade stands and donate their profits to Alex's cause.

Sadly, at age 8, Alexandra Scott lost her battle to cancer but not before raising over \$1 million towards the search for a cure. In 2005 Alex's parents started the official foundation of Alex's Lemonade Stand.

The students of the human relations class set a goal to raise at least \$1,000 in donations to support the cause. They plan to hold different fundraisers leading up to the actual event that will be located by the Slane pool—a perfect atmosphere to buy iced cold lemonade.

Each year the human relations class is assigned a similar project by professor Dr. Patrick Haun. "These projects I have chosen to include in the class are a method for me to help the students apply group and team dynamics and leadership skills learned from class lectures, presentations and interactions," Dr. Haun said.

This year's class is leery knowing that the past classes have had difficulty in meeting their goals, "Our class isn't just doing this for the grade," Katie Del-Sapio, a student in the class, said. "We all really want to help give back, which kind of adds even more pressure. Our goal of \$1,000 may be hard but I think our class is motivated enough that we

can do it."

The class has an estimated 40 students working to achieve success.

Although some previous classes have not reached their fundraising goals, they are all considered successful, "I am proud to say that all the ideas have been successful. Yet some are more successful than others," Dr. Haun said.

Raffles and beach volleyball tournaments have been mentioned as fundraiser ideas to give students on campus a chance to give back for a good cause.

"We have a lot of different fundraising events in mind and hopefully that will get the word out about Alex's Lemonade stand. We really want the students of High Point University to care too," Busichio said.

High Point University's human relations class will strive for success with this project. But their positive attitudes and motivation to make a difference are already a success in itself, according to one student in the class.

"No matter who you are or what you give, it all matters and helps in the battle against childhood cancer," Connie Funston, fundraising specialist of Alex's Lemonade Stand, said.

Every year over 200,000 children worldwide are diagnosed with a form of childhood cancer.

This fundraiser is giving High Point University students a chance to help fight back.

"We hope that everyone will join us in our fight, to fulfill Alex's dream and find a cure for childhood cancer, and together we can do so—one cup at a time," Funston said.

Now it is in everyone else's hands to continue the work of Alexandra Scott, the child who lost her life at 8 but never

Competitive paintball team forms

By Stephanie Schwartz
Staff Writer

Snap shooting, bunkering, wrapping. These words may sound like a foreign language to some people but for paintball players like Marc Cantalino and Graham Clark, these words are nothing new.

Taking on much responsibility, co-captains Cantalino and Clark have created a paintball team open to players of all levels of experience.

The team consists of three divisions: speedball, scenario and free play. Speedball is a variation of paintball played usually on turf. With inflatable bunkers surrounding the field, players must utilize these as means of protection to avoid being hit by the opposing team.

Scenario is played in the woods and follows a military simulation format. Free play is an opportunity for students to play either type of paintball without competing. This gives students a chance to learn different skills, try out different tactics and to strictly have fun.

Although paintball seems to be an underground sport, it is growing largely in the college scene. Surrounding schools like East Carolina University, N.C. State, UNC Asheville, UNC Chapel Hill and UNC Charlotte all have competitive teams on their campuses.

Having so many surrounding possible competitors, Cantalino could not resist starting the club team.

"I have been playing paintball for about 10 years," Cantalino said. "When I came to High Point, I realized what a great

opportunity it could be for students and the university so I started the club."

With an extensive constitution and a growing team roster, these boys mean business. The soon-to-be school chartered organization will be beginning its practices this year at PBC Paintball fields located in Greensboro, N.C.

Cantalino and Clark, with the help of teammate and club treasurer Bennett Logan, have set up sponsorships with PBC Paintball, Valken Paintball and Deadbox Paintball. These sponsorships will help provide the team with paint, paintball guns and apparel.

"One thing I love about paintball is the adrenaline rush"- Graham Clark

"I'm looking forward to the idea of making new friends through the paintball team," said Clark. "I was lucky enough to have a great suitemate but even better a fellow paintball player."

Cantalino and Clark are suitemates and upon meeting immediately knew that they could be the driving force behind the team.

"One thing I love about paintball is the adrenaline rush you get; there is nothing like it," Clark said. "It will also give me a great chance to go to places

I've never been and play against other teams that I share a common interest with."

What goes in to starting a club team?

"Lots of hard work," Cantalino said laughing. Between writing a constitution, creating a roster of players, and presenting to the Student Government Association, the team captain can only hope that all his hard work pays off.

For further information in regards to this up and coming club, contact Marc Cantalino at Canta010@highpoint.edu.

Track team has awesome showing at Wake Forest



Junior hurdler Manika Gamble placed second in the 400-meter hurdles.

Photo Courtesy of HPU Sports Information.

By Henry Molski
Staff Writer

Spring was in the air at Wake Forest University over the weekend of March 19. Not only were North Carolinians experiencing their first taste of 80-degree weather over the weekend, but also the spring track season for High Point University was officially underway at the Wake Forest Open.

One athlete thriving in the spring weather was Canadian sophomore Jacob Smith of the High Point men's track team. Smith was able to take the lead in the final laps of the 3,000-meter race and he never gave it up. Smith's win in the 3K highlighted the list of numerous successes for High Point athletes over the weekend at Wake Forest.

Smith's time of 8:19.19 was his collegiate best and was followed up by junior Neal Darmody's fifth place finish with a time of 8:34.01. High Point's success in the 3,000-meter didn't end there either as Dakota Peachee earned a ninth place finish with his time of 8:44.63 and Patrick Crawford finished 11th with a time of 8:48.54. Peachee's ninth place finish was a welcoming sight to Coach Esposito and to the rest of the track team after Peachee missed the indoor track season due to injury.

Another impressive finish for the Panthers came from freshman Evan Emery, who finished second in the 100 meter dash. Emery's day was certainly a breakout one as he recorded a career best time of 10.62. The freshman wasn't done there either. Later, Emery won

his heat in the 200 meter event and finished 20th while posting an impressive time of 22.05.

High Point also had a sixth place finish in the 100 meter event from senior Justin Conaway and a ninth place finish from junior Alex Fisher in the 110 meter hurdles.

On the women's side, High Point was led by junior Manika Gamble who placed second in the 400 meter hurdles. Gamble's performance was praised by Coach Mike Esposito, who said that she is already running a little faster than last year. Gamble turned in a time of 1:00.38 for the event.

From the field, junior Christina Fenske led High Point. Fenske cleared a 5-foot-6-inch bar in the high jump to earn a third place finish. Fenske had some very good attempts at the 5-foot-8-inch bar but was unable to clear it.

The underclassmen on the women's side played an important role in the meet as well with freshman Kayleigh Perry finishing seventh overall in 10:27.39 and sophomore Kelsey Hunt right behind her with a 30th place finish in 10:44.10.

Also, not to be missed was senior Monica Delizo, who placed second with a career best time in the 10,000 meter finish in 38:51.20. And sophomore Kaylyn Peck was impressive with a fourth place finish in the 5,000 meter with a time of 18:11.96.

The High Point track and field team will host the annual HPU VertKlasse Meeting at 6 p.m. on April 16.

VertKlasse Meeting

When: April 16 6 p.m.
Where: HPU Vert Track Stadium

BYU student expelled for consensual sex: who's at fault?

By Steven Haller
Sports Editor

All college students, including NCAA athletes, are bound by their specific school's honor code, but is it possible to live by a code that is both unreasonable and hypocritical in its origin?

On March 1, it was announced that Brigham Young University (BYU) dismissed starting forward Brandon Davies from the school's Division I basketball team

for violating the school's honor code. Davies infraction: he had consensual sex with his girlfriend.

Now, BYU's honor code clearly states, "Live a chaste and virtuous life." While there is no question this rule that Davies knowingly signed to obey was broken, this rule is included in a code that is based on the life that was allegedly led by BYU's founder, Brigham Young.

Young was of the Mormon faith, which is the religion that still governs the private university of BYU. While living a chaste life is commendable, it does not represent the life of Young, who was married to 55 different women at once and fathered 56 children.

When I hear the word "chaste," it means "not having sex." When one takes a vow of chastity, it means that one will not have sex at all. So, it is

hypocritical to me to say that living a chaste life models Young in any way.

Another issue that stands out in BYU's honor code is that one is not allowed to drink tea or coffee. However, it was okay at one time in the eyes of BYU to be polygamous, a crime in all 50 states. That is completely backward!

With a weak basis for what is included in the BYU honor code, Davies' punishment for his infraction is extreme.

BYU officials clearly did not feel the same way, demonstrating they want to hold on to the outdated philosophies of Young rather than act in a way that is truly just.

Davies had been the BYU team-leading rebounder and critical piece of a game plan that at one time had BYU ranked No. 3 in the nation among all Division I men's basketball teams. Losing Davies may have effectively cost

BYU a legitimate shot at winning the national championship. The Cougars lost to Florida 83-74 in overtime on March 23 in the Sweet 16 of the NCAA Tournament. It is easy to conjecture that the absence of Davies contributed to the Cougars' defeat.

This brings to light the issue of how much value fans put on collegiate sports and how much value university officials put on their collegiate sports.

NCAA sports have been a source of American entertainment for over 100 years, but universities are academic institutions first, so it is not terribly surprising that BYU officials acted with little regard for the well-being of their school's basketball team.

Fans look at Davies' situation and criticize BYU officials for their decision because it could cost the school a national championship, which is so

disheartening. Based on this decision, it is clear that BYU's officials do not sympathize with fans of the game and hold their misguided code above all else.

BYU has to uphold their honor code and issue sanctions to those who disobey it, but the nature of those sanctions are always up for debate and interpretation based on the circumstances of each situation. If BYU truly valued the success of its sports teams, then Davies would not have received as extreme of a punishment.

Better yet, if BYU revised its honor code so it is not based on any one man's dogmatic view of how to lead one's life, Davies would have never been in trouble in the first place.

Imagine if BYU's Jimmer Fredette, the leading scorer in the nation, was seen drinking coffee at Starbucks. As BYU's honor code stands now, he would be out for the season for drinking a perfectly legal beverage. BYU is just making it harder on itself with this kind of honor code.

Many NCAA schools have been under investigation for violating NCAA rules of giving what are defined as gifts to its players. Auburn was investigated for allegedly doing just that with Heisman Trophy-winning quarterback Cam Newton.

It is noteworthy that BYU has been able to contend in a sport as competitive as basketball at the Division 1 level with its strict restrictions while other schools are cutting corners anywhere they can to build the best team possible in order to win a national championship. However, BYU is hurting itself, its fans and the game by blindly following its caffeine-free code.

BYU Honor Code



BYU has had a strict policy of enforcing the honor code. The BYU honor code statement, from the BYU undergraduate handbook, consists of:

- Be honest
- Live a chaste and virtuous life
- Obey the law and all campus policies
- Use clean language
- Respect others
- Abstain from alcoholic beverages, tobacco, tea, coffee and substance abuse
- Participate regularly in church services
- Observe the Dress and Grooming Standards
- Encourage others in their commitment to comply with the Honor Code

Women's lacrosse on a winning streak

By Brian Brennan
Staff Writer

In its inaugural season, the High Point women's lacrosse team has opened up some eyes by playing better than the average first-year athletic program through its first seven games.

The team got off to a bit of a slow start, losing two of its first three games. Since then, the Panthers have turned on the jets and won four consecutive games.

High Point took on Presbyterian and flexed its offensive muscle. Eleven players scored for the Panthers in a 19-4 win over the Blue Hose on March 3. The Panthers had two three-goal scorers: junior Heather Ziccarelli and freshman Chelsea

Thompson each scored a hat trick.

A mere 48 hours later, the Panthers were back on the prowl with two more milestones: the program's first ever winning streak and the first time having a winning percentage above .500 by virtue of the Panthers downing Mount St. Mary's 12-5 at Vert Stadium. Attacker Chelsea Thompson led the way with four goals.

Following this win, the Panthers had two more dominant efforts where they outscored their overmatched opponents in Wagner and Robert Morris by a combined score of 33-9.

First, the Panthers dismantled the Seahawks 15-

2 and followed it up with an equally impressive win against the Eagles 18-7. In the two games Mackenzie Carroll scored a combined eight goals and dished out four assists. Her efforts in these two in-conference games made her an easy choice for National Lacrosse Conference Player of the Week for the seven-day stretch that lasted from March 6 to March 13.

So far, the Panthers have been surprising many in their inaugural season as they have jumped out to an above .500 record. They hope to keep up their success with four more home games where they hold a record of 4-1. High Point hosts Howard at 5 p.m. Friday, April 1.



Freshman midfielder Sara Kuhlman has 13 goals and 2 assists so far this season.
Photo by Jeremy Hopkins.



Freshman attacker Chelsea Thompson has 19 goals.
Photo by Jeremy Hopkins.



Sophomore attacker Grace Gaeng leads team with 22 goals.
Photo by Jeremy Hopkins.

Golf earns back-to-back victories to start spring

By Jason Halsey
Staff Writer

As the weather is heating up, so is the High Point University men's golf team. The team is coming off back to back victories in its last two events. Led by co-captains junior Curtis Brotherton and senior Nick Goins, the team is beginning to click just at the right time with the Big South Conference Tournament coming up on April 18.

At the Lonnie Barton Invitational in Savannah, Ga., the squad shot a combined two day score of 597 to take first place in the tournament. Sophomore Chase Wilson tied the low round of the tournament with a one-under 71 to finish tied for second with a 36-hole score of 146.

Brotherton tied Wilson for second place, shooting a second-round 74 to finish with a two-day score of 146. Goins finished the two-day event with a combined score of 153 to tie for 10th after carding a 79 in the final round. Senior D.J. Dougherty finished in a tie for 18th shooting a 156, while red shirt sophomore Thomas McLellan finished one stroke back of Dougherty in a tie for 20th.

High Point finished eight strokes ahead of runner-up Sacred Heart, which shot a combined 305 to finish with a team score of 605 for the Invitational. Robert Morris finished in third with a two-day score of 619.

After picking up hardware at the Lonnie Barton Invitational, the Panthers returned home for a dual meet to face St. John's University of Minnesota at the Willow Creek Golf & Country Club. Four Panther golfers won both nine-hole matches claiming two points each.

Each HPU golfer was matched against a golfer from St. John's in two nine-hole matches. The front nine was played under a stroke play format while the back nine was played in match-play format.

"Although they play individually, they're always pulling for each other," said head coach J.B. White. "Their camaraderie and competitiveness is great. Curtis, Chase, Nick are continuing to play well and Thomas is improving with each round. We played a good team and came out on top. That always feels good. Their performance really makes me look forward to going down to Jacksonville to play in the next tournament."

The Panther golfers will return to the tees later this month when the team travels to Jacksonville, Ala. to play in the Grub Mart Intercollegiate. The two-day event will tee off on March 28 at the Silver Lakes Golf Course.



Sophomore golfer Chase Wilson finished with a 36-hole score of 146 at Lonnie Barton.
Photo Courtesy of HPU Sports Information.

Baseball heats up before conference play

By Pat Budd
Staff Writer

Starting the season off by losing its first five games, the High Point baseball team went on a tear, which included a seven game winning streak with wins over Duke and Appalachian State along the way.

The Panthers held a 12-7 record going into Big South Conference play, which began on March 18 against Presbyterian. Unfortunately, the Panthers lost two of three games in the series, but series sweeps against Temple and North Carolina A&T are big reasons why the Panthers remained four games over the .500 mark at press time. However, head coach Craig Cozart acknowledges that the season is still young and there is a long road left.

"It's so early to tell. I look at the middle of the conference and it is really mixed and it seems to be wide open," said Cozart.

One thing that Cozart can tell you is how well his team's offense has been playing this season. With the core of his lineup filled with veteran experience, it is no surprise that the team is receiving national recognition. Senior Kyle Mahoney has been named to the "Johnny Bench Award Watch List" for the 2011 season, which is an award given out annually to the top catcher in Division I baseball.

Also, the Panthers have six players who are currently batting over a solid .300 average. At the top of that list is senior right fielder Steve Antolik.

"Coach has really been emphasizing on hitting the ball the opposite way and staying on top of the ball. We do a lot of practice in the cages and finding the pitch that we want to hit," said Antolik, who is hitting a robust .408.

Another offensive standout for the

Panthers this season is shortstop Mike Mercurio, who has found his niche batting leadoff this year. Mercurio is batting .368 and leads the team in runs scored. The

team is optimistic about its chances of winning a Big South Championship.

"I think if we get out and execute everything we are supposed to do, we can beat anyone in this conference," said Antolik.

Pitching has been a key element for the Panthers as well. They have developed a strong weekend series tandem with Cody Allen, Jared Avidon, and Mike Caldwell. Caldwell, a senior from Charlotte, N.C., leads the team with a 3.14 earned run average and has had some solid outings, including a perfect game through four innings against North Carolina A&T.

Allen, a junior transfer, has been the Panthers Friday pitcher. Allen has a team-high 34 strikeouts in his first year with the team.

The Panthers have a difficult schedule ahead of them, with teams such as UNC, Wake Forest and conference rival Coastal Carolina. Cozart knows that the competition ahead will be difficult for the team, but he says the best approach is taking it one game at a time.

"In a season with 56 games you don't want to stress out about one particular game or one particular situation," said Cozart. He also noted that their toughest test this year will be when the Chanticleers of Coastal Carolina come to Willard Stadium for a three game series April 22-23.

"We've built a great team around a lot of these veterans, and if we win some games we will certainly be in contention for a championship," said Cozart.

The Panthers will play at Western Carolina on March 29, and will return home for a three-game series against Big South Conference rival Winthrop University on April 1-3.



Sophomore pitcher Jared Avidon is second on the team in strikeouts with 17.
Photo by Jeremy Hopkins.



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Students Step Up



The KD's performance made them the champions of the "Greeks got Talent" competition. See page 8 for more "Greeks got Talent" photos. Photo by Adam Spear

Lincoln takes office as SGA President

By **Jordan Oliver**
Staff Writer



Nicholas Lincoln has been a part of SGA since his freshman year.

Watch out High Point University: there's a new boss in town, and his name is Nicholas Lincoln.

Sworn into the presidential office of the Student Government Association (SGA) by past president Eric Skinkle, Lincoln is ready to lead HPU during his senior year come fall 2011.

"I'm quite looking forward to it," he said with a smile.

As president of SGA, Lincoln will serve as a representative of the entire student body. He will also be involved with the Student Life committee as well as all other SGA positions, keeping everything running smoothly.

Holding down the fort should be no foreign task for the new president, for Lincoln has been heavily involved with student government since the sixth grade.

At High Point, Lincoln has been a part of SGA since his freshman year. Last year, he served as the attorney general and this year as the judicial vice president.

He'll hold roughly seven open SGA meetings

See **Lincoln**, page 7

Terrell joins Journey of Hope in a mission across America

By **Christine Reinicker**
Staff Writer



Justin Terrell will begin his trek in Seattle and end in Washington D.C.

Fraternities on campus have philanthropies that they support and try to bring hope to. For Justin Terrell, a brother of Pi Kappa Phi, this summer will literally be a journey of hope for him and his philanthropy.

Terrell, a junior, will be part of the crew for this summer's Journey of Hope, a cross country bike trek with starting locations in Seattle, where Terrell will start, and San Francisco before ending in Washington D.C.

The event is sponsored by PUSH AMERICA, an organization formed to raise awareness of people affected by disabilities. PUSH AMERICA is Pi Kappa Phi's philanthropy.

Terrell will be joined by Geof Racine, a senior and a brother of Pi Kappa Phi, who will be cycling.

This trek starts at the end of May and goes until the beginning of August.

See **Journey of Hope**, page 7

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The Campus Chronicle urges readers to submit letters to the editor.

The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone number and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgment of the editors and advisers.

Mail your letter to: The Editor, Campus Chronicle, Box 3111, High Point University, High Point, NC 27262.

Cover photos by Jeremy Hopkins

Campus Voices: What are your summer plans?

"(I will be) working, going to see Taylor Swift, buying sparkly things, and getting stoked for Harry Potter and the Deathly Hallows: Part Two."

Kelsey Tate, freshman



"(I will be) going to Germany, France, and Italy with the HPU Maymester program. (I am) going to take some classes, and interning in the operating room at Wake Forest University Baptist Medical Center."

Trent Carter, sophomore

"Working a lot and going to many outdoor concerts and going to Boston frequently."

Caitlin O'Handley, junior



"Moving to Washington D.C. and finding a job in communication and politics."

Harris Walker, senior

HPU built upon hard-working, dedicated staff*Staff Editorial*

As the year comes to a close, the Chronicle editorial staff would like to reflect on some people who have really made a difference to us and who have made the HPU experience wonderful.

Our university motto, which is etched in every student's brain for at least four years, is that "at High Point University every student receives an extraordinary education, in an inspiring environment, with caring people." Without a doubt, High Point University is full of caring people.

At most universities, a faculty member's office hours are the only time students would hope to get a glimpse of their professors; some of them only teach the class once a year. However, the faculty members here not only are readily available during their office hours but do many things outside of their office to help students.

For example, Drs. Josh Fisher and Jon Epstein, anthropology and sociology professors respectively, hold their office hours and extra time in the UC and Slane to have coffee with students.

Students can discuss a number of issues with these professors in a relaxed atmosphere at a more convenient location. This is an incredibly caring act that is rare on college campuses.

Coffee hour is almost equitable to a roundtable discussion with faculty. Normally, students have to pay extra for that.

Faculty members also show that they are caring through the amount of contact information they give students throughout the year. Many faculty members put their cell and home phone numbers on the syllabi so that students can contact them whenever they need. Many faculty also text with students and have Facebook pages.

All of this shows how much the faculty members want to be there for students and want to support them in any way they can. However, this caring nature is not limited to the faculty members but extends also to the staff on campus.

Take Starbucks for example—the baristas don't just make drinks. They get to know students, not just by memorizing their drinks, but by taking a real interest in the people they are serving coffee to.

When people like Kristy Norton ask students how their day is, they actually mean it and always have a smiling face.

Security also does a lot to perpetuate the image of caring people. Although part of their job includes doing things like breaking up parties and giving students citations, security officers do much more to help students and

enhance their experiences.

If students ever feel unsafe walking across campus, security officers will gladly escort them to their destination. The transportation department will pick up and deliver students to their classes when they are injured. At many schools, students would just have to suck it up and find a way to get around on their own.

Campus Enhancement workers also go to great lengths to make sure students are provided with everything they need. This goes beyond the standard cleaning up after weekends of fun and fixing anything that happens to break in the dorms.

Campus Enhancement workers will help students if they see them struggling with a heavy load, give them an umbrella if they see them walking in the rain, and even bag their wet umbrellas at Slane.

These people and their kindness are what make HPU such a great place to go to school. Ice cream trucks and "free" parking are wonderful enticers to get freshmen to the school, but the caring people are what make people stay.

The faculty and staff here are much more valuable than a thousand fountains and a sea of "free" T-shirts.

Mayes doles out advice for Generation Y

By Amanda Mayes
Staff Writer

We are Generation Y. Our future is ambiguous because it is just beginning as we prepare for life after college. But it is well within our means to guide the direction of our future, to mold it into something bright and beautiful and unknown.

We have come of age during an exceptionally difficult time in the world. Technology has rapidly transformed communications and led to a constant technological and media bombardment.

Socioeconomic conditions are shifting as globalization takes hold and forces interdependence between countries.



All of these changes have led to a political nightmare – violence and conflict have increased, while partisanship and corruption have become the cornerstones of government.

Yet hope is trying desperately to shed light on a turbulent and unpredictable period. Generation Y has inescapably been shaped by world events and now faces a choice between cynicism and positivity.

But instead of overcoming less than optimal circumstances, Generation Y has turned inward – increasingly wrapped up in ourselves, blind to the world around us, disconnected from those who walk beside us. And we have been blinded by our own hands.

Technology has taken the place of true communication. A sense of entitlement has led to self-confidence bordering on arrogance. We will never be capable of accepting our responsibilities and finding a hopeful future if we place so many obstacles in our own path.

Social historians Neil Howe and William Strauss believe that history is a series of cycles – political parties fall in

and out of power, countries are created and destroyed, war and peace struggle for control, the economy rises and falls. Generations influence this ebb and flow of history. Generations shape history, and history plays an equal hand in shaping the destiny of a generation.

But what does it take to wake up a generation? Could we fall through the cracks, becoming a new "lost generation," overcome by the things we cannot change? We cannot afford to abandon a tumultuous society in search of leadership and strength.

JFK once said, "We have the power to make this the best generation of mankind in the history of the world - or to make it the last."

Failure is not an option in the endless march of history. Stop being afraid of the unknown. Learn to become a leader and a voice for the downtrodden. Stop avoiding our place in this world and accept that we have responsibility. We have the ability to enact change if we learn empathy and selflessness. Let us start now.

Nuclear energy, good or bad, walks a fine line

By Jake Grim
Staff Writer

With plans coming together for Japan to finally bring its worst nuclear crisis fully under control, the future of the nuclear energy industry is being called into question. In light of the potential failures, or even meltdowns, of nuclear power plants, should nuclear power still be considered a viable alternative energy option?



For those of you who haven't been able to follow Japan's nuclear crisis, the Fukushima Dai-Ichi power plant, located 135 miles north of Tokyo, has been leaking radiation since a magnitude nine earthquake and a tsunami struck Japan on March 11, 2011.

Since then, the area has been hit by many aftershocks. Nearby towns and cities have been evacuated to protect the citizens from the leaking radiation and the potential for reactor meltdown in the plant.

Nuclear power has many advantages, but do they outweigh the potential for meltdowns or other failure? I would pose the answer that yes, they should, and the world should continue its investments into nuclear power and, ideally, increase those investments.

Nuclear power is a cheap source of energy, costing almost as little as

coal, produced by splitting uranium atoms. While cost may be comparable with coal, it does not have many of the disadvantages that coal has.

Nuclear power is not a fossil fuel source of energy; it does not emit carbon dioxide into the environment. Nuclear power produces huge amounts of energy from small amounts of fuel and produces small amounts of waste.

At the same time that it has these advantages over burning fossil fuels, it is also more reliable than solar power or wind.

Countries should look at the Japanese nuclear crisis as an event to learn and progress from. This was an event that took place after a major natural disaster, a magnitude nine earthquake, the subsequent tsunami and many aftershock earthquakes. These are things that are difficult, if not

impossible, to plan for and ended up, knocking out both the nuclear plants power grid and backup power.

Continuing to invest in nuclear power and progressing nuclear power plant technology will both improve the efficiency and the safety of nuclear power, so the world can continue to rely on a source of energy that doesn't contribute to global warming and doesn't change the chemistry of the ocean because of its carbon dioxide emissions.

Only through continuing nuclear programs can the advantages of nuclear power be taken advantage of; at the same time, the disadvantages—most notably safety—are minimized.

Because of this, nuclear power should continue to be a viable choice when it comes to alternative sources of energy.

Gallagher: mixed feelings on graduation, advice for underclassmen

By Tierney Gallagher
Opinion Editor

Anyone who has ever met me knows that I'm not one for mushy things. So just to give a fair warning to those of you who don't – this isn't going to be a sappy farewell.

As the school year winds down, I now have to not only say goodbye as the opinion editor of the Chronicle, but also as a student here at HPU.

When I was asked to write a farewell column for this edition, I honestly had no idea what to say or where to start.



The last four years have meant a lot to me. There's so much I could say about how many great memories I've made, how much I've learned (in life and in class) or about how much I'm going to miss this beautiful campus and the time I've spent here with some of the best people I've ever met. But don't worry, I'll skip the personal stuff and get right to the point.

With graduation just days away, I, like most other seniors, am stuck in a phase of mixed feelings about the bittersweet moment in life that is soon to come. We alternate between reflecting on good memories and stressing out about getting our lives together. Frankly, the rollercoaster of feelings is really annoying.

There are a lot of things in college I won't miss. All the tests, quizzes,

projects, papers, assignments, homework and all-nighters. Goodbye to all of this, I'm glad I'm done! But at the same time, there are also a lot of things I will miss. The free food, movies, concerts and all the things that make HPU pretty much the best campus ever.

I know that when I look back in a few years, it's not all the schoolwork that I'll remember, but all the good times I had here. I miss it already and I haven't even left yet.

For this reason, I encourage those of you who still have time left here to appreciate it for what it's worth. HPU has been called many things – a summer camp, a country club, basically anything but real life – and it's true in a way. Our campus is unreal and amazing. But nonetheless, I will always think of it as home and I'm not ready to leave. Enjoy

your time here. I can't promise that I'm older and wiser and convince you that you should listen to me. But I can tell you from experience that four years fly by in the blink of an eye. Don't take it for granted, because you never know what you have until it's gone.

For those of you who will be making that walk across the stage with me soon, I'm sure you share the same feelings I do. Say goodbye to the easy life. We thought we worked hard these past few years, but it's only going to get harder from here. So let's live it up in the time we have left and make the most of our last few days as HPU students.

Seniors, I'll see you on the other side. Good luck and let's have fun until May 7.

A moment with the editors

Fave cartoon show?

Pirate or ninja?

Fave video game?

Fave Spy?

Katie Nelson
Editor-in-Chief



Teenage Mutant Ninja Turtles

Pirate

Guitar Hero

Sterling Archer

Steven Haller
Sports Editor



Jackie Chan Adventures

Pirate (guns, duh!)

007 Nightfire

Federal offense to reveal his/her identity

Allison Hogshead
Copy and Design Editor



Family Guy

Pirate

COD Modern Warfare 2

Bond... James Bond

Matt Wells
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SpongeBob

Ninja

Pokemon

I-Spy

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Britney Spears' comeback: I am the 'Femme Fatale'

By Janeen Leppert
Staff Writer

Whoever is managing Britney Spears these days is doing a pretty great job.

The pop princess is making her second attempt at a comeback, and from the looks of it, it seems the Britney we all fell in love with 16 years ago may be back.

After seeing Spears' performance at the 2007 MTV Video Music Awards, any hope that she was finally herself again was quickly erased as she stumbled through the worst performance of her career.

Now, four years later, Spears is reappearing on televisions and blasting from radios across the country with the release of her highly acclaimed album, "Femme Fatale."

On March 29, the Grammy award winning singer's seventh studio album debuted at No. 1 on the Billboard Album charts, making "Femme Fatale" the sixth No. 1 album of her 12-year career. At no surprise to her fans, the singer's first single, "Hold It Against Me," also debuted at No. 1 on the Billboard Hot 100 and iTunes. Selling over 1 million copies, the single still remains on top in over 15 markets worldwide and her



Spears with her sons on her first comeback covershoot.
Photo provided by gossiponthis.com

music video is No. 1 on MTV and VH1.

It's hard to believe that only four years ago Spears, after famously and erratically shaving her head, was

involuntarily committed into a California mental hospital. Then after checking herself into rehab multiple times, lost custody of her two children, Preston, 5 and Jayden, 4.

The 29-year-old singer has continued her comeback with a surprise one-night performance in Las Vegas, Nev., the weekend of April 1. Spears surprised fans and performed a short concert for the crowd, leaving little to no doubt that the singer's borderline psychotic behavior is behind her.

When asked in a recent MTV special, "I am the Femme Fatale," about how she feels about her future and where she is now, she said, "I always hoped I would be doing this. It gets better as you get older and I genuinely love what I do...this is what I love to do." Clearly, Spears has no intention of slowing down anytime soon.

Being one of the top-

selling artists of all time, selling over 67 million albums worldwide, Spears will continue to captivate audiences, and with the release of her second single, "Till The World Ends," Spears, with hip hop superstar Nicki Minaj as her opening act, she will be going on a 26 city summer tour beginning June 17 in Sacramento, Calif.



Britney Spears' No. 1 album "Femme Fatale."
Photo provided by music-albums.net

Bell leaves playlist to be remembered by

By Dianna Bell
A&E Editor

Saying goodbye has never been my forte.

Especially when I know that "farewell" implies that I won't be seeing the person for an extremely long time.

So as I near May 7, there is that familiar sense of dread in the pit of my stomach. I'll be saying goodbye to professors and friends. Teammates

and roommates. It will be hard.

But knowing that I'm off on another adventure dulls the pain.

My time at High Point University is coming to an end. It's time to see new things. Meet new people. Get a real job (hopefully, one that could point me in the direction towards an actual career).

I still have a lot left to learn, but



I've taken all that I can from High Point.

It's time to move on.

And thanks to the beauty of social networking, my friends will only be a click away.

I may not have an exact plan figured out, but I think that's the point of having an adventure. No set plans.

All I know is that come September, when Chelsie Merone takes over the

Arts & Entertainment section of the Chronicle, I'll be heading to Boston. Doing who knows what.

But, if thoughts of the future aren't soothing, I like to listen to music that reminds me of the people I love. So, if you want to remember me, here are a few tunes to keep me in your thoughts.

If I'm not familiar to you, these songs are still a worthwhile listen.

Now everyone has my playlist. Consider yourself lucky.

"Louder Than Ever" by Cold War Kids
"Wild World" by Cat Stevens
"Both Sides Now" by Joni Mitchell

"Will You Return" by The Avett Brothers
"Struck Dumb" by The Futureheads
"Satellites" by Kisses In Cities

"Combat" by Metric
"Moves" by The New Pornographers
"Reptile" by Performance
"Paper Moon" by Shout Out Louds

"Heaven for the Weather" by The Streets
"Now We Can See" by The Thermals
"Come Pick Me Up" by Ryan Adams

Hungry? Try these quick and healthy snacks for summer

By Emilee Cook
Staff Writer

We all know summer is a time to kick back and relax; however, it's easy to find yourself quickly falling into couch potato mode. Remaining active is key in order to lead a healthy lifestyle.

Days with cool summer breezes are perfect for a stress relieving run or a pick up game of beach volleyball with friends. But, we all know fun in the sun is shortly followed by hunger.

Here are five quick and healthy snacks to munch on while enjoying the crisp summer air.

Fresh fruit is always a great go-to when your sweet tooth is calling. But beware of fattening fruit dips! Instead, pair strawberries with nonfat Cool Whip or a light whipped cream for a refreshing alternative.

Another fresh fruit option is what I

refer to as the perfect poolside snack. This tropical fruit salad contains mango chunks, mandarin oranges, and pineapples topped with a dash of sweetened coconut.

Craving ice cream on a scorching hot day? Skinny Cow Ice Cream bars are a delicious low calorie choice when craving something cold. My personal favorite is the French Vanilla.

Skinny Cow Truffle Bars. They are drizzled in chocolate and are only 100 calories per bar!



Skinny Cow sweets have 50-170 calories per serving. Image courtesy of skinnycow.com

For a more filling snack, pair raw vegetables such as baby carrots with hummus. Although hummus may not sound overly appealing, it is incredibly beneficial because it's rich in fiber, protein, and Omega 3 fatty acids.

Sliced apples and almond butter are also a great combination.

Greek yogurt is a snack that I've grown to love. FAGE and Chobani Yogurt are all natural options that contain about double the amount of protein and half the amount of sugar found in any typical

yogurt. Fresh berries or flax seeds are a great addition to add more taste. Greek yogurt comes in numerous

flavors from honey to strawberry, so you're certain to find a flavor fit for you!

Think all cheese is fattening and detrimental to keeping a lean body? WRONG! Mini Light Babybel cheese rounds are only 50 calories apiece and incredibly easy to eat on the go.

The Laughing Cow also provides light cheese spreads for only 35 calories a wedge! Combine one of these cheese options with Nabisco's reduced fat Wheat Thins for a completely guiltless snack!

Whether you're participating in an intense game of cornhole or bronzing for hours in the sun, remember to stay hydrated by drinking a lot of water.

Healthy snacking allows you to feel better inside and out. It not only allows your summer glow to truly shine through, but also gives you the confidence to strut in that bikini!

Summer fashion trends and tips

By Emilee Cook
Staff Writer

The warm weather we all wished for has finally arrived! Time to throw your over-the-knee boots, Uggs, and oversized sweaters into storage and break out the bandeau tops, maxi dresses, and wedges. Summer is your time to shine, and by following these summer trends you'll be able to unleash your inner goddess in no time.

Familiar with the term "au natural"? Well if you are not, now is the time to embrace it. While makeup is created to enhance our outer beauty, it can also work against us. When applying foundation and bronzer, go for the sun kissed rather than the cake-face look. You want the sun to highlight your natural skin tones rather than tempt your friends to chisel off your excessive layers. When the summer's sun is beating upon your face, remember that less is more.

Did you love the maxi dress trend last summer? Well if you bought some last year you're in luck; they're in style again this 2011 season! These free flowing dresses are not only comfortable, but they stand their ground against the strong summer breezes! Since maxi dresses aren't clingy, they are incredibly flattering for all shapes and sizes. For a more casual poolside look, wear a neutral or solid color maxi dress with a pair of decorative sandals

such as Jack Rogers or Tory Burch flip-flops. To achieve a more sophisticated look, strut a floral maxi with a pair of wedges. Brands such as Dolce Vita and Seychelles have beautiful summer shoe options.

Bandau tops are the ultimate go-to in the summer. Coming in an incredible array of colors and patterns, including lace and microfiber, retailers such as Forever 21 and Target sell bandeau tops as cheap as \$6. Loose clothing is without a doubt the most comfortable option in the summer heat. Therefore by wearing a loose tank or cropped top over



Jack Rogers has a decorative twist on classic flip-flops.

Photo provided by shoppingblog.com

a bandeau, you can remain comfortable and stylish at the same time. Swell.com



Wedges are the perfect shoe to go with the new summer trends.

Photo provided by coolspotters.com

has a wide selection of loose tanks and cropped tops in both bright and neutral colors.

Last, although this may not come as any surprise, lace and stripes are once again a huge hit this summer season. Every year they seem to evolve in some way, shape or form. However, it is not necessarily how they have changed, but rather how you wear them. Lace can be added to spice up an outfit, or it can be the outfit itself. Stripes will also always remain a staple piece for summer style trends. You can't go wrong with the nautical look; it's classic!



A maxi dress will look and feel great in the summer heat.

Photo provided by blog.shopit-tome.com

'The High Point Song' makes an appearance on Tosh.0

By Katie Nelson
Editor-in-Chief

On April 19, a music video entitled "The High Point Song" made by the HPU "WOW" Factor variety show was featured on the website of the Comedy Central show, "Tosh.0."

"Tosh.0" is a comedy show in which the host, Daniel Tosh, does a running commentary on YouTube videos.

"The High Point Song" is a parody of "Friday" by Rebecca Black, which has been mentioned on the show several times. "Friday" has been a YouTube sensation, getting over 113 million views in two months.

The video was created for the "WOW" Factor student variety show, which is an upper-level communication class, TV production.

Adam Keelan, a junior, recorded, animated, edited and came up with the idea for the video. Matt Wells and Brandon Rivera wrote the lyrics and performed

in the video with a brief appearance by Keelan. Wells and Rivera also performed the song and the music was provided by Z Fields.

"We wanted to revamp the song to be about HPU and give the students a funny music video that they could relate to, and the main reason I even chose to do a music (video) for my final project for the class was just so we could try out the new green screen in the Communication building," said Keelan.

"It was a great experience getting to work in Studio B with the green screen, and we're just really pumped about the hits it's been getting and about even making it to the tosh.0 website in the first place," added Keelan.



Wells and Rivera party it up in the music video "The High Point Song," which has gotten over 600 hits on the "Tosh.0" website.

Photo courtesy of Adam Keelan

Blue Bourbon Jacks is an improvement to Triangle

By Brandon James
Staff Writer

Blue Bourbon and Jacks is the new bar that has opened up where the old Club Triangle was located. The grand opening was three weeks ago on a Wednesday night and many college students made the trip down Lexington Avenue to try out the new bar.

Jared Johnson, a senior at High Point University, said, "It was a blast, much cleaner and better atmosphere than Triangle."

The atmosphere appears to be fun and exciting, and there is a good buzz

about the new bar in High Point.

"There was good music, a huge dance floor and great drink specials," said Daniel Suseck, who also has been to Blue Bourbon and Jacks multiple times.

Blue Bourbon and Jacks admits those who are 21 and up, so underaged students are not allowed to be inside the bar.

The cover charge at Blue Bourbon Jacks is only a dollar, which was cheaper than Triangle's cover, which ranged from three to 15 dollars depending on the night.

There is also a greater variety of

beer and liquor to choose from as well. The specials don't only just include one kind of beer, but a couple of choices of domestic or imported beer. Specials are available every night and the beers are also less expensive.

The staff at Blue Bourbon and Jacks has completely re-done the interior of the bar and dance floor. The bar has much more a respectable feel than that of Club Triangle.

The dance floor has been extended farther out so that there is more room for people to dance.

The stage is also bigger so artists will not be as crammed as they were before

when performing.

Pool tables are located right where the dance floor ends, and all the pool tables are brand new. There was no charge Wednesday night to play pool.

The bar has also been extended, which makes getting a drink much easier, a huge plus for most college students because no one wants to wait in line at a bar for drinks.

"The bar was crowded but I had no problem getting a drink when I wanted one," said Jason Halsey, a senior.

Blue Bourbon and Jacks has designed a bar perfect for college students who are 21.

Nelson reflects, shares thoughts on most influential staff

By Katie Nelson
Editor-in-Chief

It is graduation time again and guess what that means? Tons of clichés about lessons learned from the past four years, excitement and nervous anticipation about what the future holds and many, many thanks.

I have been very blessed to attend this university and experience many facets of college life. I have studied abroad, completed an internship, been a part of student government, held many campus jobs, attended many Greek life events and enjoyed all of the facilities that High Point has to offer.

It has been a great experience and I have made friends that I truly believe I will have until I am old and grey. I have also learned a great deal, not only about academics but also about relationships, how to be an effective leader and how to use my God-given skills to the best of my abilities.

Through the fabulous faculty and friends I have made, I feel confident that I can go into the world and do many great things for myself and others around me. I am thankful to HPU for this.

I have not always felt this way about HPU. My freshman year, I was bound and determined to transfer to another small college in N.C. and get away from this place. HPU was not the university experience I had envisioned. I sent my applications out to other schools but eventually changed my mind.

I realized that HPU may not be what

I thought college was supposed to be like, but it was college and I was going to have great opportunities here. HPU facilitated many great experiences for me that I probably would not have gotten at other schools.

There are many people who have made my experience especially wonderful and are the reason I chose to stay whom I would like to thank.

The first one is Dr. Terrell Hayes, associate professor of sociology. Hayes has been my advisor and taught me many of my sociology courses.

He has also been a strong influence on me in ways that go beyond the classroom. I feel that Hayes does not always get the credit he deserves. He is currently the only full-time faculty member of the sociology department. That is a large load to handle.

Not only does he handle that responsibility well but he also instills fantastic values into his students. Hayes encourages students to think outside the box, not to take no for an answer and pursue the course of action they think is right, not necessarily what is easy.

He teaches us to think for ourselves and not just blend in with the crowd. I think these are extremely important principles and are not always easy to carry out.

I have encountered other faculty

members who have pushed me to be the best me, which has really made a difference. They have been supportive and inspiring.

Dr. Bobby Hayes also deserves much thanks. He has helped me through some of my greatest challenges at HPU and is basically my second father. His guidance has been invaluable inside and outside the realm of newspaper.

My special thanks go to the entire political science department, as well as Josh Fisher, who I wish I had time to take more classes with, and David Bergen, who always knows what to say. Y'all have been the reason I chose to stay at HPU and have given me a great amount of knowledge and skills that have equipped me for the future.

However, the amount of supportive and awesome people extends beyond the faculty. Almost every facet of the HPU campus is filled with incredible people.

Take the Academic Services Center, for example. They have a great staff who work diligently to ensure that students get the most out of their education. I have worked for the ASC for three years and it has been fulfilling in many ways.

Mr. Craig Curty is probably the best boss I have ever had. He connects

greatly with the students in a manner that makes tutoring fun for everyone involved. He is also one of the funniest guys I have met.

Camille Baldwin is another staff member whom I really love and who has been a great person in my time here. When she worked at Starbucks, Baldwin was genuine with the students. She memorized most of the drinks that regular customers order.

Now that she is at the Great Day Bakery, Baldwin brings the same amount of enthusiasm and dedication to her job, but she's making your whole meal instead of coffee. I must say I will miss her drinks.

Speaking of enthusiasm at the Bakery, Mrs. Terri Parsons is the sweetest lady on campus. She always has a smile on her face and a compliment for students. I think it is safe to say that she truly enjoys her job and she perpetuates many of the values that President Qubein wants to instill in students.

I will miss all of these people so much when I graduate and appreciate how wonderful they have been to me in my time at HPU. I haven't mentioned nearly as many people as I should, like the entire IT department, especially Matt and Wellington, Kristy Norton, Pete Mandala from Aramark, basically the whole day shift at the Bakery and many security officers.

All of these people have been fantastic and have made my HPU experience (I won't say extraordinary) special. Thank you all for your kind spirits and influence you have had over me.



Pink nails, shotguns and turkey calls

By Skylar Mabe
Staff Writer

When I discovered a deer's love for grape juice on my first-ever hunting excursion back in November, I also witnessed at least 50 turkeys strutting through the land I was hunting on. During winter, they "yard up" in rafts or gangs of about 20 to 30 turkeys.

Turning over every leaf and stick in their path, turkeys sound like a group of drunken men staggering through the woods. Making that unmistakable sound, I thought to myself, "Man, come spring these turkeys don't have a chance." Little did I know they too subscribe to the N.C. Wildlife hunting season booklet.

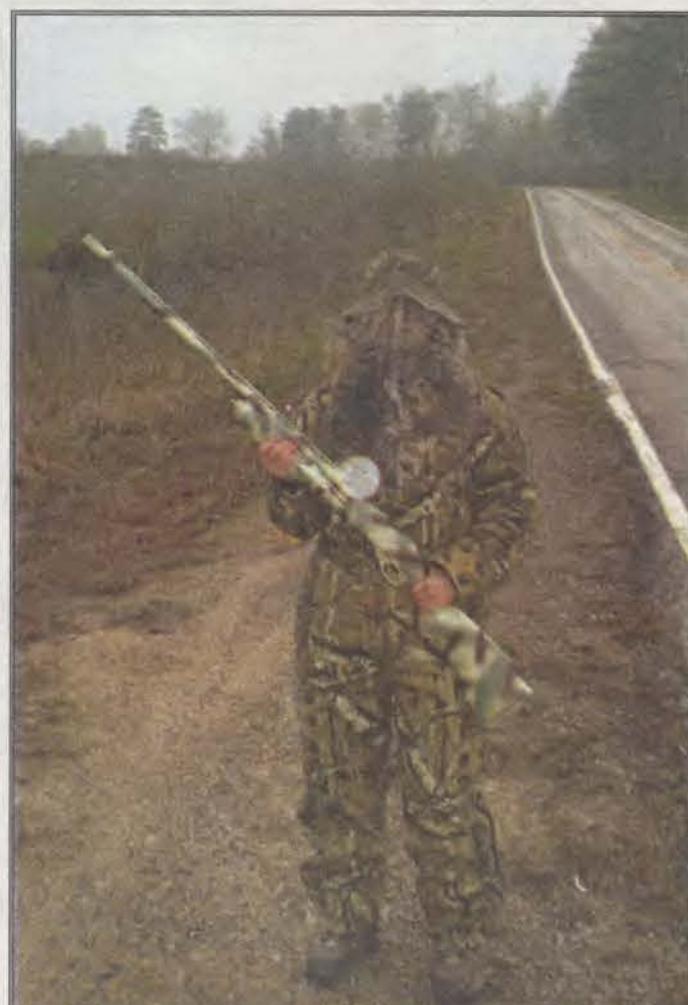
My deer season ended with zero kills, but I had hope for this upcoming turkey season. All winter I had practiced staying silent and feeling my limbs go numb as I sat still. Even when a gang set their eyes on the other people I was hunting with, I remained unnoticed.

Fast forward past deer season to April 9, the first day of turkey season. My friend, Grant Trivette, offered to take me back to the Weardon Road Hunt Club, where he and his father lease 1,500 acres. I woke up at 3:45 a.m., before the sun and every other creature make an appearance, noticed I had time to spare and added a clear topcoat to my already pink fingernails. I painted my nails pink knowing turkeys could see them and praying they'd be covered with camouflage gloves all day.

After I drank my Starbucks frappuccino, I met Trivette in Rural Hall, N.C., where he mocked my pink nails. Unfortunately, he spent so much time ridiculing my nails that he forgot to bring the gloves he had promised me. With another 90 minutes left before we reached our destination, I could feel the tinge of excitement in my stomach.

The first thing we did at the club was honk the car horn. "Turkeys want to be the loudest thing in the woods. Even an ambulance siren can cause turkeys to gobble from miles away," said Trivette.

We waited to hear some kind of gobble in retaliation to car horn... nothing. I hopped out of the truck, put on my coveralls, boots and mask and then



Skylar Mabe in her hunting gear.

Photo courtesy of Skylar Mabe

loaded my gun.

For those unfamiliar with firearms, in N.C. a turkey cannot be killed with a rifle; it must be killed with a shotgun. A rifle shoots one bullet at a time and can zero in on an object from hundreds of yards away. Easy, right? Yes...for deer hunting. Turkey hunting, however, calls for a shotgun.

A shotgun shoots a shell. In layman's terms, a shell contains copper BBs that are released after the trigger is pulled. Those BBs are aimed at the same general area, but may land yards away from the target.

Still, unreliable BBs aren't the only hindrance on turkey hunting. A turkey's eyesight is like nothing a human could ever imagine. They see color, including an ultraviolet spectrum that we cannot see. Their eyes are like telescopes; they can certainly notice a gun barrel and ten pink nails shifting an inch to the left from yards away.

Despite my inexperience, I was determined to succeed in what many people call the most challenging kind of hunting.

It's 5:45 Saturday morning; Trivette and I are greeted by a deer carcass, a missing bridge and no reply from nearby turkeys. To complicate matters even further, a newly constructed barbed wire fence had to be conquered.

After we survived the bite of barbed wire and scaled the metal beams that used to hold a wooden bridge, Trivette hits the turkey call...no response.

We continue into the woods about a mile more and he tries the call again, but the only noises we hear are birds chirping, squirrels moving through the leaves, and deer jumping through nearby thickets.

Six hours pass. Only one trace of the turkeys (droppings left behind almost a day ago).

I am certain both deer and turkey receive the hunting season dates from their advisers because during deer season I saw only turkeys most days, and on the first day of turkey season I only saw deer. Disappointed and discouraged, we head back to Winston-Salem.

On our way we pass a field of what used to be soybeans; something catches my eye! I focus in on the object just before we drive past; it is a tom (otherwise known as a male turkey).

He has gotten away today, but there are still 27 more days to pull that shotgun trigger.

Procaccini to spend part of summer volunteering in Costa Rica

By Roxanne Tammone
Staff Writer

Resident assistant in the Complex, member of Phi Mu sorority, vice president of operations and finance for the Panhellenic Council, SGA secretary, ambassador captain, Greek Week chair and president of the Odyssey Club.

Such an extensive list of extracurricular activities could easily make someone with even the sharpest time management skills cringe. But for Megan Procaccini, it is just another normal day at High Point University.

There are certain people who can walk into a room and put you at ease.

Sometimes it is a dazzling smile or a boisterous laugh. But for Procaccini, fondly nicknamed "Proc" or "Meg Proc" by many, it is her overall charisma.

This summer, Procaccini will be taking her time management skills and infectious charisma to less fortunate families in Costa Rica.

For the first five weeks of break, Procaccini will be living with a family in Sucre, Costa Rica and teaching English in a local elementary school. Upon her return to the U.S. she will be working at a summer camp in her home state of Connecticut.

So why not just stay in Connecticut from start to finish, especially with such

a packed academic year? Easy—it's her infatuation.

"I am very passionate about helping others and the Sucre community is one that is very close to my heart," said Procaccini.

Procaccini has taken numerous volunteer trips, but none of them have lasted for more than 14 days and none of them have been independent. They have always been with a group, organized through school or another affiliation.

Some might be wary to travel to another country on their own, but not Procaccini.

"As you could imagine, I am extremely excited to spend five weeks in Sucre,"

she said.

Her confidence and exhilaration seems to be somewhat connected to her HPU experience.

"My involvement on campus has been very complex and has allowed me to work with a very diverse community. These experiences have shaped how I interact with others and hopefully, I can apply this knowledge when I travel to Costa Rica."

Some students may spend their summers working, vacationing or even taking classes during Summer Experience. Meg Proc is not some students; instead, she will be giving Costa Rican children an irreplaceable gift—the gift of literacy.

Parsons serves up sandwiches, smiles and advice

By Kimberly Wilson
Staff Writer

The Great Day Bakery offers a variety of options, but it offers something a little extra Monday through Friday from 9:30 a.m. to 3:30 p.m.—employee Terri Parsons.

The outgoing, always friendly and always smiling Parsons plays a big factor in enhancing the Great Day Bakery's name.

Parsons is willing to go beyond her daily tasks at the Great Day Bakery.

"If students aren't having a great day, I'm here to listen. I just enjoy the students because I get so much from you," said Parsons.

"You can do two things. Be unfriendly

and in a bad mood, or be friendly and in a good mood," Parsons added. "My reasoning is that I just want to have a great day and hopefully the students can have a great day too."

It seems Parsons chose the right place to work, hence the name Great Day Bakery.

Parsons didn't have to think longer than a second before sharing her favorite part about working at HPU: it's the students!

She also enjoys President Nido Qubein's motivational speeches, the people she works with, and the other staff at HPU.

"If I could, I'd wear a T-shirt that says, 'Walk with a purpose, and with a smile on your face,'" said Parsons.

While politely telling a student that she cannot provide an extra apple on account of getting caught for being too generous in the past, Parsons let out a slight laugh and wished the student a great day.

Parsons's charity and spirit at HPU aren't just a part of the job. She also has a Sunday school class that she takes pride in. She also shared her advice for the day, "You cannot control the wind, but you can adjust your sails."

So, if you are looking for a little something extra with your sandwich and salad, Great Day Bakery employee Terri Parsons offers a dose of cheer with every meal.



Terri Parsons serves up lunch at the Great Day Bakery.

Photo by Kimberly Wilson

"Lincoln" continued from page 1

next semester, during which anyone is welcome to attend.

At the next meeting, Lincoln plans to give the other senators the opportunity to write down any suggestions they may have on how to improve next year.

"Right now, one of my major concerns over the summer, which I'll be working on, is trying to make it more transparent for senators to understand

the process of student government; [I want to] make a handbook for them so that when they come back, they'll have a complete handbook for both their senator and organization," he said.

As a double major in accounting and finance, with minors in both Spanish and economics, it's a wonder as to how Lincoln will find the time to add his presidency to the mix.

"I love being busy," he stated. "I can't stand not doing anything."

He is also a member of the Alpha Phi Omega Service fraternity and is an assistant resident director.

In his spare time, the Charleston, S.C. native loves going to the beach and hanging with his friends.

As far as his future is concerned, Lincoln plans to pursue a tax accounting

job and to one day live in a big city such as New York or San Francisco.

Lincoln encourages anyone with questions, comments, or concerns to email SGA over the summer at sga@highpoint.edu—they'll be more than happy to hear what you have to say.

"Journey of Hope" continued from page 1

Along the way everyone who is participating in Journey of Hope stops at certain places to visit people with disabilities and raises money and awareness for the cause.

Not only will this be Terrell's first plane ride and first time out West, but this is the first time he has felt like he can do something drastic to help not only his fraternity, but also his family.

"My grandmother lives me with," Terrell said, "and has a disability and had both her legs amputated, and I always wanted to do something for the cause."

He feels as though this is the perfect opportunity to make a difference for himself, his family, his brothers and people across the county dealing with disabilities.

For Journey of Hope, he has to raise a minimum of \$2,500 but he has set a personal goal of \$2,800.

To raise the money Terrell is sending out campaign letters to students, parents of students, fraternity brothers and family, along with having fund raising events at his home in Lynchburg, Va., dorm storming and looking for support from fraternities, sororities, and local

businesses in High Point.

He is looking for fundraising and support wherever he can because of how much Journey of Hope means to him personally.

To learn more or support Terrell send him an e-mail at terrelj08@highpoint.edu or visit his official Journey of Hope web page at Support.pushamerica.org/goto/justinterrell.

Want to write for the Campus Chronicle? Love to take pictures or draw?

The Campus Chronicle is *always* looking for interested students to help contribute to the paper!

Contact us news@highpoint.edu for more information.

'GREEKS GOT TALENT'



The fraternities and sororities perform in the "Greek's Got Talent!" competition in the Hayworth Fine Arts Theatre on April 14. The dance performed by the Kappa Delta sorority took home the first place prize.

Photos by Adam Spear

SGA Student's Senate

Budget Defense Day: April 28

2011-12 EC:

President:
Nicholas Lincoln

Executive VP:
Taylor Zickefoose

Judicial VP:
Amelia Morgan

Secretary:
Meg Procaccini

Attorney General:
Bradley Taylor

Treasurer:
Leah Dansky

Sergeant at Arms:
Despina Small

Budget Chair:
Steven Haller

Technology Chair:
Joshua Snyder

Publicity Chair:
Amanda Holcomb

Student Services Chair:
Adam Spear

Academic Chair:
James Mazzola

Contact SGA:
sga@high-point.edu

Campus grows even more 'green' on Arbor Day

By Meghan Deardoff
Staff Writer

For High Point University, Arbor Day celebrations play a big part in observing the many different species of trees spread all over campus.

On April 20, High Point University held a celebration hosted by HPU first lady Mariana Qubein at the Hoffman Amphitheater in the David R. Hayworth University Park.

During this special event several presentations were made. One of the presentations was the dedication of trees on campus from the Spanish Club and the Student Government Association.

There was also a presentation made by the Arbor Day Foundation. The award was presented by Eric Muecke from the North Carolina Division of Forests Resources.

Jon Roethling, who is the curator of the grounds at High Point University, also made a presentation for the university's induction to the Woodland Hillside Garden.

The Woodland Hillside Garden is currently being installed on campus and is located across from the rear of the Blessing Residence Hall. This new garden will take over the existing tree layer and slope to provide a blend of textures, colors and forms to create a relaxing environment for students and

faculty.

"One thing I would really like to highlight is my desire to get students involved with the arboretum and botanic gardens project," said Roethling. "We have so many diverse talents in the student body that I'd love to harness."

Roethling also mentioned that there might be some students on campus who have great photography skills. These students could aid in building a great collection of images that the gardens could put to use. On the other hand, some students may just enjoy getting

their hands dirty by helping with the planting and maintenance of the gardens.

As a "Tree Campus USA," High Point University has helped to promote healthy urban forest management with its 19 gardens on campus. These colorful sanctuaries all have been created to demonstrate the wide diversity of plants found in and around the Piedmont Triad area that many students and faculty make their home.



One of the many beautiful gardens High Point's campus has to offer.

Photo courtesy of HPU

Wells gives one last shout out

By Matt Wells
Organizations Editor

It has been real High Point...

Who would have thought that these past four years would have gone by so quickly? It seems like I was just getting ready for my high school graduation and now this! UNREAL!

Coming in as a freshman I was a commuter student who came for class and that was it. Now, I do not think I can begin to list what I have been involved in on this campus, and even thinking about it makes my head hurt.

That is what High Point does for you. It makes you become more than you expected.

I owe a lot of what I have done and who I have become to this school. Anyone can tell you I am a completely different person.

I can base my being able to come to High Point University on my dad. He gave me the motivation to be the best I could in everything I do and to do something right if it is worth doing at all. I think about him all the time and I am so thankful that even though he will not see me graduate from college, he was a huge part in making this all possible. I am thankful for that every day! Love ya Rando!

My mom was also my support through this along with my Aunt Becky. I cannot write a farewell article without giving them a shout out for being there for me every time I needed anything, be it advice or money. I love you and I mean it guys!

Now, on to my High Point University. "Wow!" It seems like the appropriate word to use here in reflection on my time.

Whether it be giving a tour, hanging out with my fraternity brothers, studying or saving campus as Captain Extraordinary, I have never had a dull moment here. I am blessed to have been a part of so much and still have a social life.

Do I have regrets? Of course, silly,

this is life! But the ones I do have are small. For the most part, I have lived out my college experience to the fullest. Just ask anyone who has seen my videos online or caught me on a random weekend (we have all done it). No regrets!

I need to send out a few "thank yous" and "shout outs" as well to those who



Matt Wells busts a move with Shengkai Su.
Photo courtesy of Matt Wells

on campus. Thank you for putting up with my crazy schedule and teaching me the true definition of hard work! I cannot tell you how much I have learned working for you all, especially the ladies over in the admissions office! Thanks Mamajama!

To the staff and everyone I worked with at HPU Radio and the Campus Chronicle, we have bonded so much over the past couple years and have had some great times. We have had our fair share (maybe more than fair share) of adversity, but we got through it together with a few good times thrown in!

Finally, to each and every member of the Kappa Sigma Fraternity here at HPU, A to B guys! I have gotten so much out of going Greek and you guys have been a big part in my enjoyment. Whether it be random trips out, caving into the peer pressure to have fun, or our amazing basement (FOAMal was, in a word, BOOM!) you guys will never know how much fun I have had and how much I love each of you.

We have faced adversity but came through it each time as better men! A few of the more memorable moments I have through the fraternity include going to Washington, D.C. for a weekend.

I will also never forget, and neither will Drew, watching one of my oldest and closest friends become a brother, gaining the friendship of my piccolo, Johnathan Jones, countless talks on the porch and attending concerts. I am blessed to be a part of such a dynamic group.

To everyone still at HPU, you will be missed! I promise to come visit when I can. Be sure to enjoy the great things this magical place offers and make sure to leave as I have, with no regrets!

have really been there for me through this journey. First of all, I must thank my professors. You have all helped teach me so much, not just about communication, but also about life and myself. I am much more prepared to face the world with your guidance and wisdom.

To my roommates, Brandon and Hugo, "preciate ya!" You guys have made this year one of the best senior years of all time and I cannot wait to see how our friendship strengthens in the future! Love ya guys!

I must also thank all of my bosses/supervisors. I have had many jobs

Improvements drive Panthers Track and Field

By Henry Molski
Staff Writer

When the 2010-2011 indoor track season came to a close, the Panthers knew they would have much work to do to prepare for the spring season.

With the men finishing in fifth and the women sixth at the Big South Indoor Conference Finals at Clemson University, it was far from a satisfying finish to the first half of the competitive year.

However, the Panthers have stepped up to the challenge quite well as the spring season comes to a close. Head Coach Mike Esposito says that this spring has been one in which he has seen vast improvements across the program.

Esposito says that the development that has taken place is promising and that the work put in by his event groups has been outstanding.

Audrey Malloy and Kayleigh Perry have already turned in strong numbers as freshmen, and have much room for future improvement. Esposito also praised the work of Emily Webb, who has had a very strong senior season.

Also, the work of Manika Gamble has been outstanding as well. Gamble has already been named the Big South Women's Track Athlete of the Week after she posted season-best times in her 100-meter and 400-meter hurdle races.

The numbers Gamble is putting up this spring are even more impressive considering that she missed part of the indoor season due to injury. She is one of several athletes that Esposito fully expects to see at the NCAA

Championships.

Esposito also expects Jacob Smith and Neil Darmody to also be in attendance, along with a few other Panthers.

A big blow to the Panthers this spring, however, has come with the injury to T.J. Brancaccio. Brancaccio is not only a strong senior leader on the

his best athletes. However, it was also a good thing that it happened to an athlete with the determination of Brancaccio.

"If anyone could recover from this type of injury, it's T.J.," said Esposito.

While Brancaccio works hard to come back to pole vaulting, this has become a big opportunity for others to step up. Esposito says that junior Jacob

better as well. The new throwing area for discus, shotput and javelin athletes behind the baseball field has been completed, which adds a whole new dimension for training.

According to Esposito, the new facilities not only help current athletes, but also draw in new recruits for the future.

Esposito was ecstatic with his recruiting class this spring and expects the new recruiting class to really make some noise at HPU.

"The spring recruiting went very, very well and we assembled some of the best female distance runners we have ever had," said Esposito.

Esposito was equally excited about the men's recruiting class as well. The distance runners for the men's team were very strong. The mid-distance runners coming in next year will be very strong competitors as well, according to Esposito.

With improvements on and around the track, the High Point University Track and Field Panthers have a very good base to build up their program.

As the season draws to a close, it appears strong finishes are in sight for the Panthers in the Big South Conference.



Jacob Smith is competing to make his way to the NCAA Championships.

Photo Courtesy of HPU Sports Information.

field, but off the field as well.

Esposito said that the injury was a very "flukey" one and noted how unfortunate it was to happen to one of

Matthews has to "really step up in T.J.'s absence."

The track and field teams definitely have the resources to improve and get

Women's Lax finish season, gear up for playoffs

By Brian Brennan
Staff Writer

The High Point women's lacrosse team has continued its winning ways as head coach Lyndsey Boswell's ladies have surged by going on a five game winning streak. In its inaugural season, the team has posted a 12-3 record and has been considered one of the favorites for the National Lacrosse Conference Championship. Coach Boswell credits this to her players coming together as a team.

"When the team got here in August they did not look back," Boswell said, "We set high standards and we were determined to exceed all expectations. That's what we have built the foundation from, high standards."

Boswell also spoke of how the team has developed to be competitive. "Each day every girl pushes their teammates to be the best they can be in practice. We have been competing for starting spots since August, and we have created a very competitive environment."

In their recent games, the team has continued their domination with blow out wins against Longwood and Davidson to move into second place in the conference standings. Against Longwood on April 10, HPU dominated in a 12-7 win. Chelsea Thompson continued her impressive freshman season with another four-goal game. McKenzie Carroll added four goals as High Point downed the team that led the NLC standings for much of the season. Also against Longwood, the Panthers



Junior Heather Ziccarelli has 18 goals this season for the Panthers.

Photo Courtesy of HPU Sports Information.

arguably played their best defensive game of the season as defender Courtney McLaughlin had six ground balls and four caused turnovers. Sara Kuhlman also caused four turnovers and added an assist. HPU goalie Lauren Hayes made seven saves.

Three days later against Liberty, the Panthers continued their domination winning 17-4. Thompson had four goals

again while Grace Gaeng added four of her own. Alexis Goldman scored three goals, Ashleigh Kassab scored twice and four others hit the back of the net. Hayes made five saves and lowered her goals against average to 7.43. She ranked fifth in the nation in GAA entering the game.

Finally, on April 16, behind yet another four-goal game from Gaeng,

the Panthers were able to win their final regular season conference game 13-10 over conference rival Davidson.

With the season ending the Panthers will look compete in the NLC Championship when the tournament begins at Davidson on April 29.

Win or lose, after the NLC tournament the Panthers will have one last game against North Carolina, one of the top teams in the nation. UNC is currently ranked No. 4 in the nation and the game will likely be one of the more important games of the year for the Panthers.

"The ultimate goal is to walk away with an NLC Tournament Championship and compete for a win with UNC in Chapel Hill on May 6," said Boswell.

Win or lose at Chapel Hill and at the NLC Tournament, the 2011 inaugural season has been a success. HPU has been put on the map in women's lacrosse, and things could only be getting better down the road, according to Boswell.

"We do not graduate anyone from our roster and we are adding nine strong freshmen. I think this means we are only going to get better," Boswell said, "Next year our freshmen will have a year under their belts, and they will be able to lead the new freshman class. With each year will come higher expectations. The goal in the future is to win the conference and get a bid to the NCAA tournament and eventually compete for a national championship."

What is next for spring sports seniors?



Rachel Webb
Women's Track
Pole Vault



Jevin Monds
Men's Track
Distance



Justin Conaway
Men's Track
Sprints



T.J. Brancaccio
Men's Track
Pole Vault

Future Plans:

Work in North Carolina as a physical therapist.

Best thing about being a NCAA Division I athlete:

"Definitely the bonds with the coaches and the athletes. These are people I never would have met without athletics."

Future Plans:

Get into coaching and personal training.

Best thing about being a NCAA Division I athlete:

"Having the team, like a support group, around you. Your teammates are some of your best friends."

Future Plans:

Work at Proehlific Park right after graduation, then own a youth sporting complex.

Best thing about being a NCAA Division I athlete:

"My favorite part of being a Division I athlete has been being part of a family."

Future Plans:

Work with the police department, then be a counter sniper for the Secret Service.

Best thing about being a NCAA Division I athlete:

"Definitely the team atmosphere and the high competition level we have here at High Point."



Monica Delizo
Women's Track
Distance



Bret Motsinger
Men's Golf



Nick Goins
Men's Golf



D.J. Dougherty
Men's Golf

Future Plans:

Be a physical therapist in the military and/or a track coach.

Future Plans:

Work my way up in a large corporation using skills learned from Business Administration.

Best thing about being a NCAA Division I athlete:

"Meeting so many people and being so close to the guys. It has been a great ride."

Future Plans:

Get into real estate using skills learned from a degree in Business Administration.

Best thing about being a NCAA Division I athlete:

"Being able to do everything, not just school all the time, and playing the sport that I love."

Future Plans:

Pursue career in advertising field; goal is to make commercials.

Best thing about being a NCAA Division I athlete:

"Traveling all across the country meeting new people as I compete against some of the top players in the nation."



Mikel Rodenberg
Baseball
Pitcher



Corey Swickle
Baseball
Pitcher



Mike Caldwell
Baseball
Pitcher



Steve Antolik
Baseball
First Base

Future Plans:

Work in the front office of a professional sport, preferably NHL, MLB, or NCAA.

Future Plans:

Get into construction and real estate industry; renovate houses and sell them for a profit.

Best thing about being a NCAA Division I athlete:

"The ability to compete with other schools and represent our own school."

Future Plans:

Work in construction, like his family, be a coach to help children, and work in some kind of ministry.

Best thing about being a NCAA Division I athlete:

"I like my teammates. It's like another family. We do everything together."

Future Plans:

Become a commercial flight pilot like his father.

Best thing about being a NCAA Division I athlete:

"Going out there and competing on a daily basis. We play guys that get drafted and see a lot of good talent."



Kyle Mahoney
Baseball
Catcher



Murray White IV
Baseball
Infielder



Drew Geissinger
Baseball
Outfielder



Spencer Andrews
Baseball
UTIL

Future Plans:

Hope baseball career continues, but then teach history and coach baseball at the high school level.

Future Plans:

Land a front office job with a minor league baseball team.

Best thing about being a NCAA Division I athlete:

"I like traveling to different places. It's pretty cool to go all over the place and travel."

Future Plans:

Be a doctor of dermatology after traveling throughout Europe.

Best thing about being a NCAA Division I athlete:

"Being able to come to the field and spend a lot of time with these guys. It has been a wonderful experience for me."

Future Plans:

Find a teaching/coaching job and settle in the Piedmont Triad area in N.C.

Best thing about being a NCAA Division I athlete:

"The competition. I feel like the teams we play and compete against are the best of the best."

Cozart brings blue-collar approach to diamond

By Patrick Budd
Staff Writer

Head Coach Craig Cozart loves talking baseball, his philosophy on the game, and how it works.

Cozart, along with the rest of his coaching staff, have quickly changed the HPU baseball program to be a legitimate contender in the Big South Conference.

Last year in Cozart's second season, he coached the Panthers to a 31-29 record, the first winning record the Panthers have posted since they moved to compete in NCAA Division I. Now this season, the Panthers are well on track in topping 31 wins from a year ago.

The team currently sits in the middle of the standings in a conference that is very "wide open," according to Cozart.

"Our expectations are very high here and remain very high. We feel that last year having a winning season was just a stepping stone in the right direction," said Cozart.

Come Big South Conference tournament time Cozart expects to build on their semifinal loss to Coastal Carolina last year.

"We've been playing our best baseball at conference tournament time," said Cozart.

He coached the Panthers to two victories last season, the most wins the team has had in a postseason tournament. This season may be a little tougher for the Panthers with the amount of injuries that have hit the team.

However, injuries are what come with the blue-collar approach that Cozart and his coaching staff preach on a day-to-day basis.

"Baseball unlike any other sport is such a daily grind. The mental part is almost just as important as the physical

aspect," said Cozart, "It's a mental grind when literally on a weekly basis you lose another component to the team."

Resiliency has been the key factor in overcoming the injuries, and continuing their tough approach. It's no surprise that Cozart has given his team a grade

Bryan Peters, Rich Wallace, Jaime Serber and Joe Mercurio, the Panthers are looking to capture their first Big South Conference Championship in their Division I era. Last year, Cozart's freshman class of 15 players, one of the largest ever in HPU baseball history, all

In the second year in operation, the Student Pavilion, otherwise known as the "Heckle Deck," located in right-center field, has quickly become a hot spot for students to take in a Panthers game. Thank Coach Cozart for being an advocate for this area to give students space to enjoy Coy O. Willard Stadium.

Secondly, with the help of Peters, Cozart has developed the annual "Baseball Olympics," a friendly competitive series of games held at Willard Stadium for HPU students. Usually held the afternoon before Opening Day, Cozart encourages students to come out, meet the team and coaching staff, and help bring in the new season.

The players have also been involved with the community program "Big Brothers, Big Sisters," a mentor program that allows volunteers to give advice to the youth, according to the program's website. On any given weekend, you can even see some of those same mentees at a Panthers baseball game.

More impressively, Cozart has developed a youth baseball league called the Panther Baseball Club, geared toward getting the local youngsters involved in playing baseball. Cozart's three children are even involved in "PBC" baseball, which also serves as a recruitment tool for HPU baseball.

The Panthers have entered the second half of the season and are in a battle within the Big South.

Maybe this is the year the Panthers add a title to the already impressive resume of Craig Cozart.



Coach Craig Cozart stands up for his players and is not afraid of umpires.

Photo Courtesy of HPU Sports Information.

of an A plus in mentality and toughness for the first half of the season.

In his third year with the Panthers after a 12-year stint at the University of Central Florida, Cozart has surrounded himself at High Point University with some great coaching and some great players to help him preach his hard-nosed baseball philosophy.

With the help of assistant coaches

saw playing time on the diamond.

Cozart and his staff are not only great at recruiting star players from around the country, but he also recruits fans to support his growing baseball program. His success on the field is only half the foundation that he has built in his time at High Point University. Involvement with the community and the university has made him a fan favorite.



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