



Bid day photos!

CAMPUS CHRONICLE

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The Art of Tebow

Getting Fit: VanClay loses 85 lbs with help of HPURec

By Chelsie Gastright
Staff Writer

During his high school years, Adam VanClay stayed active by playing both football and baseball. While on the football team, VanClay played both defensive and offensive tackle. In both positions, the bigger and stronger you are, the better you play. When VanClay left high school in the spring of 2009, he weighed 220 pounds of muscle.

When VanClay arrived to High Point University as a freshman in August of 2009, his goal was to keep in shape just like high school. However, he did not have a strict workout plan as he did when he was playing two sports. After fall break, VanClay stopped going to the gym. In the spring of 2010 was when reality set in. VanClay had managed to put on an additional 20 pounds since he started at HPU, weighing in at 240 pounds. Unfortunately, that 20 extra pounds was not of muscle.

About two weeks before school let out for the summer in 2010, VanClay went to the HPURec department in the bottom of Slane Student Center and met Jason Moore. Moore, at the time, was the CrossFit instructor and a sophomore at HPU.

"The first time I got back in the gym was the week that prospective freshmen came for orientation. I worked out so hard on the track upstairs I actually got sick. It

was tough but that's where it started," VanClay remembered.

At the end of that semester, Moore sent VanClay home over the summer with a workout plan. After getting a job as a shuttle driver for his local gym, VanClay also received a membership, which made working

During his sophomore year (2010-2011), VanClay made his biggest strides towards his final goal. While no formal number was set, VanClay wanted to be at a healthy weight by the end of the academic year. After an entire summer of working out and coming back to working

with the CrossFit class, a new and improved VanClay began to emerge. Not only did he lose the weight he wanted, but he also managed a total weight loss of 85 pounds to weigh in at a healthy 150 pounds.

At the end of VanClay's sophomore year, Moore graduated from HPU and the status of the CrossFit class was unknown. At the beginning of his junior year this past fall, VanClay told Mar Allred, recreation director at HPU, he would be willing to take on the CrossFit class.

Now, every Saturday at 11 a.m. and Sunday at 1 p.m., VanClay teaches CrossFit in Slane. In addition to teaching the CrossFit class, VanClay also brought the Insanity Program to HPU.

VanClay says it's common for people to give up on fitness easily, but they shouldn't.

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Adam VanClay helps a student work out in the Slane Student Center gym.
Photo by Eleanor Christopher.

out much easier during his time at home.

Once VanClay got comfortable with his workout routine from HPU, he added what is known as the Insanity Program. This program is a 60-day DVD workout system that comes with 10 DVD's, an eating regimen, and a workout calendar to help keep individuals on task with their goals.

HPU modernizes various facilities over winter break

By Steven Haller
Editor in Chief

While the students were away for three weeks, High Point University's campus underwent a few changes, namely renovations to the bookstore and the C-Store 2, plus installation of a new ventilation system in the Café.

Barnes & Noble and HPU have been working together to improve the way the Slane Center bookstore operates and to improve the layout of the store itself. Textbooks are no longer available on-hand at the bookstore, but are instead stored at a Barnes & Noble warehouse close by.

"I think the most impressive thing is moving to the online ordering system for books," said Roger Clodfelter, vice president of Communication and Culture at HPU. "From our feedback from students, they are becoming more and more comfortable ordering books online."

"I normally like to buy new textbooks when ordering my materials for class and I found the new way to order books online was very convenient and easy to use," said junior Nathan Smith.

Students were able to order their books online during winter break and have them delivered to their dorm rooms before they returned to campus. HPU delivered over 1,600 sets of books to dorm rooms during winter break.

Students who missed the deadline for room delivery were able to order their textbooks and have them delivered to the Slane bookstore the See Changes, page 3

Grammy nominated band, The Fray, to perform in April

By Jodi Guglielmi
A&E Editor

Every semester the Student Activities and Campus Engagement team has the difficult task of finding the perfect band or artist to perform at the spring and fall concerts on campus.

The announcement is highly anticipated by the students, as this is one of the largest and most popular campus events.

"I always look forward to finding out who we will be seeing at the concerts. We all try to make our predictions before the announcement is made," said senior Katelynn Barr, who has attended every concert on campus during her time at HPU.

While to students the decision appears to be effortless, Hillary Kokajko, the director of Student Activities and Campus Engagement, explained the behind-the-scenes work that goes into booking a band.

To start with, they ask students for their thoughts on performers.

"Ultimately, the decision is made by the students, with the feedback and details from all the different outlets. We listen to your suggestions and are excited to make them a reality," said Kokajko.

Facebook is one way that the school polls students in order to find out who they would be interested in seeing at the concert. HPU also collects information from different student groups such as Campus Activities Team and the InterResidence Hall Council in order create a diverse list from as many different students as possible.

"Over 30 people commented on the post asking who we would be interested in seeing at the spring concert. There were so many different ideas being posted that we all had no idea how the school was going to choose," said freshman Luke Rogers about a post on Facebook, seeking suggestions for bands.

"There is a lot that goes into the search. It begins with the date that we would like the concert to be on, then availability of a band, last but not least the cost of the band," said Kokajko.

The search can take months because certain bands may be on tour or out of the country on the concert date. After finding out if the desired band is available, Kokajko submits a "payment offer" for the date of the concert. Usually, they give the bands two weeks to respond before they start looking for other available bands.

"They always seem to wait until the expiration date [of the offer] to let us know," said Kokajko.

On Jan. 9 at the winter activities fair, it was announced that pop/rock band The Fray will be performing at the 2012 spring concert. This big-name band came as a pleasant surprise to even the Campus Engagement team.

"We were looking into them for the fall concert as well, so they actually came to us wanting to know our spring concert date. This had never happened before!" said Kokajko.

Not only did The Fray reach out to the school but they responded to the offer the same day as well, which had never happened before either.

Students have been expressing their excitement for the upcoming concert since the announcement was made.

Conner Hall, a freshman was ecstatic when he first heard the news. "I read the announcement in an email

and I couldn't believe it! I saw The Fray perform in high school and it was so much fun. I am really looking forward to seeing them on campus; it'll be a different experience being with new friends and especially a smaller venue. We will all get an up close and personal look."

The Fray will be performing on campus April 21.

"We listen to your suggestions and are excited to make them a reality!"

~Hillary Kokajko
Director of Student Activities
and Campus Engagement



Opinion

The making of a legend? The college student cop-out

By Nick Sturdivant
Staff Writer

Either you hate him or undeniably love him. Many are eagerly waiting to see where the Tim Tebow train will arrive next.

Although Tom Brady and the gang may have temporarily put - as Skip Bayless calls it - "Tebow Mania" to bed, Tim Tebow came away from the Jan. 15 game with three things that he did not have at this time last year:

1. A definite starting job for next season,
2. AFC West division title, (and most importantly)
3. YOUR ATTENTION!

Give the guy some slack, despite his unorthodox style of play, he has helped break Denver's seven-year playoff drought.

For the first time since the '98-'99 season, the Broncos may have found some type of stability at the quarterback position.

The names Brian Griese, Jake Plummer, Jay Cutler and Kyle Orton still leave a bad aftertaste in the mouths of many Broncos fans, despite talks of them becoming the next Elway, or at least a decent fit.

As a starter in the 2011 regular season, Tebow went 7-4 and accumulated close to 1,700 passing yards and over 600 rushing yards.



In midst of his regular season run, his best move was juking the sports-talk banter and turning a deaf ear to the critics.

Don't get me wrong, I was just as skeptical as many of the Tebow-haters.

He was running a makeshift offense in which he failed to complete at least 50 percent of his passes, while at the same time struggling to read coverage.

Tebow does have one thing on his side: time. With a longer off-season than last year he can be able to get more familiar with the playbook, while having the praise of Elway, the Broncos' vice president who actually determines the role Tebow gets to play with the team.

Potentially, and I say this very loosely, if Tebow can hone in on his presence in the pocket and develop a better awareness of the field with his mobility, he might be a bigger threat than Elway ever was.

But it may depend on whether or not Mike McCoy, the mastermind and Offensive Coordinator behind the Tebow game-plan, believes he could suffer another possible setback.

It is definitely a work in progress, but it is one that could have us calling Broncos former head coach Josh McDaniels a genius.

photo provided
by everyjoe.
com

By Chelsie Merone
Opinion Editor

The technological age is here! Everyday we find ourselves using at least several different forms of technology (iPods, cell phones, lap tops, gaming systems, etc.), and sometimes it's all at once. But in a culture where getting information fast, first and efficiently prevails, we have started to ignore the medical repercussions that these habits have on us.

ADD, ADHD and ADT are all forms of attention disorders brought on by a genetic defect or chemical imbalance, but now there is a new trigger: technological overstimulation. Yes, the very entertainment entities you have come to know and love are slowly turning your mind to mush.

In recent years, researchers have started to see an increase in the misdiagnosis of these disorders in children and college students. Why? Because in a world where leaving your house without your phone, or going for a run without your iPod is unheard of, people have lost the ability to simply disconnect themselves from their various forms of social media.

Yes, there are certainly some cases where individuals that have severe attention disorder symptoms, such as forgetfulness in regards to everyday activities, hyperactivity, disorganization, and tendency to shift in conversation; but these symptoms customarily present themselves during childhood. So what about all of the college students who have prescribed or self-diagnosed ADD?

Statistics show that up to 25 percent of students [on college campuses] have admitted to taking neuroenhancers. So the question presents itself: are students using drugs like Adderall, Concerta and Ritalin as cop-outs?

Obviously it's easier to attribute your attention issues (or laziness) with a disorder, but just because you have a hard time concentrating doesn't mean you should run to the doctor and cry the ADD-wolf.

Studies have shown that because we constantly are using multiple technologies at once, we have trained ourselves to multitask on an intensified level. Take a second and think about when you study. Do you find that you have a hard time focusing? If yes, look at what you are doing. Do you have your cell phone next to you, are you listening to iTunes, are you browsing the web, are you watching TV? More importantly, are you doing them all at once? Well, there's your problem: unplug and focus on one thing - your work!

In an article written by Sam Anderson for New York Magazine, he comments: "our attention crisis is already chewing its hyperactive way through the very foundations of Western civilization. Google is making us stupid, multitasking is draining our souls, and the 'dumbest generation' is leading us into a 'dark age' of bookless 'power browsing.'"

Because of these observations, doctors and researchers are now starting to see how large of a role technology plays in our lives and the development of cognitive skills in young adults; but for some its too late. These medications can become addicting, causing severe dependency issues and being more of a problem than a solution.

So when you sit down to study and find yourself struggling to focus, take a minute and look at what you are doing. Some students tend to use these drugs as an excuse to justify their indolence, but if you have conditioned yourself to constantly be connected, you need to stop and see that what you are doing is not healthy and probably not prescription worthy either.

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News

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the next day. The renovated layout of the bookstore is a more visible change.

"The renovations allowed us to be able to put up more merchandise," said Clodfelter. "Also, we tried to make sure the artwork, like the black and white image of Roberts Hall, reflected the history of the university."

There are still more changes to come to the bookstore. Clodfelter says that there are plans to install official book-ordering kiosks that look similar to those found near the Slane concierge. The store's glass windows will be covered with a graphic to make the book-ordering kiosks prominent. There are also plans for an awning to be placed above the bookstore's doors inside Slane next to Starbucks to better draw students' eyes to the bookstore.

C-Store 2 was also renovated over winter break. According to Clodfelter, the interior design was not up to the level of the other restaurants on campus. Students' requests for healthier options was another reason the popular nighttime location underwent changes, specifically with the addition of the fruit and other refrigerated packaged goods now available.

Other additions include a self-serve Coke Freestyle machine that can create 100-plus different beverage combinations, the self-serve milkshake/smoothie machine, and a microwave in case students simply cannot wait to get back to your room to make their popcorn or heat up their hot pocket.

"The C-Store2 renovation is the culmination of student feedback, national research and cutting-edge technological solutions to create a first class convenience store atmosphere," said senior food service director David ter Kuile. "The Coke Freestyle on the HPU campus is one of the first in the southeast region of the U.S."

"The Coke Freestyle machine is amazing with all the choices I get. My favorite drink combination is the original Coke mixed with orange," said junior Kayla Buechner.

"I live in Belk, so I am at the C-Store 2 all the time. I definitely like the new look and my favorite feature has got to be the wall candy," said senior Andrew Woods.

Another campus location that HPU enhanced over

winter break was the Café. One new feature in the Café is the Mediterranean bar, which offers a wide variety of healthy snack options, such as hummus, tabouli, and tzatziki, all of which are made in-house.

The Café has begun to offer more variety at its exist-



Yum! The C-Store 2 also recieved a makeover during winter break. It now has fresh fruit, a Coca Cola Freestyle machine and a bulk candy wall. Photo by Allie Dearie.

ing stations as well. The grill and the deli now offer daily specialties, and the new expo station offers a different meal item each day.

Other renovations to the Café are not noticed so much with the eyes but more with the nose, such as the new ventilation system in Café. That's right students; the infamous "Café smell" is gone.

"As the Café has evolved in how we provide food to students, we have done more display cooking out in front of everywhere. That [preparing the food in the eating area] has created challenges with the smell," said Clodfelter. "We put the ventilation in place because students have been con-

cerned about how it [the Café] makes them smell."

The display cooking allows students to see their food made fresh in front of them, which is something HPU did not want to give up. The new ventilation system works to pull the smell, generated from the display cooking in the eating area, out of the building.

"The new ventilation system pulls air from the flat top grill and pizza area and filters the air through a series of carbon fiber filters, cleansing the air, making for a more pleasant dining experience," said David ter Kuile.

In addition to this infrastructure change, the Café is now steaming vegetables rather than cooking them to reduce smell and improve taste, freshness and presentation.

"The smell in a room is something you don't notice unless something is wrong. I didn't even think about the smell when I first walked in [the Café] this semester, which is a very good thing," said Pat Stein, a junior who says he visits the Café at least once a day and sometimes twice a day.

With the "Café smell" gone now, HPU will be undergoing new changes elsewhere. The School of Education and Centennial Square remain on schedule to be fully operational this coming fall. Also, the renovation to the patio on the Blessing side of Slane is expected to be completed by the end of the current semester.

There are also tentative plans to change up the dining plan for the next academic year. According to Clodfelter, HPU "will be looking to make some enhancements in terms of how the meal plan works."

He was not ready to divulge any details, but it could be something for students to watch for.



No more books! The Barnes and Noble campus bookstore received a facelift over the winter break, and students now order their books online through a new system that also was launched over break. Photo by Allie Dearie.

From VanClay, page 1

brought the Insanity Program to HPU. "When I started the Insanity Program I had 10 students. By the end of the class I had only six. I know that the people who stuck with it, though, are happy with what they achieved, just like I am."

Allred has watched VanClay grow and change into a new person, and only has positive things to say about him.

"Adam has come so far that he now teaches the class that he learned so much from," said Allred. "Once you become active, you get out and you are able to do more things. Socially it is easier to interact with people because you feel better about yourself, you have more confidence and you have more energy."

Allred also stated that people like VanClay are the reason he enjoys coming to work at HPU. Seeing someone achieve something like VanClay has is proof to Allred that what HPURC and their instructors are doing is really worth the while.

VanClay also noticed how getting back into shape has helped him become a better person as well.

"My freshmen year I wasn't a part of any clubs or anything

like that. When I met Jason my sophomore year I lost most of my weight, and that's when I ended up rushing a fraternity and joining the sports major club. It just made me feel like a more social and confident person."

One thing that VanClay hopes to stress about fitness is that

when it comes to making goals for yourself, it is not always an issue of motivation. In fact, he feels that it's a lack of knowledge of how to begin a proper work out regimen. Keeping that regimen in place is often where the problem lies, he says.

Now starting his second semester as a junior, VanClay has maintained his weight and still teaches CrossFit in the Slane Student Center. He

still teaches as if it was his first day, striving to help those who are struggling as he did to meet and achieve their fitness goals.

For more information on HPURC fitness programs, visit the HPURC website or go to the gym desk in the Slane Student Center. More information regarding the Insanity Program can be found at: www.beachbody.com/product/fitness_programs/insanity.do



VanClay lost 85 pounds working out the Slane Center gym. He now teaches classes for HPURC. Photo by Eleanor Christopher.

Adam VanClay's Tips for Staying Fit

Weight loss is a 70/30 split of nutrition and working out
"It's so much easier to get into shape when you are aware of good eating habits. HPU offers a lot of good, healthy food choices if you know what to eat."

When you go to the gym, go with a purpose
"The gym is not a social outing, so don't spend three hours at the gym talking with friends. You would never believe how much you can do in a 45 minute work out if you just go there and get what you need to do out of the way."

Keep your heart rate up
"If you go to the gym, as said before, go with purpose. When you keep your heart rate up, it is easier to lose weight and burn calories. Whether you are running around the track or lifting weights downstairs, just keep working out and only stop when you need a water break. Do not make 45 minutes into three hours because you stop for breaks."

News

Extraordinary Leaders: November

The Office of Student Life presents the Extraordinary Leader award to outstanding students each month. According to Gail Tuttle, vice president of Student Life, the entire HPU community – students, faculty and staff, make nominations, and the nominees are asked to complete an online survey about their academic, social and charitable involvement on campus and in the community.

A committee of HPU administrators selects the students that best embody true leadership. Results are printed in the Campus Chronicle each month.

The student leaders for the month of November are Madison Wallace and Taylor Zickfoose.

Wallace, who has made the Dean's list every semester during her time at HPU, has found the perfect outlet for giving back to the community – her sorority, Kappa Delta.

She has always felt a calling towards helping people through the health care profession, which is why she's studying biology and chemistry at HPU with plans to head to dental school after she graduates. Her academic achievements are endless as she's been inducted into the National Biological Honors Society (Beta Beta Beta), the National Society of Leadership and Success (Sigma Alpha Pi), and the Order of Omega (Greek Honors Society), all of which have high GPA requirements.

She's given back to others through the four national philanthropies of her sorority. She worked alongside a local Girl Scout troop in Greensboro and helped build several houses in High Point through Habitat for Humanity. Her favorite volunteer experience, however, was at an organization called Church World Service, where she taught and promoted health literacy to incoming refugees in Greensboro, N.C. This was arranged through an AmeriCorps program, and she assisted the refugees in filling out medical-related paperwork, helping them schedule doctor's appointments and riding with them on public transportation buses to those appointments, as well as showing them how to behave in an American social setting. She volunteered more than 300 hours in this program, and in turn, she received the Project Shine Scholarship to help fund her education.

The most important thing at a university for Zickfoose is academics. She says that's exactly why she chose HPU – for "a curriculum that allows me to explore my interests, but still provides a rigorous classroom setting."

Her academic endeavors have skyrocketed since her first day on campus. Honors she has received include being inducted into the Order of Omega Greek Honor Society, Phi Alpha Delta Pre Law Fraternity, HPU Honors Scholars Program, and the National Society of Leadership and Success, all while earning an HPU Presidential Scholarship and earning dean's list recognition for all four semesters she's been at HPU. She juggles these honors with serving as the Executive Vice President for the Student Government Association, an assistant resident director a member of Phi Mu, a student ambassador and the Odyssey Club's public relations coordinator.

The things she learns on campus, however, have extended beyond equations and theories. She says she has learned to have values, and one she truly holds dear is that of integrity. "It's important to learn to do what is right even when no one is watching," she says. "This encompasses doing honest work, carrying out responsibilities, being truthful and following rules and laws. A person who values integrity is a great role model, because he or she can be trusted to do what is right at all times, not just when it matters."



Taylor Zickfoose (above) and Madison Wallace (below) were selected as the Extraordinary Leaders for the month of November.



HPU named one of the "greenest" colleges in America

By Olivia French
Staff Writer

Walking along the Kester International Promenade, one immediately notices the majestic bronze statues sitting on the benches, the inspirational quotes lining the sidewalks, and the classical music permeating the air as students walk to and from class. What many fail to notice, however, are the trashcans and their accompanying recycling bins dotting the pathways. Four years ago, those now-standard bins did not exist.

As part of the recent plan to become "green," High Point University has made several changes to the campus over the past few years in many areas of student life, ranging from transportation to academics to food services to I.T. All of the changes have not been for naught, as High Point was recently named one of the "greenest" campuses in America by the Sierra Club.

The Sierra Club, one of the oldest grassroots environmental organizations in the United States, annually rates colleges across the country on their environmental impact.

"They analyze everything we do," said Troy Thompson, director of Campus Enhancement. "It's a huge honor [to be named one of the greenest schools in America.]"

One of the many changes that has been implemented on campus are the numerous recycling bins that encourage students to recycle paper, plastic, metal, and glass products instead of just throwing them away.

Another change has been the current construction of the new townhomes named Centennial Square and the School of Education, both of which will be LEED Certified when they are completed. Everything in the buildings ranging from furniture made out of recycled items to light sensors that turn the lights off when there is no one in the room, will be environmentally friendly.

New programs to campus such as We-Car, and installation of high efficiency washers and dryers also aid in helping to reduce the environmental impact that HPU and its students make.

However, there is always more that can be done to improve a school's "green factor." As Thompson stated: "We need more student groups. Everything is a green initiative."

"It's our duty as citizens of the Earth to take care of it. The recycling bins are there, why not use them?" said freshman Emily Harris.

Students can become more environmentally conscious by making sure to throw only recyclable materials into the recycling bins and participating in "Recyclemania" – a national recycling competition involving 376 colleges and universities in the US and Canada – which will begin Feb. 5. They can also use the bottle filling stations located in Slane, Smith Library, and Millis Hall instead of using disposable plastic water bottles.

"There is no reason to not be environmentally friendly on this campus, because we have so many options [to be green]," said freshman Tori Duback.

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A&E

The Everyday Fashionista: best ways to stay warm in winter weather

By Jordan Breetz
Staff Writer

The weather outside is frightful! Time to stay warm and still look delightful. Unfortunately this makes dressing for evening a tad bit difficult. Lucky for you, I am here to tell you that it is perfectly fine to dress weather-appropriate while still possessing the desired amount of fashion intelligence. So pull out the sweaters, coats and boots and let's talk winter wear!



Determined to show a little skin? Try a one-sleeved dress or shirt. Like this one from Free People, it provides a great pop of color and can easily be layered for frigid nights.

Photo from freepeople.com



Winter White- No white after Labor Day? That is now a thing of the past. This year is all about white - winter white - but be careful to keep it in season. It can easily look summery and that is still a big no, no.

Emma Stone is striking in her winter white jacket and red lips. I love the pop of red on her pumps and toes. A+ classic.

Photo from nytimes.com



Mini Dress- If you still want to wear your strapless mini dress, try adding a printed cardigan to your outfit. Not only will it keep you warm but it can add that pop that you've been looking for!

Photo from instyle.com



Photo from peoplemagazine.com



Leather- Leather skirts are back; I am not quite sure how I feel about this.

Angelina Jolie appears to be doing the impossible, making leather sleek and professional.

Photo from glamour.com

Faux Fur- It's all about fur this season, faux fur that is. Jackets and vests are everywhere and a great way to dress up a simple outfit.

The always-fabulous Victoria Beckham is looking ever so chic in her red and black faux fur; just another day in the life of a fashion icon.



Photo from fashionbistro.com

High Point Street Chic: Madison Templin

Senior Madison Templin is known for her stunning style, which she attributes to her mother. "She just has a wonderful style," Templin explains, "She can throw something on and look glamorous and effortless all at once. I borrow a lot of vintage pieces from her closet and mix them with modern items." Templin also finds inspiration through the Kardashian sisters. "They aren't afraid to experiment with color and bold pieces. If only they could make as good of life choices as they do outfit choices," she says with a laugh. It is because of Madison that I decided to start this shout out. I just want to give credit where credit is needed. Madison's always looks amazing and is such an inspiration. Keep it up girl!



No matter how you decide to battle the cold, remember you can remain chic and sexy without reverting back to your summer wardrobe. Try out these tips and you won't only be fashionable but you'll be warm as well! Don't let yourself be the shivering girl at the party! Keep it classy ladies and cover up!

Best-selling books don't make for Hollywood blockbusters

By Kaitlyn Aiello
Staff Writer

According to Amazon.com, customers rated Stephanie Meyers' popular book "Twilight" with 4 stars, while the movie received 3.5. The same goes for Nicholas Sparks' "Dear John" and also "My Sister's Keeper" by Jody Picoult.

While it is impossible to take every detail from a 500-page book and create a two hour-long film, producers are missing the bigger picture. Endings are altered, characters and details are changed and the storylines we all have grown to love suddenly no longer seem to fit.

In-depth descriptions of characters are typically what make us fall in love with them, but we are oftentimes disappointed when the movie cannot meet our expectations. There is a big difference between the precision of a book and that of a movie.

Take the first "Twilight" movie for example, the au-

thor repeatedly recounts Bella cooking dinner for her father, but in the movie it is changed to them eating at the local diner. While this may seem like a small change, it is during these home cooked meals that readers are able to learn more about the characters.

A more extreme storyline change would be in the last "Harry Potter" film when the death of one character Peter Pettigrew ultimately never happens.

In 2011, the films "Water For Elephants," "The Help," "Breaking Dawn," "The Girl With the Dragon Tattoo," and "Harry Potter and the Deathly Hallows" were released. All having only thing in common - they were written and respected, first, as popular novels. Which comes as no surprise since in children's books alone, there have been close to 25

turned into movies in the past year.

As for what we can expect for the upcoming New Year, we already have an idea. New Year's Eve is in theaters now and although it was not a book first, the trailers before the opening credits seem all too familiar. As a majority have been released already, in two different formats, hardcover and paperback. Perhaps the film industry is lacking in original ideas and turning to novels as a quick fix to their creative block.

Keep your eyes out for the latest books turned into movies as 2012 opens, starting with "The Hunger Games" written by Suzanne Collins and "The Lucky One," a love-story by Nicholas Sparks.



Photo from nicholassparks.com/movies

Organizations



Hanging out! Phi Mu Rebecca Christel rides along with her sisters during the sorority parade on Sunday (Top page 1).

Big hug! Sarah Martin welcomes a new pledge into the Kappa Delta sorority on bid day with open arms (left).

Holding hands! New pledges race across the floor in Slane gym on Sunday (right).

Vroom, vroom! Bid day includes a parade through campus, as girls from Sigma Sigma Sigma drive in the bid day parade (below).



Ahh! Emotions are high on bid day, especially for the new pledges (right).

Smiles all around! New pledges of the Alpha Gamma Delta sorority pause for a group picture (below).



HPU greek family expands with new director, sorority and sisters

By Erica Allaby
Staff Writer

On Saturday, Jan. 21, one may have noticed an abundance of new girls representing their new memberships into Greek organizations at High Point University. Five of the sororities here at HPU welcomed new female members to the Greek community. The rushing class boasted 404 freshman and sophomore girls who registered for the 2012 Spring PanHellenic Recruitment which took place during the week of Jan. 16.

"Last year we had around 330 girls going through recruitment, but this the biggest recruitment at HPU yet", said Mary Slattery, the current PanHellenic President of Recruitment.

The five established and one colonizing sororities have been preparing for rush week over the past four months. "It's stressful, but we're all in it together," said Slattery. "The Executive Council is amazing."

The council is made up of one member from each sorority, all working for the common goal of HPU Greek Life success.

Alpha Chi Omega is going through its colonization process this semester. Their bid day ceremony will take place on Friday, Jan. 27. All of the new and current members of each sorority plan

to attend and congratulate the new addition to the Greek family.

"I give all the credit to the students," said Gail Tuttle, vice president of the Office of Student Life. "The PanHellenic Executive Council has done a phenomenal job as leaders."

According to Tuttle, the Greek community at HPU has had large growth along with the tremendous student expansion throughout the past few years.

"Each year, recruitment gets stronger," said Tuttle.

The Office of Student Life has recently had the opportunity to take on a new faculty position just for this reason. Teri Cugliari has taken on the role of the new Director of Greek Life.

"I feel confident in my role at the University," said Cugliari.

Cugliari had just finished a week of recruitment at Washington and Lee University in Virginia and came straight into two hectic weeks in the month of January. She directed PanHellenic Recruitment at HPU, and will do the same during the week of Jan. 23 as Inter-Fraternity Council Recruitment takes place.

Throughout PanHellenic Recruitment week, each sorority hosted over 25 parties. Each group of ladies had the chance to shine and show off all of their hard work.

"That's the power of being a strong Greek woman," said Tuttle. "You have the opportunity to learn more about yourself as a leader."

New CAT calendar, more activities

By Chelsie Gastright
Staff Writer

Many students are aware of the Campus Activities Team, CAT, and how each semester it sends out a calendar laying out every activity offered by High Point University. However, not many students understand the hard work that is done behind the scenes to make these events possible. This month, two big events are being sponsored by CAT, one of which is a campus-wide favorite and the other is a new experience for all involved.

On Jan. 25, CAT is taking the first 100 students to sign up at the Campus Concierge desk ice skating. One thing that makes the ice skating experience authentic is being able to skate on an outdoor rink. Thanks to the WFMY News 2 Piedmont Winterfest in downtown Greensboro, students from HPU and all around the Piedmont Triad can have that experience.

"A lot of the student population is from up North, and it's something that is really prevalent amongst students here. We take 100 students each time we go ice skating and every time it fills up," said Maghon Walker, coordinator of student programming at HPU.

The ice skating event starts at 8 p.m. tonight. HPU Students will get the rink to themselves for an hour and a half. "I'm from Maryland and I used to go skating a lot at home. I kind of grew up with it, and it was nice to have an experience from home available at HPU," said Alex Ortowski, HPU freshman.

Ortowski enjoyed the trip so much that she actually went on to take the ice skating PE class now offered through HPU this spring.

Along with ice-skating, CAT has also planned its first video game tournament for Jan. 27.

After speaking with a company that specializes in video game tournaments, Walker has put together a gamer's dream. On the bottom floor of the University Center behind the escalators will be three very large inflatable screens that allow two players simultaneously per screen.

While the game choice for the tournament has not been revealed, several options have been discussed. Games like World of Warcraft, Call of Duty, and Halo are just three of the possibilities. In the end, it will more than likely be based off arcade game popularity.

As the video game tournament is taking place, the Point arcade will remain open for regular business hours and there will

be a ping-pong competition.

"We are hoping to attract a different crowd that usually comes to these events. The people that are going ice skating may not be the same people that come to this tournament," said Walker.

A time has not been designated for the tournament yet, but more details are going to be released as the date gets closer, including the game selection, Walker says.

CAT tries to plan activities that students are most likely to attend. In addition to ice skating, the most popular events include trips to midnight showings of movies, such as Harry Potter and Twilight.

For more information about CAT, the HPU Cinema, and the Point Arcade, you can find Facebook and Twitter accounts. The Point arcade does not have a twitter, but they are on Facebook.



Leni Fregakis and Sam Vogel participated in the 2011 ice skating trip to Greensboro. Photo courtesy of CAT.



HIGH POINT UNIVERSITY JANUARY

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

1 New Year's Day

Order your textbooks online today!
As we continue to enhance your HPU Barnes & Noble bookstore, all book orders are now made exclusively on your bookstore website.

All online orders will be delivered to the Campus Store for customer pickup. Order by noon to receive same day pickup.

highpoint.bncollege.com

HIGH POINT UNIVERSITY DINNER CLUB

The HPU Dinner Club is a multi-disciplinary presentation series sponsored by the Office of Academic Affairs and Student Life. Students will have the opportunity to have dinner with fellow classmates while listening to dynamic speakers on topics such as healthy living, computer literacy, leadership development, music and more.

All presentations will be led by a faculty member or administrator in a casual setting. Freshmen will choose two required dinner sessions according to their topic of interest through an easy online reservation system.

For Reservations visit DinnerClub.highpoint.edu

Look for this icon throughout the calendar.

8

ADMIT ONE

Need tickets to an IDS EVENT?
Stop by any of the Campus Concierge locations.

9

MONDAY MOVIE
EXTRAORDINAIRE CINEMA
8PM & 11PM

Late Registration Day
Classes Begin

10

get involved

Activines Fair
Stone Student Center
4PM-7PM

11

Welcome Back Party
University Center
8PM

12 BLACK OUT
Men vs Winthrop 7PM

SGA Meeting
Phillips Lecture Hall
7PM

HPU presents
Malcolm Gladwell and Nido Qubein
10pm
UNC-TV

13

CAT GOES TO MONSTER JAM!

14

Women vs Campbell 4PM
Men vs UNC Asheville 7PM

CATFLIX
EXTRAORDINAIRE CINEMA
10PM

15

follow us @HPUCINEMA on **twitter**

Get information about what's playing and streaming.

16

IDS Event
Rev. Martin Luther King Jr. Service
Rev. Tyrone Gordon
11AM - Hayworth Chapel

MONDAY MOVIE
EXTRAORDINAIRE CINEMA
8PM & 11PM

Martin Luther King Day
No Classes

17

last day to add a course
last day to drop without record

11AM-4PM BLOOD DRIVE
Stone Gym

18

WEDNESDAY NIGHT LIVE
Open Mic Night
8PM

19

Culture & Cuisine Series
Sign up at the Campus Concierge

20

IDS Event - Greensboro Symphony - 7:30 PM
Hayworth Fine Arts Center, Foyline Theatre

CAT TRIVIA NIGHT!
8PM

21

Women vs Coastal Carolina 4PM
Men vs Liberty 7PM

CATFLIX
EXTRAORDINAIRE CINEMA
10PM

22

23

Wilson Commerce Ballroom - 6PM
Women vs Charleston Southern 7PM

MONDAY MOVIE
EXTRAORDINAIRE CINEMA
8PM & 11PM

24

Wilson Commerce Ballroom - 6PM

25

CAT GOES ICE SKATING
8PM

26

SGA Meeting
Phillips Lecture Hall
7PM

27

IDS Event
HPU Faculty Recital - 7:30PM
Hayworth Fine Arts Center, Foyline Theatre

CAT ARCADE TOURNAMENT

Wilson Commerce Ballroom - 6PM

28

CATFLIX
EXTRAORDINAIRE CINEMA
10PM

road trip
Men at Winthrop 4PM

Sign up at the Campus Concierge!

29

Wilson Commerce Ballroom - 6PM

30

MONDAY MOVIE
EXTRAORDINAIRE CINEMA
8PM & 11PM

31

Wilson Commerce Ballroom - 6PM

FACULTY LITERARY SERIES

Malcolm Gladwell and Nido Qubein
January 12 at 10PM on UNC-TV

Located in The Extraordinaire Cinema

HIGH POINT UNIVERSITY PRESENTS MALCOLM GLADWELL & NIDO QUBEIN
January 12 at 10PM on UNC-TV

Recorded live as part of HPU's Cultural Enrichment Series, President Nido Qubein and Malcolm Gladwell trade insights on the trends shaping our world. Qubein and Gladwell, the best-selling author of *The Tipping Point*, *Blink* and *Outliers: The Story of Success*, cover everything from Steve Jobs to the global market place.

January 17
HPU REC
Captain's Meeting
Congdon 127
Basketball - 5PM
Racquetball - 6PM

CULTURAL ENRICHMENT SERIES

16 Rev. Martin Luther King Jr. Service
11AM - Hayworth Chapel

20 Greensboro Symphony
7:30PM - Hayworth Fine Arts Center, Foyline Theatre

27 Faculty Recital
7:30PM - Hayworth Fine Arts Center, Foyline Theatre

Sports

Barbour closes in on history, Panthers struggle in Big South

By Nolan Stout
Staff Writer

Sometimes things just don't work out as planned.

Although the High Point Panthers Men's basketball team has

more wins than they did at this point last season (7-12, 3-6), they have lost three straight and four of the last five and the Panthers are just not performing as well as Coach Scott Cherry thinks they should be.

"We're not where we want to be but we're making progress," Cherry said. "We could easily be 6-3 or 5-4 in the conference."

Of their 12 losses, seven have been by fewer than ten points and of those seven, two have been in conference play.

While Cherry prefers to look at what the team could be, senior Nick Barbour prefers to look on the bright side of things.

"I really think these games will help us down the line at the conference tournament," Barbour said. "When those close game situations arrive during the tournament, we will know what to do."

Among the difficulties of the season, Barbour's individual statistics are shining brightly. He leads the Big South with an average of 20.2 points per game.

Barbour currently has 1,891 career

points. He recently moved to number four on the all time scoring list at High Point and that is also second on the scoring list since the University became a Division I school. Barbour is also in the top 10 on the Big South's all time scoring list.

Barbour is now No. 3 on HPU's list,

passing Brett Speight's 1,877 points with a 33-point effort versus Liberty, but still behind Arizona Reid's 2,069 points, and all-time scoring leader Gene Little's 2,398 points.

Scoring 20.2 points per game, Barbour going to finish at least third, but perhaps second all-time in HPU's history books.

The humble Barbour is not fazed by the accomplishments he has made over his four years at HPU. When asked, his answer focused on winning.

"If you start about stuff like that, you can't play the game," Barbour said.

With five games in the last ten days, the Panthers have not been able to get a break to better themselves with practice time.

But the schedule ahead should open up with more time for practice, and for the Panthers to pick up their pace.

And hopefully go on a run to make Barbour's last year at HPU a memorable one.



Senior Nick Barbour is closing in on the Division I scoring record at HPU. Photo by Jeremy Hopkins.

Panther coach inducted into high school's Hall of Fame

By Patrick Budd
Sports Editor

High Point University baseball head coach Craig Cozart enjoys talking about his prep-school playing days in Orlando, Fla. at The Master's Academy, and striking out guys like Mike Lowell while pitching in college.

So when his alma mater was looking for candidates to induct into its inaugural Hall of Fame class, his unprecedented resume as a player seemed to be a no-brainer.

"My time at the Master's Academy was a big part to who I am today," Cozart said. "My parents made unbelievable sacrifices for me to attend school there."

On January 9, 2012 Cozart was inducted to TMA's Hall of Fame for his outstanding performance as a pitcher. During his time

there, he compiled an overall ERA of 1.25 and struck out 396. He threw a complete game as a freshman, and earned four all-conference awards.

Cozart says that his induction was a tribute to his parents. His dad was the head coach of his team.

"It's very humbling, the amount of respect that TMA has given me has been unbelievable," Cozart said. "I thank everyone that gave me this opportunity."

Cozart, who decided to forgo a career in the majors after being drafted twice, dedicated his career to coaching.

He spent 12 years as an assistant coach at University of Central Florida before coming to HPU in 2008.

Cozart has coached 40 players that have earned MLB contracts.



Head Coach Craig Cozart was recently inducted into his high school's Hall of Fame. Photo courtesy of HPU Sports Information.

Women's basketball travels to Bahamas, sits a top Big South

By Shawntay Henry
Staff Writer

The High Point University women's basketball team left North Carolina's 40-degree weather on Saturday, December 17 and headed south to the beautiful, sunny island of Nassau, Bahamas.

Although the team had built up a lot of excitement prior to its departure, first year head coach Jennifer Hoover expressed to them that this was a business trip and not a pleasure trip.

The warm island breeze, the sandy beaches, and the flourishing palm trees, all happened to be minor distractions for the Panthers.

However, after a little fun in the sun on the beach, the team's fun came to a screeching halt after its first day in Nassau.

The Panthers started the tournament with positive energy, but it wasn't good enough to match the intensity of Georgia State and Central Arkansas, losing 79-68 and 69-58.

"Bahamas was a great learning experience for the team," said junior captain Erin Reynolds. "We were able to learn about ourselves as a team and as individuals." According to Reynolds, the team failed to make the transition from fun mode to seri-

ous mode.

"The intensity level on defense was not there, and these were two games that had to be played very well in order to get the win," said Hoover.

In addition, Shamia Brown said the team's performance in the Bahamas was a big motivation for performing better when they came back home to the Millis Center.

The team now sits atop the conference winning the first five games of Big South play.

Hoover is excited about the team's record, but knows the team is targeted and its competition will only get tougher from this



Freshman Hallie Gunnoe from Hinton, W. Va. has been a key reserve for the Panthers this season providing a spark off the bench. Photo by Jeremy Hopkins.

point on. She notices that her players are valuing hard work, and they appreciate the push they receive from their coaches - even if that means long conditioning hours.

Hoover hears and sees the motivation and passion in these young women from their locker room conversations about drills and plays to their sisterly bickering every once in a while.

"This is just the beginning," Hoover said.

HPU students gear up for Super Bowl XLVI

By Brian Brennan
Staff Writer

The Super Bowl has become one of the most exciting days in America.

Last year over 162 million people worldwide watched the game. This year's viewership should be similar when the New England Patriots play the New York Giants on Feb. 5.

Whether you like football or not, usually Super Bowl plans are for everyone. In recent years High Point University has hosted a Super Bowl Party for students. The Millis Center had been the venue of choice for the event, but that has changed for this year.

Campus Activities Team has reserved the University Center for this year's big game. The game will be featured on a huge inflatable screen. There will be a nacho bar and students will receive free stadium cups.

Some HPU Students have different plans for watching the game.

Junior Pat Stein is a passionate sports fan whose birthday (February 6th) just so happens to be the day following the Super Bowl. Stein tried to host a private party for his friends to watch the game, but was unsuccessful in his attempts.

"Since my birthday is the day after the Super Bowl, I tried to get access to the Extraordinaire Cinema and have a private party with my friends in there to watch the game but I think CAT beat me to reserving the theater," said Stein.

HPU sophomore Jeff Gilley, a passionate Baltimore Ravens fan, said that when he's home his parents usually "throw a party for family and friends."

Gilley says his favorite part of the Super Bowl is watching the commercials.

Sophomore Ethan Winter said his plans for the Super Bowl consist of "decking himself out in Patriots gear, and going to one of the campus sponsored parties."

Winter says his plans at home were much like those that other students at HPU traditionally do.

"We usually went over to a neighbor's or friend's house," said Winter. "Occasionally we would invite some friends over to our house and make nachos, quesadillas, and other snacks."

Whether your team is involved in the playoffs still, eliminated a long time ago, or you're just watching for the commercials, the Super Bowl seems to be a big hit on campus. Arguably the biggest and most exciting day in America is fast approaching. Get ready!



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The Best Super Bowl Commercials

CAMPUS CHRONICLE

HIGH POINT UNIVERSITY

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Baseball Preview

Rutgers professor to speak on using digital technology in education

By Chelsie Gastright
Staff Writer

In a world driven by social media, keeping friends and family up-to-date on everything happening is simpler than ever. If you take a photo with your iPhone during a concert, you can open up the Facebook app and post the photo in less than thirty seconds. With the ability to tell people where you are, whom you are with, and what you are doing at the click of the button, concerns of privacy have never been more prevalent. So when does posting about your new cat and what you had for dinner last night become too much for social media?

On Feb. 9, Dr. Richard Miller, a Rutgers University English professor, will be coming to High Point University to answer that question and many more regarding the growing age of technology and privacy.

"I've spent the last thirty years thinking about education and efforts to improve the quality of teaching," said Miller. "Watching my kids move from kindergarten forward, I have seen first-hand how technology is changing virtually every aspect of their lives."

In the past five years, however, Miller has been focusing primarily on how the experience of college is changed and transformed by the easy access to the Internet. He calls this "learning in public" because of the lack of privacy in today's world.

"I am focusing on how activities that were once considered private, including learning, are now subject to being made public at the push of a button. Think of viral videos of professors blowing their stacks in class, or even students posting pictures to Tumblr of their weekend activities."

Miller also wants to stress that using the Internet does have its consequences. Just like getting a tattoo on your skin, everything you do on the Internet is recorded to the archives and this is what Miller calls a "digital tattoo."

Dr. Bill Carpenter, associate professor and director of the first year writing department at HPU, also talked about the idea of this

"digital tattoo."

"Just because you delete a photo off of Facebook or Twitter doesn't mean it's really gone. Someone, prior to removing it, could have downloaded it to his or her computer. There really is no honest way to know if it's gone."

Carpenter also hopes that students understand that Miller will make this presentation and discussion enjoyable and relatable for the college-aged audience.

However, not just scholars have a view on today's technology and growing use of the Internet. Students are some of the most avid users of the Internet and all its social media options. Being able to utilize technology in a way that helps students learn is key in keeping students engaged.

"I think that the technology usage at HPU is more beneficial than harmful," said sophomore Connor Bullard. "It has made many tasks, including homework, grading, and organizing much simpler."

Bullard also mentions that online privacy should fall back on the user, because if you share it on Facebook or Twitter, it will not just be you seeing what you posted.

"Privacy on the Internet rests in what the user is willing to allow be made public. If you give information, expect it to be known by anyone with access to the Internet."

However, sometimes things are beyond our control. With iPhones, video cameras, and webcams, being able to record even the more private aspects of our lives can be posted to the Internet, and sometimes without us knowing.

Understanding the dangers of this growing technology is necessary for college students. It is also important to learn how to properly utilize the Internet, making it something that benefits your education instead of hinders it.

"While there are endless provisions to establish a sense of privacy on the Internet, the truth is that anything that appears on your screen can be captured and reposted," said Miller. "I also know that our institutions are founded on the premise that information is scarce, and now it is not."



'Sweetmates': love, marriage, and classes on top?

By Katie Harmon
Staff Writer

Mary Beth Jones is a junior at High Point University. She is majoring in graphic design, and works part time at a local embroidery shop. Like any other 21-year-old college student, she goes to class, does homework, has lunch with friends, and watches reality TV.

But Mary Beth is no ordinary college student. At the end of the day, most college students go back to their dorms and roommates. Mary Beth goes home to her husband.

There was once a time when an unmarried woman of Mary Beth's age would have been considered an old maid. That time has long past.

According to the U.S. Census Bureau, the average age for women at their first marriage in 2003 was 25. Since then, the estimated average has reached the age of 30. Women are waiting longer and longer to marry and start a family, choosing instead to focus on their education and careers.

So what's up with the Joneses? Why get married now?

Mary Beth first met her husband, Daniel, at their church in Thomasville, N.C. when she was a junior in high school. They dated for three years before he popped the question.

"We really just didn't want to wait,"

Mary Beth explains, "We were ready to start our lives together."

"I knew that Mary Beth was the one for me," her husband, Daniel, adds, "We knew we were going to get married."

The Joneses are not alone. Chris and Jessie Meriwether, from Asheville, N.C., were married two years ago, when Jessie was only a sophomore, and Chris a junior, at High Point University. They too, met in high school when Jessie was sixteen and Chris was seventeen, and dated for three years before he popped the question and they became engaged.

"We've only been married for 2 years," says Jessie, "and already I can't imagine what it would be like to not be married to Chris."

Both couples agree that marriage was the best choice for them. "I get to go through the rest of my life with the person I love and care for most in the world," Chris says of his wife, "I have a companion who I share my entire life with. Life is unimaginably sweeter with her."

Jessie and Chris Meriwether have been happily married for years and look forward to spending their college years and beyond together. Photo courtesy of Jessie Meriwether.



But marrying young is, by no means, a walk in the park.

On her blog, *The Young and the Married*, Jessie chronicles the ups and downs of being married young.

Her memoirs range from impromptu trips and birthday celebrations to the struggles of bargain hunting and crafting.

"The worst part [about being married in college] is probably being poor," Jessie states, "Not that I would have been much richer without getting married, but there are times when I wish we had a nicer apartment, or could go out to eat more often, but I know that I would much rather have Chris than the money."

Because HPU doesn't offer housing for married couples, they live off campus. Currently, the Joneses live in an apartment built over an office building.

"At first, we thought it was unfair to not offer married housing," Mary Beth explains, "But after looking into it and finding an apartment at a great deal, we came to terms with it pretty fast. We enjoy having our personal lives separate from school."

The Meriwethers and the Jones know that money is tight for most newlyweds, and that is not a modern problem. However, these two couples face a problem that did not exist a few decades ago. In the 1970s the average age for marriage was 21. Everyone was getting married young.

Though the couples' friends and families were mostly supportive, there were also those who did not understand. "You can hear the doubts in the raised eyebrows and questioning looks," Jessie explains a little sadly, "It's definitely not the first thing I tell people about myself - they always freak out a little when they find out."

Chris agrees, "The worst part about being married in college was that my peers could no longer relate to me as well." This is understandable. The marrying age for men has always **See Sweetmates, page 5**

900 families flock to HPU for Winter Family Weekend

By Olivia French
Staff Writer

This past weekend, over 900 families traveled from near and far to HPU for this semester's Family Weekend. Though the weather was dreary, families did not let it put a damper on what turned out to be a good weekend for parents and students alike.

Many activities were available for families to participate in. Family Bingo was held in the Slane gym Friday night, with prizes ranging from Krispy Kreme Donuts and a case of Cheerwine to a Kindle Touch and an Amazon.com gift card.



Juggling Act: Sean Emery performs on Saturday night in Hayworth Fine Arts Center. Photo by Allie Deario.

Several HPU professors provided lectures for parents, allowing them an inside look on classes and views on various contemporary topics.

Performances held in the Hayworth Fine Arts Center, such as a choral concert featuring the three HPU choirs directed by Dr. Marc Ashley Foster and a special performance by the comedic juggler Sean Emery, also kept families busy and entertained as they caught up with their students and explored the campus.

North Carolina Dance Theater made a special performance at HPU, dazzling parents with its unique show.

Families also attended a double header of the men's and women's basketball teams, cheering on the Panthers as they played their hardest, resulting in the first loss for the women and a victory for the men's team.

Many clubs and activities on campus, including sororities and fraternities, also held their own small events for families of current students.

Parents and siblings had the opportunity to enjoy many of HPU's amenities, including several showings of movies in the *Extraordinary*. **See Family, page 4**

Opinion

Oscar season is in full swing

By Chelsie Merone
Opinion Editor

With the 84th Academy Awards just around the corner, critics and movie go-ers have been buzzing about the competition.

Not only has this year been jam packed with great films, but they have showcased great actors and actresses as well. We've seen novel adaptations, historical references, original plot lines, and some amazing creative direction.

This year's Oscars is going to be nothing short of amazing, and to get ready for it, I have decided to see what critics are predicting. Here are a few of the categories, and possible winners.



Best Motion Picture of the Year

My pick: War Horse
Critics say: The Decendants

Best Actor in a Leading Role

My pick: Jean Dujardin
Critics say: George Clooney

Best Supporting Actor

My pick: Christopher Plummer
Critics say: Christopher Plummer

Best Screenplay

My pick: Bridesmaids
Critics say: Midnight in Paris

Best Cinematography

My pick: War Horse
Critics say: The Artist

Best Director

My pick: Michel Hazanavicius
Critics say: Michel Hazanavicius

Best Actress in a Leading Role

My pick: Viola Davis
Critics say: Viola Davis

Best Supporting Actress

My pick: Octavia Spencer
Critics say: Octavia Spencer

Best Adapted Screenplay

My pick: Moneyball
Critics say: The Descendants

Wanted: Real men (boys need not apply)

By Chelsie Merone
Opinion Editor

“Whatever happened to chivalry? Does it only exist in 80’s movies? I want John Cusack holding a boombox outside my window. I wanna ride off on a lawnmower with Patrick Dempsey. I want Jake from Sixteen Candles waiting outside the church for me. I want Judd Nelson thrusting his fist into the air because he knows he got me. Just once I want my life to be like an 80’s movie, preferably one with a really awesome musical number for no apparent reason.”

For those of you who don’t know, this quote is from Easy A, a hilarious movie starring Emma Stone that I suggest everyone pick up immediately and watch. But recommendation aside, your probably wondering why I am quoting this – well here it goes.

As a 22-year-old female who is about to head out into the real world, I am hoping that the media hasn’t completely ruined my chances of finding “Mr. Right.” But as so many college-aged women have come to discover, finding the perfect guy is like finding a unicorn; and we’re starting to lose faith.

It’s rare today to see someone do something out-of-the-blue and romantic for someone they care about. Why? Because in today’s society they would be called a pansy, whipped, or other less politically correct terms. Of course there are the brave souls that defy this standard; and most of them are immortalized on YouTube or other media outlets; but what about the everyday guy? The average 20-something guy you find anywhere in America. Why is it not okay for him to take a step back from his “super-but” persona and do something nice for a girl? Social pressure, that’s why.

I’m not just talking about pressure from friends; I’m talking about the expectations set forth by the media. This idea of being ostracized by your fellow man for doing something that

may not be in your Bro-Bible is promoted by the very same media empire that idolizes these types of chivalrous acts. Confused? Yes, I am too – so are most women.

It’s no secret that in recent years there has been a shift in how the media portrays men and women. I know, I know, this topic has been beaten to death by activists, scholars and so on; but apparently society isn’t getting the message.

Just because a guy acts like a jerk in the movie and gets the girl, doesn’t mean it will happen that way in real life. Movies are written, and therefore, artificially formulated – get it through your heads people, movies are NOT real life! Stop trying to act out your favorite scenes in hopes of getting the same outcome.

This may seem like a feminist rant, but I think of it more as a textual slap in the face for both women and men. Girls, stop lowering your standards; stop thinking you can change every guy you date; and please stop acting like you aren’t worth the extra effort.

Guys, my advice to you (if you choose to listen) is cut the crap. We all get it, you want to be a man’s man, and that’s fine; but you should take a second to think about how with every sleazy action or superficial comment you are giving the rest of your gender a bad name.

For all of you “White Collar” fans out there, take a few pages from Neal Caffrey’s book. Not only does he dress, talk, and act like a textbook definition of Mr. Right (minus the criminal record), but he also spends a majority of the first few seasons searching for the girl he loves, no matter what the cost. Okay, that may be a little extreme, but it’s a good start.

Bottom line: stop treating your girl like a bro. Open her car door, pay for her meal, don’t play mind-games, and please, please don’t ever use bitch, slut, girl, etc., as a term of endearment (we have names, use them). You do this, and I promise it will pay off in the long run. We may think we want the “bad boy” now, but like the stereotype says, “you can’t take him home to mom.”



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Gov’t acts hurt rather than help online users

By Christian Bettendorf
Staff Writer

So, thankfully, it looks as if the SOPA and PIPA are about to encounter a big roadblock on their way to becoming laws – a roadblock more commonly known as the White House.

President Obama and company have said that as much as they love the idea of giving the copyright owners a few more tools to punch piracy in the face, he would rather have as much freedom of communication and information as possible.

For those not in the know, SOPA and PIPA refer to the Stop Online Piracy Act and the Protect Internet Protocol Act being nudged through Congress’ inner sanctum of legislation.

They are a pair of bills that, in short, are vaguely written and causing a stir on the Internet. The stated intent is to help give copyright holders the ability to combat piracy online by targeting websites dedicated to such wanton theft of intellectual property, and blocking them entirely from access.

And to be fair, they deserve it.

The Internet does make it a difficult task to keep your good name from being passed around like a plate of free entertainment. And piracy has a decidedly harsh effect on the revenue generated for various content like music, movies, and video games.

But there is a severe downside to this, like crippling the In-

ternet, and in turn, hurting the entertainment industry even more than piracy does.

You see, the Internet has a habit of making things that typically wouldn’t be popular, well, popular. I couldn’t begin to count the number of games that have risen to stardom due to the Internet’s massive set of connections.

YouTube has turned filmmakers, bands and video designers into minor celebrities. And of course deviantART has provided writers and artists with the crucial audiences needed to sell their work.

I can imagine this is not a bill Congress was eager to put through. The biggest benefactors are the already established companies who want to put a choke hold on who can view their content (people who pay them for it).

But people are lobbying for it, and unfortunately, they have some deep pockets and stubborn representatives. They aren’t giving up, as shown by the latest attempt to tack pieces of these two bills on the tail ends of other legislation.

As consumers, the best we can hope to do is raise awareness of this ridiculous attempt to censor online content. It’s important to remember that the Internet is really, really big; and trying to do so is something of a lost cause. Pirates will find a way to get around the law.

The better plan is to provide a much better service than the Pirates, and draw away the incentive of getting content free.

The best of Super Bowl commercials 2012

By Caroline Weller
Staff Writer

Football is unarguably one of America's most notable pastimes. People all over the country tuned in on Sunday to watch the Patriots and Giants battle it out for the prestigious win at the Super Bowl (Congratulations Giants!). However, there are some of you out there, myself included, that really only watch the Super Bowl for one thing - the commercials.

The Super Bowl is a prime time for advertisers to spread word of their newest products and promotions because so many people are watching. I spoke with High Point University's own Professor Richard Hargrove to gain some insight on marketing during the big game. He shared, "[The Super Bowl is] the one instance in television viewing where the advertisements are just as important as the game to some people."

Professor Hargrove also explained which companies are looking to market during the expensive timeslots. During the game, typically beer and cars are the major products being promoted. However, certain businesses can benefit according to what cultural

and socioeconomic factors are prominent at the time. For instance, more employment agencies have advertised during the Super Bowl in the past few years. Hargrove states, "Obviously in a down economy when people are looking for jobs, that can apply to anyone who's watching."

I'd say a major factor that differentiates Super Bowl ads from regular old commercials is that the majority of them are hilarious. But why do companies make the ads so funny? Hargrove answers, "It wouldn't make a lot of sense for Bud-

weiser to come on and start telling you about their ingredients and what a good deal you could get. What they want to do is make you laugh because if it's a low-involvement product, then it's better to get you involved in enjoying the ad and that will rub off on the brand. The idea is to get you in a happy mood, have a good feeling about the ad, and that will transfer into a good feeling about the brand."



Now that we understand some of the background information regarding Super Bowl ads, I'll share with you my top favor-

ite commercials from the 2012 Super Bowl.

1. Audi Vampire Party- The moment I saw the fangs, I was not thrilled. I figured, "Oh great... another Twilight spoof." But when the driver parked his car and the vampires began to be annihilated by the headlights, it felt good. Perhaps my pleasure was due to the resentment of being bombarded with images of the Cullen clan for the past several years. Finally, real vampires that don't merely glitter in the light: they explode.

2. E-Trade Fatherhood- E-Trade gets me every year. They have found a goldmine in their hilarious talking baby. I don't know if it's the dorky voice they sync to it, or the overly dramatic gestures they somehow manage to make the baby do, but E-Trade will forever be a winner in my book. The other kid hanging out in the maternity ward trying to "speed date" from crib to crib may or may not have been my favorite part of the entire Super Bowl.

3. Skechers-Mr. Quigley Dog Race- Normally dogs wearing people clothes freak me out, but I guess I can make an exception for dogs wearing



shoes because Mr. Quigley was rocking those kicks. The little guy came out of nowhere mid-race to take first place, even leaving enough time to moonwalk backwards through the finish line. I guess I've always had a heart for the under dogs. Pun intended.

4. Doritos Baby Slingshot- I think I like this ad so much because of the justice that is served to the older sibling who is taunting the poor baby and grandmother. What an exemplary act of teamwork when Granny launches the baby via slingshot right into the tree house to retrieve the coveted Doritos. Just remind me to never let Grandma babysit again.

5. Chevy Camaro Graduation- Sometimes we all see what we want to see. But it's really unfortunate when you're seeing a brand new Camaro convertible instead of that lame mini-fridge your parents got you. But hey, have fun with your pints of Ben and Jerry's and somewhat refrigerated sodas. It's almost the same.

Overall, Professor Hargrove says, "It's the conversation after the Super Bowl, not the ad itself. If people are talking about your product, what could be better?"



Love is in the air & on the doors

Decorate your door today & enter to win prize money on your HPU Passport!

Prizes:

- First Place: \$70 on your HPU Passport
- Second Place: \$50 on your HPU Passport
- Third Place: \$30 on your HPU Passport
- PLUS! A \$250 donation will be made to the High Point Regional Heart Center in the winners names!

Requirements:

- one door per entry form
- must fill out an entry form at the Campus Concierge
- all doors will be photographed then judged
- winning decorations and decorators will be featured in the February 22 issue of the Campus Chronicle

Entry Deadline:

February 14



Slow motion. Sean Emery shared his talents with the families in attendance during his performance on Saturday night in the Hayworth Fine Arts Center. Photo by Allie Dearie.

From Family, page 1 Cinema and dinner at 1924 Prime Steakhouse, and other locations on campus.

On Sunday morning, a family chapel service was held before parents and students said their goodbyes.

Students were very happy to see their families. Freshman Erica Silich said, "Having my family here makes me have a little taste of home without actually being home. It's a very nice experience."

Freshman Connor Bullard, who lives close to High Point said, "Even though I see my mom a lot more than most students, it was nice to see her here."

Parents, siblings, and other family members were wowed by the spectacular campus that students live on every day. Pamela and Ed Lucas, parents of freshman Carly Lucas, said, "Once again, between the beautiful campus, the excellent hospitality, and the feeling of family during Family Weekend, we know our daughter is at the most extraordinary university we could have ever envisioned."



Sing it out! The mens capella group, Tocatatones, performed on Saturday during the choral concerts. Photo by Allie Dearie.



Bingo! Families tried to win prizes on Friday night in the Slane Center. Photo by Allie Dearie.



Joyful noise! All three of the university choirs performed on Saturday afternoon for two concerts. The choirs are directed by Dr. Marc Ashley Foster and accompanied by Mrs. Marcia Dills. Photo by Allie Dearie.

Decision 2012: Republican candidates establish themselves

By Jay Rinaldi
Staff Writer

There are four candidates left in the race for the Republican nomination for the presidential election of 2012. The nominating campaign will end at the Republican National Convention in late August with only one candidate remaining to face the Democratic candidate, incumbent President Barack Obama. The remaining candidates include former senator Rick Santorum, former governor Mitt Romney, Representative Ron Paul, and former Speaker of the House Newt Gingrich.

According to the New York Times, Santorum is an ambitious representative from Pennsylvania who burst onto the national political scene in the early 90s when he won a seat in the House of Representatives from Pennsylvania's 18th district. Santorum then served Pennsylvania in the U.S. Senate from 1995 up until his defeat in the 2006 midterm elections. He is mostly known for his unwavering conservative beliefs; he is anti-gay marriage, anti-abortion, and an advocate of family values. On the economic issues, Santorum has repeatedly brought up the issue of American manufacturing. Recent statistics show that manufacturing in the United States is increasing. However, the United States has lost millions of manufacturing jobs to overseas markets in the last decade. Santorum wants to restore America to a country that makes products within its borders. He proposes to eliminate taxes completely for manufacturers to accomplish this, and cut the corporate tax rate in half. On foreign policy, Santorum sees rogue countries like Iran as being a major threat to United States security. Santorum has gained some attention for his hard-line stance that Iran, by any means necessary, should not be let to acquire nuclear capabilities. This may have been the impetus for President Obama to mention his "nothing's off the table" stance towards Iran in his third State of the Union Address in response.

Mitt Romney, after governing a liberal state like Massachusetts, has been trying to prove his conservative credentials to Republican voters. The first item in Mitt Romney's baggage is his religious affiliation. He is a Mormon, at odds with many Republican's Christian beliefs; this has not been an issue in the primaries, and it is still a question of whether it will materialize as one. Second, Romney was pro-choice when governing Massachusetts but has been pro-life since. His opponents, because of changes in his views like this, have characterized him as a flip-flopper. But if we hold him to his word, here are his stances now.

He is a proponent of the Supreme Court decision in *Citizens United v. Federal Election Commission* that ruled corporations and unions have the constitutional liberty to spend as much independent money as they wish for political purposes. Romney was against the controversial federal government bailout of the American automotive industry enacted by the Obama and Bush Administrations. He

wrongfully claimed that a bailout of the automotive industry would be akin to "kissing it goodbye." General Motors, among the automotive industries to be bailed out, is now the largest automaker in the world.

Among the many things conservatives want to have are stark contrasts to President Obama. One of these oppositions is to health care reform. All Republican candidates are against the health care reform bill passed by the Obama Administration, especially Romney. However, critics of Romney, point to the similar health care legislation Romney passed when he was governor of Massachusetts, which also mandated citizens to purchase private health insurance. On foreign policy, Romney declared that if he were president he would not allow Iran to get a nuclear weapon; he has foreign policy advisors that were also advisors in the Bush Administration, an administration that was influential in cultivating the "Bush Doctrine," informed by a neoconservative ideological view of foreign policy.

Ron Paul, as he has noted himself, is the only political candidate who has been consistently amassing support since the Iowa caucuses. He points to this as reason to stay in the race. On the issues, Paul is a fervent critic of the Federal Reserve. He believes a central banking system like the Reserve to be antithetical to the Constitution and detrimental to an economy. Paul actually is not a Republican, but aligns himself with libertarians. He only declared himself as a Republican to get into the Republican debates, evidence that he uses to expose the two-party bias in American politics. He self-describes his foreign policy outlook as "non-interventionism," which means that the United States should stay out of the internal affairs and conflicts of other nations if it is not directly threatening America's security. Unlike each of his Republican opponents, Paul is against using military action towards Iran, likening it to "another Iraq coming, it's war propaganda going on," Paul said in the Republican debate sponsored by Fox News on December 15th. On economic issues, he believes that

the United States should change its monetary system and resort back to the gold standard, refrain from giving bailouts to corporations and banks as was done in 2008, and let the markets correct improper economic activity; also known as creative destruction. Paul's economic beliefs are informed by Austrian Economics, which, as Slate writer Matthew Yglesias summed up as the belief that "practically every economic policy pursued by the federal government and Federal Reserve is a mistake that distorts markets." In effect, Austrian Economics is a form of economic libertarianism. He left most people confused when he said "we're all Austrians now" in a speech he delivered on the night of the Iowa Caucuses: not many Americans are familiar with Austrian anything.

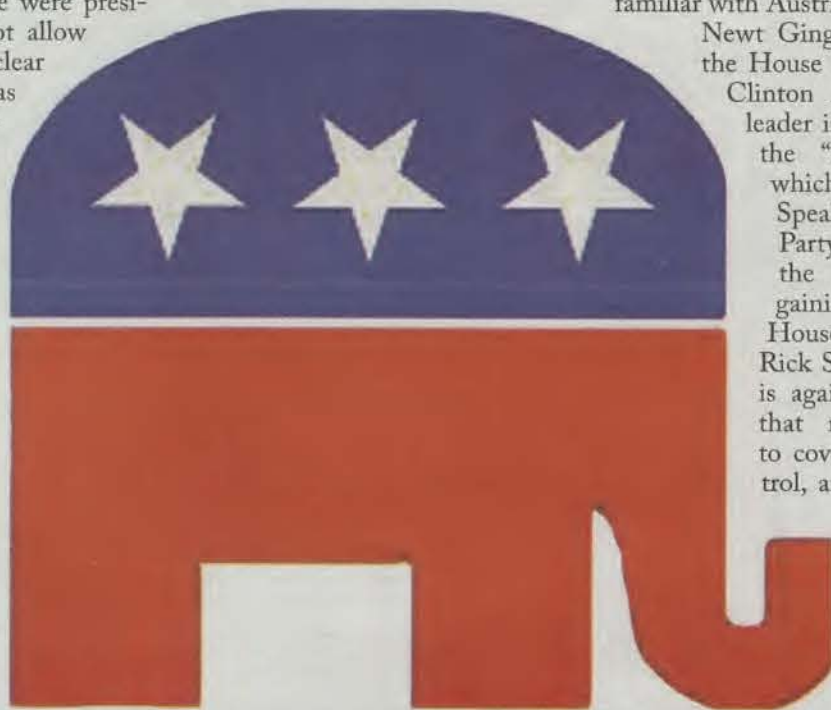
Newt Gingrich was the Speaker of the House for four years during the Clinton Administration. He was leader in what the media termed the "Republican Revolution," which led Gingrich to become Speaker after the Republican Party came out victorious in the 1994 midterm elections, gaining control of both the House and the Senate. Like Rick Santorum, Newt Gingrich is against the federal mandate that requires health insurers to cover the cost of birth control, and even more steadfastly

against requiring religious institutions to prescribe and cover birth control as well. Both Gingrich and Santorum support "personhood" initiatives that would legally

declare fertilized eggs to be persons, according to The New York Times. Romney is also on the record as saying that requiring religious institutions to cover birth control is a "direct attack on religious liberty and would not stand in a Romney presidency."

On the economy, Gingrich would have the capital gains tax eliminated, citing that it would lead to more investment and higher rates of economic growth. On foreign policy, Newt Gingrich is a realist who believes that both the Bush and Obama Administrations have been too weak in its dealings with "rogue" states that have or are trying to acquire nuclear weapons, such as North Korea and Iran.

As of now, Romney has won two primaries, Santorum one (Iowa Caucus), and Gingrich one. In the last primary, Florida, Romney won the state by the greatest point margin yet. Florida is considered to be the most representative of the nation; giving Romney restored credibility as the GOP frontrunner.



A&E

Five Fashion Secrets that will Update Any Wardrobe

By Jordan Breetz
Staff Writer

Want a new look but can't spare the cash because you're saving for that amazing spring break trip? Recycle and renew your wardrobe with these five fashion tips that are sure to take you from drab to fab with items that are already in your closet.

Layer- When layering, be sure to pull out your favorite dress. Pair with a cute cardigan or blazer and add a scarf to complete the look. This look is effortless and perfect to dress up a drab day. It can turn any of the dresses you already own into a more winter/fall appropriate look! It is also the perfect outfit to wear out at night or on a date!

Add a boot- Take your normal everyday outfit and add boots, cowboy boots to be exact. These suckers aren't just for the rodeo anymore but perfect for Rodeo Drive! Embrace your inner southern girl! Cowboy boots can be paired with anything from your favorite tee and skinny jeans to a cute day dress with a cardigan. They can dress up any look without looking like you are trying too hard!

Lazy Day- Turn your normal yoga pants and a t-shirt into a chic but comfortable lazy day look. You can keep the oversized shirt, but instead wear it with leggings, boots and bangles. This is a great blah-day outfit. You will feel comfortable but with these simple accessories and the right makeup, you'll still be fabulous.

Warm day weather- Try cuffing your favorite pair of straight legs or skinny jeans to create a crew cut or Capri style pant. Not only is it extremely easy but also you'll look like you just stepped out of a J. Crew magazine, which is never a bad thing! Pair with a cute blouse, tuck it in, and add a belt and flips. Top it all off with your favorite pair of sunglasses. This preppy chic look will catch people's eye as you walk around campus.

Shorts- Pull out your shorts ladies! If it's a warm day, wear them with a long-sleeved billowy top. This way if there is a breeze, you'll still be covered enough. Even if it is a little chilly outside the shorts will still work! Add a pair of tights and boots and rock those shorts all day long! You'll be ready to go anywhere.

It is tempting to run out and buy a new wardrobe every laundry day but lets face it, we are normal broke college students, not the Kardashian sisters who can afford to buy couture clothes on the daily. While it would be nice to live the celebrity life, next time you are at loss for what to wear, or feel like your look is starting to repeat, think about these quick tips and I promise you will end up looking adorable.



Celebrities everywhere have taken on the trend of adding a pair of tights to shorts in order to take them from a summer to fall look. Photo from myfashioncents.com



Taylor Swift is known for rocking the dress and cowboy boots look! Photo from styleitgirl.blogspot.com

From Sweetmates, page 1

been higher than that of women. Daniel and Chris both admit that they got a little nervous before the wedding. Chris recalls the rare moments when he wondered if he and Jessie were just "stupid kids" rushing into marriage.

"I married when I did because I knew that Jessie was the woman I wanted to spend the rest of my life with," Chris explains, "I knew that I could never find a

woman better than her and I also realized that she helped bring the best out in me. I would have been so stupid not to marry her. Why 'waste' time dating the woman I know I am going to end up marrying?"

As Jessie points out, getting married in college is not for everyone, and what works for one couple may not work for another, but both couples agree that marrying in college was right for them.

As Mary Beth reflects on her wedding day and her decision to marry Daniel, she says with a smile, "my feet weren't even chilly."

Though marriage in college is unconventional, there are those couples that seem to make it work. The Jones's and the Meriwethers are a shining example that sometimes following your heart is the right move to make.



Mary Beth and Daniel Jones. Photo courtesy of Mary Beth Jones.



Jessie and Chris Meriwether. Photo courtesy of Jessie Meriwether.

Top three romantic comedies to watch on Valentines day

By Jodi Guglielmi
A&E Editor

Valentine's day is known for love, and Hollywood is not one to ignore that. If you don't have a date to take out on the special night, or if you and your date just want to spend the night in relaxing, here are the top three romantic comedies to watch on Valentine's Day.

"Love and Other Drugs" -at first this film seems as if it is the classic story of a damsel in distress who needs a prince to come in and save the day. However, in this story, the damsel and the prince both seem to need a bit of saving. Using sex and dirty jokes as the primary form of humor, this movie follows the two lovebirds through their trials that pull them apart but eventually lead them back together. I give this a 5 out of 5 on the laugh scale, and a 4 out of 5 on the heartwarming scale.

"No Strings Attached" - This is a story we've all heard before but finally got turned into a movie. The two characters in this film start having a sexual relationship claiming that it is just sex, without the feelings. But of course like any other romantic comedy they end up falling for each other in the end. The film thrives off of semi-awkward moments and conversations along with truly funny dialect. Part of why it is so funny is because to some degree, everyone can relate to the story line and situations. Also, Ashton Kutcher, the male lead in the film, doesn't always have his shirt on- which is always a plus. I give this a 5 out of 5 on the laugh scale and a 3 out of 5 on the heartwarming scale.



Photo from celebritybirthdaywish.com

"Life As We Know It" - This movie is perfect for you single ladies. You get to laugh and ugly cry, all in one movie! The premise of the film centers on a baby whose parents tragically died. The humor comes in when two people who seemingly hate each other, are left in charge of the child. The trials and tribulations that come along with raising a child are heightened and hilarious in this movie, as the two adults have no idea what they are doing. Naturally, at the end of the film, the two fall in love and end up adopting the baby to parent together. I give this movie a 5 out of 5 on the laugh scale and a 5 out of 5 on the heartwarming scale.

Watch any of these movies and your Valentine's Day is sure to be full of constant laughter and the occasional "aww" at those heartwarming moments. So sit back, relax, and enjoy the day of love!



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Organizations

P.R.I.D.E. adds diversity, open-mindedness to HPU

By Chelsie Gastright
Staff Writer

“I think one of the most important things is that it really doesn't matter what you are, who you are, or what happens, you will not be judged. It is a complete safe zone.”

That is what Gissela Van, High Point University junior, had to say about People Representing Individuality, Diversity, and Equality, otherwise known as P.R.I.D.E., here on campus.

P.R.I.D.E. is what many people would call a Gay Straight Alliance, or a GSA. However, do not be fooled into thinking that P.R.I.D.E. is just for the gay community.

“I strongly encourage anyone who can make it to attend. It is not just for people who are [in the gay community], it is for anyone who wants to see equality or wants to support us,” said Van.

Anna Huckelba has been a part of P.R.I.D.E. since her first year at HPU and still enjoys going just as much as she did

the first day.

“I liked going to meetings because I really enjoyed talking and spending time with people who were in it,” said Huckelba.

The group meets once a week on Wednesdays in Norton 202 and has a very casual, laid-back atmosphere. During a typical meeting, articles are shared and opinions are voiced about different topics of the gay community, and the movement towards equality.

“Even though we have similar view points, a lot of us have different opinions on things,” said Jacqueline Anderson, HPU P.R.I.D.E. president. “We

are just a close knit group trying to better both High Point University and High Point community as a whole.”

The underlying theme of P.R.I.D.E. has been a sense of security and family. College is an important time to become comfortable in your own skin and that is something that P.R.I.D.E. is proud to offer.

“P.R.I.D.E. has given me a place where I feel like I can talk about anything, whether it's P.R.I.D.E. related or personal,” said

Alex Mills, HPU freshmen.

Beyond what the organization does for the students of HPU, Anderson also likes people to know that P.R.I.D.E. does volunteer with community projects.

“We as a group know what it's like to be struggling, so we are trying to help places that know the same struggles and adversities. We try to go to soup kitchens, animal shelters, or any place that we can relate too and help.”

On top of reaching out to the community in High Point, P.R.I.D.E. is also reaching out to other GSA's around the Piedmont Triad area. Other universities that are willing to work with the HPU chapter include the University of North Carolina - Greensboro and Guilford College.

One other thing that P.R.I.D.E. feels is special about their group are their faculty advisors. Anderson mentioned that all of the faculty advisors dedi-

cate a lot of effort toward helping the students involved in P.R.I.D.E. reach all of their goals and that they're very supportive.

If you are looking for a different way to become involved, try P.R.I.D.E. This group welcomes any person regardless of your differences with open arms and a sense of security.

“Being in P.R.I.D.E. means that you have an opportunity to promote awareness and support for the gay community. They are a group of people that do not let judgment be a factor in what they do.

For more information, HPU P.R.I.D.E. can be found on Facebook.

“We just want to create a safe place people can go...”

~Jacqueline Anderson

President of
P.R.I.D.E.



Above: The HPU P.R.I.D.E. group displays this international symbol of gay pride on their Facebook page.

As school expands, so do class options

By Chelsie Gastright
Staff Writer

As High Point University continues to grow in its physical size, students are also starting to take notice to changes in the classroom as well. New dorms are being built and renovations are being made to places like the bookstore and the C-Stores. With the continuously growing student body, keeping things new, fresh, and entertaining are key in making sure that students get the most out of their college years.

One of these changes is the addition of new physical education classes, known as PEC in the course catalog. Some of the classes that are being added, but are not currently offered, include underwater photography, paintball, Zumba, and the second level of horseback riding.

“I know if I was a student, more variety is key,” says Dr. Rick Overstreet, coordinator of all physical education classes at HPU.

The PEC courses have something for everyone with every kind of interest. New classes that have made their way into the course catalog include both ice-skating and ice hockey.

One student at HPU talked about how much she has been enjoying the Ice-Skating I class after one week.

“I decided to take ice-skating because I've known how to ice skate for a long time and really enjoy it,” said Alex Orrowski, HPU freshman. “Even though it is off campus and has a higher course fee, this class is worth it. I can't wait to get home and show off what I'll be learning!”

Chuck Burch, the Ice Hockey I teacher has been with HPU since the fall of 2011. He feels that the wide variety of PEC classes is a great opportunity.

“I think the fact that HPU is willing to recruit these teachers and offer these

activities differentiates them from other universities.”

Overstreet is very ecstatic about his position and understands quite well that being able to offer bigger and better things is just as key as offering variety.

“I started looking at other schools for examples and once Dr. Carole Stoneking put me in charge of the department I wanted to make the classes better, better than other schools have,” said Overstreet.

Overstreet also raved about how after the new additions have made their way into the course catalog, the number of students taking these classes have multiplied. Two years ago there were only 600 students taking extra PEC classes, but after the new additions there are over 800 students currently enrolled.

One of the more popular classes that is currently being offered through the PEC department is the women's self-defense class. This class gives the women involved hands on experience with scenarios they could encounter and how to handle them. The class meets twice a week for 50 minutes at an off-campus martial arts studio in High Point.

Many students make excuses for why they cannot take a one-hour course here and there. However, there are certain PEC classes that are only offered once a week for two hours for half the semester. One of these special cases is Rock Climbing I and II.

HPU does offer many activities for students year-round, through new classes and new on campus opportunities. As the semesters unfold, there will be plenty of new PEC options to help round out a tough 16-hour semester. Make sure to keep checking the course catalog to know exactly what is offered each semester.

Alpha Chi becomes official

By Rachel Smedley
Staff Writer

Greek row is proud to present a new addition to their family! The Alpha Chi Omega sorority filled their first founding class this spring, adding 116 new girls to the over 600 High Point ladies who are currently involved in Greek life.

The decision by Alpha Chi to start a chapter here at HPU was largely motivated by “the beauty and vibrancy of the campus, the visionary plans for HPU's future, the student focus, the enthusiasm of the HPU administration and the high quality of the students we've met,” said the sorority's national president Marsha King Grady.

Alpha Chi Omega was founded at DePauw University in Indiana on Oct. 24, 1885. At a time when people were still getting accustomed to the idea of women in colleges, DePauw's Dean of Music, Professor James Howe, took the initiative to create a women's society at the university.

The seven original founders turned their society into a women's fraternity, in order to become the sixth to be formed in the entire country. Today, over 200 years later, Alpha Chi Omega boasts more than 200,000 members, 130 collegiate chapters, and 200 alumnae chapters worldwide.

Here at HPU, the women of Alpha Chi Omega continue to represent their roots by promoting pride and power in women through their domestic violence awareness philanthropy. They also represent the sorority's musical heritage with their symbol, the Grecian lyre.

Bid day for the HPU Alpha Chi pledge class was one that filled the new

girls with joy. Since the sorority was selecting it's founding class, they did not participate in rush week with the rest of Greek row, but instead selected their members through a series of interviews with Alpha Chi national representatives.

The girls received their letters and shirts in the University Center on their bid day and then paraded over to the Greek conference center where the new members were surprised with a huge crowd of supporters made up of HPU's five established sororities, welcoming them in.

“We weren't really sure what to expect, being the new sorority on campus, but seeing all the other girls with their posters and signs, waving us in, was really neat,” said sophomore Haley Ruehle of bid day.

Since the bid day, the sisters have been busy with all the obligations that come with being a founding class. The girls will have to write their own traditions, plan their signature philanthropy event and decide positions within the chapter.

This extra effort, however, does not come without perks. Photos of every member will be taken and hung in the Alpha Chi house for years to come.

Currently, the sorority is exploring different domestic violence programs and shelters in the local area, looking for an organization to pair with and fundraise for through their philanthropy events. A lot of work is ahead of them as they begin to form the identity and structure of Alpha Chi Omega at High Point University, but it shouldn't be too difficult for these “Real, Strong, Women.”

Women interested in rushing this sorority will have to wait until the spring semester of 2013 when PanHellenic rush starts up again.

Organizations

FRATERNITY BID DAY 2012

By Rachel Smedley
Staff Writer

High Point University fraternity recruitment finished up on Jan. 28, ending a week of serious male bonding time.

The boys began rush week much the same as the ladies, starting on Monday night with meet and greets at every frat house. However, this is where many of the similarities between sorority and fraternity recruitment ended.

"I feel like it's a whole lot more relaxed, with a lot less structure to it. It also gives you a little more freedom, like if you have an idea of what fraternity you might fit into," said Davis Whitmere, a new Kappa Sigma pledge, about rush.

"You have the opportunity to spend more time with that group of guys."

The following four days provided flexibility in which houses the boys visited, allowing for as much time as they wanted to be spent with a particular fraternity.

On Thursday night, the house meetings became invite-only and then on Friday, the brothers hosted off-campus activities to really get to know their future members outside of the more formal atmosphere of recruitment.

Some fraternities went bowling, others went out to eat, but the overall goal was for the recruits to relax and get to see their future brothers in their natural element and how they interacted with each other. Finally, on Saturday, bid day arrived.

For anyone who witnessed the sorority

bid day, the fraternity equivalent was much more relaxed. Void of any balloons or sorority chants, the gentlemen met in the Greek conference center, taking their seats in a large circle around the conference center.

This was made possible by the fact that while over five hundred girls rushed this spring, just over 200 males turned out for fraternity recruitment, allowing for a more private venue.

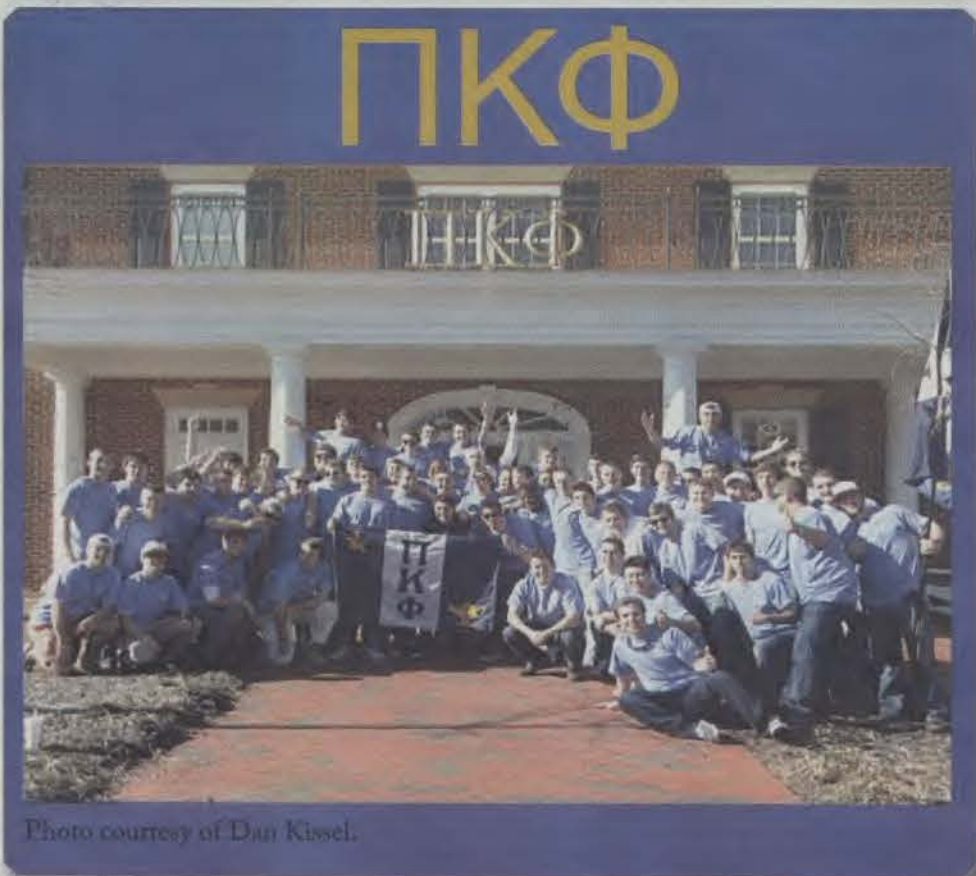
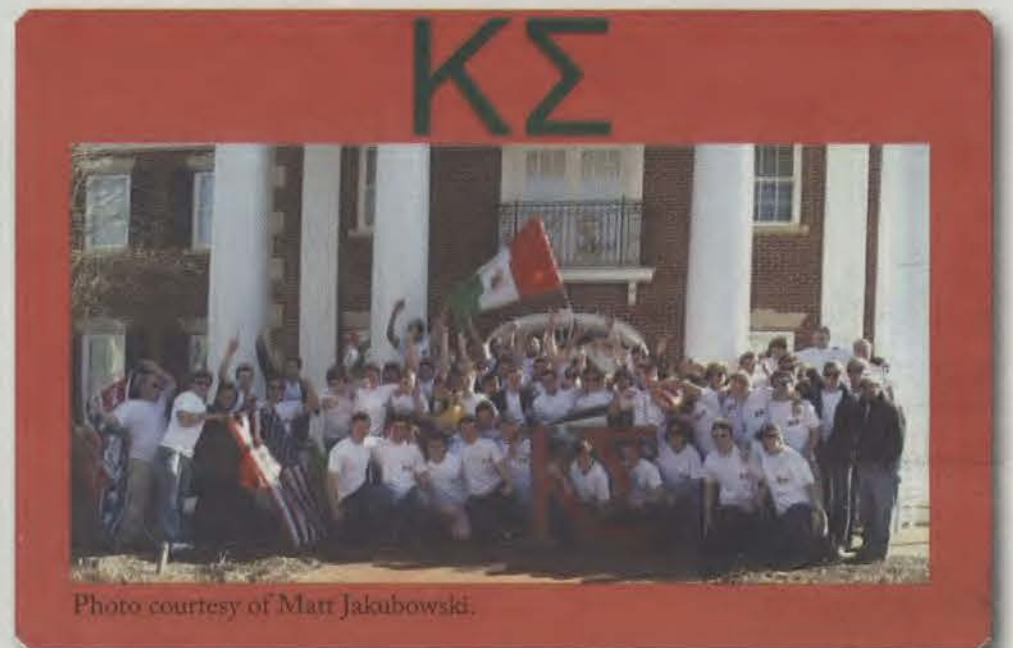
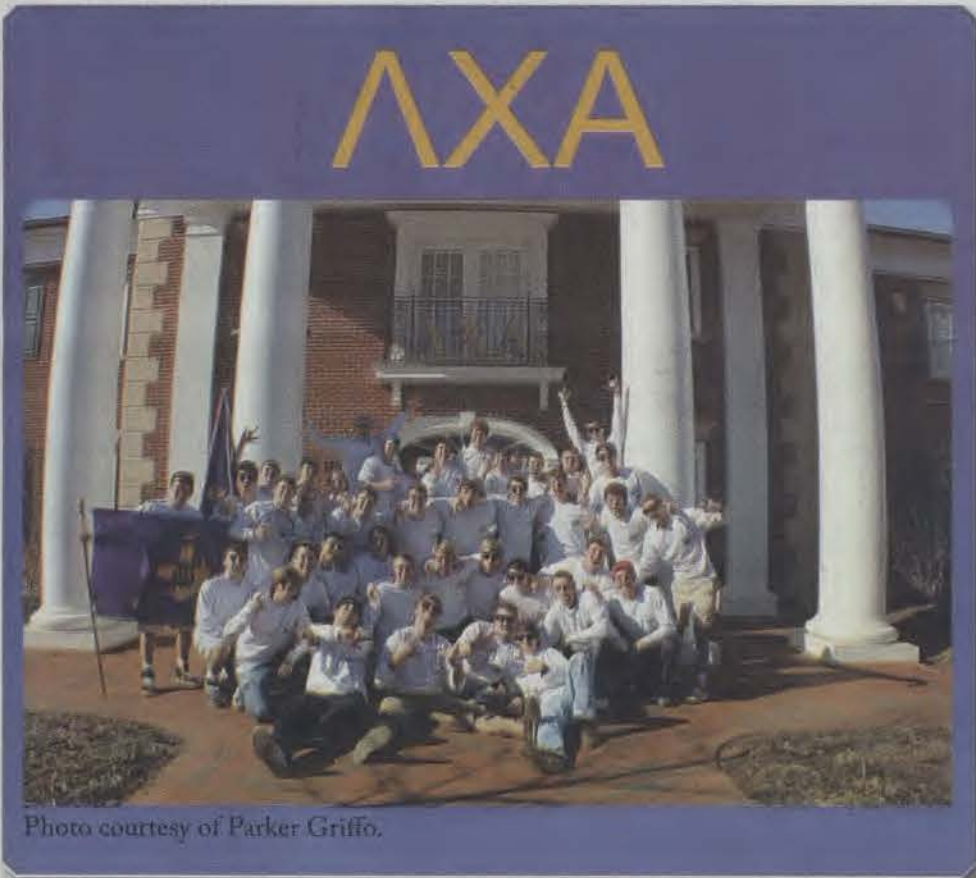
Beginning with the highest GPA fraternity, a representative stood in the center of the circle and called out the names of their selected potential new members, shaking their hand and giving them their certificate and t-shirt.

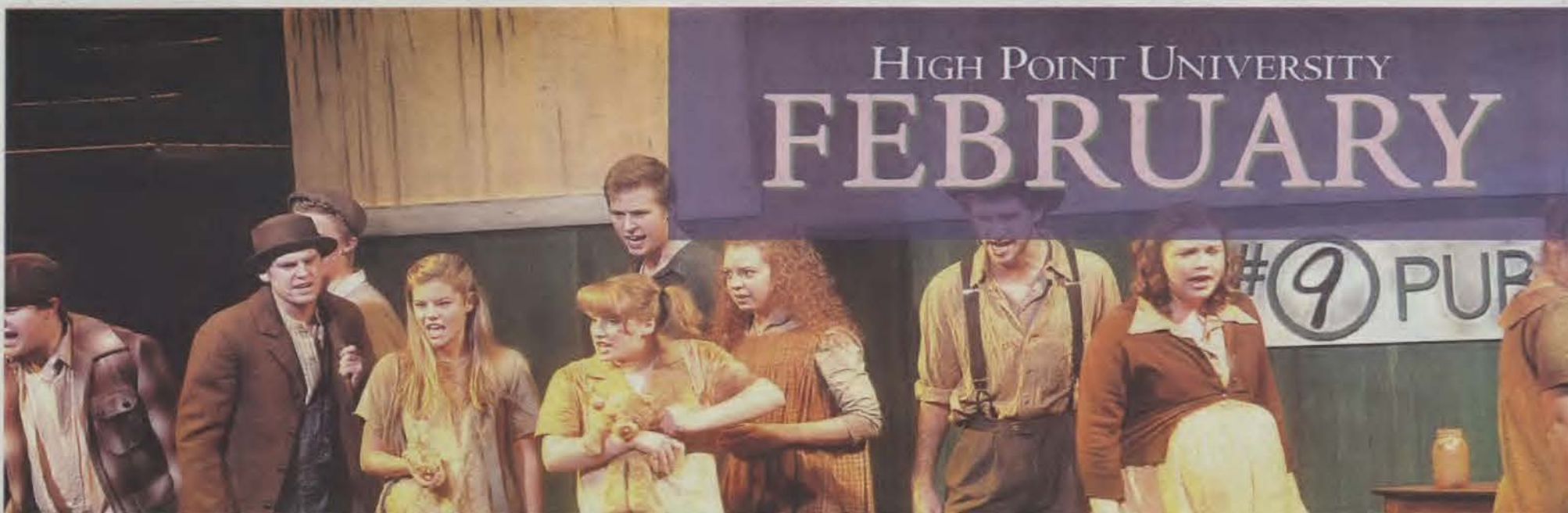
They took their seats again in the circle until every name had been called. Once every recruit was proudly donning the name

of their new fraternity, they were all ordered outside where they ran into the crowd of brothers waiting just outside. In a sort of frenzied celebration, the guys joined their frats, yelling and jumping up and down.

"I'm still only a pledge, but I can definitely see, with the experience that I've had with the guys so far, what they mean when they're talking about brotherhood. It's exactly like a family, there's definitely a strong bond here."

Over the next few weeks, as pledge classes from both sororities and fraternities settle in with their new sisters and brothers, this bond is only expected to grow and there are sure to be some great experiences to come for these new members and their Greek families.





Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

<p>CULTURAL ENRICHMENT SERIES</p> <p>3 Family Weekend Features: North Carolina Dance Theatre 7:30PM - Hayworth Fine Arts Center, Pauline Theatre</p> <p>4 Family Weekend Features: Choral Concert 2PM & 4PM - Hayworth Fine Arts Center, Pauline Theatre</p> <p>4 Sean Emery 6:30PM & 8:00PM - Hayworth Fine Arts Center, Pauline Theatre</p> <p>16 HPU Theatre Presents - The Glasses by Ron Burch 2:00PM - 19, 26 7:30PM - 16-18; 23-25 Hayworth Fine Arts Center, Pauline Theatre</p> <p>25 Winter Choral Concert 7:30PM - Wesley Memorial United Methodist Church</p>		<p>1</p> <p>WEDNESDAY NIGHT LIVE Karaoke Night 8PM</p>	<p>2</p> <p>Men vs Presbyterian College 7PM</p> <p>Groundhog Day</p>	<p>3 <i>IDS Event Today</i></p> <p>IDS Event - North Carolina Dance Theatre 7:30PM - Hayworth Fine Arts Center</p> <p>FAMILY BINGO 7:30PM SLANE CENTER</p>	<p>4 <i>IDS Event Today</i></p> <p>IDS Event - Choral Concert 2PM & 4PM Hayworth Fine Arts Center</p> <p>Family Weekend Features: Sean Emery 6:30 & 8PM Hayworth Fine Arts Center</p> <p>Women vs Radford 4PM Men vs Gardner-Webb 7PM</p> <p><i>Family Weekend</i></p>	
<p>5</p> <p>CAT SUPERBOWL PARTY</p> <p><i>Family Weekend</i></p>	<p>6</p> <p>Women vs Liberty 7PM</p> <p>MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM</p>	<p>7</p> <p>CAT</p> <p>Speed Dating</p>	<p>8</p> <p>WEDNESDAY NIGHT LIVE Mike Rayburn Guitar Virtuoso 7:30PM Extraordinaire Cinema</p>	<p>9 <i>IDS Event Today</i></p> <p>Faculty Cultural Enrichment Grant Series Dr. Richard Miller 7PM Phillips Hall Room 120</p>	<p>10</p> <p>CAT BOWLING</p> <p>Peer Mentor Applications due for details email peermentor@highpoint.edu</p>	<p>11</p> <p>CATFLIX EXTRAORDINAIRE CINEMA 10PM</p> <p>Women's Lacrosse vs Navy 12PM</p> <p><i>Presidential Scholars Weekend</i></p>
<p>12</p> <p>70 DAYS UNTIL</p> <p>The Fray</p>	<p>13</p> <p>Wilson Commerce Ballroom - 6PM</p> <p>MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM</p>	<p>14</p> <p>Men's vs Radford 7PM</p> <p>Valentine's Day</p> <p>MARDIS GRAS</p> <p>vs Charlotte 4PM</p>	<p>15</p> <p>Baseball Olympics</p> <p>WEDNESDAY NIGHT LIVE Jazz Band The Great Day Bakery 8PM</p>	<p>16</p> <p>IRC Panther Pop Quiz 10:10PM Slane Café</p> <p>SGA Meeting Community Affairs Board Phillips Lecture Hall 7PM</p>	<p>17</p> <p>CAT PRESENTS LIVE GAME OF CLUE! CONFERENCE CENTER 8PM</p> <p>Baseball Opening Day vs Army 4PM</p>	<p>18</p> <p>CATFLIX EXTRAORDINAIRE CINEMA 10PM</p> <p>vs Army 2PM</p> <p><i>Theatre Presents - The Glasses by Ron Burch</i> 2PM • Hayworth Fine Arts Center</p>
<p>19</p> <p>vs Army 1PM</p> <p>HPU Theatre Presents The Glasses by Ron Burch 2PM • Hayworth Fine Arts Center</p>	<p>20</p> <p>Wilson Commerce Ballroom - 6PM</p> <p>President's Day</p> <p>MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM</p>	<p>21</p> <p>MARDIS GRAS</p> <p>vs Charlotte 4PM</p>	<p>22</p> <p>Men vs Campbell 7PM</p>	<p>23</p> <p>Culture & Cuisine Series Sign up at the Campus Conierge</p> <p>SGA Meeting Phillips Lecture Hall 7PM</p>	<p>24</p> <p>CATFLIX EXTRAORDINAIRE CINEMA 10PM</p> <p>vs Dayton 4PM</p>	<p>25 <i>IDS Event Today</i></p> <p>IDS Event Winter Choral Concert 7:30PM Wesley Memorial</p> <p>Women vs Presbyterian College 4PM vs Dayton 2PM</p> <p><i>Presidential Scholars Weekend</i></p> <p><i>Theatre Presents - The Glasses by Ron Burch</i> 2PM • Hayworth Fine Arts Center</p>
<p>26</p> <p>vs Dayton 1PM</p> <p>HPU Theatre Presents The Glasses by Ron Burch 2PM • Hayworth Fine Arts Center</p>	<p>27</p> <p>Wilson Commerce Ballroom - 6PM</p> <p>Women vs Winthrop 7PM</p> <p>Men's Big South Tournament</p> <p>MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM</p>	<p>28</p> <p>vs Virginia Tech 4PM</p> <p>Wilson Commerce Ballroom - 6PM</p> <p>Carolina Dinner Exam Break 9am</p>	<p>29</p> <p>MID-TERM</p> <p>Women's Lacrosse vs UC Davis 3PM</p> <p>Men's Big South Quarterfinals vs Elon 4PM</p>	<p>February 29th</p> <p>NEGRO BASEBALL LEAGUES BYRON MOTLEY 8PM Extraordinaire Cinema</p>	<p>FACULTY LITERARY</p> <p>February 28</p> <p>HPUREC</p> <p>Captain's Meeting Congdon 138 Softball - 5PM</p>	

Sports

Talk of the Big South: Women's hoops hot start breaks Division I record

By Jessica Strickler
News and Design Editor

The HPU women's basketball team made it to 7-0 in the Big South Conference. Then they were 8-0, holding a new school record. And now, against all odds, the team went to a perfect 9-0, after defeating Presbyterian College on the road.

"It's a great start, and it's right where we want to be," said senior Shamia Brown, of leading the Big South Conference. "But we still have a lot of games to play, so we can't get complacent."

First year head coach Jennifer Hoover attributes much of the team's success thus far to hard work, along with the strength and conditioning workouts led by head athletic trainer, Tim Teefy.

"We don't just talk about how hard we have to work, we actually go out and work hard everyday and we talk about how our goal everyday is to get better every time we step on the floor," Hoover said.

The Panthers practice an average of 14 hours per week on the court, in addition to at least two hours of strength and conditioning with Teefy and his staff. Hoover said many people don't realize how important it is for athletes to get in good workouts outside of the gym because it is a confidence builder.

"They would all tell you they love [Teefy], and they would all tell you they hate him too," Hoover said. "We talk about nutrition and eating and we are on them all

the time about that, but we let him do his thing. It's a definite advantage."

"We are now the best conditioned team in the conference," said redshirt freshman, Lindsay Puckett, "We definitely appreciate that now."

With a brand new coaching staff this season, the ladies were at first concerned with the changes to the program.

"We definitely have had harder workouts, and they are a lot more strict," Puckett said, "At first, we were kind of worried



Senior Shamia Brown has played a key role in the hot start the Panthers have had in the Big South. Photo by Jeremy Hopkins

about it, but now, being first in the conference, it's all paid off and we're definitely more excited about the change and we love our coaches now."

But the new coaches have higher standards, which has benefited the team in more ways than one.

"They expect more from us on the court, as well as off the court," Brown said, "In our classes, they hold us higher, they expect us to get good grades. They expect us to come out here everyday and practice and work hard and I feel like that's a big difference from last year."

Big goals for Track & Field in prep for Big South Conference Tournament

By Joseph Wetzler
Sports Editor

The main focus of the men and women's track and field team at High Point University has been the Big South Conference Championship, taking place on February 24 and 25 at Virginia Tech.

Every school in the Big South Conference competes in this event and HPU's goal is to compete against its conference opponents.

For the time being, the team is concentrating on training hard to prepare for the upcoming championships.

Manika Gamble, the Big South's Indoor Track and Field Freshman of the Year in 2008-09, has focused on improving her performance this season, while sophomore Evan Emery looks to break the school's 60-meter dash record.

Gamble currently leads the women's 4 by 400 team, which is determined to place into the faster heat for the upcoming conference championship.

"If we don't run the 4 by 400 before the conference championship we will have to start in the slower heat," Gamble said, "That makes it tougher to place into the faster heat at the Championships."

Emery, an all-Big South sprinter a year ago, ran a school best 22.1-second 200-meter dash at the Virginia Tech Invitational. Emery is looking to break another school

record this season. When asked about his expectations for the rest of the season, Emery said he anticipates breaking the school's 60-meter dash record.

"While I look to improve on my 200 time, I'm very focused on breaking the 60 record" Emery said.

Head coach Mike Esposito anticipates big things from his team this season, expecting both the men and the women to place in the top 3 at the conference championships, just three weeks away.

Thus far, Esposito has been very impressed with the men and women sprinters, hurdlers, and middle distance freshmen.

"With the distance runners coming around after finishing second in the cross country championship, we feel confident of achieving our goals at the indoor championships," he said.

While the members of the men and women's teams are working hard on the track, they are working equally as hard, off



Senior Manika Gamble competes at the Wake Forest Open. Photo courtesy of HPU Sports Information.

Puckett, who redshirted during her freshman year, had surgery on her foot last January and was participating in modified workouts up until the team returned to school in August. Now averaging 18.3 minutes of playing time, and 7.4 points per game, Puckett has become a major contributor on the court.

"I came out more focused, and I have more confidence now," Puckett said, "I'm just trying to find my role within the team and be the first scorer off the bench. I just want to do everything I can for the team."

With seven games left in the regular season, and only two left to play in the Millis Center, the Panthers face a battle of playing on the road, but can take comfort in the knowledge that they have already beaten every team in the Big South Conference once this season.

"We talk a lot about being road warriors," Hoover said, "[On the road] we've got to go into hostile environments. We make sure we are staying hungry. We continue to push every day to get better."

To stay hungry, Hoover said, the team focuses only on the game in front of them. Instead of dwelling on records and who scored the most points, by the time they reach the locker room, the team is already ready to focus on the next game. For Coach Hoover, it's proof of the growth and maturity level the team has had over the course of the season.

As for winning the conference, and a NCAA tournament berth, Hoover said it's not impossible.

"I wouldn't have taken the job if I didn't think we could do it. And I couldn't sit in a room and tell Shamia Brown, being my lone senior, that we were going to try to win a championship in two years or in three years or in four years. I felt like we could compete this year."

And while the team is playing better than they ever have before, they still have a lot of work to do before they can call themselves Big South Champions.

Athletics seeing upgrades, but more changes are necessary

By Nick Sturdivant
Staff Writer

Within the past seven years the campus of High Point University has seen major upgrades. I would probably guess that even Joan Rivers would be impressed by the face-lift that the university has gotten.

Even though HPU has made extreme efforts to make the campus extraordinary, it didn't neglect the athletic facilities.

Since 2007, every athletic facility has seen some type of significant upgrade. The Steele Sports Center was opened in 2007, which includes locker rooms, study areas, offices, and a weight room. It has benefited all teams on campus.

Rob Aycock, Associate Athletic Director for External Relations, specifically mentioned that the school added on to Steele, a women's lacrosse locker room, along with a wing in Steele for the men's soccer team.

The biggest changes were the rededication of the Vert Stadium in which the athletic department added turf to the field, and over 1,000 purple stadium seats. Additional, major renovations were done to Willard Stadium, formally known as Erath field. The stadium now models a minor league baseball stadium.

Growing up in High Point all of my life, it was hard picturing these upgrades ever happening. Vert Stadium was nothing but a reminiscence of a football stadium from when William Penn High School played its home games. The track was torn to pieces, half of it was there and the other half - well it wasn't.

Athletic facilities here at HPU have come a long way, but there is still some work to be done.

First, the Millis Center's seating capacity seems to be too small for the type of games the school wants to host. For instance, the Dec. 7 men's basketball game against Wake Forest was a challenge for HPU to host. Seating was first come, first serve. From a fan perspective it was not ideal. Not only was seating a struggle for the Wake game, but for any other big time conference game.

Second, with the recent addition to two new lacrosse programs, there needs to be a home for the teams.

"Obviously we need to have a lacrosse building - if you look around campus men's lacrosse needs a home, the women already have a locker room, but the men will need one when they compete," Aycock said.

Only time will tell if these eventual upgrades will come into fruition, but the changes are not that far off to continue the unprecedented growth at HPU.



Front rendering of a new "Lacrosse Center" (left in photo) attached to the Steele Center (right) in response to the addition to two new programs. The building's construction is dependent on funding and the plans may change. Photo courtesy of HPU Athletics.

of it. Gamble said that the team's goals for the season are to not only be in the top three in the conference, but also to have a 3.0 team GPA.

So far, the team has exceeded that.

Track and Field will have its work cut out for them if it wants to achieve its season goals. Gamble said if they keep up the hard work and dedication to getting better everyday, the teams would be a big factor at the upcoming Big South Conference Championship.

Panther Baseball 2012

New bats, arms and gloves look to be surprise in Big South Conference

By Patrick Budd
Sports Editor



Projected Starting Line-up

1. Willie Medina, SS, Jr.
North Lauderdale, Fla.
2. Sean Wilson, CF, R-Jr.
Crystal Lake, Ill.
3. Ryan Retz, RF, Jr.
Tucson, Ariz.
4. Sal Pezzino, DH, Sr.
South Huntington, N.Y.
5. Ryne Rush, 3B, Fr.
Asheboro, N.C.
6. Spencer Angelis, Catcher, Fr.
Orlando, Fla.
7. Zach Tessier, 1B, Jr.
Sterling, Va.
8. Devin Bujnovsky, LF, Jr.
Winter Haven, Fla.
9. Zach Hubbard, 2B, Jr.
Kissimmee, Fla.

Projected Pitching rotation

- Midweek*- Jared Avidon, Jr.
Waxhaw, N.C.
- Midweek*- Zach Haile, R-So.
Longwood Fla.
- Midweek*- Ryan Retz, Jr.
Tucson, Ariz.
- Friday*- Malcolm Clapsaddle, Jr.
Geneva, Fla
- Saturday*- Jacob Newberry, Jr.
Eagle Lake, Fla.
- Sunday*- Matt Armstead, Jr.
Newport News, Va.
- Middle relief*- Joe Goodman, Fr.
Ames, Iowa
- Closer*- Jaime Shultz, R-So.
Castleton, N.Y

Meet the Coaching Staff



Head Coach
Craig Cozart, fourth season
Central Florida, '96



Associate Head Coach
Bryan Peters, fourth season
South Florida, '97



Assistant Coach
Rich Wallace, fourth season
Central Florida, '04



Volunteer Assistant
Jamie Serber, second season
High Point, '11



Athletic Trainer, Tyler
DePew

The first day of practice for High Point University head baseball coach Craig Cozart was almost like being a teacher on the first day of grade school.

New names, new faces and a fresh beginning.

His team of 35 guys took the field on Jan. 28 for the first official day of full-practice, something 25 of them didn't do a year ago.

"There's a lot to be decided in the next couple of weeks of practice, that's for sure," said Cozart, who is entering his fourth season with HPU.

The Panthers will look to put aside a injury-filled, 24-32 overall season from a year ago, and improve on its first round loss in the Big South Conference tournament.

Perhaps 21 new players from the monstrous recruiting class will bring them better luck this season and get the Panthers to where they want to be.

"We have yet to establish ourselves as a program, we want to be in that conversation of elite teams in the Big South," Cozart said, "This season I feel that we can do that with a whole new set of guys."

The Panthers graduated eight key players last May, including two players that were selected in Major League Baseball's first year player draft. Catcher Kyle Mahoney signed with the Los Angeles Angels, and pitcher Cody Allen went to the Cleveland Indians.

But with the addition in two junior college all-American pitchers, in Jon Carlson and Malcolm Clapsaddle, the loss of last season's studs may have minimal impact.

"The best thing about our team this year is our depth, and that's something we didn't really have last year because of injuries; it's going to be a great advantage because of all the possible roster movement," Cozart said.

Cozart admits that the team is very young, and inexperienced, but he noted that it will play as another great advantage when other teams go for a scouting report.

Only two seniors are listed on the roster this year - Sal Pezzino a utility player that played every infield position last year, and Nick Schumacher, a left-handed specialist out of the bullpen.

"Our ultimate goal is obviously a championship," Schumacher said, "But we want to take it one game at a time and finish as one of those top four teams in the conference, especially since we are hosting the Big South tournament this year."

Schumacher had a 3.31 ERA in 21 appearances last season as a key off-balance, middle-reliever.

Perhaps the most experience the Panthers have for the 2012 season is in the bullpen with Adam Pratson, John Maloney, Kyle Wigmore, and Jaime Schultz.

Schultz, who was sidelined all last season because of elbow surgery, will assume the closer position this year after a monstrous freshman year. He posted a 2.70 ERA with 68 strikeouts, good enough to earn him a spot on the all-Big South second team. His power out of the bullpen will be a strong force in late games for the Panthers this season.

"Last season when an opposing team put its closer in at the end of the game, we had nothing to counter that with," Cozart said, "This season we have plenty of role-playing guys that will be able to finish off games."

In a conference with powerhouse teams in Coastal Carolina, Liberty and Radford, Cozart emphasized how important pitching will be when it comes time for conference play.



Junior Ryan Retz will move to right field this season after hitting .288 with nine homers. Photo by Jeremy Hopkins.

"The league has elevated this season, it's becoming one of those elite baseball conferences, many improved arms with strong rotations is what we are up against this season," Cozart said of the Big South.

The Panthers were projected to finish eighth in the Big South preseason polls that came out on Jan. 24; a projection that Cozart and his players find to be an unfair assessment as a team.

"A lot of teams are going to be surprised when they come to play us," Clapsaddle said, "It's an unfair assessment for our team and if they were out here watching our practices they would think otherwise."

Offensively, HPU will put a totally transformed lineup on the field with only three returning starters. Ryan Retz, right-fielder, Zach Tessier, first-basemen/catcher, and Pezzino will be the strong retuning bats in the lineup.

Retz, who played in all 56 games in center field last season, will move to right field to make room for Sean Wilson, a two-hole hitter with plenty of speed. Retz will be the likely three-hole hitter after leading the team with homers last year, and posting a .288 batting average.

Newcomers include third basemen Ryne Rush, a freshman from Asheboro, N.C., and shortstop Willie Medina, a junior-college transfer that will likely bat leadoff.

"There has been a lot of competition within our practices throughout the fall and in the weight room, that's always a good thing to have on your team, especially when trying to fill so many vacancies," Cozart said. "There will be situations where starters will be on the bench this season, because our bench players will be a better matchup."

Expectations for the team have been set high knowing the team has an advantage at the end of the season with the Big South tournament being held at Willard Stadium.

"I'm expecting this year to be the best season HPU has ever had," Pezzino said.

Fifteen of the first 17 games are at home for the Panthers, as they welcome in a variety of opponents, including Wake Forest, Virginia Tech, East Carolina, and Elon. The Panthers will also be tested on the road playing big schools such as Missouri, North Carolina-Chapel Hill, and Virginia.

"We play some quality opponents this year from all different conferences," Cozart said, "But that's part of our philosophy, to test ourselves on the road and early in the season in hopes it will prepare ourselves for later during conference play."

After a difficult season last year with unexpected injuries and tough stretches, HPU seems as if they are as optimistic as ever in the fourth year in the Cozart-era.

The team will open up its season against Army with a weekend series, Feb. 17-19.


Schedule of key games:

Feb. 17-19	Army
Feb. 22	at Wake Forest
Feb. 28	Virginia Tech
Feb. 29	Elon
Mar. 16-18	at Missouri
Mar. 20	App. State
Mar. 21	East Carolina
Mar. 27	Wake Forest
Mar. 30- Apr. 1	VMI
Apr. 13-15	Presbyterian
Apr. 17	at UNC
Apr. 18	at Elon
Apr. 20-22	at Coastal
Apr. 24	at App. State
May 4-6	UNC-Asheville
May 11-13	Liberty
May 15	at East Carolina
May 17-19	at Winthrop
May 22-26	Big South Tourn. High Point, N.C.



Fourth year head coach Craig Cozart is hoping his team can "establish itself" this season with 21 newcomers. The Panthers will kick off the season on Feb. 17 against Army. Photo courtesy of HPU Sports Information.

THANK YOU



for voting HPU Dining Services #1 in the country in Client Satisfaction. Your participation in our School Dining Survey, Secret Shopper Programs, Focus Groups, Talkbin texts, Facebook page, Twitter, and student workers has provided us the feedback to continuously improve our dining program. We appreciate your involvement and support in making

HPU Dining Services #1!

"Coming together is a beginning, staying together is progress, and working together is success." Henry Ford



| hpudine.com |





Winners of
Valentine's Door
Decorating
Contest

5

Admissions tours ranked No. 1 in 'Welcome to College' nation-wide poll

By Caroline Weller
Staff Writer

High Point University yet again proved it is a cut above the rest according to a Welcome To College top school poll. Welcome to College is an organization that allows prospective college students to rank universities according to their experience when they visit the campus. According to their website, the organization aims to "help students and parents connect with the colleges and universities that are right



A University Ambassador prepares to show one of the dorms on campus with prospective students and their families. Photo by Jeremy Hopkins

for them." The Top Schools poll, as voted upon by students' experiences and ratings, shows HPU in the No. 1 spot. HPU beat out several prestigious universities including Stanford, Harvard and Northeastern University.

At the root of our exceptional tours is the hard-working staff in the admissions office, along with a select group of students known as the university ambassadors. By providing tours every week and working events including open houses and early registrations, they show visitors what the university is all about.

"Our admissions staff understands our mission and vision to have the best campus visit experience in America and delivers on this every day," said Andy Bills, vice president of Admissions.

"When a family comes, we normally limit tours to a capacity of seven people total for each golf cart. They consist of two to three families whereas other schools have group tours and it will be 20-30 people on a tour. A big part of the tours that separate us from other schools is the fact that people can really get to know an ambassador because of the small size of the tour group. They can ask questions and talk to the ambassador," said junior and university ambassador Megan May.

May goes on to explain how tour guides follow up with prospective students by sending out individual letters to the visitors who took tours. According to May, this is a "big impact because writing letters has become a thing of the past, and it means a lot when somebody takes the time to hand-write you something."

"After the tour, we give the student a t-shirt and the parents a coffee mug. It shows great hospitality. They always seem surprised at the end of the tour, like things couldn't get any better," said May.

Even beyond the incredible hospitality offered by ambassadors and admissions representatives, the entire HPU family exudes the prestigious *See Award*, page 3

CAMPUS CHRONICLE

HIGH POINT UNIVERSITY

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Presidential Scholars program continues to grow

By Rachel Smedley
Staff Writer

On the weekend of Feb. 10-12, High Point University hosted the up-and-coming best and brightest students from across the nation to interview for the honor to be selected as a Presidential Scholar. To be an HPU Presidential Scholar, applicants must display intelligence, character, leadership, and academic potential, undergoing two separate interviews with members of faculty and current scholars. Current high school seniors seemed excited as they explored the campus, and a tad bit nervous as they awaited their interviews.

Consistently attracting students of a higher academic caliber with each passing year, the scholarship program has become quite competitive. One interviewee was considering HPU in her top three schools alongside Yale and Brown University. Another potential student and scholar was waiting to hear back from Princeton, but said that after her

weekend at HPU, there was no question where she would be headed.

In addition to having potential students and scholars on campus for two different weekends in February, with the next scheduled for Feb. 24-26, all of the current Presidential Scholars are required to volunteer their time during one of the weekends.

students consistently work hard in the both the academic and social settings, taking full course loads and joining multiple organizations on campus. As scholars, they are recognized as some of the top leaders on the campus.

Freshman Caroline Weller of Harrisburg, N.C., chose High Point University over Wake Forest University and UNC Chapel Hill. Since arriving on campus in August, she has gotten involved in a variety of clubs and activities. She has taken advantage of opportunities such as becoming a student blogger for the freshman class and joining the Honors Program, CollegeLife. Along with these commitments, scholars also need to maintain a certain GPA depending on the amount of their award; Weller needs to keep at least a 3.25 every semester.

"The Presidential Scholarship was the deciding factor on whether or not I would be able to attend HPU. I'm so thankful to have been selected for it, so I'm trying to make the most of my college career by taking advantage of all of the educational opportunities that I have been provided," said Weller.

Senior Lucy Findley, a University Ambassador captain, SGA secretary, Victory Junction philanthropy chair, National Society of Leadership and Success member, and currently studying abroad at St. Andrews in Scotland, definitely knows what it means to represent the scholarship program. Findley talks about what qualities she believes make up *See Scholars*, page 3



Rolling out the red carpet. Prospective students and their parents arrive at the Millis Athletic Center on Friday night of the first Presidential Scholars weekend for dinner an evening of entertainment. Photo by Chad Christian

They are given the choice to assist with the Friday night dinner, write thank-you notes to those involved in the process, or sit in on the Saturday interviews. But aside from lending their time during these weekends,

Students to bid farewell to beloved Dean of Chapel

By Olivia French
Staff Writer

Dr. Hal Warlick, dean of chapel and longtime advocate for students, has announced that he will be retiring from the university effective June 1.

Warlick arrived at the university in 1987 and taught part-time as an adjunct professor for two years before becoming a full time professor in 1989. In his first year here, Warlick established the Wednesday night chapel services that are still in place today. He also started the student-run Board of Stewards, which allows students to be active in the campus services.

Warlick is currently a professor of religion and the dean of the chapel, but he has also served as the chair of the religion and philosophy department and as the minister to the university in the past. He has also been involved in Greek life, serving as the advisor for eighteen years for former Theta Chi fraternity and three years for Kappa Delta sorority.

Students have been highly impacted by Dr. Warlick's leadership over the years.

"Dr. Warlick is the glue for The Board of Stewards. He makes us feel more like a family than a team or organization," said junior Johnathan Jones, who is a member of the Board of Stewards. "I am happy for him. He wants to continue ministry and it is important to keep following your passion and dream. He will leave big shoes to fill."

Senior Julia Fannin said, "During my last four years at HPU, I not only had the honor of serving on the Board of Stewards, but I was also able to work in the chapel office for my work study assignment. Dr. Warlick is an extremely knowledgeable and gifted minister who was able to affect the lives of many students on our campus and will be greatly missed when he leaves HPU at the end of the school year."

Warlick announced his decision to retire in January. According to Warlick, the Chapel is at its highest point in the university's history thanks to student attendance and involvement. The average attendance at the weekly services this year has been 313, and \$10,428 was collected during the fall semester to shop for 150 children in the Salvation Army's Angel Tree program.

"I am confident that the Chapel will continue to do well under the guidance of Shannon Lefever (coordinator of chapel programs), Marc Foster, (chair of the music department) and whoever is hired as the next chaplain," said Warlick.

Warlick will keep his home in High Point, and will remain the resident minister of Blowing Rock Methodist Church in the summers as he has for many years. He will also continue to participate in speaking engagements and will perform weddings.

Warlick has decided to leave HPU not only because he believes that the David Hayworth Chapel is in a good place, but also because he feels it is just the right time in his own life.

"I want to leave while I am still in good health and redirect my life."

He is looking forward to beginning new ventures and having more free time.

He said he would like to always be working with college students, either here at

HPU or elsewhere, but he feels that at 66 years old, he is at a good age to retire.

"No individual goes on forever, one can only hope that his or her influences do," he said. "The longest term *See Warlick*, page 3

Kappa Delta goes fishing

8



Opinion

Fallen heroes, selfless patriots, and Whitney Houston?

By Chelsie Merone
Opinion Editor

The death of pop diva Whitney Houston has saddened and shocked fans across the world. She was a legend, a music mogul, and paved the way for so many female artists; and even though her career was centered around the 80s and 90s, her music still has a special place in the heart of every man and woman. (It's ok to admit it guys - no one can resist a little Whitney Houston karaoke).

Passing away at 48 seems tragic, but with her years of substance abuse and personal hardships, most can assume what the cause of death was. Still, out of respect for Houston and her amazing body of work, we shouldn't spread false claims until official reports are released. But the mysterious circumstances aren't the only controversy surrounding the pop star's death; the other, in my opinion, is far worse.

Within the days after Houston's passing, New Jersey Governor Chris Christie, ordered the American flags throughout the state to be flown at half staff. What?!

I understand that being from New Jersey, Houston is to be honored appropriately; but to be perfectly honest, choosing to fly the American flag at half staff should not have been the way to do it.

As stated in Flag Code by the United States Senate: "flag[s] shall be flown at half-staff upon the death of principal figures of the United States Government and the Governor of a State, territory, or possession, as a mark of respect to their memory...In addition, the Governor of a state, territory, or possession, or the Mayor of the District of Columbia, may direct that the national flag be flown at half-staff in the event of the death of a present or former official of the respective government or in the event of the death of a member of the Armed Forces from that jurisdiction."

Sorry Governor Christie, but nowhere in that code does it say to lower the flag for a celebrity.

Now I'm not saying that Houston was a bad person, or shouldn't be remembered. Her work will never be forgotten and her talent was something that people admired

and celebrated; but she made poor decisions, throwing away that talent and putting herself in situations that most likely led to her demise.

By choosing to fly the flag at half staff,

other soldiers, and Burri says that's how it should be. Burri says, "She was a great singer, that's true, I won't deny that, but lowering the flag is for somebody that has given their life in service to their country."

Soon after this story was released, comments flooded the news site agreeing with Burri.

Other media outlets have started to investigate the issue, polling readers/viewers about the inappropriateness of the Governor's decision. Seventy-seven percent of USA Today readers agreed in an informal poll that it was not the right call. However, Christie is sticking by his decision stating to CNN.com that Houston was "a daughter of New Jersey who should be honored for her cultural contributions." Boy, do I have news for you Governor!

Cultural contributions in no way, shape or form justify the act of lowering the flag. How is singing a song or acting in a movie even close to sacrificing your life for your country? Yes, Houston was a great performer, but she chose to throw away her incredible abilities and talent on drugs. We shouldn't put her right up there on the historic pedestal with the rest of this country's heroes.

You can disagree with me, Burri, and the thousands of others saying this is a dishonor to all Americans whom the flag has been lowered for, but look at the facts. Look at whom we chose to idolize and immortalize in this country. If this is how we honor them, there is something wrong with us.

The website USHistory.org also released an article about the controversy, commenting on other celebrities who have wrongly been given this honor (Clarence Clemmons and Joe Paterno to name a few), but they make an interesting point. "...just as an American serviceman killed in...Afghanistan is not deserving of a Grammy Award, musicians and celebrities are not deserving of the lowering of the American flag... A flag at half staff gives publicity to courage and nobility otherwise only mildly publicized. For one day, it is an inescapable message announcing to an entire state that a tragedy occurred and reminding everyone that the fruits of each day come with a price."

On that note, if you don't agree then that's your opinion. But this is mine, and I'm sticking to it.



Top photo from popculturenerd.com. Bottom photo from youoffendmeyouoffendmyfamily.com

we are putting someone like Houston on the same level as those selfless and brave Americans, the leaders and soldiers, whose sacrifices have protected our freedoms.

You may think I am being callous, but I am not alone in this opinion. On Feb. 18, a news story was released about a father of a fallen soldier who was outraged by Gov. Christie's decision. Here is an excerpt from that story:

"John Burri's son Eric was killed in 2005. Although he lives in Michigan, Burri says Christie's decision to lower the flag for an entertainer diminishes the honor. As a protest, Burri burned New Jersey's state flag in his yard. Michigan flags were lowered to show respect for his son and

housing options for 2012-13, and not only was Gail Tuttle, vice president of Student Life, able to explain the reasoning, she also encouraged any student with questions about their personal situation or the sign-up process to meet with one of the housing coordinators.

If students post remarks on their respective class Facebook pages, the Campus Concierge is quick to reply to problems or suggestions that have been posted. Some of the changes made in the C-store located in the bottom of Yarkin were based off students request for the ability to purchase fresh fruit, along with the Coca-Cola Freestyle machine, which serves more than 100 types of soda.

Many of the prospective students who tour the campus frequently ask what the relationship between students and professors is like. The same diligence of response and communication that takes place between students and professors applies to the university staff and administration; they love to hear from students, and to get constructive feedback regarding things happening on campus.

True to one of our university slogans, HPU really is "student-driven." The administration cares about the students-- from their safety and well-being to dining options to the value of an academic degree-- and they 'show the love' often and with pleasure. By taking advantage of these chains of communication, you too can have your brilliant ideas come to life!

Notizie de seconda mano:

Expanding your horizons and appreciating what they bring

By Jordan Oliver
Studying Abroad in Italy

The world is too big to limit ourselves to the confines of our comfort zone. The art of exploration is a gift, and shall it present itself before you, never feel "content enough" to pass it up. I have always been a person who is open to spontaneity and my current whereabouts can attest to that.

As I write from my apartment, nestled in the heart of Rome, I can barely feel my fingers—and I'm pretty sure my toes are going numb. I was told before I left to study abroad in Italy for the spring semester not to worry about packing winter clothes; for apparently Rome tends to avoid the unbearable cold.

Try telling that to my scarf and three pairs of pants that I've been wearing, (at the same time), for the past week! We experienced a VERY rare snowfall this weekend—one that made for a magical visit to the Coliseum but not so magical residency.

Italy tends to be more conscious when it comes to conserving energy, and does not feel it necessary to keep our space heaters running throughout the day. So although I may be close to seeing my breath in my bedroom, my experience thus far has been a surreal one.

You really don't realize how differently others live until you are fully immersed in their culture. On Jan. 24, the day I arrived in Rome, I was dropped off at my apartment and left to fend for myself. Not knowing where in the world I was, let alone the language, made for a nerve-racking beginning, but each day brings new and comforting knowledge.

I am blessed to have the opportunity to dive into Italy's beauty. Being placed amidst the unfamiliar, roots in us a deep appreciation for wherever it is we call home. If you are given the chance to embark on a journey—to entangle yourself in the wonder of new—be grateful. You'll soon discover just how much you've had to be grateful for, all along.

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Administration works hard to make certain student ideas are heard

Staff Editorial

At High Point University, students are frequently given opportunities to share their ideas, comments and concerns. In every building on campus, there are suggestion boxes, along with cards and pens, for students to impart their thoughts about campus with members of the administration. The ideas are evaluated and seriously considered; students are sent thank-you notes for offering their suggestions.

Another opportunity is the Community Affairs Board, hosted by the Student Government Association each semester. Members of the administration sit on the panel and address questions and concerns from students. At the most recent meeting, students spent more than an hour posing questions and sharing concerns with members of the administration.

During the meeting, praise was shared from a student in regards to the Hospitality Team's outstanding service and meal changes that occurred while students were away for Winter Break. Chris Dudley, vice president and chief of staff, shared several new changes for the 2012-13 school year regarding the meal plan, including new plans for the Grille to become an "all you care to eat" location. To alleviate the long lines at Starbucks in the mornings, Dudley said with "90 percent certainty" that a second Starbucks will be on campus in the fall.

Students asked questions regarding the cost of housing and

Extraordinary Leaders: January and February

The Office of Student Life presents the Extraordinary Leader award to outstanding students each month. According to Gail Tuttle, vice president of Student Life, the entire HPU community – students, faculty and staff, make nominations, and the nominees are asked to complete an online survey about their academic, social and charitable involvement on campus and in the community. A committee of HPU administrators selects the students that best embody true leadership. Results are printed in the Campus Chronicle each month.

January

Leslie Touassi is not only receiving an extraordinary education at HPU. She's learning how to provide one to others through a career in education.

Touassi is on the fast track to that career. She's currently an elementary education major with a minor in special education, and she's been accepted into the university's Fifth Year Master's Program for Elementary Education. She's also a member of Kappa Delta Pi, the education honor society. In addition to her student teaching duties, she strives to serve the university and community as a whole through volunteer work, taking on extra projects and helping all students the best she can.

On the HPU campus, she is a resident assistant. Through that role, she works towards building a safe, cohesive environment on her residence hall and ensures that her freshman residents always feel welcomed and valued at HPU.

She's making a big impact right here in High Point, but her dreams stretch beyond that after she finishes her master's degree.

"Before settling down and teaching at an inner city public school, I hope to teach in military bases overseas and to somehow positively impact the world," she says.



Bryan Ijames is one of the January Extraordinary Leaders. Photo by Chad Christian

As a senior, Brian Ijames is making plans to enroll in a physician assistant program after he graduates in May with his degree in biology. Though he's graduating and advancing in his academic career, he certainly isn't leaving without having made a mark on campus.

Ijames has been a musical inspiration on campus by singing in the Genesis Gospel Choir since he was a freshman. His voice has been heard numerous

times at musical events, but he's been heard off campus as well. He says his musical involvement allowed him to impact and build relationships with local churches in the area, such as Temple Memorial Baptist Church in High Point.

He was drawn to HPU by its Honor Code, which is a pledge signed by every student to maintain moral and academic integrity. He says he is a moral and religious person who strives to embody everything outlined in the Honor Code in his daily life.

Beyond music, he has kept a stellar academic record. He has made the Dean's List every semester at HPU and has been a Millis Scholar since January 2009. And, to further his experience in the medical field, he has worked as a CNA while attending HPU so he will be better prepared for a physician assistant program.

"I believe that Bryan has the motivation, work ethic, and intellectual ability to be successful in a physician assistant program and to become a caring and compassionate physician assistant," says Dr. Kelli Sapp, assistant professor of biology, who has had Ijames in several of her classes.

February

Junior John Purcell found the freedom he was looking for at HPU to double major in both psychology and music. As a presidential scholar and member of the psychology honors program, Psi Chi, The Order of the Omega – a Greek national honor society, and the National Society of Leadership and Success, it's amazing that he also finds

time to tutor English, psychology and music at HPU. But he doesn't keep his talents inside the walls of the university. He also offers free voice lessons each week to children in the community at the Macedonia Family Resource Center.

His love of music also has led him to be involved in three choirs on campus so far, and currently he is a member of the Chamber Singers. He's also a resident assistant in Finch and former vice president of the Peer



John Purcell is the February leader. Photo by Chad Christian

Mentor program.

It's easy to see that Purcell is a busy student – but pushing yourself to succeed is what it's all about, he says.

"My three years at this university have taught me eloquent communication skills, leadership qualities, the importance of a strong work ethic and how to conduct myself in a professional business environment. The emphasis on self-driven learning at HPU has encouraged me to work more proactively towards my future goals."

Those future goals include many more ambitious dreams, including going to graduate school to earn a Ph.D. in psychology.

News Continuations

From Award, page 1

reputation our school has earned.

"We have so many caring people at HPU and everyone at High Point University is committed and focused on serving our students and guests—from our security guards to our Campus Enhancement team, to the nice folks working in our food service locations, to our faculty, to our president," said Bills. "Our visitors feel special when they are on our campus and it may be their first time visiting a school... [They] feel that HPU is the right place for them."

From Scholars, page 1

a scholar.

"One of the reasons we bring students down for interviews is that we value more than textbook intelligence and want to know how students communicate their individual message. They must be good communicators, and intelligent responsible leaders," said Findley.

HPU will be hosting the second weekend of Presidential Scholar interviews Feb. 24-25.

From Warlick, page 1

of a chaplain before me was seven years. I've been here for 23. It's time I graduated."

There is no doubt among students that chapel worship will not be the same without Warlick at the pulpit each Wednesday night. But a search for a new Dean of Chapel is in place, and many applications for the position have already been received.

"We have the deepest respect for the tenure of Dr. Warlick and will miss him," said Gail Tuttle, vice president of Student Life. "We have designated a search committee that includes a senior student from the religion department. We are in the process of reviewing applicants right now, and we have had a lot of interest from in state and out of state applicants. Campus ministry is a pivotal role for our community and we want to continue our interfaith focus and development of the spirituality needs of our community."

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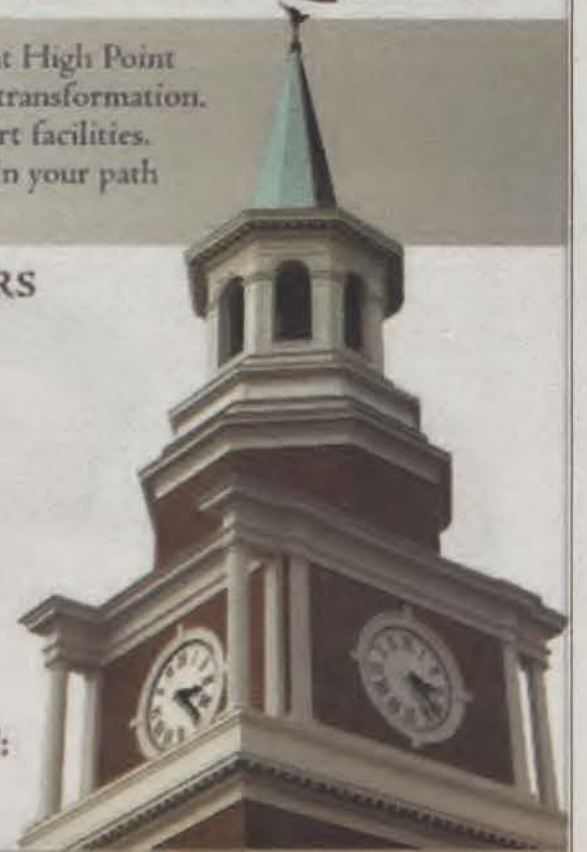
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A&E

Life of an RD: The Sydney Malley Story

By Chelsie Gastright
Staff Writer

High Point University has many student resident assistants as part of the on-campus housing system. As with every job, someone oversees the workers. In the residential community of HPU, the ones who oversee the RAs are called resident directors, or RD's.

Since November 2011, Sydney Malley has served as the RD at both the University Center-2 and the women's complex.

Malley is no stranger because she too was a student at HPU. She graduated in May 2010 and received her bachelor's degree in criminal justice. She has now taken on a job that she feels is perfect for her personality.

"It is fast-paced, interesting, rewarding and fun," said Malley. "I could never have a job that would be the exact same thing every day, so this is perfect for me."

Malley oversees 17 RAs throughout the UC-2 and Complex. However, Monday through Friday she is at work in the Office of Student Life in the Slane Student Center. During her time in the office, Malley and the other RD's work on different projects, such as maintenance issues or simply checking in with students.

During the school week, Malley also works a single 24-hour shift where she and another RD, called a duty partner, must be on call to answer the "duty phone." For Malley, this single shift falls on Wednesdays.

"The duty phone needs to be answered 24 hours a day, so no matter what time the call comes in, we need to be prepared to answer and respond to whatever may be needed from us," said Malley.

However, on weekends there is a rotating schedule. This means that every weekend there are RD's working, but not every RD is responsible to be in every weekend.

Malley is fully aware that while her job is extremely rewarding, there are definitely things that make it difficult to handle at times.

"Sometimes responding to several difficult situations in one night can wear on a person. All of the members of the Student Life team realize this and are very good about giving us what we need," said Malley. "That may be a day off to get

sleep and regroup, or just someone to talk with. Whatever it is we need, they are willing to help provide that for us."

To be a RD, an individual must go through an interview process. In order to be considered for the position, a bachelor's degree is required. One other useful thing that helps boost an RD's resume, but is not required, is past experience as an RA.

Learning about these positions is best obtained through talking with people who have also held a RD position.

"It has been a really great experience for me. If someone thinks that they will make a good RD, they should definitely look more into it," said Malley.

Malley is enthusiastic about what she does and cannot say enough about the positive atmosphere that her team of RD's supplies.

"I really love the team of RD's that I work with. In this type of job, it is important to have a group of people that respect and support each other. I am really lucky to have so many people that I know I can count on in any type of situation."

Malley and her fellow RD's are all aware of the responsibilities that being an RD comes with. The reward of knowing that the position is making a difference in a student's life is what makes this job unique and rewarding.



RD on campus, Sydney Malley, works hard to ensure the safety of the students in the UC-2 and Complex. Photo by Eleanor Christopher.



Is your man always on the phone? Then he violates one of our eight signs you are dating the wrong guy! Photo from love-lectures.com

CAT hosts "Speed Dating" for a pre-Valentine's match-making event

By Eleanor Christopher
Staff Writer

CA.T. hosted its Speed Dating event for the first time in several years on Feb. 7, and according to several students, it was a hit. A few people were concerned that there would be more females than males at the event, but it turned out to be fairly even. More than 50 students registered and about 40 showed up for the two hour event.

The dating process consisted of the females each sitting down at a table, while every three minutes the males would rotate to their next date until every everyone had gone on a "mini date."



Rate Me! After the dates, each person would rate their "potential partner" on a scale from one to five: one meaning "no thanks" and five meaning "let's go out soon."

The dress attire of the event was casual steakhouse attire.

During the night, C.A.T. gave out prizes such as gift certificates to Olive Garden, Red Lobster, P.F. Chang's, and Longhorn Steakhouse, as well as Free Movie Passes and WOW Courtside Basketball seats. It was said that these prizes would make perfect "date nights" for the participants.

"It was a truly adorable, really cool event," said a participant who wished to remain anonymous. "There were question cards that prompted you in case you had an awkward silence, and the date night prizes just really made it even better."

According to another dater, "People who made eye contact seemed more confident and held better conversations overall. And of course, it's all about the non-verbals."

In the end, forty of the participants were matched and 25 percent of those were perfect matches, meaning both the male and female gave each other a perfect score.

"I was only matched with one person, but I wasn't really interested in them," said one anonymous dater. "But it was a really interesting and fun experience, and I am really glad I participated."

Another anonymous dater said, "I met the love of my life!" She said she was completely overjoyed.

"Overall I was very pleased with the turnout and the interactions between students," said Maghon Walker, coordinator of student programming. "Next time, I would like to get a bit more information about each participant when they pre-register, such as class year, so that we can have a better representation of the student body. I would also like to be able to accommodate for people who cancel last minute or arrive without registering because it was hard to deal with changes due to the pre-printed out nametags and score-cards."

Matches were definitely made with the help of speed dating. There are records of a few couples actually going on dates with each other after meeting at the speed dating event. The people who attended can confidently say that this event helped them get to know more people and made them more confident with putting themselves out there in the future.

Speed Dating was surely a success and it definitely put students in the mood for Valentine's Day. Maybe at least one person was able to find a "valentine" because of it, but really what matters are that students were able to meet new, interesting people in a casual, fun environment.

8 signs you're dating the wrong guy

By Jodi Guglielmi
A&E Editor

1. When he continues to call you Jill, and that's not your name. But it IS the name of his ex-girlfriend.
2. When he seems to take longer than you to get ready for a date. Unless you recently cut off all of your hair and have banned makeup.
3. When he is too cheap to buy you a decent piece of jewelry and instead gets you an iron. Just because you can "use it all the time" doesn't make it thoughtful.
4. If he wears a speedo or owns a fanny pack. Seriously, for everyone's sake, take it away from him and get out of there as fast as possible.
5. Leaving a mess everywhere you go. You are not dating them to be their mother. They need to learn to clean up or get out.
6. When a guy tells you he is having a "bro night" and then invites a bunch of girls. Excuse me, but since when did those floozies in heels qualify as "bros"?
7. If the check comes and he just gives that smile with puppy dog eyes asking you to pay. See #3. Dating a cheap guy is never the right guy. He needs to show you that he cares, and sometimes that means doing it with his wallet.
8. He always seems distracted when he is with you. Whether he is constantly on his phone or just plain not listening, he should WANT to be with you over anything else.

A&E

The Everyday Fashionista: How to find the perfect spring break bathing suit

By Jordan Breetz
Staff Writer

So I know everyone has been in the gym every day trying to achieve the perfect spring break body, right? Well, in case you missed a couple of days or don't feel like your body is quite up to par, don't fret; they do make other swimsuits besides the string bikini.

The Pin Up Girl - These are completely full coverage and so chic! So in case you have never even heard of a gym, try one of these.

The Deep-V Plunge - Try the deep-v plunge with a big hat and glasses.

Tankini - DON'T wear these unless you are going on a Disney cruise with your grandmother. Actually, go ahead and leave it at home, I am sure she will let you borrow hers.

Side Thought - I really shouldn't have to say this but in case you are EVER thinking of wearing a "skirted" bottom swimsuit... think again!

Boy-short Bottom - For the ladies with larger bottoms, try a sporty boy-short bottom. These are cute and keep from "letting it all hang out." Which, by the way, is not something we strive for. That my friends, is called trashy and trashy is a bad thing. Just making sure we are all clear.

Bandeau - Try a bandeau top, so cute and girls with the opposite problem will envy you.

None of these work for you? Well, a t-shirt is not the answer. No matter what your size, there is the perfect suit for you. So let's gain some self-confidence and hit the beaches. Chances are you look better than you think you do. If not, everyone is preoccupied anyways, so they will never remember. Have a great spring break and enjoy laying on the beach and not thinking about classes even once!



Bandeau
Photo from southbeachswimsuits.com

Love is on the doors: winners from the Valentine's door decorating contest



Dana McLaughlin and Katherine Watson won first place on their UC-2 door due to the unique idea of using cupid as their main focus. The judges were impressed with the creative decorations they used to cover nearly the entire door including the areas around it as well.

Ashton Kirby, Catelyn Griffin and Shelby Hamilton took second place on their door in Wesley with their sweetheart box! The neatness of the door and the detail within both the sweetheart box and hearts showed just how hard the two worked on their door.

Photos by Jeremy Hopkins



Kirstyn Busswell and Christiana Walker won third place for using hearts inspired by Valentine's Day as their main theme. The judges loved this door because it clearly represented Valentine's Day.

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A&E

'Temple Run': The new craze sweeping smart phones of students

By Meghan Pignataro
Staff Writer

Swipe, jump and slide: these are the motions you need to learn to master the popular mobile application Temple Run.

Released in August 2011, Temple Run is designed for touch screen Apple products such as iPhones, iPods and iPads. Within six months the game has reached 20 million downloads, making it the No. 1 download in the iTunes App store.

The purpose of this 3-D game is for an Indiana Jones-like character to run through a series of obstacles in an ancient temple and avoid being captured by a group of apes.

While jumping over broken pathways, sliding under deadly fire and making sharp turns, the player is aimed to collect as much coins as possible throughout an endless run. The more coins collected will increase the player's score and unleash new characters and tools designed to boost the performance.

With just the slide of a thumb or tilt of the device, the player can escape the tough obstacles and continue on their journey to stay alive.

"It's very easy for the player to fail," said junior Sue Molyneaux. "A simple trip can cause the annoying apes to appear just a few inches behind your feet, which makes you get really nervous."



Photo from www.slidetoplay.com

"Taking your eyes off of the screen for just a second can cause you to jump over

the temple walls and bring you right back to the beginning," said Molyneaux.

At this point, players have two options: quit playing or start over. Because the game has millions hooked, many choose to start over.

As the No.1 download, iPhone users have become addicted to this new game as they test their reflexes and strive for a higher score.

"Once I start playing, I can't stop. I keep wanting to get a higher score," Molyneaux said. "I think that's what makes the game so addicting - you want to go further and further, and do better than you did last time."

Yet this is not just another common mobile app. This particular game has produced high statistics and ratings, making it so successful.

According to Droid Gamers, Temple Run has sold more copies than any game on PlayStation 3 or Xbox 360.

One of the major high-

lights that contribute to the success of this game is that it is a free download. Unlike many mobile apps, the game does not require the player to purchase anything to proceed to a higher level.

Junior Mike LoCastro began playing Temple Run just last month and has earned an impressively high score. "Right now my score is 22,990,466" he said. "But the most challenging part is the quick turns and the turns where you drop and die automatically."

While some players consider themselves pros at the game, beginners are struggling as they learn how challenging the mobile app can be.

"Getting the coins is the hardest part," said junior Sarah Voigt. "It's so hard to get them and stay on the pathways at the same time," she said. "I get so frustrated, and it makes me pretty unhappy at that moment!"

With the widespread popularity among Apple users, Temple Run is destined to expand.

"I don't have the iPhone," said junior John Stokes, who heard about the game from his roommate, "but it seems really addicting to me. Almost like angry birds."

In the upcoming months, Temple Run will be released to Android phones, giving more people the opportunity to play.

FRESH FOOD

SHEETZ

MADE TO ORDER

FEEL THE LOVE



Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

CULTURAL ENRICHMENT SERIES Sechrest Art Gallery Monday - Thursday from 1PM to 5PM - Hayworth Fine Arts Center, Sechrest Art Gallery 15-17 HPU Dance Concert 7:30PM - Hayworth Fine Arts Center, Pauline Theatre 19 Finch Lecture Features: Dr. Stanley Hauerwas 4:30PM - Phillips Hall, Francis Auditorium		22 HPU Instrumental Ensemble Spring Concert 7:30PM - Hayworth Fine Arts Center, Pauline Theatre 29 High Point Community Concerts - Wendy Brown 7:30PM - Hayworth Fine Arts Center, Pauline Theatre 30 HPU Musical Theatre Workshop Performance 7:30PM - Hayworth Fine Arts Center, Pauline Theatre		FACULTY LITERARY Located in The Extraordinaire Cinema		1 Men's Big South Semifinals	2 vs Mercer 4PM	3 Men's Big South Championship vs Mercer 2PM
4 vs Mercer 1PM		5 Women's Lacrosse vs Holy Cross 6PM	6 vs Richmond 4PM	7 vs Richmond 4PM Women's Lacrosse vs Vermont 12PM	58 days until Commencement		9 vs Manhattan 4PM Women's Big South Quarterfinals	10 vs Manhattan 2PM Women's Big South Semifinals
11 Spring Forward Daylight Savings Time Women's Big South Championship Hosted by HPU vs Manhattan 1PM		12 MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM	13 HPUREC FOOT CAMP Sign Up 9AM at the HPUREC Services Desk	14 WEDNESDAY NIGHT LIVE Laser Tag 5PM	15 IDS Event HPU Dance Concert 7:30PM - Hayworth Fine Arts	16 IDS Event HPU Dance Concert 7:30PM - Hayworth Fine Arts CAT GOES TO CHARLOTTE CHECKERS GAME! Last day to drop with a "W" grade	17 IDS Event HPU Dance Concert 7:30PM - Hayworth Fine Arts St. Patrick's Day! CAT GET LUCKY BINGO! Women's Lacrosse vs George Mason 1PM	
18 35 DAYS UNTIL The Fray	19 IDS Event Finch Lecture Features: Dr. Stanley Hauerwas 4:30PM - Phillips Hall, Francis Auditorium MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM	20 Wilson Commerce Ballroom - 6PM vs Appalachian State 6PM BLOOD DRIVE 11AM-3PM Slane Gym	21 vs East Carolina 6PM WEDNESDAY NIGHT LIVE Karaoke Night 8PM	22 IDS Event HPU Instrumental Ensemble Spring Concert - 7:30PM Hayworth Fine Arts Center SGA Meeting Phillips Lecture Hall 7PM	23 CAT GOES TO THE PREMIERE OF THE HUNGER GAMES	24 CAT GOLF OUTING VERTKLASSE TRACK & FIELD MEET All Day		
25 Women's Lacrosse vs Oregon 1PM facebook BECOME A FAN OF C.A.T. CAMPUS ACTIVITIES TEAM ON FACEBOOK submit your ideas for future CAT events & activities	26 MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM	27 vs Wake Forest 6PM Wilson Commerce Ballroom - 6PM	28 WEDNESDAY NIGHT LIVE Jazz Band The Great Day Bakery 8PM	29 IDS Event HP Community Concerts Wendy Brown - 7:30PM Hayworth Fine Arts Center SGA Meeting Phillips Lecture Hall 7PM	30 IDS Event - HPU Musical Theatre Workshop Performance - 7:30PM Hayworth Fine Arts Center CAT BASEBALL TAILGATE AND TIE-DYE PARTY vs VMI 6PM Women's Lacrosse vs Jacksonville 7PM	31 CATFLIX EXTRAORDINAIRE CINEMA 10PM admissions spring open house vs VMI 6PM		

Organizations

Kappa Delta Sorority to host fishing tournament in March

By Katie Harmon
Staff Writer

Most sorority fundraisers are rather predictable: bake sales, car washes, toy drives, canned goods collections and Valentine's Day candy grams. Kappa Delta is breaking the mold with a new idea.

On March 24, Kappa Delta sorority will be trading in their heels and pearls for bait and tackle. The sorority is hosting the "All Things Southern Fishing Tournament."

High Point University students will have the chance to come out to Oak Hollow Marina and participate in the tournament while supporting a good cause. The tournament is called a "Shamrock Event" because a fundraiser is held at this time in March every year that benefits the sorority's main philanthropy, Prevent Child Abuse America.

"Eighty percent of the proceeds will be sent to our local beneficiary, Family Service of the Piedmont," said Alyssa McFarland, the event coordinator. "The other 20 percent goes to Prevent Child Abuse America. Because of Kappa Delta's national involvement with this philanthropy, 3,500 families are helped each year."

According to the Kappa Delta Sorority website, a Kappa Delta sister founded Prevent Child Abuse America in 1972, and the sorority has been a proud supporter since 1981.

Prevent Child Abuse America is an organization com-

mitted to preventing "the abuse and neglect of our nation's children." The foundation spreads awareness, funds research, and supports and fosters programs that promote a healthy, safe, and nurturing environment for children everywhere.

Kappa Delta chapters across the country also host "Shamrock Events" every year. These events, which range from chili cook-offs to fashion shows, help raise money for child abuse prevention efforts nation-wide. The chapters are encouraged to be unique and creative when planning these events.

"I've been working on this event since November," said McFarland. "After talking about it with some of my sisters and [seeing] what other Kappa Delta chapters have done, I thought it was something students at our school would enjoy."

McFarland has found people quite supportive of the fishing competition.

"I knew about Oak Hollow



Kappa Delta sorority models an iconic photograph to help raise awareness for child abuse and their Shamrock events.

Marina," she said. "They were so excited to partner up with High Point University, especially since it's for such a great cause."

In addition to fishing, the event will also include a corn hole tournament, a biscuit eating and sweet tea chugging competition, and a cooler decorating contest.

"The cooler must incorporate both fishing and Prevent Child Abuse America in some way," said McFarland. "The person fishing will get to keep the cooler, and the people who painted it will receive a prize."

Kappa Delta sisters are very excited about this event, and encourage everyone to get involved and help raise support and awareness for preventing child abuse.

Those interested in competing may sign up at the University Center philanthropy tables from 11 a.m. to 3 p.m. Feb. 27-March 2 for a \$20 entry fee. The cost of general admission is \$5, including food.

HPU College Republicans attend stump speech for Pat McCrory

By Wilson Powell
Staff Writer

Thunderous applause shook the Jamestown Oriental Shrine Club on Jan. 31 while The Who's hit song "Won't Get Fooled Again" played. Supporters filled the seats and WRAL News reporters lined the walls. Those in attendance included state representatives, senators, and the High Point University College Republicans. Pat McCrory, a Republican candidate running for governor in the state of North Carolina, chose Jamestown as a stop on his campaign trail because he holds the town close to his heart.

McCrory served as the mayor of Charlotte for seven terms. Now, he sets his sights

on an ambitious goal—to be the governor of the state of North Carolina. When McCrory first ran for governor in 2008, he was narrowly defeated by Gov. Beverly Perdue, current governor of North Carolina.

According to a poll tracker conducted by Talking Points Memo, since Gov. Perdue took office in 2008, her approval ratings have been dropping. The most recent polling showed that 51 percent of the voters disapprove of her job performance, and only 32 percent approve of her work this term. Gov. Perdue announced in January that she would not be running for re-election.

If McCrory is elected as governor of North Carolina, he hopes to focus on several goals. One of these goals is lowering the unemployment rate, which has been

above the national average. According to the Bureau of Labor Statistics, North Carolina's current unemployment rate is 9.9 percent, whereas the national average is 8.3 percent.

He also plans to alleviate pressure on small businesses so that expansion can increase and more people can be hired. This can be done for both existing businesses as well as ones that

may expand into the

state from another area.

Additionally, McCrory wants to focus on energy exploration to provide more jobs and advance the state's energy independence.

McCrory also hopes to improve the level of efficiency in the state government. During his speech at the Oriental Shrine Club, he recalled an anecdote describing a recent trip to the North Carolina Department of Motor Vehicles. McCrory spoke about how he felt it took much too long and he hopes to fix the inefficiencies by improving the waiting process for visitors.

"We have to do more with less money," said McCrory at one of his political events. He feels that the state is spending much too frivolously and that we should not "accept long-term unfunded mandates."

Justin Burr, a representative from the 67th district that includes Stanly, Union and Montgomery counties, agrees wholeheartedly.

"The highway trust fund, that is supposed to pay for the state's infrastructure, has been robbed of \$190 million," said Rep. Burr to the Campus Chronicle.

However, Susan Fisher, a Democrat representative from the 114th district, has a different take on the government.

"Gridlock may be part of the strategy in order to make sure that none of the President's initiatives are dealt with," said

"You should elect someone who can help students get jobs..."

~Susan Fisher
Representative of the
114th District

Rep. Fisher in an email. "It is all about getting re-elected and they [the Republicans] are not going to cooperate in the least with Obama if it puts their re-election campaign at risk."

Rep. Burr feels that this election is highly important for both North Carolina

and McCrory. He argues that this is the deciding point on the short-term future of the state in terms of employment and overall happiness and prosperity.

College students are one group that is especially affected by the short-term labor market because the first job they find often plays a key role in the rest of their career. Rep. Burr urges every college student to consider McCrory for governor.

"He is the best opportunity to move forward. You should elect someone who can help students get jobs upon graduation and can improve the way businesses are treated," said Rep. Burr.

One thing that both Rep. Burr and Fisher can agree on is that this election will affect college students applying for work in North Carolina.

"Jobs are important to the state now that college students find themselves at the beginning of their careers," said Rep. Fisher. "Almost 25 percent of recent graduates have moved back home with their parents because they can't find work."

"College students should vote for the candidate that has proven him or herself to be focused on maintaining and further improving North Carolina's status as the education state."

Voters will be able to influence the decision at this year's election. It is a fresh start for candidates who have not yet served as the state's governor, which means the future is up to the voters. Before making a decision, research each of the candidates and, most importantly, remember to go out and vote.



Rock the vote. Pat McCrory will run for governor of N.C. in the 2012 elections. Photo from www.katysconservativecorner.com

Sports

The regimented lives of NCAA student athletes

By Steven Haller
Editor in Chief

When students make a choice to participate in an NCAA Division 1 program, they make quite a heavy commitment. From the outside looking in, others are relatively unaware to the actual number of responsibilities college athletes must complete.

Student athletes have weeks that are way more crammed than those of non-athletes. All college students have to attend class and complete all of their school work. During an average day, they may also get to socialize with

friends, watch television, or take a nap if they did not get enough sleep the night before. Division 1 athletes do not have those luxuries.

"The number one thing for student athletes no matter where they are going to school is time management," said Erika Carrubba, Assistant Sports Information Director at High Point University (HPU). "If you are not a good manager of your time, you are going to struggle because there are so many responsibilities put on you."

Student athletes have to attend class and do all of their school work just like all students. But they also have to go to practice, work out in the weight room, meet with the athletic trainers, attend interviews for the media, go

to film shoots for half time and pregame sports videos, attend required study hall hours, meet with professors to discuss a class they know they will miss for a game, participate in the actual games, and travel to and from games.

Janay Whittaker, junior defender on the HPU women's soccer team, said, "Some days during the season we have a 6 a.m. practice that is about an hour and a half long, and go to class after that. That same day we would have a weight room session. Other days we have night practice from 8 p.m. to 10 p.m. Then we have to find time for homework and study hall between all of that, all the while trying to eat properly and get eight hours of sleep every night."

Traveling is also time-consuming for NCAA programs. Whittaker said that most of her team's games are at 7 p.m. For a three-hour trip, the team would leave at 2 p.m. to get there and still have time to relax and be ready by the time warm-ups start. Then, the game is about two hours and the team has to drive three hours back to arrive

at HPU by midnight; that is 10 hours.

Nick Schumacher, senior pitcher for HPU baseball, said, "With the regular

schedule that comes with being a student athlete, it is almost like a job."

The HPU baseball program requires players to arrive to games three hours before the first pitch. Schumacher arrives at games another hour before that for individual preparation. The team played 56 games last season, so that is 56 extra hours out of his time during the regular season.

But it is not just during their season when student athletes are busy. They often have to sacrifice some or all of usual breaks that non-athlete students get, such as spring break and Thanksgiving break. Some athletes do not get the luxury of seeing their family on Thanksgiving.

The schedule is the most difficult part of student athletes' lives, but they also have to ensure they are following NCAA rules.

The NCAA currently restricts student athletes to 20 hours of work with coaches. This serves as a way to protect the student athletes from exhaustion.

"When I played baseball, we would have to block out noon until 6 p.m. every day, so we would have six-hour days and then we would do our rehab and so forth afterward," said Craig Keilitz, Athletic Director at HPU and former college athlete as a baseball player at Central Michigan University. "I think we have made some good decisions in college athletics to make the 20-hour limit and not totally dominate the lives of our student athletes."

NCAA rules also make student athletes worry about what they eat and drink. According to the NCAA banned drug list, student athletes may not take any form of stimulants, which includes drinking energy drinks or anything with caffeine. Think of how many times students look to caffeine in order to complete a project or stay up to study.

Student athletes are regularly tested for using caffeine. They can be penalized if caffeine concentrations in urine exceed 15 micrograms per milliliter. This could occur from ingesting any products that use caffeine as a primary ingredient, such as coffee, sodas, energy drinks, or pills that treat headaches.

There is so much for student athletes to do, and Keilitz says, "Until you live it, you really cannot comprehend the difficulty."

It is difficult to successfully live that kind of life, but student athletes at HPU are doing it very well. The current average GPA of student athletes at HPU is 3.1, well above the NCAA's rule that every athlete must have above a 2.0 GPA.

The degree of difficulty also goes up due to the age of the student athletes that are accomplishing all of this. When fans watch Duke basketball games or Alabama football games, athletes are often viewed as adult professionals. It is important to remember they are not.

"With so much media coverage, it is often forgotten that the athletes you see on television competing are kids, 18- to 22-year-old boys and girls," said Carrubba. "Playing sports is not their job; they are not professionals. They are here to get an education first and then play sports."

The NCAA bans the following classes of drugs:

Stimulants (can help increase performance): amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); exceptions: phenylephrine and pseudoephedrine (both used in common over-the-counter decongestants)

Anabolic Agents – (found in steroids): boldenone; clenbuterol; DHEA; nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone

Alcohol and Beta Blockers (beta blockers are known to steady the hands and keep you calm; legitimately used to combat heart problems): alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol

Diuretics (water pills) and Other Masking Agents (can be used to excrete water for rapid weight loss and to mask the presence of other banned substances in urine): bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid;

spironolactone (canrenone); triameterene; trichlormethiazide

Street Drugs:

heroin; marijuana; tetrahydrocannabinol (THC) – no other substances are classified as NCAA street drugs.

Peptide Hormones and Analogues (used to increase muscle growth and strength): growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO)

Anti-Estrogens (reduces estrogen and counters side effects of steroids; legitimately used to treat breast cancer): anastrozole; tamoxifen; formestane

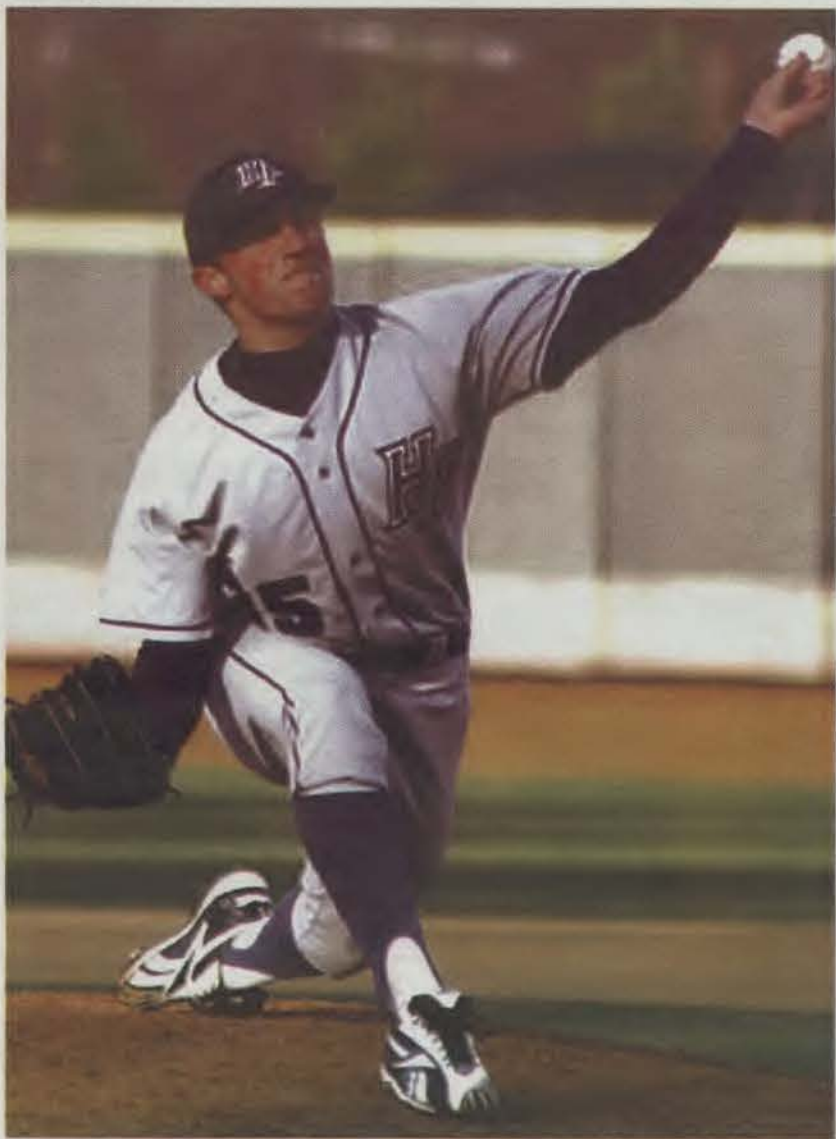
Beta-2 Agonists (increases ability to exercise at an optimal level; legitimately used to treat asthma by relaxing airway muscles): bambuterol; formoterol; salbutamol; salmeterol

Any substance that is chemically related to the class of banned drugs is also banned (unless otherwise noted).

Information from the official rules of the NCAA.



Junior Janay Whittaker says the women's soccer team can sometimes have practice start as early as 6 a.m. and other times practice may not finish until 10 p.m. Photo courtesy of HPU Sports Information



Senior Nick Schumacher relates being a student athlete to having a job due to all the hours he has to put in. Photo courtesy of HPU Sports Information

Sports

Barbour and Shine to play final home game tonight

By Nolan Stout
Staff Writer

It's one of those indescribable feelings. Trying to explain the feeling one gets when something you've worked at since you were just a kid is coming to a conclusion is almost impossible. For Nick Barbour and Shay Shine, their long and illustrious basketball careers at High Point University are coming to a close.

"I don't know how to put it in words how happy I've been here the last four years," said Barbour. "It seems like just yesterday I was walking in here as freshman."

Shine is looking a little further, hoping to continue playing basketball, unwilling to just hang up his sneakers.

"It's a little emotional, but I'm really excited to continue my career and see

where I go after this," says Shine.

These two have accomplished much in their careers at High Point University. Shine has been a crucial player for the team the last four years. He is in the top 10 all time at HPU in 3-point percentage, was featured on Sports Center twice, and will be participating in the "Dark Horse Dunker" competition.

Barbour has climbed to number three on the all-time scoring list, scored over 2,000 points, is the all-time three point leader with 296 made three-point shots, and is in the top ten all-time at HPU in 3-point percentage and free throws made.

As for the team, the Panthers have picked

up their play as of late. After losing five straight games between Jan. 14 and 26, the team has won four of their last six to climb back up in the standings and have a fighting chance at sixth place.

Coach Cherry is putting emphasis on the necessity of his team to win their games, not rely solely on help from others.

"We've got to win our games," says Cherry, "If we take care of things on our end and get some help from other teams we could end up getting that sixth seed."

Barbour and Shine think the team is heading in the right direction with only one game left in the regular season: tonight.

"We're playing really good basketball right now," says Shine.

"We're taking care of the little things that make us dangerous," says Barbour, "I feel good going into the tournament. We've got a good chance to win."

The Panthers are currently sitting in eighth place in the Big South with a 7-10 conference record. They are currently chasing VMI and Liberty, which are tied for sixth, each with a 7-9 conference record.

The last two games of the season for the Panthers are the EPSN Bracket Busters against Stephen F. Austin, which they lost 69-62, and the regular season will end tonight at home against Campbell, a must win for the Panthers.

Shine and Barbour will be playing their last game at the Millis Center tonight at 7 p.m. A beginning to the end of the dreams these two have been chasing since their young days.



Senior Nick Barbour is a men's basketball guard. Photo by HPU Sports Information



Senior Shay Shine is a men's basketball guard. Photo by HPU Sports Information

Panthers baseball opening day: fun for the entire HPU Community



The Panthers baseball players defeated Army 2-0 in a game that began the third season in the Coach Cozart era. Photo by Jeremy Hopkins



Students are allowed to watch the game from any vantage point they desire. A popular location is on the hill behind the first base dugout (above). Photo by Jeremy Hopkins



HPU Sports Marketing has the job of keeping the crowd entertained between innings with promotions and games, such as the tin foil body wrap (above). Photo by Jeremy Hopkins



It was sunny and 60 degrees for the opening day game on Feb. 22. The stands filled with fans taking advantage of the great weather in which to experience America's pastime. Photo by Jeremy Hopkins

Sports

Dissecting the arm and mind of Jaime Schultz

By Henry Molski
Sports Editor

The radiant sun heated up the playing field at Winthrop Ballpark to a balmy 88 degrees. The white-knuckle thriller in May 2010 between High Point University and Liberty University in the Big South Conference Tournament made it seem even hotter.

The oddity about Winthrop Ballpark is that it was designed without the sunset in mind. This left the sun reflecting fiercely off the press boxes and right into the eyes of High Point Panther freshman starter Jaime Schultz for the better part of the evening.

This didn't slow Schultz down.

Schultz kept a cool ERA just above four during the 2010 season and that was not about to change on this day. Through four innings Schultz had only given up two hits and not a single run.

What happened in the top of the fifth was something that no one saw coming.

Designated hitter Jeff Jefferson was at the plate for Liberty when Schultz's catcher, Kyle Mahoney, called for a curveball. That's when he felt "it."

"Whoa. That was weird," thought Schultz as he noticed a peculiar kind of discomfort in his elbow.

Mahoney signaled for another curveball.

"I'm throwing a fastball this time," thought Schultz.

Schultz threw his fastball, but then Mahoney wanted another curveball. Schultz obliged him.

"That's it," thought Schultz after throwing the curve.

Usually a quick worker, Schultz started to pace about the mound. This was enough of a sign to get a reliever ready. Drew Dades was in the bullpen to warm up in an instant.

After a brief meeting on the mound with Schultz, his night was over.

The game went on without Schultz though. In a back-and-forth bout High Point held on to a one-run lead for most of the night.

In a night with many heroes for the Panthers, it took a strikeout with the bases loaded in the bottom of the ninth to decide the outcome.

High Point won.

But High Point also lost something that day.

The highly talented and charismatic leader of the team in Jaime Schultz would not pitch again in 2010 for the Panthers. The Panthers did not win another game in the Big South Tournament.

In addition, Schultz was about to undergo one of the biggest changes in his life.

* * *

The fall is a time for baseball players to get back into the swing of things. It is a time to practice the fundamentals and a time to strengthen up for the long grind of a baseball season.

Instead of getting ready to pitch for his 2011 sophomore season, Schultz now donned an imaginary red-shirt, meaning he would not play for the Panthers in 2011.

Schultz instead spent his time preparing for his surgery. The long road to recovery had begun.

At first, Schultz's injury wasn't definite enough to put him under the knife. He sat out for all of summer ball to see if his arm would heal. Unfortunately, when he tried

to throw again in the fall he knew instantly there was "no way."

Diagnosed with an elongated ulnar collateral ligament or UCL, Schultz was to have the famous Tommy John surgery in which the damaged ligament in the arm is replaced.

"In Schultz's case, he couldn't throw with the pain in his arm with just rehab," said Tyler DePew, the team's head athletic trainer. "With the velocity that he throws, the surgery became the only option."

Described by DePew as a fairly standard procedure nowadays, the primary purpose of Tommy John surgery is to replace the UCL. The procedure calls for a graft from the patient's hamstring or wrist or from another cadaver. In Schultz's case it would come from a ligament in his hamstring.

The surgery took place without any major speed bumps. The only thing the doctors were unsure about was if Schultz had, in fact, torn the ligament or just severely elongated it.

When Schultz awoke from his surgery he immediately felt the fear rush through him. He could not feel or move his right

Schultz was the same comedian that he had always been all along, but some days were different.

"There were days that he wouldn't be the same," said Jared Avidon, teammate and roommate of Schultz. "You could tell the rehab was long."

* * *

Losing a stellar starting pitcher is tough. Losing a charismatic leader is even tougher.

"Jaime is one of the most charismatic I've ever coached," said Craig Cozart, the head coach of the High Point Panthers. "He is at his best when he is the most care-free. He has a tremendous presence on this team."

Clearly, the loss of a player of this stature would not be easy to overcome.

The Panthers did struggle in 2011, stepping back from their 31-29 season in 2010 to 24-32. While Schultz was still always working out with the team and at all of the home games, he did not travel and he, obviously, did not make it onto the field.

Even with the ups and downs of rehab for Schultz, teammates appreciated his



Jaime Schultz earned the save in HPU's win over Army on Feb. 17. Schultz earned a four-out save on Friday and Saturday, putting any doubts about his arm to rest. Photo by Jeremy Hopkins

arm at all.

"It was the worst pain I had ever felt," said Schultz. "Both my arm and my knee were in a lot of pain."

DePew described Schultz's pain as very normal. No warning flags were raised by any of the discomfort he felt.

"Players usually think they're going to come out feeling great because they think they're invincible," said DePew. "However, it is usual to have that kind of pain."

From this point on, Schultz's journey would turn to rehabilitation.

The first thing that rehab attacks is the swelling around the surgery. Next is returning the arm's full range of motion. Lastly is returning its strength.

"It was long to say the least," said Schultz.

Schultz had to make it through the grind of rebuilding every bit of strength his arm once had. This meant starting with 1-pound weights. One pound.

"It was hard to be around everyone in the gym lifting when I was just curling 1 pound or 3.5 pound weights," said Schultz.

However, Schultz knew that his teammates had been there before and knew what it was like for him to go through the rehab.

Most of the time, teammates said that

presence.

"Most of the time you could never tell he was injured," said Avidon. "He's always that goofy kid."

Baseball games can drag along from time to time. Seasons can drag even longer. This is why players of the game find ways to stay involved and have fun.

Schultz is an unspoken leader of the baseball hi-jinks for the Panthers. Whether he is organizing human dominos during a batting practice or covering a coach's back with tape, Schultz is always in the thick of the action.

To combat his absence and injury, Schultz had to work at staying involved and in rhythm with the team. This meant doing anything from doing the day-to-day field work for the team to dressing up and dancing as the team mascot, Prowler, for promotional videos.

Schultz has the ability to define the character of the entire Panther team. Avidon said that he used to get mad when he played or even angry when he was on the field. Schultz helped him change that.

"Now I play by having fun and laughing," said Avidon. "[Schultz] is someone that you can always go to talk to."

And before every game Schultz is dancing. If they are at home he could be jump-

ing off lockers. If they are on the road, he is dancing on top of bus seats.

There is nothing that puts a smile on a teammate's face quicker than Schultz's dancing. Cozart chooses to embrace this talent as well.

"The man is full of explosive fast-twitch fibers," said Cozart. "This is why he can dunk at 5 feet 9 inches."

Cozart doesn't disapprove of the energy in the clubhouse. In fact, he cultivates it.

"You have to harness the energy," said Cozart.

* * *

Harnessing the energy will be a key to not only the Panther's season, but in Schultz's return in 2012.

Heading into the spring season with High Point's first game on Friday, Feb. 17 against Army, Schultz was almost entirely prepared. Minor in-game adjustments remained, but Schultz believed that his arm was as healthy as every with coaches and training staff approval.

While winning remains a top priority for the program, coaches must additionally keep the health of their players in mind. Cozart now has Schultz set up as a closer for the Panthers in 2012, a role new to Schultz at High Point.

Schultz will not be expected to take on as many innings this year with his newly reconstructed arm. This way the team can get the most out of his talent by putting him in the challenging role of closer.

While the arm is fully healthy now, coaches do not want to overwork the new ligament. With short stints in the bullpen instead of long starts, Schultz's arm should stay in full health.

"It's a long season," said Cozart. "A closer can be either a hero or a goat. That's why you have to be mentally tough."

This is why the coaches think that Schultz fits the bill perfectly. Schultz is a man who is easy-going and carefree enough to shake off a blown save and then go back out the next day and handle the rigors of earning a save.

"Schultz's outlook on life and his enthusiasm day-to-day makes him the right fit as a closer on the team," said Cozart.

As far as personal goals go for Schultz, he already hopes to have at least six or seven saves in 2012. This would be a great bounce-back year for any college-level pitcher returning from injury.

High Point will also put a very talented group of men on the diamond with Schultz. Starting pitcher Malcolm Clapsaddle already has major league scouts coming in to watch him practice and infielder Mike Miedzianowski already was drafted by the Baltimore Orioles. He chose to play college level ball first.

It has been over a year and a half since Schultz last threw a pitch in a game, but he knows he won't get the butterflies when he steps onto the mound.

"I don't get nervous anymore," said Schultz. "Not since my first college game. I'm ready to go now."

It showed during his opening weekend.

Schultz recorded two four-out saves: one on Feb. 17 and another on Feb. 18 in Panther victories over the Black Knights of Army. There was not a single worry about the arm.

As HPU hosts the Big South Conference Championship in 2012, who wouldn't want to see Schultz dancing around his home field with a trophy?

Sports

2012 Women's Lacrosse

Going for a repeat conference title



Key Returners in 2012

1. Grace Gaeng, Attack Jr., *Bel Air, Md.*
2. Chelsea Thompson, Attack So., *Arnold, Md.*
3. Mackenzie Carroll, Attack So., *Arnold, Md.*
4. Heather Zicarelli, Midfield Sr., *Rochester, N.Y.*
5. Sara Kuhlman, Midfield So., *Cincinnati, Oh.*
6. Christie Dougherty, Midfield So., *Rocky Point, N.Y.*
7. Alex Perry, Midfield So., *Lewes, Del.*
8. Jasmine Jordan, Defense So., *Baltimore, Md.*
9. Courtney McLaughlin, Defense Jr., *Apex, N.C.*
10. Lauren Hayes, Goalie Jr., *Yorktown Heights, N.Y.*

Preseason Honorees

- Sara Kuhlman
All-NLC team
- Grace Gaeng
All-NLC team
- Courtney McLaughlin
All-NLC team

**Head Coach Lyndsey Boswell was also featured in January's issue of Lacrosse Magazine.*

Meet the Coaching Staff



Head Coach
Lyndsey Boswell,
second season
Phfeiffer, '05



Assistant Coach
Whitney Michele,
second season
Connecticut, '09



Assistant Coach
Staci Passafiume,
first season
CW Post, '10



Athletic Trainer
Hillary Malmberg,
second season
Townson, '10



Strength & Conditioning Coach
Mike Rhoades
East Stroudsburg



Chelsea Thompson and Mackenzie Carroll celebrate on the field after scoring a goal against the women of Army. Thompson had two goals and three assists on the day and Carroll had an assist of her own. Photo Courtesy of HPU Athletics

Remaining Schedule:

Feb. 22	at Virginia Tech
Feb. 29	UC Davis
Mar. 5	Holy Cross
Mar. 7	Vermont
Mar. 10	at Robert Morris
Mar. 17	George Mason
Mar. 25	Oregon
Mar. 30	Jacksonville
Apr. 7	Presbyterian
Apr. 11	at Duke
Apr. 13	at UNC
Apr. 15	at Howard
Apr. 20	Liberty
Apr. 22	Longwood
Apr. 28	Davidson
May 4-6	NLC Tourn. <i>Davidson, N.C.</i>

Women win thrilling home opener over Navy

By Joseph Wetzler
Staff Writer

Coming off of a Conference Championship a season ago, the High Point University women's lacrosse team had high expectations. They met those expectations with a huge come-from-behind victory. The team defeated Navy 11-10 in the first game of the season at Vert Stadium.

Christie Dougherty led the Panthers with three goals and an assist, scoring the winning goal with 4:20 left in the game. Heather Zicarelli, Chelsea Thompson, and Courtney McLaughlin each scored a pair of goals to lead the Panthers over Navy.

Navy had a 7-4 lead at halftime but Dougherty came out and scored two quick goals to cut the deficit to one goal.

"We were timid in the first half," said Coach Lyndsey Boswell. "We made some adjustments at halftime and came out more aggressive. The draw control in the second half helped change the momentum to our side."

Navy took a 10-8 lead with 15 minutes of play left and that is when High Point tightened up. They scored the last three goals of the game, including Dougherty's winning goal with just over four minutes to play. The Panthers felt the pressure in the final minutes when Navy was given a free-position shot, but freshman goalie, Julia Burns, stepped up and made the save.

"I was a little nervous, but I was very confident in our goalie," said senior Zicarelli.

Coach Boswell shared the nervousness. "We didn't want overtime. Julia stepped up and made a huge save for us," said Boswell.

That is the type of strong competition that High Point will be faced with all season long. They have a very competitive schedule that includes Virginia Tech, Oregon, and Duke. Despite the strength of the opponents, the mindset of the High Point team remains the same.

They want to defend their Conference Championship and make a statement that

High Point has an elite women's lacrosse team.

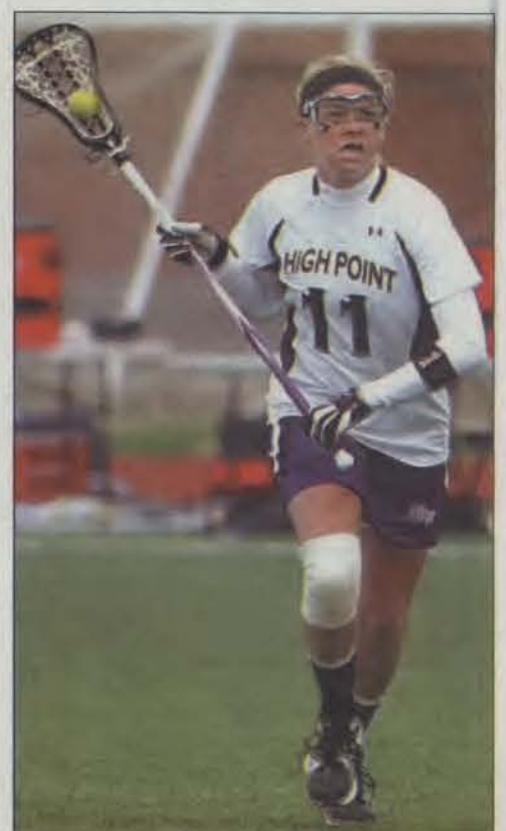
When asked what her goals were for the season, senior attacker Alexis Goldman talked about success, good memories and friendships that will last forever.

"We want to defend our conference title, but I also want to have good memories and have lasting friendships with my teammates," said Goodman.

This High Point University women's lacrosse team is full of dedicated, hard workers. These qualities were highlighted last year when they won the conference title, even though it was only their first year as a program. This year they set the bar higher, with desires to win the tough games on their schedule.

High Point is looking to improve its performance from the Navy game on Wednesday Feb. 22, at Virginia Tech.

Look for High Point to be a force to be reckoned with this season and, as they hope, finish the year with another Conference Championship ring.



Left to right: Junior Grace Gaeng, junior Courtney McLaughlin, and sophomore Sara Kuhlman. Photos by HPU Sports



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CAMPUS CHRONICLE

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HIGH POINT UNIVERSITY

VOLUME 19, ISSUE 10 - WEDNESDAY, MARCH 28, 2012 - FOUNDED IN 1924



Elevation Church screens a satellite service at HPU

Sierra Leone refugee now a community volunteer and HPU student

By Chelsie Gastright
Organizations Editor

“We were okay until we started hearing on the radio that the rebels were advancing into the capital. I remember my mom came and got me and the neighbor’s kids from school and we went into hiding mode.”

Throughout his life, James Kamara, a High Point University senior, has endured many struggles. His home country of Sierra Leone, located in West Africa, fell victim to war in 1991, when Kamara was only one year old, after the Revolutionary United Front (RUF) began attacking villages on the southern border near Liberia.

Dr. Larry Simpson, HPU professor of African history, explained what caused the war and the tragic consequences that came with it.

“Like much of Africa, Sierra Leone suffered from wide spread corruption, the manipulation of ethnic politics by unscrupulous politicians and the lack of civil liberties. This contributed to more than a decade of civil war and caused tens of thousands of deaths; about a third of the population became refugees.”

By 1995, the RUF had control over much of Sierra Leone and was close to controlling the capital of the country, Freetown. Just three years later, Kamara’s life began to change when he started hearing gunshots in Freetown. It was then that 8-year-old Kamara and his family went into hiding to begin the longest journey of his life.

On that afternoon when his mother picked him up from school, when the war was taking a turn for the worse, Kamara and many other friends from school hid in the basement of a neighbor’s home. Several hours went by as they sat quietly together, waiting for transportation to arrive.

Finally, a large eighteen-wheeler pulled up. The group hurried from the basement and piled into the truck, hiding under whatever was in the back. The emotions were high as the truck began to drive off to a local port.

“I remember we hid under quilts that were in the back. Kind of like what your grandmother would make by sewing together different pieces of fabric,” said Kamara. “I also remember my younger sister was crying. My mom did her best to quiet her down and keep her calm during the ride.”

The eighteen-wheeler was taking the group to catch a

ferry at a local port. When Kamara was younger, he remembered times where going to the port to catch a ferry was to celebrate a joyous occasion.

“Usually when we took a ferry it was to go to the beach. We would go during Easter and Christmas with the whole family to celebrate.”

This time, Kamara knew it was different. They were not going to the port to catch a ferry to the beach, but rather to escape the travesties of war.

Kamara and the rest of the group arrived at the port and quickly boarded a ferry. Half way through the trip, the ferry broke down after unknown complications. The group waited anxiously for a rescue boat to come to their aid, but when it finally did, the rescue boat was already carrying other passengers.

“When the rescue boat got there, people were already on it,” said Kamara. “But my sister was one of the first ones on the boat and then I came on. My mom was last and I remember telling her it was going to be fine, but she was so nervous about crossing over from the ferry to the rescue boat. I just kept saying, mom it’s going to be fine.”

The rest of the trip was spent on the rescue boat. The group finally arrived at their destination in Port Loko, a small

village about 17 miles from the capital city of Freetown in Sierra Leone.

While in Port Loko, Kamara and his family met with his Uncle Milton and one of his older sisters. However, the journey was not over yet. Kamara and his family still had to make it to Guinea, which borders the northern side of Sierra Leone; they needed to make it there in order to escape the RUF.

Waiting for them in Guinea was Kamara’s father; he had previously been living in America with Kamara’s stepmom and came back to Sierra Leone when the war started to worsen. Once in Guinea, Kamara and his two sisters were told they were going to America to live in Maryland with their father. Since Kamara’s father had lived in America for some time,

this allowed Kamara and his family to have a secure way out of Sierra Leone.

At this time, Kamara found out that the correct paperwork had not been secured for his mother’s travel to America. The paperwork would take one year to complete, and until they could work out the issues, Kamara’s mother would have to stay behind. While the thought of his mother having to stay behind in Sierra Leone was not ideal, Kamara knew that if all went well, his mother could soon join them. In America, the family knew that life would be different and almost perfect.

“The way people talk about America from a foreign perspective is that the streets are painted with gold and there is candy falling from the sky. It was like something out of Willy Wonka,” said Kamara with a small chuckle. “I mean I was a 7- or 8-year-old kid, so I just couldn’t wait to get there.”

“And when I got here I was like, ‘This kind of looks like Freetown.’ I asked my dad if we were here yet because I was looking for streets of gold and candy falling from the sky. He told me we were here and I remember thinking, ‘Wow, this is America?’”

Once in America, 8-year-old Kamara and his sisters settled in with their father and stepmother in Maryland. Things seemed to be going smoothly, until Kamara heard the devastating news that his mother had passed away before the paper work could go through.

Things continued to decline for Kamara when he started his first year in an American public school. Since he could not speak English, he had to learn to speak English in the English for Speakers of Other Language (ESOL) classes.

“It was tough. I remember seeing students walk by the window of the classroom and they would laugh at us,” said Kamara.

However, Kamara’s father heavily stressed education; he had big

goals to get his children into the Clinton Christian School. “In order to get into the Christian academy, the faculty at the Christian school would give us twenty to thirty words for us to learn to spell, but **See Kamara, page 3**



Senior James Kamara on the HPU campus; he will graduate in December 2012. Photo by Jeremy Hopkins



Sierra Leone is located along the ‘ear’ of Africa; Kamara and his family escaped to Guinea in order to come to the United States. Photo by geology.com

Student body elects Tyler Steelman as SGA president for 2012-13 academic year

By Steven Haller
Editor in Chief

The students elected sophomore Tyler Steelman to be HPU’s SGA president for the 2012-13 academic year.

Steelman said, “The first priority of my administration will be to create a more streamlined [SGA senate] meeting with tighter fiscal responsibility and more individual senate responsibility.”

Steelman has been a class representative for the class of 2014 with SGA for two years. In addition to SGA president next year, Steelman will be serving in other leadership roles, such as the Assistant Resident Director of Finch, Millis, and Wilson and a University Ambassador. As SGA president, his primary goals involve running more efficient meetings.

“I feel like it is important to start with the small things, like the mess that we sometimes have with bills being incomplete and the long process we go through to check in,” said Steelman. “I feel like once we take care of the small things, people will not feel like SGA is such a hassle.”

Steelman said that once the small things are taken care of then SGA can start to take on bigger things, such as planning events to be sponsored and executed by the SGA. He said he wants the SGA to be more active with coordinating more campus events.

The candidates were only allowed to campaign in the five days leading up to the election, which culminated with the SGA presidential debate on March 18. Steelman points out that his campaign for this election was not like campaigns run for offices in the U.S. government.

“Unlike a campaign for an office in the real world, we don’t have a list of people who are likely voters. So, out of 5,000, you have to find the 500 or so that will actually show up and care and vote. The biggest challenge was, ‘If I am going to target someone, who is it that I target?’”



Tyler Steelman speaks to the audience during the SGA Presidential Debate on March 18. Photo by Allie Dearie

Bradley Taylor, a junior and current SGA attorney general, ran against Steelman and said one needs to have motivation when they enter any election.

“I felt that for this election you really needed to show that you have a passion for that office and make sure you demonstrated that to the students who would be voting,” said Taylor.

Taylor said he will look to his professional and career goals this fall, but he still wants to be involved with SGA.

“I will definitely be involved with SGA in some capacity as a senator or at least as a guest sitting in the back. I do not plan on leaving SGA,” said Taylor. “But, I hope that the new president will appoint me to his executive council.”

As SGA president, it will be Steelman’s job to appoint the members of the executive council. He says that half of his executive council has been narrowed down to a short list of possibilities of students to fill those positions. Steelman cites secretary, technology chair, academic chair and publicity chair as positions he has individuals in mind for.

Steelman said that the vice president of judicial affairs and the attorney general positions might take more time to fill. Both of these positions involve work with Honor Court, so he wants to consult the student justices and the university’s judicial affairs administrators before he makes those decisions.

Steelman and his chosen executive council will be sworn in at the beginning of the final SGA senate meeting this semester on April 19, which will be the first official meeting run by his new administration.

Opinion

The perks of owning a puppy: a (wo)man's best friend

By Meghan Pignataro
Staff Writer

I have two dogs and they are my life. When I say they are my life, I mean that in every way possible. I obsess over them way more than I should, I have hundreds of photos of them stored in my phone, I'll play with them for hours and never get sick of them, and I talk about them constantly as if they are real people.

After loving dogs for all of my life, I never even considered getting another type of pet. I do not even remotely understand why anyone would ever choose anything different.

It's bad enough pet owners choose animals other than dogs, but what's even worse is when people choose animals that are boring, sneaky and creepy. Like cats.

No, I have never owned a cat before – nor do I ever want to.

After watching my aunt's cats for a few days, it confirmed my belief: dogs make much better pets than those ferocious felines.

When I walked into my aunt's house, I looked around trying to find where the cats were. For nearly 20 minutes I had no idea if they were even in the house. I went into the kitchen and prepared their foul-smelling food and within seconds they creepily appeared.

They hopped on the table, with such good manners, ate the food and then ran off being their selfish, independent selves.

They barely acknowledged I was there.

On the contrary, the moment I walk inside my house, my dogs come running full speed up to me, licking my face and wagging their tails. They are overly excited and follow me around for at least 20 minutes. Knowing my presence makes them so excited is heartwarming.

Based on their excitement, it's clear dogs form a close bond and connection with their owners. They

form a friendship that will last a lifetime.

Dogs will be there for you unconditionally; they will not judge you and they will be there to cheer you up.

They can sense when you are upset or feeling down and they will instantly try to comfort you. They listen to you, tilt their head and raise their ears as if they are actually communicating with you.

Cats, on the other hand, only care about the food they are waiting to eat. If anything, they will rub against your leg for a quick second showing an ounce of affection. How exciting?

In addition to forming a close connection, dogs are much easier to train and are able to follow commands.

My dogs know how to give you their paw, sit, jump and stop. They learned these basic commands within weeks after I brought them home. When I say a command, they know exactly what to do.

While dogs learn to follow commands, they also act as a great form of security. They have the ability to sense danger and know how and when to help people.

The moment my dogs see an unfamiliar person, they bark until my family becomes alert. Not a playful kind of bark. Instead, it's a loud, alarming bark that makes me question who is there. Cats, on the other hand, do nothing.

I happened to glance outside of my aunt's window and saw a tall man wandering around the backyard late at night. The cats were absolutely no help. If it were my dogs they would have alerted me the moment they saw the stranger and probably would have scared him away by their barks.

In addition to being a form of security, dogs can also guarantee to boost your activity rate. Studies have shown that having a dog can lead to a more active lifestyle.

According to a study of 1,000 adults conducted by Mars Petcare pet food company, 44 percent of dog owners age 65 and older exercise on a weekly basis be-

cause of their dog. In addition, 25 percent of adults with children and dogs visit parks and outdoor spaces regularly because of their dog.

My dogs force me to be active. I am constantly taking my dogs to the beach or taking them for a walk. When they get in playful moods I chase them throughout the house or run around the backyard until they, or I, get tired out.

Furthermore, dogs come in a variety of shapes and sizes. Some weigh as much as 100 pounds, others as low as 10 pounds. Cats are generally the same size, just different colors. They generally have the same appearance, unlike dogs who have their own unique characteristics.

Whether big or small, dogs are also well suited for children. They know how to be gentle with kids rather than hissing at or scratching them.

When I was seven, and clearly unaware of how nasty cats could be, I thought they would be playful like dogs. Wrong.

Before I could even reach to pick up a cat, his paw fiercely snatched out and dug into my hand, leaving me with a tiger-like scratch.

Needless to say, I never wanted to pick up a cat again.

Although many households do have cats – which I don't know why – dogs undoubtedly make better pets. They are loveable creatures that give you their heart if you give them yours.

John Grogan, in the 2008 movie "Marley and Me," said it best about his Labrador Retriever:

"Marley taught me about living each day with unbridled exuberance and joy, about seizing the moment and following your heart. He taught me to appreciate the simple things – a walk in the woods, a fresh snowfall, a nap in a shaft of winter sunlight. And as he grew old and achy, he taught me about optimism in the face of adversity. Mostly, he taught me about friendship and selflessness and, above all else, unwavering loyalty."

Now that's a love that will last a lifetime.

HPU ASB aids Alabama devastation

By Graham Howard
Staff Writer

Spring break is the highlight of the spring semester for most college students. To 16 High Point University students and four advisers from Oak Ridge United Methodist Church, this year's Alternative Spring Break program offered a different kind of vacation.

Setting out on a weeklong adventure in Tuscaloosa, Ala., this group of volunteers, including myself, drove eight hours to Holt, Ala. where we were hosted by a local church for the week. We were there to renovate and rebuild areas in the two cities, which had been devastated by a tornado that struck the state on April 27, 2011. Little did we know the experience would become something far greater than what we were anticipating.

The group consisted of myself, Nathan Strode, Luke Grome, Zach Hall, Andrew Boniche, Lauren O'Neill, Michele Langenbach, Dina Monsen, Kim Whiting, Rachelle Schmitt, Carmen Jackson, Aunya Butler, Catherine Kelly, Katelyn Schultz, Marissa Brauer and Hillary Herr; ranging in age from freshman to senior.

Together the team headed to their first site, where massive amounts of debris, warped fallen trees and a neighboring sign that read "No trespassing, Deadly force in use" welcomed them.

For one trailer home, we fixed the siding, put up insulation and dug ditches for plumbing and electrical. However, our jobs also included landscaping/cleaning debris in yards, flooring, building steps and landings for entrances into the trailer homes, digging up a sewer tank to have a new concrete lid put on it and assembling new furniture. The work we were doing was an educational experience in itself, but there were many other lessons we learned that week.

The unfamiliar surroundings were a shock to many students. Herr said to me, "Nobody should be living in such uninhabitable conditions."

She was right – it was an eye-opening experience to see the destruction of a single tornado, and how severely the lives of those involved were affected.

This was the fifth alternative break trip I have signed up for since I've been at HPU, and this was one of the most meaningful trips. Not only because the people we helped were in such need, but because they were so thankful for what we were doing.

Out of all the people we were trying to help, there was one that really inspired us. A man named Jeremy,

who had a family including two small children (5 and 6 years old), found his home completely destroyed. He bought another trailer with the little money he had left, and we were doing all we could to get that into living order for him and his family.

Seeing how motivated Jeremy was to repair his home and actually seeing him on site working with our team really motivated us to get as much done as possible.

We also saw how hopeful and innovative other locals were. One man had developed his own system in which he used fallen trees as building-lumber for several projects. From this, we learned important lessons, such as teamwork, leadership and the importance of a helping hand.

The friendships made were amazing and the lessons learned invaluable. I would like to thank every member of the group for their hard work, as well as members of Oak Ridge United Methodist Church who traveled with us and every other person who was a part of this trip.

I commend the students for going on this trip because I know it benefitted them as much as it benefitted the families whose homes and lives had been ripped apart.



Howard hangs insulation on spring break. Photo by Graham Howard

Decision 2012: voters wanted

By Pat Budd
Staff Writer

What an exciting time of the year to be a North Carolinian!

As we end a long winter (if you even want to call it that), the spring temperatures have heated things up here in the Tar Heel State. But 80 degree days are not the only thing heating up North Carolina. Election season is upon us.

This season, North Carolina voters have a very important job on two critical election days. First, on May 8, voters get the opportunity not only to cast their ballots for Republican presidential candidates, but also the chance to voice their opinion on same-sex marriage. Same-sex marriage is a hot issue in North Carolina, and I predict a record number turnout for both Republican and Democratic primaries.

Second, on Nov. 6, North Carolina voters have the opportunity to decide even more. With current Gov. Beverly Perdue announcing she will not seek reelection, voters will seek to elect a new governor. Most importantly, North Carolina, as a swing state, will play a large part in determining the outcome of the 2012 Presidential Election.

As you remember, President Barack Obama keyed on North Carolina in 2008 when he ran for the first time, won the state, and won the presidency. He has already indicated he is planning on spending millions again in North Carolina with frequent visits to the Triad, Triangle and several universities. Moreover, the Democratic National Convention is being held in Charlotte later this year.

So what does this all mean?

There has never been a more important time in North Carolina's history to be a registered voter. High Point University's Survey Research Center has found that most voters are split on all candidates running for office in 2012, more of a reason to get to the voting booth to change all of that.

In 2010, the U.S. Census found the 18-24 age bracket had the lowest number of registered voters at less than 50 percent (43.1 percent). Yet, many argue President Obama was propelled to the White House by winning the registered voters ages 18-24.

We all have annual duties that are not typically favorable: going to the dentist, getting a physical, filing taxes, taking final exams.

Add voting to that list if you find it to be something you don't want to do. It is essential and equally as important as the list of duties above. If you're not registered, go online to your home state's website and do some research to find out how to register – it is simple.

The typical response of college students' lack of voting is, "Well, one vote is not going to be a difference."

This ignorant response couldn't be further from the truth. Voting is important, and this year, even more important. Too much is at stake to sit idle on Election Day, especially in states such as North Carolina.

If you're unsure on how to vote, or not well versed on the issues at stake, go online to various candidates' websites and research their stances on certain issues. We are all humans and we naturally have opinions.

Voice yours via the ballot box.

News

From Kamara, page 1 he would make us learn fifty. Not only would we need to know how to spell them, but what they meant and how to use them in a sentence," said Kamara. "It paid off in the long run because I remember in high school people used to stress about the SAT's. People would prep for the test and go, 'Oh man I don't know these words!' And I would think to myself, 'Wow I've known that word for a long time!'"

Even though Kamara's first year in school was tough, he did have some positive influences in his life, such as soccer and football. He played soccer on the high school varsity team at a young age and really enjoyed it... until he found football.

"I remember thinking, 'wow, this is America?'"

**~James Kamara
Sierra Leone refugee
and HPU student**

"My dad used to tell me, 'Why do you play that American sport? You are going to get hurt, all they do is beat you up all day!'" said Kamara.

Playing football did create minor conflict between Kamara and his father, but it did not stop him from playing the sport he loved. Life was starting to get better for Kamara, and then he moved into his eighth grade year.

During his eighth grade year, the war in Sierra Leone was finally ending. According to Simpson, the war ended in 2002 after interventions on behalf of "the British, the United Nations, and West African States."

"The country has sought to bring justice to those responsible for the crimes committed during the civil war," said Simpson. "The political system remains fragile and must confront a host of problems such as restoring the economy."

While conflict in Sierra Leone was finally calming down, Kamara was having difficulties with his family. While Kamara was in eighth grade, his grandfather became ill. Out of concern, Kamara's father decided it would be best if he returned to Sierra Leone to care for Kamara's grandfather.

Soon after Kamara's father had arrived in Sierra Leone, his grandfather passed away. When Kamara's father returned to America, he noticed a change. Kamara had voiced his concerns, saying, "It wasn't that he fell into a deep, deep depression, he just seemed off."

Following his return that same year, Kamara's father fell ill. Regardless of the pleas from Kamara and his sisters, his father decided it would be best for him to return to Sierra Leone to receive treatment. Once returning to his home country, months went by without word from anyone about his father's condition.

Left in the care of his stepmother, Kamara wanted answers for what had happened to his father.

"I never really got the full story, but from what I have pieced together they just left my father to die," said Kamara. "I tried calling my uncle in Sierra Leone, but my stepmother didn't like that. All I wanted was answers but she kept telling me not to talk to him."

A year went by and Kamara was now in ninth grade. His stepmother lost her job and this meant the family had to relocate to another part of Maryland. Unfortunately, the neighborhood was in a bad part of town and not "fit to raise children in."

Finally, his stepmother got another job, but she had to commute several hours to a different area of Maryland, and this made things very difficult for the family.

"My stepmom got a job at a Wendy's several hours away. It would be like living in High Point and getting a job in Charlotte. That's what it was like," said Kamara. "She would be gone for days at a time."

Kamara also remembered how after

school on Friday's, he and his sister would commute to his stepmother's job. They would help her work double shifts, even if this meant sleeping in undesirable places and even pulling all-nighters. Even though the situation was undesirable, Kamara and his family were at least doing it together and that is what mattered most.

A couple years passed this way and Kamara's family struggled. Finally, after much searching, Kamara's stepmother managed to secure a home in Burlington, N.C. so the family could finally live together without the commute.

But soon after the family had relocated to North Carolina, Kamara's stepmother was offered a nursing job in Pennsylvania. To avoid her children from moving with her, she would stay two weeks in Pennsylvania, and then come back to North Carolina when she could.

Left in charge of his younger sister, Kamara became the man of the house in their Burlington home. This meant that he had to cook, clean and take care of anything else that may come up for his little sister and himself. However, Kamara shared light heartedly the words of advice his father gave him.

Things went on like this for a while, where Kamara and his younger sister lived alone in the house that his stepmother had secured for them. Then, when Kamara was 17, his sister told him she was pregnant.

He sister was only 14 years old, and this made things difficult for Kamara, but he managed to find a way to work through it and help in any way he could. Things were fine between them until the neighbors started to notice his sister was showing, and they were the only two people living in that house.

This is when the state came and told Kamara that since he was not of age he could not take care of his sister properly. Kamara's sister was then made a ward of the state, and Kamara did not know what to do.

A kind neighbor, whose name has been omitted, heard what was going on and suggested that Kamara could live with her. Grateful for her offer, Kamara moved in with her and for a while, the waters were smooth. He was playing football for his high school and he had many great friends.

"I don't know if it was because she got more stressed, or had more things going on in her personal life but (the neighbor) started to change," said Kamara.

Eventually he was given an ultimatum: get a job or move out. This would mean that he would no longer be able to be a part of the football team, and as much as it hurt Kamara to leave his teammates, he quit the team and got a job.

"The way I was brought up is that you never question your elders. Unless it is going to kill me, I just say 'yes ma'am' and do it," said Kamara.

Months went by where Kamara would wake up and attend school, and then catch a ride to work. He would spend roughly eight hours working and then get home around midnight.

"I never wanted to make her mad, so there were some nights I wouldn't eat because in order to get to the kitchen, I had to cross right in front of her room. I figured it would be safer to not even risk it."

Then, the neighbor told Kamara the one thing he did not want to hear. She told him that she was moving to Georgia and that he could either come with her or stay in Burlington.

Kamara began talking with his social worker and counselors at the school to find out what the best course of action was for him. During that time, his social worker mentioned I Am Now, a non-profit organization that provides housing for men ages 18-25 who have outgrown the foster care system, and he began looking into it. The school social worker, Ms. KC, made a

phone call to Travis Burrell, who is the Executive Director of I Am Now.

"I don't really remember the exact date, but in November of 2007 I moved into the I Am Now house. They were still putting up the exit signs the day I moved in," he said laughing.

From there, Kamara finished his schooling and graduated from High Point Central High School in May of 2008. Kamara had big goals of playing college football and great SAT scores. He was accepted into Livingstone College in Salisbury, N.C. and decided to major in architectural engineering.

He spent one year at Livingstone and finished his first semester with a 3.8 GPA. This is when his mentor at Livingstone suggested he apply for a scholarship to HPU.

"I told her, you know they don't have a football team right? I really had plans of transferring to Virginia Tech or some school like that, but she thought I should just give it a shot and see what happened," said Kamara.

While Kamara did not receive the scholarship, he did receive plenty of other funding through numerous HPU grants and other means of financial aid.

Today, Kamara is a double major in human relations and political science. He is also actively participating in many community service opportunities and has an internship with West End Ministries.

Helping the community and those who truly need it just comes naturally to Kamara. Kamara mentioned that ever since he could remember he has had this urge inside to help the oppressed in any way he can.

Throughout his time at HPU and through his community work, Kamara met Chris Gillespie, an HPU graduate and executive director at West End Ministries. West End Ministries is a not-for-profit organization that specializes in multiple community outreach programs.

These programs include a women's shelter known as Leslie's House, a thrift store, a partnership with the Boys and Girls club, a partnership with Second Harvest Food Bank, life skill classes and more.

Kamara works specifically with the program department to help plan special events for the church and community. One of the things Kamara has started is a movie night once a month for those in the High Point community. Gillespie also added that Kamara is working on what he calls a "community day" which would allow students to come to West End and help refurbish a room to build a gym area.

"James is a wonderful example of what God can do in your life," said Gillespie. "Also through hard work and dedication, James has become a role model. I am just so proud of him."

Kamara has been through a lot in his life, and so much of it has shaped him to who he is today. Throughout his years, Kamara has come out humbled by the experience and has not let his experiences negatively impact his larger life goals.

"People have done so much for me, so the least I can do is pay it forward, or help someone else," said Kamara. "I'm just thankful that people see something in me, to invest your time and money to see what you see in me."

"For a while, I questioned myself but my mentor, Dr. Don Scarborough, (vice president of Community Relations at HPU), just kept telling me that I had so much potential. It's just crazy how your mind is powerful enough to keep you away from realizing your full potential."

Dr. Nido Qubein once said, "Your present circumstances do not determine where you can go; they merely determine where you start." Throughout all that Kamara has been through, he has remained humble and appreciative for everything people have done and continue to do for him.

"Everything has just worked itself out, and I just thank God every day that I wake up. I don't know how I got here, but I am going to go along for the ride."

March Extraordinary Leader: Kendall Hager

The Office of Student Life presents the Extraordinary Leader award to outstanding students each month. According to Gail Tuttle, vice president of Student Life, the entire HPU community – students, faculty and staff – make nominations, and the nominees are asked to complete an online survey about their academic, social and charitable involvement on campus and in the community. A committee of HPU administrators selects the students that best embody true leadership. Results are printed in the Campus Chronicle each month.

One thing is certain about sophomore Kendall Hager – she has a talent for helping others in amazing ways.

Hager has been heavily involved in the Special Olympics organization where she works with children who have mental and physical disabilities to give them



Kendall Hager works with physically and mentally disabled students through the Special Olympics. Photo by Chad Christian

a safe and fun environment to play sports and excel in athletics. When she arrived at HPU, she founded the university's SO College Chapter. SO College is a national network of college students that engage in the missions of Special Olympics on campus.

In February, she bravely represented her home state of Colorado at the Special Olympics Hill Day in Washington, D.C. where she conducted ten presentations to members of Congress. Her presentations urged them to continue to support Project Unify – Special Olympics' national school-based inclusion program.

And most recently on campus, she held the Ban the "R" Word event – a campaign to eliminate the derogatory use of the "R" word (retarded) in casual language.

"I hope I have impacted the HPU community through my advocacy for people with intellectual disabilities," she says. "I believe strongly in the ideals of inclusion and respect for every person. It's an especially important task on a college campus, because as the next generation of leaders, it is our responsibility to positively shape public consciousness."

Her academics are as stellar as her volunteer work. She has been on the Dean's List every semester she's attended HPU, and as a special education major, she knows how she'll use the experience that she's gaining now in her future.

"I plan to use my HPU education and experiences to start my teaching career, ideally working with very young children who have special needs," she says. "I am fascinated by the enormous impact early educational and therapeutic interventions can have on a child, and I know it will be very rewarding to be a part of that kind of positive work. Special Olympics will always hold a major place in my life, and I will continue to coach and participate in their advocacy efforts."

A&E

The everyday fashionista: spring

By Jordan Breetz
Staff Writer

Spring has arrived. The trees are finally in bloom and everyone is dressing like it is summer. Even though I love the weather and that everyone is coming out of hibernation, there are a couple things to keep in mind when dressing for spring 2012. Brights, whites and bold prints are key, but there are guidelines to follow in order to pull off these trends.

Color! – Pops of color are my favorite thing about spring. With them, they carry a sort of promise for great weather and that the frigid winter months are coming to an end. This season, wear any bright color you choose. You can even wear multiple together, but if you incorporate “nude” color it will really complete the look. Check out J Crew, Kate Spade and Anthropologie; they are all pushing the nude-colored bright look.

Whites – Whites hold an awkward position during spring. When are they appropriate? I say not until Memorial Day, but certainly be sure to wait until after Easter. Either way, white shorts should not be the first thing you run to as soon as the weather starts to warm up.

Dresses – Oh the sundress... the item some guys wait for. Why they want to see our pale (or orange if you go the spray tan route) legs is beyond me. Either way, dresses will always hold a special place in the heart of spring. Try a “maxi” dress this year. I know it feels a little like a high school prom flashback but you will look fabulous and that’s a promise.



Bold prints and sundresses will be popular this spring.
Photo by www.smile-awake.blogspot.com

Bold Prints – From Dolce & Gabbana to Jason

Wu, bold prints are here to stay this spring. Try a large floral or a bold polka dot; some designers are even mixing the two. If you are feeling the urge to experiment with mix-match prints, then now is your chance. You really can’t go wrong.

Spring is finally here! Take note of these simple steps, and you will look fabulous. Remember, the secret to spring is to dress fun and have fun!

The style guy: A guide for men

By Tyler Yarema
Staff Writer

Comments on Business Attire

- When it comes to business dress, stick to your blues and grays. Black should be saved for funerals and for children to wear at their first communion.
- It is perfectly acceptable to have fun – in moderation. Play with bold patterns in your socks and pocket square.
- A building starts with the foundation: Invest in a pair of quality shoes. Good care can make them last a decade.
- Wingtips. 'Nuff said.
- On Casual Business: try a gingham shirt with a knit tie. Perfect match.
- Don't be afraid to layer. If it's cold, add a sweater over your shirt and tie.
- No undershirts.
- Never match your tie/bow tie and pocket square. Be creative. Find one color in common and let your mind do the rest.
- Less is more. Don't try to make the bow tie and square perfect. Throw it on, and get



Photo by www.newclothing.com



Photo by www.newclothing.com

out the door.

- Want a small detail to go a long way? Monogram.
- On fit: everyone has a different body, so find your perfect fit. The keys are pants break, sleeve length, jacket waist and shoulders.
- Lose the belt. Start buying slacks that match your waist.
- Thus, find a tailor you trust. No suit is ready to wear off the rack.

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Organizations

College Life offers uplifting atmosphere for college students

By Chelsie Gastright
Organizations Editor

“We’re not about telling people what to think, we’re about getting people to think for themselves. We do not want to answer questions; we want to walk people through the questions. We aren’t just about winning an argument; we are about entering life with people.”

Four years ago, Chris Barrett was the area director of Young Life, an organization to help spread the message of the gospel in a fun and contemporary way. Around this same time, Barrett and several students wanted to form a club on High Point University’s campus that was similar to Young Life and was outreach oriented.

Six people started a Bible study, and soon those numbers grew to over 80 when the original six participants decided to implement weekly meetings. Finally, at the end of spring semester in 2008, the group went to the Student Government Association (SGA) to become qualified as an official HPU organization.

In the fall of 2008, SGA added College Life, the college chapter of Young Life, to the list of official organizations. Since that time, College Life has strived to help college students learn the word of the gospel in a fun and contemporary way.

Barrett volunteers with the HPU chapter of College Life, and he is extremely proud of what the group has accomplished. In 2009, only a year after the organization was founded, College Life won Student Organization of the Year. Not only was this a great honor for Barrett and those involved, it also meant that the organization

was doing something right.

“It’s a non judgmental place and we accept everyone, not for who they try to be, but who they really are. Deep down I think everyone wants to just be accepted for who they are,” said Megan May, vice president of College Life.

May also discussed how she was a part of Young Life as a high school student. Once she arrived at college, she knew that she wanted to become more involved with

others. May focuses primarily on helping freshmen who are having a hard time making the transition to college easier.

“I really wanted to reach out to girls who were freshmen who were having a rough time adjusting. I guess it’s just a way to reach out to people and let them know that you don’t have to fit in.”

Matthew Munroe, president of College Life and student at HPU, also talked highly of the strong sense of community that

College Life has to offer students. To help model the idea of community, Munroe opens his on-campus home up to the upperclassmen Bible study that is held each Sunday night from 8:30 p.m. to 9:30 p.m.

“I tried out College Life and it just felt like that’s where I needed to be. I was just so thankful because that’s where I found my community,” said Munroe.

College Life also hosts two other meetings on Mondays and Wednesdays. On Mondays, they offer an off-campus Bible study for freshmen from 8:30 p.m. to 9:30 p.m. During the hour that the Bible study meets, students are taught how to become leaders in ministry through leadership training. However, after the first few weeks of the Bible study, weekly attendance is strongly encouraged so that students can get the most out of each session.

On Wednesdays, the organization hosts College Life Club from 8:30 p.m. to 9:30 p.m. in the conference room at the Greek Village. These meetings happen every other week and are open to all who want to participate. During these meetings, the group plays games, performs skits, sings songs and shares the Biblical teachings found in the gospel.

During the year, College Life also hosts a kick-off celebration in August to help recruit new members. Barrett mentioned that typically the organization invites a band and tries some “off the wall and fun things” to make the celebration memorable. They also host two retreats, one in the fall and one in the spring, to help deepen the sense of community that College Life strives for.

Whether you have always known the Bible or you have no idea where to start, College Life welcomes all who have a desire to grow through community and scripture.

For more information, you can contact Megan May at mam09@highpoint.edu and Matthew Munroe at munrom10@highpoint.edu, or search their Facebook group HPU College Life for more details.



Members of College Life dress up as hipsters for their previous meeting. Photo by Allie Dearie

ministry. Even though she is biology major, it has not stopped her devotion of helping

found my community,” said Munroe. College Life also hosts two other meet-

Elevation Church extension provides new worshipping experience

By Katie Harmon
Staff Writer

North Carolina is just one part of the Bible Belt. This is where, each Sunday, the faithful of all denominations rise early and don their Sunday best with zeal. Businesses are closed on Sundays and church bells are heard over everything else. With so many churches, a person can have difficulty finding the perfect church.

Recently, however, one church has caused quite a stir among the students of High Point University. Late last year, Evan McGuirt founded the HPU extension site of Elevation Church, a Charlotte-based church led by Pastor Steven Furtick.

“Early in my freshman year, God put the desire in my heart to share His word in a relevant and meaningful way,” McGuirt explains. “Not until this year did I understand He wanted me to do that through an extension site.” The church’s mission is to “see people far from God raised to life in Christ.”

Elevation has been acknowledged as one of the fastest growing churches in America by Outreach Magazine. When the first Elevation site opened its doors in 2006 it had only 121 members. Since then, the church has seen over 19,000 professions of faith and over 4,800 baptisms.

The HPU extension of Elevation has grown into a well-respected and recognized organization.

In order to make Elevation possible on campus, McGuirt had to send in an application to the church administration and go through two interviews in order to gain permission to lead the extension site. She also had to put together a “core team,” which would help her get the site started and lead the worship service every Sunday.

“We started the site in the York common

room with 20 students attending on the first Sunday,” McGuirt says, “We quickly realized that we needed a larger space to meet.”

Sunday attendance has grown to an average of 60, with 90 people attending on Family Weekend this past February. The group now meets in the Cinema every Sunday at 11 a.m. with a full worship band that plays contemporary Christian music.

There must be something special about Elevation Church that warrants such growth and commitment from students.

According to McGuirt, it is “the friendliness of the people and how relevant and impactful Pastor Furtick’s sermons are.”

The pastor’s sermons are pre-recorded at the Charlotte mother church and projected onto the Cinema movie screen.

“The pastor is very engaging,” says Sara Beth McBride, a HPU junior and regular Elevation attendee. “He is able to relate biblical truths in a practical way. He can be funny. He just communicates at my level.”

The church has also gotten a positive review from campus administration. McGuirt is happy to report that “the administrators who have visited the site have been supportive and thought the student-led worship experience was cool.”

The HPU extension is interested in volunteer work as well. During a week in February, which Elevation refers to as “LOVE week,” the core team, along with many student volunteers, teamed up with Habitat for Humanity and donated 35 hours of service.

“We love the city of High Point,” McGuirt explains, “[We] look forward to donating more hours of service in the future.”

The future looks bright for High Point University’s Elevation site. McGuirt believes that there is only good in store.

McGuirt said, “From humble and sacrificial beginnings, God has placed his hand on Elevation Church, and we truly believe the best is yet to come.”

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Organizations

Service fraternity spends spring break giving back



Students who attended an Alpha Phi Omega service trip to New Orleans sit in front of a home they helped rebuild. Photo submitted by Dylan Robinson



Alpha Phi Omega members break ground to help renovate a home in New Orleans. Photo submitted by Dylan Robinson

Volunteer Center provides variety for community service projects

By Chelsie Gastright
Organizations Editor

Each year, the students at High Point University average 30,000 hours of volunteer and community service work. With several outreach-oriented organizations on campus, it can become difficult to decide which organization offers the right service opportunities for you. The Volunteer Center at HPU offers students a wide variety of community service options all throughout the year.

Maggie Sturdivant, coordinator and president of the Volunteer Center, explained that unlike other organizations on campus, this organization does not require regular attendance to service events, and that most of the students that volunteer through the organization only volunteer for a single event.

"We just try to reach out to our stu-

dents and provide opportunities for them to help the community," said Sturdivant.

Sturdivant also talked briefly about some of the larger events they hold each year that help provide service opportunities for both students and on-campus organizations. In the spring and fall, the Volunteer Center holds a carnival for the local elementary school students around the High Point area. The students get an authentic carnival that includes giant inflatables, booths run by HPU organizations and a large lunch in the Slane Student Center. The Volunteer Center is hoping to see anywhere from 100 to 150 students at this semester's carnival.

The Volunteer Center also hosts several blood drives, with their largest drive in the fall. Sturdivant explained that the fall drive averages 250 units of blood, while the smaller drives average 60 units.

Finally, Sturdivant talked about how each semester the Volunteer Center offers "alternative break trips" where students can spend their spring breaks giving back. (See photos from a recent alternative break trip above.)

For the last three years, HPU has sent students to Guatemala during their fall break to help build close-fire stoves, provide water purifiers and distribute medicine to local families in other under-developed parts of the world.

"I decided that I wanted to get involved when I heard about the fall alternative break trip to Guatemala," said Dylan Robinson, a junior and political science major. "I am a native of Guatemala and had never been back, so I thought it was a good way to visit the country I am from."

Robinson has been to Guatemala twice and has also been to Mississippi

in the spring. The Volunteer Center has been to several other locations during spring semester, including Alabama this past spring. Students who attended the Alabama trip helped rebuild homes that had been destroyed because of recent tornados.

"I have learned a lot about myself and it gives you a new outlook. I have gained so many experiences I wouldn't get in a classroom," said Robinson.

The Volunteer Center hopes to show students that volunteering does not mean you need to be at a weekly meeting or regularly attend events; you just need the drive to want to help others.

For information on how to help and how to get involved, search for the Volunteer Center on Facebook (Volunteer Center-High Point University), on Twitter (@VolunteerHPU), or email the Volunteer Center at volunteer@highpoint.edu.



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HIGH POINT UNIVERSITY APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 APRIL FOOLS vs VMI 1PM</p> <p>CULTURAL ENRICHMENT SERIES 23-24 Spring Choral Concert 7:30PM - Hayworth Fine Arts Center</p>	<p>2 Final Four <i>The Post</i> WATCH THE NCAA CHAMPIONSHIP T-SHIRT TRADE IN DAY!</p>	<p>3 FACULTY Film Series HPU Orientation Crew APPLICATIONS NOW ONLINE!</p>	<p>4 vs North Carolina A&T 6PM CAT EASTER EGG HUNT</p>	<p>5 admissions open house</p>	<p>6 vs Radford 6PM Good Friday (No Classes) Easter Break</p>	<p>7 Double Header vs Radford 1PM Women's Lacrosse vs Presbyterian 1PM Easter Break</p>
<p>8 Happy Easter Easter Break</p>	<p>9 Easter Monday (No Classes) Easter Break</p>	<p>10 HPU RADIO SPRING SHOWCASE at The Extraordinaire Cinema 10 DAYS UNTIL <i>Greeks goTalent</i></p>	<p>11 WEDNESDAY NIGHT LIVE Charcoal Pony Student Improv 8PM</p>	<p>12 SGA Meeting Phillips Lecture Hall 7PM PRIME Culture & Cuisine Series Sign up at the Campus Concierge IRC Panther Pop Quiz 10:10PM Slane Café</p>	<p>13 vs Presbyterian College 6PM CATFLIX EXTRAORDINAIRE CINEMA 10PM Admissions Early Registration</p>	<p>14 CAT PAINTBALL AT HPU ESTATE 12-4PM vs Presbyterian College 6PM HPU Theatre Presents Shakespeare's Twelfth Night 7:30PM • Hayworth Fine Arts Center</p>
<p>15 vs Presbyterian College 1PM HPU Theatre Presents Shakespeare's Twelfth Night 2PM • Hayworth Fine Arts Center</p>	<p>16 MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 10PM SGA Meeting Spring 2012 Budgets Due by 5PM to Student Life</p>	<p>17 FACULTY Film Series <i>Twelfth Night</i> HPU Theatre Presents - Shakespeare's Twelfth Night 7:30PM • Hayworth Fine Arts Center</p>	<p>18 Going Global Day Slane Center 11AM - 2PM HPU Honors Day Millis Center 7PM</p>	<p>19 Celebrate Earth Day 11AM Arbor Day Celebration Hayworth Park Amphitheatre 4PM SGA Meeting Phillips Lecture Hall 7PM</p>	<p>20 Women's Lacrosse vs Liberty 6PM</p>	<p>21 Spring Concert The Fray</p>
NATIONAL VOLUNTEER WEEK			NATIONAL VOLUNTEER WEEK			NATIONAL VOLUNTEER WEEK
<p>22 Earth Day Women's Lacrosse vs Longwood 1PM HPU Theatre Presents Shakespeare's Twelfth Night 2PM • Hayworth Fine Arts Center SGA Meeting Budget Defenses, Organizations A-I 7PM</p>	<p>23 <i>10x Event Today</i> HPU Spring Choral Concert 7:30PM Hayworth Fine Arts Center MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 10PM SGA Meeting Budget Defenses, Organizations M-Z 7PM</p>	<p>24 <i>10x Event Today</i> HPU Spring Choral Concert 7:30PM Hayworth Fine Arts Center</p>	<p>25 Reading Day (no classes) Exam Break 9pm - The Cafe Worship Home</p>	<p>26 <i>10x Event Today</i> Exam Break 9pm - The Cafe EXAMS</p>	<p>27 Exam Break 9pm - The Cafe EXAMS</p>	<p>28 CAT MASSAGE NIGHT Women's Lacrosse vs Davidson 1PM EXAMS</p>
<p>29 6 Days until Commencement Celebrating People in Action National Volunteer Week April 19 - 21, 2012</p>	<p>30 <i>10x Event Today</i> Exam Break 9pm - The Cafe EXAMS</p>	<p>THE EXTRAORDINAIRE CINEMA facebook twitter LIKE THE "EXTRAORDINAIRE CINEMA" ON FACEBOOK - FOLLOW @HPUCINEMA ON TWITTER</p>		<p>MONDAY MOVIE PRESENTED BY CAT EVERY MONDAY NIGHT AT 8PM & 10PM IN THE EXTRAORDINAIRE CINEMA</p>	<p>FACULTY LITERARY FILM SERIES Located in The Extraordinaire Cinema</p>	<p><i>Greeks goTalent</i> April 19th Millis Gym</p>

Sports

VertKlasse sees record times and close finishes

By Nolan Stout
Staff Writer

One of the biggest meets with the best teams - that is how Coach Mike Esposito described the VertKlasse Meeting at HPU's Vert Stadium, which featured over 25 colleges and upwards of 1,000 athletes on March 24.

The meet derives the name "VertKlasse" from two sources: a famous Swiss race called the Velt-Klasse, meaning "world class," and Vert comes from Dick Vert, for whom the stadium is named.

The Panthers had a total of 19 top-ten finishers in the meet. The men had eight individual top-five finishers while the women placed four in the top five.

Looking at the women's side for the Panthers, the sprinters are led by senior Manika Gamble.

"She's probably one of the better hurdlers on the East Coast," said Coach Esposito.

Gamble placed third in both the 400-meter hurdles (58.85) and the 200-meter dash (24.67) at VertKlasse. She is a school record holder in the 100- and 400-meter hurdles as well as a national qualifier in those two events.

Coach Esposito feels the team should be strong in the steeplechase this season with senior Kelsey Fraser and sophomore Audrey Mallory.

Both placed in the 3,000-meter stee-

plechase at VertKlasse. Fraser, defending champion of the event, took first (11:23.34), while Malloy finished fifth (12:07.66).

Sophomore Kaitlin Whittington finished third for the Panthers in the triple jump with a distance of 11.18 meters.



Junior Jacob Smith defeats Duke's Domenick DeMatteo by less than a second to place first in the 1,500-meter run. Photo by HPU Sports Information

On the men's side, Coach Esposito said, "This is probably the best overall track team we've had since I've been here."

In the sprinting events, the men are led by sophomore Evan Emery, who placed first in the 200-meter dash with an HPU-record time of 20.87. The record was previously held by Kent Sides, who ran the 200-meter dash with a time of 21.45 in 1983. Emery defeated Jamaal Torrance, a runner for Team USA who won a gold

medal in the 4x400-meter relay at the 2008 IAAF World Championships.

Another winner at VertKlasse was junior Jacob Smith, who placed first in the 1,500-meter run with a time of 3:48.14. Smith defeated junior Domenick DeMatteo from Duke, who had been named to the NCAA All-East team last year. Smith is also a national qualifier in the steeplechase.

Freshman Christian Spaulding threw 61.25 meters in Javelin, taking second.

Esposito said Spaulding is, "one of the best throwers in the country."

The men had five other top five finishers at VertKlasse. Freshman Justin Doehr placed fourth in the 400-meter run. Senior Alex Fisher placed fifth in the 110-meter hurdles. In the 5,000-meter run, sophomore Patrick Crawford, freshman Jeff LaCoste and senior Mike Ali finished

second, third and fifth, respectively.

At the meet, Bill Webb was honored for his contribution to track and field at HPU. Webb ran track at HPU before moving on to coach at Florida and Tennessee, winning national titles in the sport at those schools. Webb is currently retired and in the national track and field hall of fame.

The Panthers track & field team has five more meets before the Big South Championship in Myrtle Beach on April 19-21.

Sports, cars and more: a commentary for men

By Jeremy Hopkins
Staff Writer

As story ideas are brought up for the Campus Chronicle, at weekly staff meetings, I notice a severe lack of article ideas targeted at men. There's nothing wrong with articles on the perfect spring bathing suit, signs you're dating the wrong guy or romantic comedies. However, my manhood feels slighted. I decided to take the issue into my own burly hands. This is for you, guys.

What's manlier than some football? Peyton Manning is now a Bronco. Not only is "man" the prefix on the back of his jersey, but his mascot is now an untrained, reckless horse and he gets to test his lungs every Sunday in the mile-high city's thin air. Have you ever tried throwing a football 50 yards while 300-pound men juiced up on steroids are trying to kill you, all while you can't breathe? Well, neither have I, but I bet it's hard, and definitely manly.

In all seriousness, one of football's best players is no longer with the team that essentially belonged to him. If men could cry, this would surely do the trick. Manning joins arguably one of the least manly coaches in the NFL, John Fox. Although he's had considerable success, Fox won't be able to work with someone as undeniably manly as Manning. Manning likes to do things his way. He changes the play at the line of scrimmage four or five times just because he can, and throws footballs at children on television (thank you, Saturday Night Live).

Fox likes to have his players run the ball; his team led the league in rushing last season. Manning takes a day and a half to run the 40-yard dash (he could be the fastest player in the league of course, but only if he felt like it). Am I the only one who thinks that this relationship won't work? If you take two strong personalities with two different football ideologies and put them in the same film room, blood will flow, and it won't be Manning's. Look for Bronco fans to be chanting "Te-bow, Te-bow" halfway through his mediocre 2012-13 season, only to realize they traded him away.

Raise your hand if you're watching Major League Baseball's spring training. Okay, I guess I am the only one, but it's a great way to pass the time as you gnaw through a couple dozen wooly

mammoth hearts. The Tigers sure are looking solid this Spring Training. This team is the best thing to come out of Detroit since the Ford Pinto. Oh, wait...

In other MLB news, the Texas Rangers are terrible. They won back-to-back American League championships the past two years, but are worst in their league during 2012 Spring Training. This team is perhaps the worst thing to come out of Texas since, (enter president here). It'll be a great season, and I mean it. A million baseballs will be thrown at enormous speeds and many times more wings will be eaten using peppers hot enough to burn a man's skin. I've never been more excited for a Major League Baseball season, even though a couple drunken, but manly, Bostonian businessmen and I are still mourning Jason Varitek's retirement.

However, knowing how these things work, the Rangers will likely come back to shock the baseball world, get to the World Series, and then return to mediocrity as quickly as Starbucks can make a venti, manly, black coffee with a couple shots of espresso and absolutely no cream.

Cars. Fast, loud cars. Ford has released a new 2013 Mustang that might become the new best thing out of Detroit. Yes, even better than the 2012 Detroit Tigers. The amped-up version of the new pony pulls a 5.0L V-8 engine with 420 horses in its herd. It takes a manly car to pull that many horses down the highway. It will also get up to 31 miles per gallon on the highway, but being men, we don't really care about that.

Believe it or not, there's something called men's fashion too. Thus, I'm going to give you some unwarranted advice. Looking good is actually okay to do. And I don't mean wearing a pastel polo, khaki pants and Sperry's. Throw on a button-down, a tie, some nice pants, and real shoes, and you'll have your dream job within a week. Guaranteed. Just kidding, but you'll be a man. A popular, professional-looking man. Then, buy yourself a 2013 Mustang, and then head to Florida to watch some Spring Training.

So guys, as you're devouring your two-pound steak, be proud of your manhood. As bikinis, Cosmo, and "Love Actually" seem to be the most important elements of society, hold strong to what you are: a man.

Hosting the Big South tourney is beneficial for HPU basketball

By Nick Sturdivant
Staff Writer

For the past couple of years the women's basketball Big South Conference Tournament has called High Point University home. The tournament gives spectators more than just a basketball showcase, but a platform for the city of High Point and the more than 200-acre campus to showcase their beauty.

According to Craig Keilitz, Athletic Director at HPU, the school does its best not only to draw in student attendance to the games but also to reach out to people in the community.

"For our season ticket holders and our alumni we send emails and text messages. Also in the newspapers we advertise [the tournament] throughout the year and we use a little word of mouth and radio ads as well," said Keilitz.

Not only is attendance critical to the overall well being of the tournament, but also other factors determine whether the tournament comes back.

HPU has been pretty successful at hosting the Big South tournament, whether it being for women's basketball or any other sport on campus. In 2010, High Point also played host to the Men's Soccer Big South Tournament and will play host for the 2012 Men's Baseball Tournament as well.

So what's made HPU so successful? Well it's not easy, but High Point has found a way to meet the credentials necessary year after year.

First, they must have plenty of hotels. In High Point alone, there are 18 hotels, many of them in close proximity to the school.

Luckily it has a central location within the Big South Conference and in North Carolina. Downtown High Point is only minutes away and with its central location, visitors don't have to drive far to bigger cities like Greensboro, Charlotte or Winston-Salem.

It also doesn't hurt to have some eye candy to look at while at the tournament. High Point has done this with many renovations of the campus. This is one of the reasons that people and tournament sponsors are attracted to HPU.

From the outside looking in, you would think that HPU would have some struggles hosting the women's basketball tournament since a majority of the students are gone for spring break, the time that the Big South Tournament for women's basketball falls. The ACC basketball tournament for women and men also makes appearances the same week in the Piedmont Triad.

However, the Big South Tournament is still able to hold its ground here in High Point and isn't fazed by this competition and adversity.

"It's really different customers, most of the time those who are interested in the ACC teams are not likely to come to see the Big South teams and vice versa," said Keilitz.

Even though the women's basketball Big South tournament will not be back in High Point next year, don't be surprised if it doesn't jump at the opportunity to come back again later.

Leon Jiménez, who has been an on-and-off High Point resident for more 30 years, has no problem with the tournament coming back.

Jiménez said, "It gives people in the community something to do and look forward to. Why go out of your way to other cities when you can see good basketball here in High Point?"

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CAMPUS CHRONICLE

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HIGH POINT UNIVERSITY

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Theatre Review: 'Twelfth Night'

HPU Democracy USA Project answers national call for civic awareness

By Jessica Strickler
News and Layout/Design Editor

The American Dream is one of the defining characteristics of the United States, a symbol of equal opportunity and the chance to improve one's life from generation to generation. Its associated images are the 2.5 kids, mini van, white picket fence and dog in the yard, but many argue that while the idea of an American Dream is still present, the reality of achieving the dream is slipping away.

Each year at High Point University, the \$50,000 Think Big grant is awarded to faculty with innovative ideas. This year, it was awarded to Dr. Carol Davis, Dr. Martin Kifer and Dr. Joseph Blosser and more for their proposal of the HPU Democracy USA Project. As part of the HPU Democracy USA Project, the American Dream Project (ADP) and many other projects were born. Specifically, the ADP has plans to create a reality television show, while other components of the Democracy project include completing a national poll in conjunction with the HPU Survey Research Center, offering nine related courses for the fall 2012 semester, and sending students to both the Republican and Demo-

cratic national conventions over the summer.

One of the largest portions of the Democracy Project is the creation of the reality show, which was drummed up by Davis, professor of communication.

"Reality shows give people a chance to think about things and reflect about things,



Action! Students participating in the reality show, known as the American Dream Project, film one of their episodes at the High Point unemployment office where they interview people seeking jobs. Photo by Allie Dearie

and comment about things, and what better positions for students to be in—they can bounce their ideas off one another," said Davis.

According to information on their web-

site, the American Dream project reality show "follows 33 HPU students and exposes them to the American Dream while asking them, 'Is this dream attainable?'"

The purpose of the eight episodes within the reality show is to explore and understand how issues that people face everyday can affect everyone around us and even have the ability to alter a political election. Some episodes of the reality show are being filmed off campus; one recent filming took place at the a free health clinic in downtown High Point. During that episode, students interviewed a family who as had healthcare challenges.

"Unless you have someone close in your family who has financial trouble, you may have not have the opportunity to talk one-on-one with someone who is having this difficulty," said Davis. "Students were able to have an open, honest and frank discussion with them about the healthcare system."

HPU is the only college in America to be spearheading a project like this, and one

of its main goals is to help students get involved in the civic life of their communities. This goal is a direct response to the national call to action by the US Department

"...shift the focus from preparing students for a job to also making students civically minded and engaged in their learning."

~ Joe Blosser
Professor of History

involved and to shift the focus [of college's nationwide] from preparing students for a job to also making students civically minded and engaged in their learning," said Blosser, professor of religion. "We don't just want to focus on one of those two, because they are not mutually exclusive. We can prepare [students] for both."

Another part of the project, which seeks to combine classroom learning with real world experience, are the nine courses being offered in the fall of 2012. They will delve into the issues of the American Dream, focusing on everything from the history of political elections to religious affiliations in America to election reporting. Three of the nine are service-learning courses, which will require a 15-hour minimum of community See *American Dream*, page 4

HPU places 3rd in NC for per person recycling

By Olivia French
Staff Writer

HPU competed once again in Recyclemania, an eight-week challenge that began on Feb 5 and concluded on April 6. Involving more than 600 colleges around the country, Recyclemania is described as a "friendly competition and benchmarking tool for college and university recycling programs to promote waste reduction activities to their campus communities."

Designed to help raise awareness of recycling on campus communities by measuring the weight of recycled items on campuses, Recyclemania hopes to motivate students and staff to reduce waste, generate attention for on campus recycling programs, encourage colleges to measure the amount of recycling that they put forth as a whole in order to improve programs over time, and host a fair and friendly competition in the national college community.

There are two divisions of Recyclemania: the Competition Division, in which the schools strive to recycle more materials per person and through various campus departments, such as auxillary services, and the Benchmark Division, where the schools measure how much each student recycles on their own. HPU competed in the Benchmark division, placing third in the state in per person recycling.

Recycling receptacles are prominent on the HPU campus, not only during Recyclemania but year round. Recycling bins are placed directly beside trashcans so that students can recycle their glass, paper and plastic easily.

Opportunities for recycling are available year round at HPU.

"We strive to provide the opportunity for recycling in as many locations as possible and push to set a standard for the community with our actions," said Troy Thompson, Director of Campus Enhancement.

By the seventh See *Recyclemania*, page 4

NASCAR Kinetics team promotes race day

By Steven Haller
Editor in Chief

Last year, Fox's ratings for NASCAR Sprint Cup races dropped 29 percent among viewers age 18-34. NASCAR has since deployed new initiatives to connect with views in that age range. With the average age of NASCAR viewers being 42.4 years old, the organization is reaching out to a new generation.

NASCAR Kinetics is a nationwide program run by NASCAR's marketing department, with the goal of involving students on college campuses, including High Point University, to expose other students to NASCAR. All over the country NASCAR Kinetics teams have formed and are taking a variety of steps to share the world of racing with their peers. The Kinetics program also serves as a way for college students to learn marketing techniques by applying them to NASCAR.

"Our main goal is to get people excited about NASCAR," said HPU's NASCAR Kinetics team captain and junior Cameron McGraw. "We go to a school where (a large portion) of the students are not from North Carolina and a lot of them have maybe never heard of NASCAR."

At HPU, the NASCAR Kinetics team is made up of students from the business and communication schools, but it is officially housed in the business school. The students involved get to communicate directly with NASCAR's marketing department to give updates on the team's promotional strategies and to report findings from conducting case studies.

"NASCAR has a long set of marketing-oriented problems, which they are more than happy to provide as live case studies for our team," said Phil Watson, a communications professor and the HPU NASCAR Kinetics team adviser. "NASCAR's agenda with NASCAR Kinetics is to fish around for ideas that will attract young adults to the sport as spectators and as television viewers."

One Kinetics team member, sophomore Chelsea Hyde, said, "Our team has been working on case studies, hoping to help NASCAR's problem of reaching younger audiences."

Professor Watson also likes that these case studies are actual marketing problems that NASCAR is facing and needs a solution for. He says that this is a plus because it provides change from the same case studies he rotates through each year.

As part of the Kinetics program, colleges were competing to host the best viewing parties during the Martinsville, V.a. race. The viewing party at HPU will be judged by NASCAR's marketing department and compared to the viewing parties hosted by other schools all over the country. The members of the winning Kinetics team will receive all-access tickets to the NASCAR Sprint Cup race in Charlotte this summer.

The HPU team hosted its viewing party on April 1 in



Green flag! Students prepare to race their cars around the track at the NASCAR viewing party. Photo by Allie Dearie

The Point, to which more than 500 students attended over the course of the afternoon. At the party there was free food, live music from Chris Lane, a remote-controlled race car track provided by Thunderdome Attractions, and of course, a large screen that displayed the race.

The decorations were donated by Race Party Decorations, a local business in High Point. Other decorations came from M&M's, which was the main sponsor for the viewing party. Because M&M's was the main sponsor, the team organized a game where visitors of the event placed guesses on how many M&M's they thought were in a giant bowl. Senior Justin Terrell's guess of 3,050 was closest to the actual 3,062, so he won tickets to the Oct. 28 NASCAR race at Martinsville Speedway.

"Our NASCAR viewing party was a huge success," said McGraw. "The NASCAR spirit was certainly present on campus and we are proud of how everything came together. Even students who were not familiar with See *NASCAR*, page 4

Opinion

The High-PURCS of High Point University

By Lindsay Sugarman
Staff Writer

The Department of Undergraduate Research and Creative Works (URCW) has been a flourishing aspect of High Point University throughout the past year, after Dr. Joanne Altman became the director and initiated a campus wide convergence of students involved in research on campus. The URCW on campus promotes learning outside of the classroom, and encourages partnerships with faculty members to produce works suitable for publication, exhibition or presentation in the academic and professional setting.

I began working with Dr. Altman and the Department of URCW last fall when my professor and mentor, Dr. Anna Piperato, urged me to submit an abstract of my art history paper to an upcoming conference. I was hesitant to do so at first; I had no idea what a conference involved, and even more concerning, I wasn't as familiar with my art history paper as I was when I wrote it the previous semester. After my submission was turned in, I was accepted to present at the State of North Carolina Undergraduate Research and Creativity Symposium (SNCURCS), and had only a little over a month to perfect a presentation. I began reading my art history paper over and over again, familiarizing myself with the words, and created a multi-slide presentation to accompany it. I met with Dr. Altman to show her my progress. "That's wonderful that you can memorize your paper," she said. "But I'm going to teach you a technique that will make you remember the contents of your paper like the back of your hand, without memorizing." And that she did.

By the time I presented at SNCURCS in November, I remembered my research with no hesitation, and no memorization.

Because of that wonderful experience at SNCURCS, I now am enthusiastic to show off my undergraduate research at other conferences. Not only did the support that the Department of URCW displayed and the guidance that Dr. Altman provided allow me to learn a completely innovative method of conducting research, but it taught me to successfully remember and present it with confidence.

Working so closely with the Department of Under-

graduate Research and Creative Works, I am excited and proud to say that High Point University is hosting their very own academic conference, the High Point University Research and Creativity Symposium, High-PURCS for short. Students from all schools, majors, and minors are invited to participate, and it is a great opportunity for students to showcase their research in a professional environment. On April 25, from 10 a.m. to 12 p.m., students from a wide range of fields will gather together for this interdisciplinary conference and present their work in poster form, oral presentation, brief performance, or

In preparation for this groundbreaking conference, students have been collaborating with their peers on projects, partnering with their faculty mentor to produce a stronger presentation and learning what a life in academic is like. Throughout the past year, while students began and completed their own research and creative works, the URCW has been preparing as well. Spreading the word about the URCW on campus has been simple enough in the context of faculty and students already involved with research. But there are many students on campus who are not avid participants in undergraduate research and creative works that the department wishes to reach out to. And in creating an HPU specific conference, the URCW has generated interest in the world of academics, and has made it known that undergraduate research is not limited to simply the sciences or the mathematics field, but research can be conducted in any field.

My own professor and mentor, Dr. Piperato, advised me to take another conference under my belt, as I was already conducting undergraduate research in the field of art history. The High-PURCS conference, she said, would be the perfect opportunity to share my academic research and opinions with contemporaries in my field, as well as faculty and students in other disciplines. As a student whose research happens to be highly interdisciplinary, I jumped at the idea. Now, with the guidance of my mentor and the assistance from the Director of URCW, I have been expanding my knowledge past my usual course schedule and have learned the art of collaboration.

Undergraduate research on the campus of High Point University allows me to work under the guidance of my mentor, but research like a professional in my field. I may still be a student, but I am progressing quickly to the status of an academic. The Department of Undergraduate Research and Creative Works made it possible for me to get my foot in the door in my scholarly disciplines. The High-PURCS conference on April 25 will be the foundation for more opportunities to arise for students all over campus, as well as prove to the faculty and academic world that at High Point University, the research that students conduct and present is truly extraordinary.

Lindsay Sugarman is a sophomore English literature major at High Point University and continues to work closely with the Department of Undergraduate Research and Creative Works on campus.



graduate Research and Creative Works has received many abstract submissions and is looking forward to the day of the conference, when more than simply the faculty can see just how driven and motivated the students of High Point University are.

Students were required to complete their research outside of the classroom, inspiring themselves with the sole purpose of intellectual curiosity. The Department of URCW hopes that through the process of researching and formulating a presentation for the High-PURCS conference, students will have learned the art of good communication, acquired knowledge from not only the books and scholarly articles they implemented in their final papers, but also their faculty mentors as well. And they will have begun a critical inquiry into the field they hope to contribute to after graduation.

Lindsay Sugarman is a sophomore English literature major at High Point University and continues to work closely with the Department of Undergraduate Research and Creative Works on campus.

Do you have what it takes for a '30 Day Shred'?

By Meghan Pignataro
Staff Writer

Three minutes of strength. Two minutes of cardio. One minute of abs.

Ready? Begin.

In Jillian Michaels' "30 Day Shred" workout video you are expected to get promising results in just 30 days.

Beginning with three minutes of strength is a series of intense pushups and squats. Then comes two minutes of cardio exercises in which you alternate between jumping jacks and jump rope. With your heart rate increasing, you lie on your yoga mat and complete one minute of abs workouts, including a basic crunch and a reverse crunch.

This is just circuit one.

Following this are two more circuits in which you work different muscles using the same three minutes of strength, two minutes of cardio and one minute of abs format. Including lunges, butt kicks and crunches, you constantly feel the burn in this intense 20 minute workout.

According to the Calorie Control Council, 54 percent of U.S. adults are trying to reduce their weight. Sixty-nine percent of those people say they fail at losing weight because they do not exercise enough.

Following a 20 minute routine, leading health and wellness expert Jillian Michaels guides viewers through tough training to get rid of body fat and build lean muscle.

Michaels' voice is present throughout the entire workout as she guides you step by step through each exercise in order to perfect the move.

Like any workout video, you are not guaranteed to see

results after one time. This is a continuous workout, hence the title - "30 Day Shred," in which you are encouraged to stick with it and challenge yourself.

"People have said I'm TV's toughest trainer and that's probably true, but if you see me in action you know I'm totally committed to getting big results," Michaels says in the introduction. "I want you to see me as your own personal trainer totally committed to you."

Although the "30 Day Shred" is designed to help you shred off pounds, there are other workout videos with the same mission, but different approaches.

"Crunch Belly Butt and Thighs" is boot camp workout video that also promises to provide good results, if you keep up with the video. Focusing specifically on your belly, butt and thighs, this workout aims to target spots that are difficult to reach through an intense boot camp workout.

As opposed to Michaels' "30 Day Shred", "Belly Butt and Thighs" instructor Teri Ann Krefting keeps you moving at a fast pace throughout the entire 40 minute workout.

Intensely marching between exercises, Krefting focuses

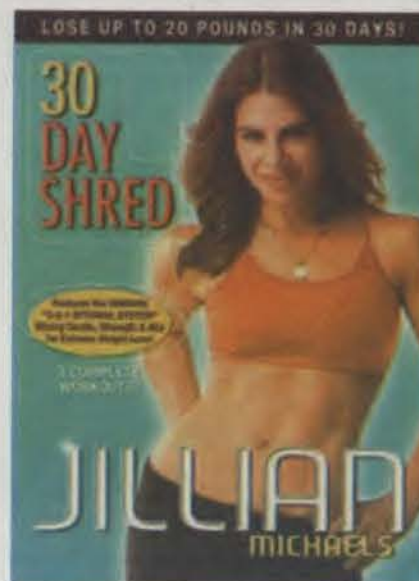


photo from jillianmichaels.com

her video mainly on cardio then ends with a few minutes of strength.

As opposed to the 3-2-1 format, Krefting challenges you with four variations of a workout with the fourth being the most challenging.

Level one: step out and in.

Level two: move up and back.

Level three: jump up and step back.

Level four: jump out and in.

March and repeat.

"This high energy workout is packed with kick butt moves that will help you tighten and tone your abs, butt and thighs," Krefting says in the introduction. "Plus I've added heart pumping cardio bursts that will help you attack the fat. The mission is to destroy fat and tighten and tone lower body."

While both of these workout videos differ in exercises and length, they both have a similar mission: to lose weight.

Both Jillian Michaels' "30 Day Shred" and "Crunch Belly Butt and Thighs" can help you do that.

"Both of these workout videos are really intense. You do strength cardio and abs, where as in the gym you only really doing cardio," Suzanne Molyneux said, after doing the workout videos simultaneously. "You can really start to see results if you continuously do them."

Rather than spending hours at the gym, 40 minutes is all you need.

With summer in sight both of these workout videos will get you "beach ready" as they push you to your limit and make you strive for the results you want.

Opinion

Senior staff says farewell

Andrew Faust
Online Editor



I'm not ready to leave. Over the past four years, High Point University has become my home, just as my friends, professors, coworkers and acquaintances have become a part of my family.

It's hard to believe that only a few days stand between the life that I have grown accustomed to and the conclusion of my undergraduate career - it seems like just yesterday I was welcomed by the friendly, tie-dye clad HPU community as I moved into Finch Hall.

I am appreciative of my family's endless support in my studies, and thankful for the many sacrifices that they have made for me to attend such an amazing school.

The dedication and commitment of my professors, advisers and colleagues is truly inspirational, and the impact that they have made on my life is immeasurable.

Although I am sad that my studies here will soon end, I am excited about the many opportunities that HPU has helped (and will continue to help) me to obtain.

As I reflect on my four-year academic journey, I am overjoyed by the many memories that I have made and by the ways that I have grown.

I'm not ready to leave, but I know that my education and experiences at HPU have provided me with the foundation for a successful and balanced life.

If you could live anywhere in the world for one year, where would it be?

By Tatiana Kresefsky
Staff Writer



Shannon Thompson
(Freshman): Ireland



Hailey Stoffel
(Freshman): France



Ciarra Pfeifer
(Freshman): Italy



Jonathan Hawxhurst
(Freshman): Germany



Craig Schneid
(Freshman): Israel



Ross Brown
(Sophomore): New Zealand



Sam Stewart
(Freshman): Australia



Emily Murkowski
(Freshman): San Diego



Linnea Thomas
(Freshman): New York City



CJ Shea
(Freshman): Spain

I don't know how many times my brother and sister told me to appreciate every day of college because it's the time to go nuts, to make mistakes, and to find out who you want to be. They warned me constantly that it flies by - that before I knew it I would be putting on my cap and gown and walking across that stage.

Well, here I am, four years later and it's time to graduate.

Most people will be sad, or horrified, at the idea of leaving a place that we all have come to think of as a second home; you get used to seeing the same people every day, going to the same classes, and frequenting your favorite off campus bars or hangouts. Most people will try and hold onto the last few weeks, or even days, and hope that it's all a bad dream, but then there are those of us who will go out with a bang - because we know after this, it's time to grow up and be who we are meant to be.

So really, this farewell address isn't for me, this isn't for my fellow graduates and it isn't for the administration...this is for all of you HPU students who I'm leaving behind as I head out into the world.

I had my time here, and I loved every minute of it, but now it's your turn.

As a writer I have found that you can only be great at what you do if you have something to say; and you can't have something to say if you don't have experiences to back you up. So my parting words of wisdom to you are to get out there and live!

- Make mistakes.
- Find your voice, and then use it.
- Don't be afraid of failure - it's a chance to reinvent yourself.
- Take risks and be bold.
- Stand up for what you believe.
- Be kind and be patient - you never know who you will need help from some day.
- Challenge yourself.

Chelsie Merone

Opinion Editor



And above all else, do as much as you can, as often as you can.

With experience comes strength, wisdom and my favorite...bragging rights. So go off and enjoy the rest of your time at HPU. Use it as your opportunity to try new things and make a fool of yourself. You'll figure out where you're going eventually, but until then appreciate the time you have left, and don't waste a minute of it.

News

Tarara teaches healthy living, encourages application beyond classroom

By Meghan Pignataro
Staff Writer

When it comes to college students, many struggle getting caught up with their social life and schoolwork, and have difficulty maintaining a healthy lifestyle on a college campus.

Rosemarie Tarara, assistant professor of Health and Physical Education, believes there are several important ways to stay healthy in college.

First, High Point University offers several classes focusing on health. Tarara teaches a nutrition and healthy living course focusing on nutrients, digestion, dietary guidelines, food labels, exercise testing and making personal choices. Her course gives an in-depth guide on the aspects of living a healthy life and the elements involved.

While she teaches students how to live a healthy life, you too can apply these elements to your daily life as well.

One of the most important ways to stay healthy is to monitor your eating habits.

"College students have different plans everyday, but it is important to be aware of the foods you are eating and not skipping any meals," Tarara said.

Some believe skipping meals may be beneficial by avoiding more calories; however, it is actually much worse. It is important to eat three to five meals a day to obtain the right nutrients your body needs.

"It's good to stay away from foods that are high in fat

and fried food," Tarara said. Although it is healthier to avoid fried food, students do not have to eliminate it from their diet entirely.

"It's not bad if you eat it sparingly, but you should avoid large quantities of it."

Students should be aware of the food they consume to make sure they get the right carbohydrates and proteins.

"I try to avoid fatty foods, and usually go for things like salads," said junior John Stokes. "I also try and drink a lot of water."

While college kids can be widely known for their nightlife and partying, limiting alcohol can easily strengthen your health as well.

According to the National Institute on Alcohol Abuse and Alcoholism, there is a link between alcohol and eating. Various studies have shown people who drink large amounts of alcohol have poor eating habits, while those who drink very little have better quality diets.

Although students can become accustomed to their nightlife, it is important they are staying active daily. Physical activity is one of the most important parts of a healthy lifestyle. Whether it's exercising in the gym or riding a bike around campus, having some sort of physical activity is vital for a healthy life.

"Keeping up activity is an important part. You can rent bikes here on campus or even go for a walk in the promenade. There are many different things you can do," Tarara said.

On campus, HPU Recreation offers various intramural sports throughout the year, as well as fitness classes and

physical education courses. Monday through Sunday there are nearly 15 different group exercises classes available where students can exercise.

"Right now I am taking a yoga class and a kickboxing class for credits," said junior Sarah Voigt. "These classes give me a structured routine to work out daily. It helps me stick to a schedule and not let me be lazy, by backing out or not wanting to go, since it's for an actual class."

In addition to physical activity, another essential aspect of a healthy lifestyle is sleep. Sleep is vital for your body in more ways than one; getting at least eight hours of sleep will give your body the rest it needs.

"Sleeping is very important because if you do not get enough sleep your immune system will go down and your ability to handle stress will go down," Tarara said.

The final, most important way to stay healthy is a simple step quite often overlooked: washing your hands.

By simply washing your hands with soap and water before and after every meal, you can avoid germs and bacteria, especially during flu season.

While these steps will help you live a healthy lifestyle, it's important to have a positive attitude. If you are able to keep up with these steps and stay highly motivated, you will be on the right path to living a healthier life. With these basic tips, High Point University students will be able to live a healthy lifestyle and develop nutritional patterns that will keep them feeling rejuvenated, happy and healthy.

The patterns students develop in college will help their health in the future.

April Extraordinary Leader: Megan Procaccini

The Office of Student Life presents the Extraordinary Leader award to outstanding students each month. According to Gail Tuttle, vice president of Student Life, the entire HPU community - students, faculty and staff - make nominations, and the nominees are asked to complete an online survey about their academic, social and charitable involvement on campus and in the community. A committee of HPU administrators selects the students that best embody true leadership. Results are printed in the Campus Chronicle each month.

Senior Megan Procaccini, or more affectionately known on campus as "Meg Proc," has been making an impact on the HPU campus since she first arrived as a member of the women's soccer team. Since then, she has found many other ways to make a noticeable difference.

Procaccini is a Presidential Scholar and president of the Honors Program, from which she also received the Honors Program Scholarship. In addition to Dean's List recognition and making the Big South Conference Honor Roll, she has a long list of awards behind her name. They include being inducted into the Order of the Lighted Lamp and the Order of Omega, and being recognized by the university as Junior of the Year and Greek Person of the Year in 2011.

So what did she do to earn all of those titles? Her list of accomplishments is just as long, if not longer. Procaccini has served in many roles in student and university organizations. This includes membership director of Phi Mu Sorority, vice president

of operations and finance for the Panhellenic council, secretary of the Student Government Association, and a captain ambassador.

But the roles that have meant the most to her have been those related to Greek life.

"I was privileged to work alongside another Greek council to create a program that would bring cultures and diverse communities together," she says. "Not only was I able to bridge a gap of diversity, but our philanthropic event raised over \$2,800. I am looking forward to continuing enhancing the overall community at High Point University in any way I can."

The exercise science major plans to continue her education after she graduates in May at the University of Western States in Portland, Oregon, where she will pursue a doctorate degree in chiropractic medicine. But she says she'll never forget her alma mater and the

home of her undergraduate years.

"Every single person I have come into contact with at this university has taught me something about myself," she said. "I have learned that patience is a virtue and that perseverance is one of the most admired qualities a person can possess. I've grown everyday at HPU, and I couldn't be more proud."



Senior Meg Proc has most enjoyed her experiences in Greek Life during her four years at HPU. Photo by Chad Christian.

From *American Dream*, page 1 service. The service hours will connect directly into the idea of engaging in democracy and helping spread political awareness. Students will be working with advocacy groups, non-partisan election related groups and the World Relief Program, which helps refugees get settled in the United States by teaching citizenship classes.

"An integral part of the larger vision [of the ADP] is developing the interdisciplinary opportunities for students to learn outside of the classroom," said Blosser.

The students enrolled in the nine courses will be participating and presenting at three different colloquiums on campus to share the knowledge they have gained thus far in the courses, expose fellow students to different points of view and to develop a broader understanding of the elections. Each colloquium will be about two and a half hours long, with student and faculty presentations, along with small group discussions at the end.

As part of the courses, students will be using the polling information and data gathered by the HPU Survey Research Center (SRC), directed by Kifer, political science professor,

and Sadie Leder, psychology professor. Polling will be again in the fall and students who work at the center will focus on North Carolina residents, but they will also have their sights on completing their first national poll.

"The national poll will probably be after the November elections," said Kifer. "But students will be able to draw on the findings that we already have and how people think about the American Dream and goals."

In addition to their phone polling, the students working in the SRC now have the capacity to do face-to-face interviews, which can be used in conjunction with the service learning elements of some of the courses offered.

"It's such an ambitious project, and this is really going to a whole new level," said Kifer.

Dr. Davis notes the heavy involvement of professors saying, "This kind of project cannot happen without the help of many; the list of people who have given their time, ideas and support is endless." Of the students involved she says, "In true High Point University fashion, these students have jumped in with both hands, working so hard, and it's all volunteer; they are the ones making this come to life."

From *NASCAR*, page 1 the sport prior to our event were able to get a feel for what race day is actually like."

The team will be submitting a report about the event to NASCAR on April 25 along with the other 18 competing schools. After comparing the detailed reports, NASCAR's marketing department will declare a winner at the end of May.

The students involved with HPU's NASCAR Kinetics team are not only interested in learning about marketing, but they are also passionate about NASCAR.

"My grandparents are die-hard NASCAR fans. They have an entire basement devoted to Dale Earnhardt," said Chelsea Hyde, a sophomore on the team. "I live really close to the Loudon track in Massachusetts, and when I heard NASCAR Kinetics was coming to HPU, I thought that would be a nice taste of home."

From *Recyclemania*, page 1 week of competition, HPU had recycled 78,013 pounds, with a ratio of 20.72 pounds per student. The campus saw a greenhouse gas reduction of 87 metric tons of CO₂ Equivalent, the same amount as 46 cars off the road, or the energy consumption of 23 households.

In 2011, the 630 schools that participated in the competition recycled a total of 91 million pounds of materials, and 127,553 metric tons of CO₂ Equivalent.

HPU was named one of the greenest campuses in America by the Sierra Club this past year, and the results of Recyclemania definitely reflect that.

"When we set our mind to something as a campus, we can make an enormous impact on our surroundings," said Thompson.

Students wishing to learn more about High Point's green initiative can visit <http://greenteam.highpoint.edu>.

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A&E

Timberlake shares his 75-year anniversary collection with HPU's Sechrest Art Gallery

By Kim Whiting
Staff Writer

Bob Timberlake, a famous North Carolina artist, recently visited High Point University to showcase more than seven decades of his magnificent art work.

"Art was a natural thing. I just did it", said Timberlake. His natural talent for art and design has led him to the successful and happy life he lives today.

Q: How did you get to where you are today?

A: "I started drawing when I was able to walk. I taught myself everything I did. I never had any training and I learned how other artists worked. Art was a 'play thing,' and I was simply trying to teach myself. I had so many drawings and paintings that there was no room for them all. My mom saved everything I made. She was positive and encouraging. She told me there was nothing I couldn't do. I was homeschooled by Andrew Wyeth, who was my mentor. I was always immersed in nature; it was what I did. The opportunity to experience nature was good for me."

What most people may not guess about Timberlake is that he was a businessman who transformed into an artist.

"I went to school for business at the University of North Carolina at Chapel Hill and became amazed with the art world".

After being exposed to something completely opposite of his major, Timberlake became more involved with the art world.

Q: Where do you get your inspiration from?

A: "My designs come from the heart and things I like to do. I find inspiration through my family, heritage, where I'm from, and the state of North Carolina. Where the heart is, so is your treasure."

Q: It was obvious at a young age that you had a natural calling and talent for art. When

did your career in design come into play?

A: "I never planned on a career in furniture. What I created was out of pure pleasure. I was my own architect at the age of twelve, creating my own architect designs. The chest I built in high school was my first national award, which I received around the age of fifteen."

After launching his collection of furniture titled The World of Bob Timberlake®, in 1990 it was named the most successful in the history of furniture and the most significant introduction of a line of furniture in the last forty years.

Q: How did you get the opportunity to present your exhibit at High Point University?

A: "Dr. Hal Warlick suggested I do the show. I turned down four other to do this one at High Point. I also forgave a show that was to take place on my birthday, in my hometown of Lexington, North Carolina, to have it here at High Point. This exhibit is one of the most comprehensive. It was a great show because I got to see how I progressed."

Timberlake's grandfather was a founding member of High Point University and helped formed High Point's introductory address, so he has had a relationship with the University since that time.

"I'm impressed with High Point. It's exciting to see how aggressive the University has become. I'm proud to be a part of the story from the beginning to today."

Q: Do you have any advice for any aspiring artists or designers?

A: "Try to find something you love and do it. Whatever it is, do it right. Go to exhibits. Try to pursue and learn as much as you can, from anybody you can. It's all about how you progress."

Timberlake said that aside from art, sports are also a love of his. He mentioned though, that cultural arts is the most important thing a university can have.

His exhibit is on display in the gallery through May 5.



Bob Timberlake speaks to the audience at the opening of his artwork in the Sechrest Art Gallery. Photo by Allie Dearie

Theatre hosts spring production: 'Twelfth Night'

By Katie Harmon
Staff Writer

High Point University's Department of Theatre delivered a delightful presentation of William Shakespeare's original play "The Twelfth Night." The work itself possesses a sophisticated plot and masterful dialogue, as do all of Shakespeare's works. However when you add to that great acting and an inventive set then you have a recipe for success. Centering on a case of mistaken identity and several cases of unrequited love, the multidimensional plot captivates its audience. Also involving shipwrecks, cross-dressing twins, drunken duels, and frisky chambermaids, this creative comedy more than just entertains. As you sit in the audience you can't help but be completely engaged in the story line.

Student Courtney Fieman commanded the stage as Olivia and Nick Ogle outdid himself as the clown, Feste. Ogle did indeed prove himself a jester when, at intermission, he engaged the audience in his short monologue by inviting certain members to play a drum for him. This certainly showed his dedication to the part he was playing.

Maggie Jo Saylor's character of Viola was underwhelming. Fortunately, Justin Beard's enormous stage presence as Sir Toby Belch could have carried the show.

In the end, the actors shined. There was also Dan Moldovan. In scenes Shakespeare himself surely never intended to be so funny, Moldovan's Mavolio was side-splitting. His labored, if not somewhat creepy, smile brought the house to teary laughter. This added a little bit of originality to the play, which made the experience different from any other Shakespeare play.

The work was performed somewhat untraditionally. The audience sat on the stage on risers facing the auditorium. A large shell-shaped wall was constructed on the edge of the stage so that audience could not peer out into the theatre. Also unconventional was the director's

choice of setting. Set in the 1920's, flappers and phonographs graced the stage constantly. Everything from the costumes to the music reflected the styles of "the jazz age." At no point was this

choice of time period more dazzling than the final scene in which the characters performed an enchantingly choreographed swing dance.

Turner Morehead, who played the oblivious and goofy Sir Andrew Aguecheek, commented that this play has presented a pleasant challenge to HPU's theatre department. "Shakespeare is timeless," Morehead muses, "It's great to see our department's hard work pay off in a great show



Cheers! Actors in HPU's production of *Twelfth Night*, make a toast during one of the scenes. Photo by Allie Dearie



Deep conversation. Actors have a discussion during the play. Photo by Allie Dearie

The Style Guy: A Sartorial Guide for Men's Fashion

By Tyler Yarema
Staff Writer

Comments on Spring/Summer Attire

- Don't be afraid to show some skin (Girls do it, why cant we?) – but do it at the ankle. Lose the socks, roll the slacks, show it off.
- Thus, No Socks. No exceptions.
- Leave the Sandals in the sand. Instead, grab a Loafer or a Sneaker.
- Only surfers should wear board shorts. Wear a swimsuit more flattering – one that cuts an inch or two above the knee. You'll look taller and trimmer.
- For a top, spring/summer staples are Gingham and Irish Linen shirts, and the simple V-neck.
- Spring means rain, especially in North Carolina. In order to combat the elements, do it in a functional and versatile Anorak.
- For a more formal or business choice for the rain, wear a classic Trench.
- When it comes to suiting, your go-to fabric should be Khaki. It will keep you cool, and is appropriate for both the boardroom and the beachside wedding.
- Again, No socks. I don't care what Mom says. They don't go with Sperrys/sliders/sandals/etc.
- White jeans are a great summer choice; just don't go too tight in the cut. Pair with brown bucks for a perfect match.
- Mix some color into your summer wardrobe – red jeans are very popular this year.
- My favorite shade this year is the Ray-Ban Clubmaster, black and gold.
- Lose the bro, add some class, enjoy the summer.



Cool and collected in summer suit. Photo by Gentleman's Quarterly

that people will enjoy. This show has been a great experience for everyone involved..."

Though a small budget play preformed in limited space with amateur actors, High Point University Department of Theatre's "The Twelfth Night" exceeds expectations. The entire event was charming and endearing. There wasn't a person in the audience that wasn't completely captivated by both

the actors and the new rendition of the classic storyline.

If you missed the play on April 14 you still have a chance to experience all the hype. "The Twelfth Night" will also be playing April 19-20, and the afternoon of April 22 in the Hayworth Performing Arts Center.

A&E

Christina Buttafuoco takes hercampus.com by storm

By Jodi Guglielmi
A&E Editor

Christina Buttafuoco, a sophomore at High Point University, has always had a passion for writing. As a current journalism major, she is constantly trying to find ways to further advance her future career in writing. When internships became out of the question due to location and lack of transportation, Buttafuoco started looking for other ways to get involved and get started on her path in journalism. That's why she knew it was meant to be when Buttafuoco found an online posting asking for a campus correspondent for a popular college website known as hercampus.com.

"Hercampus is amazing. It's addictive. It's your new favorite procrastination site. When I first discovered it, I probably spent a good two hours just reading through everything. There's so much! Advice, lists, pictures, guys, giveaways... it's your favorite magazine online."

Buttafuoco has been writing and running the High Point branch of hercampus for just under a year now. While other students occasionally contribute to the site, Buttafuoco often writes the bulk of the articles. Although this often times means pulling all-nighters just to finish the posts for the day, Buttafuoco still loves every minute of it.

"I don't get paid for hercampus, and I'm not receiving any kind of credit or compensation. I'm doing this because I want to. I'm doing this because this is what I want to do with the rest of my life. I enjoy it! (The site) is the no. 1 online college women's magazine. That's unbelievable. Last month, they reached their goal and hit 1 million readers. To be a part of something like this... it blows my mind. To say that I'm a part of something so amazing, and to have people read and agree, makes everything so worth it."

The website features articles that are geared toward college students. Titles such as "The 15 Dos and Don'ts of Spring Break" and "Eat this! Not that!" are popular among the young readers. Humor drives the tone of the articles, making the website a fun and interesting destination while surfing the web. With a variety of topics from nutrition to style, almost anyone can find something to relate to on the website and will want to pass them from friend to friend.

High Point students gravitate toward the website because it is made especially for them. Laura Sukys, a freshman at High Point said, "I love going on the website and reading about people I know on campus. It's a cool feeling to have something especially for your school and to see your friends being written about and featured online. Then you can also go to other colleges and see what they are like in comparison to yours. It really is just a fun website to go on!"

The High Point branch of hercampus is quickly climbing the ladder of success. After just three months of being launched, it was declared the no. 10 most viewed branch out of over 200 branches. Up against big name schools such as Boston College and UNC, High Point is certainly holding it's own.

As for what's to come with the up and rising new website, Buttafuoco is extremely confident and excited.

"I look forward to seeing how big the website grows. If we can continue on the path we are on now, I think there will be big things for the future. More people are starting to read the website and more people are starting to want to write for it as well. It's only becoming better known and hopefully that translates into success. I'll be in charge of the High Point branch until I graduate in two years. After that, some one else will have to take over. I plan on making the website strong and able to stand on its own. That way when some one else comes in, they won't have to work from the ground up. They can focus on bettering an already successful website."



Christina Buttafuoco serves as the campus correspondent for hercampus.com
Photo by Christina Buttafuoco



Photo by hercampus.com

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Organizations

Charcoal Pony brings improvisation to HPU

By Chelsie Gastright
Organizations Editor

When people think of improvisation, a show called "Whose Line Is It Anyway?" may come to mind. This show was never dull and kept the crowd laughing for the entire 30 minutes it was on the air. While the show is no longer in production, a group of High Point University students has been bringing that same unique improvisation experience to the campus of HPU since 2010.

At the beginning of the 2010 fall semester, Maggie Jo Saylor, a senior, held auditions for The Charcoal Pony, the only improvisation group on campus. From then on out, Saylor and her fellow Ponies have been bringing improvisation to the student body three times a semester.

While only two years old, The Charcoal Pony has had many memorable shows. With 12 shows throughout the four semesters, one show stood out to both Saylor and a fellow Pony, Brandon Browning.

"We had one show in the black box theater this year and it was probably our most successful," said Browning, a junior. "We ran out of space. We had to pull chairs in from outside of the Slane Student Center."

Browning also mentioned that what he loves the most is that people come up to the members after their shows and ask when the next one is. Not only does this mean the word will get out, but he feels that is what makes this such a great experience.

As the Charcoal Pony has grown and evolved through popularity, so have the members within it. On May 5, several members, including Saylor, will be graduating. This means that new spots will be open for hopeful Ponies to audition.

One thing that both Saylor and Browning stressed is that regardless of major or experience in improvisation,

you can be still be a part of the Charcoal Pony. Currently, the group has members whose majors range from game design to interior design, with a little bit of everything in between.

"It's not about being funny, but starting something then continuing with it," said Browning.

Doug Payne, a freshman at HPU, is a great example of being new to improvisation. While he had been a part of many theater productions, he had never experienced improvisation, but has loved being a part of The Charcoal Pony.

"Charcoal Pony is the first improv group I have been a part of ... I love the fast-paced games and everyone in the troupe is absolutely fantastic," said Payne.

Payne also mentioned that being a part of improvisation did not require formal training and that The Charcoal Pony was "a lot of fun with a great group of people."

For many who are not sure about what improvisation has to offer other than comedy for those in the audience, it can come as a surprise that there is more to improvisation than purely comedy.

"I think improv is such a useful skill to experience," said Saylor. "The art of improv is based in agreement and collaboration. Those are things that can be applied in any part of your life."

Throughout its time as a group, The Charcoal Pony has been growing and evolving into a diverse organization that lets the students of HPU know it is okay to be a little different. Both Saylor and Browning have been more than impressed with the support the troupe has received this year and hope that it will only continue to grow in years to come.

CHARCOAL PONY IMPROV SHOW

Tues April 24
Black Box
10 pm

Last
show
of the year!



Greeks raise money in second annual talent show

By Rachel Smedley
Staff Writer

This year, on April 19, Greeks Got Talent will be returning for its second year. The Greek community will be coming together to raise money for an established scholarship fund, The Order of Omega.

The Order of Omega is a national society honoring juniors and seniors of social Greek organizations for exceptional achievement in scholarship, service and leadership. This program was first founded in April of 2010 and benefits Greek students who choose to attend leadership conferences and development programs throughout the year to help benefit the Greek community.

To be eligible for the Order of Omega, students must be academically in the top 3 percent of the Greek community and if that number is too large, applications must be filled out and submitted for review. This year, the Order of Omega initiated 40 new members.

Greeks Got Talent will feature members of our sororities and fraternities performing various talents. The groups have a 15-person limit but the talents range from singing, dance numbers, and other original musical acts. Admission to the event will be \$10, and all proceeds will go to the Order of Omega.

Mackenzie Allred, a member of Alpha Chi Omega, is participating in one of the sorority's two choreographed dances.

"Alpha Chi Omega is so excited about our first experience participating in Greeks Got Talent. We've only been practicing for about a two weeks now, but I know by the time the competition comes around we'll be tough competition for the rest of the teams."

Although the event is a competition between the Greek organizations, the core purpose is to continue building relationships between the different sororities and fraternities. Lauren Reese, of Sigma Sigma Sigma, is one of the chairs in charge of organizing Greeks Got Talent this year.

"We've definitely been looking for more events which include everyone and brings the Greek community together in a way that we can have fun and celebrate the different talents of our members. The more money that we can raise here, the more scholarships we can make possible for our deserving students."

Greeks Got Talent is just another example of how our students are constantly giving back to the HPU community. Throughout the past weeks, the members of the Greek community have been spending many hours to perfect their talents for this exciting and impressive display coming up on the April 19.



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HIGH POINT UNIVERSITY

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>APRIL FOOLS!</p> <p>vs VMI 1PM</p>	<p>2</p> <p>WATCH THE NCAA CHAMPIONSHIP</p> <p>T-SHIRT TRADE IN DAY!</p>	<p>3</p> <p>Orientation Crew APPLICATIONS NOW ONLINE!</p>	<p>4</p> <p>vs North Carolina A&T 6PM</p> <p>CAT EASTER EGG HUNT</p>	<p>5</p> <p>admissions open house</p>	<p>6</p> <p>vs Radford 6PM</p> <p>Good Friday (No Classes)</p>	<p>7</p> <p>Double Header vs Radford 1PM</p> <p>Women's Lacrosse vs Presbyterian 1PM</p>
<p>CULTURAL ENRICHMENT SERIES</p> <p>23-24 Spring Choral Concert 7:30PM Hayworth Fine Arts Center</p>				<p>Easter Break</p>		<p>Easter Break</p>
<p>8</p> <p>Happy Easter</p>	<p>9</p> <p>Easter Monday (No Classes)</p>	<p>10</p> <p>HPU RADIO SPRING SHOWCASE at The Extraordinaire Cinema</p> <p>10 DAYS UNTIL Quicks got talents</p>	<p>11</p> <p>WEDNESDAY NIGHT LIVE Charcoal Pony Student Improv 8PM</p>	<p>12</p> <p>SGA Meeting Phillips Lecture Hall 7PM</p> <p>PRIME Culture & Cuisine Series Sign up at the Campus Concierge</p> <p>IRC Panther Pop Quiz 10:10PM Slane Café</p>	<p>13</p> <p>vs Presbyterian College 6PM</p> <p>CATFLIX EXTRAORDINAIRE CINEMA 10PM</p>	<p>14</p> <p>CAT PAINTBALL AT HPU ESTATE 12-4PM</p> <p>vs Presbyterian College 6PM</p> <p>HPU Theatre Presents Shakespeare's Twelfth Night 7:30PM Hayworth Fine Arts Center</p>
<p>Easter Break</p>		<p>Easter Break</p>		<p>Admissions Early Registration</p>		
<p>15</p> <p>vs Presbyterian College 1PM</p>	<p>16</p> <p>MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM</p> <p>SGA Spring 2012 Budgets Due by 5PM to Student Life</p>	<p>17</p> <p>Going Global Day Slane Center 11AM - 2PM</p> <p>HPU Honors Day Millis Center 7PM</p>	<p>18</p> <p>Going Global Day Slane Center 11AM - 2PM</p>	<p>19</p> <p>Celebrate Earth Day 11AM</p> <p>Arbor Day Celebration Hayworth Park Amphitheatre 4PM</p> <p>SGA Meeting Phillips Lecture Hall 7PM</p>	<p>20</p> <p>Women's Lacrosse vs Liberty 6PM</p>	<p>21</p> <p>Spring Concert</p> <p>The Fray</p>
<p>NATIONAL VOLUNTEER WEEK</p>		<p>NATIONAL VOLUNTEER WEEK</p>		<p>NATIONAL VOLUNTEER WEEK</p>		
<p>22</p> <p>Earth Day</p> <p>Women's Lacrosse vs Longwood 1PM</p> <p>HPU Theatre Presents Shakespeare's Twelfth Night 2PM Hayworth Fine Arts Center</p> <p>SGA Meeting Budget Defenses Organizations A - I 7PM</p>	<p>23</p> <p>HPU Spring Choral Concert 7:30PM Hayworth Fine Arts Center</p> <p>MONDAY MOVIE EXTRAORDINAIRE CINEMA 8PM & 11PM</p> <p>SGA Meeting Budget Defenses Organizations M - Z 7PM</p>	<p>24</p> <p>HPU Spring Choral Concert 7:30PM Hayworth Fine Arts Center</p>	<p>25</p> <p>Reading Day (no classes)</p> <p>Exam Break 9am - The Cafe</p>	<p>26</p> <p>Exam Break 9am - The Cafe</p>	<p>27</p> <p>Exam Break 9am - The Cafe</p>	<p>28</p> <p>CAT MASSAGE NIGHT</p> <p>Women's Lacrosse vs Davidson 1PM</p>
<p>EXAMS</p>		<p>EXAMS</p>		<p>EXAMS</p>		
<p>29</p> <p>6 Days until Commencement!</p> <p>Celebrating People in Action Millis Gym 10:00am - 11:00am April 18 - 25 2012</p>	<p>30</p> <p>Exam Break 9am - The Cafe</p>	<p>THE EXTRAORDINAIRE CINEMA</p> <p>facebook twitter</p> <p>LIKE THE 'EXTRAORDINAIRE CINEMA' ON FACEBOOK - FOLLOW @HPUCINEMA ON TWITTER</p>		<p>MONDAY MOVIE PRESENTED BY CAT EVERY MONDAY NIGHT AT 8PM & 11PM IN THE EXTRAORDINAIRE CINEMA</p>	<p>FACULTY LITERARY</p> <p>Located in The Extraordinaire Cinema</p>	<p>Quicks got talents</p> <p>April 19th Millis Gym</p>



highpoint.edu

Sports

2012 NHL PLAYOFF PREVIEW

By Nolan Stout - Staff Writer

EAST

No. 1 Rangers vs. No. 8 Senators

The Senators return to the playoffs after missing last season, but this trip will be short lived. The Sens are 3-1-0 against the Rangers this season, but went 6-7-2 over their last 15 games, dropping out of seventh place. Ottawa is not as good as New York. This Rangers team has something special going and are poised to make a deep run this season. The Rangers finished 9-6-0 over their final 15 and Henrik Lundqvist's 1.97 GAA will send the Senators home early.

Rangers in 4

No. 3 Panthers vs. No. 6 Devils

It is definitely a down year for the Southeast division as the Panthers won their first division title and return to the playoffs for the first time since 2000. In goal, Jose Theodore is struggling for Florida and Scott Clemmensen has virtually no playoff experience. The Devils have Martin Brodeur, one of the greatest goaltenders of all time. The Devils have much more experience than the Panthers and their 16-6 overtime record is best in the league. This shows they are ready to step it up in clutch situations and advance to round two.

Devils in 6

No. 4 Penguins vs. No. 5 Flyers

The Pittsburgh Penguins have had a phenomenal season despite the coming and going of Sidney Crosby due to concussions. Pittsburgh finished with 108 points, one less than the first place Rangers. Crosby has only played 22 games this season, scoring 37 points. Evgeni Malkin has picked up the slack with 50 goals and 59 assists on the season. The Flyers have had a good season, but Ilya Bryzgalov has not performed very well in April. A change of scenery can do little for Bryzgalov and the Flyers, but the battle of Pennsylvania will be the series to watch in the East.

Penguins in 7

No. 2 Bruins vs. No. 7 Capitals

The Bruins are back in the playoffs after ending a 39-year Stanley Cup drought last season and face a less-than-average Washington Capitals team. Nicklas Backstrom also sat out three months for the Caps. Washington has also found a way to falter in the last four years when expectations were high. As a road team, the Caps are at a disadvantage with their weak 16-21-4 record away from home.

Bruins in 5

WEST

No. 1 Canucks vs. No. 8 Kings

The Kings dropped their final two games in overtime to squander a chance at a division title or a number seven seed. They now have to face the Canucks, who won the President's Trophy for the second straight year. Jonathan Quick has 35 wins and a 1.97 GAA for the Kings which will extend this series, but the experience of the Canucks and the hunger for victory in Vancouver will take this team further and keep the Kings out of the semifinals for the eleventh straight year.

Canucks in 7

No. 3 Coyotes vs. No. 6 Hawks

It's a big season in the desert. The Coyotes won their first division championship, despite having fewer points than the opposing Blackhawks. The Coyotes have Mike Smith in goal and Ray Whitney on the front line. Smith has 38 wins and a 2.21 GAA and Whitney is thirteenth in the league with 24 goals and 53 assists. Also, Jonathan Toews has not played for Chicago since February 19. Even though he is expected to return for the playoffs, it is still uncertain what level he will be playing. The Coyotes are 3-1-0 against the Blackhawks this season.

Coyotes in 7

No. 4 Predators vs. No. 5 Red Wings

The Red Wings are in a very unfamiliar underdog position in their twenty-second straight postseason appearance against a hungry Nashville team. Detroit has struggled over their last 15, getting by with a 5-7-3 record. They have themselves a phenomenal 31-7-3 record at home. This should be a goaltending matchup between Jimmy Howard of Detroit and Pekka Rinne of Nashville. They have the twenty-first ranked penalty kill and Nashville's top ranked power play gives the edge to the Predators in this exciting matchup.

Predators in 7

No. 2 Blues vs. No. 7 Sharks

The Sharks come into this matchup on a four-game winning streak and have won 10 of their last 15 games. The Blues have gone 30-6-5 at home. The Sharks sport a 17-17-7 road record. A dismal penalty kill by the Sharks this season will also open up the door for the Blues offense. St. Louis swept San Jose in the regular season and the Sharks will be singing the Blues this postseason. St. Louis will sing happy.

Blues in 6

STANLEY CUP CHAMPIONSHIP



in 5 over



Barbour showcased in ESPN's three-point contest

By Kevin Russell
Staff Writer

The High Point University Men's Basketball recruiting class of 2008 was one of the most anticipated in school history. Jacob Lati, Chad July, Dave Singleton and Steadman Short headlined a class that was to help lead the program to their first ever NCAA tournament bid.

Head Coach at the time Bart Lundy raved about the class he put together. It was for all the right reasons. On paper, it was one of the best in the conference and in the history of the university.

"We are thrilled and excited to be signing such a talented group of athletes," Lundy said back in 2008. "It says a lot about our program and the University to have this caliber of player make the decision to sign with us."

Unfortunately after a disappointing 2008-09 season, the first for this promising

class, Lundy resigned from his position as head coach.

With Lundy's resignation and the signing of new head coach Scott Cherry, Lati, July and Short all decided to move on from HPU. This left Singleton and late signees Corey Law and Nick Barbour as the only remaining members of the once promising recruiting class.

As a late signee, not much was expected out of the skinny 6'2 guard, Barbour. There were questions regarding his durability, as well if he had the athletic ability to play at the collegiate level.

One thing no one ever questioned about Barbour was his ability to score, more importantly, shoot the three ball.

Cherry and his staff realized right away that Barbour could be a vital asset in their attempt to implement a high tempo offense and didn't want to let him get away.

"I always knew things would work out here. These last three years have been the best of my life," said Barbour.

Barbour had an incredible final three

years of his career under Cherry. He led the team in scoring all three years as well as three pointers made. His three years under Cherry all culminated with him being invited to participate in the NCAA Men's 3 Point Shootout in New Orleans, on Thursday, March 29.

Barbour led the nation in three-point field goal percentage in 2012, at 48.4 percent, and was one of the favorites heading down to New Orleans.

Brad Nessler, an announcer covering the event for ESPN, even picked Barbour to win. Nessler believed that Barbour would do well because of his smooth, short stroke as well as the fact that he shoots left handed.

Unfortunately Barbour had a rough first few racks in the competition and was eliminated after the first round.

The smooth, short stroke that Nessler believed would carry Barbour to the title became long and deliberate and Barbour was not able to correct it in time.

He finished the competition with 11

points out of a possible 30, although he was able to make all five shots on the final rack.

"I'm obviously a little disappointed right now," said Barbour immediately following the event. "I obviously came here to win, but this whole experience has just been incredible and I'm so blessed for this opportunity."

Although he didn't have his best performance in the shootout, it was still an incredible experience for the senior, who will graduate in May. Barbour was featured on ESPN, got an all-expenses paid trip to New Orleans, as well as got to meet and interact with some of the best players in the country.

For a kid who was barely recruited out of high school, it marks a remarkable rise to stardom.

"I just hope that I represented HPU and all of the smaller schools well. This was an incredible experience; one that I'll never forget."

Sports

Cozart nears 100 wins as baseball team battles for first

By Henry Molski
Sports Editor

As Erika Carrubba prepares for the High Point University baseball team to take the field at Charleston Southern on March 23 she spots something down on the field that makes a smile spread across her face.

The Assistant Sports Information Director at HPU spots two men wrestling with each other down by the dugout. Carrubba goes to every baseball game and sees this almost every day. What about this particular tussle makes her smile?

It's the Panther's closer, Jaime Schultz wrestling with none other than the head coach himself, Craig Cozart.

"Wrestling," said Carrubba. "The two were literally just wrestling on the field."

She finds it peculiar that this still makes her smile. It's not the first time that she's seen it happen.

Cozart is always finding a different way to make his coworkers, players, and fans smile. Whether it's the pregame wrestling or a dugout full of hi-jinks, Cozart finds a way to liven up the clubhouse.

In 2012, High Point is 22-15 and boasts an impressive conference play record of 7-4 early. The team is in the midst conference play with one of their strongest starts in the Cozart era. Why is the focus turned towards Cozart?

With the team's twenty-second victory of the season on April 13 against Presbyterian College the Panthers sat just a game out of first place in the conference. However, this was also win number 98 for Cozart in his fourth year at High Point. Only two more wins put him at 100.

As Cozart reaches this milestone in his career it may be time to ask what 100 wins really means to the program.

How far has this program come under the watchful eye of Cozart and what lies in store for the rest of 2012 and beyond for the Panthers?

Coming into 2012, Cozart had achieved more than the High Point program ever had. Only a Division I program since 2000, High Point's best record in the Big South prior to the Cozart era was 27-31 in the 2008 season.

So when the Panthers posted an inspiring 31-29 winning season in Cozart's second season, many thought that the Panthers were on a permanent rise in the Big South Conference.

Unfortunately for players and fans alike that was not the case in 2011. The Panthers took a major step backwards and slid far below the .500 mark on the season with a 24-32 record. Injuries were insurmount-

able as the season came to a disappointing close.

The only way to respond to a season like this was to go out and start 2012 the exact way the Panthers have.

Taking a program that has been in Division I for less than two decades is not an easy feat. Fans that dream of deep NCAA runs must take a breath as the baseball team works out its present destiny.

"This is not a three or four year process," said Cozart. "This is something that takes eight to 10 years."

To prove that the eight to 10 year program was, indeed, headed in the right direction to fans 2012 would have to go much better than 2011. The Panthers would need much bigger results to prove something for the head coach.

Amazingly enough, the men's baseball team is off to a blistering start in 2012. With the twentieth win of the season this spring, the Panthers had reached the mark in just 31 games. This was a Panther Division I record.

Thanks to the help of Cozart, the team is upbeat, positive and only a game out of first in the Big South Conference.

Cozart now has the Panthers on pace for their second winning season in three years. Winning seasons didn't exist prior to Cozart, let alone come within two years of each other.

Clearly, the coach has some sort of effect on the players.

When the daily lineup is posted in the clubhouse, most teams will take a quick look at it and trot onto the field without thinking anything more.

On game day at High Point, it's like reading the daily comics from Cozart.

"Someone has a different nickname just about every week," said senior left-handed relief pitcher Nick Schumacher. "Right now I'm Uncle Schu, but next week it could be back to Grandpa Schu."

Cozart fills out his lineup card using nicknames. This is just one of the many ways to keep the tone light and untroubled.

There is good reason behind this, too.

"This is a team that plays the best when they are the most carefree," said Cozart on more than one occasion this season. "These guys simply don't play as well when they are tense."

On March 30 through April 1 the Pan-

turned down major league offers to join the Panthers.

"We feel like Dr. Qubein has put in the resources that we need to claim our first ever Big South Championship," said Cozart. "My short time at High Point has been inspirational and one of the most gratifying experiences I've ever had."

Luckily for the fans, however, Cozart remains unfulfilled. He didn't come here for feel good stories and a winning season here and there.

"I came to win championships," said Cozart.

Even when asked what his crowning achievement will be following win number 100 at High Point, Cozart claimed he didn't have one.

"The best is yet to come," said Cozart. "Even after a conference championship we will continue to push for more."

The Big South Conference is no slouch in 2012 either. The Coastal Carolina Chanticleers are ranked number 30 in the country and they don't even hold the conference lead.

For now, High Point sits right behind Liberty and even with Campbell in a conference that is crowded at the top.

Coach Cozart is locked in a heated battle for first place, which diminishes the value of 100 wins at High Point University in his mind.

"A lot of people put so much emphasis on the century mark," said Cozart. "I don't really get caught up in those numbers. I'm just here to win games."

Even though 100 wins at this program is a big milestone, High Point is more importantly focused on their heated battle for first.

The importance of games continues to rise and Cozart will need to remain focused on the team to get them a championship.

When Cozart eventually wins game number 100 it will be a happy moment in his career without certainty. However, it is evident that the sooner it comes for him, the sweeter it will be.

Will the win be in the middle of a season in which the Panthers make an early exit in the Big South Tournament? Or better yet, will the win come in the midst of a streak that propels this team to its first NCAA tournament?

Only time will tell if Cozart's Panthers will provide him with his real dream - a trip to Omaha.



Coach Cozart meets with umpires and Dayton Flyers Head Coach Tony Vitorio before High Point and Dayton battled at Willard Stadium in the February matchup. Photo by Jeremy Hopkins

thers played a string of their best three games some fans have ever seen. Not coincidentally, the team was having a blast in the dugout and on the field.

The result was a three game sweep of VMI. With this, the Panthers earned their second series sweep in a young 2012. Before 2012, High Point did not even own a series win against the Keydets since 2006.

The team was having so much fun come Sunday's tilt that Schultz and assistant coach Jamie Serber were belting out country tunes throughout the whole pregame. It was a real sing-off.

"Coach Cozart is a man that believes in his players," said Serber. "He has thrown a pitcher on two-days rest in the conference tournament and won simply because he believed in him."

After this sweep of the formidable Keydets Cozart was able to speak with high hopes about the future of High Point.

"This is a program that I see as a perennial in the NCAA tournament," said Cozart. "What it all comes down to is the ability of my players though."

Cozart has accumulated the talent well in 2012 to make a run for a conference title and a shot at the NCAA tournament.

Collegiate Baseball ranked High Point's 2012 recruiting class among the best in the country and two players on the team

Women's lacrosse vies to close with 2nd consecutive NLC title

By Joe Wetzler
Staff Writer

The women's lacrosse team is no stranger to winning and if they can keep playing the consistent type of lacrosse that Coach Lyndsey Boswell has instilled, another National Lacrosse Conference (NLC) Championship looks within reach.

The goal from the beginning of the year was to identify High Point women's lacrosse and repeat as NLC Champions. This was a feat they accomplished in their first year as a program. They now have more experience, talent and confidence that has helped propel them into contention for another conference championship.

The Panthers (8-3) have played very consistent lacrosse all year and have raised expectations after each win. The out-of-conference schedule has been much tougher for the team. However, they have responded with victories and very competitive play. With quality wins over teams like Navy, Oregon and Jacksonville, the Panthers have put themselves in contention on a national scale. This is not only for a conference championship but a possible berth in the coveted NCAA tournament. A win over Duke could have put them into serious consideration for the NCAA's.

However, the Panthers fell to the Blue Devils 17-6 in a very hard fought game.

Coach Boswell has been very pleased with the collective team effort each game, but noted that Heather Zicarelli has been a major key to the team's success this season. Zicarelli, a senior midfielder, has done the little things during games that have led to possession changes, draw controls and winning goals. This season Zicarelli has 15 goals, 5 assists, 21 ground balls, and 15 draw controls to go along with one game-winning goal.

While Zicarelli has been an important factor for the Panthers this season, Chelsea Thompson leads the team with 22 goals and 21 assists. Grace Gaeng is second on the team with 20 goals and 14 assists. She leads the team with 31 draw controls. Mackenzie Carroll, Christie Dougherty and Sara Kuhlman have also played important roles in the success of the team this year. Junior goalkeeper Anna Wallingford has paced the team in cage by saving 41 percent of the shots she has faced.

The Panthers have five regular season games left this season. They hope to win all five and gain tremendous momentum going into the postseason. Their next two games are on the road, which might be tough for a lot of teams. However, the girls love road trips because it builds team

chemistry and allows them to spend time together away from school.

The final five games are all against conference opponents, which are crucial if the Panthers want to win the regular season championship.

"Before the season started," Boswell said, "our goal was to win the regular season championship and the NLC tournament championship."

The Panthers are more than capable of achieving these goals and also have a chance, though small, of making the NCAA tournament. This is the most important time of the year for the team with a brutal conference schedule to finish the season. Coach Boswell believes that the team has a lot of confidence heading into this stretch of games because of how well they have performed in their tough, non-conference schedule.

While another NLC championship is in reach, the Panthers are only looking ahead one game at a time. Their main goals are winning their final five games of the regular season, winning the regular season championship and winning the conference tournament championship.

Completing these goals will put High Point women's lacrosse young program on the map and give the team and school a great reputation as winners.