

Summer Internship Spotlight

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CAMPUS CHRONICLE

HIGH POINT UNIVERSITY

VOLUME 22, ISSUE 1 - SATURDAY, AUGUST 23, 2014 - FOUNDED IN 1924



Freshmen Must-Eats

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90 year anniversary celebration: How HPU came to be

By James Ensor
News Editor

To build a college is no easy task. Time, money and dedication are just a few of the many components required to start a higher education institution.

Some people only know High Point University as it is today, while others know HPU as it was in its early years—High Point College.

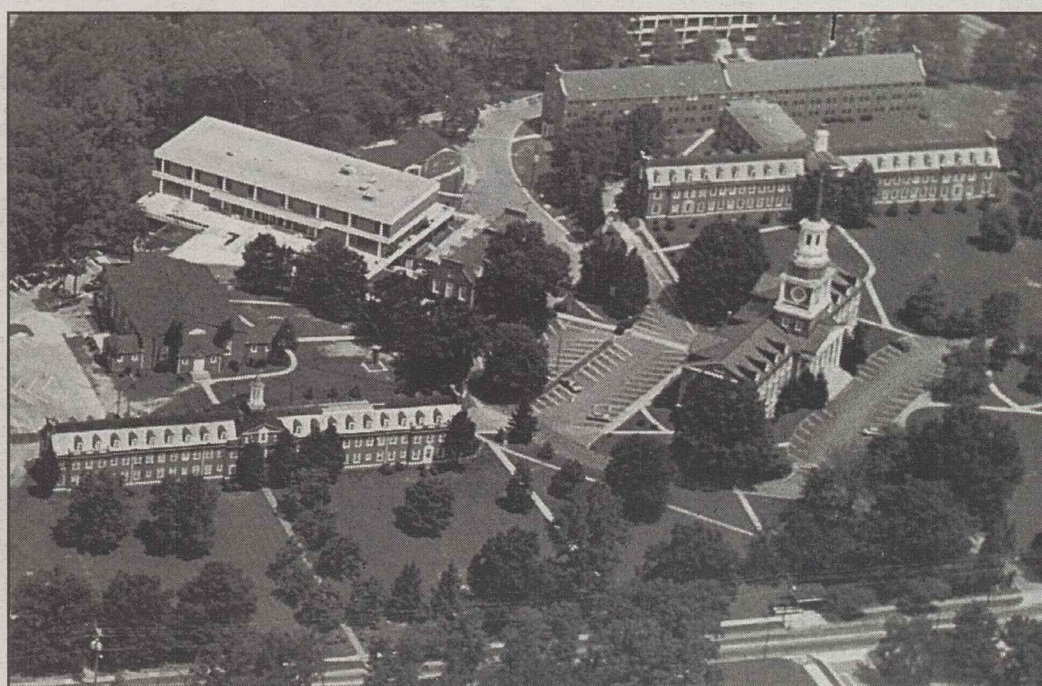
High Point College opened its doors on Sept. 14, 1924 with a mission to provide Christian higher education in North Carolina.

In recent history, the Methodists only had one other institution in North Carolina, Yadkin College. Although Yadkin was categorized as a college, it provided more of a preparatory education than a true college education.

Joseph F. McCulloch was the primary organizer of the movement to establish another Methodist college in North Carolina.

After much planning, McCulloch was able to find funding for the college from J. C. Roberts who donated \$10,000 to help make McCulloch's dream a reality.

When the doors of High Point College opened for the first time there were three buildings on campus: Roberts Hall, Woman's Hall and McCulloch. Roberts Hall housed everything from offices to classrooms to the auditorium and even the cafeteria.



HPU has come a long way since 1959 when this picture was taken. Since then the school has expanded its gates, student population and academic programs. Photo by: Smith Library

The Great Depression challenged the life of the college with an array of financial hardships. A rule was established that no buildings were to be built until the original buildings were paid off.

Those three original buildings stood alone until 1933 when the school found the funds to build a gymnasium.

In 1938 an athletic stadium was added which included a football field and running track. The following year baseball, tennis and soccer fields were added as well.

At this time not only was the campus expanding physically, but also academically.

When the school first opened, its curriculum focused on one degree, the Bachelor of Arts. Ten majors were originally offered but the school saw very little growth in its educational program until Gideon I. Humphreys presided as President of the College.

During Humphreys' time at the college, he added numerous faculty members and academic

programs.

After Humphreys stepped down as president, the Board of Trustees made it clear that they wanted a president with experience in the field of education, as opposed to the college's first two presidents who were both ministers.

After much debate, the Board of Trustees chose Dennis H. Cooke to be the third President of High Point College in 1949.

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Collin Smith and his 'Angel in Disguise'

By Liz Reichart
A&E Editor

When you first meet HPU graduate Collin Smith, you can't help but think about all of the major media outlets that have covered his story. Everyone from "ABC World News with Diane Sawyer," "Good Morning America" and "Fox and Friends" have shared his tale.

But after meeting Smith, you realize the unwavering perseverance and humility he possesses is nothing short of incredible.

For those who are unfamiliar with his story, Smith was a three-sport athlete before a car accident paralyzed him from the waist down in high school.

"I was sitting there like it was a regular day in the hospital. The physical therapist came in and said 'You're never going to walk again.' And then she just walked out," Smith said.

The realization of his new permanent situation came slowly to Smith, his family, and his therapists.

"It was really traumatizing because we didn't know the severity of what was going on with me. At first, I couldn't move anything below my neck. There was a whole lot more optimism at the beginning," Smith said.

With Smith in therapeutic rehabilitation, the challenges only increased logistically for his family.

"My mom was switching back and forth from North Carolina to Atlanta, where I was in rehab. She would come visit me for a week, then my dad would come, and the two would rotate on and off," Smith said.

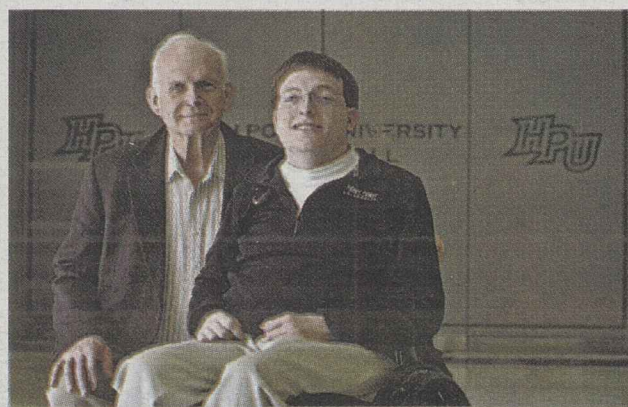
Kathy and Ernest Greene, members of the church the Smith family attended, sat down for a meal with Smith's mom.

"Ernest is a very Kind-hearted, emotional person of course, and he just about sat there and cried the whole time his wife was explaining to my mom what Ernest was thinking about and what he wanted to do for me. And that's how it all started," Smith said.

What Ernest wanted to do for Smith was to be his assistant in everything and anything he needed from a caretaker to a friend.

Ernest had to learn how take care of Smith in a day-long training class, and this is where the two first met.

That first training class proved to be the first in a long line of generous acts as Ernest would partake in to improve Smith's well being.



With the help of Ernest Greene, Collin Smith overcame numerous obstacles and still found success at HPU and beyond. Photo by: Chad Christian

"Thankfully Ernest didn't tell us this, but the day that he came down for training was his wedding anniversary. He's really selfless," Smith said.

Being paralyzed from the waist down has not slowed down Smith, and Ernest has made certain of that.

"We've had so many fantastic adventures. We went to Alaska together on a mission trip with our church. There have been a lot of neat things that I have been able to do that Ernest really had a big part of. He was my hands and feet in a lot of ways," Smith said.

Smith did not hold back when news outlets asked him to share his story. There was an angel in his life that needed to be honored.

"God provides, so I thought

See Smith, page 3

Tom Brokaw named as 2015 Commencement Speaker

By James Ensor
News Editor

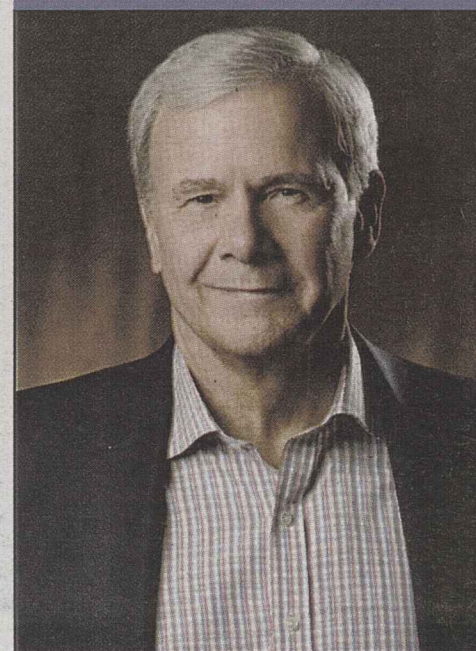


Photo by: highpoint.edu

High Point University has officially announced that Tom Brokaw will be the 2015 Commencement Speaker.

Brokaw is a well-known and trusted figure in broadcast journalism best known for being the anchor and managing editor of "NBC Nightly News with Tom Brokaw."

Brokaw has been with NBC throughout his entire career, which started in 1966. He served as the sole anchor for "NBC Nightly News" from 1983 to 2004.

Although he is no longer in the anchor chair, Brokaw has remained a Special Correspondent for NBC News.

Brokaw is the only person to host all three major NBC News programs: NBC Nightly News, The Today Show and Meet the Press.

Throughout his career Brokaw has won numerous prestigious awards including a Peabody award, two duPonts and an Emmy Award for Lifetime Achievement.

In addition to working at NBC, Brokaw has also reported on more than 25 documentaries with various topics ranging from war on terrorism to global warming.

Brokaw has also written six books including, "The Greatest Generation," and "Boom! Voices of The Sixties."

HPU students are eager to hear Brokaw speak as he will bring years of journalism and life experience to the table.

With his experience in front and behind the camera, Brokaw will be able to speak to the graduating class of 2015 with the same passion that he delivered the news to millions of Americans for over 50 years.

"Tom Brokaw has touched the lives of millions through his powerful storytelling on relevant issues," Dr. Nido Qubein, HPU president, said. "Many generations have relied on him to deliver compelling content from around the world. We are honored to have him share his wisdom and experiences with our students."

Opinion

I'm not a sorority girl: How I found a place in Greek life

By Liz Reichart
A&E Editor

My name is Liz, and I'm not a sorority girl. Growing up in Switzerland with two parents who wouldn't touch greek life with a seven-and-a-half foot pole in their college days, I had very little exposure to these social organizations. I learned about sororities from movies like "Legally Blonde" and "House Bunny". My general consensus was that all greek life is about is crazy parties that no one remembers and catty social politics. Neither interested me in the slightest and it all looked very petty and self-absorbed from the outside. Not even my cousin, a charismatic leader in the Gamma Phi chapter of Kappa Sigma, could convince me otherwise when he pledged his fraternity and flourished. When I moved to Ohio my senior year and decided to attend High Point University in North Carolina, I not only had no intention of rushing or pledging, I was vehemently opposed to any beta-omicron-alpha-pi-kappa-phi-psi organization. I listen to weird music that no one has heard of and I like philosophy books too much to have time to curl my eyelashes in the morning.

The first day of an honors religion class, I sat in my seat so early that I'm sure I left a sweat imprint on the thing. As the class filed in, a blonde hurricane defied the silent setting of the classroom and began to converse with me immediately. The girl was engaging and sharp as a tack, but never condescending, all in that first encounter. In class, she sat in the front row, challenged the path of discussion at every turn, and had an airy humor about her that left the entire class in tears from laughing. By the end of the week, I wanted to be her best friend.

I met her once in the bakery. She wore stitched letters that read Kappa Delta. "Well, there's a flaw in everyone," I thought. As our friendship progressed from an acquaintance status to a near obsession that first semester, I was only more impressed by her compassion and her ability to entrance all those who she encountered. She listened to my music, she had been to Africa to vaccinate children, she never wore makeup. She was nothing like the vapid girls I had seen on the screen. We never discussed the topic of joining a greek organization she never tried to recruit me actively or "suck up" to me, which I never expected her to do, but may have expected from the typical air-headed sorority girl. My new best friend was anything but typical.

We sat one night before winter break in Whole Foods. It was my birthday and we were eating tofu. A couple of nights later marked deadline for rushing. I examined the face of my new best friend. Driven, confident, and wise: her sorority had supported her the way she was. And then it hit me: it was not greek life that was closed-minded. It was me. I had been so focused on avoiding joining an organization that would not support me, that would trap me in the artificial, that I had not realized who was the real hypocrite. Stuck in my preconceived notions of what it meant to be a sorority girl, I was blinded by my own prejudices. What did that say about me as a person? If I was so quick to judge greek life, was I any better than those backstabbing blondes in the movies I watched? Furthermore, if a sorority could provide for me what it had for my new role model, what harm could it be to participate in the rush process? And so after deliberation, I decided to dip my toe in and sent in my rush application the day of the deadline.

Here's the irony of it all. My best friend never told me that Kappa Delta was "the best" or "the coolest" or "the brightest". She showed me through her kindness, not just towards me, but towards those who could and would do nothing for her in return. Exuding confi-

dence from every pore, she embraced and thrived off of what set her apart. And greek life member or not, she included everyone in her circle of friendship. That's what struck me the most. Even if I had not decided to be a Kappa Delta, I know that our bond would have been just as strong.

The rest is ancient (greek) history: how I met so many other intelligent, confident women at the Kappa Delta house throughout rush, how my best friend finally sat me down on preflight night and told me how much she saw a Kappa Delta in me (and how I cried when she told me), how I tramped with my sisters on Bid Day, and how I nearly passed out when three months later, my best friend revealed herself as my big.

I'll probably never own a piece of Lilly Pulitzer. I'm broke and pastels are probably best worn on girls with east coast beach houses. Black is still my favorite color. But I'll wear a Vineyard Vines baseball cap on a sunny day, and I'll wear my stitched letters with pride because they say to the world "I am a Kappa Delta." I am always in pursuit of the best and kindest version of myself. I plan to change the world and remain humble in my efforts. And most importantly, my mind has opened up from when I first sat in that religion classroom, sweating through the armpits of my thrift store sweater. They should make a movie about how going greek absolutely changes you for the better. I'd be the first in line to buy a ticket.



Kappa Delta's annual big and little reveal ceremony. Photo by: Liz Reichart

Why internships are just as important as a college degree

By Anne Davey
Opinion Editor

Summers off in between academically grueling college years are both a blessing and a burden. While time off from college is readily welcomed, after the finals madness subsides most upperclassmen don't get to spend the summer leisurely relaxing on the beach. The summers between undergraduate years are often spent working 40 plus hour weeks in business, offices and in the field. In our job market, it will not be enough to simply have a degree. While connections and education can take you far, nothing can take you further than experience. Getting practical, hands-on time in whatever your field of study is critical for success in the modern economy.

The decision to take an internship is not an easy one, nor is it a short-term one. Applications often open in the fall, and candidates that are serious about competitive positions apply throughout the first semester, interviewing and going through the rest of the process in early winter; this process necessitates early, decisive action, and forward thinking. Not only does the fall semester bring with it the daily toils of academia and a reinstatement into collegiate life, but also the need to plan for the upcoming summer. Most college kids can't think a few days in advance, much less half a year. Perhaps this process weeds out the "slacker" types, as it clearly favors the more proactive, planning type by design. This process requires foresight, commitment and discipline. It's incredibly easy to miss a deadline, finding out just as you start to think about summer that the application due date passed weeks ago.

If you manage to apply for and land an internship position, the financial burden of spending your few months free to earn an income in an unpaid position is a harsh reality. It is not an easy decision in most cases, to sacrifice a summer of earning in a restaurant, as a lifeguard, a babysitter or in some other more traditional typical teenage job. While some positions are paid, and others provide housing, the majority of positions, both full and part-time, are unpaid and without such features. While it's easy to weigh the negatives against the positives and find yourself discouraged, the long-term benefits of an internship, having it on your résumé and being able to clock that time on paper makes these sacrifices worthwhile.

Internships are such an integral part of the modern application process that having one or more is almost a requirement. Beyond the necessity, the positions offer students a chance to get experience in a field they may be interested in, or rule out specific jobs. As the age-old adage goes, the best way to learn something is by doing it. Internships truly are an investment in future wealth, rather than short-term income. Growing skills, expanding your network and investing in practical experience is, though not as financially rewarding



Photo by: Heatherhuman.com

ing in the present, the most sound investment in your future you can make.

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The opinions expressed by this newspaper do not necessarily reflect the perspective of High Point University students, administrators, staff or trustees.

News

HPU Summer Internship Spotlight

By James Ensor
News Editor

Many students choose to participate in some sort of internship experience at least one time in their college career.

Whether a student chooses to work for a national organization or a local company, internships give them valuable real-world experience in their field of study.

In addition to real-world experience, students are able to form professional relationships and contacts that can prove to be beneficial upon graduation.

The students featured here have achieved impressive titles at big-name companies across the United States, all while representing HPU in a positive manner.

Jasmine Williams
Production Services Intern at **Gannett Co., Inc.**
Communication, Class of 2016

What You Learned: "I think the most important thing that I learned at my internship was the importance of making connections. I was fortunate enough to connect with so many driven people who can help me further my career."

Favorite Experience: "My favorite project that I worked on was launching Gannett's first company-wide 'Intern Week.' We used social media to promote Gannett and the intern program. It allowed me to meet interns from all over the country and give my ideas on how to make the program better for next year."

Jaime McCoy
Student Intern at the **Federal Reserve Board of Governors**
Strategic Communication, Class of 2016

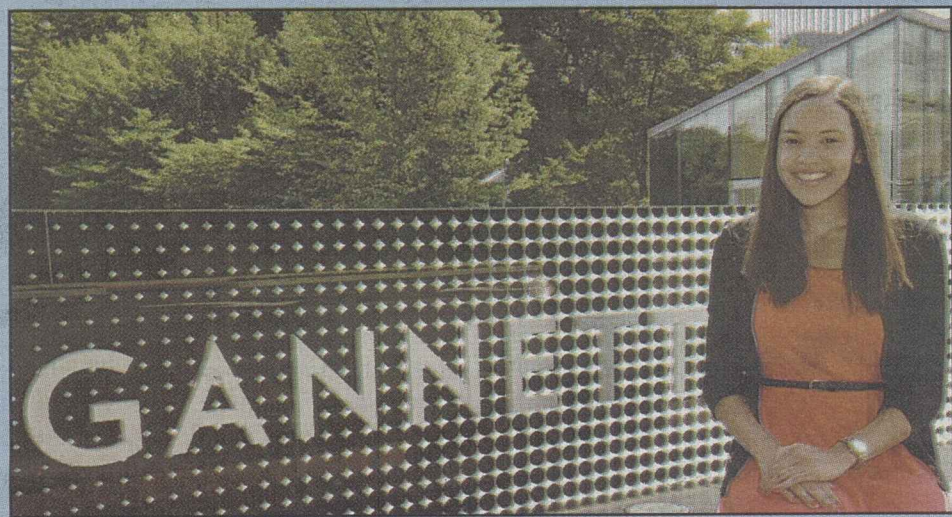
What You Learned: "I developed essential skills in confidence, time management and dedication that enabled me to excel at my internship this summer."

Duties: "I was the only intern for my team, Web Communications and Development, of seven people. I provided text descriptions of data and reports for those who may not be able to access them because of disabilities. My work was primarily independent or with my team."

Nick Bellamy
Product Development/Textile Intern at **Pottery Barn**
Interior Design, Class of 2017

Duties: "I worked on a lot of little projects helping develop ideas for the outdoor collection for 2015 and also for the late summer 2015 collection. The big task that I worked on was the business plan and creative plan for a whole new Pottery Barn brand that 10 of the interns worked on and ended up presenting to the executives of Pottery Barn, and Williams-Sonoma Inc."

Internship Benefits: "It was refreshing to work at a company that treated you as if you were a full time employee and at the same level as everyone there and didn't treat you like you were an intern."



Jasmine Williams, like many other students, flourished at their summer internships.
Photo by: Gannett Co., Inc.

Erinn Spack
Operations Intern at **CBS News**
Communications, Class of 2015

Application Process: "I submitted a resume and application including great recommendations from staff at HPU. I participated in a phone interview as well. In the end, I was one of 10 interns selected, and I represented High Point along with students from Princeton, Yale and Vassar!"

Internship Benefits: "In the end, I was very happy to learn how well my courses at HPU prepared me for my internship at CBS news. I found that much of the production process and the terminology was familiar to me. Between my internship and my courses at HPU, I feel I've developed a strong foundation for future employment...hopefully right back at CBS in D.C.!"

Hannah Grau
Design Assistant at **Warehouse 67**
Interior Design, Class of 2017

Application Process: "I was hired off of the showroom floor when working the High Point Furniture Market for Hooker Furniture. I helped the owner of Warehouse 67 choose the fabrics for a contrasting wing-back chair at Hooker Furniture and she hired me right there on the spot."

What You Learned: "I learned the trades of the furniture and design business. I was able to cater to my own clients and help design customized furniture for clients. I got to do everything from designing a setting for a dining table in a couple's quaint home, to offering advice on fabrics and wall colors for high-end million dollar homes. I learned many things I would never be able to attain in a classroom."

From Anniversary, page 1 During Cooke's presidency the College was accredited by the University Senate of the Methodist Church.

At the same time, the endowment doubled, new buildings were completed and the faculty increased in size as well as quality.

Cooke resigned as president in 1959 in order to become a full-time faculty member. Before leaving, Cooke urged the Board to find a president with fundraising capabilities.

Wendell M. Patton became the next president of High Point College.

Patton clearly outlined a blueprint for the growth and expansion that he wanted to see the college go through. Many referred to this time as the "Golden Decade" because of the funds that were raised.

In this short period of time over \$5.1 million was raised, which allowed the college to increase its endowment and increase its income.

During this time there was also a push to build more residence halls as well as expand the campus grounds.

Patton started the movement to develop the college and go beyond what was imaginable. The college continued to expand even after Patton was gone. However in 1985 the school saw little growth.

Jacob C. Martinson, Jr., became president in 1985 with the goal of substantial reform.

The National Commission on the Future of High Point College proposed a 10-year plan that would improve academics by

combining liberal arts coursework and professional preparedness, along with renovating existing buildings on campus and the construction of new buildings.

The plan proved to be a success on both grounds of physical and academic growth.

It wasn't until Oct. 9, 1991 that the Board decided to change the name of the school from High Point College to High Point University.

This name change primarily reflected the post-graduate degree programs that were offered as well as the overall growth of the university.

Following the name change, the university continued to grow as it started to form into the school that it is today.

In 2005, Dr. Nido R. Qubein became the seventh President of High Point University.

Since becoming the president, Qubein

has raised \$220 million and has ultimately propelled the university into its most healthy stage yet.

Although no one knows what HPU will be like in the next 90 years, Qubein is convinced that it will be even better than it is now.

"Ninety years from now we will be stronger, more expansive in academic programs and with a national prominence that invites admiration of the best institutions and continued advocacy of parents and alumni," Qubein said. "I don't expect we would grow enrollment in a huge way; we like being a mid size school with small classes taught only by faculty."



Faculty members assembled on Roberts Hall steps in 1954. Photo by: Smith Library

From Smith, page 1 it was

a great point for God to get credit at the same time, which he should. It was cool to see at the same time what amazing things can happen through some of the hardest times. The fact that something like a car accident can turn around and be a story told nationwide is a neat concept," Smith said.

"Ernest is like my father, my grandfather, my great-grandfather, and my mentor. He's got it all. I was around him everyday, all the time, and we're 50 years apart. But in a way, he was a friend at the same time," Smith said.

For those with great obstacles to overcome, Collin encourages them to have faith in things to come.

"It's amazing to see how the biggest tragedies can sometimes be the greatest blessings. My accident was tragic, but it is a blessing because it has allowed me to do so many other things. You just have to put your trust in God and apply yourself," Smith said.

In 2013, Collin graduated from High Point University, and none other than his "angel in disguise" pushed him across the stage.

Ernest was presented with an honorary Bachelor of Humane Letters that day for his selfless dedication to Smith's education.

Smith credits his supportive family for the help they have provided in his road to overcoming obstacles.

"Having a great family helps, and I think that is another reason I have been able to succeed like I have," Smith said.

And most importantly, Smith urges those with hardship to stay true to yourself above all.

"You have to remember that you are still the same person you were before. I'm still the same as everyone else; I just sit down all day," Smith said.

A&E

'Year of the Arts' at HPU won't just be for your typical 'artists'

By Liz Reichart
A&E Editor

The winds of change are coming to High Point University this autumn, and this time, they carry the faint smell of oil paint and the tune of a distant cello. What I am referring to, of course, is the Year of the Arts celebration: a year-long integration of the arts through different media on HPU's campus.

"It is not really an art festival per se," says Dr. John Turpin, Dean of the School of Art and Design, and Director of Programming at Year of the Arts, "We are blending the idea of an art festival and makers fair into a single event in order to celebrate creativity and its many applications."

The event calendar is bursting at the seams with opportunities for students to get involved in every facet of what is and even what isn't typically considered to be part of the "world of art."

"Many of the exhibitors will be demonstrating their craft/art, and a number will have interactive experiences," Turpin says. ShopBot, for example, will allow attendees to create designs on a computer, using CAD (Computer-Aided-Design) software, then toolpath them using CAM (Computer-Aided-Machining) software. "They will then watch their designs being machined on either a ShopBot Desktop or Handibot CNC machine," Turpin says of this interactive experience.

"At the other end of the spectrum we will have exhibits where attendees can learn origami or watch artists demonstrate techniques in printing, quilting, pottery and bookbinding," Turpin says.

Not to mention the entertainment is top-notch: HPU's enthusiastic a cappella groups will be entertaining in pitch perfect harmony, and the jazz ensemble will tear up the scene. Was it mentioned that food trucks will be on site? Creativity that extends all the way to the taste buds is a kind of creativity most can appreciate.

On the stage at Hayworth Fine Arts on Oct. 2 is Windsync, an energetic and forward-thinking wind quintet. Focused on forming connections with the audience, this group incorporates choreography and a charismatic stage presence into their performances. The Phoenix Reading series, which brings nationally and internationally acclaimed authors to HPU, is presenting some truly brilliant writers in conjunction with YOTA. Metta Sama, author of powerful collection of poetry entitled "South of Here", and Amy Catanzano, author of "Multiversal" and recipient of the Noemi Press Book Award for Fiction, will be speaking Sept. 4 at 7 p.m. in the Phillips Hall auditorium. An author of four bestselling biographies including "Wilson" and a Pulitzer Prize Winner, A. Scott Berg, will be joining the Phoenix Reading series Sept. 5 at 3 p.m. in the Wilson Commerce Ballroom. And Alan Michael Parker, whose poems have been featured in magazines like "The New Yorker" and "The Yale Review", among other accolades, will be speaking in the Phillips Hall auditorium Sept. 18 at 7 p.m. And that's just the September lineup! For the entire Phoenix Reading series and the calendar of events surrounding YOTA, go to www.highpoint.edu/yearofthearts.

One of the highlights of the calendar is sure to be the YOTA Speakers series, aimed to allow students to engage more deeply with individuals who practice some form of art that will address one of the four big questions of the Year of the Arts: How is art related to creativity? What are the roles of "dangerous" art? How is art a form of commerce? And is this art?

The first speaker, Theo Jansen, an internationally exhibited and award-winning Dutch artist, will address "Is this art?" through a lecture on his world-famous "strandbeests". Jansen designs these sculptures out of PVC pipe and textile to move with the wind much like an animal. Jansen has married art and biology (interdisciplinary) into a very creative expression, "a new form of life," Turpin explains.

Etgar Keret (an Israeli writer), Beke Butts (a Chicano artist), and Sebastian Guerrini (an Argentinian Graphic Designer) will each discuss how art plays a role in personal/cultural identity. "Todd Drake, a North Carolina photographer, creates very provocative work that often reflects social and cultural issues plaguing our global community. This addresses the role of uncomfortable or dangerous art," says Turpin.

The final speaker, internationally known American artist Barbara Nessim, "will discuss how she broke gender boundaries as one of very few full-time professional female illustrators in the U.S. during the 1960s. "She entered the highly competitive field of graphic design. She turned her art into commerce," says Turpin. The student body eagerly awaits so many of the art-related programs to come, that it is difficult to single out one as the most anticipated. Turpin can hardly wait for spring. "In the spring, we will be showcasing the work of 20 student groups that chose to embark on a creative journey they identified under the guidance of a faculty mentor. I am most excited to see what our students can achieve when set free."

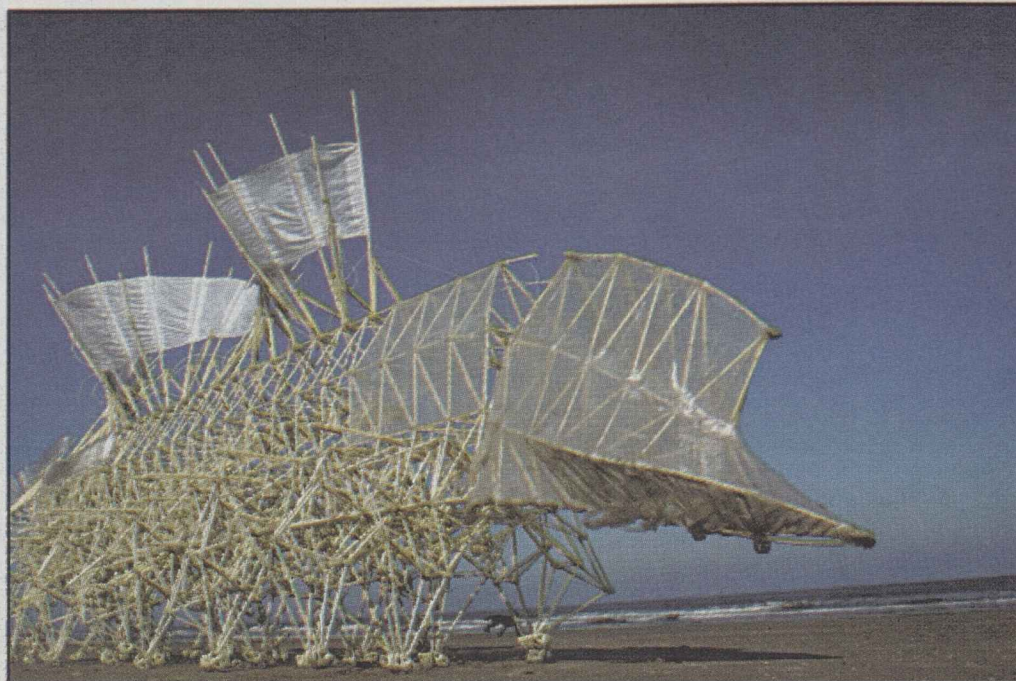
The goal is for students to incorporate more aspects of art into their lives, particularly the ability to be creative. "We hope students will see that creativity is a necessary aspect of all disciplines. The Fall Festival (Sept. 13) will include everything from artists to engineers. Ultimately, we want the HPU and local community to understand how important art is to living in every aspect," explains Turpin. "Engaging in creative activities helps us become more creative problem solvers, reach higher levels of self-awareness, and connect intimately with our fellow global citizens through deeply personal expressions of the world we live in. It is, and always has been, an integral part of human life and lets us achieve self-actualization."

But why do these disciplines require creativity? What is there to gain from students who major in seemingly unrelated fields to our traditional ideas of art? Turpin points to the inspiration behind the event itself: a 2012 Adobe Systems published a report entitled "Creativity and Education: Why It Matters." A survey of 1,000 college-educated professionals from a wide range of disciplines produced the following findings: 88 percent agree creativity should be built into education curriculums and 72 percent agree there was more focused on subject matter than creative thinking in school. Eighty-five percent agree creative thinking is critical for problem solving in their career but nearly one-third do not feel comfortable thinking creatively at work. And in this study, creativity is regarded as one of the top three personality traits most important to career success.

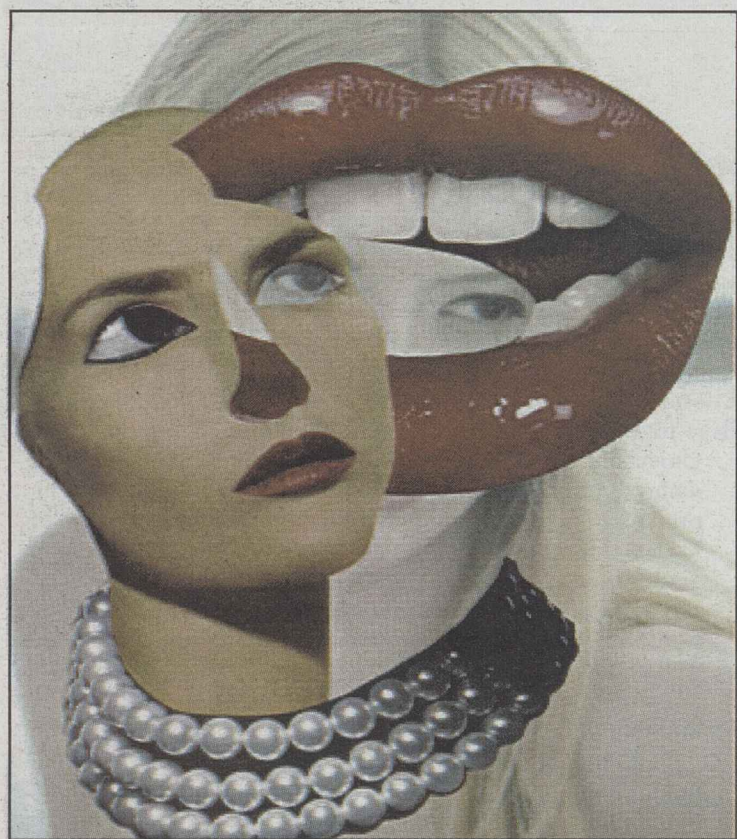
Turpin also points to an interview with Daniel Pink, author of "A Whole New Mind: Why Right-Brainers Will Rule the Future", where he articulates the importance of creativity and imagination as we move into the Conceptual Age. "What's important now are the characteristics of the brain's right hemisphere: artistry, empathy, inventiveness, big-picture thinking," said Pink in a 2009 interview with Oprah Winfrey. "Visual artists are particularly strong in this area because they are able to combine disparate things into something new, which is now, according to Pink, a predictor of "star performance" in the work place," says Turpin. He stressed that the YOTA would have an emphasis on these ideas. "The arts (creative writing, fine art, music, theater) have a long history of integrating creative and critical thinking. The conception of a piece of art that is intended to provoke a response requires the artist to delve into the human psyche and make visible (or audible) highly abstract concepts (creative thinking). The production of the work bringing an intangible idea into form often requires more critical thinking skills as the attributes and physical properties of materials create constraints. Engaging in artistic endeavors inherently requires the negotiation of the creative and the critical," Turpin says.

Turpin cited a Kurt Vonnegut quote from "A Man Without a Country" as the culmination of what these programs are meant to give back to the student body. "Go into the arts. I'm not kidding. ... They are a very human way of making life more bearable. Practicing an art, no matter how well or badly, is a way to make sure your soul grows, for heaven's sake. Sing in the shower. Dance to the radio. Tell stories. Write a poem. Do it as well as you possibly can. You will get an enormous reward. You will have created something."

So seize the day, HPU students! Explore yourself in these incredible events, get inspired, and let the creative spirit permeate your existence.



YOTA speaker Theo Jansen's "Strandbeest." Photo by: www.highpoint.edu



YOTA speaker Barbara Nessim's "The Model Project." Photo by: bbc.co.uk

"Our family Serving Your family and the Lord Jesus Christ!"

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A&E

Off-campus 'must-eats' for incoming freshmen

By Hannah Corwin
Staff Writer

Welcome freshmen to High Point University! You have chosen for this amazing school to be your home, with all the comforts that come with it. While I can almost guarantee that most of you will never tire of this college, the same cannot be said of the food. Don't be mistaken, the food is better than most colleges', but it is possible to get tired of eating at the same places over and over. If you're looking for a break, there are several restaurants around campus that will provide a welcome change.

1. Rome Italian Pizza: 2100 N. Main St, High Point, NC

Rome Italian Pizza is a little pizzeria off campus that will deliver to High Point University. Their pizza is pretty good, and their buffalo teriyaki wings are delicious. It is the perfect food to order for game day or for a lazy Sunday with friends.

2. Sweet Josephine's: 2209 N Centennial St, High Point, NC

Sweet Josephine's is a gourmet cupcake shop five minutes off campus. If you are ever craving something sweet, their chocolate cupcakes are just the thing to end your hunger. Sweet Josephine's also offers free Wifi, couches, and tables if you want to take your study group or friends. They are Passport Partners, so no need to worry about bringing cash!

3. Sake: 2207 N Centennial St, High Point, NC

Right next to Sweet Josephine's is another Passport Partner, Sake. Sake is a Japanese restaurant, which also offers a few Korean dishes, as the owners are Korean. Their prices are reasonable, and the food is good, even if it isn't 100 percent authentic, and it isn't usually too crowded. They offer an assortment of sushi and dishes like steak teriyaki with vegetables. They are a great stop if you are looking for a change from American food.

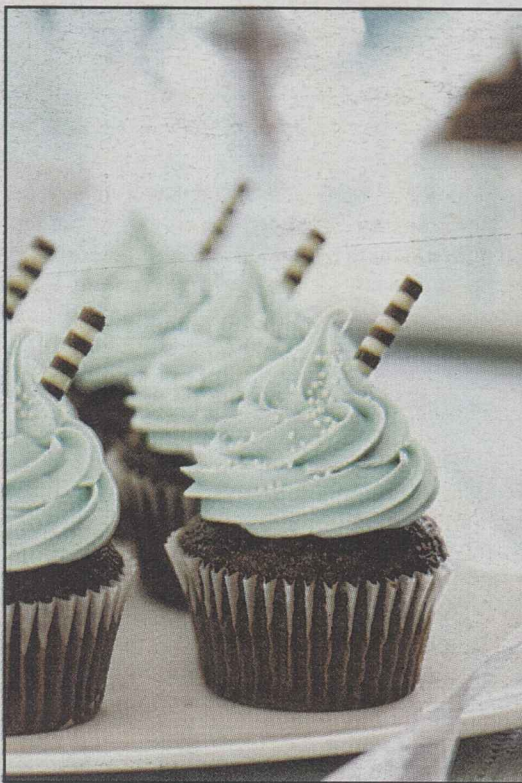
4. Sammy G's Tavern: 3800 Tinsley Dr, High Point, NC

Sammy G's Tavern is about 15 minutes off campus, and they are a little more expensive than Sake and Rome Italian Pizza, but the food is more than worth it. I can't say anything against their food. The appetizers, the dinners, the deserts, especially the Chocolate Triad, are to die for. The Chocolate Triad is any chocolate lovers dream. Sammy G's is a great place to take your parents when they come visit, or take a friend for a birthday.

5. Steak Street: 3915 Sedgebrook St, High Point, NC

Steak Street is amazing. It is classier and a bit more on the expensive side, but the food is more than worth it. It's a steak house, if you couldn't tell from the name, so I would recommend the steak dinner. It is not the kind of restaurant that college students can afford to eat at often, but it is a restaurant perfectly suited for special occasions.

These are just five restaurants near High Point University that offer a change from HPU's food. There are many others; the ones that are Passport Partners will be at the Activities Fair on Monday Aug. 25, and it is not difficult to discover the others around campus.



Cupcakes from Sweet Josephines. Photo by: sweet-josephines.com

The ultimate playlist for every back-to-school situation

By Liz Reichart
A&E Editor

Lorde performing "Love Club." Photo by: elle.com

The air is crisp and Target is now carrying jersey extra long bed sheets in every hue of the rainbow- and you know what that means! School is back in session and nowhere is this truer than at High Point University. As classes begin and the stress mounts this fall, allow yourself to explore new musical horizons. Compiled below is the perfect back to school playlist to suit every occasion.

Could it Be Another Change- The Samples. There's nothing like coming back to school and finding that a parking lot is now a reflection pool and there are four new buildings where there once was a fairytale-like forest. This is the perfect "driving onto campus for move-in" jam. It's all about rearranging the scenery we were once content to admire and the perfect soundtrack for beginning your year afresh.

Love Club- Lorde. Not long after all of your friends arrive, the social cliques are bound to start forming. Enter new love interests and the claws come out. Lorde sums up perfectly how there's a club of cool kids sitting on a social throne, and how there's those clamoring to be a part of the love club. Plus, Lorde's voice is that of an angel and anyone who says they're not in love with her is lying.

Chandelier- Sia. Because every Friday night out on the town needs a great jam song, Chandelier makes you want to roll down the sunroof of your limousine (or in my case, the side window of a Honda CRV) and feel the wind in your hair. The song was written by Sia to chronicle the trials and tribulations of alcoholism, but don't let that deter you from her crazy raw vocals and the accompanying music video that will most certainly make you cry (or at least run out and buy a nude leotard).

Work- Iggy Azalea. After your night of shenanigans, it's time to get crazy...dedicated to your studies. You forgot about that Business Calculus homework due at midnight? How about that art history paper? "Work" is the perfect grind song when there's mountains of work to do and no chance that you can drop out and move to the south of Spain.

Marianelli: Dawn- Jean-Yves Thibaudet. Even if you're not a fan of classical music, this song will leave you at peace with nature. I hear this song in my head every time I walk to my 7:50 a.m. class and see the sun rise. The campus sparkles when the sun breaks above the School of Education, and I may be overstating it, but I feel this song is the culmination of that beauty.

Please Please Please Let Me Get What I Want- The Smiths. The ideal background music for when you're fervently refreshing Blackboard, awaiting your midterm grades with a mix of crazed fervor and nausea. Let the soothing harmonies of this British collaboration lull you to sleep (or to tears, if that Econ simulation doesn't turn out quite the way you wanted it to).

Youth- Foxes. This is the song for nights sitting around with your closest friends you just met a couple weeks ago, talking about life's biggest questions, as one can only do without ridicule in college. The lyrics discuss the pain of growing up and moving past adolescence. It is a refusal to accept aging, but a yearning for autonomy. I'm certain you will find it just as beautiful, if not more so, than I have depicted it.

3005- Childish Gambino. I have no reason for putting this song on the Back to School playlist other than it is an awesome song. Childish is one of the greatest rappers of our time, especially in his articulation of socio-economic issues.

Sweet Disposition- The Temper Trap. The song for when you're free- you've finished your midterms and it is October break. Turn up the volume and crank the engine of your white Mercedes (or a Honda CRV with rust on the hubcaps) because you are obligation free. This song has been used in the credit sequence of "500 Days of Summer" (when Joseph Gordon-Levitt is finally free from that horrible Summer girl who was no good for him in the first place, but I digress) and the season two finale of "Greek." I'm fully convinced that it is impossible to listen to this song and not feel breezy and joyous.

Why Plaid is Rad

By Liz Reichart
A&E Editor

This fall's most daring trend? Try a print that's been around since the 1700's, and yet is anything but old looking. Plaid, originating from the Scottish word "tartan", is typically a pattern consisting of crisscrossed horizontal and vertical bands in multiple colors. What used to be a Scottish military uniform, and is still often greeted with a groan from hordes of private school girls, now graces the New York Spring 2014 runways of Rodarte, Victoria Beckham, Vera Wang and Tommy Hilfiger. But don't let the confusing nature of this textile scare you away from adding plaid to your wardrobe this autumn.

Let's take a journey through fashion history so that we may learn its ways, demonstrated by time's greatest wearers of the print. In 1914, the Adventures of Paul Bunyan the lumberjack hero came to life through the pen of William Laughead.



Photo by: thedailybeast.com

Paul and his flannel shirt have been celebrated in everything from theme parks to cartoons. In the 1920's, a British fashion house by the name of Burberry lined their first trench coat with their signature check- one of the most famous and most recognizable patterns to this day. The 1950's saw the rise of pleated plaid skirts, particularly in school-aged girls. In 1963, The Beach Boys made the Pendleton plaid shirt famous by wearing it side by side holding a surfboard on the album "Surfer Girl." The 1970's saw the popularity of Monty Python's "The Lumberjack Song," complete with, you guessed it, a music video featuring a plaid-wearing lumberjack, played by Michael Palin. The 1980's ushered in the era of Pee-wee Herman, famously wearing his light grey plaid suit. In the late 80's and early 90's, the rise of grunge fashion led by music icon Kurt Cobain allowed plaid to reach the heights of its popularity. Flannel were to be worn open over ripped band shirts, or around the waist so that the arms tied.

In the 1990's, we learned that matching plaid is fine craft. Be wise. The rise of plaid in our time, I think, was spawned by the 1994 film "Clueless", in which Barbie doll Cher Horowitz and posse don matching plaid blazers and pleated tennis skirts. These scenes were the inspiration for Iggy Azalea's "Fancy" music video, which just premiered this year. The point is that plaid isn't a poor man's pattern any longer. It's for the aristocrats of our time. Nowadays, celebrities like Robert Pattinson, Lindsay Lohan, Leonardo DiCaprio, and the Olsen twins are known plaid fans and wear the pattern on the daily. Has there ever been so versatile a fashion trend as to be worn by surfers and hipsters, celebrities and farmers, models and stay-at-home moms? Plaid is truly the everyman's trend if there ever was one.

Organizations

Journalism with a splash of color: National Association of Black Journalists chartered at HPU

By Brailey Lisath
Staff Writer

This semester, journalism at High Point University is adding a splash of color. A university chapter of the National Association of Black Journalists will be emerging full force this fall thanks to the efforts of students Mayeesa Mitchell, Jasmine Williams and Jasmine Forte.

The NABJ's mission statement is to provide quality programs and services to and advocate on behalf of black journalists.

Co-Founder Mayeesa Mitchell intends to bring a wide variety of speakers and presenters to campus with the founding of this organization. "I spearheaded the startup of this chapter because I felt that the school neglected to bring people of color to campus to talk about their experiences in the field of communication. The purpose of NABJ at HPU is to change that, and to give our students access to professionals with similar backgrounds and cultures."

What began in April is hoped to, as Mitchell described, "hit the ground running" in the fall. "This summer, the officers and I have been working together to plan programming," she said. "We will have a table at the activities fair. We hope to gain new members in the fall and put on useful programming that will attract many students."

The NABJ chapter is an opportunity to expand students' knowledge base in the Journalism track as well as in other tracks of the communication major. The intention of the organization is to bridge the gap between the classroom and the industry, as well as to create opportunities for students to network and build relationships with future mentors, employers or colleagues. NABJ is open to anyone interested in hearing from journalism professionals of color; students of all ethnicities and academic majors are encouraged to join.

"We're so excited to get started! This really is a great opportunity to network for all students, whether they are a journalism major or not," said Mitchell.

The organization's first event will be a meet and greet with professors in the Nido R. Qubein School of Communication at HPU on Sept. 12, in conjunction with the Society of Professional Journalists. Contact Mayeesa Mitchell, Jasmine Williams or Jasmine Forte with any questions about the HPU chapter, or if you're interested in joining, and follow the group on Facebook for more updates.

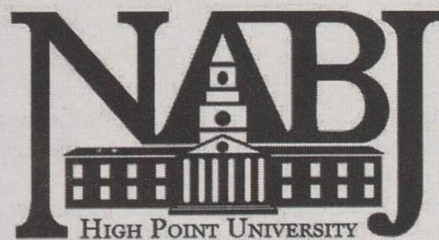


Photo by: Tyler Lee

Board of Stewards prepares for a new year of service at HPU and in the High Point community

By Whitney Yount
Organizations Editor

Since 1990, the members of the High Point University Board of Stewards have played an integral role in planning the weekly worship services in the Hayworth Chapel. Established by Dr. Hal Warlick, former minister to the university and dean of Hayworth Chapel until 2012, the group is comprised of students from a variety of backgrounds and religious affiliations.

Every Monday, the Board of Stewards meets with Rev. Preston Davis, the minister to the university, and Shannon LeFever, the manager of chapel programs and the advisor of the Board.

During these meetings, the students plan for upcoming chapel services and talk about the message that Rev. Davis plans to preach that week. In addition, they write prayers and discuss ideas for giving back to the High Point community through service.

The Stewards also ensure that each Wednesday chapel service runs smoothly by serving as greeters and ushers, as well as by collecting the offerings every week. The money collected during the offerings is then used by the members of the Board of Stewards to help High Point residents, particularly women and children, who are in need of assistance.

All of the collection money donated at chapel services during the fall semester goes toward the Salvation Army Angel Tree Program as part of a tradition that has been held by the Board of

Stewards since 1996. "This is one of the best things about being on the Board," sophomore Steward Holly Gambrell said. "Before we leave for winter break, we go out and buy toys for children in the High Point Community."

The toys are sent to the Salvation Army, which delivers the presents to families in need just in time for Christmas morning.

During the spring semester, the offerings are donated to West

End ministries, which is a local organization through the Boys and Girls Club that acts as a women's shelter, thrift shop and a children's center called the Kids' Cafe, which provides food to local children during the week.

In addition to these two events, Stewards work with the Boys and Girls Club throughout the year with events including "Trunk or Treat" at Halloween, a Valentine's Day Party and Easter Egg Hunt.

Students are eligible to join the Board of Stewards during their freshman year for a four-year commitment. If interested, incoming freshmen should attend the Student Activities Fair on Aug. 25 and the Religious Life Expo on Aug. 27 for more information. Applicants will be individually interviewed by a group of current Board members during the fall semester.

For more information on religious life at HPU, visit <http://www.highpoint.edu/religiouslife>.



Stewards work hard to make sure that weekly chapel services and community service events go smoothly. Photo by: Shannon LeFever

New academic fraternity brings a professional flair to campus

By Whitney Yount
Organizations Editor

Last year, High Point University welcomed Alpha Kappa Psi to its ranks of professional fraternities. AKPsi, as it is better known, is an organization that helps college students to become more prepared for their careers through networking events, workshops, and mentorships.

The Chi Rho chapter of the nationwide business fraternity was chartered at HPU this past April, and it took the efforts of nearly 50 pledges to start this organization on our campus.

"The colonization and chartering of our chapter happened very fast! It was extremely exciting and I think our ability to make our goals happen in such a short period of time shows strength in our chapter," senior Brittany Bonato said.

As president of the chapter, Bonato said that Alpha Kappa Psi has pushed her to take initiative and is already challenging her as a leader. In addition to being led by Bonato, the members are guided by their chapter advisor, Jennifer Velasquez, who also serves as the Professional Programming Director of Alpha Kappa Psi.

Last semester, the organization planned open networking events for students as well as workshops that allowed students to improve their interview skills and resumes. Due to their success,

the chapter plans to continue these events during the upcoming school year.

Members are also given the opportunity to network with AKPsi alumni, which can lead to high-profile internships or job offers, and the organization has a mentor-mentee program in place of the traditional big-little system.

"We felt that in a professional setting, a relationship where one student could learn from the older students with an emphasis on business and commerce was more valuable," Vice President Liz Reichart said.

So far, the Chi Rho chapter has met with great success. Recent graduate Andy Ricchini ('14) found an internship at a Fortune 500 company in Washington, D.C. through an Alpha Kappa Psi connection, and other students are already noticing benefits from their membership and involvement with events.

"I knew that AKPsi would provide me with the skills and practice I would need to succeed in the business world after college," senior Elizabeth Bellet said. "I felt networking, teamwork, and professional skill building were the key things the organization could help me develop."

Students who are interested in learning more about Alpha Kappa Psi can attend information sessions on Sept. 7 at 7 p.m. or Sept. 8 at 5 p.m. (location to be determined). Rush for AKPsi will take place from Sept. 9 to Sept. 18 and will begin with speed networking.



AKPsi members meet in Phillips School of Business. Photo by: Liz Reichart

Sports

2014-2015 Upcoming Rowing Season

By Zack Astran
Sports Editor

The High Point University rowing team will be looking to followup their outstanding previous season with one equally, if not better, than the last. However, that will be tough as the men's pair (Caleb Spegman and Sam Dempsey) won Southern Championships, and all men's boating advancing to semi-finals in Dad Vails, the biggest race of the spring. The women's team was strong as well with numerous boats advancing in the fall and spring races.

Although last season was a great success, there will be a lot of changes this coming season. Last year, the captains and coaching staff put together a proposal to have the woman's team to be a Division 1 sport. There is no men's Division 1 rowing because of an outstanding rule, but the proposal was still considered.

The rowing team is not the only transition in athletics, as there is a new athletic director on campus. The proposal made its way to his desk, but was denied for the time being. However, the suggestion is still on the table for the future.

The proposal was not the only area of the team that will be changing. The men's and women's head coach has decided to take another position in Cleveland, Ohio working for a prestigious rowing program. The head-coaching search is underway for the High Point rowing team. An assistant coach has been hired, but the process for finding a new head coach is still pending. With all of the changes in this coming fall season for the rowing team, their performance on the water and in the weight room will not change. The school expects them to compete at all of the regattas, as well as be dedicated to making to the team progress.



Rowing team has high expectations for this upcoming season as they get back onto the water. Photo by: Callie Klinkmuller

Offseason Brings A New and Improved Washington Capitals Team to D.C.

By Zack Astran
Sports Editor

As the Washington Capitals skated off the ice after their final game of the season, the entire NHL knew that the Capitals would be in for huge changes. It was the first time that the Caps had not made the postseason in the last seven years. A team that is lead by Alexander Ovechkin and Nicklas Backstrom seemingly is always under scrutiny when it comes to playoff time.

Critics say Ovechkin can't get it done when it comes to the playoffs, and their is not enough leadership to have a team like this go deep into the playoffs. This past season was different.

After missing the postseason owner Ted Leonsis was faced with a tough decision. Ultimately, he decided to fire general manager George McPhee as well as head coach Adam Oates. The firing of McPhee was an incredibly tough decision due to the fact that he had been with the team for so long, but the team was not progressing in the direction that is needed in order to hoist the Stanley Cup Trophy.

The head coaching vacancy of the Washington Capitals was enticing. Coaching the Capitals provides an opportunity to coach one of the best goal scorers in the NHL in Alex Ovechkin. It also provides an opportunity to coach one of the most underrated centers in the league, Nicklas Backstrom. All of the pieces that make up a very talented Capitals team was more than enough to lure Barry Trotz, former coach of the Nashville Predators, to the nations capital.

Trotz is a proven winner with the Predators. He does not have a Stanley Cup on his resume, but he is known throughout the league as a defensive-minded coach that takes a team with not a lot of talent, and makes them better than average.

After the hiring of Trotz, the general manger void needed to be filled. Executives around the league got the impression that the Washington Capitals wanted to go out of house for their hiring of the next general manager, but Brian McClellan made a very strong impression in his initial interview and hiring.

McClellan went out and spent some money. Brooks Orpik, former Pittsburgh Penguin defender, signed a five year deal worth 25 million. Orpik is a proven defender who just recently represented his country in the Sochi Olympics.

Matt Niskanen another former Penguin, accepted McClellan's offer of 7 years at 40.25 million, again filling a void at defense. Two proven defenders now join the likes of John Carlson, Karl Alzner, and Mike Green.

There was also a spot to fill at goaltender. When the Washington Capitals made it clear that Brayden Holtby would be their starter, even after a rough season, they needed to find a veteran backup. Justin Peters, former Carolina Hurricane was the perfect fit. He is a proven backup that played alongside Cam Ward and can provide Holtby with healthy competition for the number one job.

What will this Washington Capitals team do with so much potential? Only time will tell, but the future looks like it is back in the right direction for Alex Ovechkin and his Washington Capitals.

Passing the Torch: One Baseball Generation to the Next

By Zack Astran
Sports Editor

On a beautiful, gleaming Tuesday evening under the sun-drenched sky in Minnesota, two polar opposite players took the field together on the same diamond for most likely the last time.

Derek Jeter took part in his final All-Star Game after 14 previous selections, and Mike Trout took part in his third. The two players, for a final time, were back-to-back on the same starting lineup card and dressed in the same white colored jerseys ... Jeter showing off the Yankee pinstripes as he has done for 20 years, and Mike Trout sporting the Angel red.

On a night when Derek Jeter was remembered for being one of the greatest shortstops to ever play the game of baseball, there suddenly seemed to be a void that needed to be filled. And as Jeter walked off the field to a standing ovation in front a sold-out crowd, that void seemed to become more apparent. It became a reality that the unforgettable career of Derek Jeter, full of championships, All-Star Games, and shining moments, will come to an end at the season's close.

Number 2 will one day be enshrined in the Hall of Fame. Jeter has carried the torch of baseball for the last 20 years. As he walks away, that torch does not carry itself. It will have to be passed off to someone who is worthy and capable of following in Jeter's footsteps.

The question is, who? Who will fill the shoes of the great Derek Jeter?

Yasiel Puig, Giancarlo Stanton, Andrew McCutchen, Jose Abreu, and Troy Tulowitzki are some stars that seem capable. But they're not the greatest of replacements for Derek Jeter.

What better star then Mike Trout?

When Mike Trout was listed right behind Derek Jeter in the starting lineup for this year's All-Star Game, it almost seemed like destiny. The two lit up the stat sheet, as Derek Jeter went 2 for 2 with a double, a single, and a standing ovation from fellow players and fans. Mike Trout went 2 for 3 with a triple, the MVP award, and a new Camero.

Mike Trout, at the ripe age of 22, has the world at his disposal. And the more we see Mike Trout playing the game of baseball, the more difficult it is to picture how he couldn't be the future and face of baseball. Mike Trout and Derek Jeter's performance showed us something.

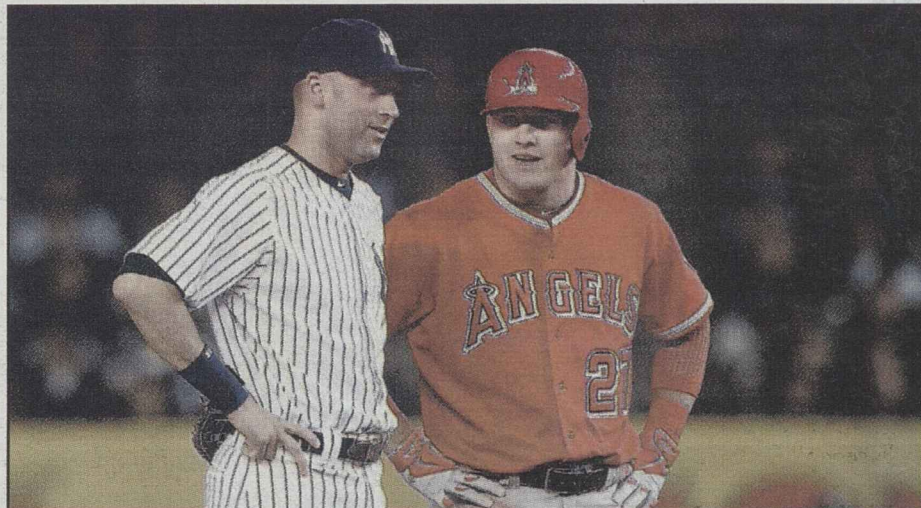
On the same stage and under the same Target Field lights, Derek Jeter handed over the torch of baseball to Mike Trout. As Trout knocked in his childhood idol growing up for the first run of the game, it suddenly became more clear.

Trout now holds the responsibility that Derek Jeter once held. Play the game the way it is supposed to be played, stay out of trouble, and be humble. That is what Derek Jeter would want, as that was how he carried himself. So far in his already amazing career, Trout has shown that he is more than capable of tackling such tasks.

This night under the Minnesota sky, represented more than just a typical All-Star game with the best players on the planet competing for home-field advantage in the World Series; it was a night where we couldn't help but to reflect on the past and present of the sport that Derek Jeter has owned and a quick look into future of the sport that will belong to Mike Trout at the seasons end.

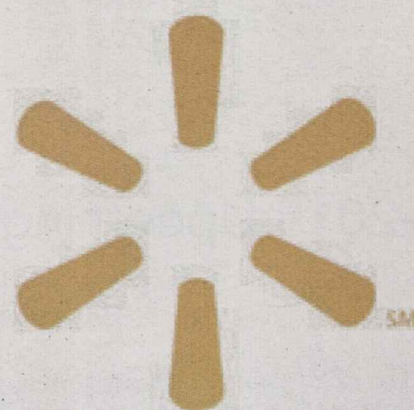
Mike Trout, a young kid from New Jersey that grew up watching Derek Jeter patrol the middle of the infield, is now part of history. Years from now, Trout will not look back at his third All-Star Game as one where he got a couple of hits and helped his team win an important game. He may not even look back on the fact that he will be driving his new Camero around the streets of Los Angeles. He will look back on this game as one where he yielded the spotlight to his hero, and was a part of something much more special than a baseball game.

In the midst of all of this, we almost forget that the American League now has home-field advantage in the World Series. It's a night where we can try to sum up how much Derek Jeter has done for the sport of baseball, and look to where Mike Trout is about to drive it.



Derek Jeter and Mike Trout. Photo by: foxsports.com

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7 Michael Hennessey's Battle On and Off the Baseball Mound

Upcoming housing changes for the 2015-16 academic year

By James Ensor
News Editor

As High Point University continues to expand, the university must constantly change its strategy to ensure the proper measures are taken to accommodate students.

One department that is frequently looking to improve the experience students have on campus is the Office of Student Life.

"Our goal is to always have a satisfied student," said Gail Tuttle, Vice President for Student Life.

In order to continually provide a positive experience for students, the Office of Student Life utilizes focus groups and other means to hear what the students are satisfied with and what they would like to see changed.

"We feel that it's better when students have more control," Tuttle said.

One element of the housing process that was brought up to the Office of Student Life was the fact that incoming freshmen can list their top three housing choices, but they aren't necessarily assigned to one of their choices.

To combat this issue, the Office of Student Life has decided to let incoming freshmen choose which building, room and even bed they would like to live in.

"It's similar to how upperclassmen choose their rooms," Tuttle said. "We found that it works well for them."

Once the housing portal opens, the student will be able to select their building, which floor they would like to live on, which room and even which bed.

"I think it's a great idea," Nick Bellamy, sophomore, said. "I wish I had that option when I was a freshman. I think it lets new students have more control of their living environment."

The housing portal will open at a specific time for each student based on his or her admissions process. Factors include whether the student applied early decision, early action, or regular decision as well as the order in which housing deposits are received.

Due to the change in the housing selection process, the Office of Student Life is not allowing incoming students to request a specific room-

mate. Instead, the department will utilize the housing survey to help pair compatible roommates with each other.

Incoming students will take the housing survey that has been previously used to help pair roommates with similar living styles together, however, there will be some changes to the survey.

"We will be adding some focus groups to help make the housing survey questions more meaningful," Tuttle said.

The Office of Student Life also took upperclassmen suggestions into consideration as they are currently building Centennial Square II.

See Housing, page 3



The Centennial II construction project is set to be completed in time the 2015 fall semester. The project is adjacent to Centennial I and will feature the same layout as the current housing community. Photo by: Kelly Schwab

Prayer room in Hayworth Chapel opens to students

By Holly Gambrell
Staff Writer

A new multi-faith prayer room is now open to High Point University students and staff of all religious and cultural backgrounds. The prayer room is located in the basement of the Charles E. Hayworth Sr. Memorial Chapel and holds sacred objects from different religions for students and staff to use.

The prayer rooms serves as a meditative space for students to pray and follow their religious traditions. It was specifically built for students of non-Christian faiths and backgrounds and is open every day.

The space is mainly used by Muslim students, said Preston Davis, minister to the university.

"We started building the prayer room last spring as a reflection to the growing religious diversity we have on campus..."

~Rev. Preston Davis
Minister to the University

According to the 2014 religious preference totals collected by Shannon Lefever, the Manager of Chapel Programs, there are approximately 4,407 students on HPU's campus. Over half of these students identify as Christian, 123 identify as Jewish, 17 as Muslim, nine as Hindu and seven as Buddhist.

Last year Davis was approached by Muslim students who inquired about having a private place on campus where they could pray. They started using Davis' office, and the need for a private

prayer room became apparent.

"We started building the prayer room last spring as a reflection to the growing religious diversity we have on campus and the lack of space to support that diversity," said Davis.

Davis and Akir Khan, a freshman success coach and practicing Muslim, discussed the growing religious diversity on campus and agreed that the prayer room was essential.

"With the growth of HPU, Preston and I wanted to create a more inclusive environment for all people," said Khan.

Davis and Khan worked together to form an accommodating

See Prayer, page 3



The new prayer room offers a quiet, simple space for students of all religions to practice their respective traditions. The room is located in Hayworth Chapel and is open to all students. Photo by: Holly Gambrell

International Student Profile: Ninaru Shtayyeh

By James Ensor
News Editor

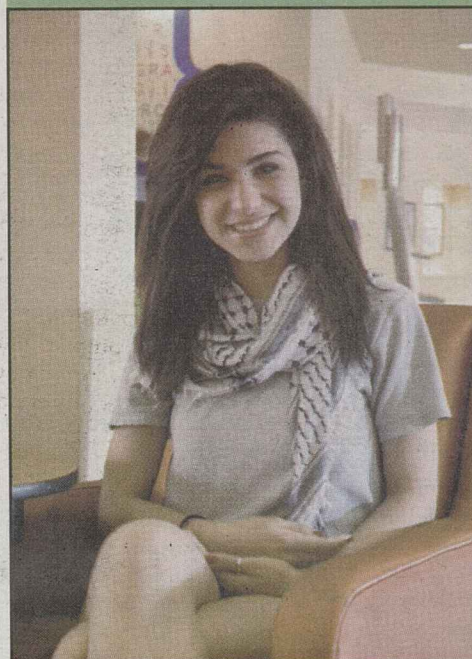


Photo by: Cristy Hernandez

High Point University has numerous students interested in community service, but Ninaru Shtayyeh isn't your typical student.

"I'm from the west bank of Palestine," Shtayyeh said. "Whenever I'm in Palestine, I work as a paramedic."

Shtayyeh has volunteered her services for many campaigns including wars and Ramadan.

"I'm a Muslim and we believe that you donate to the poor," Shtayyeh said. "We had a campaign to donate books, clothes, and toys."

She has created a name for herself in Palestine as she has been interviewed on TV several times, including on CNN.

"I have a busy life back in Palestine," Shtayyeh said. "I've been interviewed about the campaign as well as social and political issues."

Shtayyeh's family consists of her older brother, Ibtahim, who is currently studying at HPU, a younger sister and her parents.

"My father is a Palestinian Secretary," Shtayyeh said. "My mother is taking care of my younger sister back home."

Growing up and even today, her father is her biggest idol.

"I want to walk in the same steps as my father. He really affects the lives of others," Shtayyeh said. "He is the person in Palestine that everyone believes is doing the right thing, and I want to be a person that does the right thing all the time."

Shtayyeh is a freshman this year majoring in mathematical economics. Outside of the classroom she is involved with the International Club on campus.

"This year, I'm not too involved because whenever you are in a different place you have to manage your time," Shtayyeh said. "When you get used to it is when it gets easier, but right now I want to focus on my studies."

See Shtayyeh, page 3

Opinion

The Juice Cleanse: Harmful toxins or common sense?

By Liz Reichart
A&E Editor

We've all heard the horror stories of what sounds like a torture technique when rolled off the tongue - a "juice cleanse." I was incredibly curious about these miracle juice cleanses that gorgeous celebrities like Gwyneth Paltrow and Sofia Vergara were touting. I had been a vegan for three years in high school, but decided to take time off from veganism when I entered my freshman year of college. At the end of that first year, I realized it was time for me to return to a healthy lifestyle. However, I found myself so addicted to the foods I had come to love over the course of my time at college that I couldn't figure out how to get plant-based produce back into my life.

Over the summer, my friend and I found ourselves wanting to clear any toxins and destructive additives found in processed foods from our bodies. We decided to complete a juice cleanse. My friend did his for one week (and I'm pretty sure he cheated somewhere in there) and I completed mine for one month before I returned to school.

We drank juices that consisted of 80% vegetable matter and 20% fruit. I bought a cheap juicer at Walmart and we made all of the drinks ourselves. Whenever we didn't have time to prepare our health serums, we would run out to Starbucks and pick up an Evolution juice, which is comprised of the same vegetable to fruit ratio.

I can honestly say it was one of the best experiences of my life. The first day was bad, but the second and third days were torturous. I felt hungry all the time. Believe me when I say that you have no idea what true hunger is until you go three days without eating. But by the fifth day, the hunger was gone. I wasn't constantly thinking about grilled cheese. A feeling of serene peace and endless calm enveloped me. I suddenly found myself with so much more time on my hands

now that I wasn't constantly eating. You learn so much about desires when you free yourself from them.

Even when I try to explain what seems like very sound logic for doing something like this to other people, removed from my little bubble of serenity, they think I'm nuts. "Where do you get your protein from?" they ask. Protein is found in large quantities in spinach and nuts, both of which I juice into my drink daily. "Why don't you just make a smoothie?" Smoothies still have types of fiber in them that slow down your digestive system. There's no real difference between eating and drinking a smoothie. With juicing, those fibers are removed and your digestive system is free to cleanse. And the most popular response I get is, "Juicing doesn't sound healthy for you. It sounds like you're starving yourself." I understand how people can think that, but it's actually the opposite. The amount of nutrients from spinach, carrots, cucumbers, and more in one day is actually more vegetables than most people eat in a week. No human could ever eat as much kale raw as I juice in three days, let alone one sitting. I inundated my system with 600-700 percent more nutrients and vitamins each day than the average person eats in one day. It wasn't my body that was famished, it was my body that was finally thriving.

And the best part about a juice cleanse is this: my friend and I found that after we had gone for extended periods of time only drinking juice, he for one week and I for one month, that it was as if we had hit a "reset" button on our cravings. I used to crave Cookout more than anything at midnight on a Saturday. Your body functions in a more sustainable way that makes living to eat seem ridiculous.

There is a healthy and safe way to juice cleanse; I have found it. So no more scary stories about how people are starving themselves! Of course you should consult a doctor before committing to anything drastic, but know that there are effective ways to hit the reset button on your life when it comes to eating processed foods.

Tomorrow will be nothing like today

By Anne Davey
Opinion Editor

HSBC has a new marketing campaign. A series of thought-provoking ads, part of the series entitled "in the future" adorns the walls of airport hallways across the nation. The ads are modestly crafted, but powerfully innovative. Bearing simple images, a bumble bee, a city skyline, a plane, accompanied by simple tag lines, these ads depict a clear message; Tomorrow will be nothing like today.

People will be planning and crafting cities, nature and technology will work as one, the world of tomorrow is beyond our grasp. Modern technology evolves at an ever-increasing speed, faster than any market or currency value could even possibly strive for. The results

of technological innovations are apparent throughout our daily lives. There is no shortage of innovation, and no idea too bold.

It is an interesting thought, and a powerful one, that the world we are preparing to enter will look almost nothing like the one in which we currently exist. The human condition, science, technology and globalization, are all being shaped by a myriad of forces. Tomorrow will be nothing like today.

How fitting these images were, as I pre-

pared to board a flight to China for a mini-internship. America, once known as the center for all things modern, the capital for innovation, business and trade, is ever globalizing. The world we live in already necessitates interconnection and cross-cultural cooperation. My parents couldn't believe I was about to head to China, but for most of our generation, the need to be globally minded, to get experience and to understand the broader scope of the global economy, are critical. No possible path of my future will be free from reliance on cooperation with foreign nations. To the younger generations this notion is a given, while our parents and grandparents knew no such thing. Tomorrow will be nothing like today.

This message almost stopped me in my tracks, as I was struck by the reality and the overwhelming-ness of the truth it held. Stepping on a plane to travel to America's number one competitor, to China. To the center of innovation, the mecca of trade, manufacturing and commerce, to the rising super-power, to the largest middle class in the world, to a land of bullet trains and heavily-polluted air. The contradictions were apparent, but so were the changes. Unfathomable and yet reality, that is the face of tomorrow, and the quiet but powerful motto of advancement.

The world changes at such an ever increasing rate, we often forget how far we've come, taking for granted incredible technological and scientific advances. Humans have landed on the moon. The world has cars, trains, and planes; modes of transport that centuries ago were unfathomable. Most of the globe has access to life-saving vaccines and medicines. We have successfully cracked confounding genetic code to map the entire human genome. Pausing to think about the wonders of the world, and the marvels of modern innovation is truly awe-inspiring.

Tomorrow will be nothing like today.

It's a simple notion that may knock you off of your feet if you stop and truly think about it. Give pause to the idea, and maybe even be part of the changes.

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Where is your favorite place to study on campus?

By Melia Sigmon
Photography Editor



Conner Haler, Sophomore
Outside Starbucks



Jeremy Simmons, Sophomore
Smith Library



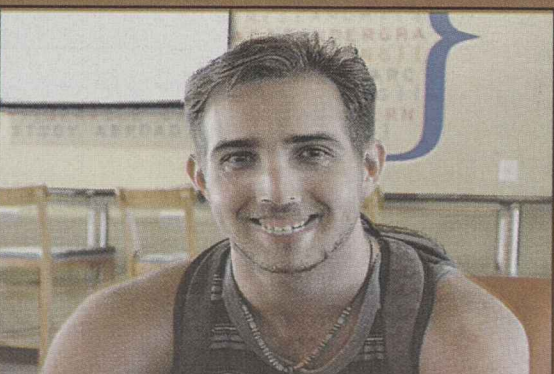
Sarah Ducharme, Sophomore
Outside Slane



Haley Ginther, Sophomore
The Learning Commons



Ria Pass, Junior
The Arcade Room



Joe Kilar, Senior
UC Library

News

Maintaining your health: How to avoid seasonal illnesses

By Hannah Corwin
Staff Writer

The leaves are changing, the mornings are cooler, and jeans are now a necessity. Unfortunately, with the start of October comes the start of flu season. Well, not just flu season. Fall is often the time of the year when everyone gets sick, but the flu is one illness that is the most talked about.

High Point University has a Health Services Department located in the basement of Wilson Residence Hall. The department has a full-time staff.

Health Services is open Monday through Friday from 8:30 a.m. to 5:30 p.m. If you need to go for a check-up, you can walk in to schedule an appointment, or call the receptionist at 336-841-4683, and soon you'll even be able to schedule appointments online.

While Health Services is a convenient resource for students to go to if they get the flu, no one wants to have to wait until they get sick. There are many steps students can take to avoid the flu.

Though it is harder to avoid the flu because college students are living in close quarters, it is still possible.

Dr. Ron Ragan, Dean of the School of Pharmacy at HPU, said one of the best things you can do is to get the flu shot. It is available at Health Services, CVS, and Walmart.

He also advised maintaining a healthy diet, getting plenty of sleep, exercising and managing your stress levels. These are the hardest pieces of advice for college students as students work hard, eat what's available and get what little sleep they can.

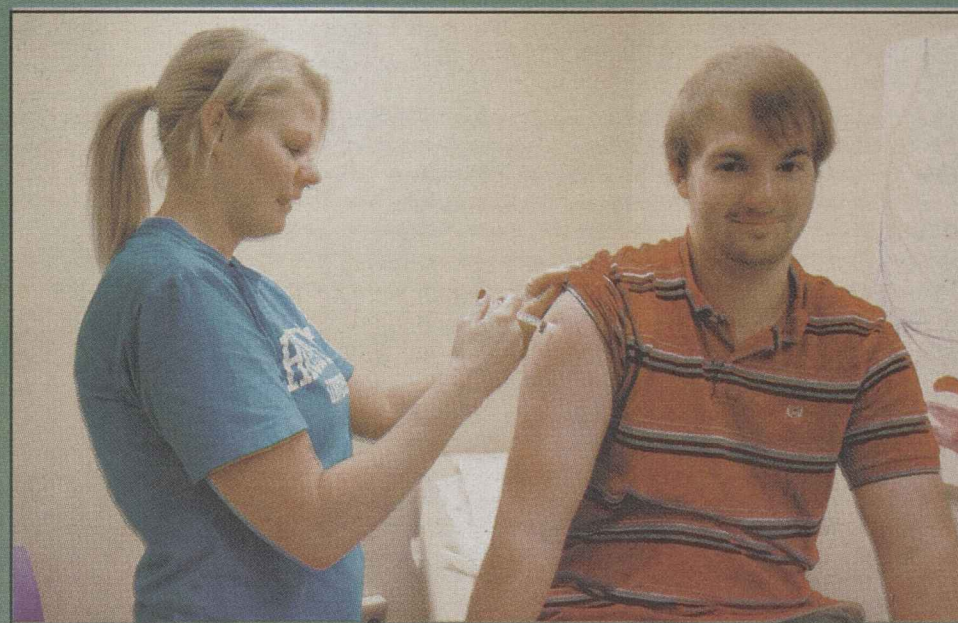
Some of the easier pieces of advice are to avoid people who are sick, wash your hands frequently, avoid touching your eyes, nose, and mouth, and keep your room and possessions clean and disinfected. These are simpler tasks for college students that don't take much time to complete and are good habits to pick up.

If you do have the flu, some of the symptoms will be fever, headaches, body aches, runny or stuffy nose, sore throat and a cough. If you have these symptoms, don't try and tough it out. Dr. Linda Sekhon, the founding chair for the Department of Physicians Assistant Studies, recommends going to Health Services immediately as they will be able to let you know what you need to do and possibly prescribe antiviral medications that can be filled in their office.

Also, stay in your dorm room as forcing yourself to go to class will only make you sicker and infect others.

In summation, complete the following steps to avoid the flu and other illnesses that might be going around campus:

- Get the flu shot
- Eat healthy
- Sleep regularly
- Exercise often
- Manage stress
- Keep living environment clean
- Wash hands frequently



A student receives a flu shot at Health Services which is located in the basement of Wilson residence hall. Photo by: Cristy Hernandez

Year of the Arts continues at HPU

By Amanda Crow
Staff Writer

For the next eight months, High Point University will celebrate the Year of the Arts in honor of the creative spirit behind music, theatre, art, writing and much more. These events include performances, workshops with professionals, speakers and a grant program for students.

Scott Raynor, the Chair of the School of Art and Design and an instructor of Interior Design, had the idea for YOTA a few years back.

"It always seems like athletics are the way we get the community into our campus, and we thought that people should come here for the arts," said Raynor.

The celebration was aimed to bring the community onto the campus as well as to help freshmen find their foothold in the arts. The idea behind the professionally-led workshops was that if students are introduced to the many arts programs at HPU in the beginning, then they will continue to study that area throughout their time at college.

The YOTA celebration will introduce a mini-grant program in December for all HPU students. Students will create small groups and submit an abstract for a project they would like to do during the spring semester. There aren't many guidelines either; students may create an art piece, redesign a product, perform a piece of theatre, come up with an innovative way to improve the world and more.

Interdisciplinary group projects are highly encouraged because they want to see that students are collaborating and making connections across multiple areas of study.

Raynor mentioned that one particular group of students is collecting recycled water bottles on campus to help save the environment, and they will be teaming up with an artist who is making pieces out of recycled materials.

Selected proposals will receive \$250 for start-up materials and each group will be assigned a faculty mentor. From there, projects will be juried by faculty and outside professionals and awarded monetary prizes. Additionally, each student will receive one course credit for his or her work.

"This is a resume builder. It doesn't have to be gigantic, find something manageable," Raynor said.

YOTA began with a Fall Festival on Sept. 13, 2014. The event included local artists, showcased HPU's acapella groups as entertainment and featured student art exhibitors. The event was free admission and open to the public. The day included food trucks, a kids' tent, and artists from potters, to jewelers, to painters, and even robot engineers. Raynor says that if the school will fund the Fall Festival, they have plans to make it an annual event.

Kenzie Allred, senior, said the Fall Festival was the greatest experience she could have asked for since it gave her the opportunity to publicize her business as well as make a profit. Her business is called Printology Letterpress, which designs and prints everything from customized stationary and invitations, to coasters.

Allred believes that YOTA will be a great way to increase support for the arts and that many students will apply to compete in the grant program.

The next YOTA event will be the production of "On the Verge" which runs Oct. 9-15 at 7:30 p.m. For the full event calendar, please visit www.highpoint.edu/yearofthearts.



Photo by: Kelly Schwab

From Housing page 1

Centennial Square II will be the same as Centennial Square I. The new living community will feature 11 buildings comprised of 50 townhomes.

"The layout of the units will be the same," Tuttle said. "However, we just conducted a focus group for current students and decided that the furniture will be influenced by the feedback from students."

Overall Centennial Square II will offer 348 students a housing option on main campus. Despite circulating rumors, incoming freshmen will not be allowed to live in Centennial Square II.

The project will be completed in time for students to occupy the new townhomes starting in the fall of 2015.

From Shtayyeh page 1

Shtayyeh found HPU through a family friend her father knew. When her brother was looking at schools, their friend recommended the school.

"HPU is a different community and gives the students a chance to follow their dreams and be the person they want to be," Shtayyeh said. "I love the campus."

The biggest change from Palestine to the United States for Shtayyeh was the culture and the way life is structured.

"It's a free country in the U.S., you can say or do whatever you want," Shtayyeh said. "You don't have to live in fear of being shot or being forced to leave your home."

Although her brother prepared her for what life was like in the U.S., Shtayyeh still found it difficult to leave her home.

"The hardest part about moving to the U.S. was leaving my old life behind me," Shtayyeh said. "You never know until you experience it yourself, but I had a little bit of fear."

While moving to the U.S. presented some challenges for Shtayyeh, she is enjoying the time she has at HPU. After HPU, Shtayyeh hopes to finish her masters and then go back to Palestine.

"I came to the U.S. because I believe HPU is giving me the best education I can get," Shtayyeh said. "I want to use that education to benefit my country."

Overall Shtayyeh is excited to study at HPU.

"I think the way they teach here is a system that tells you that someday you'll be something great," Shtayyeh said. "I really love the educational system here and how you can find good people all around campus."

From Prayer page 1

place for all students on campus to pray, worship and be spiritual.

The prayer room is simple, with ablution sinks for hand and feet washing, and cabinets that hold sacred objects and texts from different religions and traditions.

"I wanted the space to be intentionally bare so that it could be shaped for whatever tradition needed to use the space at that time," said Davis.

The space was previously a kitchen that was used about twice a year, said Davis. Now, the space is used daily by students who wish to pray and meditate in a space that is not surrounded by Christian symbolism, like the chapel's first floor, which is filled with crosses and stained glass windows.

Reza Moghtaderi Esfahani is a junior at HPU, and one of the 17 Muslim students on campus. He uses the prayer room two to three times a week.

"I like that it's a private place on campus. I'm not bothering anyone and nobody's bothering me when I use it," said Moghtaderi Esfahani.

Privacy and quiet are two important qualities the prayer room offers. It also raises opportunities for discussion about religious pluralism.

"I hope people from different faiths come there to pray and then engage in a very positive conversation with those from other faiths on campus," said Moghtaderi Esfahani.

A&E

Natalie Haire crafts community partnerships

By Alexis Ancel
Staff Writer

Because High Point University is a cashless campus, your passport is your lifeline. From paying for meals to getting into your dorm, it's nearly impossible to function on campus without it, but passports are useful in many places off campus as well. HPU prides itself in partnering with and supporting many businesses and companies in the High Point area. Whether at the local Panera Bread or the AT&T store, HPU pride is evident throughout the town, but it takes hard work from people behind the scenes to make this happen. As HPU's Community Relations Manager, Natalie Haire's main job at HPU is to form partnerships with local businesses by going out into the community and building relationships that benefit both the city of High Point and HPU.

In total, HPU has about 125 to 150 partners between the Passport Partner program and the "Our City. Our University." program. The Passport Program means simply that passports are accepted and can be used at participating businesses such as Feeney's Frozen Yogurt, Papa Johns, CVS Pharmacy and many more. The "Our City. Our University" Partners program includes businesses such as The Shoppes at the Paladium, Courtyard Marriott and Cookout, which do not accept passports but still show their support for the school in various ways such as offering complimentary HPU magazines and books and displaying HPU flags and banners.

Haire has also worked toward branding the university name and has gotten HPU apparel and other various items on the shelves at stores such as Walmart and Target. Walmart in particular, has shown a great deal of support for our school by displaying a wall mural and selling HPU merchandise which, as Haire points out, "is not common for a Walmart to do." Since Haire

began working in this position in February, not only has support and participation increased greatly, but a much more diverse group of local businesses have shown inter-



Community Relations Manager Natalie Haire. Photo by: Chad Christian

est in supporting our school. Even "purple Fridays" have extended to local businesses, and it's becoming more and more common to see surrounding restaurants and stores sporting the color purple in support of the school. HPU brings in approximately 80,000 visitors per year, and it's important that these people feel welcomed by the university wherever they are in High Point, says Haire.

It's clear that the university largely supports the town of High Point, but the town also supports HPU. "We are High Point's University because we carry the name of the town, and we support our local businesses in the city. We like to say we've painted the town purple. Carolina's Diner has painted its entire building purple. When students aren't here, these businesses take a hit," says Haire.

For example, the most commonly ordered item at Carolina's Diner is the chocolate chip pancakes, and the chocolate chip stock increases roughly 400% when students are here compared to when they are not. The university largely impacts these local businesses, and it is for that reason that they are such proud supporters. "The community really embraces the university and they are excited to support us. HPU is invested in High Point and wants to be a valued partner with the city," says Haire.

Although High Point is still considered the furniture capital of the world, the town has evolved beyond that, as it has become further invested in HPU. Haire notes, "The university has undergone a lot of growth in the past 20 years. Previously we were known as a furniture town, and now we're also known as a university town." Though High Point is still well known for its furniture production, it is clear that the university has transformed the local community into a college town as well, and HPU continues to form new partnerships and relationships with the local community.

How did Amal Alamuddin win George Clooney's heart?

By Liz Reichart
A&E Editor

Hollywood's hottest bachelor is off the market for good this time. That's right moms, George Clooney, darling of the screen and international film scene is a married man. On Sept. 29, Amal Alamuddin and George Clooney married at Venice's city hall in Venice, Italy, following a star-studded wedding ceremony two days earlier, also in Venice. They were married by Clooney's friend Walter Veltroni, the former mayor of Rome. But just who is this mystery woman we the public know so little about? Amal Ramzi Alamuddin is a London-based British-Lebanese lawyer, activist, and author. She is a barrister at Doughty Street Chambers, specializing in international law, criminal law, human rights, and extradition. Previously known to date supermodels and actresses, George Clooney has clearly deviated from his normal type, as Alamuddin is acclaimed in the field of law. Her clients include Julian Assange, the founder of WikiLeaks, in his fight against extradition. She has also represented the former prime minister of Ukraine, Yulia Tymoshenko. She has lectured students on international criminal law at SOAS (University of London), The New School in New York City, The Hague Academy of International Law, and more locally, the University of North Carolina at Chapel Hill. Alamuddin is fluent in Arabic, English and French.

The new Mrs. Clooney has proven to be an activist in her own right. In May 2014, Alamuddin met with Foreign Secretary William Hague and a group of leading female campaigners "to discuss how to drive forward international action to protect children in conflict zones from rape and sexual violence" before the June 2014 Global Summit to End Sexual Violence in Conflict. Ironically, in November of 1995, during one of his phases of model and actress dating, George Clooney said during a Barbara Walters interview "I won't get married again because I wasn't very good at it." Talk about a total eclipse of the heart!

This is an incredible feat for women everywhere, whether they realize it or not. Amal Alamuddin not only has no ties to Hollywood, but far more importantly, her merits are due to her intelligence and hard work. Published in numerous books, her accomplishments stand on her own. She won't just be known as George Clooney's wife, overshadowed as an afterthought or just another pretty face; she'll inspire men and women alike to embrace individual accomplishment. Amal Alamuddin has an unrelenting perseverance, and has achieved all that she has by working so hard in school and throughout her career. So don't be fooled by that custom Oscar de la Renta wedding gown Alamuddin wore that night she became George Clooney's wife. She's not all about that glitz and glam life. If anything, she's more like what you and I aspire to be than we even realize!

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'Boyhood' illustrates the mundaneness of life

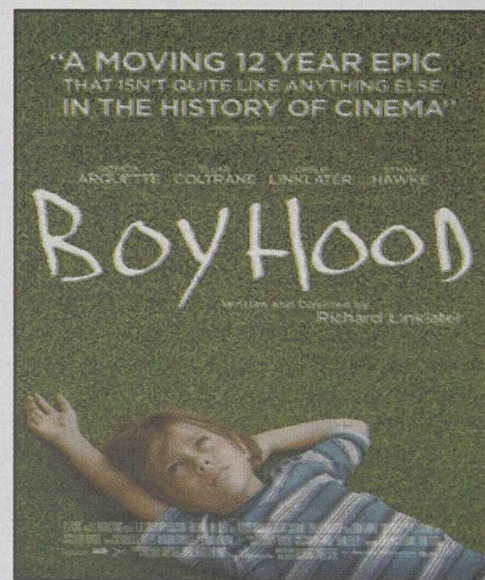
By Meg Thompson
Staff Writer

"Boyhood", written and directed by Richard Linklater, played in the Wanek Center cinema on Sept. 28. The film received a significant amount of hype in the media; it was filmed over 12 years, following a boy's life as he matures and ages through adolescence. The concept for the film is truly amazing and unique; rather than casting multiple actors to play a certain role, using the same actor over many years allows a realistic nature to come through within the film. However, the film's run time was 2 hours and 45 minutes. While it's a great concept, the plot line was not strong enough or substantial enough to warrant the film's length.

Being able to use the same actors throughout the entire film allowed for deep character development. The characters of Malcolm, Samantha, and their mother were significantly adapted upon. The film also capitalized on the realistic nature of the actor's development; his awkward years were embraced with open arms, magnifying them to show the reality of his adolescence. The dialogue remained realistic as well, keeping the entire film relatable and practical. Here's the thing about life: it can be boring. The reality is that the majority of our lives consist of boring, everyday things that are uninteresting to audiences that want to be entertained. If this film's purpose were to portray the reality of life, I would say it portrayed that element fairly well. The film would have been better to contain only the boy's greatest hits. There were too many unnecessary scenes that did not move the plot forward; they simply added minutes to the run time.

In addition, the film had a severe lack of plot. The plot was the growth of Malcolm and his development through adolescence and finding himself. That is a great start, but the conflicts rarely had a direct impact with Malcolm; they were things happening around him that did not entirely keep the audience engaged. People became antsy in the cinema by two hours in, squirming and shifting their weight in their seats. As the audience exited the theater, people complained loudly about the length of the film, claiming they would not have seen the movie had they realized the length.

Overall, the film had a creative concept that could have been explored in a deeper context. The plot needed to be expanded and more detailed, but the concept was the start to what could have been a phenomenal film. A significant amount of scenes could have been emitted, as well, shortening the film to a reasonable and bearable length.



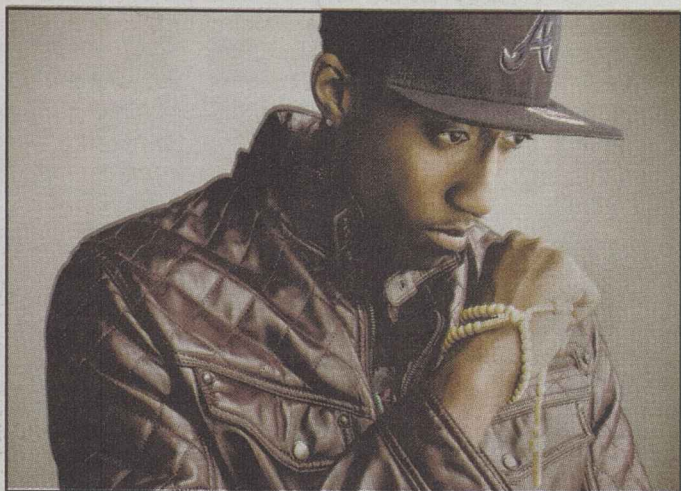
"Boyhood" was filmed over the course of 12 years, using the same cast. Photo by socialcomotion.com

A&E

Artist Lecrae redefines Christian music genres

By Deanna Smith
Staff Writer

In May of 2004, the Christian/hip-hop album "Real Talk" struck the world by surprise as 25-year-old artist Lecrae finally stepped out into the musical world. Now that the music industry has taken so many twist and turns, it is a great accomplishment to be highly recognized with a debut album release. Lecrae was once a young kid on the wrong path, getting involved with drugs and larceny until he decided to turn his life around. Hailing from Southside Houston, he got his start after attending a seminar that not only opened his eyes, but also opened a door that he would soon walk through with vigor. After his jump-start with record label Reach, the Houston native then began to quickly climb the music charts, finding a comfy place at the top of Billboard's top gospel charts with his second album "After The Music Stops." He had already made a name for himself by being the first Christian rap artist to accomplish this kind of success, but there was no use in Lecrae stopping there.



Christian recording artist Lecrae released "Anomaly" this past September. Photo by thegospelguru.com.

Lecrae wanted to do more than just sell albums, he wanted to give back to the community. His passion not only showed in his words, but also in his involvement with the communities around him. Staying true to his lyrics, Lecrae has become heavily involved in the nonprofit organization ReachLife, creating a connection to the church in the urban youth. Being a once troubled youth himself, Lecrae has dedicated his musical career to being a voice for those who need a guiding hand just as he did at that tender age. He engages vividly with a lot of the events that ReachLife does throughout the year.

Even with his cooperation with the community and rising stardom, Lecrae still continued to completely dominate his genre. With the release of his third album "Rebel," Lecrae managed to hit number two in iTunes rap downloads, take over the Christian album for two weeks and remain on the gospel music charts for 78 weeks straight. That is one week shy of how long Awolnation's "Sail" stayed on the charts. No one has really heard of Lecrae, yet he is making himself known among the most popular of artists. He does not let this rise to success stop him from reaching even higher. In 2010, the young artist claimed number 16 on Billboard's 200 list, top five in best R&B/hip-hop album charts and the number one highest selling Christian rap/hip-hop album ever. Music has been around for longer than what seems like life itself and he managed to have the number one highest selling Christian rap/hip-hop album in the entire history of music. That is undoubtedly a crowning accomplishment. Already, Lecrae's 2014 album "Anomaly" has hit the top of the Billboard's 200 within a month of its release. Needless to say, the young artist will surely pave the way for new genres of Christian music all while lifting up those less fortunate.

Fashion Trends for Fall 2014

By Meg Thompson
Staff Writer

Autumn is finally here. The crisp, cool air has all of us itching for bonfires and changing leaves. However, the cool air also leaves us fashion and beauty confused; what are we supposed to wear during the coming months? The colors of fall are classic. Red undertones are always safe during this time of year; burnt orange and purple are infamous and will never go out of style during the autumn months. One style continues to make its way into autumn fashion every year: flannel. Flannel in every color is timeless. Layering, while it will never completely go out of style, is not as popular this season. Warm, cozy sweaters and cardigans are making their way to the forefront. Fall is the perfect time to wear all of those accessories that you have had tucked away in your closet for the last six months. Bring out the scarves, hats, gloves, and boots, everyone. Scarves are the perfect, timeless accessories to any outfit. Whether it's a thick, knit scarf to keep you warm while you're outside or a thin, fashion scarf to dress up your outfit, scarves are always in.



A popular trend this season is wearing dark lipstick. Photo by topinspired.com

Fall is known for the time to bring out the more daring, darker colors in your makeup; this season, those colors are coming out through your lips. Berry lip colors are huge this year. Dark, berry colors can look great on every skin tone, as long as you find the right shade (my favorite lipstick shade of the moment is "Party Line" by MAC Cosmetics). As for the rest of your makeup, natural looks are the way to go for fall, with light, natural face makeup and soft eye makeup. Brown pencil eyeliner is perfect for a smoky, natural effect. It's not as strong and sharp of a look as black liquid liner would give you, but it still gives your eyes the definition that you seek. If you have blue eyes, try a purple or bronze eye shadow as your eyeliner. It'll make your eyes pop and it's a subtle way to incorporate color into your look. The natural look persists with hairstyles. Wavy, effortless looking hair is moving up in popularity this season. Soft, natural curls or waves are superior to straight locks. If you aren't feeling the wavy hair look, the top-knot will be your best friend; it's a quick and easy way of keeping your hair out of your face as you walk to class in the autumn wind (and let's be honest, no one wants to spend an hour doing their hair before a 7:50 a.m. class).

Next up, nail polish: glitter is out. Matte is in. While dark, berry colors are always great for the autumn months, grey and neutral colors are also becoming more and more popular for the cooler months. Regardless of the color you choose, matte polishes are huge this fall. Don't fret. That doesn't mean you need to replace all of the polishes in your collection. Dolce and Gabbana's Top Lacquer Matte Nail Coat turns any nail polish into matte. Just paint your nails your favorite color, top it off with the D&G topcoat, and you're ready for the new season.

Regardless of which trends you decide to, or not to, sport this season, just remember that your fashion choices and your style should reflect you. Just because things are popular, doesn't mean you need to sport them. And if you are still loving glitter nail polish, rock it. Don't let me, or anyone else, tell you how to create your style.

Instagram accounts of fashion celebrities worth following

By Liz Reichart
A&E Editor

Ladies, scrolling down the same Instagram feed after a while gets repetitive. There seems to be the same arrangement of sentimental pics each time I open the app. Instagrams typically fall into one of a few distinct categories: happy birthday pic stitches, the boys who post pictures of cars they don't own, and then what seems like an ocean of pictures featuring nicely arranged girls commemorating some event, whether it be dinner at 1924 Prime, a formal, or a "Throwback Thursday." What I'm getting at is that as much as we love creeping on the average lives of our friends, most of us could use some variation in the Instagram department, but don't where to start when seeking celebrity accounts to follow. A new genre of Instagram account has emerged within the past few years, that being the idea of a fashion account. This account is run by someone well-known and this celebrity posts pictures that serve as outfit inspiration when planning what to wear on a night out. The perfect fashion celebrity has a killer sense of style and a unique personality to match. As a connoisseur of fashion celebrity Instagram accounts myself, I've compiled a list of the most worthy, most inspirational and most helpful in this field.

Alexa Chung is certainly one of the fore founders of pairing fashion and Instagram. Her account, @chungalex, features shameless selfies in addition to pictures of the glamorous parties she frequents.



Alexa Chung (@alexachung) shows off chic street wear. Photo by: ruemag.com

Her style is edgy, and her personality, likewise. She is the 21st century style maven if there ever was one. As much as I hate to admit it, I also follow Kardashian sister and rising haute couture supermodel Kendall Jenner at her Instagram account @kendalljenner. There are rumors (and videos... and pictures...) that claim Ms. Jenner treats restaurant staff poorly and is generally a malicious person, but there's no denying her Instagram account is on point. Seeing Kendall Jenner walk in Balmain fashion shows gives me the motivation I need to attend my 7:50 a.m. class. The clothes she wears are certainly picked out for her by a style expert, so one can't be sure how much input she has in what she wears. However, the garments Jenner wears cost more than my life is worth, I'm sure, and she always looks stunning.

Looking for styles that are more attainable? Look no further! Miroslava Duma can be found at @miraduma snapping pics of her and friends sporting ready-to-wear looks every day of the week. This pint-sized Russian fashion editor (she's only 5 feet tall!) proves that height should never be an excuse for not putting yourself out there in the latest fashion trends. Not to mention her exotic holiday excursions will make you want to pack your bags and jump on the next plane to Greece with her.

Cara Delevigne is currently the most in-demand model in the industry. She walked in every major Paris fashion week show this past September, including Chanel, Saint Laurent, Stella McCartney, Balmain, and many more. Wacky and goofy, she is anything but the stuffy, stuck-up model the masses have come to expect. Cara Delevigne often sports grunge looks on the street, but cleans up nice on the runways to be sure. Variety and humor are sure finds on her Instagram account, my personal favorite, @caradelevigne.

Organizations

Campus Activities Team plans a full, exciting semester

By Deanna Lee
Staff Writer

This semester, our very own Campus Activities Team has a lot in store for us here at High Point University. The first few weeks have already been filled with countless activities to keep us busy amongst our studies and social lives, but believe it or not, it gets even better.

October lifted off from the funny bone with a comedic performance by Ryan Conner on Oct. 1 at the Extraordinaire Cinema. Conner has been on several comedy shows, done stand-up all over the world and has even written for Saturday Night Live's Weekend Update. It will surely be a performance that will have our sides aching from laughter for days.

This week, CAT appeals to our inner child by hosting a Disney Theme Night in the Extraordinaire Cinema tonight (Oct. 8) at 9 p.m. Who could resist singing along to the musical numbers that built the foundation of our childhoods?

In light of the Halloween spirit, the team will travel to the well-known Kersey Valley Spookywoods Haunted Attraction the night before the most haunted day of the year. For all those who do not know of Spookywoods, it is a terrifying thrill in which you enter dark woods and everything from then on is out of your control. They even state in their warning message, "This is not for the faint of heart."

After all the excitement and fear of Spookywoods fading away with the end of October, the campus improv group Charcoal Pony will be opening November with an amusing performance in CAT's Wednesday Night Live session at 9 p.m. in the cinema on Nov. 5. It is surely a performance that will be talked about widely and bring out the jokesters in all of us.

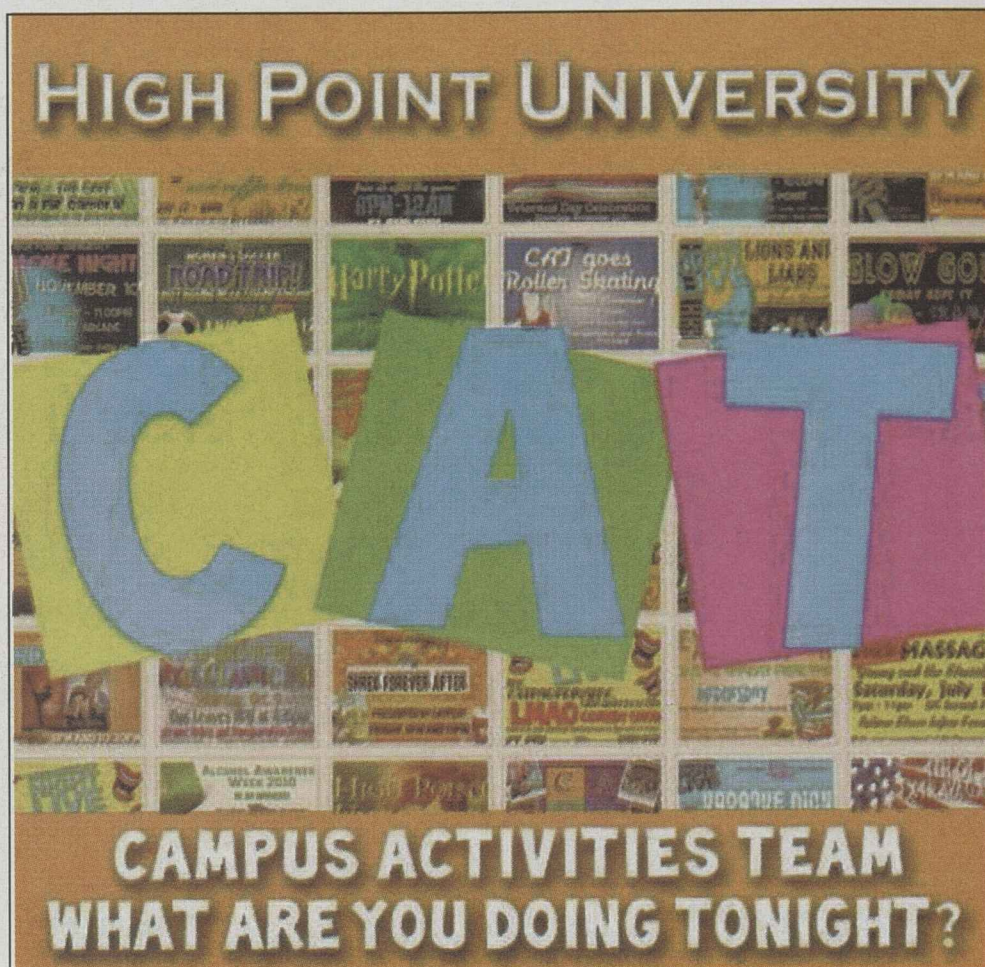
The Bakery will be home to Board Game Night on Nov. 12 at 9 p.m., welcoming every person that would not only like to enjoy a few games, but make friends in the process.

Just in time for Turkey Day, CAT will be hosting a Thanksgiving Cooking Class November 19 at 8:30 p.m. in the Café to show us how to whip up a few things for ourselves during the season.

To start off December, Tanglewood will be having their annual Festival of Lights. The park will breathe life into the coldness with new, bright lights, vendors, and even the Clausess will be there to enjoy the show.

The holiday cheer does not stop there; along with our beautiful campus being decorated like a scene out of a Christmas movie. Santa will be joining us here at the Wanek Center Dec. 10 from 1 p.m. to 5 p.m. to take pictures with students.

In addition to all of these exciting things for us to do throughout this semester, CAT will still have their weekly CATFLIX nights, and this semester they will be showing blockbusters such as "Tammy," "22 Jump Street" and "Lucy." This semester, get involved, go out, enjoy yourselves and never claim that there isn't anything to do because this is High Point, and there is always something fun to do at HPU.



The members of the Campus Activities Team have put together an exciting schedule of events for the fall semester. For more information, search Campus Activities Team on Facebook, and be sure to read the Campus Concierge emails for updates! Photo by: High Point University CAT



On Sept. 30, Alpha Chi Omega and Pi Kappa Phi hosted a children's science fair for the Boys and Girls Club. The event began with a demonstration of a baking soda volcano explosion, and then the students broke up into smaller teams. Each team was led around to different tables where the students got to participate in a variety of hands-on experiments while learning about the scientific concepts that made the experiments possible. Photos by: Kelly Schwab



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Sports

The Road Less Traveled: Hennessey's Ride to the Top

By Jeremy Johnson
Staff Writer

As he stands on the mound and looks to the catcher for the sign, Michael Hennessey blocks everything out except him and the catcher. He's ready to enter the fight with the batter.

His unorthodox wind-up puts hitters at a disadvantage before they see a pitch. When you add his mentality to the mix, you've got one great athlete standing in the middle of the diamond.

He comes set and delivers the pitch.

It hits the mitt with authority and strike three is called.

He runs off the mound with a smile on his face and his teammates greet him at the edge of the dugout.

The smile takes the place of the fear that set in during the fall of 2010, Hennessey's senior year of high school, when everything changed and he wasn't on the field fighting. Instead, he was off the field, fighting for the chance to play the sport he grew up playing.

"I first noticed something was wrong when my groin area was huge," he said. "So I went and got it checked out."

His and his family's fears were turned into reality when the test came back. Hennessey had testicular cancer.

Testicular cancer usually affects about 8,500 men per year. That averages to every hour of every day some man hears, "You have testicular cancer."

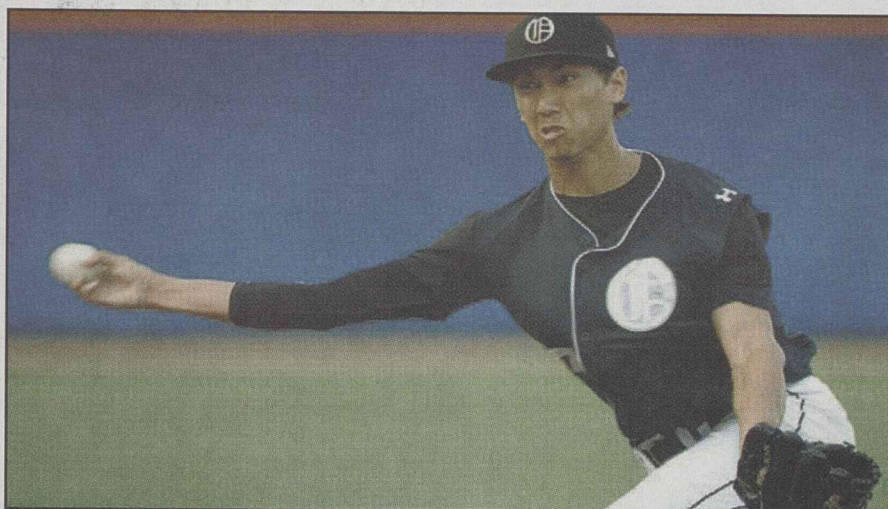
"I really didn't know what to think," he said. "I didn't think that it would ever happen to me and my mind just went in a million different directions."

Hennessey knew he was about to encounter a long road to recovery. After his surgery to remove the cancer, his treatment plan was divided up into three weeks. The first week was the roughest. He spent eight hours a day hooked up to an IV getting drugs pumped into his system, while the second and third week just included light chemo in order to give Hennessey's body a chance to regain some strength.

"It just wipes you out completely," he said. "It makes you feel terrible but that was how it worked. Once the first three week cycle ended, it started all over again."

Three complete cycles later and he was done. The treatment stopped and he went back to the doctor. After being diagnosed with cancer in November 2010, April 2011 came around and his 6 month battle with testicular cancer was over. He was cancer free.

But the fight was nowhere close to being over.



Michael Hennessey looks to make an impact this coming baseball season in his first year with High Point. Photo by: Phenlan M. Ebenhack of AP Photo

After missing over half of his senior year of high school, Hennessey was not able to graduate with his class and didn't play his senior year of baseball. The colleges that were recruiting him stopped due to his illness and he didn't know where to turn.

"It (cancer) kind of took me off the map," he said. "Coaches started talking to me and then I had to completely shut everything down."

That all changed when he was cleared to play baseball again in June of that year. He played with his showcase team in order to get back into playing shape. Then, later that summer, he got the news he had been waiting for.

Hennessey had received permission to repeat his senior year of high school and play baseball once again.

His senior year was one to remember. On the mound, he finished with a 12-0 record (wins-losses), 0.92 ERA, and 68 strikeouts. He even held his ground at the plate and finished with a .367 batting average, some great numbers for a young man who was fighting the biggest battle of his life a year earlier.

College was still something he wanted to do. The scouts that saw him before he got sick were gone but there was still one option left. Lake-Sumter Community College, located in Leesburg, Florida gave Michael a scholarship. That's where he spent the 2013 and 2014 seasons.

Because a junior college only allows you to play two years before moving on to the next stop, he knew that he had to make a decision on where he wanted to finish his college career. That's where High Point University came into picture.

"When I went to see him play, he impressed me with his aggression and focus," said head coach Craig Cozart. "I think his experiences health wise help make him the person that he is today."

From academics to athletics, he knew that HPU was the place to be.

Now as he prepares for his first season at HPU, Hennessey's ready to step into whatever role comes his way. He brings a great approach to pitching and his past experiences help him see the real picture.

"It gives you a better mentality and a better outlook on life," he said. "Sometimes in sports you think something is bad, I can assure you it's not. After going through what I went through, you think nothing is bad anymore. I know if I can get through that, then I can get through anything that's thrown at me."

He has made the comeback that some people couldn't have ever imagined.

His mind forever shaped by the words, "Cancer didn't win, I did."

Stacia Robertson's return, sights set on NCAA berth

By Steven Wetherill
Staff Writer

When the game clock struck 0:00 on March 20, 2014, it was supposed to signify the passing of the torch for the women's basketball team.

Seniors Stacia Robertson and Taylor Tremblay had played their final game. It was time for Big South Freshman of the Year Kaylah Keys and Big South All-Freshman DeAnneisha Jackson to lead the young Panthers team en route to their conference title defense.

In the wake of their departure was Robertson's team leading 250 rebounds, 76 steals and 60 blocks. Despite being sidelined with a knee injury, Tremblay was taking her 13.4 ppg, which was best on the team before her injury.

But for one, the fire never died.

Robertson graduated in May with a degree in exercise science and attended a WNBA scouting camp during the Final Four, which she called an "amazing opportunity." Even though she didn't get the call to play overseas, she would soon realize her perceived misfortune would become a blessing in disguise.

While most would assume that she left school, focusing on the next chapter, Robertson never actually left High Point; her parents live just a few minutes from campus.

So while her former teammates were participating in summer sessions on campus, Robertson would meet up with them on the weekends or play a few pick-up games.

"As the summer progressed, she's staying around the offices a little and I'm seeing her on campus...it just didn't quite add up," said head coach DeUnna Hendrix.

That's when reality delivered its left hook.

"It was really hard thinking I may not be with them again," said Robertson.

Robertson, who only had one more year of eligibility because she didn't agree to any professional contract, saw her desire to play again as another great opportunity.

One day in late July she approached Hendrix and discussed she still had an interest in returning. Robertson went home that night, discussed it with her parents and came back the next day certain she wanted to play one more year.

Luckily for her, Tremblay had declined her last year of eligibility, which left one more scholarship up for grabs.

But for the first time in her career, Robertson wouldn't be handed the scholarship. Hendrix, who had been planning a season without her star forward, asked her players to

decide if they wanted her back on the team.

"My initial response should've been, 'Absolutely, there's no question,' but as we decided to move on without her I really wanted to get the team's response," Hendrix said.

The vote was unanimous.

Paired with the vote came another unfamiliar spot for Robertson; she wasn't guaranteed a starting position.

"We have so much depth this year with post players and guards, so our starting five could be anybody right now," said Robertson.

Hendrix is happy Robertson is bringing back her on-the-court presence, but it is the extra mile during practice and off-the-court demeanor that makes Robertson's return that much sweeter.

"She's an ultimate face of a program, an example leader and she's going to call people out and hold each other accountable," said Hendrix, "it takes a lot of pressure off of the coaches because she's coaching the team for us."

For Robertson, last year's regular-season championship was great, but there's still one more objective to be accomplished.

"We never really got to the goal that we've wanted, to go to the NCAA tournament," said Robertson. "I'm still very hungry for that."



Stacia Robertson's return should spark the Panthers as they try to make the NCAA tournament. Photo by: Cristy Hernandez

HIGH POINT'S UNIVERSITY

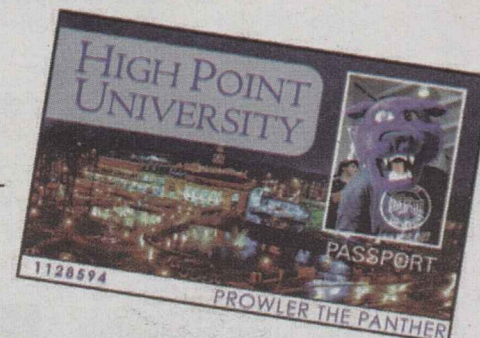


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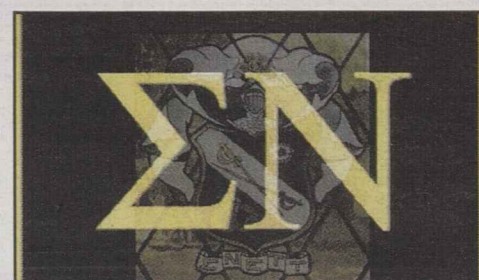
10 Holiday Gift Ideas
that are Wallet-friendly

5

CAMPUS CHRONICLE

HIGH POINT UNIVERSITY

VOLUME 22, ISSUE 6 - WEDNESDAY, DECEMBER 10, 2014 - FOUNDED IN 1924



6

HPU to Welcome Sigma
Nu Fraternity

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HPU continues tradition of holiday decorations

By Meg Thomson
Staff Writer

High Point University is famous across the state for its beautiful holiday decorations. The decorations float into the sky and appear on our buildings the moment the air turns crisp. The decorations become the talk of campus as they light up the buildings and bridges, reflecting the water from fountains. HPU's Campus Enhancement team is kicking it up a notch this year, making campus the place to be once again this holiday season.

All of the decorations from last year have returned to campus this winter. The campus will continue to be filled with large interior Christmas trees, wreaths on various buildings, and nutcrackers lining the Promenade, along with the holiday songs playing throughout the area- making your walk to class gleam with the holiday spirit. The large nutcrackers in the Wanek Center have returned, as well, so don't forget to get your annual photo with them while you can.

Some returning decorations are being altered to make them even better than before; the atrium hanging decorations in the Slane Student Center have been expanded and altered to be larger, filling up the overhanging space.

"We are adding large holiday banners and wreaths to the fronts of Smith Library and Hayworth Fine Arts Center," said Troy Thompson, Director of Campus Enhancement.

A new life-size nativity scene was donated by Mark Phillips, the owner of Phillips Collection in High Point, and is displayed on the corner of Panther Drive and University Avenue, adjacent to Norton Hall. According to HPU president, Dr. Nido Qubein, the nativity scene will be returning in the years to come.

The process for holiday decorations is a large one, requiring a lot of work from a sizable staff.

"It is a collaborative effort," said Thompson. "We take feedback from students, faculty, and staff, and implement what we believe fits our goals of creating a classic, holiday feel on campus."

That effort has been a success over the course of the years. Students continue to post photos all across social media, expressing their love and joy for the holiday spirit.

In addition to the decorations put into place for the students, HPU will continue to host its fourth annual Community Christmas Celebration in which thousands of community members are invited to campus for various activities and viewings of all of the holiday decorations.

"The Community Christmas Celebration is a local tradition that allows the city of High Point and beyond to come and enjoy the holidays on our campus," said Roger Clodfelter, vice president of communications. "We are always excited to welcome our neighbors and other community members to share the warmth of the holidays."

Last year's Community Christmas brought in 10,000 people throughout the two-day event. All of the food and activities are free of charge.

"There are so many activities and sights for children and adults to enjoy. Local school and church choirs perform, Santa takes photos with children and snow falls in front of the Wanek Center," Clodfelter said.

Hot chocolate and coffee are served throughout campus while Santa's elves roam campus and carriage rides stroll through campus. This year's event is being held from 5:30 to 8:30 p.m. on Dec. 18 and 19 here on our campus. For more information, visit highpoint.edu/christmas.

International Student Profile: Tan Cheeranont

By James Ensor
News Editor



Photo by: Cristy Hernandez

Being a student athlete on a college campus is no easy task, however being a student athlete and an international student makes Tan Cheeranont even more unique.

Cheeranont is a junior at High Point University from Bangkok, Thailand. She is majoring in actuarial science and minoring in finance and statistics. Outside of the classroom she is a member of the Women's Golf team.

"I started to think about coming to the United States when I was in high school," Cheeranont said. "I decided to spend my junior year in Indiana to see what it was like."

After completing her junior year of high school in Indiana, Cheeranont returned to Bangkok to finish her senior year.

"My host uncle in Indiana was helping me search for colleges in the south," Cheeranont said. "He found HPU for me."

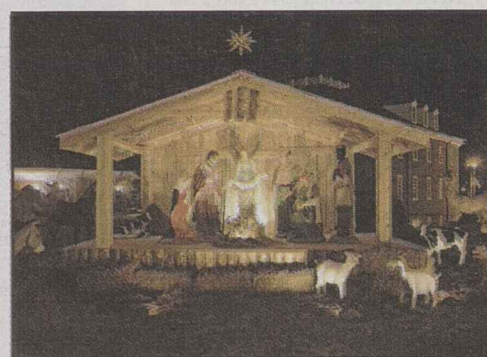
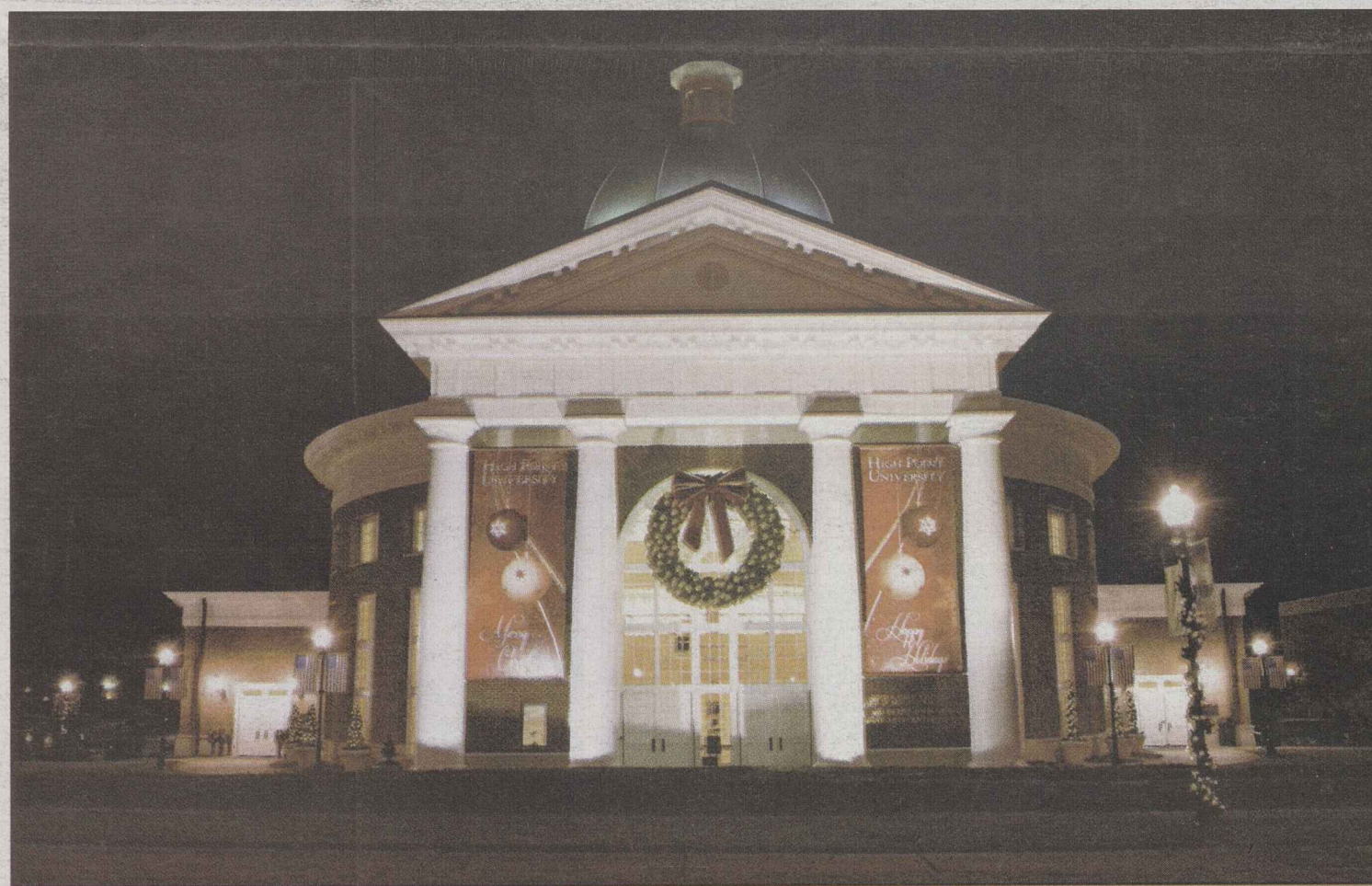
Although she is 24 hours away from home by airplane, Cheeranont has found HPU and the golf team to be her home away from home.

"While transitioning to the United States during high school and college I found that joining the golf team has helped ease the transition," Cheeranont said. "My teammates introduced me to new people and became my best friends."

No matter if she is on or off the course, Cheeranont excels in all that she does. Not only has she made the Dean's List at HPU every semester, she has also made the Big South Presidential Honor Roll and is a Millis Scholar Athlete.

In addition to her academic achievements, Cheeranont has set

See Cheeranont, page 3



Holiday decorations at HPU are one of the many traditions that students look forward to each year. From the life size nutcrackers that line the promenade to a new life-size nativity scene, HPU celebrates the holidays with its students and the surrounding community in many ways. Photos by: Cristy Hernandez



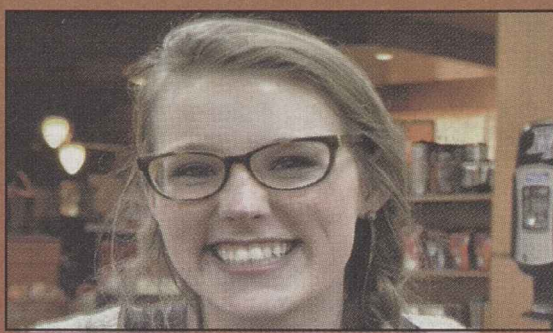
Opinion

What are HPU students doing during their winter break?

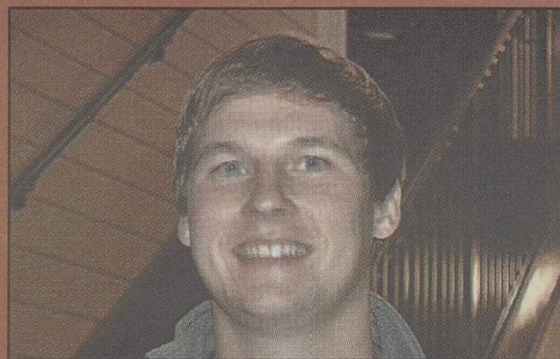
By Melia Sigmon
Photography Editor



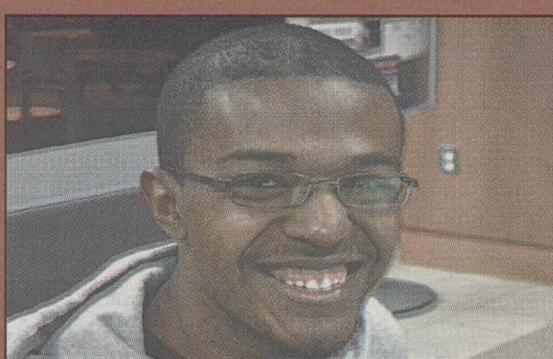
Liz Naylor, Senior
Job interviewing with the Cleveland Indians!



Hannah Tardiff, Junior
Visiting my boyfriend in Kentucky



Tripp Kerr, Sophomore
Going on a ski trip with friends



Isaih Henderson, Sophomore
Celebrating Christmas at my grandparents!



Laura Santiago, Sophomore
Going to Puerto Rico



Brittaney Wellington - Sophomore
Going to Brooklyn to spend time with my family

No solution in sight to student's campus housing woes

By Mayeesa Mitchell
Staff Writer

Belk Hall. Finch Hall. McEwen Hall. Millis Hall. North Hall. North College Court. North College Terrace. Wesley Hall. Yadkin Hall. University Houses.

What do these High Point University residential options have in common?

They are all considered Tier One housing, a term used by the university to categorize housing that requires no additional investment and is included in the comprehensive fee. Unfortunately, only three of the options listed above are available to upperclassmen. If a student is not housed in one of the double rooms in North College Court, North College Terrace or the University Houses, they may be required to pay an additional investment of \$2,725 to \$7,900 per year.

I believe that students should have an on-campus housing option that is available only to upperclassmen and does not require an additional financial investment above the comprehensive fee.

During the Student Government Association Community Affairs Board meeting on Jan. 15, 2014, a survey was taken to gauge student's desire for a new housing option on campus. There were two options available, neither of which included a Tier One housing option for upperclassmen.

This being the case, many of the senators requested that "A Finch-style upperclassman option" be added to the survey. Not surprisingly, that was the option that received 65 percent of the votes, more than that of any other option included in the survey. Despite this fact, the university announced that another Centennial Square is being built on the corner of North Centennial Street and North Avenue, to be completed by fall 2015.

Each townhome in Centennial Square will consist of one double occupancy bedroom on the first floor, four single rooms with semi-private bathrooms on the second floor

and one private bedroom with a private bath on the third floor. The first floor room costs \$3,700 per year, the rooms on the second floor costs \$5,200 per year and the third floor room costs \$7,900 per year. This means the university will receive \$32,400 before taxes on just one townhome.

The amount that HPU will receive from this new housing option seems to be more important than providing students with affordable Tier One housing options.

According to Stephen Potter, senior director of facility and auxiliary operations, that is not the case. During the fall 2014 Community Affairs Board meeting, Potter said that the decision to build Centennial Square 2 was made based on the demand from students for this style of housing and the site they had to build on.

Additionally, Gail Tuttle, vice president of student life, mentioned that Tier One housing options are not in enough demand, based on data taken from the wait lists and the occupancy rate of properties. She went on to say during the Community Affairs Board meeting on Aug. 28 that the few on-campus Tier One upperclassman options, which include eight rooms in Finch Hall and 11 rooms in Yadkin Hall, have not been filled in previous years.

Even if filled, these options, which are located in freshman dorms, only provide housing for 22 upperclassmen females and 16 upperclassmen males — not nearly enough to balance the 2,154 upperclassmen students living in something other than a Tier One option.

Students, I implore you to stop complaining to your friends. Instead, take your friends with you as you express what style of housing you would like to see on campus to the Office of Student Life located on the third floor of Slane Student Center. Better yet, have your friends sign a petition stating that the next housing built on campus should be a Tier One option. When students ban together, the university will listen.

As HPU students, it is your decision. Are you willing to pay the extra money to live in Centennial Square 2 or do you want another Tier One option? Speak up and speak out, and the university might just listen.

HPU's pet (un)friendly campus

By Meg Thomson
Staff Writer

Nothing lights up a room more than the presence of a fluffy, beautiful, friendly animal. High Point University has a fairly strict policy when it comes to pets on campus. This policy prevents students from experiencing the wonders and responsibilities that come with having a pet. While allergies are to be considered, this concern should be outweighed by all of the benefits. Other options and possibilities come into play that would allow students to have pets without affecting people with allergies.

Animals function as an extremely successful stress reliever. Students at HPU, and any other educational institution, are under a great deal of stress throughout the academic year and could greatly benefit from them. Animals, and specifically pets, serve well as stress relievers, allowing students to maintain a happier, more fulfilled college experience and benefiting from them overall.

College is considered a student's home-away-from-home. However, sometimes it can feel like just that: away from home. A pet is part of your family from the moment you first meet them. By having a pet at school, it allows students to feel like they have family with them at all times and like they are more at home with their life and settled, making it easier for them to stay focused. A pet gives a sense of comfort and safety within one's life.

Animals are high maintenance but at the same time they create a sense of responsibility that puts students in a position to learn necessary skills for their future. As we mature, we will be taking on more and more responsibilities, which we will need to learn how to handle. Pets give us that opportunity without completely overwhelming us.

HPU's policies at this time restrict pets to North College Townhomes. This forces those who want pets to live off campus and be far removed. Students should be able to have pets in multiple housing options. Pets could be limited to specific rooms within a building, as well. This would allow students that did not want pets in their rooms, or those allergic to pets, to be able to choose non-animal-friendly housing options, similar to the way that hotels rent out smoking and non-smoking rooms.

Pets are a great advantage to students that should not be limited. While not all students want pets, those that do should not be restricted from taking on a responsibility that they feel they are ready for. Pets create long-lasting relationships with their owners, giving students an irreplaceable experience of responsibility and care that should be more freely accessible here at the university.

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News

Internship Spotlight: Late Show with David Letterman

By Whitney Yount
Organizations Editor

This fall, senior Britton Nagy dedicated the semester to chase an extraordinary opportunity: she's a human-interest intern for the "Late Show with David Letterman" in New York City.

Nagy's day-to-day responsibilities include a variety of typical Production Assistant responsibilities. She sets up the celebrity dressing rooms, helps out where she's needed back stage and answers the talent phones, among other things.

Her other primary responsibilities are assisting with research and production for the Stupid Pet Tricks and Stupid Human Tricks segments of the show. Every day, Nagy turns in two reports to her producer. While researching her morning report, she looks for general human-interest stories that could be featured on the show, and in the afternoon she researches for the Human and Pet Tricks segments.

Although it's somewhat rare for an intern's finds to actually be shown on air, two of Nagy's Stupid Pet Tricks ideas were approved by the Executive Producers and brought into the show last month.

This isn't Nagy's first big opportunity; she's worked for American Idol, researched and reported on prisons in Norway as a 2014 Pulitzer Fellowship recipient and interned at NBC News. But despite all of her experience, the hiring process for her current internship was a little bit different than usual.

In order to become an intern at the Late Show, Nagy went through a three-hour interview process.

"It was pretty intimidating to think about," Nagy said. "But it was a really great experience."

During the interview, she was given the opportunity to meet with people from each of the show's departments in order to figure out where she would be the best fit.

"It was surprisingly informational, and a good learning experience," Nagy said. "But I was definitely drained afterwards."

Nagy is a North Carolina native, originally from the Charlotte area, so living in New York City has been a big change, but she said it's been a great experience so far.

"I live a couple of blocks away from Times Square," Nagy said. "Although it's insanely crowded, it's pretty cool to be right in the middle of all the action."

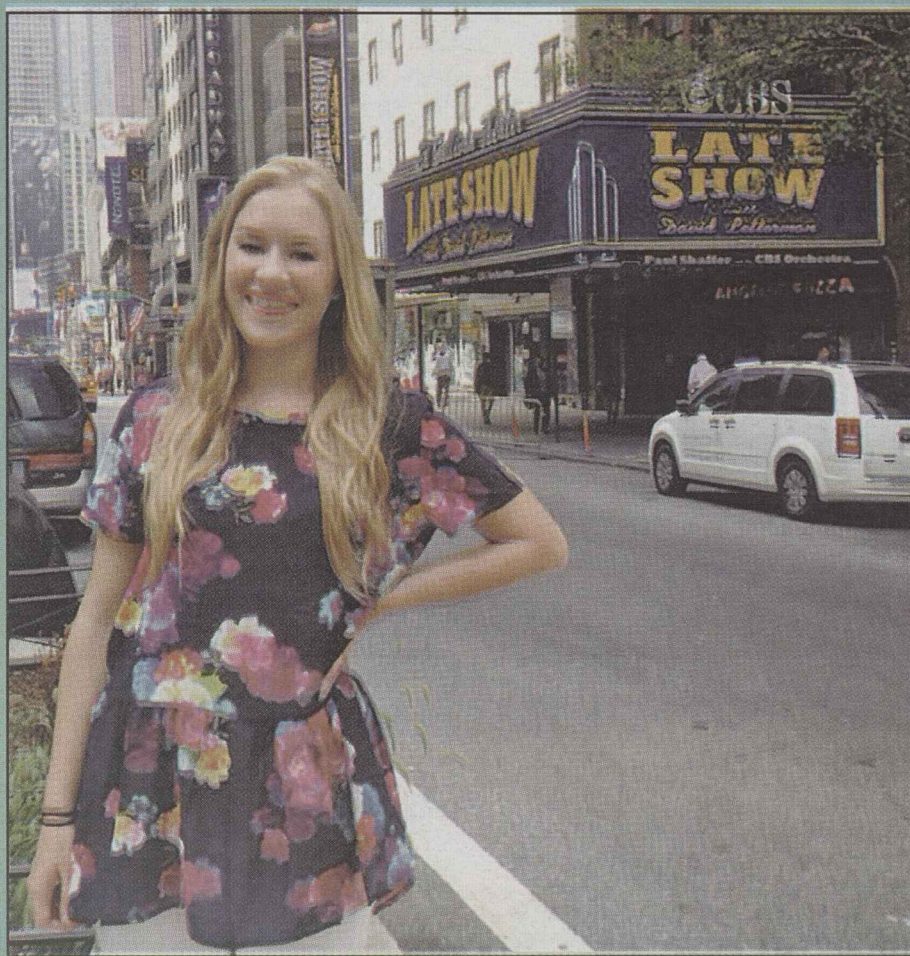
While she has loved her big city experience, Nagy has noticed a few things that are less convenient, most importantly how expensive everything is.

"It's a crazy difference to good ole' North Carolina prices, where I can feed my whole family for like \$15 at Cookout," Nagy said.

Overall, Nagy's favorite things about the internship are all of the connections she's made. Just last week, she got an email from someone at "The Ellen Show" about an interview.

"That's been my life-long dream and to see it become even a possibility of a reality is really just blowing my mind," Nagy said. "These goals and ambitions seem so far-fetched

and unattainable sometimes, but time and time again, I'm shown that nothing is impossible. I feel extremely blessed for those small reminders that I can actually do what I have set out to do."



Britton Nagy has been able to expand her connections and create a strong network for her future after HPU through her internship with the Late Show with David Letterman. Photo submitted.

HPU students contribute to Her Campus website

By Carly Delengowski
Staff Writer

On Oct. 28, the Her Campus' High Point University page re-launched with a team of strong college women behind it.

Her Campus is an online magazine that college women can contribute their articles for other students to read and respond to. Each week, the school's page updates their six sections, which are labeled as feature, blog, campus cutie, campus celebrity, snapshot and events.

The articles range from silly, light-hearted posts filled with gifs and YouTube videos to serious and intriguing topics.

Some of the most popular articles from the October launch were "5 Tips for Organization" by Meg Thomson, "Listen Up Boys!" by Rachael Redmond and "Autumn Fashion Trends" by Mollie McKinley.

High Point's page received 4,000 views within the first day. Cofounder Grace Beal and is looking forward to a great year ahead of them.

"We cannot wait to see what the future has in store for Her Campus," said Beal.

In the past, the High Point University page was run by now-alumni Christina Buttafuoco, but has been inactive since 2012.

Members of the current team have worked for Her Campus' High Point University page before the page went inactive and hoped to re-launch the site someday.

Today, Her Campus is uploading multiple stories per day and countless other schools are starting their own chapters too.

The founders are looking forward to starting Her Campus High Point University as more than just an online magazine, but as a club here on campus to empower young collegiettes. They are currently building up daily content and making efforts to gain a larger audience.

If you want to get involved or have an idea for Her Campus' High Point University page, email Grace Beal at bealg10@highpoint.edu.

The screenshot shows the Her Campus High Point University website. At the top is a navigation bar with links: HOME, MY CAMPUS, STYLE, BEAUTY, HEALTH, LOVE, LIFE, CAREER, LGBTQ+, REAL WORLD, HIGH SCHOOL. Below this is a secondary navigation bar with links: HC HIGH POINT HOME, FEATURES, CELEBRITIES, CUTIES, BLOG, SNAPSHOT, EVENTS, ARCHIVES. The main content area is titled "HER CAMPUS HIGH POINT UNIVERSITY" and features several article teasers: "10 Tips on Waking Up Early" (published 5 days 2 hours ago in a feature), "Mockingjay Review" (about Suzanne Collins' trilogy), "Holiday Shopping on a Budget" (Thanksgiving has come and gone), "Campus Cutie: Dillon O'Gorman" (This Campus Cutie has been swooped up by Alex Azzolini), and "Hooping" (Almost every person I've ever hooped in front of says, 'I can't even keep a hula hoop going around my waist' and 'I always respond, 'Trust me...'). On the right side, there is a sidebar titled "HC HIGH POINT" with a call to action: "Want to get involved, or have a story idea we should write about? Email us! Carly Delengowski, Grace Beal, Campus Correspondents, highpoint@hercampus.com. Follow us on: Facebook, Twitter. Proud to be a new Her Campus chapter."

The Her Campus website features stories written by HPU students. The articles include campus celebrities, events and a blog. Check it out at hercampus.com/school/high-point.

From Cheeranont page 1

the all time single-season stoke record in women's golf at HPU and was named the Most Valuable Player her freshman year.

"I got interested in golf through my grandfather," Cheeranont said. "I grew up next door to him so we spent a lot of time together."

"One day I followed him to the golf course and decided to try it out," Cheeranont said. "I went back home and asked my parents if I could take lessons."

Both of her parents live in Thailand, however her older sister lives in Chapel Hill.

"We are really close as a family," Cheeranont said, despite physical distance.

After graduation Cheeranont plans to either find a job in the U.S. or go to grad school.

"I love the environment at HPU," Cheeranont said. "It's like a family and you're welcome no matter what background you have."

"Our family Serving Your family and the Lord Jesus Christ!"

The advertisement for Carter Brothers BBQ & Chicken & Ribs features a logo with the text "CARTER BROTHERS BBQ • CHICKEN • RIBS" and a photo of a white pickup truck with the company name on the side. Below the logo, it says "Voted Best BBQ & Caterer for 10 Years!". The ad lists services: "DRIVE-THRU • DINE IN, TAKE OUT • DROP OFFS & FULL-SERVICE CATERING". It provides two addresses: "2305 North Main St. * High Point, NC 27262 * 336-869-9948 ph" and "3802 Samet Dr. * High Point, NC 27265 * 336-841-2241 ph". The email address is "E-mail: caroline@carterbrothersbbq.com" and the website is "www.carterbrothersbbq.com".

A&E

Unsung heroes of the theater save the show

By Liz Reichart
A&E Editor

When the lights turn on and the curtains go up, it's the singers and actors, the masters of their crafts, which often leave the audience in awe. However there is scarce appreciation for those who will not be seen for the entirety of the production, yet remain some of the most important players in HPU theatre productions. Those who I refer to are so integral to a single performance that the actors would have nowhere to sing or tap dance or sob hysterically without their skills. These unsung heroes of the theater department light the stage, build the set, design and sew the costumes, and work so that others may tell a story to an audience.

Meet Rachel Garrett, a collaborative theatre major who served as the assistant production manager for HPU's production of "On the Verge" and stage manager for "The Drowsy Chaperone." She held a role that is integral to the production of the musical this past fall. "The stage manager, in the simplest sense, helps the production run smoothly from start to finish and helps maintain the integrity of the script. They type reports, send out emails with information and schedules every day, monitor break time during rehearsals, and eventually oversee the technical process before the show opens."

"The stage manager is so much more than the one who facilitates the logistical things for a production. It has to be so much more than that in order to be successful. It's certainly important to have the one go-to person who can find the answers for everyone and communicate everything, but I think the stage manager has to have a deeper love and care for the people involved than anything else," says Garrett of her position.

It's Rachel's goal to make the experience run as smoothly as possible for all involved. "I value professionalism in everything I do, so it's very important to me to promote not only a fun environment to work in, but also a hard-working one. This means making sure every line an actor says is word specific and that every set change is done fluidly and safely. The last step for a stage manager is calling the show, which is personally one of my favorite parts. It's the time when you get to be really creative yourself and call light and sound cues as well as scene shifts."

With so much responsibility, Rachel doesn't let any details slip through the cracks. "Being the one 'driving the show' is incredibly nerve wracking the first time, but the moment you learn the sequences, you can't help but smile as those cues come up perfectly on time, or you see an actor step into the light at just the right moment. It's such fun!"

Faculty member Gay Hensley has worked as the costume designer for HPU's theatrical productions this past semester, holding an MFA in Design and Technical Theatre Production from The University of North Carolina at Greensboro. "Designing the costumes for a production involves making decisions about which garments to make, what can be pulled from storage, what will need to be borrowed, rented or bought in order to bring it all to fruition."

"The Drowsy Chaperone is a huge

production with 75 costumes and many changes for the actors, therefore, I made the decision to rent the costumes for this production. I will still be making decisions about wigs, shoes, jewelry and other accessories to complete the look for each actor. It is exciting to wait and see what the final outcome will be!"

Gay realizes as a costume designer, the costume is a way to say something about the character being portrayed. "I think the most important thing a costume designer brings to the production is the personal element for the actor. While set and lighting design encompasses the bigger picture, the costumes reflect the personal relationships and nuances of each character. Each costume should reflect the nature of the character that is wearing that particular costume."

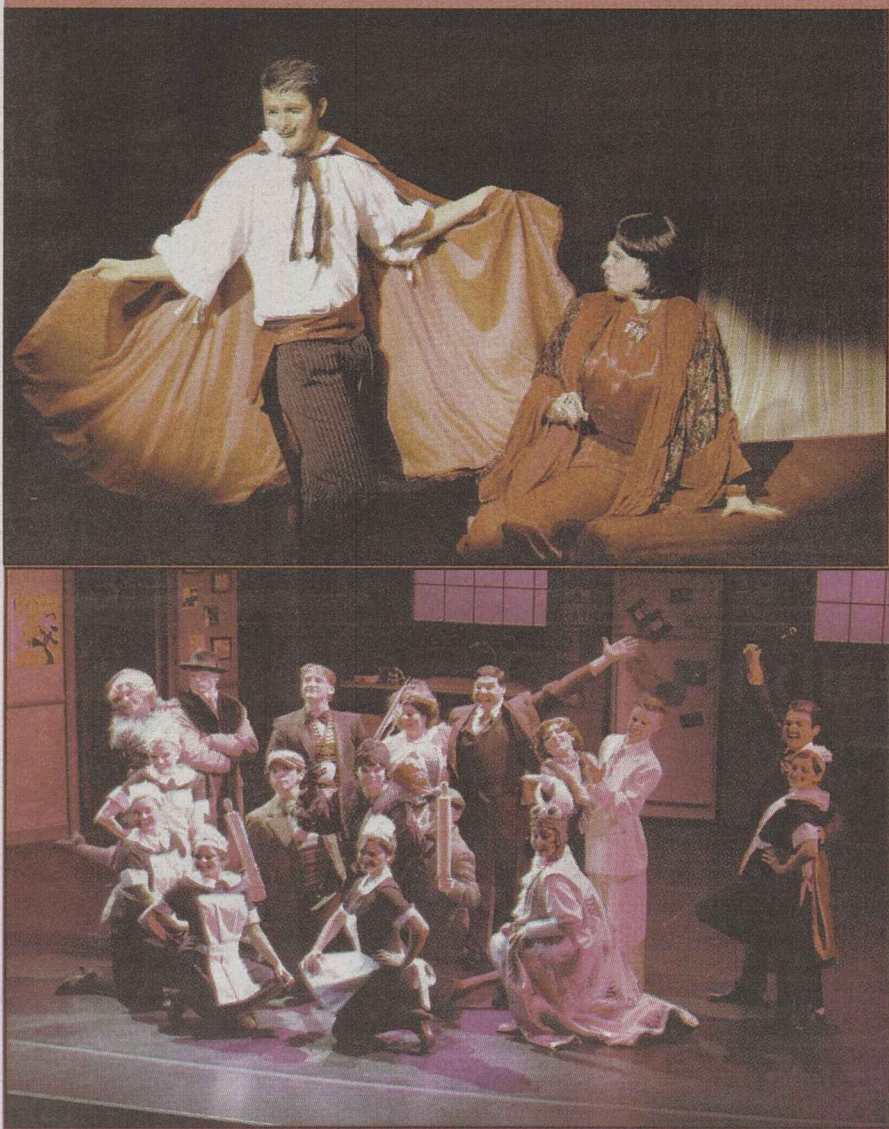
Technical theater major Robert Kratz served as assistant master electrician for "On the Verge." "Both the assistant master electrician and the master electrician are responsible for the accurate and safe hanging of lights for the show according to the show's light plot made by the lighting designer. They also manage any and all maintenance required to be done on any lights during the show as well as direct and lead the rest of the electric crew during work calls."

"As an assistant master electrician, you have to receive commands from the master electrician, as well as give commands to the rest of the electric crew," said Kratz. "You also have to pay attention to what you are doing. Because you are in charge of implementing the light plot, you have to have an attention to detail. If one of your electric crew makes a mistake, you need to be paying close enough attention to realize it and help to correct it. It's a fun job but can be challenging."

Kratz served as fly captain "The Drowsy Chaperone." "The role of the fly captain is the person in charge of the fly crew for a production. They are in charge of coordinating fly cues during the show and ensuring that they are executed properly and safely. They are also in charge of ensuring that scenery gets installed in the fly loft safely and usually oversee the loading of counterweights."

"I think every position is important in theater," says Garrett. "I have to have absolute faith in my light and sound board operators. I have to trust that my assistant stage managers have everything under control backstage and that my crew will be in position at exactly the right moment. If one position is slacking or missing, the whole production is at risk, and I have been so lucky to work with and train alongside people who deeply care about the work we do."

By contributing the set up to a performance piece, these unsung heroes in turn have a hand in telling the story. They may never have the spotlight themselves, but their hard work will always be integral to the show going on.



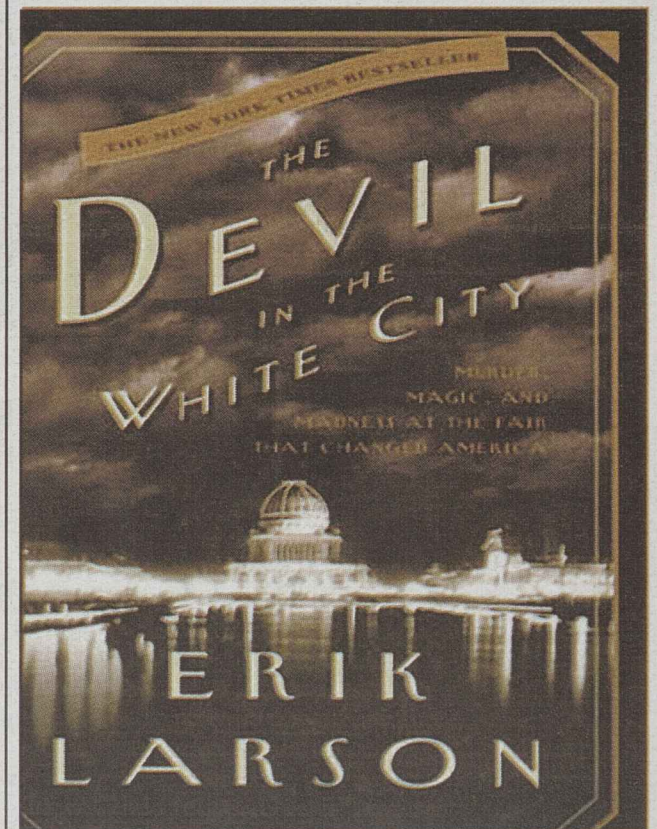
Students perform in "The Drowsy Chaperone" in November. Photos by: Kelly Schwab

'The Devil In The White City' combines classic horror with a historical twist

By Deanna Smith
Staff Writer

I have never really been much for reading stories that have anything to do with murder, but the second I picked up "A Devil In The White City: Murder, Magic, and Madness at the Fair That Changed America," I was soon convinced that it could be the best book I have ever read. The plot is simple, but complex all the same. It constantly switches between the perspectives of several characters that all play a key role in the creation of the fair in Chicago in the 1890s. While the fair is being built to surpass France's fair and their Eiffel Tower, a man by the name of H. H. Holmes was living out an existence of what could be called pure evil. The story is really about this man, a man that is nowadays labeled as America's first serial killer. Author Erik Larson does an excellent job of taking what is known about Holmes and carefully intertwining it into the workings of the fair and history itself.

Larson writes about actual historic events, but he does so in the style of a novel. He is famous for writing stories that thrill his readers and, through his years of writing,



"The Devil in the White City" is based on the true story of serial killer H.H. Holmes. Photo by amazon.com

he has won several "Times" bestseller awards that laud him for his fantastic work. Since his first novel "Isaac's Storm" in 1999, Larson has undoubtedly stamped his name among many great authors of this century.

Since Larson adds so much detail and information to each sentence, it makes it a rather difficult story to keep up with, especially if you dread long books. If you can work your way up into understanding his specific writing style, the read becomes very easy.

Not many people enjoy reading books that heavily include history (and I am one of those people), but this specific story brings a much more readable, enjoyable aspect to the subject.

The most intriguing part of the entire story is the irony that is so well planted into each paragraph and that moment you realize how quickly you became so interested in the characters. A connection between you and each of the characters, regardless of your standpoint on them, becomes extremely attached without you realizing it. I could not put this book down even though I have read it over twenty times because it is that good. At first, it is a little confusing, especially if you are just skimming the pages for it to get to the more interesting parts, but each word builds up to a climax that only increases as time goes on.

A&E

Crafty homemade holiday gifts that won't break the bank

By Alexis Ancel
Staff Writer

The holiday season can be stressful for anyone, but especially for those trying to make ends meet or who don't have the extra cash to spend on expensive gifts for their loved ones. Here are some cost effective gift ideas that are thoughtful without the huge price tag.

1) Homemade Holiday Baked Goods - Holiday baked goods are always a good go-to, especially last minute. Find recipes for chocolate chip cookies, peppermint bark or chocolate dipped pretzels and fill up individual gift bags or small holidays tins (found at stores like Walmart or Michaels). This is an easy gift to give in bulk, so if you're looking for something to distribute to a large group of friends and family, holiday treats are always a good way to go.

2) Pre-measured Recipes - Don't have time to do the baking yourself? Have them do it! Buy mason jars at stores like Michaels for \$1 and fill with pre measured dry ingredients of your favorite recipes like pancakes, hot chocolate and holiday cookies. Tie a festive ribbon around the top and attach instructions for the rest of the recipe for a gift that's creative, easy to put together and takes a lot of strain off of your wallet.

3) No-Sew Blanket or Pillow - Go to a craft store like Jo Ann Fabric and buy your desired amount of fleece (varies depending on size of blanket) in any color or holiday design (Note: buy twice the amount of fleece as the actual size of the blanket as you will be layering). Cut fringe (about an inch wide and up to six inches long) along all four sides of each piece, then tie fringe together to make a blanket. More in-depth instructions can be found for free online, so avoid no-sew blanket kits that rack up the price unnecessarily.

4) Personalized Calendar - If you're crafty and have the time, a homemade calendar can be a very thoughtful and cost effective gift. Find a blank calendar online and print out the months of the year. Fill another 12 sheets of paper with pictures, quotes and any other decorations you can think of. Glue the corresponding blank sides of the pages together and allow room to punch holes at the bottom to tie the pages together and a hole at the top for hanging. This takes a bit longer, so allow plenty of time to make it and for the glue and decorations to dry.

5) Homemade Ornaments - Homemade ornaments are much easier and cheaper to make than you might think. Just go to any craft store like Michaels and buy clear glass bulb ornaments for \$1 each and fill with anything: glitter, confetti, and whatever else will fit inside. You can also paint or decorate the outside of the bulb with simple holidays designs or personalized messages. Paper snowflakes also make great ornaments, do this by simply cutting out different patterns of snowflakes in white paper and tying together with string. Make these personal by writing messages or quotes on each snowflake or decorating with paint, stickers or glitter.

6) Themed Gift Baskets - You don't need one specific item to make a good gift for someone - go to a store like Walmart or Target and put together a themed basket full of

things they'll love. Make it a spa theme and include lotions, bottles of nail polish, hair products and foot scrubs, or put together a collection of "rainy day" items such as candles, herbal tea, a cozy blanket and a movie (dig through the \$5 movie bin at Walmart). Even just a small, random collection of their favorite things can make for a thoughtful and budget friendly gift.

7) Photo Gifts - Take a lot of pictures? Put them to better use than just posting them to Instagram. Upload your favorite photos of yourself and the gift receiver to websites like Snapfish and Shutterfly and create all kinds of personalized gifts like mugs, mouse pads and playing cards. Allow plenty of time for shipping.

8) Personalized Picture Frames - Find a white picture frame with a wide boarder and use colored sharpies, paint or stickers to personalize. Include a photo of yourself and the gift receiver (or any photo you like). Though great for anyone, this gift is perfect in particular for grandparents and older relatives who still love receiving the hand crafted gifts that you grew out of.

9) Tech Friendly Gloves - Perfect for that one friend who can't bear to part with their phone, even in the coldest temperatures. These gloves are inexpensive and can be found at any Target for under \$10. There are also thicker, heavier duty versions made by different companies that can be found on Amazon.com and are great for skiing, snowboarding and other outdoor winter sports.

10) Personalized Coupon Book - Give the most personal gift of all: the gift of you. Offer your services to your loved ones by making coupons of all the things you're best at like cooking a meal of their choosing or taking family portraits free of charge, or offer to do all the chores they won't want to do such as doing the dishes or walking the dog. You can even do IOU's promising shopping sprees, movie nights and crafting days. The possibilities are endless, and the best part is it won't cost you a thing.



Peppermint Bark Hot Cocoa in a jar is a fun gift idea this holiday season. Photo by indulgy.com

Get bundled up with a good book: best reads for winter

By Deanna Smith
Staff Writer

Winter is a time to spread holiday cheer, sing a few carols, give gifts to the less fortunate, and celebrate the new year as the previous trots on by. The best part about winter is snuggling up with a good book and losing yourself in an author's world. Since I love reading as much as any book lover, I chose a few books that no matter how many winters go by, I just love reading over and over again.

"Sundays at Tiffany's" by James Patterson is the ideal romance drama to read during the winter simply because the story line is so fairy tale. This story is about a woman named Jane Margaux who created an imaginary friend named Michael when she was younger and life wasn't the most pleasant of situations. Time goes by and Jane grows up with a better present than her past. But when things get bad again, a handsome, funny, kind man comes into her life and sweeps her off of her feet. The twist is that the man is intriguingly similar to her childhood imaginary friend. It is a fairly easy read that satisfies the craving for a good, love-y read if that is the kind of story that you enjoy reading.

For those readers who enjoy a more compacted drama, **"Atonement" by Ian McEwan** gives more than you could ask for. This story starts in the summer of 1934 and it is told over a span of many years through the perspective of Briony Tallis. It starts off simple and innocent until the young girl witnesses her older sister Cecilia flirting with Robbie; the son of a servant. Not being able to fully understand adult motives just yet, Briony's innocence and confusion cause her to make one mistake that sets off a ripple of effects that spans farther than her reach. The story does a fantastic job of weaving the life of Tallis through events such as World War II and the turning of the twentieth century. Though a relatively short read, this book has a lot of complex sentences that sometimes makes it tough to read, but it is worth it, just for the sake of a very good book.

Everyone loves a good book series, and I am no different. My favorite to date would have to be the **"Divergent" series by Veronica Roth**. I adore any type of futuristic story that depicts what the world could possibly be like, and this series delivers such a thrilling adventure. The series begins with "Divergent," the story that introduces you to our main character, Beatrice Prior. The underlying plot for the series revolves around Beatrice, who changes

her name to Tris, discovering that she is a powerful person within the few fractions that the new society has built. This makes her an automatic target for those who demand a specific order in the world and she will stop at nothing to find out why. From page one of "Divergent" to the last page of "Allegiant," you become wrapped up in that world, the crazy adventure, the well-worded action, the budding romances, and even the straight chaos. The series has three books: "Divergent," "Insurgent," and "Allegiant." It is such a great series that you forget that you are even reading, which makes it such an easy read. If you are looking for a simple, yet intriguing book to snuggle up with on those cold winter nights, these three books should be at the top of your list.

Last but not least is **"The Hunger Games" series by Suzanne Collins**. I didn't want to give into the bandwagon

of reading these books, but once I started with "The Hunger Games," I had to keep reading. This series consists of three novels: "The Hunger Games," "Catching Fire," and "Mockingjay"; all of which are just as exciting as the last. Granted, "Catching Fire" is a little on the boring side, but it still adds a unique texture to the series. For those who do not know, "The Hunger Games" revolves around Katniss Everdeen, a young woman who chose to take her younger sister's place in an annual game in which two representatives from each of the twelve existing districts fight to the death in an arena until only one is remaining. With a plot like that, drama, action, adventure and even romance has to be expected to the highest degree. I love finishing off my winter reading with this series specifically because through all the chaos that takes place, it has a beautiful ending that is very rare in any book.

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Organizations

Japanese Animation Club prepares for Triad Anime Convention

By Madeline Travell
Staff Writer

High Point University's Japanese Animation Club holds meetings where the members come together to watch and discuss the various genres of anime. According to the Merriam-Webster Dictionary, anime is "a style of Japanese film and television animation, typically aimed at adults as well as children."

Most of the club's meetings are comprised of watching an anime movie or having a conversation about a popular topic in anime. Anime motivations range from being simply created for the enjoyment of the audience, to having a more meaningful, social or artistic significance. The target audience for anime programs can range from children, with a storyline that is simply directing a life moral, to more fully-developed plots for adults.

The Japanese Animation Club held their annual bake sale on Nov. 11-12 at the Wane Center Philanthropy tables to help support the club's activities. Because the Japanese Animation club does not receive money from the Student Government Association, their funding is supported solely through fundraising events. The club is planning on using their funds to allow all of its members the opportunity to attend the Triad Anime Convention in Winston-Salem.

The convention will be held March 13-15. Club members will be able to attend events, guest panels, and gaming. There is also an all-convention event called "Cosplay" which is a competition judged on costumes and a skit performed by each contestant.

The panels are a chance for club members to listen to guest speakers including actors, producers, directors and animation staff of many of the popular shows and movies. This

convention is a great chance for members to learn from the professionals of the industry and to converse with other convention attendees about their passion for anime.

The club's objective is to be a safe environment where people with a common interest in anime can meet. "I think my favorite part of the club is being able to have conversations with people about what they like to watch and then seeing their entire face light up as they explain what it is they love about the show," said vice president of the club, Lilyana Diaz.

The club is a place where members can explore their love for the art of anime, whether it is the characters from the shows or movies, the style or genre, the artwork, or the storyline. The Japanese Animation Club is a place where anime enthusiasts form a common bond and enjoy the culture surrounding anime.

Anime is prevalent within our culture even though many times we do not realize it. For example, many of the popular television shows we watched growing up were a form of anime.

"We try to remove the stigmas surrounding anime by exploring all different genres of anime and the culture that created it. We strive to create a fun and safe environment for our members to not only share the genres and shows that they love, but also to learn about shows and genres that they may never have thought that they'd be interested in before," explained the President of Japanese Anime Club, Danielle Prince.

For more information, contact Prince at prncd10@highpoint.edu or Lilyana Diaz at diazl12@highpoint.edu.



Members of HPU's Japanese Animation Club will be attending the Triad Anime Convention in Winston-Salem this spring in March. Photo by: Triad Anime Convention

'Nu' fraternity welcomed to Greek community

By Whitney Yount
Organizations Editor

As High Point University continues to expand in population, the number of social and academic clubs and organizations on campus expands as well. In an upcoming semester, HPU will be welcoming a new fraternity, Sigma Nu.

Last semester, the Interfraternity Council voted to open for expansion. Shortly thereafter, the Office of Greek Life relayed this decision to the North American Interfraternity Conference, the trade association for men's social fraternities.

According to Taylor Symons, the assistant director of Greek life for HPU, the NIC then notified various fraternity headquarters that HPU was open for expansion, and the fraternities that were interested in having a chapter at HPU sent applications with details about their organization.

From the applications that were received, the Greek Life staff chose six finalists to present to the IFC Expansion Committee.

The committee, which was chaired by the IFC president and contained a member from each fraternity represented on the HPU campus, reviewed the application materials from each of the six finalist fraternities, and narrowed the options down to three.

Each of the remaining three fraternities – Phi Gamma Delta (Fiji), Sigma Nu, and Sigma Pi – were offered on-campus presentation days, where representatives were given the opportunity to meet Student Life staff members and student leaders and receive a tour of campus.

Each of the fraternities also gave a presentation about their organization, which was open to the entire HPU community. After all three of the finalists had their presentation day, the IFC Expansion Committee met once again to decide which organization would be the best addition to HPU.

"The committee decided on Sigma Nu due to their strong alumni presence in the Piedmont Triad, their depth and breadth of leadership and educational programming available to members, the organization's stance against hazing and commitment to the host institution should anything ever occur, and finally, an impressive track record of colonizing successfully at institutions similar to HPU," Symons said. "We're excited to welcome Sigma Nu to HPU and think they'll be a wonderful addition to our Greek life community."

Sigma Nu joins the likes of Kappa Alpha and Beta Theta Pi, who also joined HPU Greek Life within the last two years. Alpha Chi Omega was the last sorority to join campus in 2011.

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Sports

Local man takes an unconventional walk down victory lane

By Zack Astran
Sports Editor

Randy Rogers bows his head toward the uneven pavement, looking up every once in a while with a smile on his clean, yet unshaven face. He waits patiently as the public address announcer reads off a couple of small white pieces of paper that blow out of control in the wind.

As Randy steps forward with the freshly lit flame that whips back and forth in the wind, he waves his hands in gratitude as fans applaud him.

His walk is slow, but methodical. Confident in every stride.

He waves left. Right. Then left again. He stops walking just before the American flag that whips around in the stiff November wind.

Sandra Rogers, Randy's mother, stands nearby with a smile on her face as her son walks by in front of her.

"It's one of the biggest honors an athlete can have," she says.

Randy received the honor of carrying the Olympic torch to open the weekend's golf Olympic games.

But, this is no ordinary Olympic torch.

And, this is no ordinary Olympic games either.

This is the North Carolina Special Olympics.

Forty-two-year-old Randy Rogers, according to his doctors, can only see buildings and elephants, as he is legally blind in his right eye.

But, this isn't the only obstacle that Randy has to overcome.

His brown eyes twinkle through his thick glasses that sit slightly crooked on his face as the announcer informs the crowd that Randy will be representing the United States in the 2015 Special Olympics World Games this coming summer in Los Angeles - a long way from his home in Colfax, North Carolina.

It's a major recognition for Randy, but his parents believe the real miracle is that Randy is even breathing today.

Forty-two years ago Randy was born on the Ft. Leonard Wood Army base in Missouri while his father, Roy Rogers, served in the Army. After being taken home despite three days of throwing up in the hospital, Randy laid in his crib across the room from where Roy and Sandra slept.

As Sandra got up to check on Randy who was coughing out of control, she noticed something in his crib.

Bright red blood.

The Rogers quickly rushed Randy back to the hospital and after hours of x-rays, the hospital revealed that Randy had a complete blockage in his digestive track just below his stomach. A med-evac helicopter was set to fly Randy and only one parent to an emergency surgery that was scheduled at Fitz Simmons Hospital in Colorado.

But, before Randy even boarded the chopper, his condition took a turn for the worse. He hadn't had any nourishment since the day he was born.

"He was getting worse with every passing hour," said Sandra.

Forty-two years ago, a surgery of this magnitude was considered incredibly risky, especially on a newborn. The Rogers family received the news that every parent dreads when put in this situation.

"The doctor was very candid with us. He said he really didn't think Randy would survive the surgery but that he would give it his best," she said.

After a surgery that lasted eight and a half hours, four more hours than expected, Randy pulled through and was admitted into the Intensive Care Unit as he attempted to begin the long road to recovery.

Two days after the surgery as Sandra and Roy stared through the glass of the ICU looking at their son, who was hooked up to all kinds of wires and monitors, an unexpected silence rocked their world once more.

"You never know what you have until you almost lose it," Roy said over tears that slowly started to drip down his bewildered face.

The EKG machine that beeped to the rhythm of Ran-

dy's heart, just suddenly stopped beeping.

"The doctor walked out of the door and Roy just sagged against the door and turned grayish looking," Sandra said. "Roy was sure that Randy had just died."

The doctor as it turns out did not come out to tell the Rogers that their son had passed away. Rather, he came to explain that the reason the EKG machine went off was because Randy was the only patient in the ICU at the time and the nurses didn't want to listen to the beeping noise that echoed through the thin glass doors and down the hallway.

"After thinking that you had just lost your son, and then finding out all was well, everything else pretty much seemed trivial from there," Roy said while clearing his



Randy Rogers, of nearby Colfax, shows off one of his winning trophies. Photo by: Zack Astran

throat.

After spending 27 days in the hospital post surgery, Sandra and Roy finally got the pleasure of taking Randy home for good.

But, as soon as they thought their life would go back to normal, life turned their world upside-down yet again. This time for good.

"After all Randy had been through, I just didn't want to believe it," explained Sandra.

Three months after Randy was released from the hospital, Randy was diagnosed with Down syndrome, a disorder that presents physical and mental challenges.

After extensive testing by doctors, Sandra and Roy were told that Randy would not be able to walk or talk until he was five, he wouldn't be potty trained until he was somewhere around the age of 12, and would never be able to read a book or ride a bicycle.

"It made me grow up real quick," Roy said while swinging in his rocking chair under the sun-drenched skylight. "I was only 25-years-old at the time."

In the car on the way home from the doctors appointment that revealed Randy's disability, Roy said the single best thing that he has ever told his wife.

"Honey, he is still our son, no matter what he can or can't do," Roy told her in the car ride home. "It's no longer about us, it's about how we can make the best life for our son."

This philosophy led Randy today to redefine the limitations of Down syndrome and prove the doctors entirely wrong.

"I loved my son unconditionally," Sandra said. "But let me tell you, that's when the light bulb went off over my head. I realized I was mourning over something that hadn't even come to pass, and furthermore, might not ever."

Randy sits on the medal-back chair underneath an umbrella that's twice the size of the outdoor patio table.

The unexpected warmth of the early November sun beats down on Randy.

"I love to read books," Randy says as he lays both of his hands on his two Hardy Boy's books that sit in front of him on the table. "I've read up to number 51 in the series."

His parents always believed in him. It was just a matter of everyone else thinking the same thing.

For a man that was told that he would never be able to read a book or ride a bicycle, Randy has redefined the limitations of Down syndrome.

Along the way, Sandra and Roy introduced Randy to something that could have challenged his physical limitations a little too much.

The world of sport and the Special Olympics.

"Yes, we were a little concerned," Sandra explained. "But I always believed he could do something until he proved that he couldn't."

At the age of eight, Randy took part in the track and field until the age of 12 when the family moved to their home today in North Carolina. From there, Randy took part in track and field, equestrian, swimming, and gymnastics.

Then in 1991, Randy was asked to represent the United States in the Special Olympic World Games in Minneapolis/St. Paul.

Randy was able to come back home with three gold, two silver, and two bronze medals that currently sit in a wooden frame hung inside the Roger's house. The six medals, polished and pristine against the black-matted background, hang in a triangular fashion that reminds Randy of his accomplishments on a national stage.

"Aren't they cool?" Randy asks as he stares at his medals that hang on the pink wall of the house.

Randy no longer competes in track and field or gymnastics, but for the last 18 years of his life, he has dedicated himself to the sport of golf.

Randy is not alone when it comes to golf. His father, Roy, is in charge of the Greensboro team and also serves as Randy's eyes and ears on the golf course. His caddy.

Because Randy is legally blind in one of his eyes, Roy puts his burley hands on Randy's shoulder as they stare down the plush, green course to help line up his shots, puts, and offers encouraging words when Randy gets down on himself.

"You gotta' keep your head in the game Randy... it's a head game." Roy phrases one of his more popular sayings to Randy who walks around with his head in his hands when frustrated.

"I think he likes me being his caddy," Roy says. "He just has to decide whether he wants to just play, or listen to me and play well."

Randy is able to drive a golf ball off a tee anywhere from 150 to 200 yards, but when he lifts his head up to see where his shot is going to land, that is when he typically sends the ball skidding across the plush fairway.

But, on the par three fourth hole at Oak Hollow Golf Course in High Point, where the golf competition for the North Carolina Special Olympics was held, Randy sent a drive off the white tee box, over the glistening water, landing the ball five feet next to the flagstick, 139 yards from the hole.

Randy jumped in the air with joy and pumped his fist as Roy came over to congratulate his son with a pat on the shoulder blade.

Because of Randy's above average golf game and his high level of functioning, he will be making his second appearance at the Special Olympics World Games. As he waves his hands left, then right, then left again in front of a crowd of nearly 100 people at Oak Hollow, Randy's remarkable survival story comes full circle.

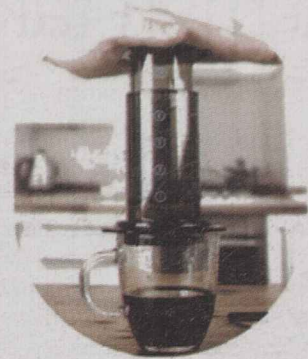
"Randy doesn't play golf for the final score," Roy explains. "Randy plays for the compliments and the satisfaction of being with others just like him."

Let me win, but if I cannot win, let me be brave in the attempt. - The Special Olympics Motto

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